

Broccoli

A

1 2 3 4 2 3 4 1 3 4 1 2 4 1 2 3

B

4 3 2 1 3 2 1 4

C

2 1 4 3 1 4 3 2 1 2 3 4 2 3 4 1 1 1 1 2 3

D

4 3 2 1 3 2 1 4 2 1 4 3 1 4 3 2

25

Notes:
This is a useful exercise to work on 4 mallet permutations. At slower tempos, try to maintain independent motion of each mallet and be careful to avoid "teeter-totter" motion within each hand. At more moderate tempos, we will incorporate a double lateral stroke to reduce tension while still keeping each note at a full volume.