









MONDAY - FRIDAY SCHEDULE EFFECTIVE: SEPTEMBER 20, 2021

NEW YORK-POUGHKEEPSIE

For more information visit mta.info

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REFERENCE NOTES


- A** - Connections to/from Amtrak service are available at this station. Contact Amtrak for schedules.
- C** - Connecting Service. You must change trains during this trip
- B** - Connecting bus service. Transfer between train and bus at Tarrytown Station. For more information please call 511.
- R** - Stops only to receive customers.
- D** - Stops only to discharge customers.
- H** - Stops primarily to discharge customers. Train may depart up to 5 minutes earlier than the time shown.
- G** - Guaranteed Ride Home Program (restrictions apply).
-  - Unickett (combined monthly rail/bus ticket) is available for use on bus service between residential area and this train station.
-  - Connecting Ferry service.
-  - Commuter Connection bus between train station and local work sites. UniTicket available.
-  - Connecting airport bus service. At Harlem-125th Street, connect to LaGuardia Airport; at Beacon, connect to Stewart International Airport.
-  - "Bike Train". The number of bicycles allowed on this train is 15.
-  - Bicycles not permitted on this train.
-  - Full ADA access for persons with disabilities.
-  - Wheelchair access only. For more information about accessibility features at stations, please call 511 or visit our website at www.mta.info for details.

HOLIDAYS

Sunday service will operate on 9/6 Labor Day.

ON YOUR TRAIN

Bicycles:

You may bring your bicycle on the train if you have a Metro-North or Long Island Rail Road bicycle permit. Generally, bicycles may be brought on off-peak trains only, subject to limits on the number of bicycles on the train. Bicycles are not permitted on inbound AM peak trains and outbound PM peak trains, any train with the  symbol, or on holidays as indicated in the bicycle regulations. For full rules and regulations, and to apply for a permit, please visit our web site at www.mta.info. You may also purchase a bicycle permit at any staffed ticket office.



MTA Metro-North Railroad is a smoke-free public transportation system. Smoking is prohibited at all times on all trains and in all indoor and outdoor waiting areas, elevators, staircases, ticketing, boarding and platform areas of terminals and stations.

GRAND CENTRAL NORTH

When your destination is north of 45th Street, use any of the following exits accessible from the north end of Grand Central platforms.

EXITS: 230 Park Avenue (East & West Walks - 45th Street)
47th Street and Madison Avenue
48th Street and Park Avenue

OPEN: Monday - Friday: 6:30 am - 9:30 pm
Sat., Sun., & Holidays: Closed