



LEADER LINKS

About the LEADER LINKS...

The Leader Link is a weekly message delivered via email to support character development, good citizenship and social responsibility. The Leader Links address the same character traits that our students focus on throughout the week. Each Leader Link provides a simple definition, an inspiring quotation, a thought provoking question and an action prompt to encourage you, your friends, associates or group to consciously incorporate each quality into daily living.

CARING

Definition:

CARING means to support and respond to the needs of others with kindness and compassion. A caring person is aware of the needs of others and seeks a way to help them. Help develop a common vocabulary by communicating the meaning of CARING through your daily actions.

Leader's Message:

A caring person is empathetic, meaning sympathetic and understanding. Taking time to understand how another person feels helps you to care for them. You may not solve that person's problem or situation, but by showing you care, you make the burden less heavy.

Food for thought:

Think about this quote by Leo Buscaglia*: *"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment or the smallest act of caring, all of which have the potential to turn a life around."* Consider what this means to you. Do you agree with it or not?

Action Prompt:

Purpose your day with caring acts. It's easy to go about the day simply getting things done and cleaning up problems. Slow down and set the intention to go about your day with a caring heart. Open doors for people, write letters to family members or even simply smile at someone. When you take the time to show you care, you spread happiness. That happiness is bound to come back to you two-fold! When you show others you care, they'll care for you right back.

**Leo Buscaglia (1924 – 1998) was a professor, motivational speaker and author.*