

# Summer Is...

a time to grow



*More Than Just Great Dancing!*

Affiliated Dance Studios

# JUNE Kids Ages 18mo-10yrs



## TUESDAYS SUMMER SAMPLERS JUNE 7 - 28

Summer is the perfect chance to try out one of our classes. Find the perfect fit for your dancer!

### Mini and Me

Ages 18 mos-3 yrs  
4:30-5:00pm

### Teddy Bear Ballet

Ages 3-4 | 5:00-5:30pm

### Tap Adventures

Ages 5-6 | 5:00-5:30pm

**Tuition:** \$49 before May 1, \$55 after May 1

### Beginner Combo (Ballet, Tap, Jazz)

Ages 7-9 | 6:00-7:00pm

(Dancers can try all 3 styles in barefeet and/or tennis shoes)

**Tuition:** \$79 (after May 1, add \$10)

### Lyrical

Ages 5-8 | 5:30-6:00pm

### Tiny Tappers

Ages 3-4 | 5:30-6:00pm

### Storybook Ballet

Ages 5-6 | 6:00-6:30pm

### Hippity Hop

Ages 5-6 | 6:30-7:00pm

## WEDNESDAYS

JUNE 1, 15, 29, JULY 13, 27

Ages 18mo - 4yrs | 9:30-10:30am



### ATTENTION: FAMILIES WITH LITTLE ONES!

Join us every other Wednesday for a movement class, playtime, crafts and connection! Each week will consist of imaginary dance time, a new craft, and time to play and connect with other families.

\*The guardian is also invited to participate in the class with their dancer.

**Tuition:** \$5/dancer per class

## THEMED CLASSES

### Join us for some themed fun over the Summer.

### THURSDAYS: June 9-30 | Tuition: \$69 (before May 1), \$89 (after May 1)

\*each class comes with some special gear or props for dancers to take home



### Let's Go to the Zoo

Ages 3-4 yrs  
4:50-5:30pm

Come play pretend and move like animals. Every class ends in adventure. Dancers will take home their very own MDU Stuffy.

### MINI DANCE TEAM

Ages 5-9 - 4:50-5:30pm

Join us to learn all about being on a team. Spread cheer everywhere you go as your dancer will take home their very own poms!



### NINJA TUMBLING

Ninja Tumbling  
Ages 4-6 - 5:30-6:10pm  
Ages 7-9 - 6:10-6:50pm

A high energy class that combines martial arts, climbing, obstacle courses and acro. Tumblers will earn their own Ninja headband.

### Tik Tok Twist

Ages 7-10  
5:30-6:10pm



Join our Junior Faculty to learn all of the trendiest dance moves from the popular Tik Tok app. Dancers will put together videos to share with their family and go home with a special Tik Tok prop.



### Disney Magic

Ages 4-6  
6:10-6:40pm

Dress up as your favorite character, go on parades, and sing your favorite tunes. Dancers will take home a pair of Mickey Ears.



## NEW! ABC-DANCE

Ages: 2-4 year olds

Wednesdays

June 8, 22, July 6, 20

9:30-10:30am

**Tuition:** \$49/dancer,  
Add \$10 after May 1

Dance and learn with us in a fun movement based class while practicing age appropriate concepts: Shapes, colors, counting, the art of sharing and the alphabet in this upbeat class. The hour includes both an activity and a dance class.



**June 27-30**

Ages 5-12

9:00AM-12:00PM

2 Levels (ages 5-8 & 9+)  
Dance, act, and sing in this 4-day musical adventure! Dancers will learn musical theater basics and explore different musicals. For their final act, they will put on a show JUST FOR YOU!

**Tuition:** \$139/camp,  
add \$20 after May 1

**ALL ACCESS PASS**  
find details on page 6

# GRADED

## MONDAYS

**STAY STRONG WEEKLY CLASSES | June 6-27**

Weekly technique classes to keep up with your training this summer.

### Entering Level I-III

**Tap:** 4:30-5:15pm

**Ballet:** 5:15-6:15pm

**Jazz:** 6:15-7:15pm

**Tuition:** 1 class: \$69

2 classes: \$125

3 classes: \$149

(After May 1, add \$20)

**Drop In Rate:** \$20/class

### Entering Level IV & Up

**Tap:** 5:15-6:15pm

**Ballet:** 6:15-7:45pm

**Jazz:** 7:45-9:15pm

**Tuition:** 1 class: \$89

2 classes: \$149

3 classes: \$189

(After May 1, add \$20)

**Drop In Rate:** \$20/class

# TUESDAYS

## BALLET VARIATIONS WITH MISS HANNAH

**June 14 and 28 | 5:30-7:30pm**

Open to dancers who have completed Ballet 4 or Pre-Pro 1 and up! (Dancers without 2+ years experience on pointe will do the variation on flat). Dancers will put their ballet skills to the test by learning and performing a variation. Dancers will learn, work through corrections, and then have the chance to perform and film their variation in this jam-packed class.

