

FIRST AID SUPPLY LIST

REQUIRED ITEM	USE TO
Band Aids (assorted sizes)	To cover and protect cuts or open wounds.
Flashlight (operable, may be small	To check eyes, inside nose, throat and ears.
Gauze pads (2"x2" or 4"x4")	To clean, cover and protect cuts or open wounds.
Gauze pad (large, thick size) or sanitary napkin	To control bleeding or cover large wounds.
Gauze, flexible rolls (2 rolls)	To hold gauze bandages in place.
Gloves (disposable vinyl-latex gloves are acceptable, but they may cause a skin reaction for the wearer)	To protect person administering aid.
Ice Bag or Chemical Ice Pack	To control swelling when filled or activated.
Paper Towels	To clean up spills (then discard).
Pocket mask/Face shield for CPR	To perform rescue breathing during CPR.
Safety Pins	To secure sling in place.
Scissors (blunt tip)	To cut gauze and bandages to size.
Soap (liquid, fragrance-free)	To clean injured area.
Tape (hypo-allergenic)	To hold gauze bandages to size.
Thermometer (non-glass, non-mercury) or fever strip	To take body temperature. Do not take rectally.
Triangular bandage (pre-made or 40"x40"x64" piece of clean cotton cloth	To immobilize body parts as a sling or a tie for a splint; To hold dressing on large wounds.
Tweezers	To remove splinters.
Wash cloths (disposable)	To clean injured area.
If you suspect that a child has been poisoned, call Poison Control immediately! Follow all instructions given by Poison Control. Do <u>not</u> induce vomiting unless instructed to do so by Poison Control. POISON CONTROL: 410 529-7701 (Metropolitan Baltimore) or 1-800-222-1222 (Maryland only, toll-free)	

Note: First aid supplies are to be kept in a location which is convenient and easily accessible. All first aid items are to be maintained in a sufficient quantity for the size of the child care program. First aid supplies are to be available at the child care facility and on all field trips.

Recommended Additional Items:

- Coins for emergency phone calls or cell phone

- Pen/pencil and note pad for recording emergency events for use on field trips
- Splints (metal or plastic)
- Emergency medication for children with special needs (as approved and provided by parents)
- Purchased bottled water (replace once opened)

There are new items included on the recommended first aid kit list. Paper towels, a CPR face mask, and gloves are now included. The CPR face mask can be obtained from the following medical supply distributors or online:

Channing Bete Company 1-800-611-6083 www.channing-bete.com

Laerdal Medical Corporation 1-888-562-4242 www.laerdal.com

WorldPoint ECC, Inc. 1-888-322-8350 www.worldpoint-ecc.com

American Red Cross 1-(215) 253-7713 www.first-aid-product.com/industrial/cprl.htm

CPR Savers & First Aid Supply 1-800 480-1277 www.cpr-savers.com

Hetep Supply Company, Inc. 1-800-894-9997 www.cprkits.com