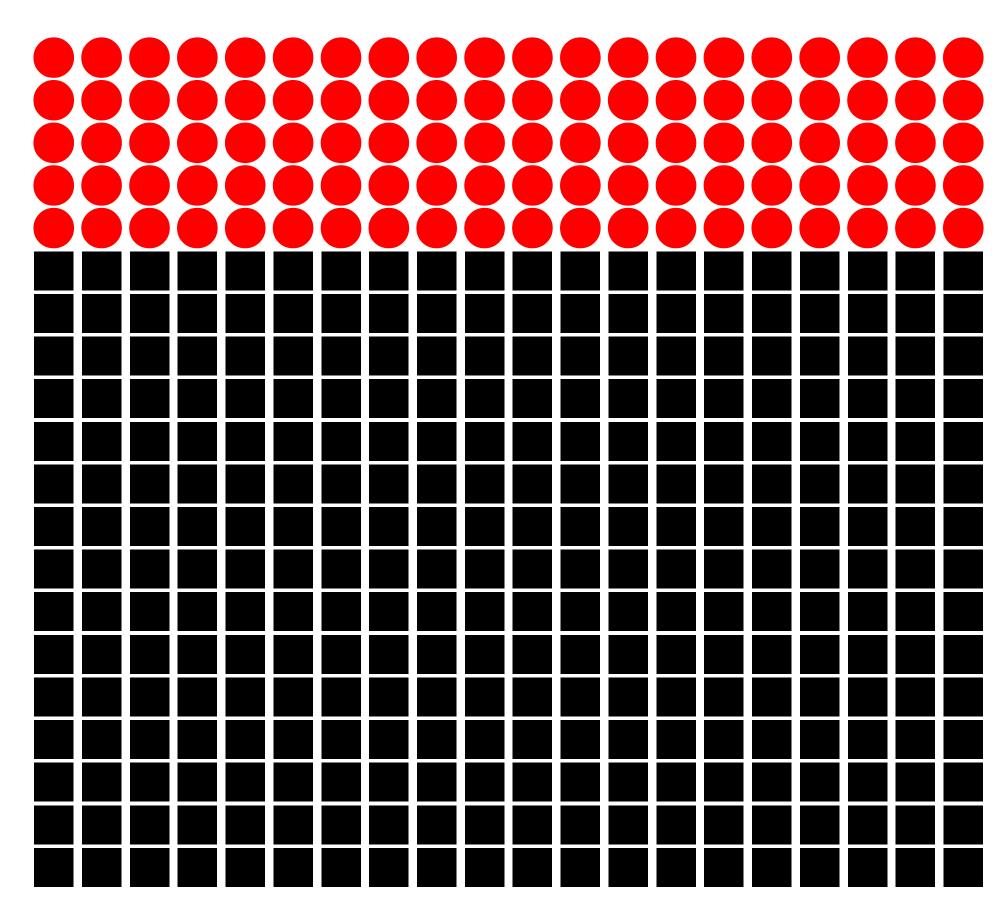
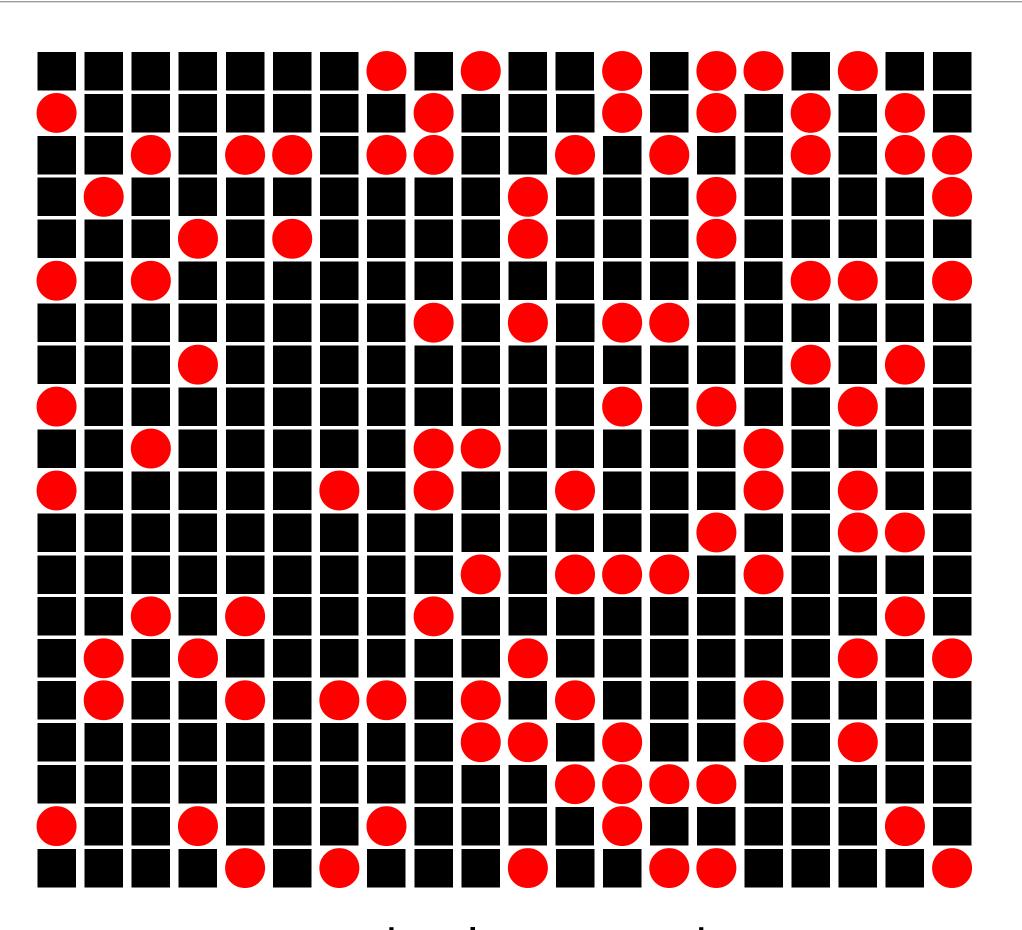
Ordered versus typical state: e^{225} states in total

