

# IN MY SUMMER DANCE ERA

*Fill your Summer with new styles, guest artists, and great training!*

*Join us for a Summer full of dancing!*

*We have the perfect schedule for your dancer's favorite styles and intensives!*

**REGISTER AT  
MISTYS DANCE.COM**

**MAY**  
-Recital-  
-Auditions-  
(see page 2)

Ages 9+  
(entering  
Level 1 and  
up!)

**JUNE**

**Technique Focused**

- Stay Strong-
- Specialty Classes-
- Ballet Intensive-
- Dancer Fitness-

**JULY**

**Intensives**

- Tap-
- Jazz-
- Hip Hop-

**AUG**

- Dance Camp-
- Classes Begin
- Aug. 19-



# JUNE

SUN

MON

TUES

WED

THURS

FRI

SAT

						1
2	3	STAY STRONG TECHNIQUE	4	BLC ALICE IN WONDERLAND	5	BLC LSO
6	7	Specialty Style Classes	8			
9	10	STAY STRONG TECHNIQUE	11	BLC ALICE IN WONDERLAND	12	BLC LSO
13	14	Specialty Style Classes	15			
16	17	STAY STRONG TECHNIQUE	18	BLC ALICE IN WONDERLAND	19	BLC LSO
20	21	Specialty Style Classes	22	DANCER FITNESS	23	
24	25	On Broadway Camp BALLET INTENSIVE	26		27	Specialty Style Classes
28	29					



On Broadway Camp  
BALLET INTENSIVE



# JUNE

## STAY STRONG TECHNIQUE

### MONDAYS, JUNE 3 - JUNE 17

Weekly technique classes to keep up with your training this summer.

#### Entering Level 1 - Completed Level 2

BALLET: 5:00-6:00pm

JAZZ: 6:00-7:00pm

TUITION: 1 class - \$55/class, 2 classes -\$99  
(after May 1, add \$10)

DROP-IN-RATE: \$25/class

#### Completed Level 3-4

BALLET: 5:00-6:15pm

JAZZ: 6:15-7:30pm

#### Completed Level 5+

BALLET: 6:15-7:30pm

POINTE ADD-ON: 7:30-8:15pm

JAZZ: 7:30-8:45pm

TUITION: 1 class- \$69, 2 classes - \$125  
(after May 1, add \$10)

Pointe Add-On: \$55 (After May 1, add \$10)

DROP-IN-RATE: \$30/class



### JUNE 24-27

9:00am - 1:00pm

Ages: 5-12 (2 levels, ages 5-8 & 9-12)

Step into the spotlight as you dance, act, and sing in this 4 day musical adventure! From learning the fundamentals to exploring iconic musicals, your journey will end with a dazzling final performance on our in-house stage.

TUITION: \$159/camp  
(after May 1, add \$20)

## Specialty Style Classes

### THURSDAYS, JUNE 6 - JUNE 27

#### ACRO:

Work on your favorite stunts and tricks ! Acro teaches flexibility, strength, balance, and coordination.

Level 1-2 : 6:00-7:00pm

Level 3-4: 7:00-8:00pm

Level 5+: 5:00-6:00 pm

#### CONTEMPORARY:

Contemporary dance is a popular form of dance that combines lyrical, modern, jazz, and ballet. Each week dancers will learn a new combination.

Level 1-2: 5:00-6:00pm

Level 3-4: 6:00-7:00pm

Level 5+: 7:00-8:00pm

#### STRETCHING:

Dedicated time to warming up your body and improving your flexibility.

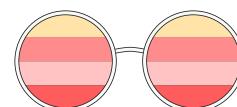
Level 1-2: 4:15-5:00pm

Level 3-4: 5:00-5:45pm

Level 5+: 6:00-6:45pm

TUITION: 1 hour class- \$69, 2 classes - \$125,  
Stretching: \$55  
(after May 1, add \$10)

DROP-IN-RATE: \$20/class



## DANCER FITNESS

Join Katie Groven in this multi-level master class series to learn and develop an exercise training plan for your goals!

### FRIDAY, JUNE 21

FLEXIBILITY: 12:30-1:30pm

STRENGTHENING JUMPS & LEAPS:

1:30-2:30pm

BUILDING STRONG TURNS: 3:00-4:00pm

TUITION: \$30/session  
(after May 1, add \$10)

## BALLET INTENSIVE

### JUNE 24 - 27

This intensive will challenge your technique, strengthen your artistry and build your knowledge on ballet history, terminology and dancer's nutrition. Enhance training with classical variations and pointe work for the older dancers.

