



Test Summary for **Dannisha Chimilio**

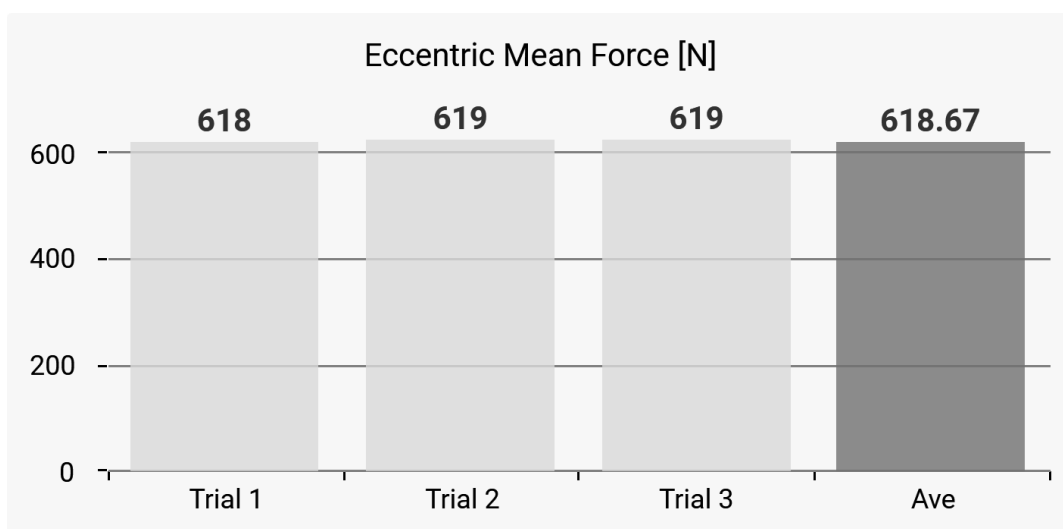
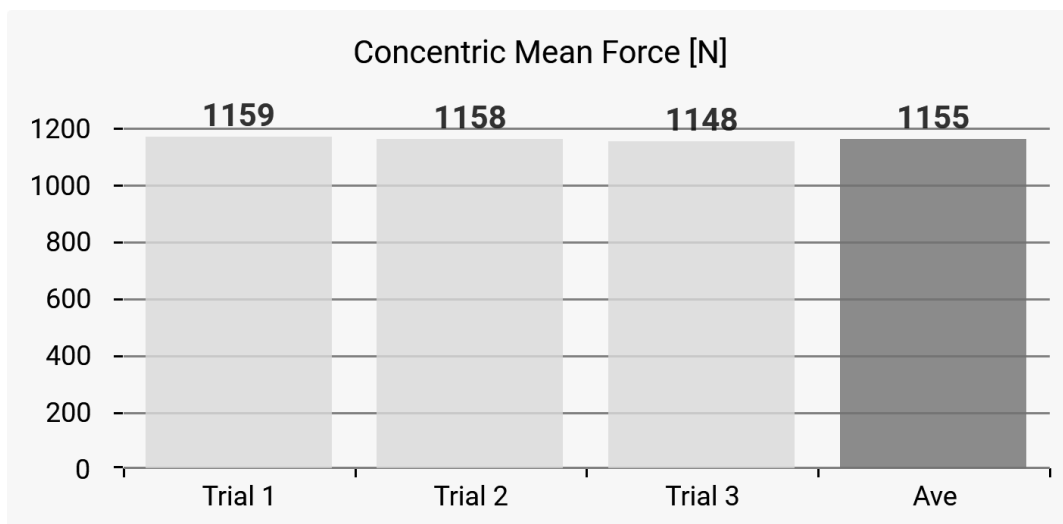
Profile

