ON HOW TO MEET, ATTRACT AND SEDUCE ANY WOMAN FROM DATE TO BED Attraction Mateo Lambert

Natural Attraction

2-Book Bundle:

- I. The 8 Most Practical Tips on How to Meet, Attract and Seduce Any Woman.
- II. From Date to Bed: Dating Advice for Men How to Get a Girl to Like You and Seduce Her to Your Bed.

BOOK I. The 8 Most Practical Tips on How to Meet, Attract and Seduce Any Woman.

Your Free Gift

The Decision

- 1. Don't Hide Your Intentions
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- 7. Focus on Successes, Not Failures. Enjoy the Process, and Be Positive
- 8. Advance to The End! Persistence is the Key to Success with Women

Bonus Story

Your Free Gift

BOOK II. From Date to Bed: Dating Advice for Men How to Get a Girl to Like You and Seduce Her to Your Bed.

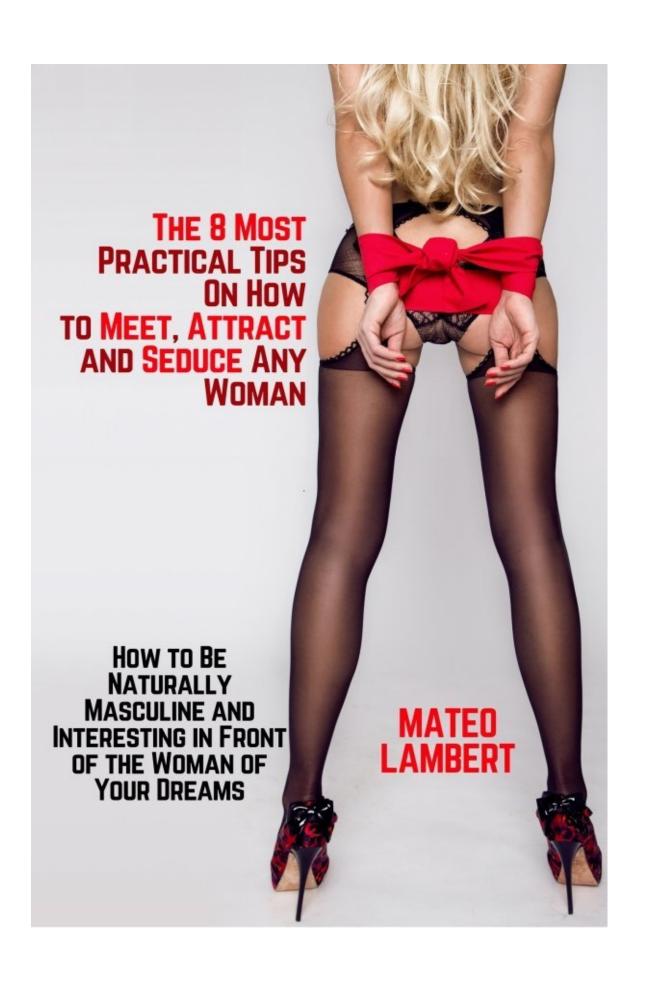
Stage 1. Invitation of a Girl for a Date: A Place and Context

Stage 2. Having an Unbelievable Date. How to Behave on a Date to Enjoy the

Process

Stage 3. How to Get Her Closer: Kisses and Touches

Stage 4. How to Take the Girl to Your Home and Spend a Mind-Blowing night



The 8 Most Practical Tips on How to Meet, Attract and Seduce Any Woman

(How to Be Naturally Masculine and Interesting in Front of the Woman of Your Dreams)

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to Meet with a Girl!" <<

The Decision

Everything happened just when I realize and accept this - I don't know how to behave with the girls that I like. And awareness of this came later than I would want but it had its own reasons.

Since school years, like many teenagers, I was interested in girls. Although, in truth, they paid more attention to me than the other way around. And it's normal for guys at a certain age. I would not say that I avoided contact with my female peers, but considered them purely as friends, along with the male peers. But the years passed, and in a time when many of my friends began to move, so to speak, on a different level of communication with the girls, on the contrary, I began to move away from it. I was completely captured by the sport. Day and night, I dreamed of a hockey player's career and I was not interested in anything else. I thought that all these relations were unnecessary and took a lot of time. Now, I realize that I was wrong. After all, the relationship between a boy and a girl, a man and a woman - it is our nature, we have been created in such a way. Whether it is an innocent flirtation or sexual desire - this is very important. It is important not only in the present but in the future when you decide to create your family

I achieved my goal, and due to a sports scholarship entered to university. I continued to play and get pleasure from it all. Then I met a girl, we spent 3 years together. In truth, the beginning of our relationship was her merit. I especially didn't make any effort to our relationships, it was good and most importantly, easy. Nearby was a beautiful girl who loved me, and I in turn, loved her.

Sports career for a number of reasons was coming to an end, along as the study at the university, and it was time to think about the future. Next door was

the same girl I increasingly felt that we will be together until the end of life. And I was beginning to wonder if she is not against me to become my wife. She was an important person to me, and I believed that we would be together forever.

And in one moment everything collapsed. I received an email from anonymous, which was full of mildly erotic photos. On those photos was my girlfriend with some sort of old men, about 20 years older than her. Well, there were a couple of videos in addition. With them. It turned out this message has come not only to me but also to all our common friends. It was a complete shock. I still do not know who did it and why. I was crushed and depressed, but the most important thing I could not understand her reasons for such action. I thought everything between us was just great. But as it turned out, it was all a game. There were no any explanations from her. We strongly quarreled, she made me guilty. She only said that it was her past, she had to somehow earn money, but now she loves me and wants to be only with me. All anything, but the photo and video is clearly visible - they are made recently. We broke up, and it was a big morale blow for me. For a few months, I was in complete bewilderment, not knowing what to do next. After this incident, I realized that I do not understand women. And this will be difficult to live with ...

Moving away from everything that happened, I decided that I didn't want to look for the girl who is the one and only, but now it would be better to try to interact with all of who I like. I was keenly aware that I did not understand the psychology of women, their motivations and the reasons for their various actions. I needed a lot more experience with women to understand what I want and who I want. I was a good student in college, I had a good sports reputation, in the end, I lived 3 years with a girl. I felt like I was a normal man and I deserve a lot of girls that I like. But my understanding of yourself is one thing, but in practice, it turned out that everything is much sadder. No need to say that I couldn't drag someone into bed, I couldn't conduct even a five-minute conversation. Again, I realized that I did not know anything about women:

what they think, how they think, why they commit certain actions, and most importantly, what they are really looking for in men.

And in that moment, I made the decision for myself. I wanted to understand the nature of women, to understand what they want from men, and in the end, it was very important to me what type of a male they desire!

Going hard on the way of development in relationships with women, by lots of trials and errors, but at the same time, and thanks to the gradual progress, I realized how I was mistaken with regard to the psychology of women when I was younger, and at the time when I had a girl. How many things I did not know and understand would help me in all areas of life, not only in seducing beauties.

The process of my development after The Decision was very difficult. Every day, I literally put myself to the city to practice skills. From the very beginning, I practiced banal approaches, trying to start any conversation, and then gradually move on to practicing the skills of seduction of those girls that I liked. To do this I had to go out of my comfort zone every time I approached a new strange girl. My skills of dating women were so small that at first, I was uncomfortable to even think about such possibility of just walking up to a beautiful girl, and get acquainted. I was blushing, stammering and behaving like the last schoolboy. But after each situation, the boundaries of my comfort zone expanded. I did not pay attention to the refusal itself; I tried to understand the cause, and the cause of which was in me, in my behavior. After each analysis, my own mistakes and failures, I put more and more insane goals and tried by all means at any cost to achieve them. At first, I worked only on the quantity. I set a goal to get acquainted with 15-20 girls per day. There were days when I became acquainted with more than 50 girls...

Step by step, I reached a level when I started to enjoy the pleasure of communicating with the girls. I began to read them, to anticipate the development of the dialogues in specific situations and to direct those same situations in my favor. I began to turn out to seduce most beautiful girls that I

liked. Of course, the development process in this area is endless, and I still cannot say that I know all about seducing women. But the fact that from a complete zero, I became a man, that can talk with almost any girl, a man, who could, if he wanted to fuck a new girl every day, and a man who communicates with women easily and with pleasure, says that I have accumulated some experience, which I am delighted to share with.

Therefore, to help you, my friends, I summarized my experience in 8 basic principles in dating and seducing women. 8 truths, in which I put all my experience. 8 things, using which you will definitely accelerate your way of becoming self-confident, attractive to women, male. Hurry up and read them to raise the level of your natural masculinity, and every beauty you were afraid to approach yesterday, will likely be in your bed!

1. Don't Hide Your Intentions.

Most of my life, I felt some awkwardness and shyness when it comes to dating girls. I thought it was some awkward process that I impose to the person, and for my desire to even approach an unknown girl. I felt kind of ashamed! I was ashamed to show a girl that I like her, to show my sexual desire. In those rare moments when I still met with the girls, I said to myself, "I'll just talk to her," and we just talked, she told me about herself, I talked about myself, and that's it, nothing more! Besides, I was shy, unconfident, and often I only listened to the girl, only occasionally asking about something. Once I made the decision, and began to work on yourself, get out of your comfort zone (read about it a little further), and get the first results, I noticed that the girls do not like it when you're being uncertain, closed, and when they have no idea what your motives are. This causes negative suspicions.

I realized that to some extent, the girls like it when you show that you know what you want. Of course, we should not talk directly (at least at the very beginning of your relations) "I would fuck you nicely," but to deny it, at least for yourself - it is fundamentally wrong, my friend! After walking up to the girl with the intention of "just talking," you program your mind, and brain on this! And when talking with her, you will keep being an interlocutor, a nice and sweet guy, but that she does not need it! Believe me, she has it enough! Who she wants, so it's a male! And when you do not deny, at least, to ourselves that she is attractive, and you came to it, because you are sexually attracted to her, you will unconsciously behave like a real male! And believe me, she will feel it, and that's more than enough! Now I can speak on any topic, and behave as I want, but ultimately, I know that only one thing matters - whether she felt in you the male, masculinity, or not. So do not be afraid to show that she is

attractive to you, because you are a man, you're a leader, and you set a vector of your further relationship! Make things easier, friends, don't complicate them.

