

Work and Energy

- (the dot product)
- **definition of work**
- **definition of kinetic energy** →

work-energy theorem: a restatement of Newton's 2nd

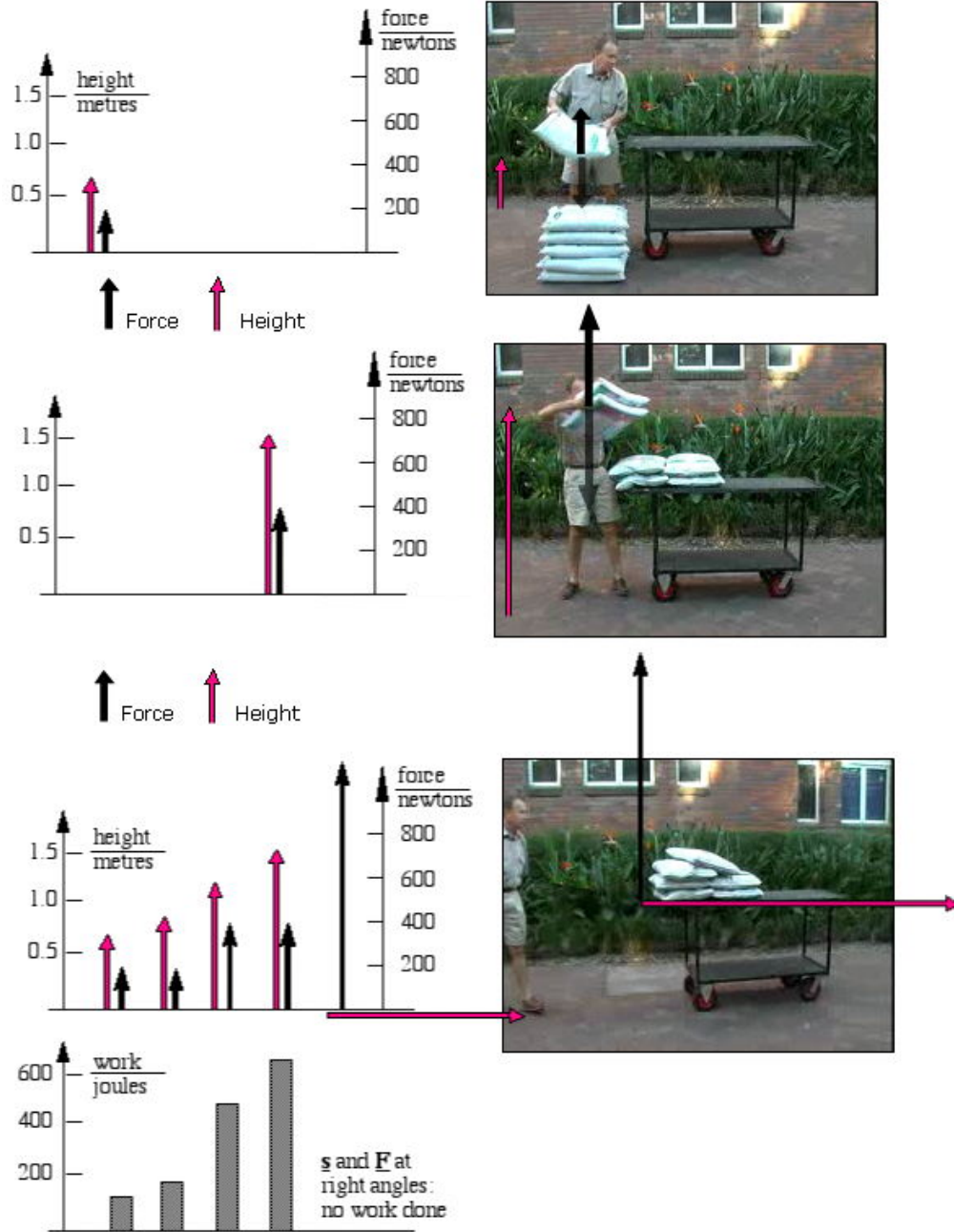
- **conservative and non-conservative forces**
- **potential energy**

not trivial. Please be careful.

Energy occurs in different forms. Conversion is interesting – and employs lots of people.

Example

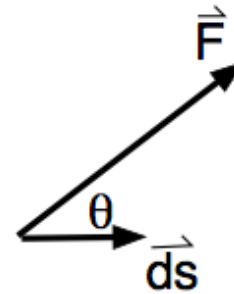
Nuclear fusion in sun → electrical and colour force energies
heats sun → increases the kinetic energy of the ions in a plasma which
radiates light → energy in electromagnetic radiation (at about 6000 kelvin)
evaporates ocean water → latent heat
vapour rises → molecular collisions providing gravitational potential energy
condenses as rain → gives up latent heat, falls on mountain
drives hydroelectric
power station → gravitational potential energy to kinetic energy to electrical energy
transmitted as AC
electrical energy → electrical potential energy in transmission
used to charge battery → electrochemical energy
used to drive electric bike → electrochemical to electrical to mechanical work to kinetic energy
heats air via air resistance → thermal energy radiated into space (at about 300 kelvin)



Video from chapter 6 of web stream, Chapter 7 of Physclips

‘Work’ for physicists has some overlap with ‘work’ in everyday use. This bloke is working.

For a *small** displacement $d\vec{s}$, the work done dW is proportional to $|\vec{F}|$, $|d\vec{s}|$ and $\cos\theta$. We define work thus:



$$dW = |\vec{F}| |d\vec{s}| \cos\theta$$

Note that we define it by its differential, dW , which is a very small amount of work. In general, F and θ vary with displacement s , so we must integrate to get the total work.

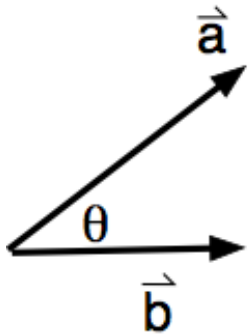
Only in the very special case of constant F and θ (as at left) can we avoid the integral.

* Notation: Δx means an increase in x . But dx means a very small increase in x .

$\frac{\Delta y}{\Delta x}$ means the average slope, $\frac{dy}{dx}$ is the local slope.

We introduce the **scalar product** of vectors

also called the dot product



so that

$$\vec{a} \cdot \vec{b} = ab \cos \theta \quad (= \vec{b} \cdot \vec{a})$$

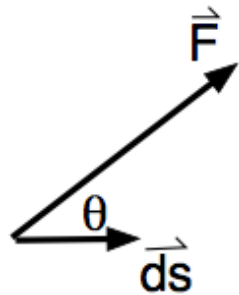


pronounced "a dot b"

$$dW = F ds \cos \theta = \vec{F} \cdot \vec{ds}$$



Why? To quantify work, so we can write $dW = \vec{F} \cdot \vec{ds}$



$$dW = |\vec{F}| |\vec{ds}| \cos \theta \quad (\text{in Phys 1B: Voltage } dV = -\vec{E} \cdot \vec{ds} \text{)}$$

$$\vec{a} \cdot \vec{b} = ab \cos \theta \quad (= \vec{b} \cdot \vec{a}) \quad \text{Apply to unit vectors:}$$

$$\text{Unit vector} \cdot \text{itself} \quad \mathbf{i} \cdot \mathbf{i} = 1 \cdot 1 \cos 0^\circ = 1 = \mathbf{j} \cdot \mathbf{j} = \mathbf{k} \cdot \mathbf{k}$$

$$\text{Unit vector} \cdot \text{another} \quad \mathbf{i} \cdot \mathbf{j} = 1 \cdot 1 \cos 90^\circ = 0 = \mathbf{j} \cdot \mathbf{k} = \mathbf{k} \cdot \mathbf{i}$$

Scalar product by components

$$\vec{a} \cdot \vec{b} = (a_x \mathbf{i} + a_y \mathbf{j} + a_z \mathbf{k}) \cdot (b_x \mathbf{i} + b_y \mathbf{j} + b_z \mathbf{k}) \quad \text{definition}$$

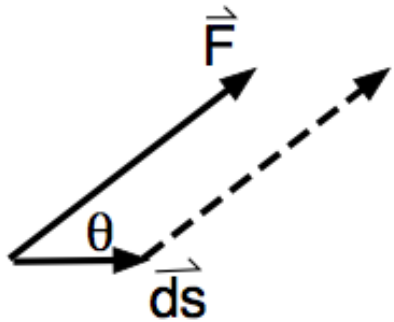
$$= (a_x b_x) \mathbf{i} \cdot \mathbf{i} + (a_y b_y) \mathbf{j} \cdot \mathbf{j} + (a_z b_z) \mathbf{k} \cdot \mathbf{k}$$

$$+ (a_x b_y + a_y b_x) \mathbf{i} \cdot \mathbf{j} + (a_x b_z + a_z b_x) \mathbf{i} \cdot \mathbf{k} + (a_y b_z + a_z b_y) \mathbf{j} \cdot \mathbf{k}$$

$$ab \cos \theta = \vec{a} \cdot \vec{b} = a_x b_x + a_y b_y + a_z b_z \quad \blacksquare \quad \text{easy!}$$

Good way to find angle between two arbitrary vectors

Definition of work



When force varies, use the differential displacement \vec{ds} and integrate dW

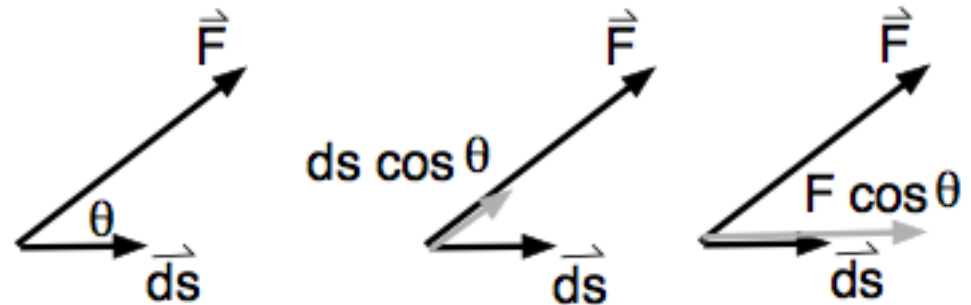
$$dW = F ds \cos \theta = \vec{F} \cdot \vec{ds} \quad \blacksquare$$

$(F)(ds \cos \theta) \rightarrow F * \text{component of } ds // F, \text{ or}$

$(F \cos \theta)(ds) \rightarrow ds * \text{component of } F // ds$

where “//” means “parallel to”

Think of this in either of two ways:



$$W = \int_{s=0}^L F \cos \theta \quad \blacksquare$$

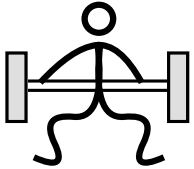
if F & θ are constant, we get $W = FL \cos \theta$

SI Unit: 1 newton x 1 metre = 1 joule ■

but this is a special case: don't count on it

SIMPLE MACHINES (pulleys, levers, screws, inclined planes etc)

Example. How much work is done by lifting 100 kg vertically by 1.8 m very slowly?



Slow $\therefore F_{\text{applied}} \cong mg$

$$W = mg d \cos 0^\circ \quad (= mgh)$$

$$= 1.8 \text{ kJ.}$$

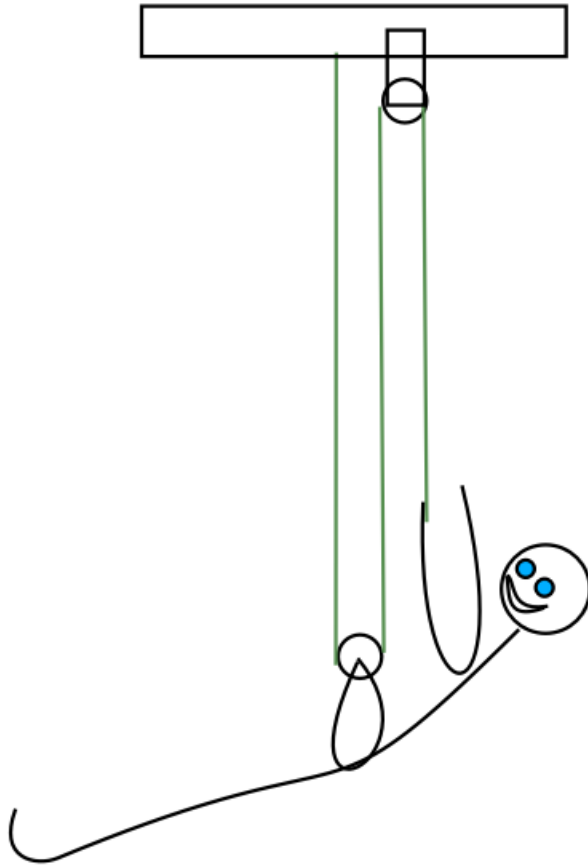
Not a lot, yet it is hard to do, because the force is inconveniently large.

