

VascuTherm 2

What is Cold Compression Therapy?

- Combination of cryotherapy and static compression
- Most commonly used for the treatment of pain and reduction of swelling injury and surgery
- VascuTherm 2 operates on a mixture of alcohol and water

Why Should I Use My VascuTherm 2 Device?

Using your device as prescribed is critical to see the benefits of the system listed below:

- **Reduce edema** Excess fluids, or edema, can contribute to swelling and reduce range of motion. Active compression helps remove lymph and cellular wastes and other fluids.
- **Reduce pressure** Swelling caused by edema results in uncomfortable pressure in the surrounding area, which can be relieved with active compression therapy.
- **Faster healing** As excess fluids are pumped away, fresh nutrient-rich blood is pumped toward the injured area. Damaged tissues heal faster with access vital nutrients and oxygen.
- Less pain Pressure reduction translates to less pain and discomfort, and a faster healing process means that you will experience pain for a shorter period of time.

How To Use Your VascuTherm 2 Device

- 1. Place unit upright on level surface 1-foot from any obstruction that could restrict airflow
- **2**. Connect the 7' Umbilical Hose to the back of the unit. Connect the Thermal/Compression Wrap to the opposite end of the Umbilical.
- **3**. Verify that power switch located on rear panel is in OFF position, unscrew coolant plug from top of unit to verify coolant level reaches the bottom of reservoir neck. Refill as necessary with coolant.
- **4**. Plug supplied power cord into the unit and into a 110-volt outlet.
- **5.** Apply the prescribed therapy wraps to the indicated portions of your body as described on the wrap instructions contained in the wrap packaging.
- **6**. Turn on the unit. The power switch is located on the rear panel of the unit. When first powered up, the unit will beep briefly and the green light will illuminate the display screen.
- 7. Your unit's thermal therapy and time has been pre-programmed by your Provider. After the initial "Therapy Setting Timer H:MM" screen, the display will scroll back and forth between the current thermal therapy setting and the time remaining in the treatment cycle. When the thermal therapy timer expires, the unit will beep briefly, automatically stop and go to stand-by mode.



