

**for «[Horsename]»**

Based on data provided by «[Firstname-R]» «[Lastname-R]»

«[Assessment-date]»

Based on data provided by Mary Sellers

Nov 14, 2008

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| **Your Customized Horsenality Report** |

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| *Dear «[Firstname-R]»,*  *You have taken an important step in deeply understanding your horse, «[Horsename]».*  *As you learn more about «[Horsename]»’s Horsenality you’ll be empowered to bring out the best in «[him-her-H]»* *and avoid doing the things that unintentionally cause «[him-her-H]»* *trouble or confusion.* | *Picture 4* |

*«[Horsename]»’s Horsenality is made up of four things:*

1. *Innate Characteristics – what «[he-she-H]» was born with.*
2. *Learned Behavior – the good and the undesirable experiences in «[his-her-H]» past!*
3. *Environment – the herd, the training, the demands, the sights and sounds.*
4. *Spirit – the level of intensity «[he-she-H]»* *expresses «[himself-herself-H]» with: mild, moderate, extreme.*

*What you are going to learn about in this report is the behavioral part. You don’t even need to know why it’s happening as much as what to do when it happens. This alone will reshape «[Horsename]»’s behavior, encouraging emotional balance, self-confidence and trust in you as «[his-her-H]» leader.*

*It is my pleasure to be your personal guide. I’ll help you understand what’s going on with «[Horsename]»* *and advise you on the most effective ways to exercise and teach «[him-her-H]». I believe in putting the relationship first which means preserving the trust and enhancing the motivation for «[Horsename]»* *to be with you and to give you «[his-her-H]» all, no matter what your goals are…from recreation to performance.*

*Just as «[Horsename]»* *can be your dream horse, you will learn how to be «[his-her-H]» dream partner.*

*Yours Naturally,*

*A picture containing dark, night sky

Description automatically generated*

*Pat Parelli*

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| **The Parelli Horsenality Profile** |

Just as people have different personalities, horses have different *Horsenalities*. By completing the online assessment questionnaire, you have provided information that makes it possible for us to scientifically chart «[Horsename]» and determine «[his-her-H]» Horsenality Profile.

This section will tell you how we’ve done that. You’ll gain a better understanding of the four Horsenality Types and the unique behaviors that pinpoint a horse’s individual character.

**The Four Horsenality Types**

Horses tend to fall into one of four primary types. These are made up of combinations of Extrovert or Introvert, and Right-Brain (fearful) or Left-Brain (dominant) behaviors. When you look at the chart you’ll see that it is a system of opposites.

When you see «[Horsename]»’s profile, there will be a big red dot that tells you which quadrant «[he-she-H]» fits into. The further that dot is from the center, the more extreme a version of this Horsenality «[Horsename]» is; therefore, the more challenging «[he-she-H]» can be to deal with. This distance from the center is a good indication of «[Horsename]»’s spirit level – mild, moderate or extreme.

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| HorsenalityChart_no_words.bmp |  | color_code  **The color of the shading indicates the horse’s  spirit level:**  Spirit level will tone down or amplify any Horsenality Type or specific behavior**.** |

**Unique Characteristics and Specific Behaviors**

No matter what a horse’s primary Horsenality Type is, you may find that certain characteristics show up that are ‘all over the chart.’ In fact the more that appear in different quadrants, the more ‘interesting’ your horse will be. Sometimes this means that your horse can be more challenging than another horse whose behaviors tend to stay within one quadrant.

Most of the dots will probably fall within your horse’s main Horsenality, but when they show up in other areas this can be due to situational changes (such as new or different environments) or it could be a reflection of stress or past trauma.

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**Note:** As you know, certain environments can make horses behave differently and the key will be to flex your strategies according to these changes rather than treat your horse the same as you always do.

This is because, technically, «[he-she-H]» is acting like a different horse. How many times have you heard someone say, “But my horse never acts like this at home!”

