## Education

2012-Present University of Washington

Ph.D. Student in Computer Science & Engineering Advisors: James Fogarty, Sean Munson

Areas: Human-Computer Interaction, Ubiquitous Computing

M.S. Computer Science & Engineering, Winter 2014

Thesis proposal expected Spring 2016

2008-2012 University of Virginia

B.S. Computer Science with Highest Distinction Advisors: Kevin Skadron, Aaron Bloomfield

## Conference Publications

2016 C8 Taking 5: Work-Breaks, Productivity, and Opportunities for Personal Informatics for Knowledge Workers

Daniel A. Epstein, Daniel Avrahami, Jacob T. Biehl.

CHI 2016 [Acceptance Rate 23%]

C7 Crumbs: Lightweight Daily Food Challenges to Promote Engagement and Mindfulness

Daniel A. Epstein, Felicia Cordeiro, James Fogarty, Gary Hsieh, Sean A. Munson.

CHI 2016 [Acceptance Rate: 23%]

C6 Beyond Abandonment to Next Steps: Understanding and Designing for Life after Personal Informatics Tool

Use

Daniel A. Epstein, Monica Caraway, Chuck Johnston, An Ping, James Fogarty, Sean A. Munson CHI 2016 [Acceptance Rate: 23%]

2015 C5 A Lived Informatics Model of Personal Informatics

Daniel A. Epstein, An Ping, James Fogarty, Sean A. Munson UbiComp 2015 [Acceptance Rate: 30%]

C4 Barriers and Negative Nudges: Exploring Challenges in Food Journaling

Felicia Cordeiro, Daniel A. Epstein, Edison Thomaz, Elizabeth Bales, Arvind K. Jagannathan, Gregory D. Abowd, James Fogarty

CHI 2015 [Acceptance Rate: 23%] best paper nominee, top 5%

C3 From "nobody cares" to "way to go!": A Design Framework for Social Sharing in Personal Informatics

Daniel A. Epstein, Bradley H. Jacobson, Elizabeth Bales, David W. McDonald, Sean A. Munson

CSCW 2015 [Acceptance Rate: 28%]

2014 C2 Taming Data Complexity in Lifelogs: Exploring Visual Cuts of Personal Informatics Data

Daniel A. Epstein, Felicia Cordeiro, Elizabeth Bales, James Fogarty, and Sean A. Munson.

DIS 2014 [Acceptance Rate: 26%]

2013 C1 Fine-Grained Sharing of Sensed Physical Activity: A Value Sensitive Approach

Daniel A. Epstein, Alan Borning, and James Fogarty

UbiComp 2013 [Acceptance Rate: 23%]

# **Workshop Publications**

#### 2016 W8 New Frontiers of Quantified Self 2

Amon Rapp, Federica Cena, Judy Kay, Bob Kummerfeld, Frank Hopfgartner, Till Plumbaum, Jakob Eg Larsen, Daniel A. Epstein, Rúben Gouveia UbiComp 2016 Workshop, organizer

## 2015 W7 Personal Informatics in Everyday Life

Daniel A. Epstein UbiComp/ISWC 2015 Doctoral School

#### W6 Wearables of 2025: Designing Personal Informatics at a Broader Audience

Daniel A. Epstein, Nicole B. Lee, Elizabeth Bales, James Fogarty, Sean A. Munson CHI 2015 Workshop (Beyond Personal Informatics: Designing for Experiences with Data)

#### 2014 W5 Failures in Sharing Personal Data on Social Networking Sites

Daniel A. Epstein, James Fogarty, Sean A. Munson UbiComp 2014 Workshop (Disasters in Personal Informatics: The Unpublished Stories of Failure and Lessons Learned)

#### W4 Design Considerations for Socially Sharing Quantified Self

Daniel A. Epstein, Elizabeth Bales and Sean A. Munson CHI 2014 Workshop (Beyond Quantified Self: Data for Wellbeing)

#### 2013 W3 Improving Personal Informatics Through Social Sharing

Daniel A. Epstein
UbiComp/ISWC 2013 Doctoral School (Junior Track)

#### W2 Examining Obstacles to Sharing Fine-Grained Personal Activity Data

Daniel A. Epstein and James Fogarty CHI 2013 Workshop (Personal Informatics in the Wild: Hacking Habits for Health & Happiness)

#### 2012 W1 Multi-Granularity Redundancy in Multi-Core SIMT

Daniel A. Epstein, Kevin Skadron, and Brett H. Meyer (2012). DFM&Y 2012 (Workshop on Design for Manufacturability and Yield)

## **Posters**

#### 2015 P2 Personal Informatics in Everyday Life

Daniel A. Epstein UbiComp 2015 Doctoral School

#### P1 SIMD Performance and Yield Optimization with Multi-granularity Redundancy

Daniel A. Epstein, Kevin Skadron, and Brett H. Meyer. DAC 2012 Work-in-Progress

# **Teaching Experience**

University of Washington

2016 Teaching Assistant

Advanced Topics in HCI (CSE 510), James Fogarty. Aided in course design, research project feedback

2015 Teaching Assistant

HCI Capstone (CSE 441), James Fogarty. Aided in course design, project critiques

2014 Head Teaching Assistant

Introduction to HCI (CSE 440), James Fogarty. Aided in course design, lecture preparation, biweekly project critiques, grading

2013-Present Research mentorship

Organized Directed Research Group (HCDE 496/596), with Sean Munson. Mentored masters and undergraduate students on research projects in personal informatics; work from group resulted in C3, C5, C8, W4, with student coauthors on C3, C5, C8.

