



## COLLEGE OF TOURISM MANAGEMENT DEPARTMENT

### ACTIVITY 2

An Undergraduate  
Learning requirement  
Presented to the  
Faculty of the  
College of Tourism Management Department

In Partial Fulfillment  
of the Course Requirements for  
**TME313 Medical and Wellness Tourism**  
For the Degree Bachelor of Science in Tourism Management

Submitted by:  
Denniel John Estira  
Section: BSTM3A

Submitted to:  
Dr. Jamie Abad  
TME313 Medical and Wellness Tourism



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### Guide Questions:

1. Why is Siquijor called "Mystique Island" and why is it called Isla de Fuego"?
  - 'Siquijor is often called the "Mystique Island" of the Philippines because of its long-standing reputation for mysticism, healing traditions, and supernatural folklore and it's called the Mystique island because of its relaxed view, the people is friendly, and it has a zero crime rate
  - Siquijor is called "ISLA DE FUEGO" because of the glowing fireflies in its forest that made it look like it was lit with fire at night.
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2. What is the most famous attraction on the island?
  - HEALING FESTIVAL
3. What are the known different healing methods Siquijor have?
  - Love position
  - Black magic/Barang
4. What is your opinion/insight about black magic as healing method?
  - In my opinion Black magic/ Barang is a healing method in Siquijor. Black magic is good because it gives people protection and also treats them. And it also includes an amulet, which will give you long-term protection so that nothing can harm you, many locals also emphasize that their traditions are rooted in faith-based healing rather than malicious magic. And barang is considered the most powerful method of healing in siquijor
5. Give at least five alternative healing methods in the Philippines that is popular in different provinces.
  - Albularyo Healing (Ilocos, Quezon, Samar, Leyte)
  - Barang/Kulam (Siquijor, Antique)
  - Tandok (Ilocos, Cordillera)
  - Herbolaryo (Quezon, Bukidnon, Zamboanga)
  - Dagdagay (Ifugao, Kalinga)

**Reference:** <https://youtu.be/35O8xv7LQC8>