



24th Anniversary Season!



2021 - 2022
PROGRAMMING GUIDE

From your child's first steps... to their graduation performance.

Misty's Dance Unlimited (MDU) has built a reputation for excellence in dance instruction! MDU has a class for everyone! We specialize in beginners of all ages and offer training through pre-professional levels. Our classes are taught by caring, skilled teachers in a positive environment. We delight in your child's progress and performances! Our costumes and choreography are always age appropriate and your child's safety and wellness has always been our highest priority. Welcome to MDU!

**"We don't teach kids to make great dancers,
we teach dance to make great kids!"**

—Misty Lown



At MDU we aim to help our students achieve excellence in **DANCE + LIFE**. That is our More Than Just Great Dancing!® philosophy and at this time in history, that's more important than ever before!

Dance meets imperative student needs for community, socialization, friendship, mentors, physical activity, and more! The benefits of dance include, but are not limited to: intellectual, academic, social-emotional, and physical support.

At MDU, the **health and safety** of our students, staff, guests, and communities have always been our highest priority; a commitment that has only been heightened at this time. That's why we have used local guidelines and our national Safer Studio™ standard to inform our best practices for service.

We have 3 convenient ways to dance this season:

- ✓ Weekly in-studio classes
- ✓ Zoom into class (by request only)
- ✓ Private lessons packages

Registration begins on Saturday, June 5 online at 8:00am! Class space limited, so enroll early.

As you look at our calendar, you'll note that we have included two inter-sessional breaks—one in the fall and one in the winter—to allow for greater programming flexibility should that be needed this year. Please note that class times and offerings may shift as things progress. We are planning on concluding our season with a Spring Recital in either May or June at the Weber Center for the Performing Arts (date based on availability).

**To see a full class listing,
and to register, visit:**
MISTYSDANCE.COM

In other exciting news, our Holmen studio is growing and we are pleased to renew our partnership as the official dance partner of the Boys & Girls Club of Greater La Crosse. We are also pleased to offer the STAR Leadership program.

So, whether you are taking your first class or preparing for your senior year, we say, "Welcome Home!"

At MDU, you are family. ♥

24th Anniversary Season!

CELEBRATING OUR 24TH SEASON!

- ★ 3 Ways to Dance: in-person, Zoom into class (by request) & private lessons
- ★ 2 Locations to Serve You: Onalaksa & Holmen
- ★ CLI Partner Studio (online classes from L.A.)
- ★ Dance Pawtrol - Performing Group for Littles
- ★ NHSDA (National Honor Society for Dance Arts)
- ★ New All-Black Dress Code Options (Level I & Up)
- ★ Expanded Dancewear in our Boutique
- ★ And, more!



Miss Misty has been sharing her passion for dance and mentorship with students for 28 years. She is the founder of More Than Just Great Dancing!® affiliated dance studios and "A Chance to Dance Foundation", a 501(c)3 charitable organization. She was also asked to be the leader of Youth Protection Advocates in Dance® worldwide in 2019. Misty is passionate about community service and teaching life skills through the arts. The studio is a second home to so many MDU students and she is proud to see former students bringing the next generation of MDU dancers to classes now.

More Than Just Great Dancing!
Affiliated Dance Studios

MDU IS A SAFER STUDIO™

MDU focuses on a hierarchy of measures to create a Safer Studio™ environment beginning with requiring students and staff who are ill to stay home, followed by frequent hand cleaning and good hygiene practices, amplified cleaning, and making curricular and facility adaptations to minimizing contact and mingling.



**MDU is Youth Protection Advocates
in Dance® Certified!**

- ✓ Background checked and CPR certified teachers
- ✓ Safer Studio™ Policy
- ✓ Teacher training & proven curriculum
- ✓ A focus on safety & wellness for every student
- ✓ Secured facilities
- ✓ Viewing windows
- ✓ Professional sprung floors
- ✓ Social media safety practices



GRADED TECHNIQUE & SPECIALTY CLASSES: LEVEL 3 & 4

Our Level 3 & 4 Graded Technique students build on the foundations developed in earlier levels to build strength, control and flexibility - all while gaining confidence with artistic expression and new styles. Additionally, students in Level 3 & 4 are eligible and encouraged to try new styles such as Pre-Pointe, Pointe, Leaps & Turns, Stretching & Conditioning, and Dance Team. Dancers in Level 4 and above are encouraged to consider applying for our Pre Pro Ballet program, email for details.