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| Picture 9 | *When your horse acts differently from «[his-her-H]» usual Horsenality Type in certain situations, you need to respond differently…and appropriately. That’s what great horsemen do. They automatically adjust.*  *Horses are living, breathing, emotional, and reactive beings. It is up to us to help our horses be balanced and confident, no matter what the situation is.* |

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| **The Four Horsenality Types** |

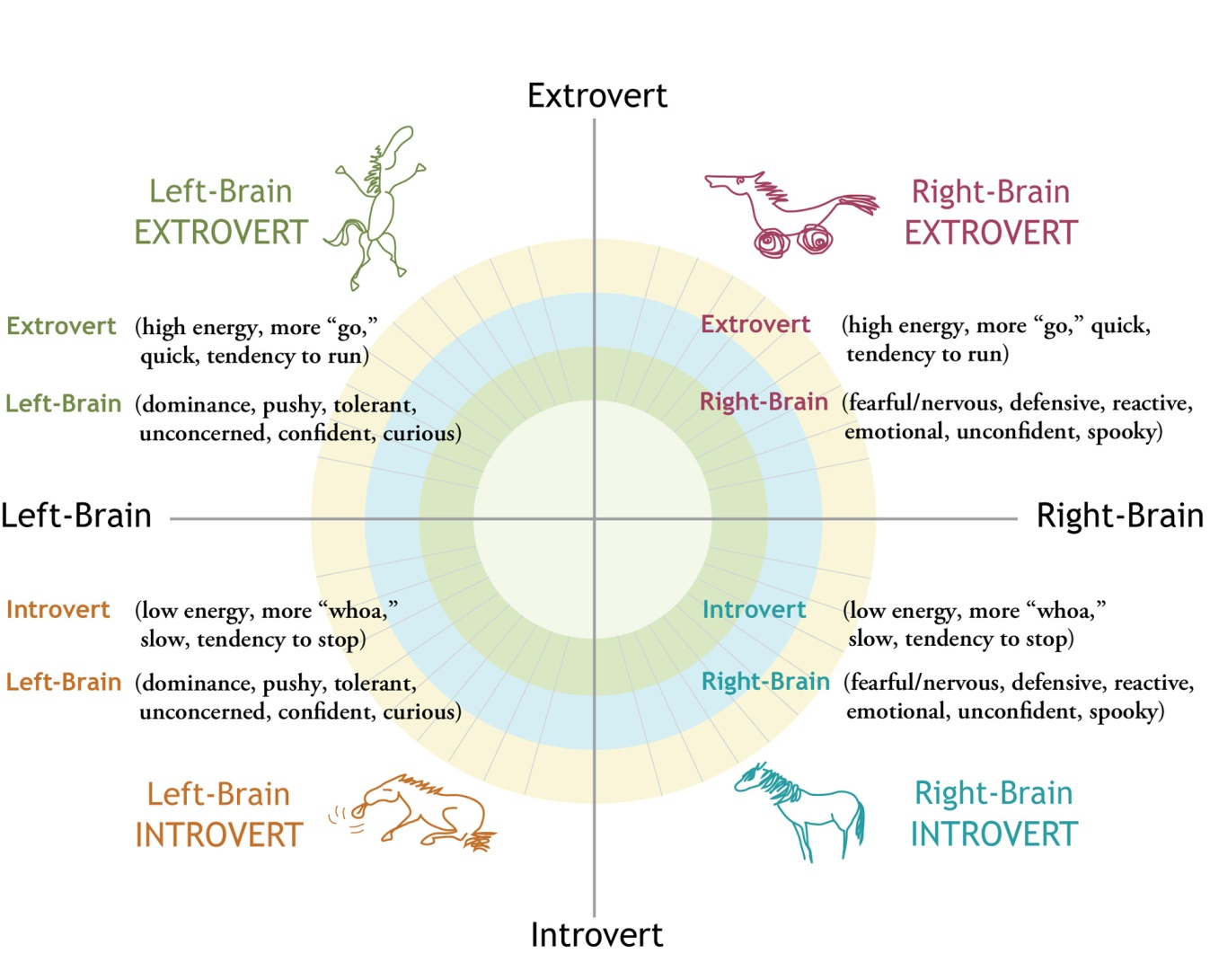
Essentially, a horse is either more Extrovert (a mover) or Introvert (a thinker), and is innately more confident and dominant (Left-Brain) or less confident and more fearful (Right-Brain).

