Frequency	Code	Response	Variable Name	Type/ Length

Section 3: General Health

Section 3 is about health and safety. In terms of illness, it focuses on symptoms rather than diagnoses. Questions also touch on nutrition and weight control, use of health services, safety behaviors such as seatbelt use, perceived risk, and sleep habits. The section is administered to all respondents.

The next set of questions are about your overall health and safety.

Frequency	Code	Response	Variable Name	Type/Length
1.	In general, how is your health? Would you say...		**H1GH1**	num 1
5835	1	excellent		
8096	2	very good		
5308	3	good		
1374	4	fair		
107	5	poor		
13	6	refused		
13	8	don't know		
1a.	Do you have difficulty using your hands, arms, legs, or feet because of a physical condition that has lasted for the past twelve months or more?		**H1GH1A**	num 1
7649	0	no		
270	1	yes		
11	6	refused		
12804	7	legitimate skip		
12	8	don't know		
	[Hand R show card 2.] Please tell me how often you have had each of the following conditions in the past 12 months.			
2.	How often have you had a headache?		**H1GH2**	num 1
1966	0	never		
12978	1	just a few times		
4320	2	about once a week		
1251	3	almost every day		
207	4	every day		
13	6	refused		

Frequency	Code	Response	Variable Name	Type/ Length
11	8	don't know		
3.		feeling hot all over suddenly, for no reason	**H1GH3**	num 1
12639	0	never		
6618	1	just a few times		
965	2	about once a week		
372	3	almost every day		
125	4	every day		
14	6	refused		
13	8	don't know		
4.		a stomach ache or an upset stomach	**H1GH4**	num 1
2866	0	never		
14174	1	just a few times		
2973	2	about once a week		
588	3	almost every day		
117	4	every day		
13	6	refused		
15	8	don't know		
5.		cold sweats	**H1GH5**	num 1
16312	0	never		
3859	1	just a few times		
377	2	about once a week		
113	3	almost every day		
50	4	every day		
13	6	refused		
22	8	don't know		
6.		feeling physically weak, for no reason	**H1GH6**	num 1
11298	0	never		
7547	1	just a few times		

Frequency	Code	Response	Variable Name	Type/ Length
1404	2	about once a week		
359	3	almost every day		
110	4	every day		
13	6	refused		
15	8	don't know		
7.		a sore throat or a cough	**H1GH7**	num 1
3967	0	never		
14652	1	just a few times		
1593	2	about once a week		
404	3	almost every day		
102	4	every day		
13	6	refused		
15	8	don't know		
8.		feeling very tired, for no reason	**H1GH8**	num 1
8273	0	never		
8066	1	just a few times		
2802	2	about once a week		
1150	3	almost every day		
425	4	every day		
14	6	refused		
16	8	don't know		
9.		painful or very frequent urination (or peeing)	**H1GH9**	num 1
17902	0	never		
2272	1	just a few times		
265	2	about once a week		
171	3	almost every day		
99	4	every day		
17	6	refused		

Frequency	Code	Response	Variable Name	Type/ Length
20	8	don't know		
10.		feeling really sick	**H1GH10**	num 1
10398	0	never		
9532	1	just a few times		
608	2	about once a week		
141	3	almost every day		
39	4	every day		
15	6	refused		
13	8	don't know		
11.		waking up feeling tired	**H1GH11**	num 1
3868	0	never		
8425	1	just a few times		
3881	2	about once a week		
3042	3	almost every day		
1504	4	every day		
15	6	refused		
11	8	don't know		
12.		skin problems, such as itching or pimples	**H1GH12**	num 1
5089	0	never		
9290	1	just a few times		
3456	2	about once a week		
1650	3	almost every day		
1228	4	every day		
15	6	refused		
18	8	don't know		
13.		dizziness	**H1GH13**	num 1
12578	0	never		
6642	1	just a few times		