#### COMPLETED BALLET 1-2:

9:00am-3:00pm

TUITION: \$299 (Before May 1)

#### COMPLETED BALLET 3+ OR PRE PRO

9:00am-5:00pm

TUITION: \$349 (Before May 1)

Tuition after May 1, add \$20

DROP-IN-RATE: \$25/class drop-in

#### GUEST ARTISTS:

CiCi Houston (St. Louis Ballet)

#### SHOWCASE:

Thursday, June 27 at 3pm and 5pm





# JULY

SUN

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SAT

1  
**STAY STRONG  
TECHNIQUE**

2  
 **BLC  
ALICE**

3

4  
  
**July  
4th**

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6

7

8  
**STAY STRONG  
TECHNIQUE**

9  
 **BLC  
ALICE**

10

**BLC  
LSO**

**GOAL SESSIONS**

11

12

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14

15  
**STAY STRONG  
TECHNIQUE**

16  
 **BLC  
ALICE**

17

**BLC  
LSO**

18

**JAZZ INTENSIVE!**

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22 **STAY STRONG  
TECHNIQUE**

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**TAP INTENSIVE!**

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**HIP HOP INTENSIVE!**

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**BALLET LA CROSSE CHOREOGRAPHY WEEK!**



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**STAFF DEVELOPMENT WEEK**



At the start of each season, our teachers work through in-depth curriculum training, Youth Protection Association of Dance certifications, Red Cross certification, and more!

**Dance Camp  
August 5-9**

# STAY STRONG TECHNIQUE

MONDAYS, JULY 1-22

Weekly technique classes to keep up with your training this Summer.

**Entering Level 1-Completed Level 2**

TAP: 9:45-10:30am

JAZZ: 10:30-11:30am

BALLET: 11:45am-12:45pm

TUITION: 1 class- \$69/class, 2 classes- \$125, 3 classes \$189 (after May 1, add \$10)

**DROP-IN RATE:** \$25/class

**Completed Level 3-4**

JAZZ: 9:00-10:30am

BALLET: 10:30-11:45am

TAP: 11:45am-12:30pm

TUITION: 1 class- \$79, 2 classes- \$149, 3 classes- \$189 (After May 1, add \$10)

**Completed Level 5+**

BALLET: 9:00-10:30am

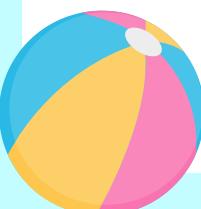
TAP: 10:30-11:30am

JAZZ: 11:30am-1:00pm

TUITION: 1 class- \$89, 2 classes- \$159, 3 classes- \$199 (after May 1, add \$10)

**DROP-IN RATE:** \$20/class

# Summer Vibes



# JAZZ INTENSIVE

**July 17-18**

July 17 - 3:00 - 9:00pm

July 18 - 9:00am - 3:00pm

Showcase at 3:00pm @ MDU

Open to ALL dancers who have completed Building Level and up! Join our awesome Guest Teachers and discover two days of all styles jazz, lyrical, contemporary, musical theater and more! Dancers will work on technique and learn fun combinations to perform at the showcase!

**Guest Artists:**

Isabella Lown  
& Nazear Brown & more

**TUITION:** \$225

(after May 1, add \$20)

**DROP-IN RATE:** \$30/class



# HIP HOP INTENSIVE

**July 24-25**

July 24 - 3:00-9:00pm

July 25 - 9:00am-3:00pm

Showcase at 3:00pm @ MDU

Come join our awesome guest artists for two days of Hip Hop. Try different styles like house, footwork, lyrical hip hop and more!



**Guest Artists:**

Katherine Iheke  
and more!

**TUITION:** \$199 (Before May 1)

(after May 1, add \$20)

**DROP-IN RATE:** \$30/class

# JULY

## Goal Session Class Series

Reach your Summer Goals through specific targeted class sessions.

Join for one class or the full series!