An **EXTROVERTED** (active, energetic) horse is a mover and seeks activity. Extroverts have to *move before they can think.*

An **INTROVERTED** (inactive, low energy) horse is physically conservative. Introverts have to *think before they can or want to move*.

A **LEFT-BRAIN** (confident, dominant) horse is brave. In fact, they are not looking for a leader. They have a *tendency to challenge your leadership*.

A **RIGHT-BRAIN** (unconfident, fearful) horse is insecure and craves leadership. They are *natural followers looking for natural leaders.*



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| **«[Horsename]»’s Horsenality Type** |

«Horsenality Overall Rating Graph»

**About «[Horsename]»**

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| «[H-Description]» |  | Picture 10  Leadership Secrets |

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| **Strategies for Success with «[Horsename]»** |

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| **Communication, Exercise and Development**  Think of your plan for creating harmony with «[Horsename]» as having two parts:  1. First, identify strategies for dealing with «[his-her-H]» core Horsenality Type…deal with the ‘Big Dot’ first.  2. Next, develop a game plan for coping with behaviors that show up in certain situations but not necessarily all the time. Sometimes you even have to deal with these immediately for safety reasons or to help «[Horsename]» get into a learning state of mind.  You’ll be surprised to find that the sooner you address «[his-her-H]» problematic behavior and do the appropriate thing, the fewer issues you will have.  So let’s get started with «[Horsename]»’s “Big Dot” and identify the general strategies to use to help «[him-her-H]» become more ‘centered’ and emotionally balanced. | **Picture 21** |

**Help «[Horsename]»** **go from this… to this!**

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| «[H-From-Images]» | «[H-To-Images]» |

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| **Understanding «[Horsename]»‘s Nature** |

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| «[H-Nature]»  For **specific exercises,** use the Patterns found in the Four Savvys DVD Packs. More on this in the next section. |

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| **Do’s and Don’ts for «[Horsename]»** |

«[H-Introduction]»

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| Picture 24  **Do**  These are good things to learn and remember so that when «[Horsename]» has trouble you can do exactly the right thing, right away. | **Do’s**  «[H-Do's]» |

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| Picture 25  **Don’t**  These are the things to avoid because they will cause «[Horsename]» to become more upset and afraid of you.  When «[he-she-H]» trusts you as «[his-her-H]» leader «[he-she-H]» will become less affected by what goes on around «[him-her-H]». You see, it’s not about the weather, the spooky object, the jump, the barrels, the trail ride, the other horses, etc…it’s about the relationship «[Horsename]» has with you. When you become the leader «[he-she-H]» needs, «[he-she-H]» will feel calm and safe with you no matter what you are doing or where you are. | **Don’ts**  «[H-Don'ts]» |

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| **Powerful Communication Keys** |

**How do you tell your horse to calm down? How can you motivate «[him-her-H]»?**

**How do you communicate what it is you want «[him-her-H]» to do?**

**What is your common language?**

Most people will tell you to hold your horse close, to say ‘whoa’ or ‘quit’ when «[he-she-H]» misbehaves, to kick to go and pull on the reins to stop. But nothing could be more confusing and unsettling for a horse than this. Horses are highly perceptive, sensitive animals and very fast learners unless they are confused or scared. What you need is a language that makes sense to horses and makes it possible for you to communicate better (as horses do) and be understood.

The Parelli *Seven Games* take the mystery out of communicating with horses because it is based on how horses communicate with each other…through body language. The first game, the Friendly Game, builds trust and rapport. The other six games form the origin of every maneuver you might wish to teach your horse, from basic to very advanced. This means every single thing you wish to teach your horse or communicate to «[him-her-H]» can be constructed from the *Seven Games*.