Frequency	Code	Response	Variable Name	Type/Length
1041	2	about once a week		
347	3	almost every day		
109	4	every day		
15	6	refused		
14	8	don't know		
14. chest pains			**H1GH14**	num 1
15257	0	never		
4610	1	just a few times		
638	2	about once a week		
167	3	almost every day		
47	4	every day		
15	6	refused		
12	8	don't know		
15. aches, pains, or soreness in your muscles or joints			**H1GH15**	num 1
4453	0	never		
10757	1	just a few times		
3950	2	about once a week		
1181	3	almost every day		
375	4	every day		
16	6	refused		
14	8	don't know		
If R is female, ask Q.16. 16. cramps during your menstrual period			**H1GH16**	num 1
1980	0	never		
5636	1	just a few times		
1117	2	about once a week		
1116	3	almost every day		
611	4	every day		
10	6	refused		

Frequency	Code	Response	Variable Name	Type/ Length
10266	7	legitimate skip		
9	8	don't know		
1	9	not applicable		
17. poor appetite			**H1GH17**	num 1
11384	0	never		
6572	1	just a few times		
1830	2	about once a week		
688	3	almost every day		
240	4	every day		
16	6	refused		
16	8	don't know		
18. trouble falling asleep or staying asleep			**H1GH18**	num 1
8649	0	never		
7191	1	just a few times		
2816	2	about once a week		
1489	3	almost every day		
572	4	every day		
16	6	refused		
13	8	don't know		
19. trouble relaxing			**H1GH19**	num 1
10995	0	never		
6604	1	just a few times		
1916	2	about once a week		
853	3	almost every day		
349	4	every day		
15	6	refused		
14	8	don't know		
20. moodiness			**H1GH20**	num 1

Frequency	Code	Response	Variable Name	Type/ Length
4502	0	never		
9077	1	just a few times		
4528	2	about once a week		
1699	3	almost every day		
886	4	every day		
17	6	refused		
37	8	don't know		
21. frequent crying			**H1GH21**	num 1
14283	0	never		
5054	1	just a few times		
994	2	about once a week		
280	3	almost every day		
104	4	every day		
18	6	refused		
13	8	don't know		
22. fearfulness			**H1GH22**	num 1
11571	0	never		
7779	1	just a few times		
902	2	about once a week		
321	3	almost every day		
140	4	every day		
17	6	refused		
16	8	don't know		
23. What do you usually have for breakfast on a weekday morning?				
milk			**H1GH23A**	num 1
9024	0	not marked		
11697	1	marked		
14	6	refused		

Frequency	Code	Response	Variable Name	Type/Length
11	8	don't know		
coffee or tea			**H1GH23B**	num 1
19415	0	not marked		
1306	1	marked		
14	6	refused		
11	8	don't know		
cereal			**H1GH23C**	num 1
10338	0	not marked		
10383	1	marked		
14	6	refused		
11	8	don't know		
fruit, juice			**H1GH23D**	num 1
13697	0	not marked		
7024	1	marked		
14	6	refused		
11	8	don't know		
eggs			**H1GH23E**	num 1
17092	0	not marked		
3629	1	marked		
14	6	refused		
11	8	don't know		
meat			**H1GH23F**	num 1
18340	0	not marked		
2381	1	marked		
14	6	refused		
11	8	don't know		
snack foods			**H1GH23G**	num 1
19257	0	not marked		

Frequency	Code	Response	Variable Name	Type/ Length
1464	1	marked		
14	6	refused		
11	8	don't know		
bread, toast, or rolls			**H1GH23H**	num 1
13232	0	not marked		
7489	1	marked		
14	6	refused		
11	8	don't know		
other items			**H1GH23I**	num 1
18145	0	not marked		
2576	1	marked		
14	6	refused		
11	8	don't know		
nothing			**H1GH23J**	num 1
16503	0	not marked		
4218	1	marked		
14	6	refused		
11	8	don't know		
24. When did you last have a physical examination by a doctor or nurse?			**H1GH24**	num 1
13836	1	less than a year ago		
4477	2	1 to 2 years ago		
1839	3	more than 2 years ago		
453	4	never		
19	6	refused		
121	8	don't know		
1	9	not applicable		
25. When did you last have a dental examination by a dentist or hygienist?			**H1GH25**	num 1

