Topic 1 Shaping your identity

**Symbole und Abkürzungen**

Vok ↔ ist das Gegenteil von  
Vok → ist verwandt mit  
Vok = entspricht  
 = Definition

sth something  
sb somebody  
*(BE)* Britisches Englisch  
*(AE)* Amerikanisches Englisch  
*(sg)* Einzahl (Singular)  
*(pl)* Mehrzahl (Plural)  
etw etwas  
jdn jemanden  
jdm jemandem  
 Achtung: Aussprache

**Getting started**

| Englisch | Deutsch | Beispiele / Erklärungen | Eigene Beispiele oder Übersetzung in die Muttersprache |
| --- | --- | --- | --- |
| to shape | formen; prägen | = to give sth or sb a definite form |  |
| aspiration | Bestrebung; Sehnsucht | I don’t have any political aspirations. |  |
| to fit | passen | These shoes don't fit. They're too small. |  |
| to pin | anstecken; anheften | = to fasten sth with a pin |  |
| impression | Eindruck | She made a good impression in her interview. |  |
| association | Verbindung; Assoziation | association → to associate with |  |
| sophistication | Erfahrenheit; Kultiviertheit | sophistication ↔ simpleness |  |
| vibrant | lebendig; dynamisch | vibrant = lively |  |

**Text workshop A - You are what you eat**

| Englisch | Deutsch | Beispiele / Erklärungen | Eigene Beispiele oder Übersetzung in die Muttersprache |
| --- | --- | --- | --- |
| dos and don’ts | Verhaltensregeln | = a list of things you should DO or NOT DO |  |
| seasonal | saisonal | seasonal → season |  |
| almond | Mandel | Almonds are an important ingredient in marzipan. |  |
| sustainable | nachhaltig; umweltgerecht | sustainable ↔ unsustainable |  |
| to be passionate about sth | etw leidenschaftlich gern tun | to be passionate about ↔ to hate |  |
| award | Preis; Auszeichnung | award = trophy; prize |  |
| to combat | bekämpfen | to combat = to fight |  |
| eco-credentials | Ökobewusstsein | Berlin is a city with good eco-credentials, it is both green and cool. |  |
| like-minded | gleich gesinnt | = to have the same values and preferences |  |
| in particular | insbesondere | I like your hair and the new colour in particular. |  |
| to collaborate (with sb) | (mit jdm) zusammenarbeiten | to collaborate → collaboration |  |
| to endorse sth | etw befürworten | Several schools endorse the idea of a common digital agenda. |  |
| regime | *hier:* Diät; Richtlinie | = a regular pattern that people follow |  |
| downside | Schattenseite; Kehrseite | downside ↔ upside |  |
| to go veggie | Vegetarier/-in werden | He likes to tell the story of how he went veggie after working in the meat industry. |  |
| accessibility | Zugänglichkeit; Erreichbarkeit | accessibility → to access sth |  |
| to feel sth keenly | etw sehr intensiv empfinden | keenly = intensely |  |
| on the scale of | im Umfang von | on the scale of → on a small scale |  |
| crop | Ernte; Getreide | The farmers have had a good crop of apples this year. |  |
| affordability | Erschwinglichkeit | affordability → to afford |  |
| to be key | entscheidend sein | Establishing quiet and green living quarters is key to the city's restructuring efforts. |  |
| deforestation | Abholzung | deforestation → forest |  |
| zero waste | Null Abfall; Zero Waste | They want to achieve zero waste operations by 2025. |  |
| to cease | enden; aufhören | to cease = to end |  |
| to convert to sth | zu etw übertreten | to convert → conversion → convert |  |
| to be still going strong | noch immer erfolgreich sein | The rock band is 20 years in business and still going strong. |  |
| privileged | privilegiert; bevorzugt | privileged ↔ disadvantaged |  |
| to educate | bilden; ausbilden | to educate → education |  |
| to refer to sth | sich auf etw beziehen | to refer to → reference |  |
| to relate to | in Beziehung setzen; verstehen | I can relate to both sides but I think that Harry has presented his argument better. |  |

**Text workshop B - Sport – going above and beyond**

| **Englisch** | **Deutsch** | **Beispiele / Erklärungen** | Eigene Beispiele oder Übersetzung in die Muttersprache |
| --- | --- | --- | --- |
| to police sth | etw überwachen | to police = to direct; to regulate |  |
| descent | Abstieg | descent ↔ rise |  |
| mountaineer | Bergsteiger/-in | = a person who hikes and climbs in the mountains |  |
| congestion | Stau | congestion = traffic jam; tailback |  |
| to ascend | aufsteigen; steigen | to ascend ↔ to descend |  |
| to make no sense | keinen Sinn machen | to make no sense = to be pointless |  |
| accomplishment | Leistung; Errungenschaft | accomplishment → to accomplish |  |
| disillusionment | Ernüchterung | disillusionment ↔ euphoria |  |
| to get caught up in sth | in etw verwickelt werden | If we don't follow the plan we could get caught up in all sorts of problems. |  |
| despite | trotz | despite = in spite of |  |
| to set off | aufbrechen; sich aufmachen | We set off to the West to find gold. |  |
| to have no clue | keine Ahnung haben | What's the time? – I have no clue. |  |
| to drag | schleppen; ziehen | to drag = to pull along |  |
| to be out of place | fehl am Platz sein | = to not fit into a situation or scheme |  |
| estimate | Schätzung | The latest estimates suggest that the project is going to be much more expensive. |  |
| corpse | Leiche | corpse = dead body |  |
| peak | Gipfel | Mont Blanc is the highest peak in Europe. |  |
| to pass away | versterben | to pass away = to die |  |
| mentally | geistig; psychisch | mentally ↔ physically |  |
| to be committed to | sich für etw engagieren | to be committed to → commitment |  |
| endurance | Ausdauer | endurance → to endure |  |
| to have concerns about | Bedenken haben | Contact customer service if you have concerns about the safety of your product. |  |
| preparation | Vorbereitung | preparation → to prepare |  |
| calorie | Kalorie | Fats have the most calories per gram making fat-rich foods the most common calorie-dense foods. |  |
| to break sth down | *hier:* sich zusammensetzen aus; zerlegen | to break sth down *here:* = to dissolve |  |
| incredible | unglaublich | incredible = unbelievable |  |
| to be associated with | verbunden werden mit; stehen für | to be associated with → association |  |

