

```
choice = input("Your choice: ")

if choice == "A": # Light load
    if current_gpa >= 3.5:
        study_hours -= 5
        stress_level -= 10
    elif current_gpa >= 2.5:
        study_hours -= 3
        stress_level -= 5
    else:
        study_hours -= 1
        stress_level += 5

elif choice == "B": # Standard load
    if current_gpa >= 3.5:
        study_hours += 0 # no change
        stress_level += 0
    elif current_gpa >= 2.5:
        study_hours += 2
        stress_level += 5
    else:
        study_hours += 4
        stress_level += 10

elif choice == "C": # Heavy load
    if current_gpa >= 3.5:
        study_hours += 3
        stress_level += 10
    elif current_gpa >= 2.5:
        study_hours += 5
        stress_level += 15
    else:
        study_hours += 7
        stress_level += 20

else:
    print("Invalid input. Please choose A, B, or C.")

print("\nUpdated Stats:")
print(f"Study Hours This Week: {study_hours}")
print(f"Stress Level: {stress_level}/100")
```