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| When you watch horses interacting and playing with each other you will see them use every one of the *Seven Games*.  Horses are different from humans. They are prey animals and we are predators, but they are also herd animals so having a pecking order is an important part of their herd structure. They have an intense need to know who is dominant and interestingly, they jostle for dominance over each other constantly. This is important for you to know because you will have to play that game also. Every time you interact with your horse, you have to act like a leader and be consistent in setting your boundaries and communicating your expectations. You need to be prepared  and define the relationship. If you don’t, your horse will! | horses_biting.bmp |

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| **The Seven Games**  *Pat Parelli has titled the Seven Games with terms that will help you remember their action and purpose. Memorize them in order and then learn how to use them naturally in your day-to-day interactions with «[Horsename]». These games are the basis of your language; they are the alphabet and primary words from which you will build sentences and stories that allow you to have interesting ‘conversations’ with «[Horsename]». This is way more than training!*   1. **The Friendly Game** builds trust and confidence. It is the most important game to play with horses that are tense and skeptical in order to convince the prey animal in them that you are not going to hurt or kill them. 2. **The Porcupine Game** teaches horses to yield from steady pressure. Use it when leading, backing up, or directing horses away from you. When riding, use it to get responses to rein and leg pressure. 3. **The Driving Game** teaches horses to yield from gestures and rhythmic pressure so you can move them without touching them. You can use this game to defend your personal space - very important! When you’re in the saddle, you can play this game when with one rein, with your feet for a back up, to change your energy, and when riding with Carrot Sticks. 4. **The Yo-Yo Game** equalizes backward-and-forward tendencies in horses (most horses prefer forward movement). And, a big bonus, it develops straightness. It’s a key part of transitions and promotes engagement of the hindquarters. On the ground it keeps horses out of your space. 5. **The Circling Game** sends the horse around you and teaches them to come back to you. It also teaches them the responsibility of continuing to circle you without being reminded. 6. **The Sideways Game** develops the skill of moving sideways. This is important for everyday things like opening gates, all the way up to building suspension for lead changes and lateral maneuvers. 7. **The Squeeze Game** teaches horses to overcome their fear of small or narrow spaces. This is valuable for things like wash racks, horse trailers, racing gates, veterinary stocks, gates and narrow passageways, as well as jumps, bridges, etc. The Squeeze Game is calming for horses and helps them overcome their natural claustrophobic tendencies.   Every maneuver, no matter how simple or advanced, is made up of one or more of the *Seven Games*.  If you are not familiar with the Parelli Seven Games, start with the Parelli Savvy Club– *essential skills for safety, confidence, and fun, on the ground and riding*. The Seven Games will make a HUGE difference to your success with «[Horsename]» and with horses in general, because they truly are the language of horses, decoded for humans. |

**Playing the Seven Games with «[Horsename]»**

*Here are some predictable behaviors and reactions you may experience as you learn to communicate with «[Horsename]»* *using the Seven Games. Some things will be easier for «[Horsename]»* *and others will be harder, but in the end the goal is to have it all balance out. Knowing what to expect based on «[Horsename]»’s Horsenality Type will give you more understanding of why it is happening and prepare you to be more patient and effective.*

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| **Picture 53**  **Picture 55** | **The seven games**  «[H-Seven-Games]» |

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| We really want to stress that the Seven Games are the language; they aren’t exercises in and of themselves. Does this make sense? If all you do is the Seven Games, over and over, it will turn them into the Seven Jobs!  The Seven Games help you convey to your horse what you want «[him-her-H]» to do…to move away from your touch, or to calm down and stand still, to move over, go forwards, back up, come to you, make transitions, turn…whether you are on the ground or on «[his-her-H]» back. It will help you figure out what aspect of a maneuver is not working when you have trouble getting your horse to do something.  Think of the Seven Games as the ingredients. The next section is about the exercises to do with «[Horsename]» on a regular basis that help you develop and advance «[his-her-H]» skills: Patterns, both on the ground and in the saddle. | **Picture 28** |

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| **Constructive Exercises for Success and Advancement** |

As a leader you need to have a plan for your activities with your horse. Your horse depends on you for this. Behavioral issues arise when your horse is not getting enough mental, emotional and physical exercise, or «[he-she-H]» isn’t getting the kind of leadership «[he-she-H]» needs.

