

957 Lindola Pl.
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Adrianna Tan

Dear Adrianna,

Enclosed is a copy of Charlotte Joko Beck's "Nothing Special". I do not endorse her teaching or her particular brand of Buddhism (nor any other) but, immediately following my second 10-day meditation course, I found her writing to be a great help in untangling the confusion which surfaced from my experience. Perhaps you will also find it similarly useful.

In the past, I've written essays in lieu of letters (or emails) to individuals. This time, I thought I might write and publish the letter instead. Let me know what you think about that idea.

I write to you to speak, ostensibly, about gurus. Starting with an essay at first, I penned a title of "On Gurudom" which caused the immediate [rm](#) of that file. Such an essay telegraphs its conclusion loudly and obnoxiously: "Gurus Bad!" That's not my intention. There's also a lot of periphery to the teachings and their respective teachers that don't have anything to do with gurudom, per se.