

DEREK JON SCHOLES, BS, RDN

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<https://www.ginutritiontherapy.com/team.html>



EDUCATION

Medical Education

Howard University College of Medicine

Medicine, MD

Allopathic Medical Degree

July 2020 – May 2024

April 2024

(current)

Graduate Education

Utah State University

Masters of Dietetic Administration, MDA

Administration in Dietetics

May 2023 – May 2024

May 2024

(current)

Utah State University

Dietetics Internship Certificate

Internship certificate to qualify for Registered Dietitian

Nutritionist Credentials (RDN)

Aug 2019 – Apr 2020

April 2020

Undergraduate Education

Brigham Young University

Dietetics, BS

Didactic Program in Dietetics

Jan 2016 – May 2019

April 2019

Utah State University

Dietetics

Aug 2012 – May 2013

WORK EXPERIENCE

IT Student Representative

Howard University College of Medicine

Jul. 2021 – Jun. 2022

Help each class with IT needs and computer/recording setup

Custodial Student Lead

Brigham Young University

Jun. 2018 – Jul. 2019

Supervise student workers and perform assigned custodial tasks.

Respite Foster Care

Utah Youth Village

Apr. 2018 – Dec. 2018

Cared for two teenagers when their foster parents were gone.

Caterer

Landmark II Catering

Dec. 2015 – Sep. 2018

Prepared food, washed dishes, sanitized kitchen, stored food, served clientele.

Coordinated events and other employees.

Lifeguard/Swim Instructor

Logan Aquatic Center

Summer 2012 & 2013

Lifeguard at an outdoor pool and taught swim lessons to children.

Production Employee

Dairy Health

Sep. 2012 – Feb. 2013

Production and packaging of dairy farm products that prevent frostbite and mastitis

MEDICAL EXPERIENCE

Utah Valley Regional Medical Center Volunteer

Emergency Department.

Dec. 2016 – Sep. 2017, May 2019 – April 2020

Volunteered in the local hospital's Information desk for three months and the Emergency Department for another three months. My purpose was to help patients find their appointments, take them to CT, x-ray, or MRI, and help comfort patients and families while they were at the hospital.

Ophthalmology Shadowing

Central Utah Surgical Center

Shadowed an ophthalmologist (MD) at the Central Utah Surgical Center where he performed cataract removals. The process he used was phacoemulsification and then the implantation of the intraocular lens.

Orthopedic Shadowing

Central Utah Surgical Center

Shadowed an orthopedic surgeon (MD) at the Central Utah Surgical Center. Saw wrist bone removals, reattaching muscles, placing rods in broken bones, and removal of metal plates.

Cardiology Shadowing

Revere Health & UVRMC

Shadowed a cardiac surgeon (MD) mostly in consultations at Revere Health, and 2 hours watching a heart catheterization.

Gastroenterology Shadowing

Central Utah Surgical Center & UVRMC

Shadowed a gastroenterologist (MD). 2 hours were in normal consultations at Revere Health with the other 18 hours in procedures such as colonoscopies and endoscopies at UVRMC and the Central Utah Surgical Center.

Medical Translating

Community Health Connect

I translated medical appointments under direction of Community Health Connect in a non-certified position. This organization helped immigrants and low-income individuals receive medical assistance and provided free translation services to the Hispanic and Portuguese speaking populations. I helped translate in both languages.

COMMUNITY SERVICE

Membership and Financial Clerk

The Church of Jesus Christ of Latter-day Saints

Feb. 2022 – Current

Manage membership records and all financial aspects of the local Spanish congregation. This entails transferring records into and out of the unit, creating records, and associating records with all financial donations. In addition, I submit reimbursements, create and sign checks, aid in humanitarian funds disbursement, and verify that all offerings and donations are properly recorded and deposited in a timely manner.

Executive Secretary

The Church of Jesus Christ of Latter-day Saints

Nov. 2020 – Feb. 2022

Established appointments for the local English congregation leader to meet with members. I also created agendas and took notes at all the meetings with the organization's leadership.

Homeless Food Service

Food and Care Coalition**Apr. 2019 – Jul. 2019**

Participated in food preparation and serving. The goal of the kitchen at the Food and Care Coalition is to feed the poor and the hungry. I served mostly during lunch and twice for dinner. This service was aimed to help the homeless in Utah County, Utah.

Dietetics Service

Student Dietetics Association**Sep. 2017 – Apr. 2019**

Prepared meals to be taken to hungry families and helped plan some future volunteer activities. This was through the Student Dietetic Association at Brigham Young University.

Menu Organization

Meals on Wheels**Nov. 2018 – Dec. 2018**

Updated the menu items list on the State of Utah's food database for the Utah County Meals on Wheels program. The database is known as ESHA. The recipes were received from the chefs at different locations, entered information into the database, and sent for review by the state dietitian.