**Tuition:** 1 Variation- \$40 (\$50 after May 1)

2 Variation Package- \$60 (\$75 after May 1)

**Tuition:** \$30/class, add \$10 after May 1



# THURSDAYS

## SPECIALTY STYLE SESSIONS | June 9-30

**ACRO - Ages 9-12:** 5:30-6:30pm | **Ages 13+:** 7:00-8:00pm

Work on your favorite stunts and tricks with Miss Amy!

Acro teaches flexibility, strength, balance, and coordination.

**CONTEMPORARY - Ages 9-12:** 6:30-7:30pm | **Ages 13+:** 8:00-9:00pm

Contemporary dance is a popular form of dance that combines lyrical, modern, jazz, and ballet. Learn to express yourself through new connected ideas and fluid movements.

**THE MIX - Ages 9-12:** 7:30-8:30pm | **Ages 13+:** 6:00-7:00pm

New! Try our sampler package with 4 different styles in 4 weeks:

June 9- Modern with Miss Kylie and Mr. Dennis

June 16- Musical Theater with Miss Beth

June 23- Hip Hop with Mr. Keagan

June 30- Strength and Conditioning with Zen and Pow

**Tuition:** 1 class: \$69, 2 classes: \$115, 3 classes: \$169  
(after May 1, add \$20) **Drop in Rate:** \$20/class

# DANCER FITNESS MASTER CLASS

**Friday, June 17 - Ages 9+**

- 12:30-1:30pm — Flexibility
- 1:30-2:30pm — Strengthening your jumps and leaps
- 3:00-4:00pm — Building strong turns

Additional injury prevention and private lesson sessions available!

**Tuition:** \$25/session, add \$10 after May 1



# JULY Kids Ages 18mo-10yrs

## THURSDAYS SUMMER SAMPLERS

**JULY 7-28**

Summer is the perfect chance to try out one of our classes. Find the perfect fit for your dancer!

**Tuition:** \$49 (before May 1),  
\$55 (after May 1)

## THEMED CLASSES

### Tuesdays: July 5 - 26

**Tuition:** \$69 (before May 1),  
\$89 (after May 1)

#### Jumpin' Jedi Ages 7-10 yrs | 6:10-6:50pm



May the force be with you in this Jedi Master class. Use your mind power and travel to a galaxy far, far away in this action packed fast paced class. Jedi's will earn their own light saber.

#### NEW! Storytime and Move Ages 3-5 - 4:10-4:50pm



Use your imagination to make your favorite stories come to life. Each class will start with a new story and will guide the time together. Dancers will take home a book.



### MERMAID TUMBLING

**Mini Mermaids:** Ages 4-6 | 4:50-5:30pm  
**Junior Mermaids:** Ages 7-9 | 5:30-6:10pm

Discover your inner mermaid with this fun 4 week tumbling course! Includes your very own mermaid tail!

### MAN-IN-MOTION™

**Ages 5-8 | 5:15-6:00pm**

An upbeat class for boys that like to move! Practice tap and jazz.

#### Dance Descendants Ages 8-10 | 4:50-5:30pm



Groove along to your favorite Descendants songs, play games, and meet new friends!



#### MIGHTY MINIS Ages 3-7 yrs | 5:30-6:10pm

Enroll in our superhero-training program to discover your own secret powers. Dancers will take home their own super-hero cape.

## DAY CAMPS: DANCE + CRAFTS + GAMES

#### NEW! Encanto

July 12-14

Ages 4-10

9:00am-12:00pm

NEW! Join the Madrigal family and experience the magic of music in dance in this "Encanto" Musical Theater inspired class.



**ADD ON TO EITHER CAMP: \$49**

#### Ballerina Bake Shop

Ages 6-9

12:00-1:00pm



Dancers are invited to stay to bake and make some special treats!

### BLUEY'S WORLD

**Ages 3-8**

**JULY 26-28**

**9:00am-12:00pm**



Join us for this kids favorite show themed camp. There will be lots of games, freeze dance, and fun filled activities!

