

CHAPTER – 9

UP YOU GO

2 MARK QUESTIONS

1. Have you ever seen the mountains? Have you also climbed a mountain? When and where?

ANSWER:

Yes, I have seen the mountains and climbed up the mountain during our vacation to Kashmir.

2. How far have you walked at one time? How far can you walk?

ANSWER:

At one time, I walked for 3 kilometers. I can walk for a distance of 10 kilometers.

3. What do you think about the paths on the mountains?

ANSWER:

Paths on the mountains usually have curves.

4. How would you feel if you were made a leader in such a camp?

ANSWER:

If I were made a leader in such a camp, it would make me feel more confident about myself, and I would successfully manage my responsibilities.

5. What does a monitor in your class have to do?

ANSWER:

The monitor in my class arranges all the required items the teacher needs, like chalk, duster, etc. The monitor also maintains discipline in the classroom, and when the teacher is absent, the monitor checks on any problems among students and conveys them to the teacher.

6. Would you like to be the class monitor? Why?

ANSWER:

Yes, I would like to be the class monitor because it would be challenging to do all the tasks.

7. What kinds of tools are needed for climbing mountains?

ANSWER:

The tools required to climb up the mountain are crampons, rope, belay device, harness, ice axe, protection guard, pulley, helmet, gloves, first aid kit, oxygen cylinder, food packets, water bottle, torch, etc.

8. Have you ever seen a hook and rope being used for anything else? Where?

ANSWER:

Yes, I have seen a hook and rope. They can be used for drawing water from the well, pulling heavy things up the building, and rescuing people in any accidents.

9. What else can we use if we want to cross a river in the mountains?

ANSWER:

To cross a river in the mountains, we require thick rope, sling, and pitons.

10. Why do we need extra energy in the mountains?

ANSWER:

We need extra energy, especially in the mountains, because we climb against the gravitational force, which usually pulls us down, and we also need to walk on the rough surface to balance all these we need that extra energy.

11. Have you ever heard of anyone who has done something adventurous? What?

ANSWER:

Yes, my friend once had gone for scuba diving, which was very adventurous.

12. Have you ever done anything adventurous? If yes, tell your class. Write about it in your own words

ANSWER:

Yes, I once did paragliding which was a thrilling experience. Being in the clouds was amazing, and all the things down seemed so small. Overall, it was an adventurous experience.

5 MARK QUESTIONS

1. Explain why it can be adventurous and challenging to climb a mountain. How would you prepare if you were to climb a mountain? What would you take with you? Write in your own words.

ANSWER:

Climbing a mountain involves many challenging activities, which makes it difficult. Keeping in mind all the difficulties, we can say that it is adventurous and challenging to climb a mountain. Mentally and physically, we have to be strong and be prepared to face the difficulties which come across our path. With a lot of practice and willpower, we will be able to climb the mountain. I would carry all the mountaineering equipment, medicines, food, first aid kit, and oxygen cylinder along with me if I were to climb the mountain.

2. When have you seen our national flag being hoisted? Collect information on our national flag.

ANSWER:

The national flag is hoisted on Republic Day and Independence Day. On these days, schools and educational institutes conduct events and display national pride.

The national flag is a horizontal tricolor with deep saffron at the top, white in the middle, and dark green at the bottom in equal proportion. The ratio of the width of the flag to its length is two to three. In the center of the white band is a navy blue wheel, which represents the chakra.

3. Have you ever seen someone climb a small wall? What do you think is the difference between climbing a wall and climbing a high rock?

ANSWER:

Yes, I have seen children climbing the small wall. Climbing a small wall does not require a rope or any accessories, but to climb a high rock, we require a rope, sling, pitons, etc. Moreover, we may feel a little more scared while climbing a high rock than a small wall.

4. What do you think about the responsibilities of a group leader?

ANSWER:

The responsibilities of a group leader may include

- Helping other members of the group.
- Lead the group members.
- Manage all the needs of the members.

5. Elaborate on the narrator's experience of rock climbing. What instructions were given, and how did the narrator overcome initial difficulties?

ANSWER:

The narrator climbed a 90-meter rock with the help of a rope, sling, and instructions to maintain a specific angle while climbing. Initially slipping, she overcame fear and climbed with confidence, also using a special technique called 'rapling' during descent.

6. Who was Bachhendri Pal, and what notable achievements were associated with her? How did the narrator and the group react upon meeting her?

ANSWER:

Bachhendri Pal was a mountaineer selected to climb Mount Everest. She became the first Indian woman to reach Everest's summit. The narrator and the group were excited to meet her, unaware of her historic future achievement.

7. Narrate the funny incident involving Khondonbi during the trek. How did the situation escalate, and how was it resolved?

ANSWER:

Khondonbi, feeling hungry, entered a field to get cucumbers, but was caught by a woman. Language barriers confused, and the narrator

apologized. Later, the group lost its way in the dark, creating fear, but they were reunited after signaling.

8. Reflect on the challenges faced by the narrator during the river crossing. How did this experience contribute to her personal growth and confidence?