A couple of practical tips: keep a strong eye contact, do not be afraid of the opportunity to gently touch her, flirt with her, smile with her - it will definitely give her the feel that she is attractive to you, and that you want her as a woman! And the sooner she will feel it, the easier the things will be going! Of course, if she already has a long-term relationship, or something just like this, she, probably, will reject your intentions, (but not the fact) and nothing will happen. But if she is free, and sees you as an interesting, adequate man who knows what he wants, and at the same time gave her the feeling that he wants her, then, in such a situation, she is very likely to give you the opportunity to act!

2. Don't Be Attached to The Result! Don't Let Her Rejection to Hurt You.

Let's say you really like a girl, you want it, you imagine different scenarios, what will you do, and so on. You want your liking to be mutual, and this girl likes you, too. This is so, and that's fine. It is a natural human desire. But as soon as you fall in love with some kind of beauty, and you have a desire to be liked by her - you're a hostage of situation. You begin to adjust to the girl and start to agree with her in all (as I did), and thus you lose your rod, your reality and your Me. And in such a situation, with the happening of a negative reaction, I remember that I was upset, I began to blame myself. What does all - because of me. That failure - a sign that I was not good enough. And this emotional attachment to the result, to positive reaction, and thirst to be liked was a no for me, and I'm sure, it stops a lot of males. It makes you unnatural, by your trying to be cute for her - you get her to feel her dominance. But she wants to feel dominance from you, from the male! Women like when males make the decisions and are adamant to them.

Accordingly, what helped me a lot, and with what I want to share with you, is to accept this simple truth - that all around you - a lot of girls, just a huge number. And you have an infinite number of attempts. If It did not work with the one, you can always try another one. Because, look, you can get up now, go out, see a pretty girl - and get acquainted with her. If something goes wrong - you can walk 50 meters, and get acquainted with the another girl. And so on to infinity! To be attached to someone and be upset because of a failure with someone - is very stupid in a situation when you can always try again. A new attempt - the best attempt, because in it you will be with the experience of their past failures, respectively, you can make better decisions, and behave more appropriately. So do not get attached to the outcome, show girl - that you

like her, but at the same time, emotionally, you are absolutely sure of himself, and her answer can't hurt you anyhow. She should not feel like a prize! At any time, you can get away from her, to the girl that is better. Do not forget this one!

3. Be Natural and Don't Wait for a Reaction from Her.

I remember, as before when I had very little communication with the girls, when I was in the group of people and starting a conversation with some unfamiliar or even unknown girl, I behaved very unnatural. I spoke some nonsense, I kept talking about everything she wanted, even about those topics which were not interested in me, I laughed at her jokes, even when I did not understand their meaning, and in general, I absolutely did not show what I was worth, and who I was. As a result, after some time, most of them have forgotten me, and could not even remember who I am and what my name is. I was not even being put to the friend zone. I was generally not taken seriously.

Once I made the decision, and gradually began to change my approach to building relationships with women, I was unmoved and stood firm on one - I am, as I am, and every woman have to accept my personality. By this, I do not mean that it can, you justify your timidity, shyness and modesty in dealing with girls. No. These qualities I eradicated, because they were not part of me, the version of my person, which I sought. I mean that no matter what, a woman in front of me, and what the situation - it is bound to respect my interests and my hobbies. I stopped to talk on topics that are not interesting to me. If I want to talk about fishing, which I love - I'm talking to a girl about fishing, and I do not think whether she likes it or not. After all, I say what I like, and what is important to me. If I want to do something - I do, and I do not think how she will react to it. If I want to touch to her, if I really do sincerely want to - I immediately do it. Yes, she can push me away and to be against something, but it's important for me - to be completely natural. And ultimately, now I understand - it is very, very true. By such a behavior you show your male rod, that you are a male, you've got their own powerful reality, and no one on this

planet can make you doubt yourself.

I want to give you a task that will help you to be more natural in dealing with girls: next time, in dealing with a girl not very close to you (I mean, not a sister, or friend) tell her about your latest achievement in your hobby (in extreme cases, in your job), for example, that you finally finished your first rap single, or painted a picture, which you have long painted. But there is only one condition - you need to talk about it as you would have been telling it to your best friend. Do not adjust to her! Speak freely! Try it, her response should surprise you!

4. The Words Don't Matter.

Most common question I hear when it comes to dating a girl is ... "what should I tell her?" About what to communicate? What is the best pick up line? I think you have discovered yourself in these matters. It's all about me for sure, because before, I thought what I say, depends on EVERYTHING! It seemed to me that by saying that something is not right - she will make about you a definite conclusion, and will cease to communicate with you. So I always thought for a long time about what I will say, what topics we will raise, I've been thinking, if I should tell any of my jokes! Therefore, I have almost never used such a powerful weapon as humor in dealing with girls. I thought that with the first unfortunate joke, she will think that I have completely no sense of humor, and immediately will reduce my chances to zero. But over time, with practice and experience, I realized that what you say is not as important as how you say it. Girls - being more emotional and men - logical. It is a scientific fact, but for some reason, we tend to forget this. Friend, using logic and words - you will never drag a Woman into your bed! Even if you say that you have a brand new Ferrari in your garage and you are dressed in the most expensive suit, but at the same time, you are being shy and closed, your words will make no desirable effect (we do not consider the gold-diggers)! In my experience, I will say that the most important thing is to let the girl understand that you are: 1) mentally adequate, in general; 2) being with you is comfortable and safe; 3) you are confident in your words and actions. Even if you talk about some rubbish, but you will keep eye contact, you will not forget to touch her, and you will give her the right context, she will be feeling quite comfortable with you and she will not stop communication with you!

For practicing, set yourself a goal to talk this week with 5 girls about some trash (you can choose a topic yourself) within 5 minutes. You can keep a couple of questions on this topic in advance to look confident, and do not get

embarrassed. The main rule - look into her eyes, and speak loudly and legibly, with confidence in voice. I bet, after this exercise, you'll exactly understand everything I wrote above :)

5. Don't Be Afraid of a New Experience, Practice Your Skills with Any Woman, and Be the Maximally Social.

One of the very first tasks I've done to myself after taking the decision to change my life by learning to easily talk and seduce a woman is a task of generally enlarging my circle of women I communicate with. I clearly understood that I was not developing as a male while communicating with my limited number of female mates, and sister, as I could. I started to gradually talking with everyone: with a female cashier in McDonald's, cleaning woman in the shopping mall, unknown girls in public transport! I started with a simple wishing for a good day! Then, gradually I became more confident and could ask the girl at the cash desk how was going and, and later I started saying them compliments! For me it was not very difficult, because these women understood that I am a buyer, or a simple passerby, I do not impose an acquaintance, and it was not difficult for them to smile and answer! In such small situations, I certainly kept eye contact, and tried to keep myself easily and confident (as if it were my old friend)! And that I noticed that this socialization began to help me in acquaintances! I noticed that it became easier to start a conversation, keep eye contact and, in general, it became more confident to hold unfamiliar people! I went further, gave myself an installation that every time I appeared in a public place where many people are, I tried to relax as much as possible! I came to the conclusion that only when I'm relaxed, I can start a conversation with almost any person! Yes, it is sometimes ridiculous, sometimes people did not want to communicate with me, but in a relaxed state it was easy for me, and I did it playing without straining.

I began to communicate not only with girls who are attractive to me externally. At the first opportunity, I was starting a conversation with

absolutely any girl! Thereby gaining experience from communicating with completely different girls - active, modest, daring. When you are refused by a girl who is not particularly interested in you - you accept this, and are not disappointed, right? But when you are refused by a girl that you like, you feel shitty. And this is normal! I found a way to absolutely calmly react to any objections of girls that I like - to put myself in different silly situations with plenty girls that I do not like! So I learned to do absolutely idiotic, ridiculous things in front of the girl of my dreams, while feeling absolutely confident! After all, before that, I took many different reactions from girls who did not interest me, and then, that experience that I got from those situations, I used in real "battle"! I hope, my friend, you have grasped my idea, and you understand that communication with different people, even with different males, on different topics makes you more relaxed, confident and interesting! This experience makes you an interesting guy. Girls will feel your lightness, ease and they will want to plunge into your social world, where everything is easy and funny! Therefore, go out, and communicate with everyone, do not be afraid of new experiences and emotions! It will only help you!

6. Get Rid of Social Pressure! Don't Be Afraid to Lose!

At the very beginning, when I decided to change myself, to become more confident and relaxed in communication with the girls, I could not, trivially, take the first step, and always looked for the most ideal opportunity to approach and get acquainted. I was eager to catch the moment when we were alone, or when she would be without her girlfriends. I was afraid to act in public places, because I thought that in case of failure, everyone around will witness my failure. Social pressure oppressed me, and I could not drive myself away from the thought that when you meet a girl, everyone is looking at us, and they are waiting for my failure. A friend, to be honest, I do not have one method or magic advice, which will immediately free you from fear of losing. The realization that to everyone, in fact, just to spit on you and your actions - came to me after hundreds of acquaintances with the girls. But I'll try to describe to you the psychology that I have now, and which, perhaps, will very much help you in dating girls. Imagine the situation that you are standing in line at the supermarket, and you really liked the girl standing two meters away from you. She is alone, but there are a lot of people around you, you are standing in line, everyone will hear what you will talk about.

