



Students throughout the District are learning about character building through a weekly series of character-building lessons. Each lesson provides a **Home Link** and a **Community Link** to reinforce the daily classroom lesson. The **Home Link** is designed to foster meaningful communication among family members.

The *Community Link* is a proactive tool designed to heighten good character awareness and promote socially responsible behavior in the community. Each week focuses on the character quality presented in our elementary schools and provides ideas for your consideration.

The Community Link

This week, our students are focusing on the quality of **GRATITUDE**. They are learning about:

- Things for which they are thankful.
- Things that are often taken for granted.”
- Reasons to write a “thank you” note.

Please take the time to consider what this good character quality means to your own group or organization by sharing the following:

GRATITUDE

means being thankful for someone or something.

Consider using this Community Link with your employees, membership or organization whenever possible.

What You Can Do!

- Help the youth of the community understand how to give and receive compliments. Show them the way and offer plenty of opportunities for practice.
- Express gratitude! A gesture of gratitude can make someone's day. Smile and say “thank you” whenever you can.
- Within your organization, how do you earn the gratitude of your members, coworkers or employees? Does your group, in turn, recognize and thank members for their contributions toward your common goals?
- Food for thought: Are you in the habit of saying “thanks”? When was the last time that someone thanked you for something that you did for them? How did that acknowledgement make you feel? Who or what are you the most grateful for? If possible, communicate your thanks to those who have had a part in earning your gratitude, ie. parents, teachers, spouse.
- Integrate the principle of GRATITUDE in your organization as often as possible.