So, we often use **simple machines** to make work more convenient (not less, just more convenient)

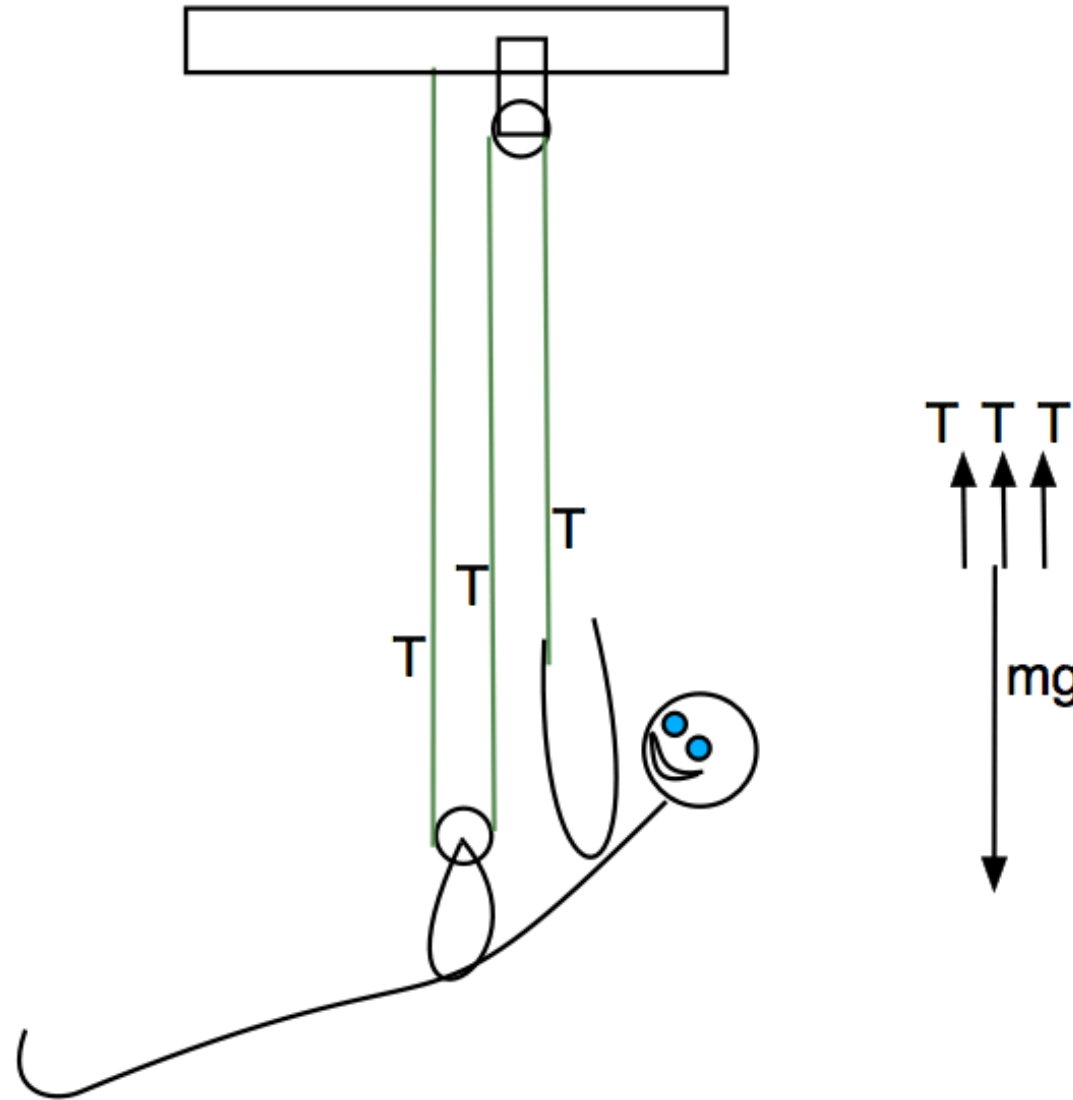
Examples: inclined plane, screw, pulleys.

Abseiling the
East face of
Burrows.

How much
force does Joe
need to apply
to the end of
the rope?



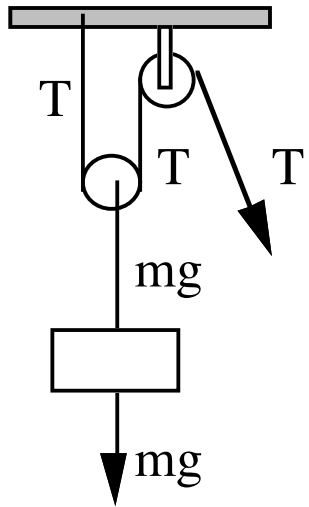
Neglecting
acceleration:



$$mg = 3T, \text{ so } T = mg/3$$

However, for him to rise a height h , three ropes must shorten by h , so he pulls on the rope over a distance $3h$. The work done by Joe is (force applied)*(distance of application) = $\frac{mg}{3} * 3h = mgh$.

How do you "pay for" the reduction in force?



If the rope and pulleys are light, and if the accelerations are negligible, then

Force on LH pulley

$$ma \cong 0 = 2T - mg$$

$$\therefore T = mg/2$$

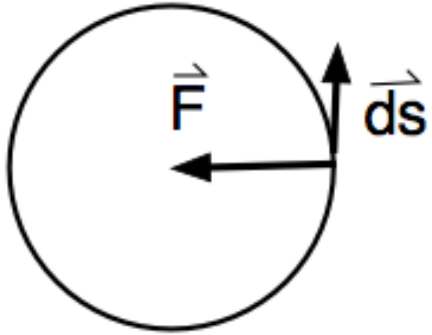
If mass rises by D , work done = mgD .

But rope shortens on both sides of rising pulley,

if mass rises by D , rope must be pulled $2D$, so

$$\text{work done} = T * 2D = mgD$$

Example. What is the work done by gravity in a circular orbit?

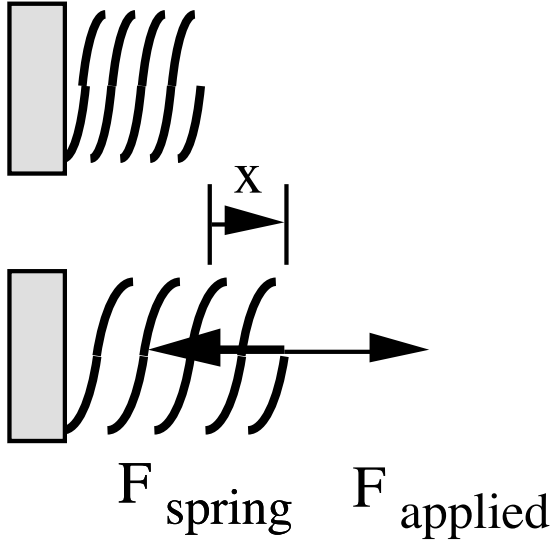


Example. What is the work done by gravity in a circular orbit?

$$W = \int F ds \cos \theta$$
$$= 0$$

We'll see later that the gravitational potential energy at distance r from centre of a mass M is $U = -G \frac{Mm}{r}$

Work to deform spring

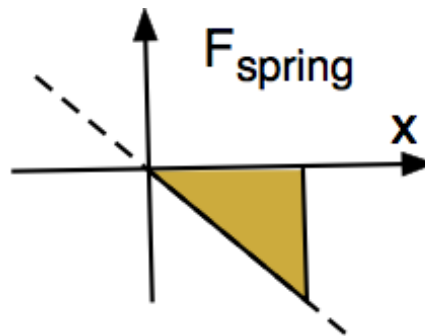


Work done **by** spring = ?

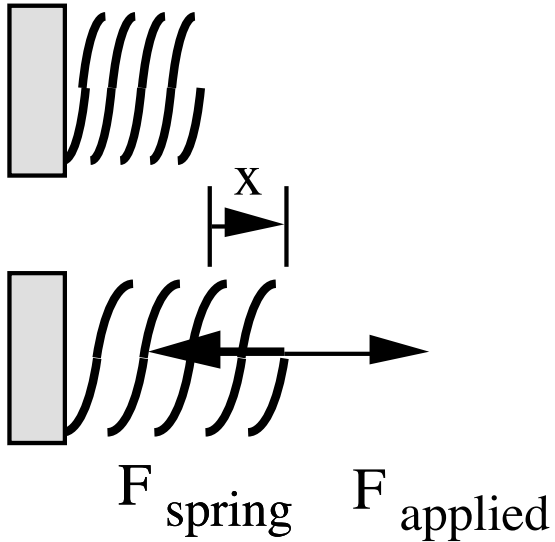
No applied force

($x = 0$)

Hooke's law:



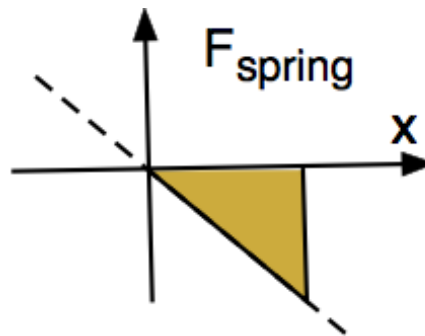
Work to deform spring



No applied force

($x = 0$)

Hooke's law:



$$\text{Work done **by** spring} = \int F_{\text{spring}} dx$$

$$= \int -kx dx = -\frac{1}{2} kx^2 + 0$$

$$\text{Work done **on** spring} = \int F_{\text{applied}} dx$$

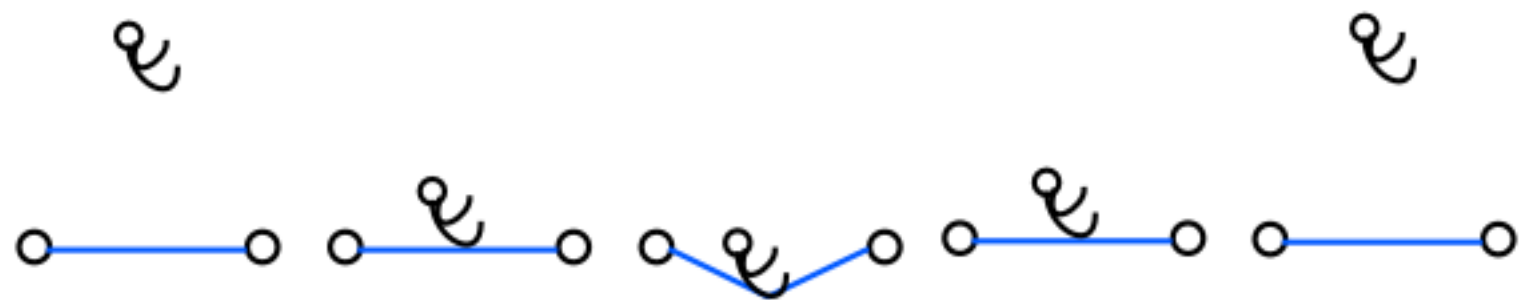
$$= \int kx dx = \frac{1}{2} kx^2$$













(= energy “stored in spring”)

Question. Use '+', '-' and 0 to indicate the sign of the entries

	work done <i>by</i> gravity	work done <i>by</i> trampoline	work done <i>on</i> me	(<i>Change in my kinetic energy</i>)
I fall from 2 nd storey window onto a trampoline				
The trampoline deforms				
The trampoline flattens				
I fly up in the air				

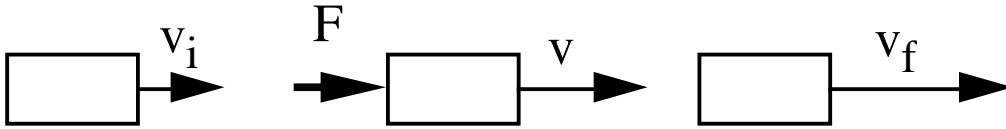


Use '+', '-' and 0 to indicate the sign of the entries. Black = displacement, red = mg blue = $F_{\text{trampoline}}$

Δs	mg	F_{tramp}		work done by gravity	work done by trampoline	work done on me	(Change in my kinetic energy)
			fall onto trampoline	+	0	+	+
			The trampoline deforms	(+)	-	-	-
			The trampoline flattens	(-)	+	+	+
			I fly up in the air	-	0	-	-

The work-energy theorem

Total external force F acts on mass m in x direction.



