# pre-visit Checklist

**What would you like to achieve during today’s visit with your provider?**

So that we can better meet your needs, please write down your top three concerns or goals that you want to discuss with your provider today.

Please list them while you wait and give the card to your nurse or requesting staff member at the beginning of your appointment.

Consider talking to your provider about your personal health goals based on what’s important to you!

Thank You for helping us better meet your healthcare needs!

**CONCERNS/GOALS**







**Write any other questions you would like to talk about during today’s visit.**







*Your experience matters to us, we want to meet your needs. Your provider wants to ensure we are communicating your healthcare concerns thoroughly by taking your preferences into account.*

# pre-visit Checklist

**As you prepare for your appointment, consider talking with your provider and care team about some of these questions.**

**Check all that apply!**

* What things in my life worry me or cause me the most stress?

* What conditions am I being seen for today?

* What additional medications are being prescribed today?

* Which current medications should I continue to take?

* What changes to my diet or activities should I make to improve my health?

* Will I need an x-ray, surgery or other procedure?

* Will I need to come back for a follow-up visit?

If so, when?

* Will I need additional consults (e.g., hearing clinic, eye clinic)?

