

IN MY SUMMER DANCE ERA

Fill your Summer with new styles, guest artists, and great training!

Join us for a Summer full of dancing!

We have the perfect schedule for your dancer's favorite styles and intensives!

**REGISTER AT
MISTYS DANCE.COM**

MAY
-Recital-
-Auditions-
(see page 2)

Ages 9+
(entering
Level 1 and
up!)

JUNE

Technique Focused

- Stay Strong-
- Specialty Classes-
- Ballet Intensive-
- Dancer Fitness-

JULY

Intensives
-Tap-
-Jazz-
-Hip Hop-



AUG

Dance Camp-
Classes Begin
Aug. 19-



JUNE

SUN

MON

TUES

WED

THURS

FRI

SAT

						1
2	3	4	5	6	7	8
	STAY STRONG TECHNIQUE	BLC ALICE IN WONDERLAND	BLC LSO	Specialty Style Classes		
9	10	11	12	13	14	15
	STAY STRONG TECHNIQUE	BLC ALICE IN WONDERLAND	BLC LSO	Specialty Style Classes		
16	17	18	19	20	21	22
	STAY STRONG TECHNIQUE	BLC ALICE IN WONDERLAND	BLC LSO	Specialty Style Classes	DANCER FITNESS	
23	24	25	26	27	28	29

On Broadway Camp BALLET INTENSIVE



JUNE

STAY STRONG TECHNIQUE

MONDAYS, JUNE 3 - JUNE 17

Weekly technique classes to keep up with your training this summer.

Entering Level 1 - Completed Level 2

BALLET: 5:00-6:00pm

JAZZ: 6:00-7:00pm

TUITION: 1 class - \$55/class, 2 classes -\$99
(after May 1, add \$10)

DROP-IN-RATE: \$25/class

Completed Level 3-4

BALLET: 5:00-6:15pm

JAZZ: 6:15-7:30pm

Completed Level 5+

BALLET: 6:15-7:30pm

POINTE ADD-ON: 7:30-8:15pm

JAZZ: 7:30-8:45pm

TUITION: 1 class- \$69, 2 classes - \$125
(after May 1, add \$10)

Pointe Add-On: \$55 (After May 1, add \$10)

DROP-IN-RATE: \$30/class



JUNE 24-27

9:00am - 1:00pm

Ages: 5-12 (2 levels, ages 5-8 & 9-12)

Step into the spotlight as you dance, act, and sing in this 4 day musical adventure! From learning the fundamentals to exploring iconic musicals, your journey will end with a dazzling final performance on our in-house stage.

TUITION: \$199/camp
(after May 1, add \$20)

Specialty Style Classes

THURSDAYS, JUNE 6 - JUNE 27

ACRO:

Work on your favorite stunts and tricks ! Acro teaches flexibility, strength, balance, and coordination.

Level 1-2 : 6:00-7:00pm

Level 3-4: 7:00-8:00pm

Level 5+: 5:00-6:00 pm

CONTEMPORARY:

Contemporary dance is a popular form of dance that combines lyrical, modern, jazz, and ballet. Each week dancers will learn a new combination.

Level 1-2: 5:00-6:00pm

Level 3-4: 6:00-7:00pm

Level 5+: 7:00-8:00pm

STRETCHING:

Dedicated time to warming up your body and improving your flexibility.

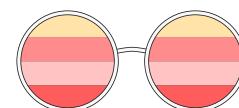
Level 1-2: 4:15-5:00pm

Level 3-4: 5:00-5:45pm

Level 5+: 6:00-6:45pm

TUITION: 1 hour class- \$69, 2 classes - \$125,
Stretching: \$55
(after May 1, add \$10)

DROP-IN-RATE: \$20/class



DANCER FITNESS

Join Katie Groven in this multi-level master class series to learn and develop an exercise training plan for your goals!