Now, of course, I do not think about all this. I just inhale more air, turn off the brain with unnecessary thoughts, come up and say "hello, are you here alone?" (As an example). But when I just getting started, one of my friends, who was then obviously more skilled in the topic of seduction than I, with my next stamping on the spot and fear of social pressure, asked me sharply: "Dude, I see that you're scared, but what's the worst that can happen when you approach her? What are you afraid of?" I do not remember exactly what I answered him, but when I got home I thought about this question, and I

realized that the worst thing that can happen is not at all frightening me, and I'm not scared! Imagine, though it's very unlikely, but still, what she will say to you: "Man, back off, you're not my type!". Sharply, yes. But is this what really scares you? Is it really what will hurt you?! Man, I would rather take it as a joke, laugh at it, and go with a good mood rather than get upset about it. What a fool she is when she talks in such a manner! That's nice that it all ended, I really do not need such a damned wretch. That's all! The story is over! You've done your job, you walked over and took a step. Not all the girls to whom you approach are worthy of you, man. You realized that you need another, and forget about this. And what will people think, you ask? Indeed, what will they think at that moment? Never mind! Men, I give you a guarantee, at heart, will respect your courage. Only complete losers will want your failure, but they should not be thought of! And women, in turn, are usually on your side! After all, they know this feeling when they miss off the next acquaintance, and then regret it, because the guy was very even nothing! And they internally want you to succeed! But what is worth noting is that out of the total number of people around you, in reality, there will be at most 10% of you to listen to!!! Friend, everyone has their own problems and thoughts in their heads. This will not be written in newspapers, and the result of your communication will not be shown on TV. Therefore, concentrate only on yourself, and on the fact that if you have a desire, you must act. You are a free man, you are in a free country, and if a man has a desire to get acquainted with a woman - this is absolutely normal, and any adequate person will take it as a fact. So do not worry, everything is much easier!

And...to achieve ease and comfort at dating the girls I had to eat more than one spoonful of shit, buddy. I made my experience gradually, step by step. And what I'm grateful for is that in my practice, I did not look at dating as white and black. I was not categorical that if dating ended in sex - it's a success, and if she did not even give her phone number - it's a total failure. Not at all! I appreciated, and rejoiced at every step and new experience! After so many

negative reactions, I internally accepted this as part of the process! After all, when you learn something, let's say to drive a car, you do not get it all right, do you? You stall, you can confuse the pedals, but if you have a goal - in the end, it's easy and confidently to drive a car, you do not pay attention to it, but just try to go further! Absolutely everything is also in relation to the art of seduction, friend. To some extent, you must internally keep and accept the fact that she can refuse you. That she can have a man, she has a bad mood or something else. In general, you must accept something that you will not get to know each other. And the important thing is that only when you accept this, and keep in mind the fact that you can lose - you start to succeed! You absolve yourself of this responsibility, that you must definitely meet her, and fuck her. It becomes easier for you, you are relaxed, she sees that you are not attached to the result, and acquaintance for you is something ordinary, and you do not attach great importance to it. You can lose, I can lose, and so in everything in life, not only with women. And what, is it worth to be afraid of it? Of course not! It is worth to act, gain new experience and become more confident! And then the car will precisely fire up and will go quickly and confidently! ;)

7. Focus on Successes, Not Failures. Enjoy the Process, and Be Positive.

One of the principles that can just amplify the effect of your dating with women is a positive mindset. Anytime and anywhere. Under any circumstances. Now, unlike what was even 3 years ago, I do not see any failures as such. They simply do not exist. If I set myself the task to get acquainted during the day with 20 girls (although I have already not set myself such tasks for a long time), and 15 will just reject me, 4 just give a phone, and only one will go on a date with me and we'll get laid eventually - this great! I do not perceive 15 'failures' as failures. I perceive this as the fact that 15 crazy women have missed the opportunity to spend an excellent time with a cool guy! That's all! In each approach, I focus only on positive aspects, on those moments from which I had pleasant emotions and memories. Of course, if I fucked up, and I feel it, I draw conclusions, and I'm admitting honestly to myself about this error. But this is literally thoughts lasting 1-2 minutes! That's all! I do not remember this anymore! And the next day I will in every possible way block my brain and do not even remember those 15 refusals yesterday! Instead, with great pleasure, I will remember in myriad details my successful acquaintance, and how cool it was then! That's all! On my own experience, I can say that the focus only on one's actions and attempts - this leads to development! Looping on failure - does not move you further on any single step!

With this attitude, each your acquaintance must pass in the state of banter and the positivity radiated by you! Friend, when I meet in different situations with women right now, I do not set for myself the goal of fucking her or taking her phone by any means. My main task is to show myself, and have fun! Any objections and negatives will break against the wall of my positive attitude and

self-confidence! If she says that I am the last goat on this planet, I will only smile at her, and I will say that there is a couple of ones who are worse, but I have every chance to get around them! If she says that I have an absurd hairstyle, I will laugh, and I will say that I have been making this hairstyle for 1.5 hours and consider her to be the fuckiest of my hairstyles! And in general, our common child with her, if it is a boy, will certainly come with such a hairdo!!! It is very important for me that we talked about what I like! As a rule, I set the tone and the mood of communication! In this spirit, even if we talk about her fucking boss, which I am not interested in at all, it will be full of fun! And in any case, I'll be in a good mood after that. Thus, friend, I lead you to the fact that you should not be able to get acquainted with unfamiliar women as something terrible and full of stress! Look at this as a small show and an adventure! Do not be afraid to seem stupid, just have fun. And I assure you, you will look at the general process of seduction quite differently, and each new acquaintance will be given much easier.

A couple of practical tips: hyperbolize criticism and any objections of girls. At the initial stage when you have little experience, you will be afraid of criticism and will be emotionally unstable towards any of her "No." If she says that she does not want to get acquainted with you, say "I'm not to get acquainted, I am telling you about myself, then we'll move to your person" or if she says that "you have a strange job", answer "I have the worst job out of all possible ones, but only it will bring me millions of dollars, there's nothing I can do about it." Yes, to some extent this may be a bit unnatural at first, but it will quickly instill emotional stability in you, you will not attach importance to her objections, and you will be able to keep your positive attitude under any circumstances.

8. Advance to The End! Persistence is The Key to Success with Women.

Of all the above-mentioned principles, this one, in my opinion, is the closest to the magic tablet you have cherished. Of course, this is also worth working on, it does not come in a day or two. But this is exactly what every male is able to do, and what really pleases women, fascinates them, and eventually, get laid in your bed. This is perseverance. Ability to keep your position, your desire and bring it to the mind of a woman in any way. This is the ability not to react to resistance, to refuse or resist you. Of course, when I had little experience, even at the earliest stage, when I parted with my beloved girlfriend, I was not persistent in getting to know women. I understood that this was important, but all my attempts were more like a need, and I looked more pitiful than insistent. And I want to share a key difference with you, my friends. To be persistent is to clearly understand what you want, to be able to bring it to the girl's consciousness, and let her know that it will happen, one way or another, but it will happen. This is the ability to listen to a girl and understand her position, but competently build your behavior and show her that your situation is more pleasant and profitable for her! This fascinates the girls, internally, most women do not want to decide anything, they want to be led, they want the guy to have everything under control. This realization in their head that you know the plan, and you always go on it, bypassing - any obstacles - they really like, because by that, she knows that with you she will be calm and confident. Unlike the state of need, when you show that you need something from the girl, and you are just stupidly begging her about it, I noticed that women are more inclined to men who are able to present those desires to the woman as one of the options of development of events, and as a rule, the most pleasant one for both of you! So do not ask the girl "Come to my house.", it is better to tell her "I'm planning to cook a duck with oranges today. I will buy wine, and I also have grapes brought from Greece, come and have supper with me. " Thus the girl herself will agree with desire by your development of events.

Of course, buddy, you can say that this is not easy. And I agree with you. To be persistent and adamant with every woman is very difficult, and requires a lot of practice. But since I mentioned the magic pill, I want to tell you what needs to be done, so that the same persistence will manifest itself in you more often! And this advice sounds like this: "Try to advance to the end." I mean, friend, try not to be limited to the lightest scenario. When I first started to get acquainted with women, I was usually limited to a half-minute conversation, I asked for her phone number, and immediately said goodbye and ran away! Even when I did not have any further business, I left these women! And this, friend, was a big mistake! It's silly to leave a woman, even when you took her contacts. The phone number itself is worthless, do not you agree? You want to call her then, or write and meet, go on a date? Or just drink something together? So why not to do it right away on acquaintance? If you communicate, you took her contacts, but she has free time, why not go and drink coffee with her? Thus, giving yourself more time to show yourself, to know her better, and to understand if she really likes you or not! Thus, you show her that you are not the next guy who takes the phone and does not call! You show your interest in her, the desire to spend time with her, which of course creates some comfort! The next time you are with her on a date, prepare everything in advance so that if possible, do not limit yourself to the initial script in the form of a date! After all, if she went with you on a date, you are interesting to her, and it is possible that you will have sex! Even on the same day! Therefore, prepare a place in advance, and at an opportunity, do not be afraid to act and invite her to go out with you! Friend, you do not even know how many girls I lost without doing it before! Did you meet at the club while sitting at a table? Down with just communication! Invite her to go and have a drink with you! And then go dance

with her! You do not know the limits of her desires until you start acting and moving yourself! Very rarely when girls show their true intentions to the guys! They want sex as much as we do, that's for sure! But they will not show it! After all, they are afraid to look like sluts available. Therefore, buddy, this is our burden! Go to the end, but do not rush! Think what further is the appropriate continuation of your relationship, and can this be done now? Tomorrow? Look at her reaction, and try to go to the end!

Task: next time when you will get acquainted with the girl, do not just limit yourself by her phone number or contacts. Ask her what she is planning to do, and if she is not against drinking coffee with you! Now! If she thinks and breaks, say that you know a good place near (know in advance the concrete one)! Tell her that there is a great coffee, and invite her there! Over and over again doing this task, you will learn how to use the most from the situation, and more and more of your acquaintances will end up with sex! Take Action!

And now I want to briefly tell a story that happened to me several years ago, during a trip with my friends to Croatia. I have accumulated a lot of similar stories, but I want to share this one, since it contains practically all the principles that I have described above. Of course, such dating and results in the end, do not always happen, but in my opinion it will give you a better idea of the principles that help me in a pick-up practice, and maybe it will be good motivation for you!