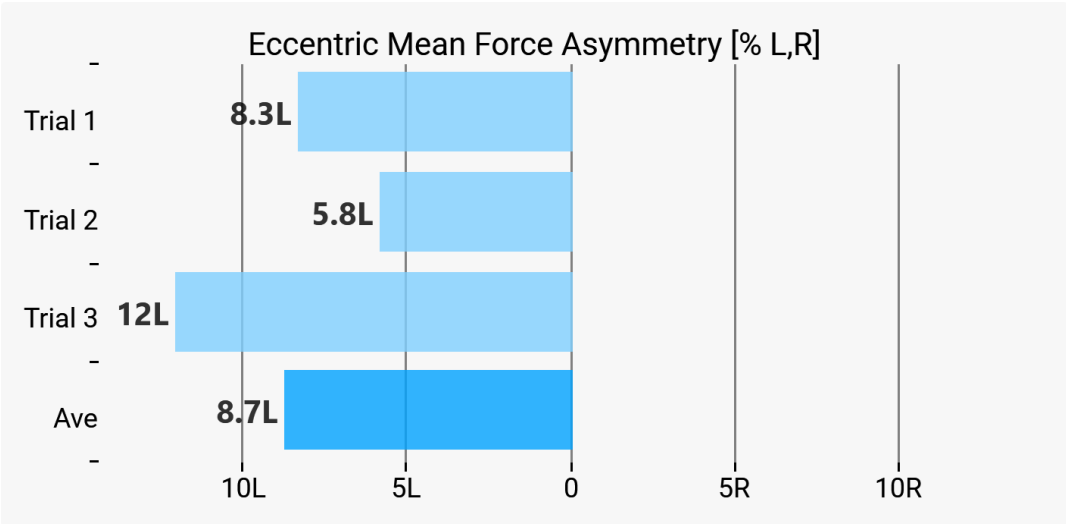
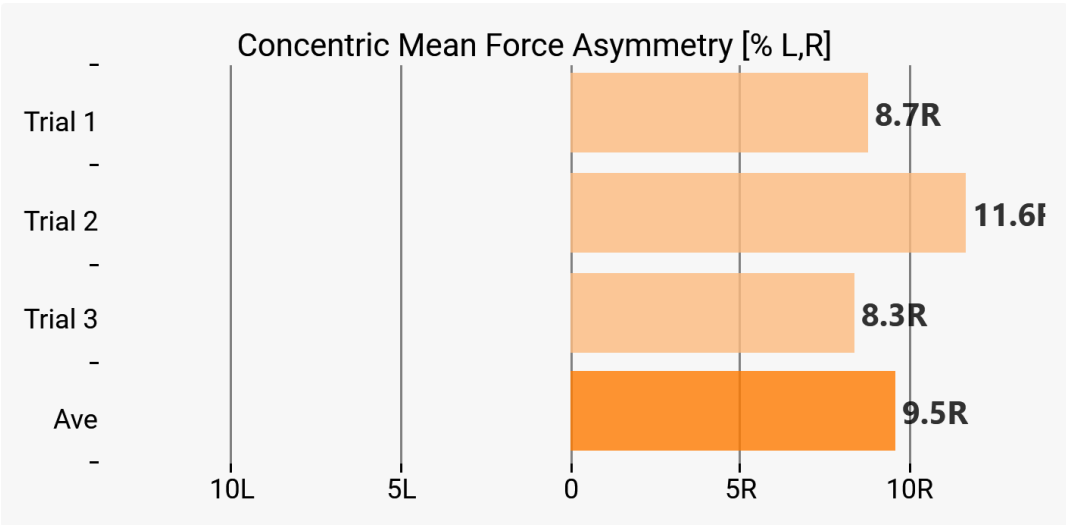
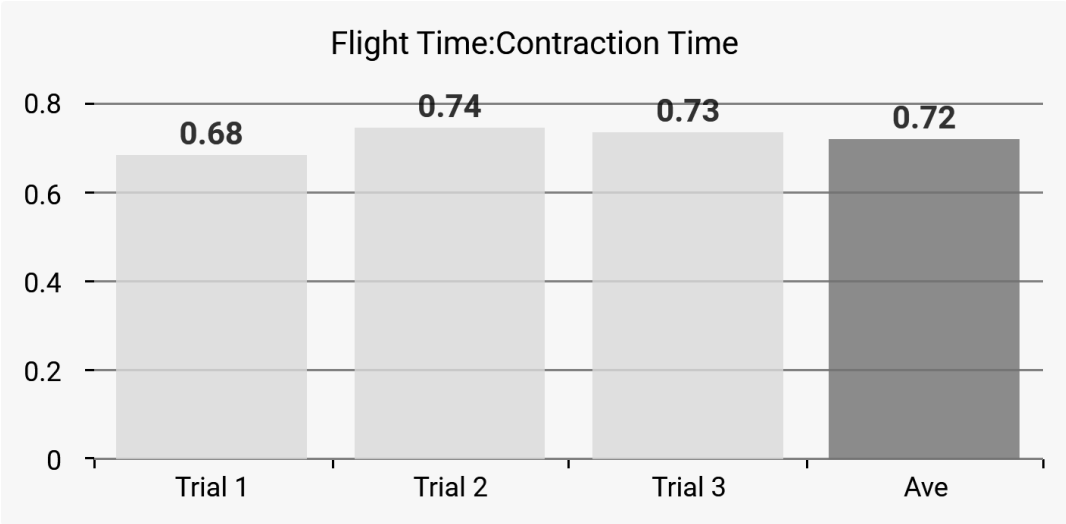
Name	Dannisha Chimilio
Gender	Not Known
Last Weight [kg]	62.90