Students Mentored

Jennifer Kang (CSE & iSchool B.S.) King Xia (CSE B.S. honors thesis)

Jennifer Kam (summer research, visiting from Wellsley College)

2013-Present Tutor

Data Structures and Algorithms (CSE 373), Data Abstractions (CSE 332),

Software Design & Implementation (CSE 331), Database Systems Internals (CSE 444)

University of Virginia

2009-2012 Teaching Assistant

Introduction to Programming (CS 1110), Operating Systems (CS 4414),

Game Design (CS 4501), Algorithms (CS 4102), Program and Data Representation (CS 2150)

# **Professional Experience**

Summer FXPAL, Research Intern

2015 Mentors: Daniel Avrahami, Jacob Biehl

Understanding and designing for breaks taken by knowledge workers during the workday,

published in C6

2012-Present University of Washington, Research Assistant, DUB Group

Advisors: James Fogarty, Sean Munson

Exploring how personal informatics fits into people's everyday lifes and practices

2010-2012 University of Virginia, Undergraduate Research Assistant, LAVA Lab

Advisors: Kevin Skadron, Brett Meyer

Examined using redundancy to increase the reliability of processor manufacturing in single-

instruction, multiple-data (SIMD) processors

**Summer** Microsoft, Software Development Engineer in Test Intern

2011, 2012 Wrote web service test framework for issuing game console commands for all major smartphones

# Awards, Honors, and Service

Reviewer CHI 2014-2016

UbiComp 2014-2016

DIS 2016

MobileHCI 2014 & 2015

CHI 2016 Late-Breaking Work Program Committee

Student UbiComp 2013 & 2014

Volunteer CHI 2013

Seminar DUB Speaker Coordinator, 2015-2016

Coordinator DUB Food Coordinator, 2013

Awards Best Paper Nomination, CHI 2015 (for C4)

UbiComp 2015 Travel Grant UbiComp 2013 Travel Grant

2012 Louis T. Rader UVA CS Departmental award for excellence in service 2011 Louis T. Rader UVA CS Departmental award for excellence in teaching

## Invited Talks and Guest Lectures

2016 Behavior Change and Personal Informatics

Guest Lecture, HCDE 419 (Concepts in HCI), University of Washington, April 2016

Using Personal Data in Everyday Life: Actionable Insights, Self-Representation, and Eliciting Support International Society for Research on Internet interventions (ISRII) Scientific Meeting, April 2016

**Experiment Design and Statistics** 

Guest Lecture, CSE 510 (Advanced Topics in HCI), University of Washington, January 2016

2015 A Lived Informatics Model of Personal Informatics

Barriers and Negative Nudges: Exploring Challenges in Food Journaling

Computer Science & Engineering Industrial Affiliates, University of Washington, October 2015

A Lived Informatics Model of Personal Informatics

FXPAL, September 2015

Personal Informatics in Everyday Life

HCI Seminar, Stanford University, September 2015

Receiving Value and Social Support from Personal Informatics Data

University of Maryland, January 2015

2014 More than Interaction Design: Exposing the Breadth of HCI

Guest Lecture, CS 3205 (HCI in Software Development), University of Virginia, October 2014

Task Analysis

Guest Lecture, CSE 440 (Introduction to HCI), University of Washington, October 2014

2013 Fine-Grained Sharing of Sensed Physical Activity: A Value Sensitive Approach

Computer Science & Engineering Industrial Affiliates, University of Washington, October 2013

# **Selected Press**

2016 New Reasons Why You Should Keep a Food Journal

Wall Street Journal, Sumathi Reddy, May 2016

http://www.wsj.com/articles/new-reasons-why-you-should-keep-a-food-journal-1463419285

2015 Food Journaling not as Easy or Effective as it Should Be: Study

Consumer Affairs, Christopher Maynard, April 2015

 $\underline{https://www.consumeraffairs.com/news/food-journaling-not-as-easy-or-effective-as-it-should-be-study-041715.html}$ 

Why People Ditch Food Journal Apps

New York Magazine, Jesse Singal, April 2015

http://nymag.com/scienceofus/2015/04/why-people-ditch-food-journal-apps.html

2014 UW Study Finds Pros and Cons of Fitness Gadgets

King 5 News, July 2014