



Students throughout the District are learning about character building through a weekly series of character-building lessons. Each lesson provides a **Home Link** and a **Community Link** to reinforce the daily classroom lesson. The **Home Link** is designed to foster meaningful communication among family members.

The *Community Link* is a proactive tool designed to heighten good character awareness and promote socially responsible behavior in the community. Each week focuses on the character quality presented in our elementary schools and provides ideas for your consideration.

## The Community Link

This week, our students are focusing on the quality of **NONVIOLENCE**. They are learning about:

- How to resolve problems through Conflict Resolution.
- Strategies to handle anger.
- About peaceful examples set by American leaders.

Please take the time to consider what this good character quality means to your own group or organization by sharing the following:

### NONVIOLENCE

is the practice of using peaceful means to solve a problem.

**Consider using this Community Link with your employees, membership or organization whenever possible.**

### What You Can Do!

- Encourage the youth of the community to practice nonviolence and peaceful conflict resolution as a way of life.
- Ask a youth why nonviolence is considered the weapon of the strong. Help him or her understand the power of peace.
- Post this quote by Cesar Chavez: "Nonviolence is not inaction. It is not discussion. It is not for the timid or weak...Nonviolence is hard work. It is the willingness to sacrifice. It is the patience to win."
- Food for thought: Does your group or organization have a policy in place that addresses violence among group members? If so, are all group members aware of it? What are three ways that your group or organization fosters conflict resolution among its members? What are three ways to promote peace in your group?
- Integrate the principle of NONVIOLENCE in your organization as often as possible.