

T1: Mechanics

Harsh Prajapati

05.10.27

These notes were prepared between Jan, 2026 and April, 2026 (**Last update: January 23, 2026**)

References

These books serve as our main references.

- Herbert Goldstein, Classical Mechanics, 2nd Ed. Addison-Wesley, 1980.
- L. D. Landau, E. M. Lifshitz, Mechanics
- Torsten Fließbach. Mechanik: Lehrbuch zur Theoretischen Physik I, 7. Auflage, 2015.
- John R. Taylor, Classical Mechanics, 2005.
- H. Stephani, G. Kluge, Klassische Mechanik, Spektrum Verlag.
- F. Scheck, Theoretische Physik 1: Mechanik, Springer-Verlag.

Contents

1	Newtonian Mechanics	3
1.1	Newton's Axioms	3
1.2	Conservation Laws	4
1.3	System of Particles	5
1.4	Inertial System	5
1.5	Accelerated Reference Frames	5
2	Lagrangian Mechanics	6
2.1	Lagrangian Equations I	6
2.2	Lagrangian Equations II	6
2.3	Space-time Symmetry	6
2.4	Central Potential	6
3	Variational Principles	7
3.1	Variational Principles without Constrains	7
3.2	Variational Principles with Constrains	7
3.3	Hamilton's Principle	7
3.4	Noether's Theorem	7
4	Rigid Bodies	8
4.1	Kinematics	8
4.2	Inertia Tensor	8
4.3	Euler's Equation	8
4.4	Gyroscopes	8
5	Small Oscillations	9
6	Hamiltonian Mechanics	10
6.1	Hamilton's Equations of Motion	10
6.2	Poisson Brackets	10
6.3	Phase Space and Liouville's Theorem	10
6.4	Canonical Transformation	10
6.5	Hamilton-Jacobi Theorems	10

1 Newtonian Mechanics

We begin with a review of Newtonian mechanics.

1.1 Newton's Axioms

Definition 1.1 (Particle). A **particle** is a mass point, the only information associated with it is its mass m and its position $r(t)$ at time t . A free particle is a particle on which no forces act.

Axiom 1.1 (N1: Inertial Frames). *There exists a reference frame (RF) called **inertial frames** (IR) in which a free particle moves with $\dot{r}(t) = v(t) = v_0$, where v_0 is a constant vector.*

Remark 1.2. 1. Axiom 1.1 does not hold for all RF. Ex: rotating RF, accelerating RF, etc.

2. Physics equations have the same form in all IRs.

3. Axiom 1.1 is not a corollary of Axiom 1.2 with $K = 0$, it defines an IR.

Axiom 1.2 (N2: Dynamics). *In an IR, the motion of a particle is governed by Newton's second law:*

$$K = \frac{dp}{dt}, \quad \text{with,} \quad p = mv. \quad (1)$$

Remark 1.3. 1. K is the force acting on the particle, defined as mass times acceleration.

2. The mass m of a particle is the proportionality constant to compare accelerations of different particles for same applied force.

3. Axiom 1.2 gives a statement about the trajectory of a particle.

4. Axiom 1.2 holds only in non-relativistic velocities ($v \ll c$).

Axiom 1.3 (N3: Action = Reaction).

$$K_{reaction} = -K_{action}. \quad (2)$$

Remark 1.4. 1. Only valid for forces along the line connecting two particles.

2. For multiples forces, the superposition principle holds: $K = \sum_i K_i$.

3. Only valid for non-relativistic cases, since it implies instantaneous reaction, which contradicts principle of relativity (nothing propagates faster than light).

