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| |  | | --- | | **Cayla Cirsten Allard** | | **22 Marguerite Street, Chicopee, MA 01020** | | | | |  | | --- | | **Contact** | | **Tel : 413-519-5032**  **e-mail : caylacirsten@gmail.com** | | |
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| |  | | --- | | **Objective** | | |  | | --- | | I am looking to further my education in the medical field by obtaining research opportunities focused on medicine in the healthcare field, and acquiring new and relevant knowledge about medicinal practices through experience in the field—experiences that will help to one day culminate in my overall goal of becoming a physician’s assistant. | | | | | | |
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| |  | | --- | | **Education** | | |  | | --- | | **Framingham State University Graduated May 20, 2012 Framingham, MA**  Bachelor of Science Degree in Biology: GPA 3.51 Cum Laude  Concentration in Pre-Professional Studies (Pre-Medical)  Dean’s List Fall 2008, Spring 2009, Spring 2010, Fall 2011, Spring 2012  Research Manuscript: Changes in diel patterns of birdsong in response to increased urban noise. Cayla Allard. Department of Biology, Framingham State University, Framingham, MA 01702. (Manuscript available upon request)  Costa Rica Biology 10-Day Field Trip: focused on tropical ecology  Field Techniques: taxidermy, invasive species control, deer aging, owl banding  Lab Techniques: electrophoresis, recrystallization, centrifugation, chromatography, polymerase chain reaction | | | | | | |
| |  | | --- | | **Recent Work Experience** | | |  |  | | --- | --- | | **Framingham State University, Framingham, MA** | **Spring 2010 to Spring 2011** | | **First-Year Programs Freshman Orientation Leader** |  | | * Responsible for familiarity with all campus policies to answer questions precisely; * Lead group discussions to enhance the first experiences of first-year students; * Handle time sensitive paperwork efficiently and ensure that all sessions run smoothly. | | | **Framingham State University, Framingham, MA** | **Fall 2010 to Present** | | **Peer Mentor for University Foundations Course** |  | | * Responsible for working with a Foundations instructor to prepare informative sessions; * Develop connections with freshmen students and help to create a pleasant first-year experience; * Met with other peer mentors to exchange ideas and information to improve one another’s skills. | | | **Framingham State University, Framingham, MA** | **Fall 2009 to Winter 2011** | | **Development and Alumni Relations Receptionist** |  | | * Maintain the confidentiality of all personnel (alumni, faculty, students, donors); * Professionally handle paperwork, phone calls, filing, and computer software (Banner, Excel, Word); * Host alumni functions and assure events run according to plan. | | | | | | | |
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| |  |  | | --- | --- | | **Awards/Scholarships** | | | * Dr. Joseph J. Previte Pre-Professional Medical Studies Award * Phenomenal Women 2012 Nominee * Who’s Who Among Students in American Universities & Colleges Award 2012 * Dr. Alice M. Glover Scholarship for “Interest and Proficiency in the Natural Sciences” * Emerging Leaders 2009 (for leadership) | * Make it Meaningful 2010 (for leadership) * University Leadership Academy 2011 * Alpha Lambda Delta – Freshman Honor’s Society at Framingham State University * Peer Mentor of the Year Award 2010 * President’s Award for Educational Excellence * Girl Scouts Bronze Award (leadership & planning) | | | | | |
| |  |  | | --- | --- | | **Leadership Positions** | | | * Co-founder and President of Aspiring Health Professionals Club (2011-12) * Vice President and Secretary of Wildlife Club (2011-12) * Co-founder of Horace Mann Hall Book Club (2011-12) | * Horace Mann Hall Government Women’s Floor Representative (2010-12) * President of Alpha Lambda Delta (2009-10) * Secretary of the Class of 2012 (2009-10) * Secretary of the Key Club (2007-08) | | | | | |
| |  |  | | --- | --- | | **Volunteer Work** | | | * American Red Cross Blood Drive * Wingate Nursing Home Assistant * St. Joan of Arc – St. George School Bottle Drive * St. John the Baptist Summer Camp Counselor * Countryside Nursing Home Assistant | * Elms College Elementary School Counselor * Homework House of Hermano Pedro Tutor * MetroWest Medical Center Blood Donor Program * FSU Herpetology & Rat Lab (Animal Husbandry) * Comcast Cares Day Volunteer Worker | | | | | |
| **Shadowing Experience** | | |
| * Dr. Richard Fraziero; Oral and maxillofacial surgeon; anesthesiologist * Svetlana Levchenko; Professional pet groomer; business owner | * Dr. Katherine Dzulinsky; Medical director; veterinarian | |