#### PIRATES AND PRINCESSES

#### PRESCHOOL CAMP

**Ages 3-6 | August**

**Details on page 7**

**Tuition:** \$109 (before May 1), add \$20 after May 1 - \*flexible drop-off and pick up times available to accommodate work schedules.



# GRADED intensives

Head to our website to learn more about our awesome guest teachers for this Summer!

## BALLET INTENSIVE June 20-24

A week filled with all things ballet!

Learn about the history, terminology, nutrition, PBT, variations, pointe work, and more!

### COMPLETED LEVELS I-II

9AM-3PM

**Tuition:** \$325 (before May 1), \$350 (after May 1), \$25/class drop-in

### COMPLETED LEVELS III-IV OR PRE PRO 1

9AM-5PM

**Tuition:** \$325 (before May 1), \$350 (after May 1), \$25/class drop-in

### COMPLETED LEVELS V-VII OR PRE PRO 2-3

9AM-5PM

**Tuition:** \$350 (before May 1), \$375 (after May 1), \$25/class drop-in



## TEEN BEGINNER CLASSES:

**Ages: 12-18 (new to dancing)**  
**Thursdays, July 7, 14, 21, 28**  
**7:00-7:45pm**



Has your teen ever wanted to try dance? Give your child a chance to try out a technique class with other kids their age that are also new to dancing. Experience Jazz, Ballet, and Tap in our 4-week trial session.  
**Tuition:** \$40 (\$50 after May 1)

## PROGRESSING BALLET TECHNIQUE

**Wednesdays, July 6, 20, and 27**  
**Beginner-Intermediate | 3:00-4:00pm**  
**Intermediate - Advanced | 4:00-5:00pm**

Try this innovative program developed for training muscle memory and activating the correct muscles to strengthen your technique. Great for dancers working on alignment, core, and rotation. You Will

**Need:** Exercise ball, Fusion ball and

a resistance band (available to purchase at MDU)

**Tuition:** \$59 (before May 1), \$69 (after May 1)

## JAZZ INTENSIVE NEW 3-DAY JAZZ INTENSIVE July 12-14

Open to ALL dancers who have completed Building Level and up! Join our awesome Guest Teachers and discover three days of jazz, lyrical, contemporary, musical theater and more! Dancers will work on technique and learn fun combinations to perform at the showcase!

**Tuition:** \$249 (before May 1) add \$10 after May 1

**Drop-In Rate:** \$30/class

## HIP HOP INTENSIVE July 26-27

Open to ALL dancers who have completed Building Level and up! Come join our awesome guest artists for two days of Hip Hop. Try different styles like house, footwork, lyrical hip hop and more!

**Tuition:** \$189 (before May 1), \$199 (after May 1)

**Drop-In Rate:** \$30/class



## TAP INTENSIVE HOSTED BY MDU

**August 5 & 6**

**Intermediate (Levels 3 & 4)- 10am-2pm**  
**Advanced (Levels 5 and up) 12pm-4pm**

Hone your tap skills the Chicago Tap Theatre way at our annual Wisconsin Tap Intensive! This is a one-of-a-kind opportunity to work on technique, choreography, speed, tricks and musicality. The perfect combination of learning a TON and having all the FUN!

**Featuring:** Mark Yonally of Chicago Tap Theatre

**Tuition:** \$175 (before May 1)

\$200 (after May 1)

**Drop-In Rate:** \$30/hour

# MARK YOUR CALENDARS! AUDITION INFO

## Community Performing Group and Competition Team Auditions (Ages 5+)

*Free and open to the community*

Mighty Minions, Dancin' Kids, Guys Teams, CREW, Footworks, Performance Company & Traveling Team.

**May 24-26**

**Make-Up Audition: Friday, May 27**

\*Day and times dependent on group

## Pre Pro Auditions (Level 3 and up)

Thursday, April 21 3:30-5:30pm

**Make-Up Audition:** Thursday, April 28 3:30-5:30pm

## Ballet La Crosse Auditions

**Friday, April 29**

All Ballet 5/6 and Pre-Pro 2/3 in Soft shoe; Pointe with 2+ years experience - 6:00-8:00PM

**Saturday, April 30**

Beginning Ballet- Level IV and Males age 13+  
10:00am-12:30pm

\*Dancers must have 2 or more years of En Pointe experience to audition en pointe.

