



February 2017

Dear Friend of Inner Explorer,

Thanks for your interest in Inner Explorer. Our goal is to create One Million Mindful Children by the year 2019. But we're still a small company with a big dream. Although we are already in 4,500 schools reaching 120,000 students we can't contact every school in every town in every state on our own. Whether you're new to mindfulness or have lots of experience, we hope you will join us to help spread the word.

As an Inner Explorer Ambassador, we'll provide you with a variety of tools to share your excitement with teachers, parents and school administrators.

In addition to introducing Inner Explorer to your school community, you can:

- Ask your network or local business to make a donation
- Share information about Inner Explorer on social media
- Make a personal contribution
- Start a fundraising campaign in your community

Your commitment to this initiative will help inspire resilience, peace and compassion in communities by empowering children with mindfulness practice. Inner Explorer will lead students to achieve their highest potential by increasing social emotional aptitude and well-being, bolstering academic performance and fostering creativity.

This may be the most impactful social justice and peace initiative of our time.

**Thank you for being a part of it.**

Co-Founders, Dr. Laura Bakosh and Janice Houlihan  
& The Inner Explorer Team