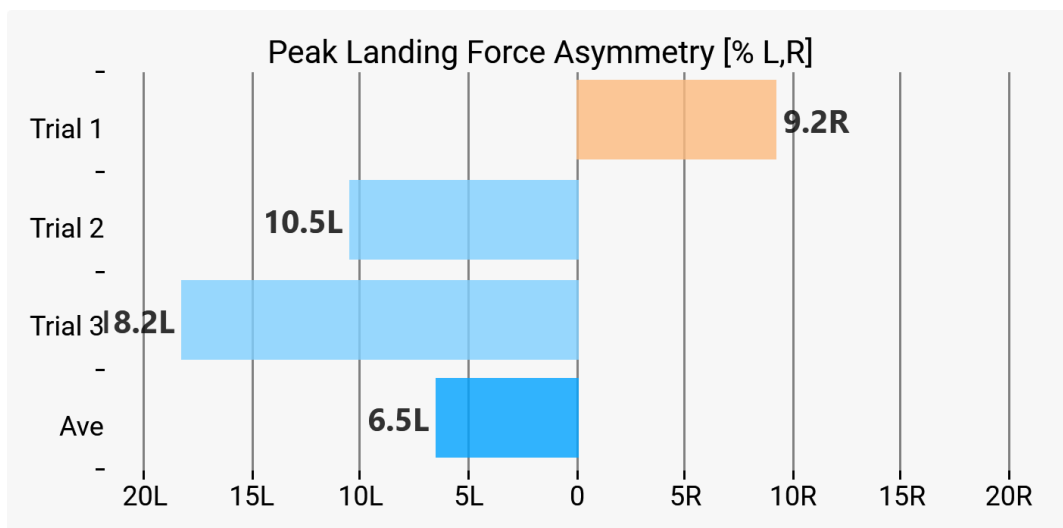
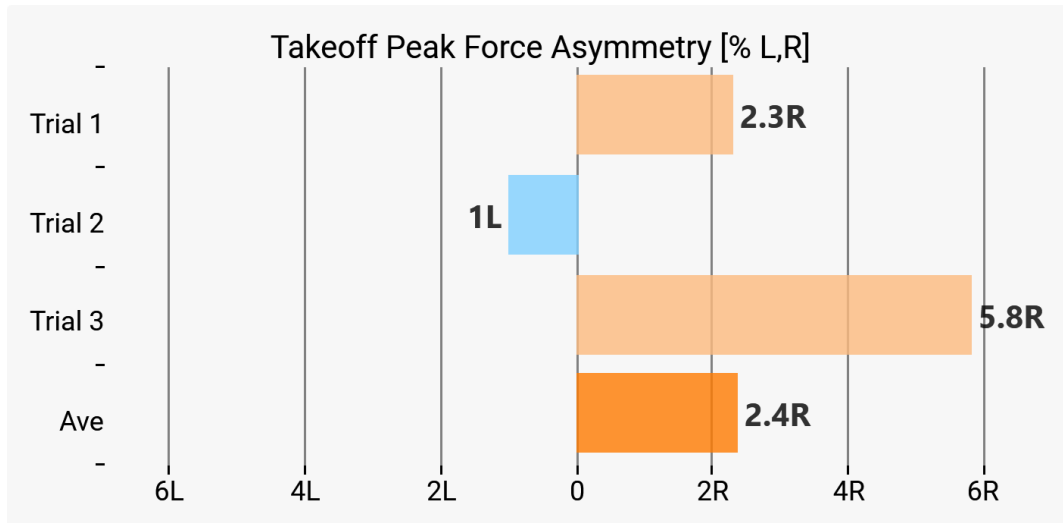
Test Details