ANSWER:

The narrator faced fear, cold, and the challenge of crossing a river. Despite initial difficulty and slipping, she managed to hold the rope, gaining confidence and a sense of accomplishment.

9. Discuss the final night at the campfire and the recognition received by the narrator. How did the camp director honor her, and what emotions did she experience?

Answer:

On the final night, a campfire was held, and the narrator received the 'Best Performance Award' from Brigadier Gyan Singh. Overwhelmed with joy and tears, she felt blessed and recognized for her efforts.

FILL IN THE BLANKS

1. Our mountaineering camp took place at _____ on _____ 1984. **(Nehru Institute of Mountaineering, Uttarkashi; 2nd February)**

2. The narrator screamed in pain on the _____ day of the camp due to the previous day's _____ walk. **(second; 26-kilometer)**

3. The Director of the adventure course, Brigadier Gyan Singh, assigned the narrator the responsibility of leading _____. **(Group number 7)**

4. Group number 7 included girls from _____, _____, _____, _____, and _____. **(Assam, Manipur, Mizoram, Meghalaya, Nagaland)**

5. The instructor used a _____ and _____ to cross the river during the trek. **(sling; rope)**

6. The narrator felt terrified during the river crossing but eventually experienced a special kind of _____ upon completion. **(Happiness)**

7. The snow camp night was spent at a height of _____ meters, where the narrator and the group faced the challenge of putting up a _____. **(2134; tent)**

8. The narrator received the 'Best Performance Award' at the camp on _____ 1984. **(21st February)**

9. Bachhendri Pal became the first Indian woman to reach the peak of _____. **(Mount Everest)**

10. During the snowstorm at the Mount Everest base camp, the team heard a loud sound, and Bachhendri Pal was almost buried under _____. **(snow)**

MULTIPLE CHOICE QUESTIONS

1.What is the narrator's profession at the mountaineering camp?

- A. Doctor
- B. Teacher
- C. Banker
- D. Engineer

Answer: B. Teacher

2. Which day of the camp is described in the passage?

- A. First day
- B. Second day
- C. Third day
- D. Fourth day

Answer: B. Second day

3. Who assigns the narrator the responsibility of leading Group No. 7?

- A. Bachhendri Pal
- B. Brigadier Gyan Singh
- C. Khondonbi
- D. Group members

Answer: B. Brigadier Gyan Singh

4. Which states are represented in Group No. 7?

- A. Assam, Manipur, Mizoram, Meghalaya, and Nagaland
- B. Punjab, Haryana, Rajasthan, Gujarat, and Maharashtra
- C. Kerala, Karnataka, Tamil Nadu, Andhra Pradesh, and Telangana
- D. Uttar Pradesh, Bihar, West Bengal, Odisha, and Jharkhand

Answer: A. Assam, Manipur, Mizoram, Meghalaya, and Nagaland

5. What does the instructor use to cross the river during the trek?

- A. Boat
- B. Bridge
- C. Sling and rope
- D. Jetpack

Answer: C. Sling and rope

6. How does the narrator feel during the river crossing initially?

- A. Confident
- B. Fearless
- C. Terrified
- D. Excited

Answer: C. Terrified

7. What height is reached on the snow camp night?

- A. 1800 meters
- B. 2000 meters

- C. 2134 meters
- D. 2500 meters

Answer: C. 2134 meters

8. What special event happens during the snowstorm at the Mount Everest base camp?

- A. Award ceremony
- B. Birthday celebration
- C. Mount Everest climb
- D. Dance party

Answer: C. Mount Everest climb

9. What is the narrator's response when announced for the 'Best Performance Award'?

- A. Tears of joy
- B. Disappointment
- C. Surprise
- D. Indifference

Answer: A. Tears of joy

10. Who becomes the first Indian woman to reach the peak of Mount Everest?

A. Narrator

B. Khondonbi

C. Bachhendri Pal

D. Brigadier Gyan Singh

Answer: C. Bachhendri Pal

SUMMARY

The passage recounts the author's experience at a mountaineering camp in Uttarkashi, providing insights into the challenges and triumphs of the adventure. The camp involved strenuous activities, such as a 26-kilometer trek, which left the author in pain but determined. Assigned the responsibility of leading Group number 7, the author reflects on the leader's role, emphasizing assistance to struggling members and maintaining discipline.

The narrative unfolds various challenges, including a nerve-wracking river crossing using a sling and rope. The author describes the fear, shivering, and ultimate triumph of facing the icy water. The story continues with a rock climbing episode, highlighting the importance of maintaining a specific climbing angle. A funny incident, where a group member gets caught plucking cucumbers, adds a humorous touch to the narrative.

The passage also introduces Bachhendri Pal, a mountaineer, sharing her remarkable journey from a schoolgirl climbing peaks for fun to becoming the first Indian woman to conquer Mount Everest. The camp concludes with a snow camp experience, where the author and the group faced the challenge of setting up a tent at 2134 meters. The passage ends on a celebratory note with the author receiving the 'Best Performance Award' on 21st February. Overall, it provides a vivid portrayal of the physical and emotional challenges of mountaineering and the camaraderie developed during such adventurous experiences.