

Example

Table medicine

id	name	expDate	forIllnesses
1	Name1	17.7.2019	2/3/6/8/9
2	Name2	17.7.2019	1/2/3/5/6
3	Name3	20.8.2020	1/4/7/8

Table illnesses

id	illness
1	ill1
2	ill2
3	ill3
4	ill4
5	ill5
6	ill6
7	ill7
8	ill8
9	ill9