

POSITIVE ATTITUDE

Week of September 13, 2010

DAY 1

Good morning and welcome to *The Principal's Principles*. A **POSITIVE ATTITUDE** means to look for something good in every situation. You have the power to decide how you think and act. No one can take that away from you. When life is hard, your positive attitude will help you find something to celebrate. Anne Frank was a young girl who suffered through many horrible experiences while she was hiding from German soldiers during World War II. Even though her life was difficult, she found ways to be positive and happy. She wrote, **"I don't think of all the misery, but of the beauty that still remains."** Be positive! Make it a magnificent day!

DAY 2

Good morning and welcome to *The Principal's Principles*. Being smart is very important and you should learn all you can here at _____ (school name). Your IQ measures how intelligent you are. Some people think it determines how successful you will be. I have a secret to share with you . . . having a **POSITIVE ATTITUDE** is more important to success than intelligence. Believing in your ability to accomplish a task gives you energy and strength to reach your goals. **"I CAN is more powerful than IQ."** Combine your positive "I CAN" attitude with great effort, and you will succeed! Make it a terrific day!

DAY 3

Good morning and welcome to *The Principal's Principles*. Your **POSITIVE ATTITUDE** has an impact on everyone around you. People who are upbeat and happy spread positive feelings of hope to others. Think of your positive outlook as the sun, which fills your day with light and warmth. Compare a negative attitude to a dark, stormy day filled with clouds. Bad moods and grumpy behavior bring gloom and sadness into a room. Use your cheerful words and bright smiles to chase away the gloom of a negative attitude and fill your life with sunshine! Make it a wonderful day!

DAY 4

Good morning and welcome to *The Principal's Principles*. Having a **POSITIVE ATTITUDE** is like wearing an inside smile. A warm smile from someone can chase away feelings of loneliness and make everyone feel welcome. Negative thinking turns your smile into a frown. It causes worries to multiply and confidence to disappear. **"The world is like a mirror; frown at it and it frowns at you; smile and it smiles too."** (Herbert Samuel) Share a kind smile with all you meet and watch as life smiles back at you. Make it a tremendous day!

DAY 5

Good morning and welcome to *The Principal's Principles*. A **POSITIVE ATTITUDE** helps you find something good in any situation. You have the power to decide when you wake up whether it will be a good day or a bad day. You can choose to be cross and unpleasant when life is going great or you can choose to be positive and happy even when things are difficult. **"Every day may not be good, but there's something good in every day."** Your positive attitude will motivate you to find joy and happiness wherever you go. Make it a fabulous day!