



LEADER LINKS

About the LEADER LINKS...

The Leader Link is a weekly message delivered via email to support character development, good citizenship and social responsibility. The Leader Links address the same character traits that our students focus on throughout the week. Each Leader Link provides a simple definition, an inspiring quotation, a thought provoking question and an action prompt to encourage you, your friends, associates or group to consciously incorporate each quality into daily living.

KINDNESS

Definition:

KINDNESS means to be gentle and generous to others. People who are kind impart harmony and support to others. Help develop a common vocabulary by communicating the meaning of KINDNESS through your daily actions.

Leader's Message:

Kindness involves being sensitive to the needs of others. We can improve the lives of the people around us with a simple act of kindness each day. Your kindness just might be the thing that turns a bad day into a brilliant one for someone else.

Food for thought:

Think about this quote by Aesop*: *"No act of kindness, no matter how small, is ever wasted."* Consider what this means to you. Do you agree with it or not?

Action Prompt:

Make kindness your character! Have you ever heard someone say, "He's such a character!"? They are saying that something about a person stands out and makes him memorable. Make kindness a part of what designates YOU as a character of goodness and generosity. It doesn't take a lot of work to be kind. Recognizing others' good works and efforts, giving someone positive words or just being an excellent listener will mark you as a Kind Character.

Kindness should not be mistaken for weakness. It takes much more strength and energy to be kind to someone who pushes your buttons than it does to argue. Be the bigger person when you are involved in a conflict and it will be your kind resolve that will be remembered.

**Aesop (620 BC – 560 BC) Greek fable writer*