Frequency	Code	Response	Variable Name	Type/Length
13562	1	less than a year ago		
4140	2	1 to 2 years ago		
2419	3	more than 2 years ago		
542	4	never		
15	6	refused		
67	8	don't know		
1	9	not applicable		
26. Has there been any time over the past year when you thought you should get medical care, but you did not?			**H1GH26**	num 1
16515	0	no *[skip to Q.28]*		
4191	1	yes		
15	6	refused *[skip to Q.28]*		
25	8	don't know *[skip to Q.28]*		
27. *[Hand R show card 3.]* What kept you from seeing a health professional when you really needed to? If there was more than one reason, choose more than one answer.				
didn't know whom to go see			**H1GH27A**	num 1
3830	0	not marked		
354	1	marked		
2	6	refused		
16555	7	legitimate skip		
5	8	don't know		
had no transportation			**H1GH27B**	num 1
3813	0	not marked		
371	1	marked		
2	6	refused		
16555	7	legitimate skip		
5	8	don't know		
no one available to go along			**H1GH27C**	num 1
4002	0	not marked		

Frequency	Code	Response	Variable Name	Type/ Length
182	1	marked		
2	6	refused		
16555	7	legitimate skip		
5	8	don't know		
parent or guardian would not go			**H1GH27D**	num 1
3711	0	not marked		
473	1	marked		
2	6	refused		
16555	7	legitimate skip		
5	8	don't know		
didn't want parents to know			**H1GH27E**	num 1
3672	0	not marked		
512	1	marked		
2	6	refused		
16555	7	legitimate skip		
5	8	don't know		
difficult to make appointment			**H1GH27F**	num 1
3822	0	not marked		
362	1	marked		
2	6	refused		
16555	7	legitimate skip		
5	8	don't know		
afraid of what the doctor would say or do			**H1GH27G**	num 1
3504	0	not marked		
680	1	marked		
2	6	refused		
16555	7	legitimate skip		
5	8	don't know		

Frequency	Code	Response	Variable Name	Type/Length
		thought the problem would go away	**H1GH27H**	num 1
1578	0	not marked		
2606	1	marked		
2	6	refused		
16555	7	legitimate skip		
5	8	don't know		
		couldn't pay	**H1GH27I**	num 1
3609	0	not marked		
575	1	marked		
2	6	refused		
16555	7	legitimate skip		
5	8	don't know		
		other	**H1GH27J**	num 1
3822	0	not marked		
362	1	marked		
2	6	refused		
16555	7	legitimate skip		
5	8	don't know		
28.		How do you think of yourself in terms of weight?	**H1GH28**	num 1
439	1	very underweight		
3111	2	slightly underweight		
10663	3	about the right weight		
5706	4	slightly overweight		
786	5	very overweight		
16	6	refused		
25	8	don't know		
29.		Are you trying to lose weight, gain weight, or stay the same weight?	**H1GH29**	num 1
7101	1	lose weight		

Frequency	Code	Response	Variable Name	Type/Length
4071	2	gain weight *[skip to Q.31]*		
7106	3	stay the same weight		
2437	4	not trying to do anything about weight *[skip to the text before Q.32]*		
15	6	refused		
16	8	don't know		

30. During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? *[Read list and code all that apply.]*

		dieted	**H1GH30A**	num 1
11438	0	not marked		
2771	1	marked		
16	6	refused		
6508	7	legitimate skip		
13	8	don't know		

		exercised	**H1GH30B**	num 1
5151	0	not marked		
9058	1	marked		
16	6	refused		
6508	7	legitimate skip		
13	8	don't know		

		made yourself vomit	**H1GH30C**	num 1
14161	0	not marked		
48	1	marked		
16	6	refused		
6508	7	legitimate skip		
13	8	don't know		

		took diet pills	**H1GH30D**	num 1
14071	0	not marked		
138	1	marked		
16	6	refused		