Sorting and Restocking

Utah County Food Pantry**Sep. 2018 – Oct. 2018**

Helped organize and restock food items at the local food pantry.

Visiting the Elderly

Adopt a Grandparent**Mar. 2017 – Jun. 2017**

Visit the elderly in nursing homes. Talked with them and helped them with phone calls or moving things in their rooms. Visits occurred once per week.

Construction

Rural Housing Development**Sep. 2016 – Apr. 2017**

Rural Housing Development was a service club at Brigham Young University. The purpose of this club was to help a local construction company that was assigned to help low-income families build houses in rural areas. Our duties were to clean and organize sites during and after house construction.

Proselyting Mission

México Tijuana Mission**Nov. 2013 – Oct. 2015**

I lived in Mexico for two years and gave service through the Mexico Tijuana Mission. I gave about 10 hours in community service through house construction, park renovation, 5 hours in helping people relocate, 5 hours of teaching English, and 10 hours of teaching addiction recovery lessons.

RESEARCH

Pediatric GI Research Trainee

Children's National Medical Center

Jul. 2023 - Current

Patient search and EMR data extraction. Determination if patients qualify to be part of the study Infliximab. (Future research, will start soon)

GI Research Trainee

Howard University College of Medicine

Mar. 2023 – Current

Created a research question and abstract with the help of a GI attending and used the 2018 Health Information National Trends Survey to obtain and organize data to determine how ethnicity and education affects the rate of colorectal cancer screening.

Research Assistant

Howard University College of Medicine

Oct. 2020 – May 2021

Led/coordinated patient communication to obtain information for current research projects about COVID and GI symptoms. In addition, I contacted mostly the Hispanic patients and was involved in some data extraction from the EMR. Through this effort I obtained my name on five publications.

Microbiology Lab Assistant

Brigham Young University

Feb. 2017 – Oct. 2017

Studied phage and found new phage that infect the bacteria *Sinorhizobium Meliloti*. Performed serial dilutions, used aseptic techniques, and sanitized.

EXTRA-CURRICULAR ACTIVITIES

Business Founder

Gastrointestinal Nutrition Therapy

Jun. 2023 - Current

Founder of Gastrointestinal Nutrition Therapy and creator/designer of the website. This all began when I took a class on web development and decided to create a site for sharing nutritional therapy of gastrointestinal disorders with the hope to create a larger business model that includes consultations and interaction with clients. I am using my current title of dietitian to manage the site and with apply my medical title once obtained.

<https://www.ginutritiontherapy.com/team.html>

CMDA President

Christian Medical and Dental Association – HUCM

Nov. 2022 - Current

Led the HUCM CMDA and provided opportunities for group study, support, and communication to help spiritually and mentally uplift interested students.

Medical Spanish Teacher

Latino Medical Student Association – HUCM

Aug. 2021 – May 2022

Prepared and taught Spanish courses to medical students interested in learning medical Spanish.

PUBLICATIONS

Peer Reviewed Journal Articles

Ashktorab H, Pizuorno A, Adeleye F, Laiyemo A, Dalivand MM, Aduli F, Sherif ZA, Oskrochi G, Angsom K, Oppong-Twene P, Challa SR, Okorie N, Moon ES, Romos E, Jones-Wonni B, Kone AM, Rankine S, Thrift C, Scholes D, Ekwunazu C, Banson A, Mitchell B, Maskalo G, Ross J, Curtis J, Kim R, Gilliard C, Ahuja G, Mathew J, Gavin W, Kara A, Hache-Marliere M, Palaodimos L, Mani VR, Kalabin A, Gayam VR, Garlapati PR, Miller J, Chirumamilla LG, Jackson F, Carethers JM, Kamangar F, Brim H. *Correction: Symptomatic, clinical and biomarker associations for mortality in hospitalized COVID-19 patients enriched for African Americans*. BMC Infect Dis. 2022 Aug 29;22(1):712. doi: 10.1186/s12879-022-07699-3. Erratum for: BMC Infect Dis. 2022 Jun 17;22(1):552. PMID: 36038841; PMCID: PMC9421109.

Ashktorab H, Folake A, Pizuorno A, Oskrochi G, Oppong-Twene P, Tamanna N, Mehdipour Dalivand M, Umeh LN, Moon ES, Kone AM, Banson A, Federman C, Ramos E, Awoyemi EO, Wonni BJ, Otto E, Maskalo G, Velez AO, Rankine S, Thrift C, Ekwunazu C, Scholes D, Chirumamilla LG, Ibrahim ME, Mitchell B, Ross J, Curtis J, Kim R, Gilliard C, Mathew J, Laiyemo A, Kibreab A, Lee E, Sherif Z, Shokrani B, Aduli F, Brim H. *COVID-19 among African Americans and Hispanics: Does gastrointestinal symptoms impact the outcome?* World J Clin Cases. 2021 Oct 6;9(28):8374-8387. doi: 10.12998/wjcc.v9.i28.8374. PMID: 34754847; PMCID: PMC8554449.