**July 9-11**

July 9- Pirouettes (1-2pm, Level 1+) and Fouettés (2-3pm, Level 4+)

July 10- Intermediate Leaps and Jumps (1-2pm, Levels 3-4), Advanced Leaps and Jumps (2-3pm, Levels 5+)

July 11- Walkovers (1-2pm) and Aerials (2-3pm)

**TUITION:** \$20/class,  
add \$10 after May 1



# TAP INTENSIVE!

**JULY 20-22**

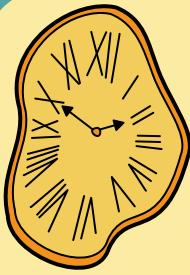
**Intermediate (Levels 3 & 4)- 10am-2pm**  
**Advanced (Levels 5 and up) 12pm-4pm**

Join us for the annual Wisconsin workshop hosted by Mark Yonally from Chicago Tap Theatre. Dancers will work on technique, choreography, speed, tricks and musicality. 12-2pm will consist of Story Time to learn more about tap history and an hour of tap games.

**TUITION:** \$249 (Before May 1)  
(after May 1, add \$30)

**Ballet La Crosse**  
**Choreography**  
**July 22-26**  
**Auditions May 3-4**

**Summer Cancellation Policy:** Cancellations made 7 days or more in advance of the event date, will receive a 100% credit on account. Cancellations made within 3 - 6 days will receive a 50% credit on account. Cancellations made within 24 hours of the event are non-refundable.



# Alice in Wonderland & Nutcracker Ballet La Crosse



Ballet La Crosse will be producing two works this Fall/Winter. First, come journey down the rabbit hole with "Alice in Wonderland" as Alice encounters chess pieces, playing cards, and other well-known characters from Lewis Carroll's classic stories. Performed at the Weber Center for the Performing Arts.

Then join us for the Nutcracker Suite as our dancers perform with the La Crosse Symphony Orchestra.

## AUDITIONS:

### **Friday, May 3 - 6:00-8:00pm**

Ballet 5/6 and Pre Pro 2/3  
(Dancers with 2+ years of pointe experience may audition en pointe.)

### **Saturday, May 4 - 10:00am-12:30pm**

Building Ballet-Level IV  
Males ages 13+

### **Make-Up Audition:**

May 11- Times TBA

(email [balletlacrosse@gmail.com](mailto:balletlacrosse@gmail.com) to schedule a time)

### **Performance Dates:**

Alice in Wonderland- October 26-27  
Nutcracker- Saturday, December 21

### **Fall/Winter Rehearsals:**

Fridays (soloists), Saturdays (ALL) beginning August 23

## Community Performing Groups & Competitive Team AUDITIONS



### **Sign Up Only!**

Littlest Performing Group (Ages 5-6)

### **TUESDAY, MAY 28**

#### **Dancin' Kids! (Ages 7-10)**

5:00-6:00pm

#### **CREW Jr. (Ages 9+) & Guys Hip Hop Team (Ages 8-12)**

6:00-7:15pm

### **WEDNESDAY, MAY 29**

#### **Footworks Jr. (Ages 9+)**

5:30-6:30pm

#### **Crew and Guys Hip Hop Team (Ages 13+)**

6:15-7:30pm

### **Performance Company**

(for dancers who have completed Building, Level I or Level II)  
7:00-8:00pm

### **THURSDAY, MAY 30**

#### **Footworks (Ages 12+)**

4:30-5:30pm

### **Performance Company**

(for dancers who have completed Level III, IV)  
5:30-7:00pm

### **Performance Company**

(for dancers who have completed Level V+)  
7:00-9:00pm

# DANCE CAMP

August 5-9  
9:00am-3:00pm

Dancers Entering Level 1 & Up!

The highlight of the Summer! "DANCE CAMP" provides students with a week of highly challenging, yet nurturing instruction with professional guest instructors from around the country.

Styles include: Ballet, jazz, contemporary, tap, hip hop, and more!

SHOWCASE: Friday, August 9 at 3:30PM

### **Guest Artists:**

Patrick Cook, Jenna Engen and more to come!

**TUITION:** \$425

(After May 1, add \$25)

**DROP-IN:** \$25/class

**More guest artists TBA!**

## VIRTUAL PRE-AUDITION MEETING

### **Performing Groups and Comp Teams**

Thursday, April 11@ 6pm

### **Ballet La Crosse**

Sunday, April 14@ 6pm

## Performing Group Choreography

### **August 12-16**

Dancers will begin their choreography for competition and community performances. Groups available for Tap, Jazz, Musical Theater, Lyrical, Contemporary, Ballet and Hip Hop.

### **SIGN UP FOR ALL AUDITIONS AT**

[MistysDance.com/pc](http://MistysDance.com/pc)

**OUR FULL SEASON KICKS OFF MONDAY, AUGUST 19 AND ENDS WITH OUR SPRING RECITAL IN MAY 2025**