Frequency	Code	Response	Variable Name	Type/ Length
6508	7	legitimate skip		
13	8	don't know		
took laxatives			**H1GH30E**	num 1
14169	0	not marked		
40	1	marked		
16	6	refused		
6508	7	legitimate skip		
13	8	don't know		
other			**H1GH30F**	num 1
13686	0	not marked		
523	1	marked		
16	6	refused		
6508	7	legitimate skip		
13	8	don't know		
none			**H1GH30G**	num 1
10273	0	not marked		
3936	1	marked		
16	6	refused		
6508	7	legitimate skip		
13	8	don't know		
Skip to the text before Q.32.				
31. During the past seven days, which of the following things did you do in order to gain weight or to build muscle? *[Read list and code all that apply.]*				
dieted			**H1GH31A**	num 1
3561	0	not marked		
509	1	marked		
16675	7	legitimate skip		
1	8	don't know		
exercised			**H1GH31B**	num 1

Frequency	Code	Response	Variable Name	Type/ Length
2104	0	not marked		
1966	1	marked		
16675	7	legitimate skip		
1	8	don't know		
lifted weights			**H1GH31C**	num 1
2033	0	not marked		
2037	1	marked		
16675	7	legitimate skip		
1	8	don't know		
took food supplements			**H1GH31D**	num 1
3542	0	not marked		
528	1	marked		
16675	7	legitimate skip		
1	8	don't know		
other			**H1GH31F**	num 1
3717	0	not marked		
353	1	marked		
16675	7	legitimate skip		
1	8	don't know		
none			**H1GH31G**	num 1
3504	0	not marked		
566	1	marked		
16675	7	legitimate skip		
1	8	don't know		
Think about all the food you ate yesterday, including meals and snacks at home, at school, at restaurants, and anywhere else.				
32. How often did you drink milk, or eat yogurt, or cheese yesterday?			**H1GH32**	num 1
3626	0	didn't eat		

Frequency	Code	Response	Variable Name	Type/ Length
6635	1	ate once		
10458	2	ate twice or more		
15	6	refused		
12	8	don't know		
33.		How often did you eat fruit or drink fruit juice yesterday?	**H1GH33**	num 1
4396	0	didn't eat		
6645	1	ate once		
9679	2	ate twice or more		
15	6	refused		
11	8	don't know		
34.		How often did you eat vegetables yesterday?	**H1GH34**	num 1
6974	0	didn't eat		
7972	1	ate once		
5769	2	ate twice or more		
16	6	refused		
15	8	don't know		
35.		How often did you eat bread, cereal, pretzels, rice, or pasta yesterday?	**H1GH35**	num 1
1748	0	didn't eat		
6648	1	ate once		
12323	2	ate twice or more		
15	6	refused		
12	8	don't know		
36.		How often did you eat cookies, doughnuts, pie, or cake yesterday?	**H1GH36**	num 1
9484	0	didn't eat		
6839	1	ate once		
4398	2	ate twice or more		
15	6	refused		

Frequency	Code	Response	Variable Name	Type/ Length
10	8	don't know		
		If SCHOOL NOW, ask Q.37-38. 37. In an average week, on how many days do you go to physical education classes at school?	**H1GH37**	num 1
2929	0	0 days *[skip to Q.39]*		
196	1	1 day		
305	2	2 days		
836	3	3 days		
103	4	4 days		
2872	5	5 days		
4	6	refused *[skip to Q.39]*		
13497	7	legitimate skip		
3	8	don't know *[skip to Q.39]*		
1	!	missing		
		38. During an average physical education class at school, how many minutes do you spend actually exercising or playing sports?	**H1GH38**	num 1
173	1	less than 10 minutes		
460	2	10 to 20 minutes		
981	3	21 to 30 minutes		
2692	4	more than 30 minutes		
16433	7	legitimate skip		
6	8	don't know		
1	!	missing		
		39. How often do you wear a helmet when you ride a bicycle?	**H1GH39**	num 1
12274	0	never		
754	1	rarely		
580	2	sometimes		
413	3	most of the time		

