

## INSTRUCTIONS FOR BLEACHING TRAY

### Field of application

Erkoflex-bleach is a material for bleaching trays and fluoride trays. Our whitening material is for overnight use, therefore the trays are soft and flexible to be comfortable.

### Instructions for cleaning and maintenance

#### Application:

The material is flexible but do not chew it. If it is chewed and/or not used as intended, its effectiveness in terms of fit. It is important to follow the cleaning instructions.

#### After use:

- Wash well with water.
- Best is to thoroughly clean the inner and exterior side of the retainer with a toothbrush and soap.

**Do not use any strongly perfumed soaps. Not suited are: tooth-paste (contains abrasive particles), mouth-wash (can cause discolouring) and water that is hotter than 50°C (deformation). Solvent-based cleaning agents cause delamination of multi-layered splints.**

- Again, wash well with water.
- Shake off the water or dry with a towel.
- Never blow-dry - deformation!
- Very important: Allow the retainer to completely dry! Keep at a dry place, at best in a box like that has aeration holes.
- Again, wash with water before using it.

### Generation of bad smells

If after some time the splint has adopted a strong smell, additionally put the splint for one hour in a non-perfumed, concentrated soap solution, afterwards thoroughly wash with water. Such soap suds remove most of the smell generating bacteria.

### Discolouring

Soft thermoforming materials have the tendency to discolour. This intake of colour pigments can be reduced or avoided by careful maintenance, but it cannot be reversed. Mouthwashes and amalgam fillings can also cause discolouring.

### Biocompatibility

All materials are tested on their biocompatibility and are physiologically harmless in their intended use. They are CE marked based on the EU regulation 2017/745 concerning medical products.

## INSTRUCTION FOR OPALESCENCE WHITENING MATERIAL

Opalescence™ PF 10% teeth whitening trays allow you to whiten overnight by wearing your custom-trays while you sleep. It means 8-10 hours with 10% carbamide peroxide content.

Because the length of time needed to achieve the shade you desire will depend on your specific case, you may require more than one application of Opalescence™ PF 10% teeth whitening over multiple nights. Consult with your dentist to determine if this option is right for you.

Teeth whitening results are very stable, leaving you with a stunning smile long after your teeth whitening treatment is over. Things like genetics, diet, age, some medications (like tetracycline), and certain habits (like smoking) may affect the length of your whitening results. Fortunately, treatments are quick and easy, helping you get that bright, white smile back.

### Step-by-step guide



Express one continuous bead of teeth whitening gel approximately 1/3 ½ of the syringe



Place teeth whitening tray over teeth. Gently press tray to move teeth whitening gel into place. Pressing too firmly will force gel out of tray. Wear times will vary.



Remove excess teeth whitening gel from gums using a soft toothbrush.



Clean teeth whitening tray with soft brush and hand warm water. Store tray in the case that came with your kit.