Test Type	Countermovement Jump
Date of Recording	jueves, 3 de noviembre de 2022
Number Both	3

Main Results







Results Table

Name	Mean	Max
Concentric Impulse-50ms [Ns]	33.2	35.1
Concentric Impulse-100ms [Ns]	58.4	59.8
Concentric Maximum RFD [N/s]	4,474	5,254
Concentric Maximum RFD (Left) [N/s]	2,732	3,494
Concentric Maximum RFD (Right) [N/s]	1,785	1,834
Concentric Maximum RFD Asymmetry [% L,R]	29.7L	47.5L
Concentric Mean Force [N]	1,155	1,159
Concentric Mean Force (Left) [N]	549	553
Concentric Mean Force (Right) [N]	606	615
Concentric Mean Force Asymmetry [% L,R]	9.5R	11.6R
Concentric Mean Power [W]	1,528	1,538
Concentric Mean Power / BM [W/kg]	24.3	24.4
Concentric Peak Velocity [m/s]	2.63	2.65
Concentric RFD [N/s]	345	557
Concentric RFD / BM [N/s/kg]	5.5	8.8
Concentric RFD (Left) [N/s]	253	427
Concentric RFD (Right) [N/s]	93	225
Concentric RFD - 50ms [N/s]	-3,348	-2,456
Concentric RFD - 100ms [N/s]	-2,812	-1,729
Concentric RFD Asymmetry [% L,R]	39.9L	87.7L
Concentric RPD [W/s]	13,269.6	13,497.5
Concentric RPD / BM [W/s/kg]	210.6	214.2
Concentric RPD - 50ms [W/s]	12,461.4	13,358.3
Concentric Time to Peak Force [ms]	146	222
Contraction Time [ms]	766	796

Contraction Time:Eccentric Duration [%]	163.2	166.6
Eccentric:Concentric Duration [%]	158.7	171.7
Eccentric Duration [ms]	470	503
Eccentric Mean Force [N]	619	619
Eccentric Mean Force (Left) [N]	324	329
Eccentric Mean Force (Right) [N]	295	300
Eccentric Mean Force Asymmetry [% L,R]	8.7L	12L
Eccentric Mean Power [W]	462	501
Flight Time [ms]	549	553
Flight Time:Contraction Time	0.72	0.74
Jump Height (Flight Time) [cm]	36.9	37.5
Jump Height (Imp-Mom) [cm]	32.8	33.5
Movement Start to Peak Force [s]	0.611	0.720
Movement Start to Peak Power [s]	0.714	0.740
Peak Landing Force [N]	5,807	6,218
Peak Landing Force (Left) [N]	3,157	3,639
Peak Landing Force (Right) [N]	2,915	2,977
Peak Landing Force Asymmetry [% L,R]	6.5L	18.2L
Peak Net Takeoff Force / BM [N/kg]	13.0	13.2
Peak Power [W]	3,236	3,270
Peak Power / BM [W/kg]	51.4	51.9
Vertical Velocity at Takeoff [m/s]	2.54	2.56