Ashktorab H, Pizuorno A, Adeleye FO, Laiyemo AO, Dalivand MM, Aduli F, Sherif ZA, Oskrochi G, Angsom K, Oppong-Twene P, Challa SR, Okorie NC, Moon ES, Ramos EL, Jones-Wonni B, Kone AM, Rankine S, Thrift C, Ekwunazu CC, Scholes D, Banson A, Mitchell B, Maskalo G, Ross JD, Curtis J, Kim R, Gilliard C, Ahuja G, Mathew J, Gavin W, Kara A, Hache-Marliere M, Palaodimos L, Mani VR, Kalabin A, Gayam V, Garlapati P, Miller J, Chirumamilla LG, Ahangarzadeh F, Bina B, Jackson FL, Carethers JM, Kamangar F, Brim H. *SA1000: Diarrhea, elevated AST, and elevation of inflammatory related biomarkers is a predictor for mortality in minority hospitalised covid-19 patients*. Gastroenterology. 2022 May;162(7):S-279. doi: 10.1016/S0016-5085(22)60661-9. Epub 2022 Jun 16. PMCID: PMC9212284.

Brim H, Oppong-Twene P, Tamanna N, Ibrahim ME, Umeh LN, Moon ES, Kone AM, Banson A, Federman C, Aduli F, Laiyemo AO, Adeleye FO, Dalivand MM, Shokrani B, Oskrochi G, Pizuorno A, Kibreab A, Nikdel S, Awoyemi E, Scholes D, Lee EL, Sherif ZA, Ashktorab H. *Fr101 Covid19 patients in a tertiary hospital in washington dc: effects of comorbidities and gastrointestinal symptoms on outcome*. Gastroenterology. 2021 May;160(6):S-219. doi: 10.1016/S0016-5085(21)01264-6. Epub 2021 May 10. PMCID: PMC8108291.

Non-Peer Reviewed Online Publication

Ashktorab H, Adeleye F, Oppong-Twene P, Tamanna N, Dalivand MM, Pizuorno A, Oskrochi G, Umeh LN, Moon ES, Kone AM, Banson A, Federman C, Mathew J, Ramos E, Scholes D, Awoyemi EO, Ibrahim ME, Laiyemo AO, Kibreab A, Lee EE, Shokrani B, Aduli F, Sherif ZA, Brim H. *Disparity in the COVID-19 Era: Elevated Liver Enzymes, Ferritin, CRP, D-Dimer, and Age are Predictive Markers of Outcomes Among COVID-19 African Americans and Hispanic Patients (2/4/2021)*. Available at SSRN: <https://ssrn.com/abstract=3780108>

Poster Presentations

Hartmann B., Trevino N., Scholes D., Poddar V., Larbi D., McDonald-Pinkett S., Laiyemo A.O.. (2023, May 06). *Obesity and quality of healthcare professionals' communications during routine healthcare visits* [Poster presented]. DC ACP Poster and Podium Competition/Washington, DC, USA.

Trevino N., Hartmann B., Scholes D., Poddar V., Larbi D., McDonald-Pinkett S., Laiyemo A.O.. (2023, May 06). *Giving care to caregivers: An analysis of the perception of caregivers about their health in the United States* [Poster presented]. DC ACP Poster and Podium Competition/Washington, DC, USA.

Scholes D., Trevino N., Hartmann B., Scott V., Kibreab A., Howell C., Aduli F., Laiyemo A.O.. (2023, October 24). *Educational Status and Colorectal Cancer Screening Among Hispanics in the United States* [Poster WILL BE presented]. ACG 2023 Annual Meeting/Vancouver, BC, CAN.

LANGUAGES

English – native/functionally native

Spanish - native/functionally native

Portuguese – Advanced, speak and read/write with moderate proficiency

MEMBERSHIPS

American College of Physicians
The Academy of Nutrition and Dietetics
DC Metro Area Academy of Nutrition and Dietetics
Latinos and Hispanics in Dietetics and Nutrition
Dietitians in Integrative and Functional Medicine
Christian Medical and Dental Association

TECHNICAL SKILLS AND CERTIFICATIONS

Registered Dietitian Nutritionist
Basic Life Support Certified
60 wpm, Word/Excel/PowerPoint

May 2020 – June 2030
Jul. 2022 – Jul. 2024