ONALASKA CAMPUS

LEVEL 3

CLASS	TEACHER	DAY	TIME
Performance Company (Email for an audition)		Monday	5:00-8:00pm
High Int. Lyrical	MJ	Tuesday	5:00-5:45pm
Jazz 3	KY	Tuesday	6:00-7:00pm
Tap 3	AK	Tuesday	7:00-7:30pm
Ballet 3	CJB	Tuesday	7:30-8:30pm
Pre-Pointe*	CJB	Tuesday	8:30-9:00pm
Int/Adv Contemporary*	KY	Wednesday	5:00-5:45pm
ACRO*	AF	Wednesday	5:30-6:15pm
Musical Theater	EM	Wednesday	5:30-6:15pm
Ballet 3	SSW	Wednesday	5:30-6:30pm
ACRO*	AF	Wednesday	6:15-7:00pm
Jazz 3	NF	Wednesday	6:30-7:30pm
Tap 3	EM	Wednesday	7:30-8:15pm
Dance Team	NF	Wednesday	7:30-8:15pm
High Int. Lyrical	EM	Wednesday	8:15-9:00pm
Foundations of Jazz*†	TF	Thursday	4:00-5:30pm
Leaps & Turns*	TF	Thursday	6:30-7:00pm
High Int. Hip Hop	MM	Thursday	7:15-7:45pm
Guys Only Hip Hop	KM	Thursday	7:30-8:00pm
High Int. Modern	DW	Thursday	8:00-8:45pm
Foundations of Ballet*†	AM	Saturday	11:00am-12:30pm

LEVEL 4

CLASS	TEACHER	DAY	TIME
Performance Company (Email for an audition)		Monday	5:00-8:00pm
High Int. Lyrical	MJ	Tuesday	5:00-5:45pm
Ballet 4	AM	Tuesday	5:30-6:30pm
Jazz 4	KY	Tuesday	7:00-8:00pm
Tap 4	AK	Tuesday	8:00-8:45pm
Pre-Pointe*	CJB	Tuesday	8:30-9:00pm
Pointe 1*	GM	Tuesday	6:30-7:00pm
Int/Adv Contemporary*	KY	Wednesday	5:00-5:45pm
Dance Team	NF	Wednesday	7:30-8:15pm
High Int. Lyrical	EM	Wednesday	8:15-9:00pm
Foundations of Jazz*†	TF	Thursday	4:00-5:30pm
Tap 4	EM	Thursday	5:30-6:15pm
Ballet 4	SSW	Thursday	6:15-7:15pm
Leaps & Turns*	TF	Thursday	6:30-7:00pm
Pointe 1	SSW	Thursday	7:15-7:45pm
Jazz 4	MM	Thursday	7:45-8:45pm
High Int. Hip Hop	MM	Thursday	7:15-7:45pm
Guys Only Hip Hop	KM	Thursday	7:30-8:00pm
High Int. Modern	DW	Thursday	8:00-8:45pm
Foundations of Ballet*†	AM	Saturday	11:00am-12:30pm

*Does not perform in Spring Recital.

†Requires co-enrollment in a Graded Technique class.
Teacher Key is found on the last page.

Dancers in Ballet 4, Pre-Pointe, and Pointe 1 will be evaluated for pointe shoes in August & September.

Go deeper with longer classes. Add Foundations of Jazz and Ballet this year!

TUITION

½ - ¾ hr
\$59/class per month

1 hr
\$74/class per month

Email to audition for a variety of Performing Groups ♥



Register Online! MistysDance.com
923 12th Ave S. Onalaska, WI | 608-779-4642



Take five classes per week for maximum benefit!

More Than Just Great Dancing!

**Also
Available
NOW!**



TECHNIQUE ONLY PRIVATE LESSONS

RECOMMENDED LEVELS 1 & UP

Looking for one-on-one time for
your dancer, email
kylie.mistysdance@gmail.com for more info.

Full schedule available, visit
MistysDance.com/pl
to sign up.

Available In-Person
Weekly and Bi-Weekly Options

TUITION
\$79+/HR

More to Love!



ATTENTION: FAMILIES WITH LITTLE ONES!

Join us on the first Wednesday of every month for a movement class, playtime, crafts, connection, and coffee! Each lesson will consist of imaginary dance time, a new craft, and time to play and connect with other families.

Begins Wednesday, September 1

18 mo. - 4 years | 9:30-10:30am | \$5/dancer

*The guardian is also invited to participate
in the class with their dancer. This class does not
perform in the Spring Recital.



