

KEISER CARDIO



THE M SERIES

M7i

**WHEELCHAIR-ACCESSIBLE
TOTAL BODY TRAINER**

**NOT JUST BETTER MACHINES,
BETTER SCIENCE**

Keiser is always challenging the status quo of fitness science by exercising the most powerful muscle: the brain. While competition starts and ends within the limits of a machine, Keiser starts with the potential of the human body and develops smarter technology to unknow the limits of speed, efficiency and safety.

KEISER®
BECAUSE...
**'GOOD
ENOUGH'
ISN'T.™**

KEISER CARDIO

Our groundbreaking rear-wheel M Series Indoor Bikes are what made us famous. But the same science-proven Keiser quality is engineered into all cardio products - from the M3i bike with innovative new pedals, to our M5i Strider elliptical, to our M7i Wheelchair-Accessible Total Body Trainer.

M7i WHEELCHAIR-ACCESSIBLE TOTAL BODY TRAINER

BECAUSE SUCCESS STARTS WITH ACCESS, THE KEISER M7i TOTAL BODY TRAINER IS DESIGNED FOR EASY USE WITH ANY MOBILITY DEVICE OR A STANDARD CHAIR.

This unsurpassed inclusivity and versatility makes it the ideal machine to meet the demands of specialized physiotherapy for ALL users, from cardiac rehab patients to seniors to individuals with disabilities.

ACCESSORIES

WRIST STABILITY STRAPS

The wrist stability straps for the Keiser M7i Wheelchair-Accessible Total Body Trainer are designed to hold a wheelchair or a standard chair in place if a user feels unstable during a workout. Velcro fasteners secure the strap to the arm and wrist before placing the loop over the M7i handle, allowing the user to pull or push with the palm as needed for exercise.

FOOT STABILITY STRAPS & LEG STABILIZERS

The foot stability straps for the Keiser M7i Wheelchair-Accessible Total Body Trainer assist in keeping the leg in place for a user during a workout. Additionally, leg stabilizers ensure proper leg alignment and position when exercising on the machine.

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KEISER.COM**



FEATURES

- Works with any mobility device or a standard chair
- Keiser magnetic resistance for ultra-smooth movement
- Dependent upper and lower cranks to enable passive assistance
- Low-impact workout that delivers accurate and measurable results
- Easily transportable and features the smallest footprint in its class, taking up less space for more functional floor plans
- 7-inch pedal stroke matches the height of actual stairs, allowing users to mimic real-work movement for daily activities
- Low pedal height, making it easier for user to engage the unit
- Pedals limit ankle flexion; back and side walls on pedal keep user's foot on footpad
- Enhanced visibility for power display with large lettering and high contrast

SPECIFICATIONS

HEIGHT 44.75" / 113.60mm	WIDTH 27.75" / 704.85mm
LENGTH (HANDLES IN) 36.5" / 927.10mm	LENGTH (HANDLES OUT) 48.5" / 1231.90mm
WEIGHT 150 lbs / 38.56 kg	

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