

TRUSTWORTHINESS

DAY 1

Good morning and welcome to *The Principal's Principles*. This week we are focusing on the principle of **TRUSTWORTHINESS**. Trustworthiness means being honest, reliable, and truthful. Trust is earned one honest act at a time. Just like coins add up in a bank account, your trustworthiness is increasing with each honest action. When you keep a promise, tell the truth, and return what you borrow, you are earning trust. Each time you follow the rules or accept responsibility for your behavior, you are showing that you are someone that others can count on. Be honest. Do what you say you will do. Make it a magnificent day!

DAY 2

Good morning and welcome to *The Principal's Principles*. Being **TRUSTWORTHY** means that you do not lie, cheat, or steal. Imagine trust as a tall tower made from blocks of wood. Each block represents an honest action. After awhile, you will have built a tall, steady tower of trust. Cheating, stealing, or telling even a little lie would be like taking one of the bottom blocks away. After a few blocks are removed, the tower will be too wobbly to stand and will fall down with a crash. Keep your tower of trust on a firm foundation by being honest. Make it a terrific day!

DAY 3

Good morning and welcome to *The Principal's Principles*. Learning to **TRUST** can help you have the courage to learn new skills. One day, I watched a father teach his little girl how to swim. She was afraid to jump in the water. Her dad held his arms out to catch her and said, "Don't worry, I promise to catch you." Even though she was still a little frightened, she trusted her father, and jumped into the water. Her father caught her over and over again, until she learned to swim. Her trust in her father helped her overcome her fear. Be grateful for trustworthy people in your life who help you learn and grow. Make it a wonderful day!

DAY 4

Good morning and welcome to *The Principal's Principles*. You can count on **TRUSTWORTHY** people to keep their promises. When you tell someone you are going to do something, you are actually making a promise. If you tell your friend that you will meet him or her after school, but don't show up, you are unreliable. If you tell your friend you will share your candy bar, and then actually do it, you are dependable. Be trustworthy in small things, and people will be able to trust you with big things. Think carefully before making a promise. Don't make a promise that you know you cannot or should not keep! Make it a tremendous day!

DAY 5

Good morning and welcome to *The Principal's Principles*. Being **TRUSTWORTHY** is an important part of growing. To be "worthy" of trust means that you deserve it or have earned it. In school, if you spell the words on your spelling test correctly, you will earn a good grade. In life, if you consistently tell the truth and do good things, you will earn trust. Be a person who can be counted on to do what is right! Make it a fabulous day!