Frequency	Code	Response	Variable Name	Type/Length
641	4	always		
6058	5	never rides a bicycle		
15	6	refused		
10	8	don't know		
1	9	not applicable		
40. During the past 12 months, how often did you ride a motorcycle?			**H1GH40**	num 1
16682	0	never *[skip to Q.42]*		
2442	1	once or twice		
656	2	about once a month		
509	3	about once a week		
431	4	almost every day		
15	6	refused		
10	8	don't know		
1	9	not applicable		
41. When you rode a motorcycle during the past 12 months, how often did you wear a helmet?			**H1GH41**	num 1
1294	0	never		
209	1	rarely		
216	2	sometimes		
248	3	most of the time		
2072	4	always		
15	6	refused		
16682	7	legitimate skip		
9	8	don't know		
1	9	not applicable		
42. How often do you wear a seatbelt when you are riding in or driving a car?			**H1GH42**	num 1
982	0	never		
1583	1	rarely		

Frequency	Code	Response	Variable Name	Type/ Length
2987	2	sometimes		
4300	3	most of the time		
10871	4	always		
14	6	refused		
9	8	don't know		
43. During the past 30 days, how often did you drive a car or other vehicle when you had been drinking alcohol?			**H1GH43**	num 1
20010	0	never		
335	1	1 time		
249	2	2 or 3 times		
46	3	4 or 5 times		
72	4	6 or more times		
21	6	refused		
9	8	don't know		
4	9	not applicable		
44. What do you think your chances are of getting AIDS?			**H1GH44**	num 1
403	1	very high		
775	2	high		
3475	3	low		
6427	4	very low		
9507	5	none		
36	6	refused		
123	8	don't know		
45. How many people do you know who have AIDS?			**H1GH45**	num 2
20745		range 0 to 99 people		
1	!	missing		
46. What do you think your chances are of getting another sexually transmitted disease, such as gonorrhea or genital herpes? Would you say...			**H1GH46**	num 1
282	1	very high		

Frequency	Code	Response	Variable Name	Type/ Length
681	2	high		
2857	3	low		
5887	4	very low		
10828	5	no chance		
54	6	refused		
156	8	don't know		
1	9	not applicable		
47. How many people do you know who have had another sexually transmitted disease, such as gonorrhea or genital herpes?			**H1GH47**	num 2
20743		range 0 to 99 people		
3	!	missing		
48. *[Hand R show card 2.]* In the last month, how often did a health or emotional problem cause you to miss a day of school?			**H1GH48**	num 1
13340	0	never		
6291	1	just a few times		
764	2	about once a week		
156	3	almost every day		
81	4	every day		
32	6	refused		
41	8	don't know		
41	9	not applicable		
49. In the last month, how often did a health or emotional problem cause you to miss a social or recreational activity?			**H1GH49**	num 1
15272	0	never		
4910	1	just a few times		
365	2	about once a week		
100	3	almost every day		
51	4	every day		