**Make-Up Audition: Saturday, May 7 | 3:30-5:30 PM**

**Sign up available on [mistysdance.com](http://mistysdance.com)**

**CHOREOGRAPHY**  
BALLET LA CROSSE  
TO BE ANNOUNCED  
**PERFORMING GROUPS**  
AUGUST 8-13 & 15

## ALL ACCESS

**\$399 for Kids All Access**

**\$599 for Intensive Package -**

includes Ballet, Tap, Jazz, Hip Hop

**\$899 for Graded All Access Pass -**

includes FREE Adult classes for parents, discounted intensives (50% off), Dance Camp, and all Weekly MDU Classes including Goal Session Class Series and Dancer Fitness.

**Register Online:  
[mistysdance.com](http://mistysdance.com)**



# ALL SUMMER BALLET SERIES

## Dancers who have completed Ballet 3 or in Ballet 4

June 27, 28, 30 and July 5 and 7  
3:30-5:30pm

**Tuition: \$99 (add \$10 after May 1)**

## Dancers entering Ballet 5+ or Pre Pro (all levels) | SESSION 1

May 31, June 2, 7, 9, 14, 16 (Tuesdays and Thursdays)

- Tuesdays- Teens- 3:30-5:30pm
- Tuesdays- Seniors- 5:30-7:30pm
- Thursdays- ALL - 3:30-5:30pm

**Tuition: \$109 (add \$10 after May 1)**

## BONUS Senior Add-on

Mondays- June 6, 13, 27

**Tuition: \$59 (add \$10 after May 1)**

## SESSION 2

July 5, 7, 26, 28 (Tuesdays and Thursdays)

ALL from 5:30-7:30pm

**Tuition: \$89 (add \$10 after May 1)**

# ADULT DANCE

## THURSDAYS | 6:00-6:45PM

*For Beginning and Intermediate*

Adult & teacher classes at MDU are a fun way to exercise, learn a new skill, and meet new friends in a low pressure atmosphere.

### ADULT TAP with Miss Shayna

**June 9-30 (4 weeks)**

### ADULT BALLET with Mr. Dennis

**July 7-28 (4 weeks)**

**Tuition: \$49/session (add \$10 after May 1)**

# GOAL SESSION CLASS SERIES

## JUNE 1-JULY 27 | 1:00-3:00pm

Reach your Summer goals through specific targeted class sessions. Join for one class or the full series. Completed Level 1 and up.

- Flexibility - June 1
- Leaps, Jumps and Strength - June 29
- Pirouettes - July 11
- Fouettes - July 20
- Aerials, Kip-Ups, and Walkovers - July 27  
\*Level 4 and up

**Tuition: \$30 (add \$10 after May 1)**

# AUGUST

## DANCE CAMP

### DANCERS ENTERING LEVEL I & UP

August 8-12

9:00am-3:00pm

The highlight of the Summer! "DANCE CAMP" provides students with a week of highly challenging, yet nurturing instruction with professional guest instructors from around the country.

**Showcase:** Friday, August 12 at 4:00pm

**Tuition:** \$425 (before May 1)  
\$475 (after May 1)

**Drop-In Rate:** \$25/class



## DANCE CAMP JR.

### DANCERS ENTERING BEGINNING AND BUILDING (2ND-4TH GRADE)

August 8-12 | 1:00-4:00pm

Dancers entering Beginning and Building Level (2nd-4th grade) Your dancer will get to take a BIG part in this MINI version of our beloved Dance Camp! Dancers will get to explore different styles of dance, work with guest artists, and perform as part of the showcase.

**Showcase:** Friday, August 12 at 4:00pm

**Tuition:** \$199 (before May 1) add \$25 (after May 1)

**Drop-In Rate:** \$20/class

## STAFF DEVELOPMENT

August 1-4

Did you know that the MDU staff participates in continuing education and professional development?

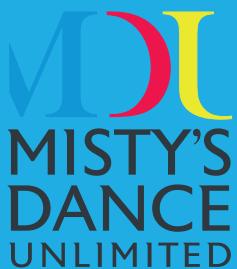
Our studio is Youth Protection Advocates in Dance certified which means our teachers are background checked, CPR/First Aid/AED certified and trained in best practices for curriculum and child development.

MDU... bringing the BEST for your kids! ❤

**CALL ABOUT SPECIAL PRICING FOR MDU ALUMNI AND COLLEGE STUDENTS!**



## FALL CLASSES BEGIN AUGUST 18!



923 12th Ave South  
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608-779-4642  
[MistysDance.com](http://MistysDance.com)

More Than Just Great Dancing!<sup>®</sup>

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