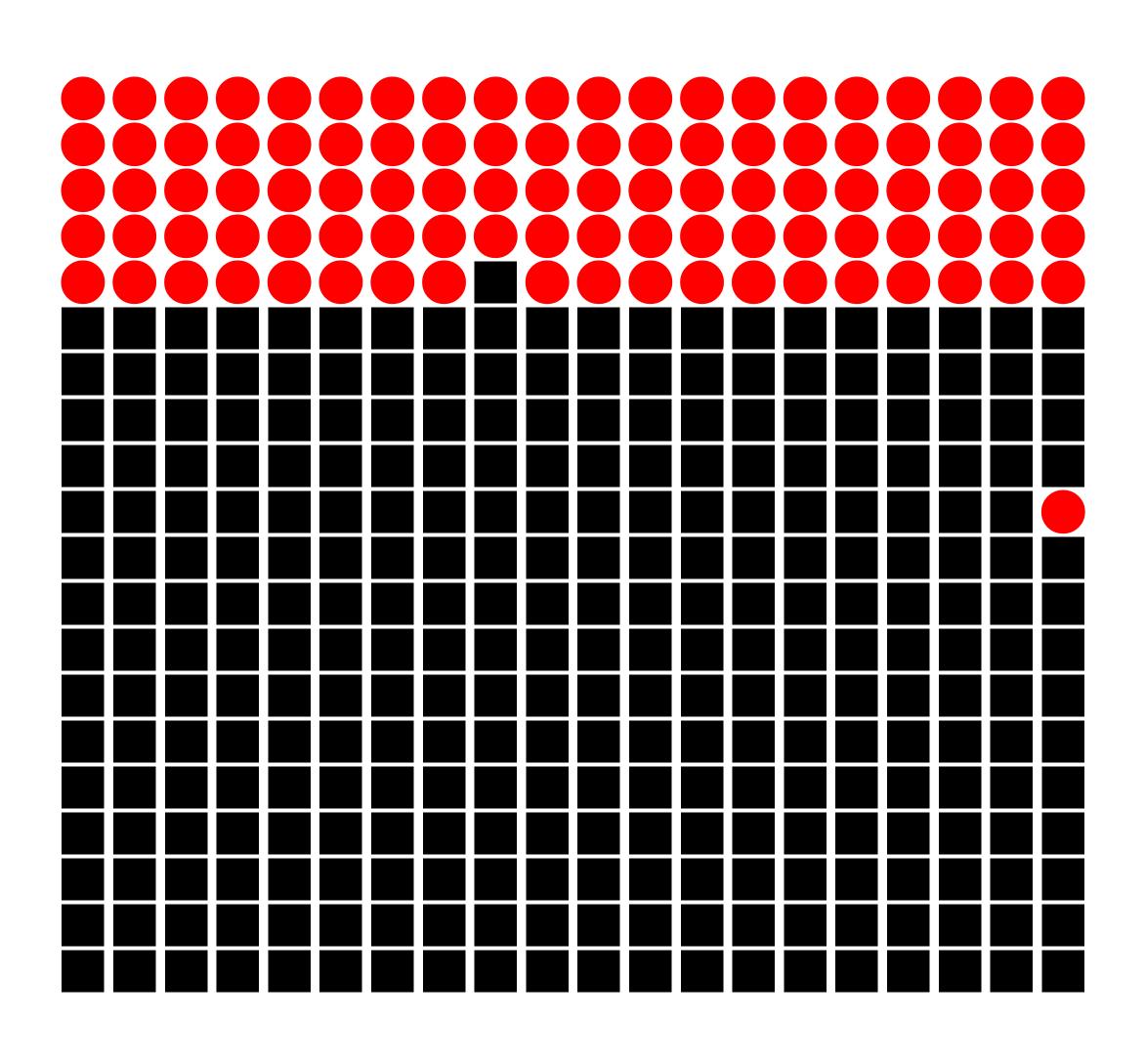


Ordered state: 400 atoms, 1/4 are excited, $E=100\,\Delta$



a typical state: the energy is still, $E=100\,\Delta$

Possible states after one "hop"



The system can now be in one of 30,000 micro states.