So, I then have already practiced 2 or 3 years in the art of seduction, my friends were also in the "theme," so on Friday night we went to the biggest club in Zagreb, had a party, and had fun with the local beauties who were already very hot! I have never seen so many beautiful girls anywhere, as in Croatia. Brunettes, blondes, mouth-watering forms, attractive faces, and most importantly, just incredible openness to foreigners! In a sense, it's a man's

paradise. We had a lot of day dates with couple of babes to go to the nearest bar near our hotel and seduce some of them. But my friends wanted to party in the club, and I wanted to see what it is like, the nightlife of Zagreb, so no one calling, we went to the club with our male company (4 guys).

There was a lot of people as always, in the countries of this part of Europe, the girls were dressed just super sexy, thereby attracting maximum attention. I will not tell everything in detail, I'll try to briefly go to the point, and focus on the key points. So, despite a large number of sexual chicks, the night did not come up and one by one, as if by conspiracy, they did not come into contact with me, and the night game somehow did not work out. Friends had almost the same result, someone was acquainted with someone, danced, drank a couple of cocktails, but when trying to translate the context into a more intimate channel, everything collapsed, and my friends were left alone. Laughing at some strange start of our club night, we ordered a bottle of whiskey, and sat down in the corner of the club, relax and drink (then I still drank alcohol). So we sat a little more than an hour, and again went to the dance floor. But to my greatest surprise, the situation was unchanged - I approached, got acquainted with the girl I liked, we started to dance, communicate, but as soon as I started more open communication and expressed my intentions (take a walk in the night city and come to my hotel, drink an excellent French wine), one after another immediately have merged. After wandering around the club for a while, and not stumbling upon something interesting, I returned to my friends for a table.

So a couple of hours passed, the party was nearing completion, people started to disperse and a couple of my friends expressed a desire to go to the hotel to sleep, because tomorrow morning we planned to get up early and go to the coast. After asking them to sit for a while, I walked away from the table so that I could see all those present at the club. "Man, make a last attempt, the night did not come up, but now you must be as persistent as possible, and act more resolutely. All the same, there is not much time, everyone leaves, and you

too soon need to fall asleep. Therefore, there is nothing to hesitate" - I thought, and I stumbled upon a pretty brunette at the other end of the club. She shook her hips in time with the music, while her friends sat next to her and drank. "She's cool. She's hot! It is worth trying " - with such thoughts, I began to make my way to the brunette. Here I want to emphasize your attention, my friend, on my mind, namely, that internally I was not particularly affected by the negative results of this night, and despite the complete fall of the spirit of friends, I still wanted to get success that night. I was not hurt by refusals, I was sure that I simply did not act decisively, and with another attempt to me success will come. (principle 7)

- "Hello, your friends will booze and sit till evening, and your dancing enthusiasm will quickly disappear. I have the same situation, and I do not want to admit it. I'm Mateo" I held out my hand to the brunette, in the hope that she understood my English.
- "Hello" the brunette said coldly, hardly glancing at me and continuing to leave me.

Without thinking twice, I approached her from the other side and looking straight into her eyes said: "We go to the center of the dance floor. Here, in the corner of the hall, no one will see what kind of fuck you are! "-with a wink at her, I began to sway to the rhythm with her.

- "Listen, I'm resting here with my friends, I'm fine. "- she answered in good English, and again a step away from me.
- "Did you wear such a sexy dress, shoes and made this beautiful hairstyle to stand here sadly all night? Let's go to the dance floor, I can offer you something more interesting", I said confidently with a smile and taking her by the hand, gently dragged her towards the center of the dance floor.
 - "Fuck off, moron!" she blurted out and pushed me.

"Hmm, it's the same, but I do not need to give up so quickly," I thought, and said:

- "Okay, maybe I've expressed my intentions too harshly. Let's try again,

this time I'll first ask how your name is.

- "Julia," the brunette said coldly.
- "I'm Mateo," I said, rocking slightly in her body.
- "Are you here alone?" everything is just as cold, but not without attention.
- "No, I'm with the same company as you, drinking friends, they're going to leave, but I asked to give me 10 minutes, since I saw you, and just could not leave you here so bored."
- "You can leave, I'm fine. My friend has a promotion, so we will celebrate. I'll be with them." Showing the blonde (already well drunk), said Julia.
- "Excellent," I said, and went towards the blonde (<u>principle 5</u>!). She was sitting with a red-haired girl and a strong guy.
- Hi, I'm Mateo, and I found out that you were promoted. It is perfect! Congratulations! Blurted the blonde.
 - "Thanks buddy!"
 - "Your friend Julia says you do not want to let her dance."
 - "Yes, we are celebrating."
- "You see, she's in a sad mood. She needs to dance with a great guy like me. In 10 minutes I will bring her to you."
 - "Dude, we are together all night..."
 - "10 minutes, and she's yours, in a good mood."
 - "What do you want from me?"
 - "Just nod" with those words I went to Julia, who was interested in us.
 - "Your friend said that I'm cool, and we should dance, let's go."
- "I do not want to dance with you," she said, but at that moment she looked at her friend, who pointed a finger at the dance floor.
- "Whizz" I thought, and taking Julia's hand, again dragged her to the dance floor. With some resistance, the brunette followed me. At first we danced rather detached from each other. I realized that I needed to show my

adequacy, but do not go away and express direct intentions. We talked for a few minutes about me. Politely asking the same thing, I complimented her that she was the most beautiful in this club and held her on the waist (do not be afraid to lose!).

- "Thank you," Julia said, and began to rock her hips slightly towards me.

Feeling a crack in the ice, I started to move more actively. After dancing for about 5 minutes, letting her get used to me, I took her hand and dragged her on the stage, where there was a DJ, and dancing the bravest visitors of the club. In a few minutes, we danced together listening to the tracks of Armin van Buren. My hand was still on her waist, and as I approached, I pressed Julia more and more towards me. Leaning against me once more, I noticed her bright red lips, and, feeling a wild gust, immediately kissed her. Not expecting such a sharp step, the girl was trying to pull away from me, but feeling that I was holding her from behind, relaxed and continued the kiss. After that, we already touched each other in the dance for completely different places. Having stayed that scene for a while, in addition to the kiss, it is worth noting an important point. Being really very outwardly attractive, tanned, bright brunette, she attracted the attention of every man. But despite my presence, on the stage, twice, dudes approached her, and tried to take her away. To which I was strongly rebuffed and my cold: "She is with me" (principle 1 and partially 8). After that, I caught up with her. But despite this, dancing a few more minutes, Julia began to ask her friends, "because they can worry where she disappeared." Descending from the stage, she, holding my hand, led to the table of her friends. Letting go of it, I approached my boys. They were going to leave, but they gave me another 5 minutes. Approaching Julia's table, I saw that her friends are slowly going to leave. Taking her by the hand, I immediately blurted out:

- "And you're going to leave me? I stayed with you for so long, all the local beauties have seen me with you, and now you're going to leave me?"
 - "Mateo, I have to go, my friends are already leaving, one of my friends

is bad", she said. "I have to go with them."

- "Three of them, your friends will take her home." And you stay, we will make this night magical (what kind of nonsense I then said! Principle #4 in action!) - by attaching it to the waist, I clung to her lips.

Stroking her on the back, I felt her hands on her chest, touching her, she asked:

- "Do you work out at the gym?"

Without thinking for a long time, I lightly took her hand and put it on my groin. Stopping the kiss, Julia smiled, and without removing her hands asked:

- "How do you rate this?"
- I think you'll like not only my breasts firmly with a grin I squeezed her buttocks.
 - "Are you so impudent?"
- "Half an hour ago you repelled me, but nevertheless, now you hold my dick." I do not care "(principle 1, 8)

Smiling, Julia kissed me on the cheek:

- "I have to go ..."

At that moment I felt a push in the back, and as someone's hand took it and began to pull Julia to her. There was a key moment. The dude interfered with Julia's company and started to run into me, saying that they are leaving, and Julia is going with them. Not seconds without a bag, I closed it myself, and said that she would stay with me. The guy pushed me on the shoulder and said that they came together and will go away together, to which I told him that as she decides, so be it. I ignored his opinion. Turning, I looked inquiringly at the girl. I saw Julia's hesitation, as she looked at me and at him. At that moment I took her hand and whispered: "You know that you cannot leave now," feeling that the girlfriend is not bending over to his scales, the dude wanted to push me away from her, but then my friends approached him and said that he should let off steam. After calming down my boys, I looked at Julia, holding her hand. After pausing in 10 seconds, the girl told her friend that she would stay a little

longer, that they could go and that they should not be worried about her. To which he reacted with another jerk at me, I calmly pushed him away and said coldly: "She made her choice, she stays here." Having tasted a little, the dude returned to his girlfriends, Julia approached them and said goodbye to them to the exit. Despite the fact that she went out into the street, I was obsessed with the certainty that she would return. After 5 minutes, she was not there. Sitting at her table, I firmly decided to wait for her. My friends said that she will not return, and they left. Saying goodbye to them, I said that I would wait for her, I was sure that she would return. After waiting another 5 minutes, when the cup of patience has already begun to stagger, she still came:

- "Friends did not let go, could not escape..."
- "I respect your choice. And I like him", I told her, and immediately kissed her.

Left alone, I completely freed myself, let my hands go. I saw that she liked it, she responded, touched me wherever she wanted. "It's amazing," I thought, "but it all started against me. I could just walk away from her. At first, she did not give me a chance." After spending 15 minutes with her at the club, we drank a cocktail and on my offer to drink excellent French wine in my hotel, she answered: "with pleasure," thereby making my night from a failed start, just enchanting. Julia was very passionate, and did not disappoint my expectations about the Croatian girls. They were incredibly hot. Soon, my friends confirmed it:)

After that, when I came to Zagreb, Julia called me to her house for dinner, we drank wine, and relaxed. And I still remembered this incident for a long time. In fact, earlier I would leave from its first refusal. I punched her wall with my perseverance. Showing her his interest, I let her know that, that night I was her best alternative. I did not give a chance to any man in that club, and she appreciated it. I said that I wanted to, and I was not afraid to lose (frequent touches, and the moment with the groin). I found a way to eliminate the problem in the form of a friend (I was not focusing on failures) and the night I

took to myself. And most importantly, I got an incredible pleasure from the process, and even her friend's aggressive behavior could not provoke me to negativity and conflict. I did not want to lose what I wanted.