Frequency	Code	Response	Variable Name	Type/ Length
20	6	refused		
27	8	don't know		
1	9	not applicable		
50.		What time do you usually go to bed on week nights? *Type in time in this format HH:MM A for AM or HH:MM P for PM. Please remember that midnight is 12:00A and noon is 12:00P!*	**H1GH50**	char 6
20644		range 00:00pm to 12:59am		
36	99999 6	refused		
62	99999 8	don't know		
4	99999 9	not applicable		
51.		How many hours of sleep do you usually get?	**H1GH51**	num 2
20677		range 1 to 20 hours		
19	96	refused		
49	98	don't know		
1	99	not applicable		
52.		Do you usually get enough sleep?	**H1GH52**	num 1
5858	0	no		
14850	1	yes		
18	6	refused		
20	8	don't know		
53.		During the past 12 months, have you ever spent the night away from home without permission?	**H1GH53**	num 1
17758	0	no		
2937	1	yes		
22	6	refused		
16	8	don't know		
13	9	not applicable		
54.		*[Hand R show card 4.]* Which of these best describes your **worst** injury during the past year?	**H1GH54**	num 1

Frequency	Code	Response	Variable Name	Type/Length
9317	1	very minor		
8194	2	minor		
2153	3	serious		
563	4	very serious		
440	5	extremely serious		
38	6	refused		
37	8	don't know		
4	9	not applicable		
55. Do you have a permanent tattoo?			**H1GH55**	num 1
19592	0	no		
1124	1	yes		
17	6	refused		
13	8	don't know		
56. Do you have one or both ears pierced?			**H1GH56**	num 1
8948	0	no		
11769	1	yes		
18	6	refused		
11	8	don't know		
57. Do you wear braces on your teeth?			**H1GH57**	num 1
19006	0	no		
1710	1	yes *[skip to Q.59]*		
16	6	refused		
14	8	don't know		
58. Have you ever worn braces?			**H1GH58**	num 1
15742	0	no		
3263	1	yes		
16	6	refused		
1710	7	legitimate skip		

Frequency	Code	Response	Variable Name	Type/ Length
15	8	don't know		
59.		What is your height in feet and inches?	**H1GH59A** **H1GH59B**	num2 num 2
15	4,0	4 feet, 0 inch to 4 feet, 1 inch		
12	4,2	4 feet, 2 inches to 4 feet, 3 inches		
11	4,4	4 feet, 4 inches		
18	4,5	4 feet, 5 inches		
25	4,6	4 feet, 6 inches		
21	4,7	4 feet, 7 inches		
54	4,8	4 feet, 8 inches		
101	4,9	4 feet, 9 inches		
114	4,10	4 feet, 10 inches		
326	4,11	4 feet, 11 inches		
710	5,0	5 feet, 0 inches		
884	5,1	5 feet, 1 inch		
1409	5,2	5 feet, 2 inches		
1760	5,3	5 feet, 3 inches		
2080	5,4	5 feet, 4 inches		
1731	5,5	5 feet, 5 inches		
2018	5,6	5 feet, 6 inches		
1780	5,7	5 feet, 7 inches		
1504	5,8	5 feet, 8 inches		
1282	5,9	5 feet, 9 inches		
1165	5,10	5 feet, 10 inches		
1133	5,11	5 feet, 11 inches		
873	6,0	6 feet, 0 inch		

Frequency	Code	Response	Variable Name	Type/ Length
580	6,1	6 feet, 1 inch		
449	6,2	6 feet, 2 inches		
226	6,3	6 feet, 3 inches		
105	6,4	6 feet, 4 inches		
45	6,5	6 feet, 5 inches		
30	6,6	6 feet, 6 inches		
11	6,7	6 feet, 7 inches		
9	6,9	6 feet, 9 inches and over		
30	5,9 8	5 feet, don't know inches		
1	5,9 9	5 feet, not applicable inches		
1	6,9 8	6 feet, don't know inches		
19	96,9 6	refused feet, refused inches		
2	96,9 8	refused feet, don't know inches		
1	98, 0	don't know feet, 0 inches		
1	98,9 6	don't know feet, refused feet		
207	98,9 8	don't know feet, don't know inches		
2	99,9 9	not applicable, not applicable		
1	!	missing		
60.		What is your weight?	**H1GH60**	num 3
20340		range 50 to 430 pounds		
79	996	refused		
323	998	don't know		
4	999	not applicable		