We have developed a specific set of Patterns to you to implement with your horse. Not only do they give you a plan, they give you constructive exercises that cause your horse to participate on every level – mentally, emotionally and physically. They give you the opportunity to have ‘conversations’ and real communication rather than micromanaging your horse like a puppet and not allowing «[him-her-H]» to think. You will have a simple yet brilliant training plan that steadily advances you both. This is how we develop our horses; it’s our blueprint for a solid foundation.

The Patterns will help you put a good foundation on your horse and they automatically give you the leadership skills your horse needs.

The Parelli approach to horsemanship encourages developing the relationship first on the ground, ensuring you have trust and communication before mounting to ride. Many problems can be solved simply by adopting this more savvy way of preparing horses…we call it the Pre-Ride Check, but playing with horses on the ground can also be taken to an art form.

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| *The unique thing about this program is that there are four main areas you need to become skilled with horses…I call them The Four Savvys. There are two on the ground, and  two riding:*  **1. On Line – with a halter and line attached**  **2. Liberty – with no line, starting in a round corral**  **3. FreeStyle – riding without contact**  **4. Finesse – riding with contact and precision**  *By learning how to “play” with your horse in each of the Four Savvys you develop real savvy, a very well rounded set of skills. Even if you don’t ride, you can play with your horse on the ground with On Line and Liberty. That’s why we have organized our definitive core product series – The Four Savvys – based on this model. You can focus on whichever Savvy appeals to you, and develop your horsemanship at your own pace!* | pat_mug  Savvy Tip |

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| **The Right Balance between Variety and Consistency** |

All horses need the right balance of consistency to help them gain confidence and variety to keep them stimulated and learning. The Seven Games help you understand how to ‘talk’ to «[Horsename]» and how to direct «[him-her-H]». The Parelli Patterns give you the exercises to do with «[him-her-H]» to develop your partnership and methodically advance your skills together.

**Best Games and Patterns for «[Horsename]»**

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| *«[H-Games-Patterns]»* |

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| *«[H-Pat-Balance]»* | pat_mug  Savvy Tip |

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| **Designing Your Session with «[Horsename]»** |

Here’s how a session with you and «[Horsename]» might look:

«[H-Session]»

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| ***Know when to quit:***  *«[H-Pat-Quit]»* |  | pat_mug |

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| Picture 29 | *«[H-Take-Care]»* |

The next session will give you some tips on handling some of «[Horsename]»’s specific behaviors that tend to come up in different situations.

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| **Situation-Specific Behavior** |

The chart below provides more details about «[Horsename]»’s behavior. Regardless of «[Horsename]»’s primary Horsenality Type and the quadrant «[his-her-H]» “big dot” falls, you may find that certain behaviors crop up on other parts of the chart. In fact, the more quadrants in which these dots appear, the more complicated «[he-she-H]» is. Here’s the good news…if you can quickly adjust to handle the new behavior, you will find that they come up less and less. Many people have the tendency to ignore what’s happening, or they feel frustrated and punish the horse because they see it as disobedience rather than something that has come up for good reason. You don’t necessarily need to know why it occurred, but you do need to know what to do about it and then do it immediately to help «[Horsename]» get more balanced again.

«Horsenality Detail Rating Graph»

**Pat’s Horsenality Tip**

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| *Most horses tend to load up on one primary quadrant, but certain situations or  past baggage can cause a horse to display behaviors that are more typical of a  different Horsenality.*  *Think of these as the individuating characteristics of a horse.*  *Even though there are four main Horsenality Types, each horse is an individual because of the little dots that accompany it.*  *Pay particular attention to any scores that are extreme because it will mean you need to take more time to solve it, or improve your own skills so you are able to do it yourself. You might even need professional help from one of Parelli’s highly trained Instructors. Don’t be too proud to ask; that’s what our team is here for! We coach and advise each other all the time. That’s how we continue to learn and it is just one of the many wonderful things that have grown from our Parelli Professional training program.*  *On the next page you’ll find training guidelines for some of «[Horsename]»’s more extreme situational behaviors.* |  | pat_mug  Savvy Tip |

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| **Adjust to Fit the Changing Situation** |

