

SLOWASSNAIL

Rules and Regulations

1. Participants must start with both feet on the ground, one hand on the handlebars, and the other hand holding the brake.
2. Riders must remain within the boundaries of the race course.
3. Riders must not touch the ground with any body part other than their feet. If a rider touches the ground or puts a foot down, they are disqualified.
4. Riders line up at the start line.
5. The race begins with a signal (such as a whistle or a countdown).
6. The winner is determined by the last participant to cross the finish line without touching the ground or falling off the bike.
7. Judges may be stationed along the course to monitor participants for rule violations.
8. If there is any dispute or uncertainty, judges have the final decision on disqualifications or other race-related matters.
9. Helmets are usually required for all participants.
10. Adequate medical assistance should be available in case of accidents or injuries.
11. Participants should be briefed on safety guidelines before the race begins.
12. Participants are expected to compete fairly and respect other riders.
13. Unsportsmanlike conduct, such as intentional interference with other riders, may result in disqualification.
14. Prizes may be awarded to the winners, typically based on finishing position or other criteria determined by the organisers.
15. These rules can vary depending on the specific event and organisers, but they provide a general framework for conducting a bike slow race competition.
16. In the absence of at least five participants, the event will be cancelled

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