

## INSTRUCTIONS FOR MOUTHGUARD

### Field of application

Playsafe triple is suitable for all kind of sports. Three-layered sports mouthguard, hard intermediate layer.

### Instructions for cleaning and maintenance

#### Application:

The material is slightly flexible but there is a hard layer between the soft layers. It means that insertion of placing is important and must follow the instructions of dentist in this.

- When not in use, the mouthguard must be stored at room temperature.
- Do not use dryer or heating devices. Avoid storing the mouthguard under heavy weights in order to keep its shape.
- Do not expose the mouthguard to direct sunlight nor to extreme heat for lengthy periods of time.

#### After use:

- Wash well with water.
- Best is to thoroughly clean the inner and exterior side of the mouthguard with a toothbrush and soap.

**Do not use any strongly perfumed soaps. Not suited are: tooth-paste (contains abrasive particles), mouth-wash (can cause discolouring) and water that is hotter than 50°C deformation). Solvent-based cleaning agents cause delamination of multi-layered splints.**

- Again, wash well with water.
- Shake off the water or dry with a towel.
- Never blow-dry - deformation!
- Very important: Allow the mouthguard to completely dry! Keep at a dry place, at best in a box like that has aeration holes.
- Again, wash with water before using it.

### Safety warnings and limitations

- No sports mouthguard can protect against all injuries.
- Do not chew the mouthguard. If it is chewed and/or not used as intended, its effectiveness in terms of fit, protection and durability will be greatly reduced.
- Have the mouthguard replaced immediately if it shows signs of wear, cracks, or splits or if there is any doubt about its condition.

### **Duration instructions**

The obsolescence of the mouthguard depends upon the regularity and severity of its use. When used and worn on a daily basis, these protectors should normally remain serviceable for 6 months. However, regardless its frequency of wear we strongly recommend replacing the mouthguard after 12 months from purchase date.

### **Generation of bad smells**

If after some time the splint has adopted a strong smell, additionally put the splint for one hour in a non-perfumed, concentrated soap solution, afterwards thoroughly wash with water. Such soap suds remove most of the smell generating bacteria.

### **Discolouring**

Soft thermoforming materials have the tendency to discolour. This intake of colour pigments can be reduced or avoided by careful maintenance, but it cannot be reversed. Mouthwashes and amalgam fillings can also cause discolouring.

### **Biocompatibility**

All materials are tested on their biocompatibility and are physiologically harmless in their intended use. They are CE marked based on the EU regulation 2017/745 concerning medical products.