FRIDAY, JUNE 21

FLEXIBILITY: 12:30-1:30pm

STRENGTHENING JUMPS & LEAPS:

1:30-2:30pm

BUILDING STRONG TURNS: 3:00-4:00pm

TUITION: \$30/session
(after May 1, add \$10)



BALLET INTENSIVE

JUNE 24 - 27

This intensive will challenge your technique, strengthen your artistry and build your knowledge on ballet history, terminology and dancer's nutrition. Enhance training with classical variations and pointe work for the older dancers.

COMPLETED BALLET 1-2:

9:00am-3:00pm

TUITION: \$299 (Before May 1)

COMPLETED BALLET 3+ OR PRE PRO

9:00am-5:00pm

TUITION: \$349 (Before May 1)

Tuition after May 1, add \$20

DROP-IN-RATE: \$25/class drop-in

GUEST ARTISTS:

CiCi Houston (St. Louis Ballet)

SHOWCASE:

Thursday, June 27 at 3pm and 5pm





JULY

SUN

MON

TUE

WED

THU

FRI

SAT

1
**STAY STRONG
TECHNIQUE**

2
 **BLC
ALICE**

3

4

**July
4th**

5

6

7

8
**STAY STRONG
TECHNIQUE**

9
 **BLC
ALICE**
GOAL SESSIONS →

10

**BLC
LSO**


11

12

13

14

15
**STAY STRONG
TECHNIQUE**

16
 **BLC
ALICE**

17

**BLC
LSO**


18

JAZZ INTENSIVE!

19

20

21

22
**STAY STRONG
TECHNIQUE**

23

24

25

HIP HOP INTENSIVE!



BALLET LA CROSSE CHOREOGRAPHY WEEK!



28

29

30

31

STAFF DEVELOPMENT WEEK

At the start of each season, our teachers work through in-depth curriculum training, Youth Protection Association of Dance certifications, Red Cross certification, and more!



**Dance Camp
August 5-9**

STAY STRONG TECHNIQUE

MONDAYS, JULY 1-22

Weekly technique classes to keep up with your training this Summer.

Entering Level 1-Completed Level 2

TAP: 9:45-10:30am

JAZZ: 10:30-11:30am

BALLET: 11:45am-12:45pm

TUITION: 1 class- \$69/class, 2 classes- \$125, 3 classes \$189 (after May 1, add \$10)

DROP-IN RATE: \$25/class

Completed Level 3-4

JAZZ: 9:00-10:30am

BALLET: 10:30-11:45am

TAP: 11:45am-12:30pm

TUITION: 1 class- \$79, 2 classes- \$149, 3 classes- \$189 (After May 1, add \$10)

Completed Level 5+

BALLET: 9:00-10:30am

TAP: 10:30-11:30am

JAZZ: 11:30am-1:00pm

TUITION: 1 class- \$89, 2 classes- \$159, 3 classes- \$199 (after May 1, add \$10)

DROP-IN RATE: \$20/class

Summer Vibes

Summer Cancellation Policy: Cancellations made 7 days or more in advance of the event date, will receive a 100% credit on account. Cancellations made within 3 - 6 days will receive a 50% credit on account. Cancellations made within 24 hours of the event are non-refundable.

JAZZ INTENSIVE

July 17-18

July 17 - 3:00 - 9:00pm

July 18 - 9:00am - 3:00pm

Showcase at 3:00pm @ MDU

Open to ALL dancers who have completed Building Level and up! Join our awesome Guest Teachers and discover two days of all styles jazz, lyrical, contemporary, musical theater and more! Dancers will work on technique and learn fun combinations to perform at the showcase!

Guest Artists:

Isabella Lown & Nazear Brown & more

TUITION: \$225

(after May 1, add \$20)

DROP-IN RATE: \$30/class



HIP HOP INTENSIVE

July 24-25

July 24 - 3:00-9:00pm

July 25 - 9:00am-3:00pm

Showcase at 3:00pm @ MDU

Come join our awesome guest artists for two days of Hip Hop. Try different styles like house, footwork, lyrical hip hop and more!

