

The North Bay Parry Sound District is in the red control zone category of the COVID-19 response framework as of Monday March 8, 2021.

Master Plan

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Active transportation is all human-powered forms of travel, such as walking, cycling, in-line skating, skateboarding, skiing, canoeing, and more. It can also be combined with other modes, such as public transit.

What are the Benefits of Active Transportation?

- Health– active transportation provides the opportunity to be active on a regular basis and as part of your daily routine. Stronger bones and muscles, improved self-esteem and sense of well-being while reducing stress and risk of chronic disease all benefit those who use active transportation.
- Environmental – active transportation can improve air quality and water quality while reducing green house gas emissions and global climate change. Less roadways and parking lots saves valuable green space
- Economic – active transportation saves money on parking, fuel and health care costs
- Social– active transportation increases social interactions, provides calmer, safer streets and reduces crime, traffic noise and congestion



Active Transportation Master Plan 2019

The Active Transportation Master Plan provides the necessary framework for planning, upgrading, and developing the city’s active transportation system over the next 20 years.

 PDF Document (17 mB)



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