niLsa paulino, rn

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Objective

Dedicated, skilled and compassionate registered nurse with experience in med surgical unit, and giving nursing care for elderly patients with chronic and acute medical conditions including: Parkinson’s, Alzheimer’s, Asthma, COPD, Cancer, Tuberculosis, ESRD and HIV in a hospital environment. Developed strong general and pulmonary evaluation, planning and treatment skills through daily basis. Licensed in Connecticut and Puerto Rico.

Skills

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| * Bilingual – Spanish/English * Energetic and hardworking * Excellent disposition to learn * Respectful and professional relations with co-workers and supervisors * Ability to work and stay focused under stressful situations * Lead team and multi-task | * IV therapy and IV pump trained * Excellent peripheral IV skills and techniques * Conscious sedation knowledge * Computer oriented – Windows/MS Office * Pyxis Medstation knowledge * Paragon 10 (HIS) – McKesson training * Respiratory ventilator and suctioning trained and knowledge |

Education

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| **national college of business & technology rio grande, pr** |

Graduated with 3.65 GPA

Associates degree in nursing, 2009

Licensure & Certification

*State of Connecticut*, active

*Commonwealth of Puerto Rico*, active

*American Heart Association BLS/CPR*, current

Professional Experience

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| Auxilio Mutuo HOSPITAL – San juan, PR | January 2011- May 2012 |
| Staff Registered Nurse – 5th fl. Multidisciplinary Medicine |  |

Summary of Duties:

* Assess and assign care plans to patients with personnel to establish priorities.
* Perform admissions and transfers from the unit.
* Scheduled patient discharges during the shift.
* Prepare and administer medications using scientific principles, safety standards, and critical judgment.
* Insert peripheral IV catheters, access and care for tunneled and non-tunneled central line catheters, subcutaneous ports and picc lines.
* Administer IV therapy, antifungals, antibiotics, blood transfusion and its components, TPN and PPN using aseptic techniques, universal precautions, and protocols established by Institution.
* Insert urinary catheters using established aseptic techniques and compliment of the Intake & Output flow sheet.
* Identify and care of catheters: venous central lines, Foley catheters, NGT, stomas, wound drainage devices and chest tubes to meet established guidelines.
* Asses patient status and notify physicians of clinical changes also the results of studies and laboratory tests.
* Coordinate and make referrals to other departments or health services as needed.
* Be in charge, maintain custody, and administer narcotics and controlled drugs in compliance with the medical orders, institutional rules, government agencies and state laws.
* In charge of maintaining the supplies of the code blue crash cart, check the equipment and make sure that they are all functional.
* Perform as ‘Lead Nurse’ when assigned during the shift:

1. Make rounds to the patients of each room in the unit to determine needs and problems while focusing and advocating for the patient.
2. Lead and participate in scheduling the shift report.
3. Write patient categorization and census reports to the unit.
4. Assign patients and duties to LPN’s and RN’s and verify the duties.
5. Teach and guide the staff under my direction as well as new employees.

* Offer postmortem care and complete the required documentation per institution and state laws.
* Accountable for compliance computer reporting (Paragon 10/McKesson) the condition and treatment given to assigned patients.
* Perform nurse care for patients with all kind of stomas, wounds, respiratory ventilator dependents and other respiratory devices.
* Float to Pulmonary ICU, laboratory department and others medical-surgical unit as needed.

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| dr. rafael lopez nussa hospital – san juan, pr | October 2009 – November 2010 |

Perdiem Registered Nurse – Maternity Ward (Ob/Gyn Unit)

Summary of Duties:

* Perform admitting assessments, review history and develop plan of care for obstetric and gynecologic patients.
* Admit and care for post-surgical patients. Monitor and assess per post-anesthesia protocol.
* Perform post-partum care and provide patient education to mother: check lochia, episiotomy and fundus.
* Pain management techniques and administer pain medication as ordered.
* Prepare patients for delivery and operative room and transfer them.
* Provide instructions in basic child care, breast feedings and self-care to mother, monitor vital signs per Institutional policy and notify changes to physician.
* Educate patients and their family in preoperative, postoperative and postpartum care and medical conditions.
* Assist physician during physical and pelvic exam, ultrasounds, fetal heart monitor and invasive procedures.
* Initiate and maintain IV and oxygen therapy under the direction of a physician.
* Administer therapeutics as ordered by obstetrician or consulting physician.
* Perform discharge teaching for all patients.

References

Available upon request