Guest Artists:

Katherine Ihike and more!

TUITION: \$199 (Before May 1)

(after May 1, add \$20)

DROP-IN RATE: \$30/class



JULY



Goal Session Class Series

Reach your Summer Goals through specific targeted class sessions. Join for one class or the full series!

July 9-11

July 9- Pirouettes (1-2pm, Level 1+) and Fouettés (2-3pm, Level 4+)

July 10- Intermediate Leaps and Jumps (1-2pm, Levels 3-4), Advanced Leaps and Jumps (2-3pm, Levels 5+)

July 11- Walkovers (1-2pm) and Aerials (2-3pm)

TUITION: \$20/class, add \$10 after May 1

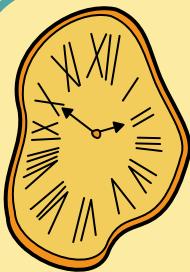
Ballet La Crosse Choreography

July 22-26

Auditions: May 3-4



**TAP INTENSIVE!
INFO COMING SOON!**



Alice in Wonderland & Nutcracker Ballet La Crosse



Come journey down the rabbit hole with "Alice in Wonderland" as Alice encounters chess pieces, playing cards, and other well-known characters from Lewis Carroll's classic stories. Performed at the Weber Center for the Performing Arts.

AUDITIONS:

Friday, May 3 - 6:00-8:00pm

Ballet 5/6 and Pre Pro 2/3
(Dancers with 2+ years of pointe experience may audition en pointe.)

Saturday, May 4 - 10:00am-12:30pm

Beginning Ballet-Level IV
Males ages 13+

Make-Up Audition:

May 11- Times TBA

(email balletlacrosse@gmail.com to schedule a time)

Performance Dates: TBA

Fall Rehearsals:

Fridays (soloists), Saturdays (ALL) beginning August 23

Community Performing Groups & Competitive Team AUDITIONS



Sign Up Only!

Littlest Performing Group (Ages 5-6)

TUESDAY, MAY 28

Dancin' Kids! (Ages 7-10)

5:00-6:00pm

CREW Jr. (Ages 9+) & Guys Hip Hop

Team (Ages 8-12)

6:00-7:15pm

WEDNESDAY, MAY 29

Footworks Jr. (Ages 9+)

5:30-6:30pm

Crew and Guys Hip Hop Team

(Ages 13+)

6:15-7:30pm

Performance Company

(for dancers who have completed Building, Level I or Level II)
7:00-8:00pm

THURSDAY, MAY 30

Footworks (Ages 12+)

4:30-5:30pm

Performance Company

(for dancers who have completed Level III, IV)
5:30-7:00pm

Performance Company

(for dancers who have completed Level V+)
7:00-9:00pm

DANCE CAMP

**August 5-9
9:00am-3:00pm**

Dancers Entering Level 1 & Up!

The highlight of the Summer! "DANCE CAMP" provides students with a week of highly challenging, yet nurturing instruction with professional guest instructors from around the country. Styles include: Ballet, jazz, contemporary, tap, hip hop, and more!

SHOWCASE: Friday, August 9 at 3:30PM

Guest Artists:

Patrick Cook and more to come!

TUITION: \$425

(After May 1, add \$25)

DROP-IN RATE: \$25/class

More guest artists TBA!

SIGN UP FOR ALL AUDITIONS AT
MistysDance.com/pc

PRE-AUDITION MEETING
Thursday, April 11 @ 6pm

Performing Group Choreography

August 12-16

Dancers will begin their choreography for competition and community performances. Groups available for Tap, Jazz, Musical Theater, Lyrical, Contemporary, Ballet and Hip Hop.

FALL SEASON KICKS OFF MONDAY, AUGUST 19 AND ENDS WITH OUR SPRING RECITAL IN MAY 2025