

ADRES: WESTERSTRAAT 176

1015 MR AMSTERDAM

TEL: 020 - 6121243

EMAIL: INFO@TANDARTSJORDAAN.NL

### INSTRUCTIONS FOR SPLINT

## Field of application

Splints are for relaxing hard bite during the night. It's a double-layer plate coloured-transparent, with high wearing comfort, hard side: copolyester (PETG), soft side: polyurethane (TPU).

# Instructions for cleaning and maintenance

## Application:

The material is slightly flexible but the outside 3mm layer is hard, therefore the insertion of placing is really important and must follow the instructions of the dentist.

#### After use:

- · Wash well with water.
- Best is to thoroughly clean the inner and exterior side of the retainer with a toothbrush and soap.

Do not use any strongly perfumed soaps. Not suited are: tooth-paste (contains abrasive particles), mouth-wash (can cause discolouring) and water that is hotter than 50°C (deformation). Solvent-based cleaning agents cause delamination of multi-layered splints.

- · Again, wash well with water.
- Shake off the water or dry with a towel.
- Never blow-dry deformation!
- Very important: Allow the retainer to completely dry! Keep at a dry place, at best in a box like that has aeration holes.
- · Again, wash with water before using it.

### Generation of bad smells

If after some time the splint has adopted a strong smell, additionally put the splint for one hour in a non-perfumed, concentrated soap solution, afterwards thoroughly wash with water. Such soap suds remove most of the smell generating bacteria.

### **Discolouring**

Soft thermoforming materials have the tendency to discolour. This intake of colour pigments can be reduced or avoided by careful maintenance, but it cannot be reversed. Mouthwashes and amalgam fillings can also cause discolouring.

### **Biocompatibility**

All materials are tested on their biocompatibility and are physiologically harmless in their intended use. They are CE marked based on the EU regulation 2017/745 concerning medical products.