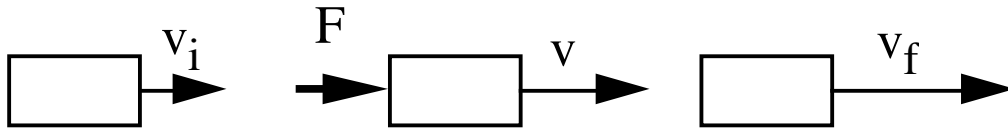
Work done by F : $W = \int_{initial}^{final} F dx$ (then use $F = ma$)

$$= \int_i^f m \frac{dv}{dt} dx$$

How to do this integral?

change the order of \times and \div . i.e. Use $\frac{a}{b} c = \frac{c}{b} a$

Total external force F acts on mass m in x direction.



Work done by F : $W = \int_{initial}^{final} F dx$ (then use $F = ma$)

$$= \int_i^f m \frac{dv}{dt} dx \quad \text{change the order of } \times \text{ and } \div . \text{ i.e. Use } \frac{a}{b} c = \frac{c}{b} a$$

$$= \int_i^f m \frac{dx}{dt} dv$$

$$= \int_i^f mv dv = \left[\frac{1}{2} mv^2 \right]_i^f$$

Work done by F : $W = \frac{1}{2} mv_f^2 - \frac{1}{2} mv_i^2 = \Delta K$ ■

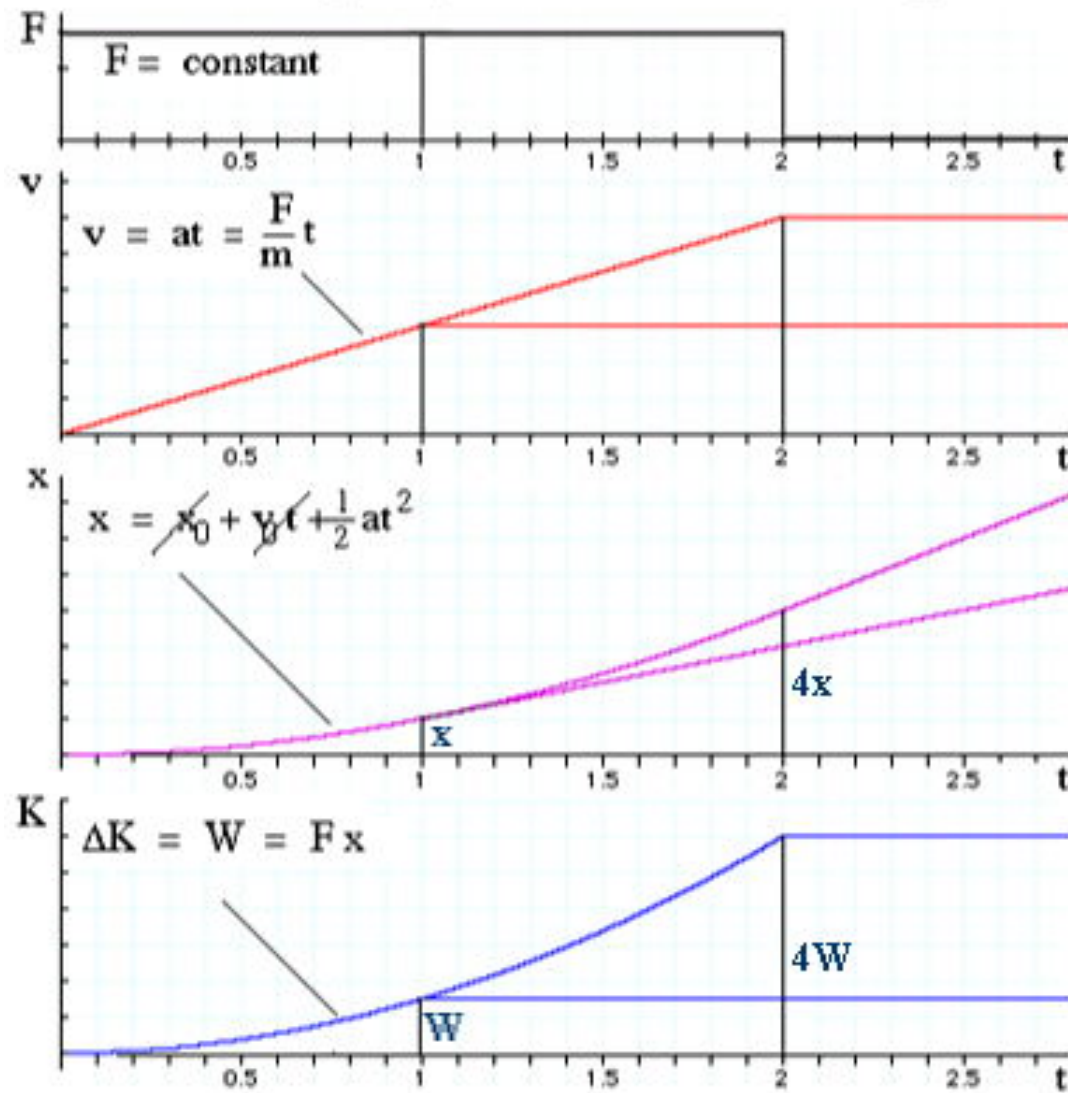
where we define **kinetic energy** $K = \frac{1}{2} mv^2$

Increase in kinetic energy of body = work done by **total** force acting on it. ■

*This is a theorem, i.e. a tautology
because it is only true by definition of KE and by Newton 2.
∴ restatement of Newton 2 in terms of energy. **Not** a new law*

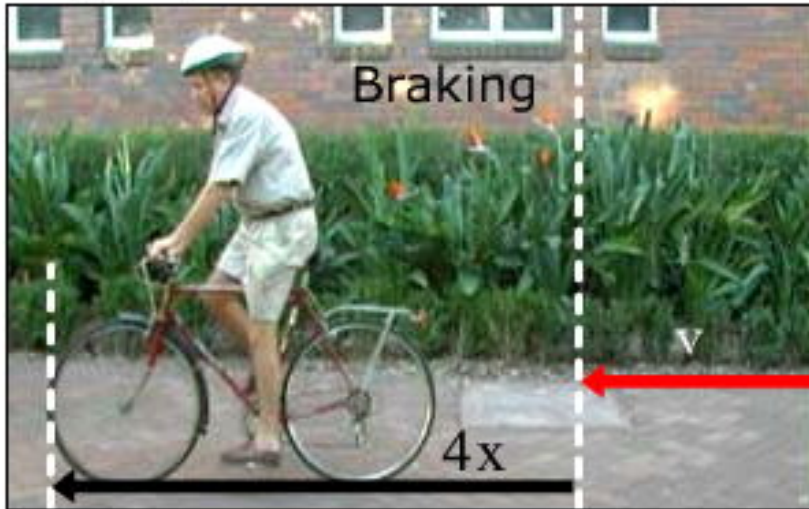
Work energy theorem (baby version limited to case with constant F)

Mechanics > Energy and power > 7.2 The Work energy theorem



Road safety consequence

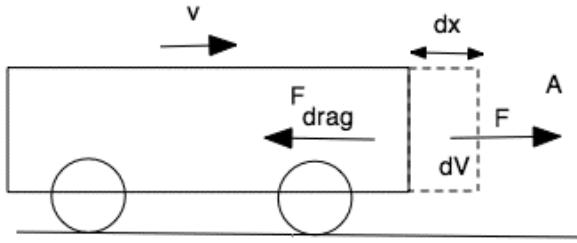
Energy and power > 7.2 The Work energy theorem



$$v \rightarrow 2v \quad K \rightarrow 4K$$

so same braking force must act over 4 times the distance

Example: Air resistance. A moving object at speed v , cross section A , pushes air (density = ρ_{air} = mass/volume $\sim 1.2 \text{ kg.m}^{-3}$), and accelerates a fraction (C_{drag}) of the air in front to v .



The volume accelerated is $C_{\text{drag}}Adx$.

This drag coefficient C_{drag} is approximately 1 for a blunt object, about $\frac{1}{2}$ for a ball, less for streamlined objects.

Set work done by drag force = increase in kinetic energy of the accelerated air gives

$$\text{Work done} = F_{\text{drag}} * dx = \frac{1}{2} m_{\text{air}} v^2 = \frac{1}{2} \rho_{\text{air}} (C_{\text{drag}} A dx) v^2 \quad \text{cancel } dx$$

$$F_{\text{drag}} = \frac{1}{2} \rho_{\text{air}} C_{\text{drag}} A v^2$$

For dropped object reaches $v = v_{\text{terminal}}$, then weight = F_{drag} so

$$v_{\text{terminal}} = \sqrt{\frac{2mg}{\rho_{\text{air}} C_{\text{drag}} A}}$$

If $v \ll v_{\text{terminal}}$, F_{drag} is negligible compared to weight.

$v_{\text{terminal}} \sim 60 \text{ m.s}^{-1}$ for a person. For tennis ball $\sim 30 \text{ m.s}^{-1}$; ping pong ball $\sim 9 \text{ m.s}^{-1}$



Power. is the rate of doing work

Average power $\bar{P} = \frac{W}{\Delta t}$

Instantaneous power $P = \frac{dW}{dt}$



Definition of power

SI unit: 1 joule per second \equiv 1 watt (1 W)

Caution: W used for work and for watt

Example Jill ($m = 60$ kg) climbs the stairs in Matthews Building and rises 50 m in 1 minute. How much work does she do against gravity? What is her average output power? (neglect accelerations)

$$W = \int dW = \int \vec{F} \cdot d\vec{s} = \int F_y dy$$

but $\bar{F}_y \cong mg$ if she ascends at constant speed

$$W = \int dW = \int F_y dy \cong \int mg dy = mg \int dy = mg\Delta y$$

$$= 29 \text{ kJ}$$

(compare with $K = \frac{1}{2}mv^2 \sim 0.02$ to 0.04 kJ. So our approximation is justified)

So $\bar{P} = \frac{W}{\Delta t} = \frac{mg\Delta y}{\Delta t} = 490 \text{ W}$

(humans can produce 100s of W,
car engines several tens of kW,
1 horsepower $\equiv 550 \text{ ft.lb.s}^{-1} = 0.76 \text{ kW}$)

The image shows a lecture hall with rows of purple seats. Overlaid on the left side is a semi-transparent box containing the following equations:

$$\text{power} \cong \frac{d}{dt} U_g = \frac{d}{dt} (mgh)$$
$$= mg \frac{dh}{dt}$$
$$\frac{dh}{dt} = 1.0 \text{ m.s}^{-1}$$
$$mg = 700 \text{ N}$$
$$\text{power} = mg \frac{dh}{dt} = 700 \text{ W}$$

A large pink arrow points upwards from the bottom left towards the $\frac{dh}{dt}$ term in the equations. Below this arrow is the letter 'h'.

On the right side of the image, a person is standing in the aisle. A white arrow labeled 'F' points upwards from the person, and a red arrow labeled 'v' points downwards, indicating the direction of motion.

At the bottom right, a semi-transparent box contains the following text:

Definition: $\text{power} = \frac{d}{dt} \text{work}$

$(1 \text{ newton}) * (1 \text{ metre}) \cong 1 \text{ joule}$

$1 \text{ joule per second} \cong 1 \text{ watt}$

Quiz: What is wrong with these statements:

A power station (nuclear, solar, coal, your choice) requires more energy to build than it produces?

Boiling 1 kg of water takes more power than melting 1 kg of ice

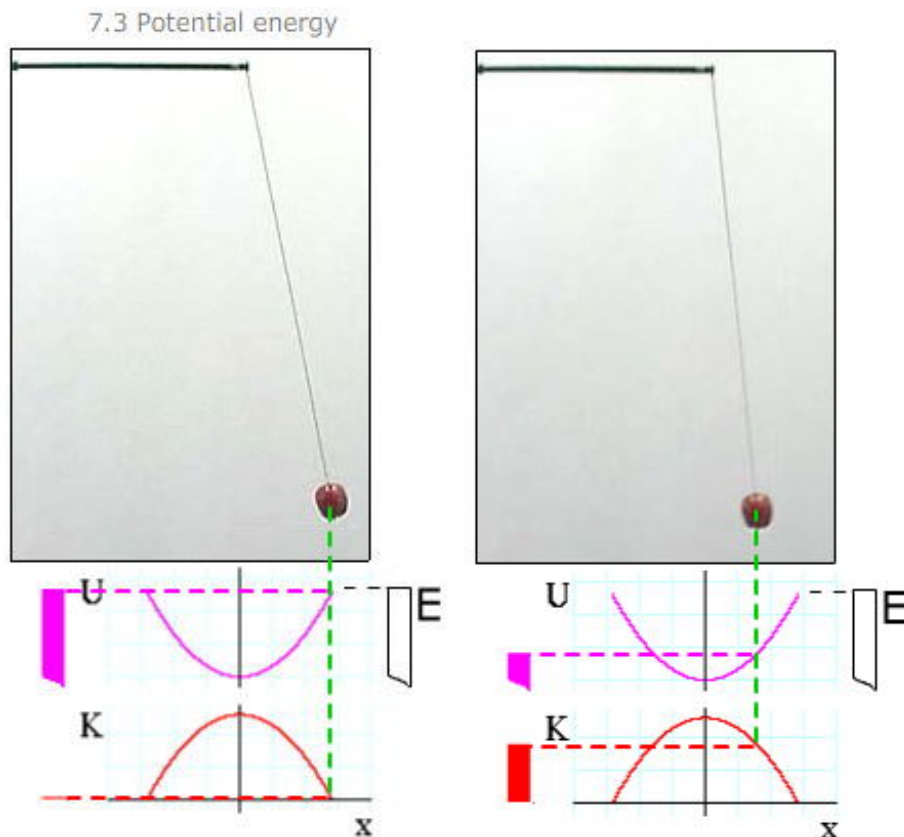
Electrical power costs in NSW are not high enough.

