Weight-for-Height Reference Card (87 cm and above)

| Boys' weight (kg) | | | | Height | | | Girls' weight (kg) | | | |
|-------------------|-------|-------|-------|--------|------|--------|--------------------|-------|-------|-------|
| -4 SD | -3 SD | -2 SD | -1 SD | Médian | (cm) | Médian | -1 SD | -2 SD | -3 SD | -4 SD |
| 8.9 | 9.6 | 10.4 | 11.2 | 12.2 | 87 | 11.9 | 10.9 | 10.0 | 9.2 | 8.4 |
| 9.1 | 9.8 | 10.6 | 11.5 | 12.4 | 88 | 12.1 | 11.1 | 10.2 | 9.4 | 8.6 |
| 9.3 | 10.0 | 10.8 | 11.7 | 12.6 | 89 | 12.4 | 11.4 | 10.4 | 9.6 | 8.8 |
| 9.4 | 10.2 | 11.0 | 11.9 | 12.9 | 90 | 12.6 | 11.6 | 10.6 | 9.8 | 9.0 |
| 9.6 | 10.4 | 11.2 | 12.1 | 13.1 | 91 | 12.9 | 11.8 | 10.9 | 10.0 | 9.1 |
| 9.8 | 10.6 | 11.4 | 12.3 | 13.4 | 92 | 13.1 | 12.0 | 11.1 | 10.2 | 9.3 |
| 9.9 | 10.8 | 11.6 | 12.6 | 13.6 | 93 | 13.4 | 12.3 | 11.3 | 10.4 | 9.5 |
| 10.1 | 11.0 | 11.8 | 12.8 | 13.8 | 94 | 13.6 | 12.5 | 11.5 | 10.6 | 9.7 |
| 10.3 | 11.1 | 12.0 | 13.0 | 14.1 | 95 | 13.9 | 12.7 | 11.7 | 10.8 | 9.8 |
| 10.4 | 11.3 | 12.2 | 13.2 | 14.3 | 96 | 14.1 | 12.9 | 11.9 | 10.9 | 10.0 |
| 10.6 | 11.5 | 12.4 | 13.4 | 14.6 | 97 | 14.4 | 13.2 | 12.1 | 11.1 | 10.2 |
| 10.8 | 11.7 | 12.6 | 13.7 | 14.8 | 98 | 14.7 | 13.4 | 12.3 | 11.3 | 10.4 |
| 11.0 | 11.9 | 12.9 | 13.9 | 15.1 | 99 | 14.9 | 13.7 | 12.5 | 11.5 | 10.5 |
| 11.2 | 12.1 | 13.1 | 14.2 | 15.4 | 100 | 15.2 | 13.9 | 12.8 | 11.7 | 10.7 |
| 11.3 | 12.3 | 13.3 | 14.4 | 15.6 | 101 | 15.5 | 14.2 | 13.0 | 12.0 | 10.9 |
| 11.5 | 12.5 | 13.6 | 14.7 | 15.9 | 102 | 15.8 | 14.5 | 13.3 | 12.2 | 11.1 |
| 11.7 | 12.8 | 13.8 | 14.9 | 16.2 | 103 | 16.1 | 14.7 | 13.5 | 12.4 | 11.3 |
| 11.9 | 13.0 | 14.0 | 15.2 | 16.5 | 104 | 16.4 | 15.0 | 13.8 | 12.6 | 11.5 |
| 12.1 | 13.2 | 14.3 | 15.5 | 16.8 | 105 | 16.8 | 15.3 | 14.0 | 12.9 | 11.8 |
| 12.3 | 13.4 | 14.5 | 15.8 | 17.2 | 106 | 17.1 | 15.6 | 14.3 | 13.1 | 12.0 |
| 12.5 | 13.7 | 14.8 | 16.1 | 17.5 | 107 | 17.5 | 15.9 | 14.6 | 13.4 | 12.2 |
| 12.7 | 13.9 | 15.1 | 16.4 | 17.8 | 108 | 17.8 | 16.3 | 14.9 | 13.7 | 12.4 |
| 12.9 | 14.1 | 15.3 | 16.7 | 18.2 | 109 | 18.2 | 16.6 | 15.2 | 13.9 | 12.7 |
| 13.2 | 14.4 | 15.6 | 17.0 | 18.5 | 110 | 18.6 | 17.0 | 15.5 | 14.2 | 12.9 |
| 13.4 | 14.6 | 15.9 | 17.3 | 18.9 | 111 | 19.0 | 17.3 | 15.8 | 14.5 | 13.2 |
| 13.6 | 14.9 | 16.2 | 17.6 | 19.2 | 112 | 19.4 | 17.7 | 16.2 | 14.8 | 13.5 |
| 13.8 | 15.2 | 16.5 | 18.0 | 19.6 | 113 | 19.8 | 18.0 | 16.5 | 15.1 | 13.7 |
| 14.1 | 15.4 | 16.8 | 18.3 | 20.0 | 114 | 20.2 | 18.4 | 16.8 | 15.4 | 14.0 |
| 14.3 | 15.7 | 17.1 | 18.6 | 20.4 | 115 | 20.7 | 18.8 | 17.2 | 15.7 | 14.3 |
| 14.6 | 16.0 | 17.4 | 19.0 | 20.8 | 116 | 21.1 | 19.2 | 17.5 | 16.0 | 14.5 |
| 14.8 | 16.2 | 17.7 | 19.3 | 21.2 | 117 | 21.5 | 19.6 | 17.8 | 16.3 | 14.8 |
| 15.0 | 16.5 | 18.0 | 19.7 | 21.6 | 118 | 22.0 | 19.9 | 18.2 | 16.6 | 15.1 |
| 15.3 | 16.8 | 18.3 | 20.0 | 22.0 | 119 | 22.4 | 20.3 | 18.5 | 16.9 | 15.4 |
| 15.5 | 17.1 | 18.6 | 20.4 | 22.4 | 120 | 22.8 | 20.7 | 18.9 | 17.3 | 15.6 |