

# principal link

# SAFETY

### DAY 1

Good morning and welcome to *The Principal's Principles*. **SAFETY** means freedom from harm or danger. Safety consciousness means to be aware of your surroundings, to obey laws and rules, and to avoid doing risky things that puts yourself or others in danger. School safety rules like: *"No running in the halls,"* help keep people from getting hurt. Crossing guards make sure each student crosses the street safely every morning and afternoon. Remaining seated and facing forward on the school bus helps keep you safe on your ride to school. Thanks for following rules that make \_\_\_\_\_(school name) a safe place to learn. Make it a magnificent day!

# DAY 2

Good morning and welcome to *The Principal's Principles*. An important part of **SAFETY** is to avoid situations where danger might lurk. Have you ever heard someone say: "Play it safe"? It means: "don't take risks." Here are some ideas to help keep you safe: *When walking home from school, try to walk with friends. It's safer than walking alone and it's more fun as well! Wear helmets and protective gear when participating in any activity where you might fall or get hurt. When you go outside to play, tell your family where you'll be. Keep your doors locked when you are home alone. Make safe choices! Make it a terrific day!* 

# DAY 3

Good morning and welcome to *The Principal's Principles*. Today, I want to talk to you about **SAFETY** and strangers. A stranger is anyone that you don't know very well. Most strangers do not mean any harm, but unfortunately, there are some people in the world who want to hurt children. Here are some important ways to help you stay safe when trusted adults are not around: *Never play alone in deserted areas or outside at night. Don't get into a car with a stranger. Never tell a stranger your name, phone number or house address, including strangers you talk to online*. Play safe! Stay safe! Make it a wonderful day!

### DAY 4

Good morning and welcome to *The Principal's Principles*. As we continue our focus on **SAFETY** today, I want to teach you how to react if you are in danger. When you know what to do, you will feel more prepared and you can replace fear with confidence. If you feel threatened by someone, here are some ways to respond: \*If someone is trying to grab you, kick his or her legs and try to wiggle free. \*Yell to attract help. \*After you are safe, find a trusted adult and tell him or her what has happened. No one has the right to hurt you! Be strong! Make it a safe day!

### DAY 5

Good morning and welcome to *The Principal's Principles*. To ensure the **SAFETY** for all of us at \_\_\_\_\_(school name), we have fire drills to practice how to get everyone out of the building safely. What would you do if there were a real fire at your home? Each family should have a plan of escape. Ask a family member if your home has working smoke detectors and a fire extinguisher. Practice how you would crawl close to the floor, to keep from breathing any poisonous smoke, until you reached the closest exit. Safety is everyone's responsibility! Make it a fabulous and safe day!