

## Department of Veterans Affairs

### STATEMENT IN SUPPORT OF CLAIMS FOR SERVICE CONNECTION FOR POST-TRAUMATIC STRESS DISORDER (PTSD), OR PTSD SECONDARY TO PERSONAL ASSAULT

VA DATE STAMP - DO NOT WRITE IN THIS SPACE

Thank you for your service to our country. PTSD is a normal reaction to abnormal/stressful situations. We are here to help you see if you qualify for benefits based on your service.

Please fill out this form to the best of your ability.

The more information you provide on this form, the quicker we can process your case.

**NOTE: Any information provided below will not be shared and will only be used for the VA claims department.**

#### PART ONE Please provide details about you

NAME	VA FILE #	PHONE #
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#### PART TWO Please provide details about the stressful experience

DATE/TIMEFRAME	LOCATION	UNIT #
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Was this event in combat? ☐ YES - PROCEED TO PART FIVE  
☐ NO - PROCEED TO PART THREE

#### PART THREE Please provide any details you can about the trauma type and symptoms

##### TRAUMA TYPE

<input type="checkbox"/> Accident	<input type="checkbox"/> Physical assault	<input type="checkbox"/> Rape or sexual harassment/assault
<input type="checkbox"/> Witnessed a traumatic event	<input type="checkbox"/> Harassment	<input type="checkbox"/> Other:

##### SYMPTOMS: This information will only be used to process your claim.

<input type="checkbox"/> Needed to miss work more than usual	<input type="checkbox"/> Problems with authority
<input type="checkbox"/> Increased trouble performing or working	<input type="checkbox"/> Keep on thinking about the event
<input type="checkbox"/> Trouble paying bills or supporting yourself financially	<input type="checkbox"/> Nightmares
<input type="checkbox"/> Relationship issues	<input type="checkbox"/> Flashbacks
<input type="checkbox"/> Felt you had to change your work arrangement	<input type="checkbox"/> Increased or decreased use of prescription medications
<input type="checkbox"/> Medical/psychological care sought after incident	<input type="checkbox"/> Increased use of over-the-counter medications
<input type="checkbox"/> Difficulty falling or staying asleep	<input type="checkbox"/> Drinking more than usual

**PART FOUR**

OPTIONAL: Provide any information of anyone who was connected

NAME	CONTACT INFO (address, phone number, or email)
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**PART FOUR**

OPTIONAL: Have you gotten treatment before?

Treatment examples can include

If you have received treatment before and you would like the VA to obtain records, complete VA Form 21-4142

DATE OF TREATMENT	PHYSICIAN (if applicable)	LOCATION
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**PART FIVE**

Thank you for filling out this form. You will receive a letter telling you what to do next. If your claim is approved or if we need more information, a VA mental health specialist will reach out to you.

We are here for you.

If you have any questions, please call the benefits hotline at 1-877-222-VETS or visit [http://www.ptsd.va.gov/public/treatment/Veterans/get\\_help\\_with\\_va.asp](http://www.ptsd.va.gov/public/treatment/Veterans/get_help_with_va.asp) for more information on how to get care.

SIGNATURE	DATE
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