

DAY 1

Good morning and welcome to *The Principal's Principles*. This week, we are learning about the principle of **COURTESY**. Courtesy is being polite, using good manners, and showing consideration to others. A legend is told about a man who spread his expensive coat on top of a mud puddle, so that the Queen of England would not get her feet dirty. There are easier, and cleaner ways to show kindness than putting your coat in the mud. When you hold a door open for someone else, carry groceries for your neighbor, or help pick up spilled papers for a classmate, you are showing courtesy. Make it a magnificent day!

DAY 2

Good morning and welcome to *The Principal's Principles*. **"COURTESY is a small act, but it packs a big wallop."** Polite words have a powerful affect. It feels so good when someone simply smiles and says *"hello,"* or *"have a nice day."* You know lots of kind words that can make people feel happy. Today, I want you to focus on five fabulous phrases that always add a "wallop" of happiness whenever they are used. Count them as I tell you which phrases I hope to hear from everyone here at _____(school name). *"Please," "thank you," "you're welcome," "excuse me," and "I'm sorry"*. I'll be listening to see how often you can sincerely use these phrases today. Make it a terrific day!

DAY 3

Good morning and welcome to *The Principal's Principles*. **COURTESY** helps you solve problems and avoid hurting feelings. If you accidentally knock someone down on the playground, you can help him or her up and apologize. If you are invited to a party, but other students are not, you can be careful not to talk about it in front of them. If someone offers you food that you do not want, you can politely say, "no thank you". Remember . . . courtesy is kindness! Make it a wonderful day!

DAY 4

Good morning and welcome to *The Principal's Principles*. Using good manners when you eat shows **COURTESY**. When babies feed themselves, they spill food all over their clothes, and their trays often look like a finger-painting! As toddlers get older, they begin to learn how to eat properly. Eating properly means using the correct utensils, keeping your mouth closed when chewing, using a napkin and not sharing food. Remember to practice your manners in the cafeteria today. Encourage your classmates to do the same. It will be great to see everyone showing courtesy and good manners at the lunch table. Make it a tremendous day!

DAY 5

Good morning and welcome to *The Principal's Principles*. Do you know how **COURTESY** can make the world a healthier place? Listen as I give you two clues. (Make a coughing sound followed by an "ah-choo!") By covering your mouth when you cough or sneeze, you are preventing up to 100,000 little germs from flying all around the room. Rabbits, iguanas and even crocodiles sneeze -- but don't act like an animal. Always cover your mouth with a Kleenex, your arm, or your hand to avoid sharing your germs. Be sure to wash your hands and clean up after your cough or sneeze! Make it a fabulous day!