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| Picture 30 | *Over the years, many people have told me that their horse completely changes when moving from groundwork to riding, going from the arena to a trail, moving to a new place, or when the weather changes or when surrounded by other horses. This is what I call ‘situational’ because when the situation changes the horse changes.*  *The goal is for your relationship to become so strong that even though the things around you and your horse might change, the relationship between you and your horse doesn’t; so wherever «[Horsename]»* *is, as long as «[he-she-H]»’s with you, «[his-her-H]» behavior will remain consistent.*  *Now, don’t expect all the problematic behaviors to be gone in a week or two. It will be a process where things just keep on improving until one day you simply don’t have these issues anymore.*  *I recommend that you re-chart «[Horsename]»* *every six months, certainly every twelve months at a minimum. It’s most gratifying to see the changes that «[he-she-H]» has made reflected on «[his-her-H]» Horsenality Profile, and this helps you adjust your own approach accordingly.*  *A major goal of development is to move «[Horsename]»’s extreme behaviors toward the center of the chart. This makes «[him-her-H]»* *easier to play with and teach; even more importantly, it makes «[his-her-H]»* *life less stressful. This is because many of «[Horsename]»’s erratic and extreme behaviors may be learned reactions caused by stress. Reducing or eliminating these will help «[him-her-H]»* *become more relaxed and centered «[himself-herself-H]».*  *The sooner you can provide what «[Horsename]»* *needs, the sooner the problems will diminish and ultimately disappear. Just remember, the more damaged «[Horsename]»* *is and the  longer «[he-she-H]»’s had these issues, the longer it will take to change them. But, be patient and consistent, «[he-she-H]» needs your leadership in order to become more centered on a consistent basis.* |

**Situational Behaviors:**

«[H-Situational-Behaviors]»

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| **Strengths, Positive Characteristics and Aptitudes** |

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| *Just like people, horses have their strengths and weaknesses. We’ve given you a lot of information and direction to help you with the issues «[Horsename]»* *has, but it’s important to know what «[he-she-H]» is going to be like once «[he-she-H]» is emotionally balanced and centered.*  *Knowing who the real horse is inside will help you bring that out in «[Horsename]»* *and having an idea of what «[he-she-H]» might be most suitable for will also serve as a good guide. Sometimes people discover they have bought the wrong horse for the goal or activity they have in mind and this is the problem, not the horse. In this situation you either have to change your goal, or learn what it takes to have your horse like it as much as you do. There is always the possibility that you might decide to match «[Horsename]»* *up with someone  who wants to do what «[he-she-H]» is designed for while you pursue your perfect match in another horse.* | Picture 31  Savvy Tip |

Let’s look again at «[Horsename]»’s overall Horsenality Type. Here’s «[his-her-H]» chart and a list of some of «[his-her-H]» strengths.

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| «Horsenality Overall Rating Graph Small» |  | «[H-Strengths-Bullets]» |

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| «[H-Aptitude-Challenges]» |

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| pat_mug  Savvy Tip | *«[H-Pat-Strengths]»* |

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| **Resources and More** |

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| PatCasper.bmp | **The Horsenality/Humanality Match Report**  **Check out how your Humanality and your horse’s Horsenality match or mismatch!**  Once you’ve identified your horse’s Horsenality, your next step towards gaining a deeper understanding of horse behavior and improving your partnership with your horse is taking the Horsenality/Humanality Match Report. This report will assess  your personality, link your Humanality back to your horse’s Horsenality, and illustrate how the two of you can bring out the best in each other!  With the Match Report, you’ll learn how to overcome common training challenges that occur due to your Horsenality/Humanality differences, and you’ll receive customized guidelines that tell you how to flex your style in order to be more successful with your horse. Parelli Natural Horsemanship collaborated with Dr. Patrick Handley, PhD – an expert in personality assessment – to create this expansive, comprehensive report that provides revealing insights on your personality strengths and weaknesses, and how they will affect your partnership with your horse.  When Pat is asked which Humanality matches best with a certain Horsenality, his answer is always simply “a horseman.” There is no perfect recipe for a horse/human partnership, but with resources like the Horsenality/Humanality Match Report, you will take a huge step towards developing true harmony with your horse, no matter your differences. |

