#### VETERANS DAY TREATMENT CENTER

Welcome to the Veterans Day Treatment Center, where, "We put homeless Veterans first." Our goal is to provide you a safe, secure and comfortable davtime environment, with an opportunity to work toward mental, social and physical stability. To take full advantage of Veterans Day Treatment Center services, we encourage you to work with a case manager to develop an "Individual Service Plan" aimed at helping you to recover from homelessness. If you need to see a doctor, please request a referral through a case manager. A nurse is available to assist with your medical concerns, job counselors can assist you with locating employment, and social workers are available to assist with your social and emotional needs.

#### MISSION

Our mission is to provide a broad range of services designed to help homeless Veterans achieve their highest level of functioning.

## VISION

Our vision is to be a leader in the development of innovative, evidence based approaches, to meeting the needs of homeless Veterans.

## **VALUES**

We value good customer service and expect staff to be dedicated and courteous and to recognize the worth and dignity of all "Persons Served" while respecting their right to self-determination.

#### STANDARDS OF CONDUCT

#### THIS IS A SMOKE FREE FACILITY!!!

Drug or alcohol use or possession, theft of property, buying or selling illegal drugs or prescription medications, possession of drug paraphernalia, acts of violence, verbal or physical threats of violence or possession of weapons will result in immediate expulsion from the facility.

Please respect fellow Veterans and staff by keeping the noise level down.

Intimidating, disruptive, or disrespectful behavior or profanity will not be tolerated.

There is no access to private office space unless accompanied by a staff person.

Staff is available to assist with your case management needs Monday-Friday from 10:00-11:00 a.m. and 1:00-2:00 p.m.

Veterans requesting breakfast services are required to participate in morning groups.

Please direct questions regarding services to the Intake Coordinator for the day.

Remember, this is a treatment facility; sleeping is not permitted.

Client use of VA telephones must be supervised by clinical staff.

#### **CLOTHING POLICY**

Persons wanting clothing should indicate their need on the request for services signin sheet. Please be advised that we only distribute Department of Defense clothing to eligible homeless Veterans during annual "Stand Downs".

#### LAUNDRY ROOM POLICY

Laundry hours are from 9:00-10:30 a.m. You are limited to one load of clothing per week. Exceptions may be granted when it is determined to be clinically appropriate by the CHC Program Manager or HCHV Coordinator. Veterans are to clean the machines following each use.

## SHOWER ROOM POLICY

Shower time is Monday-Friday 9:00-10:30 a.m. Showers are limited to 10 minutes each to accommodate the needs of all Veterans in the Center. Please clean the shower area after use and be fully clothed outside of the shower area. If your clothing needs to be laundered, please ask for a change before entering the shower.

# SHUTTLE SERVICE

VA shuttle service is available between 8:00 a.m. and 3:30 p.m. Monday–Friday for Veterans needing to report to the medical center for appointments.

## PROGRAM COMPONENTS

HCHV provides outreach, case management and residential treatment to Veterans who are homeless who have limited social support. The followingl specialty programs are under the HCHV umbrella.

**HUD-VA** Supported Housing (VASH) provides Section 8 vouchers and intensive case management services. Veterans may enter VASH from HCHV, Domiciliary or Union Rescue Mission Workers Programs.

**HCMI** Supported Housing assists Veterans with permanent housing, and offers aftercare case management to Veterans who have completed HCHV or Domiciliary Programs.

Benefits-Linkage assists Veterans with applying for VA Benefits and discharge upgrades and other eligibility concerns.

Special Needs-Chronically Mentally III (CMI) uses a time-limited structure to address the case management needs of Veterans with CMI who are in residential treatment or in permanent supported housing.

Health Care for Re-Entry Veterans provides case management and jail diversion services to Veterans involved with local jails and court systems.

Veterans Justice Outreach provides case management to Veterans preparing for release from Arkansas prisons.

## CASE MANAGEMENT

Case managers are available to provide services to Veterans in Day Treatment as well as those in residential treatment or permanent supported housing. Please sign in on the Provider List, in order to see a case manager or the addictions therapist.

## DAY TREATMENT ACTIVITIES

Sick Call	Wednesday	0800-1430
Breakfast	Monday-Friday	0830-0900
Lunch	Monday-Friday	1130-1230

## CASE MANAGEMENT

Monday-Friday 1000-1100 & 1300-1400

EDUCATION/THERAPEUTIC GROUPS		
Monday		
0800-0830	Nutrition and Health Maintenance	
0930-1000	Life Skills	
1300-1400	Recovery Dynamics	
Tuesday		
0800-0830	Coping Skills and Life Management	
0915-0945	For Your Information	
1000-1030	Exploring Spirituality	
1030-1100	Employment Issues	
1300-1400	Recovery Dynamics	
Wednesday		
0800-0830	Problem-Solving Group	
0930-1000	Motivational Skills II	
1030-1100	Motivation	
1300-1400	Recovery Dynamics	
Thursday		
0800-0830	Self-Esteem	
0930-1000	Healthy Relationships	
1000-1100	Motivation/Reduced Stress Life	
1300-1400	Recovery Dynamics	
Friday		
0800-0830	Substance Abuse Education	
0930-1000	Anger Management	
1030-1100	Wellness Self-Management	
1100-1130	Self-Sufficiency Reward Points	
1300-1400	Recovery Dynamics	

# RECREATIONAL ACTIVITIES

Monday-Thursday	1100-1300
Friday	1130-1430

# VA REGIONAL OFFICE

Tuesdays 0800-1530

# HEALTH CARE FOR HOMELESS **VETERANS (HCHV) PROGRAM**

# VETERANS DAY TREATMENT CENTER





U.S. Department of Veterans Affairs Veterans Health Administration



# We can help with...

- Case management
- Crisis intervention
- Food and clothing
- Clinical assessments
- Residential treatment
- Permanent supported housing
- Referrals for:
  - o Emergency shelter
  - Acute treatment
  - Benefits counseling
  - Job placement

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