Example 1.5 (Solution of Equation 1 for 1-dim). Let, $K = -\partial_x U(x)$, be a conservative field, where $U(x)$ is the potential and the particle moves on the x -axis. By (1), $m\ddot{x} = -\partial_x U(x)$, multiply by \dot{x} on both sides: $m\ddot{x}\dot{x} = -\dot{x}\partial_x U(x)$. By chain rule, we have $\frac{m}{2} \frac{d}{dt}(\dot{x})^2 = -\frac{d}{dt}U(x)$. Integrating both sides w.r.t t , we get: $\frac{m}{2} \int dt \frac{d}{dt}(\dot{x})^2 = -\int dt \frac{d}{dt}U(x) + E \Rightarrow \frac{m}{2}(\dot{x})^2 = -U(x(t)) + E$. Rearranging, we get the total energy:

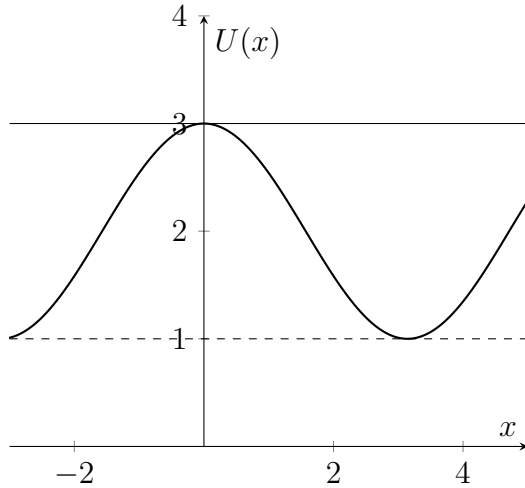
$$\boxed{E = \frac{1}{2}m\dot{x}^2 + U(x).} \quad (3)$$

The differential equation for $x(t)$, $\frac{dx}{dt} = \sqrt{\frac{2}{m}(E - U(x))}$ solved by separation of variables:

$$t - t_0 = \sqrt{\frac{m}{2}} \int_{x_0}^x \frac{dx'}{\sqrt{E - U(x')}}, \quad (4)$$

the initial conditions, $x(t_0) = x_0$ and $\dot{x}(t_0) = v_0$ determine $E = \frac{1}{2}mv_0^2 + U(x_0)$. The graph of $U(x)$ makes a classical potential well for stable equilibrium points, where the particle oscillates back and forth with a time period:

$$T = 2 \int_{x_1}^{x_2} \frac{dx'}{\sqrt{\frac{m}{2}(E - U(x'))}}. \quad (5)$$



1.2 Conservation Laws

Initially formulated using Axiom 1.2, later using Lagrangians for symmetry.

Theorem 1.6 (Conservation of Momentum).

$$\boxed{K = 0 \xrightarrow{(1)} \frac{d}{dt}p = 0 \implies p = \text{const.}} \quad (6)$$

Definition 1.7 (Angular Momentum). $l = r \times p$.

Definition 1.8 (Torque). $M = r \times K$, where, $\dot{l} = M$ (N2 for rotation).

From these definitions, it follows:

Theorem 1.9 (Conservation of Angular Momentum).

$$\boxed{M = 0 \implies \frac{d}{dt}l = 0 \implies l = \text{const.}} \quad (7)$$

Definition 1.10 (Work). Work done by external force K upon a particle m moving from point 1 to 2 along a path C corresponds to the energy transferred by the force field to m .

$$\boxed{A_{1 \rightarrow 2} = \int_C dr \cdot K.} \quad (8)$$

Definition 1.11 (Kinetic energy). From calculations in Example 1.5,

$$\boxed{T = \frac{1}{2}m\dot{r}^2.} \quad (9)$$

1.3 System of Particles

1.4 Intertial System

1.5 Accelerated Reference Frames

2 Lagrangian Mechanics

2.1 Lagrangian Equations I

2.2 Lagrangian Equations II

2.3 Space-time Symmetry

2.4 Central Potential

3 Variational Principles

3.1 Variational Principles without Constrains

3.2 Variational Principles with Constrains

3.3 Hamilton's Principle

3.4 Noether's Theorem

4 Rigid Bodies

4.1 Kinematics

4.2 Inertia Tensor

4.3 Euler's Equation

4.4 Gyroscopes

5 Small Oscillations

5.1

6 Hamiltonian Mechanics

6.1 Hamilton's Equations of Motion

6.2 Poisson Brackets

6.3 Phase Space and Liouville's Theorem

6.4 Canonical Transformation

6.5 Hamilton-Jacobi Theorems