Youth America Grand Prix

Youth American Grand Prix is America's preeminent ballet competition. MDU supports an annual team. Members participate in private training and travel for competitions. Special private lesson rates apply. Please email for more details.



DO YOU *Love* TO DANCE

Performing Groups
at MDU are
More Than Just
Great Dancing!®

Discover your love of
performance at MDU!
From the recreational dancer to the
pre-professional student, Misty's
Dance Unlimited has a Performing
Group for every level of interest and
commitment. Some groups also
participate in regional competitions
and conventions.

Spaces still available.
Email: Kylie.mistysdance@gmail.com
for more information.



Register Online! **MistysDance.com**
923 12th Ave S. Onalaska, WI | 608-779-4642

More Than Just Great Dancing!
Affiliated Dance Studios

REGISTRATION

Register Online at *MistysDance.com*

Registration for the 2021-22 season will begin on Saturday, June 5, at 8:00am.

2021-2022 CALENDAR

August 18	Classes Begin
Sept. 6	Labor Day - No Classes
Sept. 28-Oct. 3	Inter-sessional Break #1
November 15	Costumes Fees Charged
November 22-28	Thanksgiving Break
December 8-14	Parent Observation Week #1
December 15-21	Christmas Cookie Social
December 22-Jan 2	Christmas Break
February 1-12	Graded Skills Testing Week
February 14-19	Inter-sessional Break #2
March 21-26	Parent Observation Week #2
April 12-18	Easter Break
May (or June TBA)	Annual Recitals

REGISTRATION

Registration requires paying for 1st Month + annual membership fee (\$50). For your convenience, and to reserve a space for the following season, annual membership fees will be automatically renewed and applied to your account on May 1, 2022 unless a withdrawal form is completed online before that date.

TUITION

CHILDREN'S CLASSES

(Age 2 - 3rd Grade)

- ★ \$39-\$49/class per month

GRADED TECHNIQUE & SPECIALTY CLASSES

(4th Grade & Older)

- ★ \$59-\$79/class per month
(depending on class length)

DISCOUNTS

Siblings receive a 10% discount on the smaller tuition account for regular school year classes. No sibling discounts are offered for summer classes, special events, guest artists or for Performing Groups, Pre Pro Ballet or Membership Fees.

ATTIRE

Proper attire and hair etiquette are required for all classes. Special class attire including shoes and hair is published [online](#). All required items will be available in our Everything Dance Boutique.

CLASSES

- MDU reserves the right to reschedule or combine classes or to provide a substitute.
- MDU reserves the right to deliver class content via an online system in the event that classes are not able to be conducted live for any reason including, but not limited to: weather, teacher absence, or governmental advisory.

PERFORMANCES

CHRISTMAS COOKIE SOCIAL

We finish our first semester of classes with a fun and informal fundraising show for our upper level students.

- ★ Accessory fee: \$25
- ★ Tickets: \$10, available for purchase via MDU December 1st

Participating classes are selected and invited from each age group of our Children's Classes. Check your November E-Newsletter to see if your class is participating.

SPRING RECITAL

We end our season with our Spring Recital. We encourage but do not require participation. The Spring Recital will be held either in May or June depending on local theater availability.

- ★ Costume fee: \$85 per class, due November 15th
- ★ Tickets: \$16-22, available for purchase in March via a ticketing service (date TBA)

Recital schedules, locations and other information will be published after Christmas Break.

STUDENT LEADERSHIP PROGRAM

We are committed to providing leadership training for our students beyond the dance classroom. To that end, students may apply in August for the following opportunities:

Age 9+ - Classroom Helpers assist teachers in the classroom a minimum of 30 minutes per week and receive leadership training twice per year.

Age 14+ - Classroom Assistants work with teachers in the classroom a minimum of 2 hours per week and receive studio credits in addition to quarterly leadership training.

Age 16+ - Junior Faculty (J-FAC) are able to sub for classes, lead Birthday Parties, teach at community out-reaches, give private lessons for reduced rates and receive monthly leadership training either in person or digitally.

