

## CHAPTER-20

### Eating Together

#### **5MARKS**

**Write in your notebook**

**1. Do you like to eat with others?**

**Answer:**

Yes, I like to eat with others.

**2. On what occasions do you eat together with your friends?**

**Answer:**

During functions, festivals and lunch breaks in our school, I eat together with my friends.

**3. Have you ever had a party in your class? When? What all did you do to arrange a party?**

**Answer:**

Yes, we had many parties in our class, and one was held on Republic Day. We arranged a cook, ingredients to prepare food, vehicles for pick up and drop, invitation cards and sparkle lights.

**4. What did you and your classmates bring to the party?**

**Answer:**

We brought flags, balloons, sparkle powder etc., to the party

**5. What all did you eat?**

**Answer:**

We ate snacks at first, then carried on with our lunch. For snacks, we had pastries and cakes, and for lunch, we had dal, pulao, sabzi, puri and sweets.

**6. Who were the people you invited to your party?**

**Answer:**

Families of all the teachers and parents of students were the people invited to the party.

**7. Were there some people who work in your school whom you could not invite? Who were these people?**

**Answer:**

No, all the people who work in my school were invited to the party.

**8. Did you wear any special dress for the party?**

**Answer:**

Yes, we wore party dresses for the function.

**9. What are the things that you can do to make the party greater fun for everyone? Discuss.**

**Answer:**

We can arrange a lot of activities, such as playing music, dancing, and eating delicious food etc. For the Republic Day celebrations, we can sing Patriotic songs in order to pay homage to the martyrs, followed by a stage play.

## **3MARKS**

### **Celebrating Bihu**

**1. Where is the festival of Bihu celebrated?**

**Answer:**

Bihu is the festival celebrated in Assam.

**2. Which are the festivals that you celebrate together with other families?**

**Answer:**

Deepawali, Holi, Eid and Dussehra etc., are some of the festivals we celebrate together with other families.

**3. Does everyone cook and eat together at such festivals? What are some of the special dishes that are cooked? How are they cooked?**

**Answer:**

No, everyone does not cook and eat together, but most of them celebrate festivals together.

Gujhia, Pua, Dahi Bhalla and mutton are the special dishes that are cooked on Holi. Biryani and Sewai are the special dishes that are cooked on Eid.

Pua is cooked by frying maida in oil, whereas Sewai is cooked by boiling it in sugar and milk.

**4. Are some special vessels used for cooking these items? What are they?**

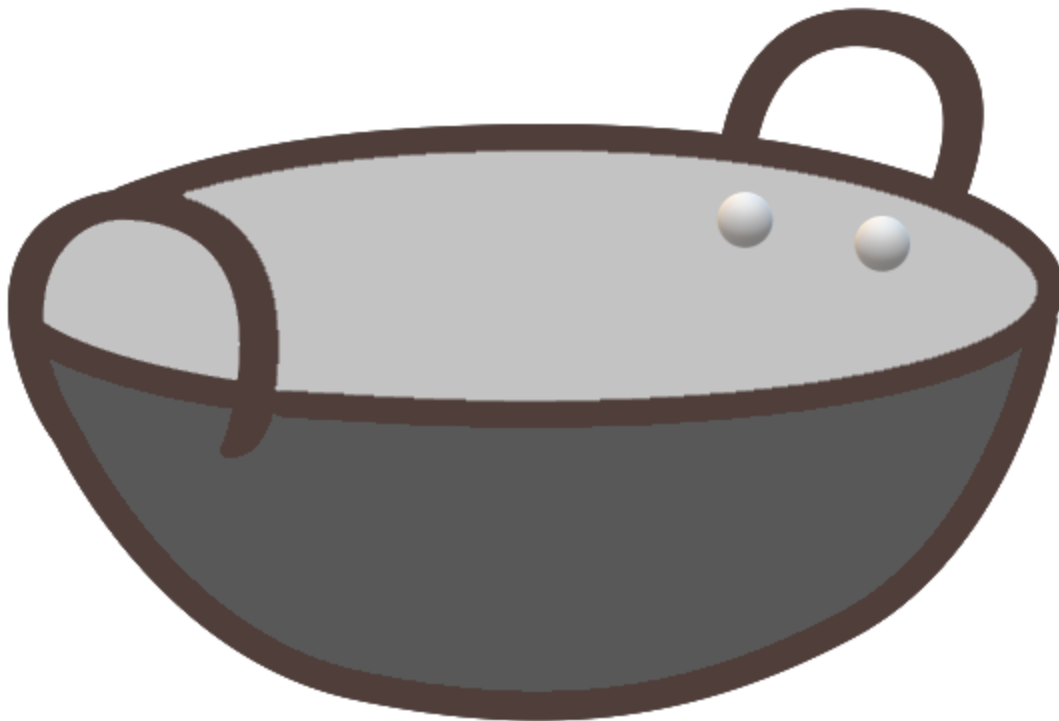
**Answer:**

A special vessel like Kadhai made up of iron is used for cooking dishes like Pua, and Sewai is cooked in pans.

