



LEADER LINKS

About the LEADER LINKS...

The Leader Link is a weekly message delivered via email to support character development, good citizenship and social responsibility. The Leader Links address the same character traits that our students focus on throughout the week. Each Leader Link provides a simple definition, an inspiring quotation, a thought provoking question and an action prompt to encourage you, your friends, associates or group to consciously incorporate each quality into daily living.

COURAGE

Definition:

COURAGE is the ability to face danger and find strength to overcome fear. People who have courage often attempt both physical and mental difficult feats. Help develop a common vocabulary by communicating the meaning of COURAGE through your daily actions.

Leader's Message:

We see courageous people every day in our lives. Firefighters, policemen and even teachers show courage every time they go to work. Courage is not only for the soldiers who brave the front lines. It is also in the minds and bodies of the people who are determined to live their lives with good character.

Food for thought:

Think about this quote by Dale Carnegie: *"Inaction breeds doubt and fear. Action breeds confidence and courage. If you want to conquer fear, do not sit home and think about it. Go out and get busy!"* And with that mantra, that little train got up the hill. Consider what this message means to you. Do you agree with it or not?

Action Prompt:

Courage cannot be shown by someone who doesn't know doubt! If you have never experienced doubt, you can't be courageous. If you have never known fear, you'll never know courage. Everyone at some time in his or her life has experienced both doubt and fear. Fear of the closet at night as a child. Doubt that they will fit in with a new class. These are situations that require courage! A person doesn't need to have fought in war to have experienced a courageous moment. Anytime you work past your fears and expel your doubts you have demonstrated your courageous side. Courageous people face their lives head on and welcome it. So put on your running shoes and head out the door courageously today!

**Dale Carnegie (1888 – 1955) American lecturer and author*