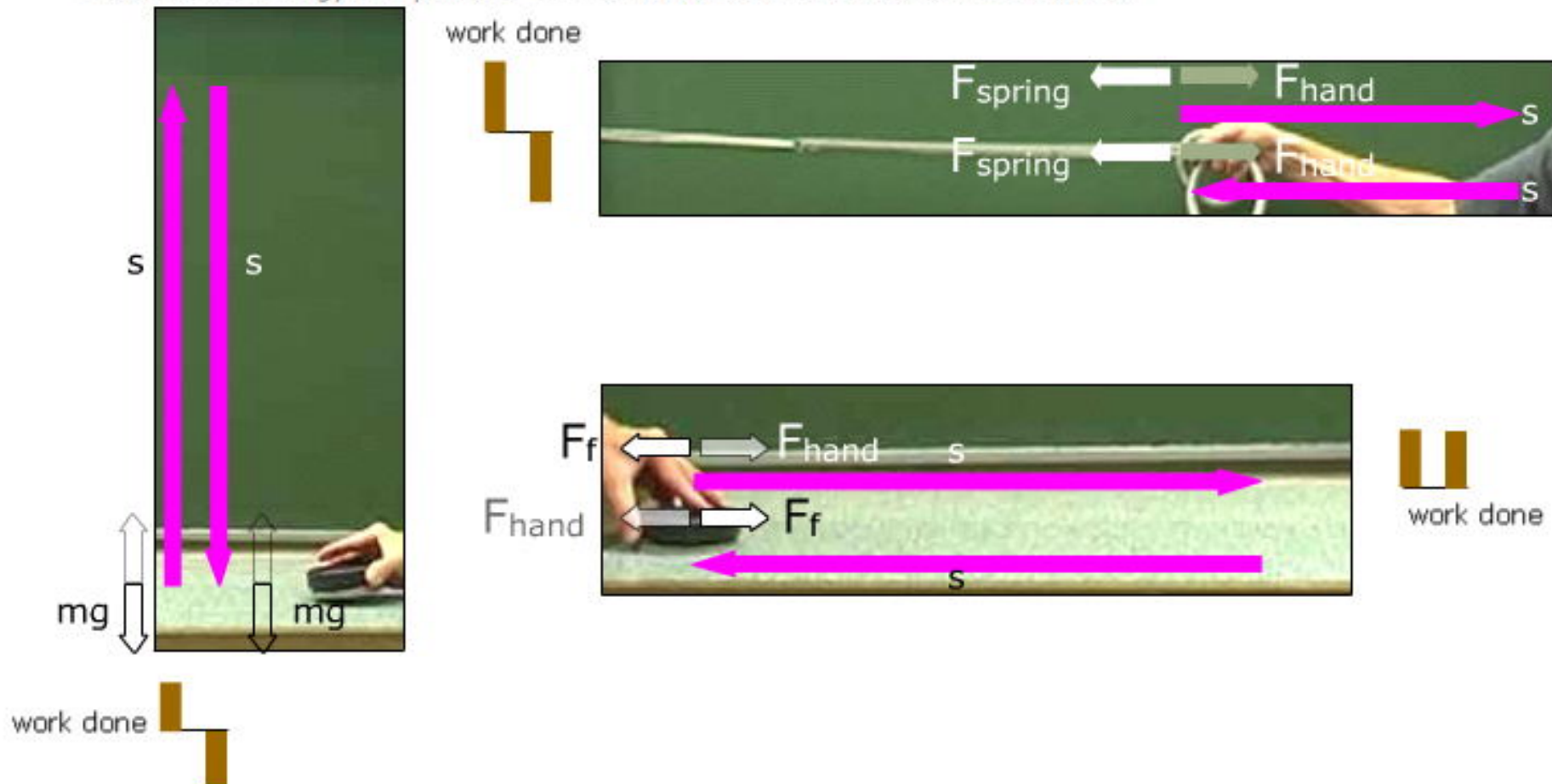
Potential energy.

e.g. Compress **spring**, do W on it, but get no K . Yet can get energy out: spring can expand and give K to a mass. \rightarrow Idea of stored energy.

e.g. **Gravity**: lift object (slowly), do work but get no K . Yet object can fall back down and get K .

Recall $W_{\text{against grav}} = mg \Delta y$ i.e. $W = W(y)$



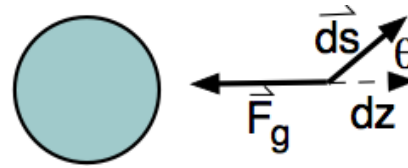


In contrast: Slide mass slowly along a surface. Do work against **friction**, but can't recover this energy mechanically. **Not all forces "store" energy**

Conservative and non-conservative forces

(same examples)

$$W_{\text{against gravity}} = \int_{\text{initial}}^{\text{final}} \vec{F} \cdot d\vec{s}$$
$$= \int_{\text{initial}}^{\text{final}} |F_{\text{grav}}| dz$$



where z is the displacement measured in the vertical direction

In the approximation that the field is uniform (we'll fix this later), $|F_{\text{grav}}| = mg = \text{constant}$

$$W_{\text{against grav}} = \int_{\text{initial}}^{\text{final}} mg dz$$
$$= mg(z_{\text{final}} - z_{\text{initial}}) \quad \text{in a uniform field}$$

W is uniquely defined at all \vec{r} , i.e. $W = W(\vec{r})$

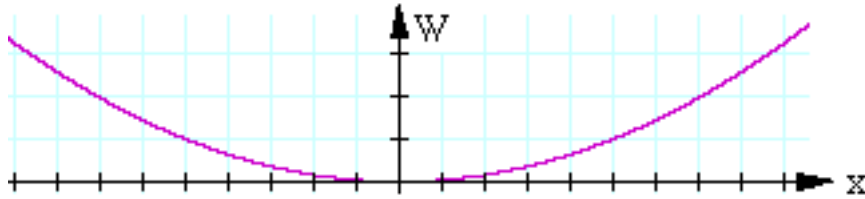
If $z_{\text{final}} = z_{\text{initial}}$, then $W = 0$.

The definition of a **conservative force**: A conservative force does no work round a closed path. ■

So gravity is a **conservative force** ■

Example: spring force and energy

$$W_{\text{against spring}} = - \int_{\text{initial}}^{\text{final}} F_{\text{spring}} dx = - \int_{\text{initial}}^{\text{final}} -kx dx$$
$$= \frac{1}{2} k (x_f^2 - x_i^2)$$



W is uniquely defined at all x , i.e. $W = W(x)$

So, if $x_f = x_i$ then $W = 0$.

\therefore Work done round a closed path = 0 Therefore:

Spring force is a **conservative force** ■ so it has stored or potential energy: symbol U .

Potential energy

For a **conservative** force \vec{F} , i.e. one where work done against it $W = W(\vec{r})$, we can define potential energy U by $\Delta U = W_{\text{against}}$.

The **choice of zero for U is arbitrary**. Here $U = 0$ at $x = 0$ is convenient, so usually

$$U_{\text{spring}} = \frac{1}{2} kx^2$$

Kinetic friction

$$dW_{\text{against fric}} = - F_f ds \cos \theta$$

but kinetic friction \vec{F}_f always has a component *opposite* \vec{ds}

$\therefore dW$ always ≥ 0 . *(we never get work back: friction turns mechanical energy into heat)*

\therefore cannot be zero round closed path, $\therefore W \neq W(\vec{r})$

\therefore friction is a **non-conservative force** 

Note that direction of friction (dissipative force) is always against motion.

Direction of spring force or weight doesn't change when we change sign of ds .

From energy to force:

$$U(s) = - \int \vec{F} \cdot \overrightarrow{ds} = - \int F ds \quad \text{where } ds \text{ is in the direction parallel to } F$$

Question

- If I give you $U(s)$, what is $F(s)$?
- If I give you $U(x,y)$, what can you tell me about $F(x,y)$?

From energy to force:

$$U(s) = - \int \vec{F} \cdot \vec{ds} = - \int F ds \quad \text{where } ds \text{ is in the direction parallel to } F$$

$$F = - \frac{dU}{ds} \quad \blacksquare$$

$$\text{And } F_x = - \frac{\partial U}{\partial x}, F_y = - \frac{\partial U}{\partial y}, F_z = - \frac{\partial U}{\partial z}$$

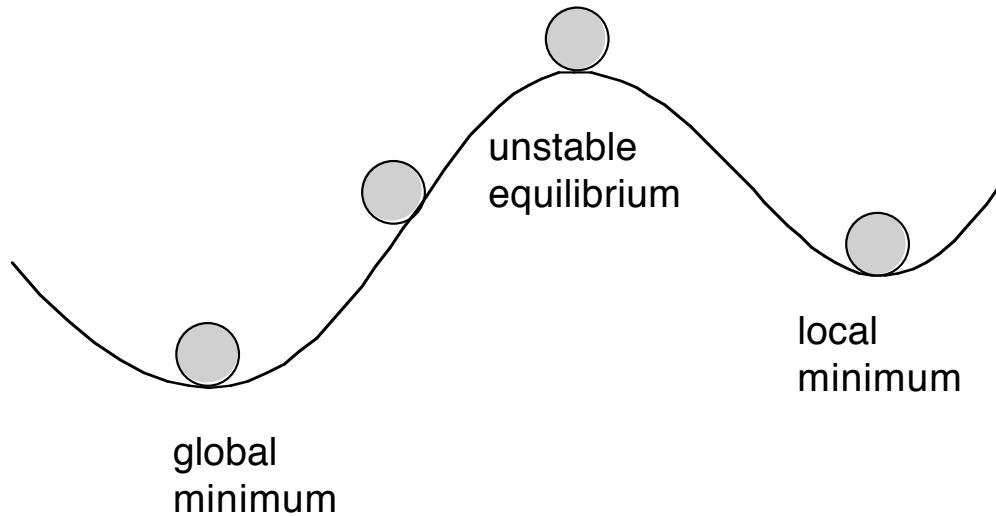
don't need partial derivatives in our syllabus

$$\text{Spring: } U_{\text{spring}} = \frac{1}{2} kx^2 \quad \therefore F_{\text{spring}} = - kx$$

$$\text{Gravity: } U_g = mgz \quad \therefore F_g = - \frac{dU}{dz} = - mg$$

In approximation that g is uniform. See later

Energy diagrams and equilibria:




Treat this as $y(x)$ for a particle in a uniform gravitational field, we can see $U(x)$ and imagine the direction of force $(-dU/dx)$.

Minima give stable equilibria: stable with respect to small perturbations.

Maxima give unstable equilibria.

Similar diagrams in chemistry, materials science and elsewhere, sometimes metaphorical, e.g. reaction proceeds left to right.

We defined work done by conservative forces = $-\Delta U$ (– change in potential energy) 

Now define work done by non-conservative forces = $-\Delta U_{internal}$ 

$U_{internal}$ is the **internal energy**

e.g. I do muscular work; that work comes from my internal energy

A truck does mechanical work. The energy comes out of the internal energy of diesel oil

or I do work against friction, that work goes into the internal energy as heat.

The truck does work against air resistance, that work goes into the internal energy* as heat.

** At the quantum level, heat and chemical energy are kinetic and potential (Phys 1a and 1b), but that is often hard to quantify.*

Work energy theorem: Total work done by all forces = ΔK , so

$$\begin{array}{c} \text{work done by} \\ \text{non-conservative forces} \end{array} + \begin{array}{c} \text{work done by} \\ \text{conservative forces} \end{array} = \Delta K$$

$$-\Delta U_{\text{internal}} - \Delta U = \Delta K$$




$$\begin{array}{c} \text{loss in} \\ \text{internal energy} \end{array} + \begin{array}{c} \text{loss in} \\ \text{potential energy} \end{array} = \Delta K$$

We define mechanical energy $E = U + K$, therefore

$$-\Delta U_{\text{internal}} = \Delta K + \Delta U = \Delta E$$

$$\text{Work done by non-conservative forces} = \Delta K + \Delta U = \Delta E$$



If non-conservative forces do no work, mechanical energy is conserved $\Delta E \equiv \Delta K + \Delta U = 0$ 

*(Note the '**if**'. This is not a law! You must justify before using.)*

Equivalent to Newton 2, but useful for many mechanics problems where integration is difficult.