**5. Which is the biggest vessel that is used? Can you draw a picture of it? Can you guess how many people can eat the food that is cooked in it at one time?**

**Answer:**

A big Kadhai is the biggest vessel that is used to prepare vegetables.



Yes, more than 100 people can eat the food that is cooked in it at one time.

**7MARKS****Find out and do****1. Can you guess how many people must have eaten together in the village feast?****Answer:**

More than 1000 people must have eaten together in the village feast.

**2. Have you ever seen the Bihu dance? Did you like it?****Answer:**

Yes, I have seen the Bihu dance on television, and I liked it.

**3. Find out from the students in your class the festivals that they celebrate and the special food that they eat on these days. Who cooks the special food for festivals?****Answer:**

The list of festivals celebrated by the students in our class is as follows:

Festivals celebrated	Special food they eat on these days
Deepawali	Sweets, puri, laddoo, sabji
Bakrid	Mutton
Holi	Pulao, mutton, pua
Eid	Sevain

The family members cook these special foods for festivals.

**4. Do you wear clothes of some special colours on some festivals? Make a picture of these clothes in your notebook.**

**Answer:**

Yes, we wear clothes of some special colours on some festivals.

Should be done by the students.

**5. Are there special songs that are sung at different festivals in your place? Learn some of these songs and sing them in the class.**

**Answer:**

Yes, there are special songs that are sung at different festivals in our place.

**6. Learn some special festival dances. Perform these with your friends in your school assembly.**

**Answer:**

Should be done by the students.

**7. When you meet friends of your own age, do you do anything special – like play a game, chat or watch a movie? What else do you do?**

**Answer:**

Yes, whenever I meet friends of my own age, I play games with them, talk to them and enjoy a lot.

**Find out and write in your notebook**

**1. Write about the food given in your school. If you do not get food in school, ask a friend or someone else who gets food in school.**

**Answer:**

Should be done by the students.

**(a) What time is the meal served?**

**Answer:**

The meal is served during the lunch hour at 1:30 p.m.

**(b) What do you get in the meal at school?**

**Answer:**

I get boiled egg, bread, vegetable, dal and rice in the meal at school. We get different types of food daily.

**(c) Do you like the mid-day meal that you get?**

**Answer:**

Yes, I like the mid-day meal that we get.

**(d) Is the food that you get enough for you?**

**Answer:**

Yes, the food given is enough for me.

**(e) Do you bring your own plate, or do you get it in school?**

**Answer:**

We bring our own plates to school every day.

**(f) Who serves the food?**

**Answer:**

The food is served by the peon.

**(g) Do your teachers eat with you?**

**Answer:**

Yes, our teachers eat with us.

**(h) Is the week's menu put up on the school board?**

**Answer:**

Yes, the week's menu is put up on the school board.

**(i) What will you get on Wednesday and Friday?**

**Answer:**

We get dal, boiled egg and rice on Wednesday, and roti, dal and vegetable on Friday.

**(j) If you got a chance to change the menu for the meal in your school, what would you like to change? What would you like to eat? Make your own menu.**



Day	Food Items
Monday	
Wednesday	
Friday	

**Answer:**

I would like to change the menu as follows:

Day	Food Items
Monday	Sabji, Puri, Sweets
Wednesday	Dal, rice, salad, fish curry
Friday	Roti, boiled egg, palak paneer, dal

**2. If you do not get food in the school, find out why?**

**Answer:**

Food was not served in our school once, as the cook was sick.

## Mid-day Meal

### EVERY CHILD'S RIGHT

Many children in our country are not able to get even one full meal every day. Many of them go to school empty stomach and cannot study properly.

Some years ago, the highest court of our country gave an important decision. All children up to elementary school should be provided with hot, cooked food. This is the right of every child.

#### **3. Where will you lodge your complaint about the mid-day meal?**

**Answer:**

“mygov.in” and “pg.portal.gov.in” are the portals launched by the Government for online complaints and suggestions.

#### **4. Find out the toll-free phone number, website and e-mail address to make a complaint.**

**Answer:**

The toll-free phone number is 1800-345-6208.

The website is “mygov.in”, and the e-mail address is “pg.portal.gov.in”

### Fill in the blanks

1. The **roasted** dish is made from sweet potatoes.
2. **Uruka** is the first day of the festival when the whole village eats together.
3. The **handi** is used for cooking cheva rice.
4. The women celebrate by dressing in **traditional attire** and **ornaments**.
5. Magh Bihu is celebrated on **14th January**.