



MISTY'S
DANCE
UNLIMITED

MDU

Summer
OF DANCE

June

SUN

MON

TUE

WED

THU

FRI

SAT

1	2	3		4		5	6	7
8	9 	10		11		12	13	14
15	16  BALLET LA CROSSE CHOREOGRAPHY WEEK!					19	20	21
22	23  On Broadway Camp	24		25		26	27	28
29	30 					Register online at 		

STAY STRONG

Weekly classes will help you grow in your training this summer.

MONDAYS, JUNE 9 - 30

Entering Level 1 - Completed Level 2

BALLET: 5:00-6:00pm
JAZZ: 6:00-7:00pm
TAP: 7:00-7:45pm

Completed Level 3-4

JAZZ: 4:45-6:00pm
TAP: 6:00-7:00pm
BALLET: 7:15-8:30pm

Completed Level 5+

TAP: 5:00-6:00pm
BALLET: 6:00-7:15pm
JAZZ: 7:15-8:30pm

TUITION

1 class- \$69, 2 classes - \$125
(after May 1, add \$10)

DROP-IN-RATE

\$30/class

VIRTUAL TRAINING

The Godfrey Method (Ages 12+)

Class Focus: Jumps & Turns Technique
July 9 & 23, 5:30-7:00pm
Tuition: \$60/class



Farfalla Stretch Method

June 11 & 25th
Completed Levels 1-3: 10:00-11:00am
Completed Levels 4+: 11:00am-12:00pm
Tuition: \$45/class

STYLE SESSIONS

Weekly classes will enhance your training with new styles.

THURSDAYS, JUNE 5 - 26

BEGINNER BREAKDANCING: 5:00-6:00pm

Step into the world of breaking with this high-energy class! Perfect for beginners, you'll learn foundational moves like top rock, footwork, freezes, and basic power moves while building strength, coordination, and confidence. No experience needed.

BEGINNER POINTE: 5:00-6:00pm

This class is designed for dancers who have just earned their pointe shoes or the first year pointe dancer. Learn all about sewing, breaking in your shoes, and start your pointe technique! Dancers must be going into Ballet 4+ and been placed in Pointe 1 for the next season.

INT/ADV. POINTE WORK: 3:30-5:00pm

This class is designed for dancers looking to spend more time on their pointe training. Dancers should be in Pre Pro or have completed 1 year of Pointe 2.

DANCE TEAM: 6:00-7:00pm

For dancers entering 6th-8th grade. Start working on the specific skills needed for your high school dance team. Dancers will practice pom, specific jumps, and turns to thrive on our local teams!

CONTEMPORARY:

Contemporary dance is a popular form of dance that combines lyrical, modern, jazz, and ballet. Each week dancers will learn a new combination.

Completed Level 1-2: **6:00-7:00pm**
Completed Level 3-4: **7:00-8:00pm**
Completed Level 5+: **6:00-7:00pm**

TUITION

1 class- \$69, 2 classes - \$125
(after May 1, add \$10)

DROP-IN-RATE

\$30/class

June

JUNE 23-26

9:00am - 1:00pm
Ages: 5-8 & 9-12



Step into the spotlight as you dance, act, and sing in this 4 day musical adventure! From learning the fundamentals to exploring iconic musicals, your journey will end with a dazzling final performance June 26th at 12:30pm on our in-house stage.

TUITION: \$159/camp
(after May 1, add \$20)

ACRO THURSDAYS

Work on your favorite stunts and tricks! Acro teaches flexibility, strength, balance, and coordination.

5:00-6:00pm

June 5: Acro Basics

Master somersaults, bridges, and cartwheels

June 12: Walkovers and Limbers

June 19: Aerials

June 26: Handsprings and Kip Ups

Tuition: \$20/class (after May 1, add \$10)

Ballet La Crosse Choreography

JUNE 16 - 20

DETAILS ON PAGE 6



Summer Cancellation Policy: Cancellations made 7 days or more in advance of the event date, will receive a 100% credit on account. Cancellations made within 3 - 6 days will receive a 50% credit on account. Cancellations made within 24 hours of the event are non-refundable.

July

SUN MON TUE WED THU FRI SAT

		1 	2	3	4	5
6	7  STAY STRONG	8 Ballet	9	10 Intensive	11 	12
13	14 STAY STRONG	15 Jazz	16	17 	18	19
20	21 STAY STRONG	22	23	24 	25	26
27	28	29 	30	31		
		Tap	Intensive			

July

STAY STRONG

Weekly technique classes to keep up with your training this summer.

MONDAYS

TAP: JULY 7-21 (3 WEEKS)

Completed Building-2: 5:00-5:45pm
Completed Level 3-4: 5:45-6:45pm
Completed Level 5+: 4:00-5:00pm
Tuition: \$59 (after May 1, add \$10)

JAZZ: JULY 7-21 (3 WEEKS)

Completed Building 1-2: 6:45-7:45pm
Completed Level 3-4: 6:45-8:15pm
Completed Level 5+: 5:00-6:30pm
Tuition: \$59 (after May 1, add \$10)

BALLET: JULY 14-21 (2 WEEKS)

Completed Building-2: 5:45-6:45pm
Completed Level 3-4: 4:30-5:45pm
Completed Level 5+: 6:45-8:15pm
Tuition: \$49 (after May 1, add \$10)

DROP-IN RATE:
\$30/class

Ballet Intensive: July 7-11

This intensive will challenge your technique, strengthen your artistry, and build your knowledge of ballet history, terminology and dancer's nutrition. Enhance training with classical variations and pointe work for the older dancers.