State the principle carefully!

Never, ever write: *"kinetic energy = potential energy"*

Which are conservative, non-conservative or approximately conservative?

Electric force between two electrons

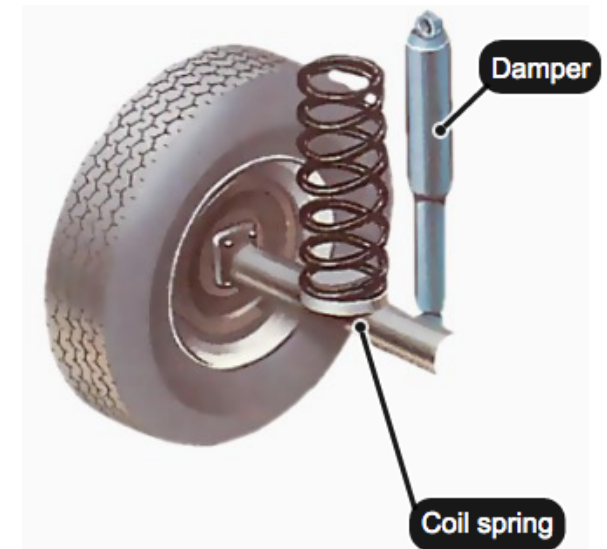
Force exerted by brake rubbers on rim of bike wheel

Force exerted by springs

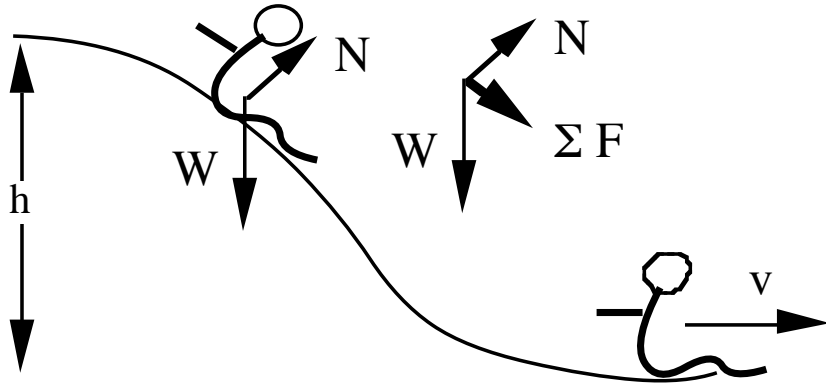
Gravitational force between two objects

Force exerted by muscles

Force exerted by a car's dampers (sometimes misleadingly called 'shock absorbers')



Classic problem. Child pushes off with v_i . How fast is the s/he going at the bottom of the water slide?
Neglect friction (*a non-conservative force*).

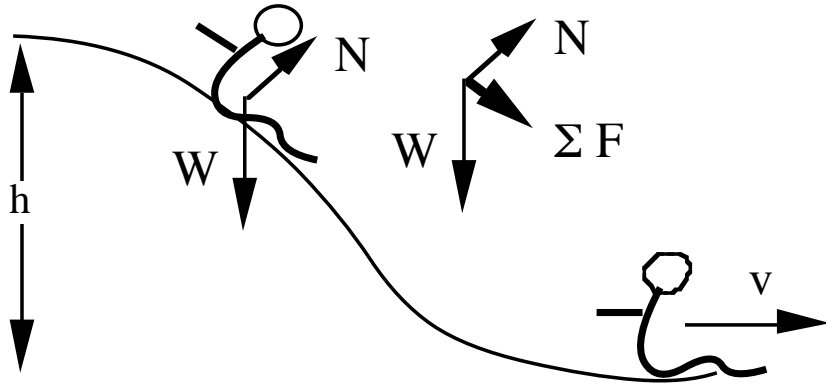


i) *By Newton 2 directly:*

$$v = \int_{top}^{bottom} a \, dt = \int_{top}^{bottom} \frac{F}{m} \, dt = \int_{top}^{bottom} g \cos \theta \, dt = \dots \quad \text{difficult}$$

ii) *Using work energy theorem (Newton 2 indirectly):*

Classic problem. Child pushes off with v_i . How fast is the s/he going at the bottom of the slide?
Neglect friction (*a non-conservative force*).



i) *By Newton 2 directly:*

$$v = \int_{top}^{bottom} a \, dt = \int_{top}^{bottom} \frac{F}{m} \, dt = \int_{top}^{bottom} g \cos \theta \, dt = \dots$$

ii) *Using work energy theorem (Newton 2 indirectly):*

Non-conservative forces do no work, \therefore mechanical energy is conserved, i.e.

$$\Delta E = \Delta K + \Delta U = 0$$

$$K_f - K_i + U_f - U_i = 0$$

or

$$E_f = E_i$$

$$K_f + U_f = K_i + U_i$$

$$\frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2 + m g y_f - m g y_i = 0$$

$$\text{rearrange} \rightarrow v_f = \sqrt{v_i^2 + 2g(y_i - y_f)}$$

What would a complex v_f mean? (Phys 1b)

Question. A finger provides a constant horizontal force F to a mass m , accelerating it from v_i to v_f over a distance L up a plane inclined at θ to the horizontal. The coefficients of friction are μ_s and μ_k . How much work is done by

Work done by F ?

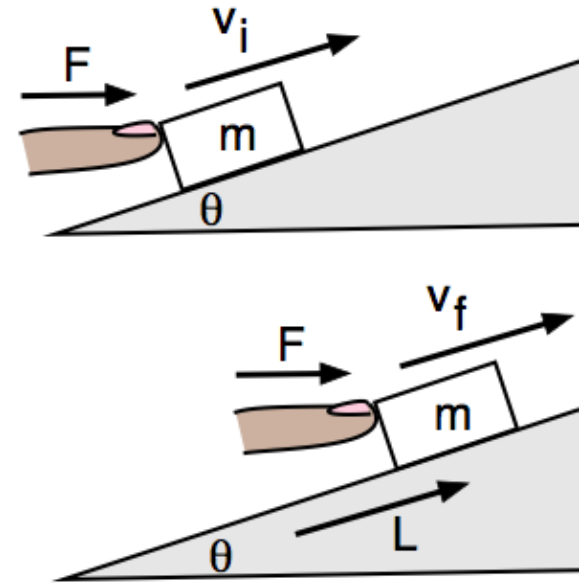
Work done by Mg ?

Work done by normal force N ?

Work done by friction?

Work done by all forces together?

What is the increase in kinetic energy?



Here, all forces are constant. But there are several of them, so be careful.

Question.

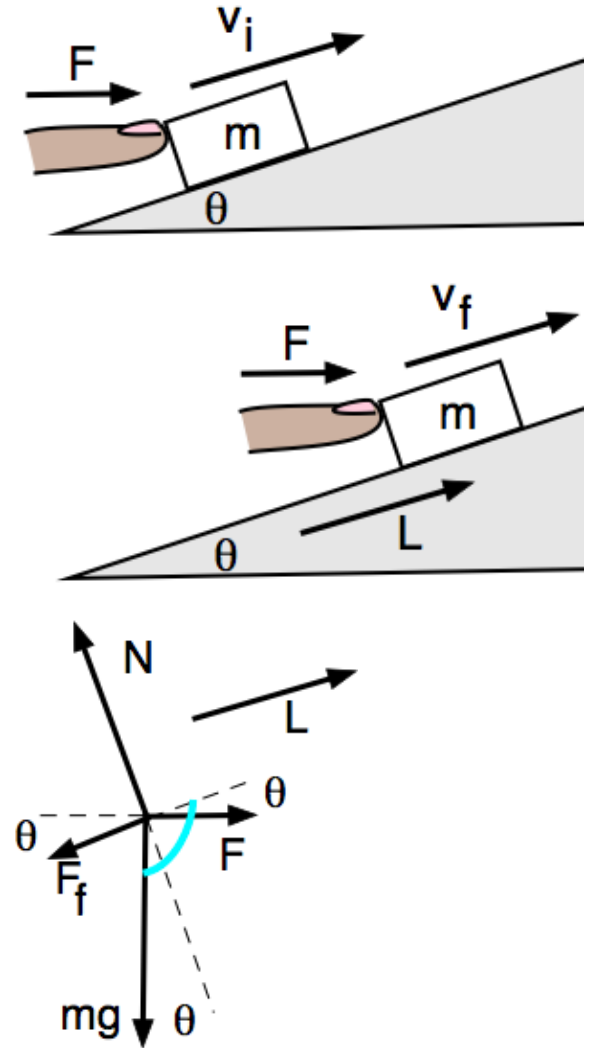
A finger provides a constant horizontal force F to a mass m , accelerating it from v_i to v_f over a distance L up a plane inclined at θ to the horizontal. The coefficients of friction are μ_s and μ_k . How much work is done by

- Work done by F : F constant, so $W_F = FL \cos \theta$
- Work done by mg ?

$$W_{mg} = mg * L \cos \text{ of angle between them } (\text{angle } \curvearrowright)$$

$$W_{mg} = mg \cos(90^\circ + \theta) = -mgL \sin \theta$$

- Work done by N ? $W_N = NL \cos 90^\circ = 0$
- Work done by friction? $F_f = \mu_k N$, $N = ?$
- Work done by all forces together
- What is the increase in kinetic energy?



Question. A finger provides a constant horizontal force F to a mass m , accelerating it from v_i to v_f over a distance L up a plane inclined at θ to the horizontal. The coefficients of friction are μ_s and μ_k . How much work is done by

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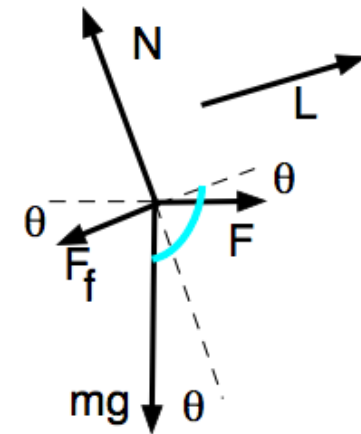
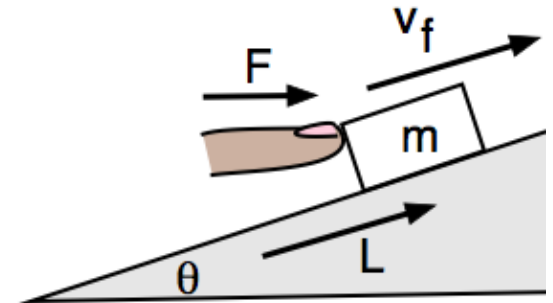
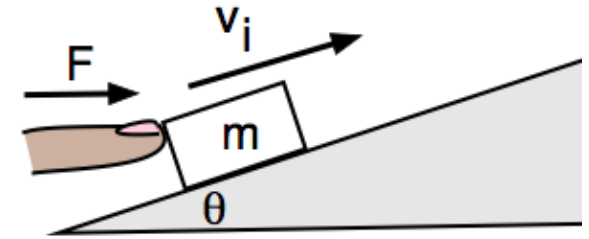
$$W_{mg} = mg \cos(90^\circ + \theta) = -mgL \sin \theta$$

- Work done by N ? $W_N = NL \cos 90^\circ = 0$
- Work done by friction? $F_f = \mu_k N$, $N = ?$

$$a_{normal} = 0. \text{ So } N = mg \cos \theta + F \sin \theta$$

$$\begin{aligned} W_f &= \mu_k (mg \cos \theta + F \sin \theta) * L * \cos 180^\circ \\ &= -\mu_k (mg \cos \theta + F \sin \theta) L \end{aligned}$$

- Work done by all forces together =
- What is the increase in kinetic energy?