This story, friend, emphasizes the importance of the 8 principles I set out in this book. I came to each of them gradually, through the experience of failures and mistakes. I broke my comfort zone, only get close to understanding the truths that I systematized and shared with you in this book. In the complex, developed each of them, you will become an unequivocally more confident and free man. In the end, communication, dating and seduction of women will be for you a simple and natural experience. Therefore, friend, take these principles into service and use them right from today. You are a man, and worthy of having women that you like. Not everything will be easy. Nothing big does not happen only by positive emotions. But in due time I made a decision that changed me. The decision that helped me go through many difficulties, through my own fear and inability to communicate with women. And now, my experience through short key truths should help you to go this way easier and faster. And I'm sure you will succeed. Move!

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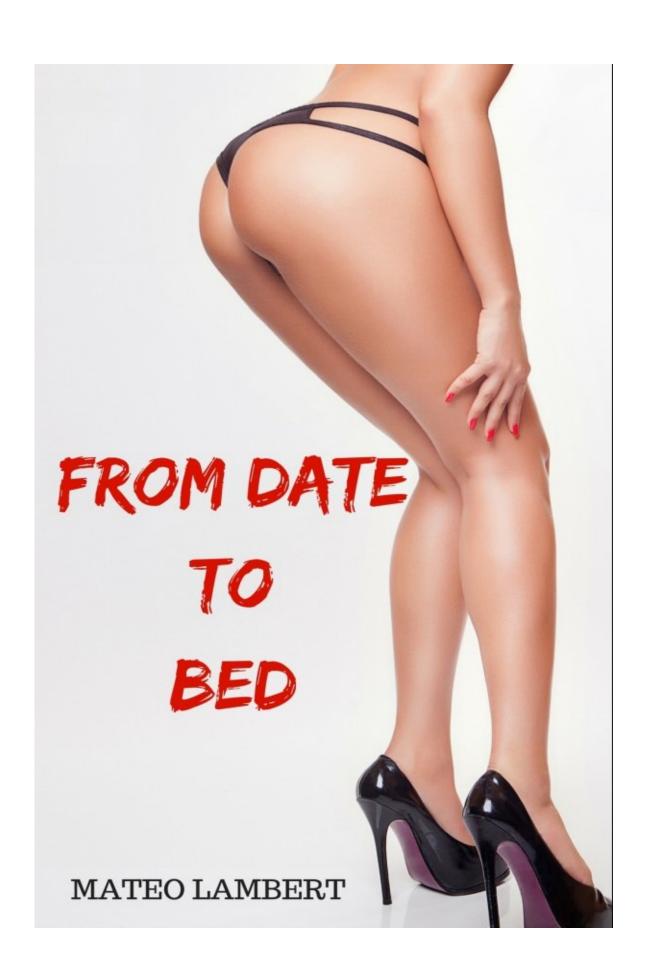
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"From Date to Bed: Dating Advice for Men How to Get a Girl to Like You and Seduce Her to Your Bed"

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Stage 1. Invitation of a Girl for a Date: A Place and Context.

Hello! Mateo is back in business. I hope you liked my first book «The 8 Most Practical Tips On How to Meet, Attract and Seduce Any Woman: How to Be Naturally Masculine and Interesting in Front of the Woman of Your Dreams» and you have learned the important principles of seducing girls and now you want more! That's right—this is the true desire of a real man.

This chapter will discuss one of the most important stages of dating and seducing girls - dating. The final result depends on the short period of time you spend with the girl. Personally, I singled out the rule of "two dates". This means that from the first meeting to the first time you have sex with a girl must have a MAXIMUM two dates. More is a waste of time, man! Unless, of course, you do not intend to start a serious relationship with this girl. Why only two? I realize that sometimes the first date can establish some kind of comfort with each other and there are many factors that can prevent you from dragging your girlfriend to bed on the first date. But if she agreed to hold another meeting with you ... then you only have to act and bring the matter to its logical conclusion. And believe me, the more you practice, the more successful your first dates will be.

So, you just saw a beautiful girl, approached her, and started to communicate. Everything is going well; you understand there is an interest between you. Now you must translate the acquaintance to the next stage - a date. You have two choices: either invite her right now or get her phone number and arrange the date later. As for me, to invite a girl right after meeting is the best way. If you invite her right away, and she agrees, then you can be sure she likes you. Often, there are situations where the girl is in a hurry up. This is quite normal since you appeared suddenly and unplanned. In that case, treat this with understanding and take her mobile number. I advise you not to call on the same day. Wait 1-2 days. Believe me, if she liked you, she won't forget you. On the contrary, call her

emotions of expectation and reflection. If you contact her in a few days, she will assume you do not have much interest in her. Thus, you will cause even more attraction.

Now I want to share my secret phrase for appointing a date in any situation. I invite a girl to meet and say: "We'll have a cup of coffee or we'll take a walk ... at worst, we'll remain friends." The phrase "in the worst case we will remain friends" conveys a huge message to the girl. First, I designate my direct intentions. Yes, I look at you as a woman; I do not want to just walk with you and be a friend. On the other hand, there is ease. I show that I do not attach too much importance to this meeting. In this phrase, you show your confidence and at the same time your relaxation.

Yes, confidence and ease - the main conditions for the appointment of a meeting and its conduct in the future.

Here are 3 basic rules for scheduling a date:

- 1. *Be confident in yourself.* Instead of starting or continuing the conversation with the phrase, "Would you like to go out with me on a date?" say, "Let's walk in the park."
- 2. Choose a specific place and date. Even before dating, even without knowing the girl's answer, you should know where and when you will go with her. It should be a place where you have been many times and feel comfortable. With each new acquaintance, there is a certain discomfort, and a little-known place for you can spoil everything.
- 3. Do not give much importance to the meeting. Do not invite a girl to a date as if it were a matter of life and death for you. If you are nervous and worried when inviting her, she will also experience it. Your invitation should sound like its normal for you. Thus, the woman will feel comfortable and at ease.

As I said, the first date is very important. The goal for a first date is to get closer, to achieve greater comfort in communication and to increase the degree of trust. Here are your priorities, so the options of where to invite the

girl on the first date must be chosen in accordance with this.

An excellent option, no matter how trite it sounds, is a cozy cafe. Due to the silence and coziness, you can communicate with the girl calmly, without external irritants, which will undoubtedly bring you closer and create more confidence. Due to the beautiful interior and convenience, you will add comfort and pleasant emotions to the communication. It is also easier to start using touch (in more detail, read about them in Stage 3).

If the weather is nice and warm, then you can invite a girl to walk around the park or around the city. Just do not forget to warn her in advance so she does not wear high heels, which would immediately convey a negative attitude. For this purpose, choose places which do not pass hundreds of people; try to choose a quiet route for a walk where it is possible to communicate quietly. The walk must not be too long or too quick for the necessary level of comfort. If you walk fast or for too long, the girl will get tired, and the comfort level will drop. If this happens, you can sit with the girl on a bench while walking and calmly continue to communicate, while resting.

Also, I personally use exhibitions of contemporary art. A cool choice is an erotic exhibition! Believe me, there will be enough comfort to start the necessary conversations that will only help your rapprochement.

In general, I advise you to try to change places as often as possible during the meeting. The meeting should look like an adventure, then it will be remembered and cause emotions, which are the key to victory.

Never invite a girl to a club or to a disco on the first date. Other unwanted options for the first date are concerts, cinemas, operas, and other places where you cannot communicate normally.

This is, perhaps, the simplest and most accessible option for inviting a first date. And believe me, you do not need more. You must understand that the most important thing is YOU! No super expensive restaurant or sunset by the sea will force her. Only your decisive actions, right words, and appropriate touches depend on whether this baby is yours today.

After reading my material, you might think it's very important to prepare seriously for a date. How do guys usually behave when they meet a girl? They worry, thinking about it all day. They think how to dress, how they will smell, what to talk about with her, and where to go. Then they put on a suit that they barely ever wear and get a perfume they've never used before. They do everything not to be themselves. Girls understand this, thinking that it is too important for the guy. This prevents you from seducing a girl

Stage 2. Having an Unbelievable Date. How to Behave on a Date to Enjoy the Process.

At the first stage, I told you more about the standard and general principles of dating. Now I will share how to cause exactly those emotions in the girl in order to bring her to your bed.

Yes! The main task on the date is to move on the emotional level of the girl. Many do not know this and allow typical mistakes that do not lead to anything other than wasting time.

Many people try to talk about themselves or learn something about the girl, using uninteresting personal information (study, work, hobbies). They think they're creating importance, talking about themselves and showing their value. On a logical level, the girl is really interested in you, but we need *emotions*. In this situation, on an emotional level, you are not moving forward. In addition, it does not create any comfort. Once again, we are chasing two things: comfort and attraction.

What do I propose to you?

- 1. Touch different emotions during the conversation. Often, when I'm dating, the girl does not know much about me, but as I touch on different emotions, I managed to create both comfort and attraction. Therefore, the girl should be embarrassed, amused, surprised, and even angry. Create an adventure, create romance. And when she feels as much emotion as possible, she will feel that she has known you longer because she will have so much to do with you. This will create both comfort and attraction. Each girl wants a man to stimulate her, in this case stimulated her emotions.
- 2. *Use physical dynamics*. Remember, you must lead and dictate the terms of the date. Visit one place, then go to another place, then another. It always creates some kind of adventure. Again, this speaks to her emotions.