**Advanced text workshop C - Ways of learning**

| Englisch | Deutsch | Beispiele / Erklärungen | Eigene Beispiele oder Übersetzung in die Muttersprache |
| --- | --- | --- | --- |
| to maintain | aufrechterhalten | to maintain → maintenance |  |
| attention span | Aufmerksamkeitsspanne | His attention span was very short when it came to numbers and figures. |  |
| to insist (on sth) | (auf etw) bestehen | = to strongly suggest sth is true |  |
| gradually | allmählich; nach und nach | = sth is being done step by step |  |
| to recite | vortragen; rezitieren | I love this poem. I can even recite it by heart! |  |
| restless | unruhig | restless ↔ calm |  |
| intense | intensiv; heftig | There was intense pressure to finish the work on time. |  |
| contradiction | Widerspruch; Widersprüchlichkeit | = a situation that is contrary to or very different from the normal situation |  |
| seatbelt | Sicherheitsgurt | When the seatbelt sign illuminates, you must fasten your seatbelt. |  |
| to face | gegenübertreten; konfrontiert werden mit | to face = to meet |  |
| resilience | Widerstandsfähigkeit; Durchhaltevermögen | resilience = determination |  |
| noticeable | auffällig; bemerkbar | noticeable → to notice |  |
| to reflect | widerspiegeln | = to give an image of sth; to mirror |  |
| to emerge | herauskommen | to emerge → emerging |  |
| puberty | Pubertät | puberty = adolescence |  |
| digital literacy | digitale Bildung; digitale Kompetenz | = the ability to deal and work with digital devices |  |
| reliant on | abhängig von | reliant = dependent |  |
| slice | Stück; Scheibe | The pie chart consists of five slices of different sizes. |  |
| effectiveness | Effektivität; Wirksamkeit | effectiveness → effective |  |
| to shield | beschirmen; schützen | to shield = to protect |  |
| device | Gerät | You find electronic devices in every household. |  |
| to enhance | verbessern | to enhance = to make better; to improve |  |
| distracted | abgelenkt | = to not be paying attention |  |
| patience | Geduld | patience ↔ impatience |  |
| STEM | MINT (Mathematik, Informatik, Naturwissenschaft und Technik) | STEM = science, technology, engineering, and mathematics |  |
| to spark sb's interest | jds Interesse wecken | The ad in the newspaper sparked my interest. |  |
| game-based learning | spielebasiertes Lernen | = learning with the help of specially designed educational games |  |
| no doubt | zweifellos; wohl | no doubt = doubtless; clearly |  |
| coding | Programmierung | = to develop and write computer programmes in a programming language |  |
| engaging | fesselnd; einnehmend | = to capture the attention |  |
| supply and demand | Angebot und Nachfrage | The price of goods depends on the relation between supply and demand. |  |
| to discriminate against | diskriminieren; benachteiligen | to discriminate → discrimination |  |
| albeit | jedoch; wenngleich | albeit = even though |  |
| reliance | Abhängigkeit | reliance → to rely on |  |
| diminished | vermindert | diminished = reduced |  |
| to be accustomed to sth | an etw gewöhnt sein | to be accustomed to = to be used to |  |
| to master sth | etw erlernen; etw meistern | = to learn how to do sth properly |  |
| to thrive | gedeihen; Erfolg haben | The economy is thriving under these conditions. |  |
| literate | sich auskennen mit; kompetent sein | literate → literacy |  |
| to underestimate sth | etw unterschätzen | to underestimate ↔ to overestimate |  |

**Mediation workshop - The dangers of “healthy” eating**

| Englisch | Deutsch | Beispiele / Erklärungen | Eigene Beispiele oder Übersetzung in die Muttersprache |
| --- | --- | --- | --- |
| nutritional | Ernährungs- | On food packaging you can find information on the nutritional value of the content. |  |
| eating disorder | Essstörung | Bulimia and anorexia are eating disorders. |  |
| well-informed | gut informiert | informed → information |  |

**Topic Task**

| **Englisch** | **Deutsch** | **Beispiele / Erklärungen** | Eigene Beispiele oder Übersetzung in die Muttersprache |
| --- | --- | --- | --- |
| in the course of | während; im Verlauf | in the course of = during; while |  |
| market research | Marktforschung | research → researcher |  |
| to perceive | wahrnehmen | Many insects can perceive colours that are imperceptible to humans. |  |
| to submit | einreichen; vorlegen | to submit → submission |  |
| to envision sth | sich etw vorstellen | to envision = to imagine |  |