

Caring

CARING means to be nice to another.

CARING means being supportive and responsive to the needs of others with kindness and compassion.

LESSON 1

Read the meaning of **CARING**. Write the following four quotes on the board:

1. "There is more hunger for love and appreciation in this world than for bread." – Mother Teresa
2. "A smile is the light in your window that tells others that there is a caring, sharing person inside." – Denis Waitley
3. "Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around." – Leo F. Buscaglia
4. There is in the act of preparing, the moment you start caring.
– Winston Churchill

Ask students to select one of the quotes and tell how it applies to their every day life.

School/Home Link - Ask students to share their quote with a family member.

LESSON 2

Read the description of **CARING**. Read: **Sometimes when people are feeling down, they need a friend who CARES to cheer them up. Giving a CARE package lets someone know that you are thinking about him or her.** Tell students to think about a person they know who is feeling down. Brainstorm things that could be included in a care package to cheer the person up. Instruct students to list the items. If time allows, ask students to draw a picture of their CARE package. Display the pictures if possible.

School/Home Link - Tell students to give their drawing to the person who they thought about.

LESSON 3

Review the meaning of **CARING**. Read: **Shelia was a very outgoing person at her school. She was involved in many sports and clubs. Her classmates loved her upbeat personality. One day Shelia came to school and she did not talk to anyone. Several of her classmates joked with her and picked on her for being in a bad mood. The next day Shelia was not at school because her grandma had passed away the night before after being ill.** Have students suggest an alternative to this story. Have them rewrite it so that Shelia's classmates act in a caring way.

School/Home Link - Tell students to read their new caring story to a family member. Remind them to show expression as they read.

LESSON 4

Review the meaning of **CARING**. Emphasize that a caring person is a person who shares with others. Tell students they will solve a math problem to coincide with the theme of caring. Read: **Roxiana, a student in Mrs. Upshaw's class, lost her home in a fire. Even though all of her toys, clothes, and furniture were destroyed, she was thankful that her family was okay. Mrs. Upshaw's class held a bake sale to raise money to help her family. They raised 910 dimes, 1,695 pennies, 872 nickels and 617 quarters. They also collected five fifty-cent pieces and 27 one-dollar bills. How much did they collect?** Invite students to explain how they got their answer.

School/Home Link - Tell students discuss with a family member things they could do if someone they knew lost their home in a fire.

LESSON 5

Review the meaning of **CARING**. Emphasize that a caring person is kind and considerate. Ask the students to think about and to write a short paragraph describing a caring thing they did for someone. Remind students to use resources (dictionary, glossary, thesaurus) if needed and to write legibly. As time allows, have students read their sentences to another classmate.

School/Home Link - Tell students to ask a family member to describe a caring act that he or she did today.

Louisiana Content Standards and Grade Level Expectations

ELA-2-M6, ELA-4-M2, ELA-4-M4, ELA-4-M5 ELA-4-M7 ELA-7-M2, LA-1-M1, ELA-1-M4, ELA-7-M1, ELA-3-M, C1-A-M7, C1-B-M5