- 3. The more places, the more adventures. The more adventures, the more emotions. This will create the feeling that the girl knows you pretty well already. And it is not necessary to invent something expensive or unusual. On the contrary, the simpler, the better. Show her your usual life. Here is an example of one of my last such visits: I told her I urgently needed to buy a present for my best friend's birthday, and we went to the mall where she advised me and helped choose a gift. It was like how a couple in love or a family shopped together in a store. After that, we drove to my grandmother to get the keys. Along the way, I almost run out of gasoline and I had to find a gas station urgently. At the end of this meeting, it was noticeable that we had become friends and it was much more comfortable for me. It seemed to her that we had already gone through much together.
- 4. *Include other girls in conversation*. You must show your high value to the girl for approval. It's important to demonstrate with your actions, not with words, that you have many women in general. Let the girl see how you can communicate with other girls, and how these girls calmly react to you. Begin to communicate with them, and come up with provocative questions. Another example from personal experience: I once sat with a girl in a cafe, and we were served by a waitress with large boobs. I asked the girl to ask the waitress what size her boobs were. The girl began to be embarrassed, saying that she had scruples. I replied that we should find out. When the waitress came up, I said, hugging the seated girl: "My wife claimed that you have a breast size. I'm here to say that the fifth and she is the fourth. Help us!" The waitress began to laugh; the girl also began to laugh. This increases the value in the eyes of the girl and, of course, contributes to the emotional level.
- 5. *Try to give negative emotions*. The fact is that, for most guys, talking to girls on dates, they often indulge the girls, agreeing to almost everything they say. "You like such concerts, and I like them, you love this music and me too." It's boring and predictable! It also does not cause any emotion. Many girls say later that this guy was ready for everything for me,

and it's boring. They want to fight for us, they want intrigue, a challenge. Try to repel the girl sometimes. It is important to do it in a playful manner so that she has to think about whether you are serious or playful. It can be shown that this date does not mean much to you. In a rather comic form, say you want to leave. Let her wonder whether this is true or a joke. Or, for example, be late for a date. By this, you will give the girl an emotional experience. Do not, of course, make her wait 20 minutes. I usually come in advance and wait near the venue. Then I dial and ask her if she's far. For example, she says she will be there in 15 minutes, then I answer that I'm driving up. Approaching the place of your meeting first, she often dials or writes, asking where you are. Sometimes I do not even take a phone. After waiting 5-6 minutes, seeing her from a distance, I approach.

- 6. Ask open-ended questions. I noticed that sometimes when you try to talk to a girl, the dialogue does not work. Think about what questions you ask most often, "How are you today?", "Where did you go to school?", "Where do you work?", etc. Well, if that's how you talk with a person, usually, the answers are the same: "Ok", "I study at the university", etc. Often the same uncomfortable pauses arise that simply destroy the comfort. Forget about these issues. Ask open-ended questions. As a rule, such questions begin with the words: "why", "how do you feel", or "what do you think about". Such questions provide an opportunity to develop a dialogue, and you have something to understand in order to guide it in the right direction.
- 7. Keep the situation under control. Sometimes I've seen a situation when a couple was walking in the park, and the girl is walking a little ahead. It felt like she was walking with a guy, and not he with her. Therefore, it is important to keep everything under your control. If you are walking in the park, then you determine the speed and direction of your movement. Go slowly, so the girl will relax, and feel more comfortable next to you. Lead her by the route that YOU choose. If you go to a cafe, then you also need to manage the situation. Choose the table where you will sit. Even more, choose the place

where the girl will sit. Just say, "Sit down here." Most guys spend their first date sitting at the table as if in business negotiations, opposite each other. This is a mistake. You must sit next to her to be near. It is also important to choose a place for the girl, from which the whole room is not visible. If she sits facing the room, she will be constantly distracted by passing people, thereby distracted from you. The main reason why you should sit next to a girl is she must get used to the fact that you are with her and that you can touch her.

I hope you have already understood that the main task for a date is to achieve comfort and attraction. The main tool for this is different emotions. Also, I still want to advise you on 9 non-trivial topics for a date. Just imagine how many times the girl has already interacted with different guys on the topic of study, work, her way of life, *etc*. When touching on these topics, if it turns out you do not stand out among most guys, you can seem boring.

- Her favorite movies
- Her favorite music
- Her favorite food
- Sports
- Developments
- Travels
- Animals
- ${\color{red} \bullet Clothing}$
- •Human qualities

If you see that the girl willingly communicates on these topics, then you can safely move on to deeper topics. You can ask: "What is love for you?" or "What was your first love?" Personally, my favorite question is: "What three wishes would you make if you caught a goldfish, but it turned out the fish only grants sexual wishes? »

Another method to diversify dates and make them more emotional - is games.

When on a date, if people come with a fine sense of humor, then the date

will be good. But there are times when a good mood turns into fatigue, and a sense of humor does not want to manifest at all. In such cases, I advise you to play different games, they always help excite the situation and release the girl.

20 questions. This game help you learn a lot about each other. The very essence of the game is that each of you can ask no more than 20 questions. The opponent can respond with only two words: yes, or no. This whole game is just interesting - you cannot put complicated questions here.

Tell us about the passerby. For this game, you need to sit comfortably in a crowded place and look at passers-by. When a suitable person passes, start to put forward guesses about his life. Pull out unrealistic guesses as much as possible in order to arouse the imagination.

Greet passers-by. In this game, you and your girlfriend choose the target audience (people over 30, or only women, etc.) with whom you will constantly greet and observe their reaction. This game will liberate you and the girl the most.

I never ... In this game you say the phrase "I never ..." and add an action. It can be something you never did or vice versa. For example, you say: "I have never kissed a man on the lips." You need to choose a drink, most often alcohol. If the girl did it, then she needs to take a sip of her drink. Then she says her own statement about what she never did. Try to ask questions of a more intimate nature, but not at the beginning. Let the girl relax, understand the essence of the game.

I also want to give you the answer to one of the most common questions: Who pays on the first date, you or her?

Personally, I am convinced that, on the first date, the man must pay. What is my belief is based on, you ask? I'm absolutely sure the beautiful girl

with whom you decided to go on a date does not exactly think to take advantage of you for the sake of a free cup of cappuccino or even a cappuccino with tiramisu, or perhaps a gorgeous dinner in an expensive restaurant. On the other hand, I'm sure most of the girls with whom you are on a date want to get this attention. And paying the bill at the restaurant gives this attention.

We must understand that the girl was brought up this way. For example, in any movie when a couple goes on a date. A man invites a woman to a restaurant and he pays the bill. She watched the same films. I am sure her mother or grandmother, told her many times that she is so beautiful and intelligent, and of course, men should do everything for her. Already ingrained in the girl's subconscious is that she does not need to pay for a cup of coffee on her first date.

To make the girl comfortable, and for her to feel this little attachment, you just have to do it.

It may not be important if you pay for the coffee or not. But no matter if you go to Starbucks or get a cup of coffee in an expensive restaurant, choose the option that is most comfortable for you. Most importantly, the one that is comfortable for the girl. If she sees that you have collected all your last money, rented an expensive suit, and you are in the most expensive restaurant in the city, she will definitely be uncomfortable. She will think that if the guy tried so hard, then she is much obliged to him. Therefore, choose the option that is comfortable for you. The place where you would go with a friend or family, where you often go. Then paying the bill is not difficult. The girl will see that you do this easily, for you it's a trifle. In that case, she will not have the feeling that she owes you. It will be the most comfortable option for you and for her.

But you need to understand that not all girls are the same. Perhaps all watched the same movies and moms all said the same thing, but 21st-century girls sometimes say: "No dear, we pay in half." These are independent girls who will not be comfortable if you pay for it. How to act in such situations? I'll give you a little trick that creates an ideal situation. Invite the girl to treat you

later. For example, to ice cream. Why is this the ideal option? Then this same girl, who is not comfortable with you completely paying the bill, gets a compromise. On the one hand, you really treated her to dinner and she was pleased, but on the other - you gave her the feeling that she does not owe you anything and it's as if you are on par. You give her the opportunity to do something for you. But it is still possible that the girl might insist very strongly that she must pay some of the bill. In this case, of course, you should not argue and make a problem. Let them pay and pass the situation and forgot about it.

Again, all this is to ensure the date is comfortable for you and the girl. You must feel the moment and make sure the girl does not feel uncomfortable, or a sense of duty to you. This is the foundation for a successful meeting.

Stage 3. How to Get Her Closer: Kisses and Touches.

Often, men feel very uncomfortable and awkward when it comes to moving from walks and socializing to the first touch and the first kiss. Some men complicate their lives so sophisticatedly that, instead of starting to touch the girl and narrowing the physical distance, they walk for hours in the park, begin to talk nonsense and convulsively worry if it is time to hug this girl, take her by the hand, or kiss her. After all, inside each of us, at the sight of a girl who we like, we instinctively want to touch her, draw her near, and master her. This is normal, my friend. This sexual attraction and instinct is the result of millions of years of evolution. Our desires often face imaginary barriers, speculation, and fears that arise in our head, which stop us from moving forward, dominating, and eventually mastering a woman. Let's try to understand what most men are afraid of. What stereotypes and conjectures arise in our head when we have the fleeting desire to touch a woman? From my experience, fear number one is a fear of being misunderstood; the unwillingness to be a sharply rejected by a girl. "How will she perceive it?", "Isn't it too early?", "Are we close enough to touch her?", "What if I do not like her enough?" are similar phrases that used to be in my head. We are afraid and insuring ourselves against the sharp negative from her side. We are afraid to get a sign that we are not good enough for her. After a time, after many women, and situations, I can say with certainty only one thing: the earlier you start those touches, the more chances you have for success. The quicker you have your first touch to her body, whether it's hand, waist, shoulders, or (why not?) the breast, the freer and more relaxed you will be from the very beginning.

The sooner you let her know your true intentions, the better. My advice to you, which is practically guaranteed, is to touch her at the very beginning of your date. Literally at the moment as you met, and you say "hello" to each other.

This moment is the most appropriate and a socially acceptable gesture will be an easy embrace, and a phrase in the spirit of "I'm so glad that you came" or "I'm very glad we met." The meaning of this is simple, but at the same time, lets her know from the very beginning - that for you it is absolutely normal. This is part of your nature. You do not attack her sexually from the very beginning, but just hug, just as you would treat any other person. This gesture automatically transfers the ball to your side, and the price of error in the future is greatly reduced.

Usually, after I hug the girl, and I say that I'm very glad to see her (believe me, such phrases are very pleasant to her), I take her hand, and say, "Well, let's go for a walk." And after you have held hands for half an hour, touching her hands will be absolutely natural and easy.