Question. A finger provides a constant horizontal force F to a mass m , accelerating it from v_i to v_f over a distance L up a plane inclined at θ to the horizontal. The coefficients of friction are μ_s and μ_k . How much work is done by

- Work done by F : F constant, so $W_F = FL \cos \theta$
- Work done by mg ?

$$W_{mg} = mg * L \cos \text{ of angle between them } (\text{angle } \curvearrowright)$$

$$W_{mg} = mg \cos(90^\circ + \theta) = -mgL \sin \theta$$

- Work done by N ? $W_N = NL \cos 90^\circ = 0$
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$$a_{normal} = 0. \text{ So } N = mg \cos \theta + F \sin \theta$$

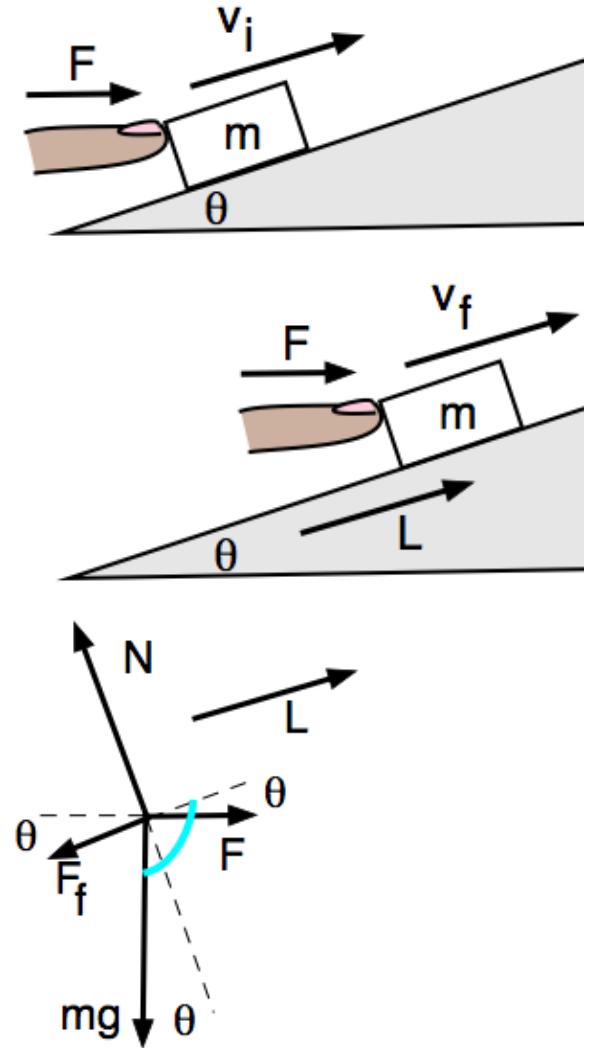
$$\begin{aligned} W_f &= \mu_k (mg \cos \theta + F \sin \theta) * L * \cos 180^\circ \\ &= -\mu_k (mg \cos \theta + F \sin \theta) L \end{aligned}$$

- Work done by all forces together = sum of all the above =
- The increase in kinetic energy: $\frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2$

Work-energy theorem $\Delta K = \text{work done by all forces acting.}$

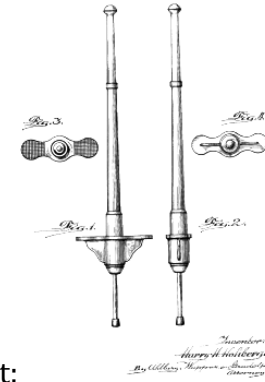
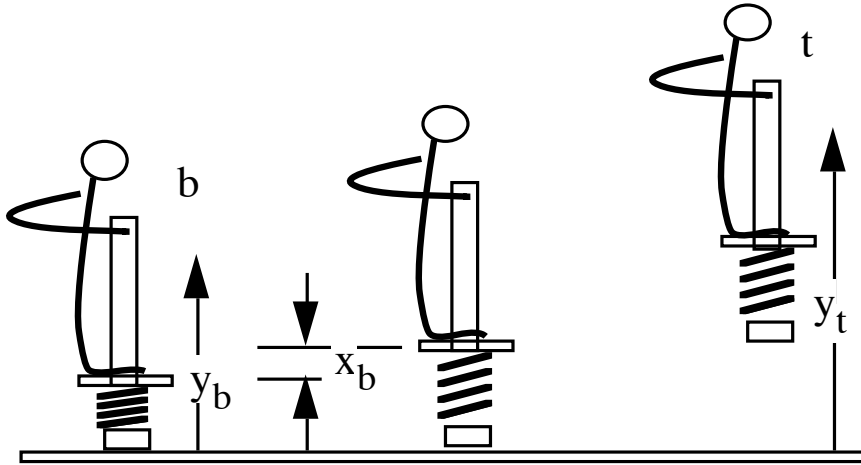
$$\frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2 = L[F \cos \theta - mg \sin \theta - \mu_k (mg \cos \theta + F \sin \theta)]$$

= L times (sum of all force components up the plane)



Example.

Freda ($m = 60 \text{ kg}$) rides pogo stick ($m \ll 60 \text{ kg}$) with spring constant $k = 100 \text{ kN.m}^{-1}$. Neglecting friction, how far does spring compress if jumps are 50 cm high?



Patent extract:

Non-conservative forces do no work, \therefore mechanical energy is conserved, i.e.

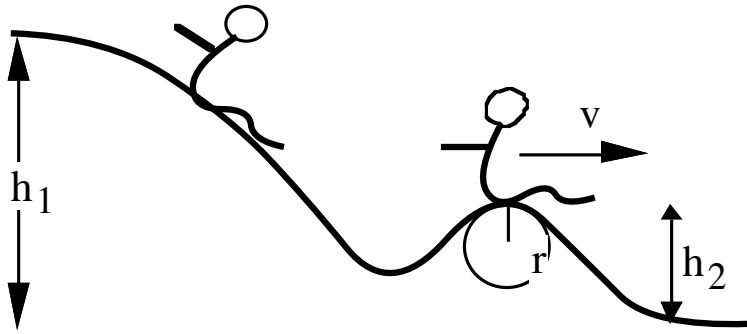
$$E_{bottom} = E_{top}$$

$$K_b + U_b = K_t + U_t$$

$$(U = U_{grav} + U_{spring})$$

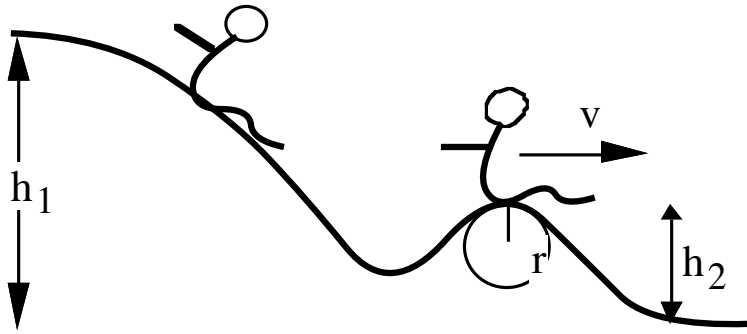
$$\frac{1}{2} mv_{\text{horiz}}^2 + (mgy_b + \frac{1}{2} kx_b^2) \cong \frac{1}{2} mv_{\text{horiz}}^2 + (mgy_t + \frac{1}{2} kx_t^2) \quad (\text{at top \& bottom of jump, } v_{\text{vert}} = 0)$$

$$mg(y_t - y_b) \cong \frac{1}{2} kx_b^2 \quad \therefore \quad x_b \cong \sqrt{\frac{2mg(y_t - y_b)}{k}} \cong 80 \text{ mm.}$$



Example. Slide starts at height h_1 . Later there is a hump with height h_2 and (vertical) radius r . Starting from rest, what is the minimum value of $h_2 - h_1$ if slider is to become airborne? Neglect friction, air resistance. Treat slider as particle.

- What is the relation among v_2 , g and r for becoming airborne?
- What is the minimum $(h_2 - h_1)$ for becoming airborne?



Example. Slide starts at height h_1 . Later there is a hump with height h_2 and (vertical) radius r . Starting from rest, what is the minimum value of $h_2 - h_1$ if slider is to become airborne? Neglect friction, air resistance. Treat slider as particle.

Over hump, $a_c = \frac{v^2}{r}$ (down). Airborne if $g < a_c$, i.e. if $v_2^2 > gr$.

No non-conservative forces act so

$$E_2 = E_1$$

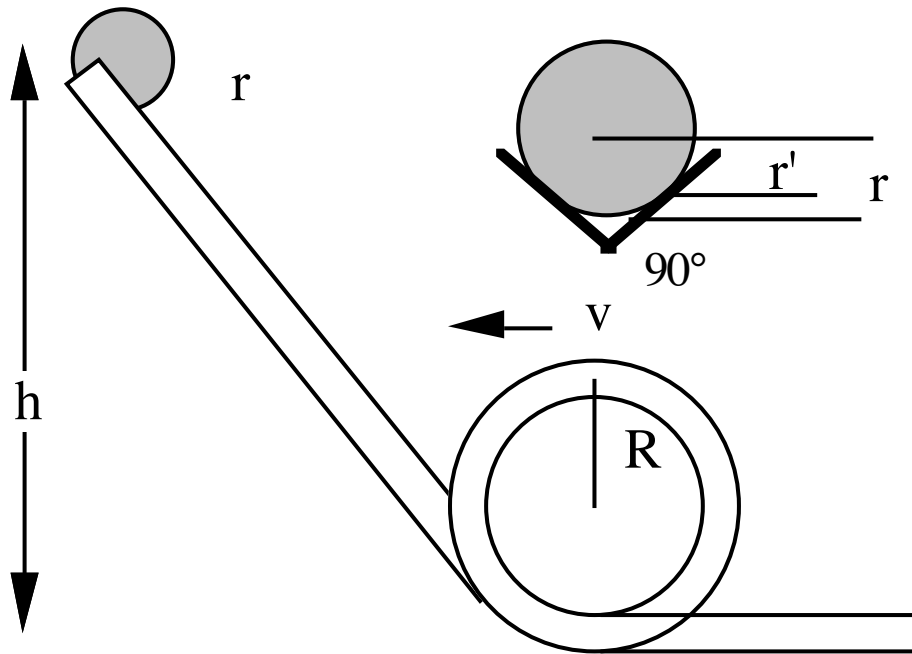
$$U_2 + K_2 = U_1 + K_1$$

$$mgy_2 + \frac{1}{2} mv_2^2 = mgy_1 + \frac{1}{2} mv_1^2$$

$$\frac{1}{2} mv_2^2 = mg(y_1 - y_2)$$

$$(y_1 - y_2) = \frac{v_2^2}{2g} > \frac{gr}{2g} = \frac{r}{2}$$

Challenge puzzle



How high should h be so that it can loop the loop?

Example Bicycle and rider (80 kg), travelling at 20 m.s^{-1} , stop without skidding. $\mu_s = 1.1$. What is minimum stopping distance? How much work done by friction between tire and road? Between brake pad and rim? Wheel rim is $\sim 300 \text{ g}$ with specific heat $c \sim 1 \text{ kJ.kg}^{-1}$, how hot does it get?

How would you do this problem?

Example Bicycle and rider (80 kg), travelling at 20 m.s^{-1} , stop without skidding. $\mu_s = 1.1$. What is minimum stopping distance? How much work done by friction between tire and road? Between brake pad and rim? Wheel rim is $\sim 300 \text{ g}$ with specific heat $c \sim 1 \text{ kJ.kg}^{-1}$, how hot would it get if no loss?

friction \rightarrow deceleration \rightarrow stopping distance \rightarrow work OR

work energy theorem \rightarrow change in $K =$ work done etc

$$|a| = \frac{F_f}{m} \leq \frac{\mu_s N}{m} = \mu_s g$$

$$a = -\mu_s g \quad \text{in the direction of travel}$$

$$v_f^2 - v_i^2 = 2as \rightarrow s = \frac{v_f^2 - v_i^2}{2a}$$

$$s \geq \left| \frac{-v_i^2}{-2\mu_s g} \right| = 19 \text{ m}$$

Work done by friction between tire and road?

No skidding, \therefore no relative motion, \therefore locally, $W = 0$. *But there is also centre-of-mass work*

which is the work done by the total force considered to act at the C of M.

Between pad and rim? Here there is relative motion.

All K of bike & rider \rightarrow heat in rim and pad

In practice, heat would be lost to the air.

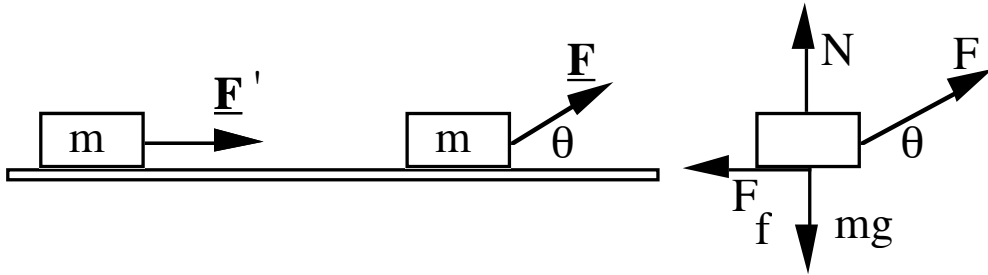
$$W = \Delta K = K_f - K_i = -16 \text{ kJ}$$

$$\Delta U_{int} \text{ is heat, } Q$$

$$Q = mC\Delta T \dots \Delta T \sim 50^\circ\text{C}$$

(Not yet defined: do this later in Heat)

Example Which way is it easier to drag an object?