Dancers in Level 5 and up may also apply to be Classroom Demonstrators. All dancers receive training from the STAR leadership training curriculum

PAYMENT

- Tuition fees are paid monthly or annually. Save 5% by paying for the full season by October 31st.
- August's tuition is half a month.
- The dance season starts August 18 and goes through the Spring Recital, which will be in either May or June, depending on venue availability. If the recital is held in May, then May 1st will be the last tuition payment of the season. If the recital is held in June, then June 1st will be the last tuition payment of the season.
- After registering, monthly tuition is paid by automatic EFT, debit, or credit card payment on the 1st day of each remaining month. There is a 3.5% convenience fee on credit or debit card payments. To avoid this fee please pay by cash or check, or provide a checking account and routing number by the 1st of each month.
- There is a \$20 fee on NSF accounts and a 5% fee on late accounts.

TEACHER KEY

AF	Amy Fortner
AK	Abby Konopacki
AM	Alex Meier
CA	Cindy Anneke
CJB	Chloe Jane Bulman
DM	Denise Meyer
DW	Dennis Williams
EM	Elisabeth Michelson
ES	Emily Sweeney
GM	Grace Meyer
KM	Kaydra Moses
KP	Katelyn Phelps
KS	Katie Sauer
KY	Kylie Williams
ME	Melanie Earll
MJ	Maya Jobe
MM	Michelle Malone
NF	Nicole Fry
SS	Shayna Stellflue
SSW	Suzanne Swanson Wagner
RS	Richard Smith Guest Teacher in Residence



CLASS DESCRIPTIONS

Mini and Me

A caretaker and child class that encourages children to love learning thought movement, music, and dance! A great way to prepare your child for a class of their own.

Tippy Toes

Tippy Toes is an introduction to classical ballet for 3 year olds using creative, imaginative role-playing and movement.

Tiny Tappers

3 & 4 year olds learn the fundamentals of tap dance combining rhythm and the sounds of tap shoes as a form of percussion. Fine motor skills and an appreciation for musicality!

Tutus & Bowties

Tutus for Tots introduces 4 year olds to basic ballet through the stories of the great ballets. A different classical ballet theme is developed each quarter.

Fairytale Ballet (Multi-age)

This multi-age class for 3 & 4 year olds is designed for those who want to learn basic ballet technique through costumes, props, and games. At the end of each class, students will be read a treasured fairy tale (i.e.: Cinderella), dress up in costumes and follow along with their teacher in a 'story dance'.

Kidlets & Taplets

Kidlets is a high energy ballet and jazz combo class and Taplets is the coordinated tap class. Both classes are for Kindergartners.

Kidance & Kidtap

Kidance is a high energy ballet and jazz combo class for 1st graders. Kidtap is the coordinated tap class for 1st graders.

Ready Set Dance

These dance classes for ages 3-5 are designed to give boys and girls confidence, coordination and creativity while dancing to some of their favorite songs from Nick Jr.

Hippity Hop

Hippity Hop is an introductory hip hop class for K & 1st graders. This class will introduce new and basic hip hop movements and is a fun way to learn a new style of dancing.

Musical Theater

A singing, acting, and dancing class for Kindergarten through 3rd grade. Enjoy Broadway's favorite shows like Lion King in a weekly class.

Dance Adventures

A creative movement class for K & 1st graders designed to enhance gross motor development, listening skills, musicality, and nurture the creative spirit.

Tap Adventures

Introduces K & 1st graders to the steps and sequences of Tap including rhythm, tempo, musicality. Fine motor skills and appreciation for music.

Man-in-Motion

This class is a boys-only beginning level class for K-3rd grade. Tap and Jazz is explored in this upbeat class.

Acro

Acro is great for dancers age Kindergarten and up who are looking to improve their overall coordination, strength, agility, and flexibility. Students learn and master cartwheels, aerials, tumbling, chest stands, handsprings, and more.

SOP

Steps of Praise is a free dance class for ages 2nd grade and up. This non-denominational ministry explores the heart of God through dance. Fall focuses on Hip Hop, Spring focuses on Lyrical.

Mini Dance Team

Your dancer may be young, but opportunities to audition for a high school dance team are around the corner. Get ready with dance team specific skills in this class.

Foundations of Ballet

Foundations of Ballet is a longer ballet class for our Level 3 & 4 dancers who are considering auditioning for MDU's Pre-Professional Ballet program after Level 4.

Foundations of Jazz

Foundations of Jazz is a longer ballet class for our Level 3 & 4 dancers who are considering auditioning for MDU's Travelling Team program or Senior Company.

Guys Only

Guy Only is a movement class for boys age 4th-5th grade. This class continues the movement exploration of Man-in-Motion with more action, stretching and jumping!

Guys Only Hip Hop

MDU has two levels of Guys Only Hip Hop-a class for 2nd-5th graders and a class for middle schoolers.