



# CARING

## DAY 1

Good morning and welcome to *The Principal's Principles*. **CARING** means being supportive and responsive to the needs of others with kindness and compassion. A caring person thinks about the needs of others and tries to help them. See if you know who I am talking about in the following recent examples of caring that I have seen here at \_\_\_\_ (name school). I saw one student help a younger friend who had been hurt on the playground. I saw a student befriend a classmate who was standing alone at recess. Could I be talking about you? Show you care by treating others with kindness today. Students who care will make today a magnificent day!

## DAY 2

Good morning and welcome to *The Principal's Principles*. A part of **CARING** for others is understanding their feelings and treating them with compassion. Compassion is a tender feeling of sympathy and gentle treatment for another person. Think about how it would feel if you were a new student at \_\_\_\_ (school name). Maybe you would feel lonely, because you didn't have any friends. Maybe you would be worried about sitting alone at lunch. When you understand how another person feels, you can show that you care by being a kind and compassionate friend. Make it a terrific day!

## DAY 3

Good morning and welcome to *The Principal's Principles*. Here's a tricky question to start the day: What does **CARING** look like? If you were going to create a picture to illustrate caring, what would you draw? Maybe it would be a picture of a circle of friends that includes everyone in conversations and activities. It might be a picture of one student moving over to make room for another on the school bus seat. Both examples show caring, because they show students thinking of others. Find your own unique way to show you care today. Make it a wonderful day!

## DAY 4

Good morning and welcome to *The Principal's Principles*. Understanding another person's feelings is a part of **CARING**. Someone said: "**You can't understand another person until you walk in his shoes.**" Walking around all day in someone else's shoes could be very interesting! However, it does not actually mean to wear somebody's shoes, but rather, to think about what their life is like, so that you can understand what they need and feel. Pretend you are "walking in someone else's shoes," today, and see if it helps you understand him or her better. Make it a tremendous day!

## DAY 5

Good morning and welcome to *The Principal's Principles*. We usually cannot fix another person's problem, but we can make them feel better if we show a little TLC. That stands for "Tender Loving Care." Do you remember a time when you were younger and you fell down and scraped your knee? Did someone comfort you with kind words? The nice words didn't heal the wound, but the gentle care seemed to make you feel better. Look around today and see if there is someone you could help by offering a little **CARING**. Make it a fabulous day filled with TLC!