Suppose we move at steady speed, $a = 0$. Which requires less F ? Which requires less work?

mechanical equilibrium \rightarrow horizontal $F \cos \theta = F_f$
vertical $N + F \sin \theta = mg$

sliding $\rightarrow F_f = \mu_k N$

$$F \cos \theta = \mu_k N$$

eliminate $N \rightarrow F \cos \theta = \mu_k (mg - F \sin \theta)$

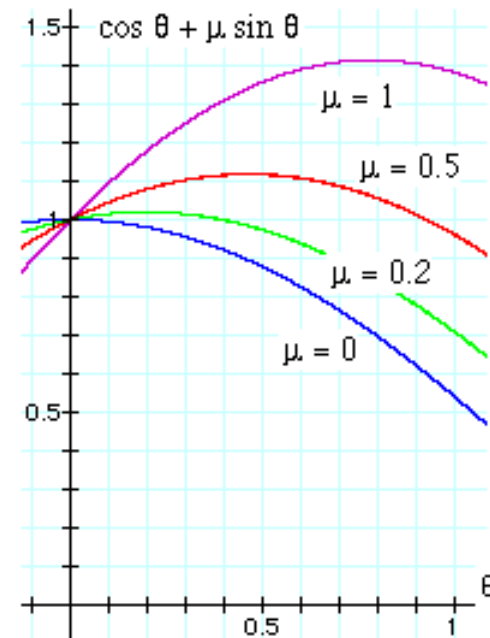
$$F = \frac{\mu_k mg}{\cos \theta + \mu_k \sin \theta} \quad (\text{see graph})$$

when $\theta = 0$, $F' = \mu_k mg$

$F < F'$ if $\cos \theta + \mu_k \sin \theta > 1$, i.e. if μ_k large
& θ small

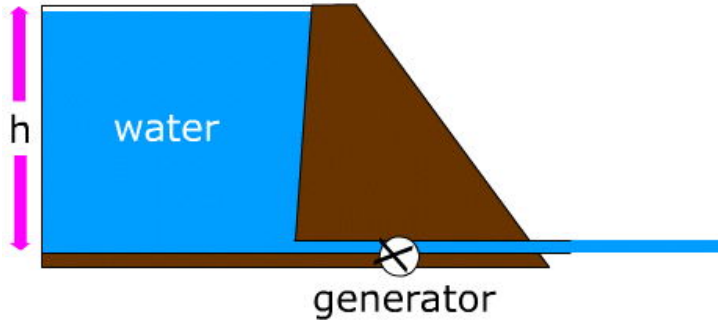
Work done = $Fs \cos \theta = F_f s$

$W = \mu_k N s = \mu_k s (mg - F \sin \theta)$ decreases with θ



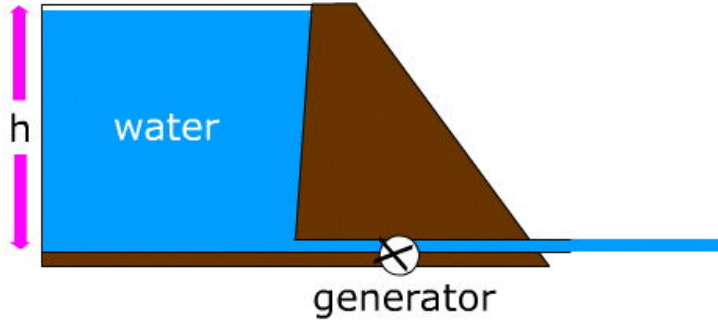
Example. A hydroelectric dam is 100 m tall. Assuming that the turbines and generators are 100% efficient, and neglecting friction, calculate the flow of water required to produce 10 MW of power. The output pipes have a cross section of 5 m².

Mechanics > Energy and power > 7.6 Applications of mechanical energy



Assume that a small mass of stationary water dm is lost from the top of the dam but appears at the bottom with speed v , meanwhile having done work dW on the turbine.

- Write an equation for dW in this problem, and use it to obtain an expression for the power P .



Nett effect: ~ stationary water lost from **top** of dam, water appears with speed v at bottom.

power... $\frac{dW}{dt}$ time derivative, define flow = $\frac{dm}{dt}$.

$dW \equiv$ work done
by water

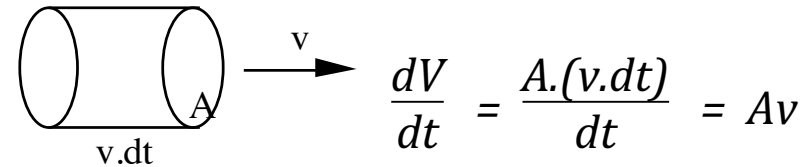
= - Work done = - energy increase
on water of water

$$dW = -dE = -dK - dU$$

$$= -\left(\frac{1}{2} dm v^2 - 0\right) - (0 - dm \cdot gh) = dm \left(gh - \frac{v^2}{2}\right)$$

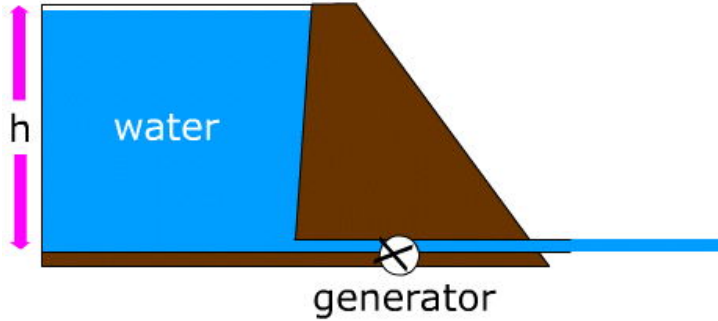
$$P = \frac{dW}{dt} = \frac{dm}{dt} \left(gh - \frac{v^2}{2}\right)$$

Now, how to relate dm/dt to the velocity v ?



Density: $\rho \equiv \frac{\text{mass}}{\text{volume}} = \frac{m}{V}$ so $m = \rho V$

$$\frac{dm}{dt} =$$



Nett effect: ~ stationary water lost from **top** of dam, water appears with speed v at bottom.

power... $\frac{dW}{dt}$ time derivative, define flow = $\frac{dm}{dt}$.

$dW \equiv$ work done
by water

= - Work done on water = - energy increase of water

$$dW = -dE = -dK - dU$$

$$= -\left(\frac{1}{2} dm v^2 - 0\right) - (0 - dm \cdot gh) = dm \left(gh - \frac{v^2}{2}\right)$$

$$P = \frac{dW}{dt} = \frac{dm}{dt} \left(gh - \frac{v^2}{2}\right)$$

Problem: v depends on $\frac{dm}{dt}$

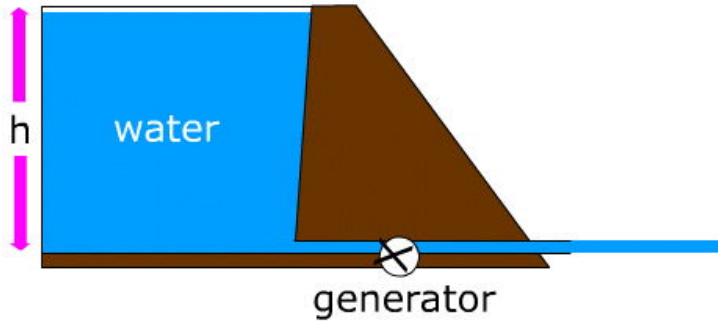
$$\frac{dV}{dt} = \frac{A \cdot (v \cdot dt)}{dt} = Av$$

Density: $\rho \equiv \frac{\text{mass}}{\text{volume}} = \frac{m}{V}$ so $m = \rho V$

$$\frac{dm}{dt} = \rho \frac{dV}{dt} = \rho Av$$

$$P = \rho Av \left(gh - \frac{v^2}{2}\right)$$

$$v^3 - (2gh)v + \frac{2P}{\rho A} = 0 \quad \text{Ugh! solve cubic?}$$



Nett effect: ~ stationary water lost from **top** of dam, water appears with speed v at bottom.

power... $\frac{dW}{dt}$ time derivative, define flow = $\frac{dm}{dt}$.

$dW \equiv$ work done
by water

$= -$ Work done on water $= -$ energy increase of water

$$dW = -dE = -dK - dU$$

$$= -\left(\frac{1}{2} dm v^2 - 0\right) - (0 - dm \cdot gh) = dm \left(gh - \frac{v^2}{2}\right)$$

$$P = \frac{dW}{dt} = \frac{dm}{dt} \left(gh - \frac{v^2}{2}\right)$$

Problem: v depends on $\frac{dm}{dt}$

$$\frac{dV}{dt} = \frac{A \cdot (v \cdot dt)}{dt} = Av$$

Density: $\rho \equiv \frac{\text{mass}}{\text{volume}} = \frac{m}{V}$ so $m = \rho V$

$$\frac{dm}{dt} = \rho \frac{dV}{dt} = \rho Av$$

$$P = \rho Av \left(gh - \frac{v^2}{2}\right)$$

$$v^3 - (2gh)v + \frac{2P}{\rho A} = 0 \quad \text{can solve cubic, but messy}$$

$$\text{Neglect } v^3 \rightarrow v = \frac{P}{gh\rho A} = 2 \text{ m/s}$$

Flow = $vA = 10 \text{ m}^3/\text{s}$ substitute: it **is** a solution.

Example:

How much work is required to accelerate a car

i) from 0 to 10 km/hr?

ii) from 100 to 110 km/hr?

(As asked, this is work done by *total* force: it includes *negative* work done by air resistance)

Work energy theorem

$$W_{total} = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2$$

$$\text{i) } \frac{1}{2}(1000 \text{ kg})\left(\frac{10\,000\text{m}}{3\,600 \text{ s}}\right)^2 - 0 = 4 \text{ kJ}$$

$$\text{ii) } \frac{1}{2}(1000\text{kg})\left(\frac{110\,000\text{m}}{3600\text{s}}\right)^2 - \frac{1}{2}(1000\text{kg})\left(\frac{100\,000\text{m}}{3600\text{s}}\right)^2 = 80 \text{ kJ}$$

$$dW = dK = d\left(\frac{1}{2}mv^2\right) = mv \, dv$$

*Imagine doing this over the same time.
Acceleration and **total** force would be the same
but distance is greater at higher speed.*

Energy density:

Small rechargeable NiCad:

600 mA.hr and 1.25 V

$$\rightarrow (0.6 \text{ A})(3600 \text{ s})(1.25 \text{ V}) = 3 \text{ kJ}$$

$$(3 \text{ kJ})/(20 \text{ g}) = 150 \text{ kJ/kg} = 0.15 \text{ MJ/kg}$$

Car (lead acid) battery:

Up to 100 Amp hours @ 12 V \rightarrow 4 MJ

$$< 0.5 \text{ MJ/kg}$$

Lithium ion:

100 W.hour/kg \rightarrow 0.36 MJ/kg (some quote up to 0.9 MJ/kg)

Hydroelectric dam, 100 m high

$$\frac{mgh}{m} = gh = 0.001 \text{ MJ/kg}$$

MJ/litre

MJ/kg

Not counting oxygen

Petrol

34

46

LPG

26

46

Ethanol

24

30

Diesel

36

48

Which is why we're addicted to fossil fuel

Carbohydrate or protein

17

Nuclear fuels

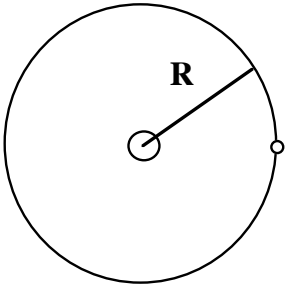
$\sim 8 \times 10^7 \text{ MJ/kg}$

Speeding bullet

$$\frac{\frac{1}{2}mv^2}{m} = \frac{1}{2}v^2 \sim \frac{1}{2}(500 \text{ m/s})^2 = 0.1 \text{ MJ/kg}$$

not our syllabus, but interesting

Example: What is intensity of solar radiation? $P_{\text{sun}} = 3.9 \times 10^{26} \text{ W}$. Earth is 150 million km from sun.



$$\text{Intensity} \equiv \frac{P}{4\pi r^2} = \dots = 1.38 \text{ kWm}^{-2}$$

called 'solar constant', above atmosphere, at right angles to radiation

common, practical solar cells are ~ 10% efficient.

