

# DAY 1

Good morning and welcome to *The Principal's Principles*. This week, we will be focusing on **SPORTSMANSHIP**. Sportsmanship means to play fair, show respect for opponents, and behave courteously whether winning or losing. No matter what the final score is, good sports are champions. When you feel your competitive energy firing up, let it motivate you to work harder and do your best. You can feel good about your accomplishments, continue to improve your skills, and have fun in every game or competition. Make it a magnificent day!

# DAY 2

Good morning and welcome to *The Principal's Principles*. **SPORTSMANSHIP** means showing respect for your opponent, teammates, and coaches. Never laugh at someone who makes a bad play, blame others for your mistakes, throw tantrums, taunt other players, or intentionally hurt someone. Negative behavior takes all the fun out of the game. Respect your opponents, encourage your teammates, and listen to your coaches. Appreciate a good play, no matter which team makes it. Make it a terrific day!

# DAY 3

Good morning and welcome to *The Principal's Principles*. **SPORTSMANSHIP** means being courteous to others when you lose. Winning and losing are part of every game, so you need to know how to do both. Even though you are discouraged, do not blame others by complaining that the referee was horrible or the other team cheated. Sulking, arguing, or losing your temper makes everyone miserable. Instead, congratulate the other team and focus on your own improvement. Be a good sport! Make it a wonderful day!

### DAY 4

Good morning and welcome to *The Principal's Principles*. **SPORTSMANSHIP** means being courteous to others, especially when you win. Babe Didrikson Zaharias was a talented athlete who excelled in many sports, including baseball, basketball, track, and golf. She said, "**To me good sportsmanship is just as important as winning . . . If you win through bad sportsmanship, that's no real victory.**" You should not brag and strut around after you make a good play – let your skill do the talking for you. It's fun to cheer and celebrate when you win, but always be considerate of how the other team feels. Congratulate them for playing a "good game". Play your best, play fair, and have fun. Make it a tremendous day!

# DAY 5

Good morning and welcome to *The Principal's Principles*. **SPORTSMANSHIP** is very important when you are part of a team. Your team is depending on you to do your share and play your best. Get plenty of rest and you will have energy and be focused. Practice hard and you will be prepared for games. Cooperate with team members and your team will be stronger. Share the spotlight; don't hog the ball or try to control every play. Respect the directions of your coach or leader. Be the kind of team member who contributes positively. Make it a fabulous day!