COMPLETED BALLET 1-2:

9:00am-3:00pm

TUITION \$329 (after May 1 add \$20)

DROP-IN RATE \$30/class

COMPLETED BALLET 3+ or PRE PRO

9:00am-5:00pm

TUITION \$359 (after May 1 add \$20)

SHOWCASE Friday, July 11 at 3pm & 5pm

Jazz Intensive: July 15-17

Join our awesome guest artists and discover 3 days of all styles jazz, lyrical, contemporary, musical theater and more! Dancers will work on technique and learn fun combinations to perform at the showcase!

ENTERING LEVEL 1+:

3:00pm-9:00pm July 15

9:00am-3:00pm July 16 & 17

TUITION \$259 (after May 1, add \$20)

DROP-IN RATE: \$30/class

SHOWCASE Thursday, July 17 at 3pm

Hip Hop Intensive: July 22-23

Join our awesome guest artists for two days of Hip Hop. Try different styles like house, footwork, lyrical hip hop, and more!

ENTERING LEVEL 1+:

3:00pm-9:00pm July 22

9:00am-3:00pm July 23

TUITION \$229 (after May 1, add \$20)

DROP-IN RATE \$30/class

SHOWCASE Wednesday, July 23 at 3pm



Tap Intensive: July 29-31

Join us for the annual Wisconsin workshop hosted by Mark Yonally from Chicago Tap Theatre. Dancers will work on technique, choreography, speed, tricks and musicality. 12-2pm will consist of Story Time to learn more about tap history and an hour of tap games.

INTERMEDIATE LEVEL 3/4:

10:00am-2:00pm

ADVANCED LEVEL 5+:

12:00pm-4:00pm

TUITION \$269 (after May 1, add \$30)

DAILY RATE \$149/day

SHOWCASE Intermediate July 30 at 1:45pm, Advanced at 3:45pm

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GUEST ARTISTS!
Stay Tuned as we reveal!

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Stay Tuned as we reveal!

August

The
HIGHLIGHT
of the Summer!

SUN	MON	TUE	WED	THU	FRI	SAT
Staff Development At the start of each season, our teachers work through in-depth curriculum training, Youth Protection Association of Dance certifications, Red Cross certification, and more!	Staff Development Week					
	4 DANCE CAMP	5 DANCE CAMP	6 DANCE CAMP	7 DANCE CAMP	8 DANCE CAMP	9
	11	12	13	14	15	16 
	Performing Groups Choreography					
	18	19	20	21	22 	23
	First Week of Classes					
	Performing Groups Choreography August 11-15					
	Dancers will begin their choreography for competition and community performances. Groups available for Tap, Jazz, Musical Theater, Lyrical, Contemporary, Ballet and Hip Hop. See audition details on Page 6.					
	Our 2025-26 Season will kick off on August 18, 2025.					



PERFORMING GROUPS AUDITIONS

Perform throughout the community
and start competing at age 9.

Sign Up Only:

Littlest Performing Group (Ages 5-6)

TUESDAY, MAY 27

Dancin' Kids! (Ages 7-10)

5:00-6:00pm

Footworks Jr. (Ages 9+)

5:30-6:30pm

CREW Jr. (Ages 9+) & Guys Hip Hop Team (Ages 8-12)

6:45-7:45pm

WEDNESDAY, MAY 28

Crew and Guys Hip Hop Team (Ages 13+)

5:00-6:00pm

Footworks (Ages 12+)

6:15-7:15pm

Performance Company

(for dancers who have completed
Building, Level I or Level II)
7:00-8:15pm

THURSDAY, MAY 29

Performance Company (for dancers who have completed Level III, IV) 5:00-6:30pm

Performance Company (for dancers who have completed Level V+) 6:30-8:30pm

August **DANCE CAMP**

*The Highlight of
the Summer!*

August 4-8

9:00am-3:00pm

Dancers Entering Level 1 & Up!

"DANCE CAMP" provides students with a week of highly challenging, yet nurturing instruction with professional guest instructors from around the country.

Styles include: Ballet, Jazz, Contemporary, Tap, Hip Hop, and more!

SHOWCASE: Friday, August 8 at 3:30PM

All Guest Artists will be announced in April!

TUITION: \$429

(After May 1, add \$25)

DROP-IN RATE: \$30/class



CINDERELLA

Ballet La Crosse™
MISTY'S DANCE UNLIMITED



BALLET LA CROSSE

We invite you to audition for Cinderella,
our Fall Ballet production!

AUDITIONS:

Friday, May 2 - 6:00-8:30pm

Ballet 5 and Senior Pre Pro
(Dancers with 2+ years of pointe
experience may audition en pointe.)

Saturday, May 3
9:00am-11:30am

Building Ballet-Level 4, Teen Pre Pro,
Males ages 13+

Make-Up Audition:

May 10 - Times TBA

Email balletlacrosse@gmail.com to schedule a time.

PERFORMANCE:

October 25-26, 2025
at The Weber Center for the
Performing Arts

REHEARSALS:

Fall/Winter:
Fridays (soloists)
Saturdays (ALL)



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