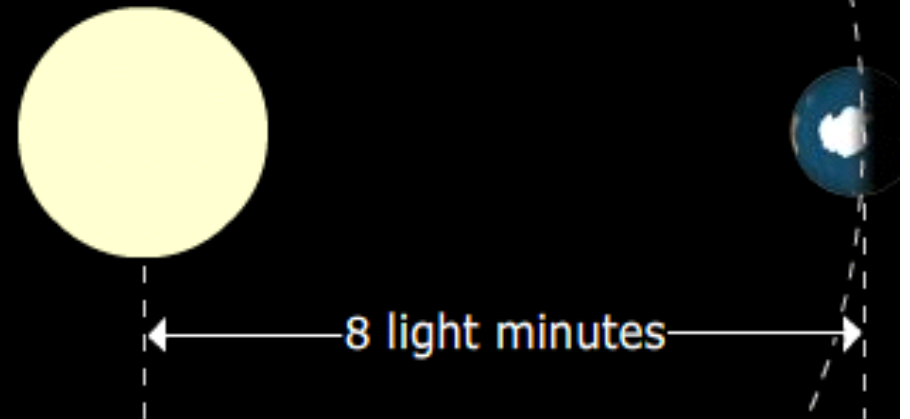
Example: $I_{\text{sol ar}} = 1.4 \text{ kW.m}^{-2}$ at earth, 8 light minutes from sun.

$$\text{Power of sun} = I \cdot 4\pi r^2$$

$$= (1.4 \text{ kW.m}^{-2}) 4\pi (8 \text{ minutes} * \text{speed of light})^2$$

$$= 4 \times 10^{26} \text{ Watts}$$

$$I = \frac{P}{4\pi r^2} \quad \rightarrow \quad I \propto \frac{1}{r^2}$$

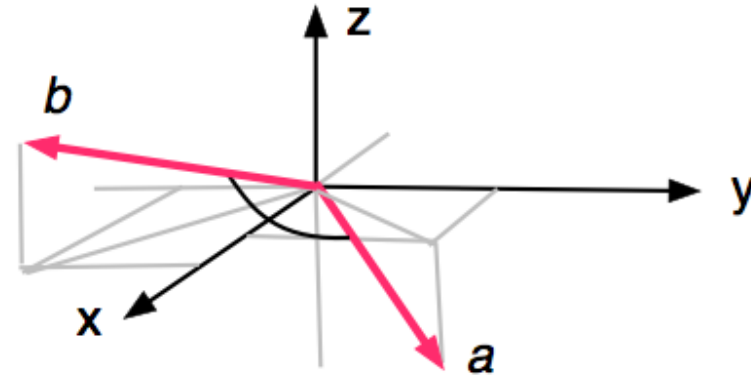


Appendix. A geometry **problem**. Find the angle between

$$\vec{a} = 4\mathbf{i} - 3\mathbf{j} + 2\mathbf{k}$$

$$\vec{b} = 2\mathbf{i} + 5\mathbf{j} - 3\mathbf{k}$$

Tricky to do by geometry but:



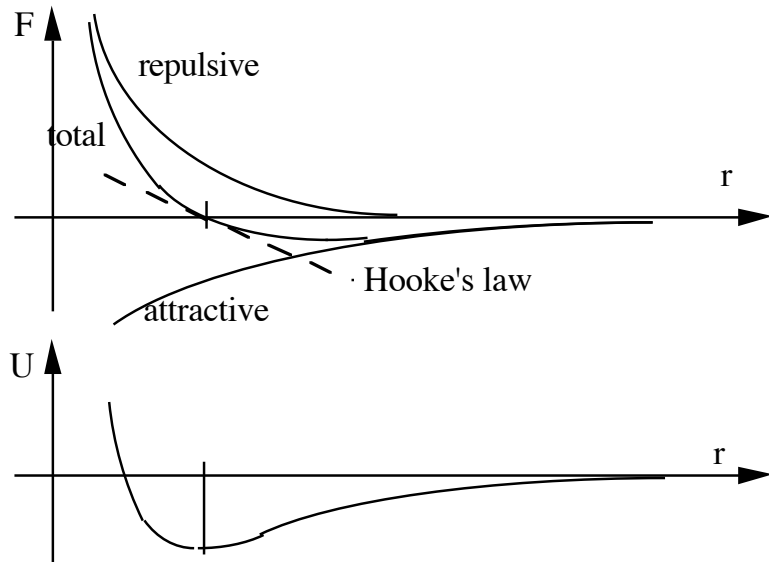
Use two different expressions for $\vec{a} \cdot \vec{b}$: the definition and the result we found above

$$ab \cos \theta = \vec{a} \cdot \vec{b} = a_x b_x + a_y b_y + a_z b_z \quad \text{Rearrange to get}$$

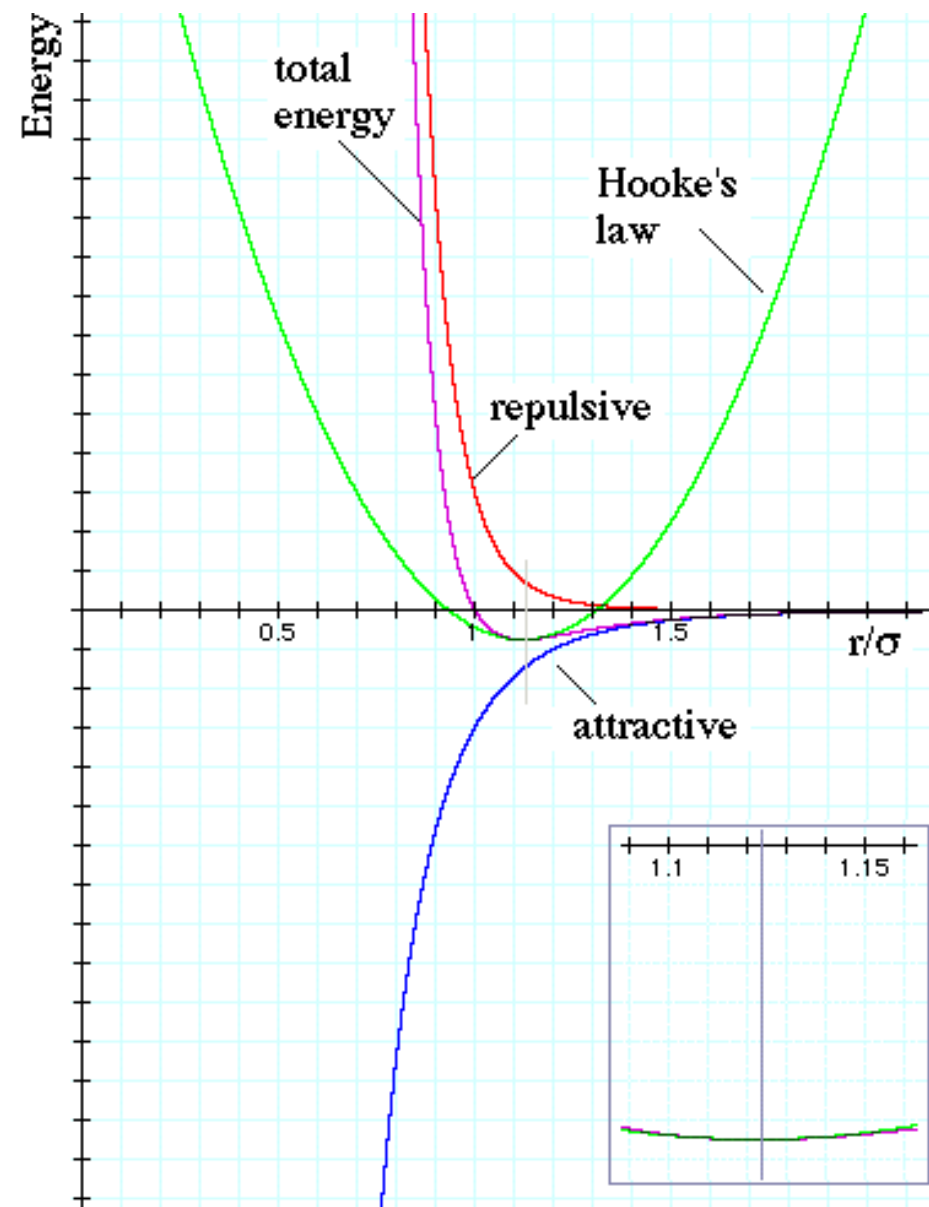
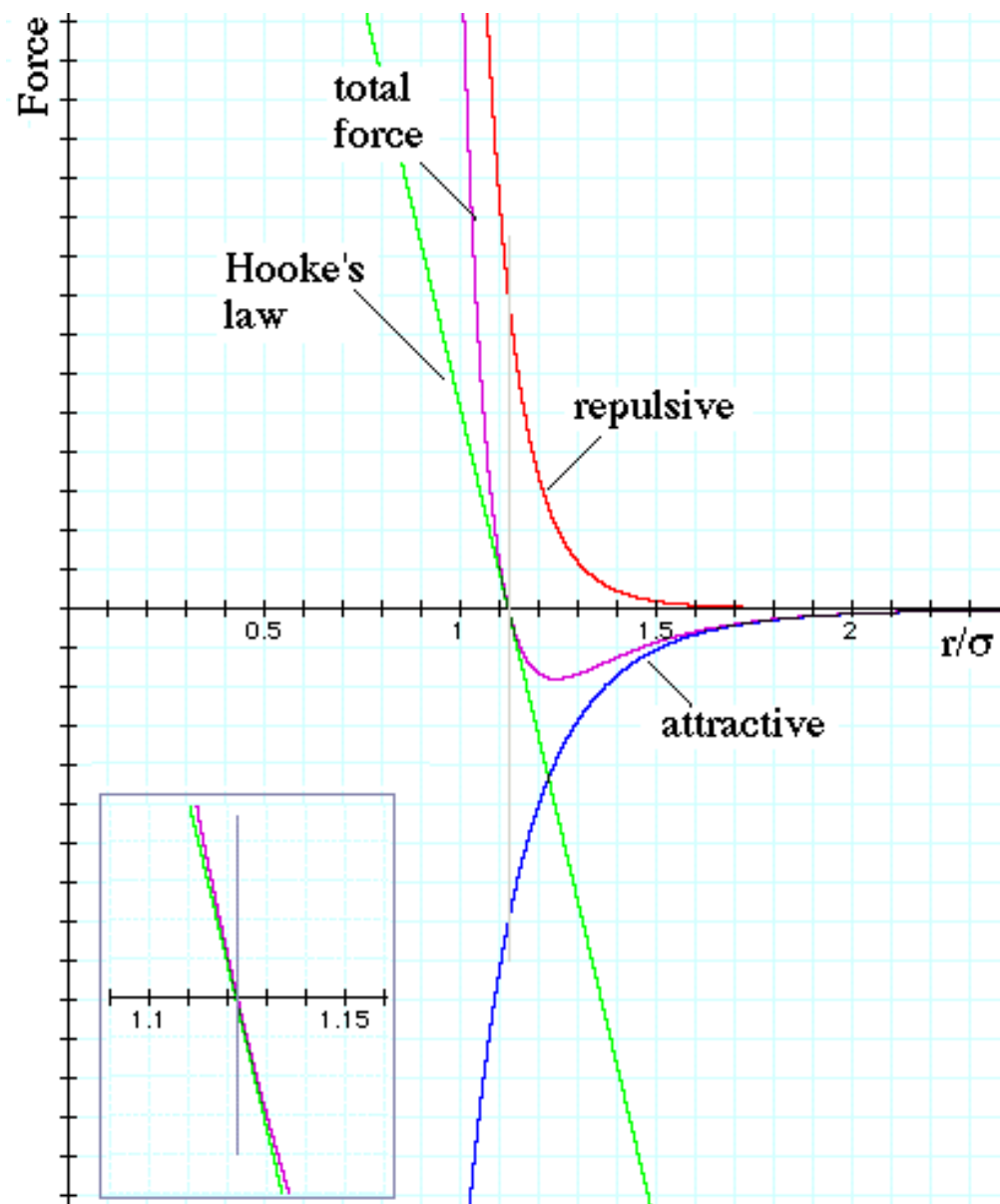
$$\cos \theta = \frac{\vec{a} \cdot \vec{b}}{ab} = \frac{a_x b_x + a_y b_y + a_z b_z}{\sqrt{a_x^2 + a_y^2 + a_z^2} \sqrt{b_x^2 + b_y^2 + b_z^2}} = \frac{4*2 - 3*5 - 2*3}{\sqrt{4^2 + 3^2 + 2^2} \sqrt{2^2 + 5^2 + 3^2}} = -0.39$$

$$\text{So } \theta = 113^\circ$$

Remember that we described Hooke's law in terms of molecular/atomic interaction: now we can relate forces to energies



or, if we calculate it with a standard model for the interactions (see Q11, homework set 2) :



Hooke's law is in green: a linear approximation $F(x)$, which is a parabolic approximation to $U(x)$.