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| MulitHorse.bmp | **Got Multiple Horses? Get Multiple Reports!**  *I have many horses, each of whom showcase very different Horsenalities. I understand the importance of truly getting to know each horse on their own terms, and that’s why I encourage multiple-horse owners to fill out a Horsenality Report for each of their horses. In doing so, you’ll gain invaluable information on how to partner best with each horse – you’ll literally compile an owner’s manual on each of your horses!* |

**The Parelli Four Savvys Program**

Pat has identified four "ways" of playing with horses, four areas in which a horse and human can learn from one another. He dubbed these areas "the Four Savvys." Together they form the blueprint for you as a horseman, and for the Parelli Program as a whole.

**There are two Savvys on the ground:**

**On Line**

This foundational Savvy takes place on the ground, using a halter and ropes of varying lengths as a safety net while you are learning to communicate in your horse’s language. Here, you will learn how to play the Seven Games.

**Liberty**

What if you could communicate with your horse without any ropes at all? In Liberty, you’ll learn how to interact with horses when they are free, whether in a stall, pasture, in the wild… or in a round corral. From catching to developing high-level maneuvers like flying changes, this Savvy is all about building a bond stronger than any lead rope, and mastering your own emerging horse behavior skills.

**And there are two Savvys in the saddle:**

**FreeStyle**

Riding on loose reins is how you teach horses to relax and teach riders to have a truly independent seat. FreeStyle riding builds confidence and “responsibility” in the horse, where he learns to really act as a partner instead of a robot. The rider learns how to balance without hanging on the reins or gripping with their legs. At its highest level, you will be able to ride bareback and bridleless with confidence and ease.

**Finesse**

Finesse is about ultimate refinement. It encompasses riding close to your horse, with concentrated reins, with a soft, polite & willing feel, and with vertical flexion. You learn how to improve your posture, to be more fluid, and have your horse become rounder, more collected and elegant.

When I go to play with my horse, sometimes I only play on the ground – mostly at Liberty these days, unless I take him jumping logs and moving out in the playground, but mostly I ride. So I’m playing in two or three Savvys sometimes. It makes it more interesting, and I tend to get more creative and thoughtful about what I’m doing and where I’m going with my horse as we advance. And now that I'm studying the art of riding with precision with dressage master Walter Zettl, I find it more important than ever to keep a balance in the Four Savvys, rather than becoming overly focused on Finesse.  
  
Many times, people will want to start at the top with the most challenging things, but that doesn't always lead to putting the horse first. I think Pat has organized the Savvys in such a way that it encourages people to get the fundamentals down first. Once you've got a solid foundation, you start making incredible progress, and that's when the real fun begins! If you want to become a horseman, that’s the way to do it!

**Parelli Professionals**

Parelli Instructors (officially known as Parelli Professionals) are talented, dedicated Parelli students who have been certified to teach the Parelli Program out in the field. Instructors can give one-on-one horsemanship lessons, lead group lessons and clinics, and more. As an Instructor gains experience and skill, their “star rating” increases, which allows them to teach more Savvys at higher levels. 

There are Parelli Professionals available throughout the world offering natural horsemanship training in a number of different formats. Educational formats include coaching, private lessons, group lessons, half-day or full-day clinics, workshops focusing on a particular skill, and multi-day camps.

**Savvy Club Membership**

The Parelli Savvy Club is a worldwide membership community that gives you access to the Levels Program (Levels 1-4), thousands of educational videos and articles, and presents opportunities to interact with other like-minded horse enthusiasts, develop your confidence and overcome fears, solve horse behavior problems and discipline issues, connect with Pat Parelli, ask questions, and get support to becoming a better horseman.

**Parelli Courses Around the World**

When you’re ready to immerse yourself in the ultimate educational horsemanship experience, we encourage you to take a course at one of our Parelli campuses around the world. Courses are led by talented Parelli Professionals and give students the opportunity to delve into a specific topic or Savvy for a week or more. Visit [www.parelli.com](http://www.parelli.com) to learn more about courses and how to apply!

«[H-Cusp-Supplement]»