



## Sharing

**SHARING** means giving someone a portion of your time, talents, or possessions.

### Activity 1

Discuss the meaning of the word **SHARING** with your child. Explain that sharing means giving someone a portion of your time, talents, or possessions. Talk about opportunities to help people in our neighborhood and community by sharing things that we no longer need. Have your child help you find toys or clothes or household items around your house that are still in good shape, but that you no longer use. Then, donate them to someone in need.

### Activity 2

Teach your child that one gift everyone can share is TIME. Talk to your child about ways to share his or her time with family, friends, or someone in need. Ask your child to select one of the activities and help him or her set it into action. Ideas could include: Helping with chores, playing a game, reading a story, sharing dinner together, or just listening patiently. Share a snack just for fun.

### Activity 3

Help your child identify special gifts and talents he or she possesses. Find a way for your child to share these gifts. You could have him or her sing or play a song for you, draw a picture, tell you a riddle, or share something learned at school. Help him or her feel good about his or her abilities.

### Activity 4

Help your child name responsibilities around the house that can be shared. Think of as many as you can. Discuss the saying: Sharing helps lighten the load. Experiment by having your child try to hold something heavy by himself or herself. Then lift it together and compare how much easier it is when you helped. Encourage family members to share responsibilities. It will lighten the load for everyone.

### Activity 5

Explain to your child that not all things should be shared. Make a list of items that should NOT be shared with others and talk about why. Some examples include: your toothbrush (don't want to spread germs), answers on your test (cheating), something mean you heard about a person (gossip). In contrast, discuss how it feels to share things that help people.