When we sit somewhere in a cafe or restaurant, I can put her head on my shoulder and say "I'm tired" and sit with her for a while. The key is that couples usually sit like this, and this gesture automatically takes you to this romantic state, when you relax, and open up to each other.

Sometimes, of course, there are situations when the girl reacts more coldly than you expected when you hug her. This is absolutely normal. In no case should you worry and think she does not like you. Some girls can be shy by nature and need more time to relax and let themselves feel comfortable with you. In this case, it is extremely important not to show that her cool and closed reaction has hurt you or confused you. Again, our task is to show from the very beginning that touching is an absolutely natural and normal thing for us, and we do not want to "paw" her, but tactile sensations are simply an integral part of us. In my experience, it takes 20 to 60 minutes from the beginning of a date for the girl to perceive the touches and openness as part of you, as something normal and comfortable. The only taboo at the very beginning is touching her "socially unacceptable" zones such as the breast, buttocks, or the inside of the thighs. Some girls react dramatically to this because their comfort zone and beliefs tell them this means they are available and allow everyone to take them. Usually, I'm

very careful with such touches and on the very first date, I cannot allow myself to rush it. However, I will be frank, there is a category of girls who yearn for this on their first date. And with a certain amount of experience and confidence in your abilities, it will not be a problem for you to see what is permitted to you by the reaction of girls. But if the experience is not enough, quick small touches to the girl will be a great success, and a demonstration of your desire to be closer to her. After all, if she came on a date, it would be foolish to believe she did not like you.

All people are primitive creatures. It's no secret that we are driven by instincts, emotions, sex, and flirtation with the opposite sex. Surely you, like me, have often watched a modest, shy girl turn into the most passionate and debauched lady of the evening, who is ready to sleep with the first man she catches. When I see this situation, and all my friends are surprised and point a finger at it, I just grin, and say, "She is doing absolutely normal things, man. Yes, most of the time she is guided by reason and controls herself, but she has the same instincts, which sooner or later come out, and draw her to the male. So calm down, or better yet, go and help her!"

Why do I write all this, you ask? Because touching, caressing, and other things that lovers do on dates - is the most obvious manifestation of the basic needs for affection and comfort. Stroking, light massage, and touching the skin has long been associated with our subconscious as comfort, intimacy, and safety. That's why some women love to cuddle or just hold hands with a man. They need to feel safe, protected, and cared for. Therefore, if the girl said in a conversation with you, or you read on her social networks phrases about "real men", "conquerors", "breadwinners" or something about the "stone wall", she definitely needs your touches, and this is exactly what she expects from you.

Such women can be strong and independent outwardly, at first glance. They can be fully secured, have a strong character, and even seem strict and imperious, but paradoxically, they need your caress and care the most. They need this unloading. It is important for her to know she can emotionally relax,

not think about her worries, and be a woman with you.

Therefore, if you think there are women who do not like touching or bodily proximity - know that this is only at first glance. She is simply strongly closed, and does not let her instincts go. With a smooth rapprochement, touching will give her incredible emotions. This is one of those weapons that will make her think of you several days after the date, and get a pleasant tremor in her body. She can think you were so good, and cannot even explain what exactly you got her into. The whole point is that you just hooked her awakened instincts of the female and gave her emotions which are necessary for every woman.

I have now dispelled most of the myths and fears in your head about touching women. In short, they want it, and they like it. For those who do not want to take risks on the first date, I recommend you limit yourself to "socially acceptable" touches: hug her at the beginning, hold her by the waist, lightly touch her shoulder, or walk around holding hands. This type of touch should not cause any discomfort or strange thoughts. The main thing to remember is to not wait long: many small touches during the meeting subconsciously give the girl comfort and addiction to you, which brings you closer to the cherished first kiss and more frank touch. Consider small, socially acceptable touches as a mandatory test, which shows the degree of her sympathy to you. If, for several hours, she reacts calmly to your touch, the girl is ready and she thirsts for you to kiss her and began rapprochement. Therefore, the earlier you show her you want to touch her, and the sooner she gets used to your hands on her body, the faster you will have sex. Take this as a rule, friend! When the first stage of small touches and getting used to each other is passed, further in the process of seduction there is a stage of touching certain parts of the woman's body in order to cause excitation. Despite the fact that men's touches, on the whole, excite and give women very pleasant emotions, there are certain places, touches, and caresses which give special sensations. They are usually called erogenous zones. Erogenous zones are special areas of skin on the human body to which sexual arousal occurs. There are such zones for every person, and we, of course, are

interested in women's erogenous zones. In my experience, I will highlight the following most common female erogenous zones:

- Ears. Bending over to kiss a woman, you should pay attention to her ears. Gently kissing the lobes of her ear, you can see how the girls enjoy it. The ear can be kissed, nibbled, or played with the tongue. The nerve endings in this exciting zone will not leave the girl indifferent.
- Neck. Most likely no one misses the neck and knows from books, films, and personal experience how important it is to pay attention to this erogenous zone. Women often turn a blind eye to the pleasure of gentle kisses on the neck. Frankly, light touches and kisses on the neck are one of the most powerful weapons, which work on even the most closed and clamped girls. One of my girlfriends said that she was sure nothing would be between us. And nothing would have happened ... if I had not started kissing her neck
- Shoulders. Stroking and, especially, kisses the shoulders cause the girl a strong sense of protection and care. With such kisses, the man shows his intentions. Not everyone is allowed to kiss the shoulders, only the beloved!

If a girl reacts positively to stroking and kissing her shoulders, you are given an almost guaranteed green light to get in her bed. Also, during caresses, moving from the neck to shoulders. It is worth kissing the girl between the clavicles; the hollow between them is a strong erogenous zone.

- Breasts. They must be touched, compressed (tenderly), and kissed. It is worth touching her nipples slowly and sensually, as there is a huge number of nerve endings there.
- Wrists. When a girl shows you her wrists, the hand lies demonstratively
 with her wrists in your direction. This is a sure sign that touching this part
 of her body will be especially pleasant. In practice, I noticed that some
 women like stroking and gentle touching, while there are women who love
 a ruder and imperious grip when you hold her tightly by the wrist.

Experiment and try.

- Inner part of the thigh. On the inside of the thigh, the skin is thinner than the rest of the body, and the touching of hands and fingers delivers a very pleasant sensation. Also, the inner part of the thigh is next to the genitals, and respectively touching this part of the body causes a very rapid arousal in a woman. I advise you to touch the crotch of a woman only when you have massaged and patted the inside of her thighs first.
- Back. The female back also loves caresses! The spine has a lot of nerve endings and excite the woman when a male caresses her there. This erogenous zone is not only one of the largest in size, caress is needed differently: higher up to the shoulders and lower down the back to the waist.
- Buttocks. The butt means a lot to a woman. Its roundness is always noticed by men. She always wants you to touch, squeeze, and sometimes slap her butt. Every woman wants her butt to be appetizing and evoke the desire and admiration of a beloved man. I have never met a woman who did not like it when, while activating the rest of the erogenous zones, you squeeze her buttocks. Usually, to enhance the effect, it is worth compressing the buttocks during a passionate kiss on the lips. Girls like it very much.

These are the main and most common erogenous zones. I'm sure every girl has her own features and erogenous points. Each girl is unique. It is worth experimenting. If you have little experience and do not know how to feel the girl, or do not know how to anticipate her desires and emotions, I advise you not to climb into the erogenous zones at the first meeting. Unskilled hands in an uncertain performance can only frighten a girl. But to be afraid of touching a girl, or to think it is something unnatural is also a mistake. The main thing is gradualness and determination. The main rule is to show the girl from the first minutes of the meeting that touching is quite natural for you, and you are pleased to do this. After a series of small touches, calmness and confidence will come,

and you will feel you can move on!

Stage 4. How to Take the Girl to Your Home and Spend a Mind-Blowing Night.

So, the first three steps on the way to bed have already passed. You understand how to invite a girl on a date, you know how to have a bright and spectacular adventure that will impress her, you are not afraid to touch her, go to rapprochement, and now it's time to talk about how to take her home and achieve what you want. Before going to specific advice, I would like to say there is no ideal moment to invite her to go home with you. Nobody knows, and I cannot say for sure whether a girl is ready or not to go to your home at the moment. Moreover, it is very difficult to predict whether you will have sex. But why am I telling you this? Not to demotivate you. On the contrary, when I disclose this truth, I want to tell you there is no ideal moment when she will be ready to move from a date to your home.

A lot of men, sitting with a girl in a cafe or elsewhere on a date, devote too much time to reflecting: "Can I invite her home now? Or is it too early?", "No, now is not the time, because we only kissed once!", "I'm not completely sure she likes me, she is unlikely to go to me." All this is a natural reflection of a man who does not have much experience seducing women. And such thoughts arise one way or another in each of us, so do not worry. From my experience, I learned one very simple and complex thing: You must prepare the ground.

I rarely manage to take girls home 15-20 minutes after I meet them. At the very beginning of my attempts, almost all the girls on my first date felt resented and categorically refused to go home with me. They were not ready; they did not feel comfort and trust in me, they knew the minimum of who I was, but they got a very categorical and straight question about whether they would like to go to my house. Funny and ridiculous, don't you think? Therefore, one of your main tasks during a date is to make the atmosphere absolutely trustful and

comfortable, and the offer to go home with you as something natural and absolutely normal.

You have to give her an absolutely innocent reason to go home with you and give it at the moment when she is feeling good with you, she reacts positively to your touch, and you see she is comfortable. At that point, offer to go home to try a new French wine and cheese, brought from Marseilles itself, not anything sharp or uncomfortable. Maybe initially she will not answer with consent, or even refuse you. But if certain actions are observed (I will tell you a little later), after one or two repetitions of this proposal, she will most likely agree, and will go home with you.

The bulk of girls who agree to go with a man on a date are subconsciously already ready to sleep with him. It is a fact. As practice shows, the main barrier is the girl's fear of being affordable.

