

## WELLNESS TREATMENT

AUSTRALIA		- Set within the ancient <b>Daintree Rainforest</b> , <b>Daintree Ecolodge and Spa</b> harnesses the wisdom of the local Indigenous culture. The treatment menu here was developed with approval from the Elders of the local Kuku Yalanji people. Using 100 percent natural ingredients, the spa exudes harmony with nature. Relax under the rustling canopy with the Into the Wild package, which includes a leisurely rainforest walk and sunset river cruise.
AUSTRIA		- The <b>AQUA DOME</b> stands for steam baths and crackling saunas, aromatic oils and the soothing touch of warm hands, bathing fun in a fascinating variety and a landscape with a breathtaking view during all 4 seasons. Beside the thermal spa the AQUA DOME combines a sophisticated sauna landscape, a spacious spa & beauty area and a well equipped fitness center.
BRAZIL		- <b>Vittae Spa and Aesthetics</b> was born thinking of you, who seeks to take care of themselves and escape the hustle and bustle of everyday life. We offer the best treatments, with the best professionals, all in a super cozy environment and complete service infrastructure so you have a unique and special moment. Choose a treatment and enjoy your best time at the best Spa, with flexible hours and an outstanding experience. We customize each treatment to the needs of each client according to their evaluation or preference.
CANADA		- Soak castle-side in <b>Banff Scottish Baronial-style Fairmont Banff Springs</b> is the celebrated castle in the Rockies, where you can soak in mineral hot springs overlooking Banff National Park (a 1.5-hour drive from Calgary) and recharge at the hotel's plush Willow Stream Spa.
HUNGARY		- The <b>Thermal Beer Spa</b> now welcomes guests at two iconic locations in Budapest: Széchenyi Bath and Lukács Bath! You have several exciting product options to choose from: Beer Spa + Széchenyi combo ticket – enjoy a full-day experience at the famous Széchenyi Spa, combined with a 45-minute soak in our beer-filled tubs. Beer Spa at Lukács Bath – this ticket includes only the beer spa session and does not include access to the Lukács thermal baths. Ice Bath Beginner Class – a guided cold plunge session at

	Lukács Bath, designed especially for newcomers to cold exposure.
INDIA	 <p>- Look and feel younger by embarking on a programmed designed to naturally slow down the ageing process and boost your inner vitality and radiance. <b>Dharana's</b> doctors and specialists can assess your chronological age set against your metabolic age to create a personalized youth-preserving programmed enhancing energy levels which aid in boosting collagen production, optimizing cellular regeneration and tissue repair, and strengthening your immune system.</p>
INDONESIA	 <p>- Indonesia is an exotic and popular travel destination known for its rich cultural history and authentic wellness treatments and offerings. It is known for its beachfront yoga studios, five-star luxury wellness resorts, pristine hot springs, ethno-wellness spas (<b>Javanese spa, Balinese spa, etc.</b>), delicious healthy cuisines, and traditional therapies based on endemic spices and herbs. Indonesia also offers many opportunities for nature-based wellness experiences.</p>
JAPAN	 <p>- <b>Sand bathing</b> is a unique bathing experience involves putting on a yukata robe, lying down, and being buried in the hot beach sand, which is heated by the hot spring water bubbling beneath the coastline. After about 10 minutes in the sand, your whole body will be soaked with sweat.</p>
MOROCCO	 <p>- <b>Amanjena's</b> extensive programmed of activities for all the family, including falconry displays and magic shows to keep the youngsters entertained. The Aman Spa draws on a wide variety of healing traditions from across the world, including Ayurveda, Chinese medicine and Thai massage. With extensive spa facilities and a varied menu of treatments, The Aman Spa provides a holistic and relaxing place to unwind.</p>
PHILIPPINES	 <p>- <b>The Temple Spa at Coco Grove Beach Dive &amp; Spa Resort in Siquijor</b> is a serene sanctuary designed for ultimate relaxation and rejuvenation. Nestled within lush tropical gardens near the sea, the spa offers a tranquil ambiance complemented by soothing aromas and calming music. Guests can indulge in a variety of treatments, including Swedish, hot stone, traditional</p>

	Filipino hilot, and herbal aromatherapy massages, as well as body scrubs and spa packages.
SOUTH AFRICA	 <p>- South Africa is experiencing a surge in wellness tourism, attracting visitors seeking physical, psychological, and spiritual well-being through activities like spa getaways, <b>yoga retreats</b>, and nature-based experiences. The country's rich natural beauty, diverse culture, and growing focus on sustainable tourism are key drivers of this trend.</p>
THAILAND	 <p>- <b>Holina Rehab</b> is a 12-Step resort offering a harmonious mix of insightful talk therapies, holistic health treatments, and spiritual practices, ensuring well-rounded recovery care for a variety of addictions, emotional challenges, and trauma. Licensed by the Thailand Ministry of Health, they provide</p>