



Students throughout the District are learning about character building through a weekly series of character-building lessons. Each lesson provides a **Home Link** and a **Community Link** to reinforce the daily classroom lesson. The **Home Link** is designed to foster meaningful communication among family members.

The **Community Link** is a proactive tool designed to heighten good character awareness and promote socially responsible behavior in the community. Each week focuses on the character quality presented in our elementary schools and provides ideas for your consideration.

The Community Link

This week, our students are focusing on the quality of **SELF CONFIDENCE**. They are learning about:

- The importance of positive thinking in becoming self confident.
- Ways to help themselves and others to become more self confident.
- Various phrases to say to others to help build self confidence
- Reasons why self confidence helps people be successful.

Please take the time to consider what this good character quality means to your own group or organization by sharing the following:

SELF CONFIDENCE

is an awareness of and a positive outlook regarding one's ability to meet life's daily challenges.

Consider using this Community Link with your employees, membership or organization whenever possible.

What You Can Do!

- In your group or organization, ask yourself if your organization helps its members to encourage self-confidence in its members? For example, do you take the time to recognize acts of achievement and excellence by individuals who perform their jobs well and in a confident manner? How might building the self-confidence of your team's members lead to a better result overall in your day to day mission?
- As a group, take the time throughout the week to identify and acknowledge at least one trait or skill in each organization member that the person has demonstrated and therefore should be confident about. (Ex: organizational ability, problem solving skills, way of dealing with customers, strong work ethic, etc.)
- Post this quote by Ralph Waldo Emerson: "Self-trust is the first secret of success."

Food for thought: For example, do you take the time to recognize acts of achievement and excellence by individuals who perform their jobs well and in a confident manner? How might building the self-confidence of your team's member's lead to a better result overall in your day to day mission?

- Integrate the practice of SELF CONFIDENCE in your organization as often as possible.