You probably didn't start reading this book to learn how to communicate with smart girls or to become an incredibly witty conversationalist. I dare to assume that most readers are interested in how to conduct an emotional, bright meeting, take the girl home, and have sex. Therefore, confess this to yourself before the beginning of the date: you like this girl, she is sexually attractive, and you really want to sleep with her. After this, unconsciously arises that spark in the eyes, a playful smile, and a nonverbal craving for you as a male. This is our innate basic weapon, which is simply unforgivable not to use. Go ahead.

In a situation where you are not afraid to touch the girl, you are gradually getting closer to her, and you cause confidence, I can assume there is a certain comfort between you. This is an obligatory foundation for her consent to go home with you. But comfort is not enough. Balance between a gentleman and a man who creates comfort, which seems responsible, and which does not offend her, and the male leader who dominates her is important. These two entities seem completely incompatible, something very untypical for one person. But it is the manifestation of these two types that attracts women. The gentleman and the alpha male of those two roles excite the female consciousness and cause

them to surrender to our male temptation.

A self-confident man, who leads but shows he will not offend her, is a man to whom she reveals herself and surrenders easily. That balance is important. After all, how often do we see men fall into extremes: they behave too aggressively, sharply, and directly and frighten off girls; or they behave too malleable, gently, and vaguely, and do not cause sexual attraction in a girl. It is very important to understand that it is you who is responsible for the rapprochement, it is you who will kiss her, you will take her hand, you will be the first to shift the conversation into a more intimate and sexual wave, which she will enjoy. But at the same time, you can always take a step back. You're not going to act with her as with meat. In this case, she will not have too many doubts about staying with you alone, including at home. She will not be tense, and will not be afraid that you will pounce on her against her will, and offend her.

She will know you are a gentleman, you feel her emotions, and if she is uncomfortable, you can calmly take a step back. I would like to add the following: In order to cause comfort and to remove unnecessary doubt, you still need to think about what can cause her doubts. I sometimes almost literally climbed into her head, and assumed what might cause her doubts: "If I go to his house and I'm uncomfortable, how will I get home?", "How will I get there at night?" ," What if someone is at his house?" or "What if he does not like my clothes?" And so on. It is very desirable to know the answers for such basic questions related to her comfort and convenience (especially in your home) ahead of time and to anticipate doubts. When you tell her, for example, "Listen, we'll sit down, watch a movie, drink wine, and if it's too late, I'll call a taxi for you, because you need to work/study in the morning," you make a very strong gesture in her direction, and you remove the doubt in her head, in case she wants to go home, that this will not be a problem, and she will immediately leave. It is very important for the men themselves to initially compromise their ego and accept the fact she may become uncomfortable in your home. It can happen, and

it is important to accept this. After you mentally accept the probability of such an outcome, you give her this message that you are not fixated on dragging her to bed at any cost, and she will get that level of comfort, allowing her not to listen to her doubts, and go home with you. This is exactly that soil that allows you to take home most of the girls on the first or second date. I hope you heard my message, and you will take it into service as a very important psychological element of seduction.

We figured out the basic psychological tricks, and now let's move on to more concrete and practical steps of what to do.

During the meeting, it is very important to tell the girl that:

- You want it. To do this, you need to demonstrate your sexual desire to the girl but do not do it too forwardly or she might think you are weird, or worse, some kind of sexual maniac;
- You have everything ready at home demonstrate confidence in your behavior;
- She will feel safe in your company show tenderness;
- It is quite normal to invite girls home, even if you are on a first date;
- Your opinion about it does not change if she agrees or refuses.

Naturally, almost any girl can feel fearful or extremely uncomfortable when she is asked similar questions. In order to relieve her of any doubts or fears, you can use the following tricks:

- Before you go to catch a car, ask her to sit for a while. This will allow you
 to demonstrate to the girl that your goal is not just to take her home as
 soon as possible, but you like to talk with her and spend time with. This
 method will allow the girl to calm down and give her confidence;
- Distract her by talking about some other topic, *i.e.* you should try to distract the girl by telling her something interesting. The main thing the topic should be neutral, absolutely not related to sex.

Use a taxi or your car, the option of public transport can cause the girl stress. In addition, with public transport, you have to travel much longer,

sometimes deal with bad weather, and have people surrounding you who can hear your conversation.

After you have caught the taxi, immediately explain to the driver where you exactly need to go so that during the trip he does not distract you, and agree in advance about the price. On the way home, do not let the girl cool down - continue communication, take her hand.

When both of you are in the apartment, you can use another trick to dispel all doubts and fears - this is to leave the keys in the lock, pound them, and draw her attention to the place where they lie. Thus, you let the girl understand that if she does not like something, she can always leave.

How the events will proceed depends on you. However, so that the process of seduction is successful, when communicating and moving to your apartment, in no case should you do the following things:

- Talk about sex. The girl can perceive additional conversations about sex as
 if you are striving to get her unambiguous consent. This circumstance
 cannot play in your favor the girl will consider this a manifestation of
 weakness and inexperience, and she, of course, does not want to answer
 for everything, even if internally she has long said "yes";
- Do not to mention other girls in the conversation or say other girls would never have agreed to go home with you, but you respect her for agreeing.
 In this case, the girl will automatically begin to compare herself with others and may find that you perceive her as a girl of easy virtue;
- Show your joy about the fact she agreed to go to your home. For example, never call your friend and tell him a girl is coming to your house. So keep calm, keep talking to her, as it was before you got into the car;
- Do not leave her alone at your home, as soon as this happens, the girl can start thinking about the expediency of her act, or, even worse, that you are some kind of maniac. Even within a couple of minutes, the girl will easily come up with dozens of different pretexts so as not to stay at your house, so do not leave her alone pay maximum attention to her;

 Do not delay. Even if you haven't known the girl for more than an hour, if she is ready to go home with you, do not hesitate to take her to your place.
 Otherwise, there is a high probability she will think that you are a "nerd" and you will never see her again, so act swiftly and decisively.

So, you did everything calmly, confidently, and guided by the advice and principles written above, and she is at your place.

If you invite a girl under some pretext to your house, then this excuse should take place. To feed a parrot, for example, means the bird should be in the house. If you say you have a hookah and a large collection of tea at home, then do not be lazy and spend 50 bucks on all this and enjoy it. Nobody loves deceivers.

The bedroom should be tidied, and everything should lie in its place. Your house should not be like a bachelor's kennel. Prepare clean bed linens, or something romantic. Even clean white sheets are an excellent choice. Do not forget the music; the playlist must match. The importance of having condoms, lubricants, and other pleasures should be obvious.

Even when you are at home, the girl can still feel somewhat embarrassed and not fully relaxed. So you still have the task of supporting her COMFORT. From personal experience, I notice girls are very sensitive to your emotional state and how you feel. At the moment when you come home, if you just sit with her on the sofa, you'll look stupid and awkward – and she will feel awkward and uncomfortable too. And on the contrary, when you feel relaxed at home, show hospitality, and radiate comfort and trust - she immediately relaxes and feels cozier.

Accordingly, my advice, in this case, is to have a certain structure in advance, a certain "scenario" of your time together, especially for the first half an hour. One of the well-working scenarios, in my opinion, is the preparation of dinner. For most girls, cooking together is something interesting and romantic by itself, because when preparing food, you focus on one task, and somehow

emotionally come together. I usually turn on relaxing music, which causes a more relaxing atmosphere. 20, 30, or 40 minutes after the joint pastime, communication, and easy flirting, I throw firewood on the fire, and go for rapprochement: whisper something in her ear, pull her to me, kiss her, or pat her buttocks.

Such a momentary flash of passion with the background of general comfort and relaxation, will cause her excitement and very pleasant emotions. If she reacts openly and shows her willingness to go to your bedroom, safely take her hand and go to bed. However, sometimes, a girl can step back from the first such flash, despite all the comfort and pleasant sensations, and say she is not ready, or something like that. In that case, it's worth taking a step back, and as if nothing had happened, continue to engage in dinner or another affair. In no case pressure her, and do not force events, it will only show your obsession and need, which is not at all sexy. On the contrary, in this case, the game "closer-farther" will be a very effective method when you take a step back for a while, and communicate with her as if nothing had happened, but after a while, you make a new "flash" rapprochement, kissing her, caressing, and translating communication into a sexual context.

Sometimes such outbreaks need to be done more, sometimes less. With experience, you will learn to do this very easily and efficiently, and everything will happen intuitively. It is very important to keep the element of the game. Taking steps back without pouncing at her from the very beginning, you evoke intrigue for her. She'll feel more comfortable when she sees spending time together is a very pleasant time for you. The awareness is in her head, that being at your house, you can entice her into your bed. It is necessary to show that sex with her is only a logical conclusion of the whole meeting, the culmination of emotions and mutual desire, but certainly not your only goal.

Therefore, from the very beginning, think about what pastime at your home will be the most comfortable, and what will be the nicest for you to do together (except for sex). It is desirable that this is not something completely

passive like watching a movie, or looking at magazines because in this case, she can get bored, cool down, or completely switch mentally from you to the actor on the TV screen. Accordingly, it is best in the first half hour at your home to do something that requires communication and mutual involvement, something that will make both of you relax and give her the opportunity to get used to your territory, and the romantic context in your home.

As soon as you see she does not repel your kisses, and she reacts positively when you press her to yourself, lead her straight into the bedroom and do not delay. In advance, make sure the bed is clean, and there are no extraneous smells. As a rule, after a long romantic pastime, the girl opens and sometimes pounces on you herself. Whether to act smoothly or furiously surrender to passion - it's up to you. One thing is for sure - the night will be hot! Take action!

I hope and believe my advice will be useful to you. I really want you to use it and get results. Perhaps, the first time, everything won't work. That is natural. Before starting to feel completely free and comfortable, I went through a lot of awkward moments myself. But every time I was afraid to take a new step on a date and escape my comfort zone, I re-mastered myself and acted! Over time, I started to enjoy the very process of dating, and not just the final result.

You must understand that, in order to seduce a girl completely, the place, your clothes, or the very context on the date are unimportant. These are only additions, and all depend on YOU. Your words and confident actions - that's what determines success with a girl.