



LEADER LINKS

About the LEADER LINKS...

The Leader Link is a weekly message delivered via email to support character development, good citizenship and social responsibility. The Leader Links address the same character traits that FBISD students focus on throughout the week. Each Leader Link provides a simple definition, an inspiring quotation, a thought provoking question and an action prompt to encourage you, your friends, associates or group to consciously incorporate each quality into daily living.

POSITIVE ATTITUDE

Definition:

ATTITUDE is the way someone thinks, feels and responds to situations. Attitude is a person's outlook on life. A POSITIVE ATTITUDE means that a person looks for good in every situation.

Leader's Message:

Attitude is a powerful thing. It is the one thing that a person can control that impacts success or failure, happiness or sadness, and peace within one's self.

Food for thought:

Over a century ago, William James* said: *"The greatest discovery of this generation is that a human being can alter their lives by altering their attitude."* Think about how this quote applies in today's modern world, and how it applies to your life today.

Action Prompt:

Positive attitude brings optimism into your life, and makes it easier to avoid worry and negative thinking. If you adopt it as a way of life, it will bring constructive changes into your life, and make them happier, brighter and more successful. With a positive attitude you see the bright side of life, become optimistic and expect the best to happen. It is certainly a state of mind that is well worth developing and strengthening. If it is strong enough, it becomes contagious. Create the best life you possibly can, one day at a time. Begin today.

**William James (1842-1910) was a pioneering American psychologist and philosopher who was trained as a medical doctor.*