



# First Capital Poké Bar

## SIGNATURE BOWLS

### MILLION DOLLAR BOWL

White Rice, Shrimp Tempura, Snow Crab, Kewpie Spicy, Eel Sauce, Avocado, Shredded Egg, Masago, Sesame Seeds, Crispy Onions, Scallions, and Shredded Nori

**\$28**

### HOE DEO BAP BOWL

Choose a base, Tuna, Salmon, Korean Spices, Cucumbers, Carrots, Avocado, Masago, Spinach, Daikon, Kimchee, Bugolgi Sauce, Crispy Garlic, Shredded Nori, and Gochujang

**\$17**

### OLD CAPITAL BOWL

White Rice, Salmon, Tuna, Kewpie Spicy, Cucumber, Edamame, Spicy Mayo, Scallions, Tempura Flakes, and Sesame Seeds

**\$15**

### BUGOLGI BOWL

Wagyu Beef, Brown Rice, Korean Style, Carrots, Corn, Kimchee, Broccoli, Truffle Soy, Bugolgi Sauce, Crispy Onions, Gochujang, and Sweet Potato Strings

**\$33**

### KETO BOWL

Salmon, Yellowtail, Mixed Greens, Poké Sauce, Avocado, Shredded Egg, Jalapeño, Daikon, Soy Sauce, Almonds, Scallions, Sesame Seeds, and Mustard

**\$16**

### VEGAN BOWL

Tofu, Zoodles, Mushrooms, Poké Sauce, Cucumber, Avocado, Edamame, Carrot, Corn, Jalapeño, Scallion, Truffle Soy, Sesame, Puffed Rice, 7 Spice Powder, and Crispy Garlic

**\$16**

### \*\* NOTICE \*\*

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

# **BUILD YOUR OWN BOWL**

**2 SCOOPS OF PROTEIN: \$15**

**3 SCOOPS OF PROTEIN \$18**

## **STEP 1: CHOOSE YOUR BASE**

**Brown Rice, Half + Half (Vegetables + Rice), Mixed Greens,  
White Rice, or Zoodles**

## **STEP 2: CHOOSE YOUR PROTEINS**

**Mushrooms, Tofu**

**Salmon, Tuna, Yellowtail**

**Shrimp Tempura (+\$2.00 per piece)**

**Snow Crab (+\$3.00 per scoop)**

**Wagyu Beef (+\$10.00 per scoop)**

## **STEP 3: PROTEIN SAUCE**

**Kewpie Spicy, Korean Spicy, Poké Sauce, Thai Chili, Wasabi Ponzu**

## **STEP 4: TOPPINGS**

**Broccoli, Carrots, Corn, Cucumbers, Daikon, Edamame, Green  
Wakame, Jalapeño, Kimchee, Mango Chutney, Masago, Oranges,  
Pickled Daikon, Pickled Ginger, Pineapple, Scallions, Shredded Egg,  
Spinach**

**Avocado (+\$2.00)**

**Crab Stick (+\$1.00 per stick)**

**Red Wakame (+\$1.00)**

## **STEP 5: CONDIMENTS**

**Bugolgi Sauce, Eel Sauce, Kewpie Mayo, Soy Sauce, Spicy Mayo,  
Sriracha, Thai Chili Sauce, Truffle Soy, Wasabi Mayo**

## **STEP 6: Garnishes**

**7 Spice Powder, Almonds, Crispy Garlic, Crispy Shallots, Furikake,  
Gochujang, Katsuobushi, Mustard, Puffed Rice, Scallions, Sesame  
Seeds, Shredded Nori, Sweet Potato Strings, Wasabi**

# **BEVERAGES**

## **JAPANESE SOFT DRINKS**

**Calpis (Lychee, Original, Strawberry), Japanese  
Cream Sodas (Melon, Mango), Milk Tea, Oi Ocha,  
Ramuné (Blue Hawaii, Orange, Original,  
Strawberry)**

**\$2.50**

## **COKE PRODUCTS**

**Coke, Coke Zero, Sprite  
\$2**

## **SPARKLING**

**La Croix \$2  
Perrier \$2.50**

# **MOCHI**

**Black Sesame, Chocolate, Green Tea, Mango,  
Red Bean, Strawberry  
\$2 Per Piece**