

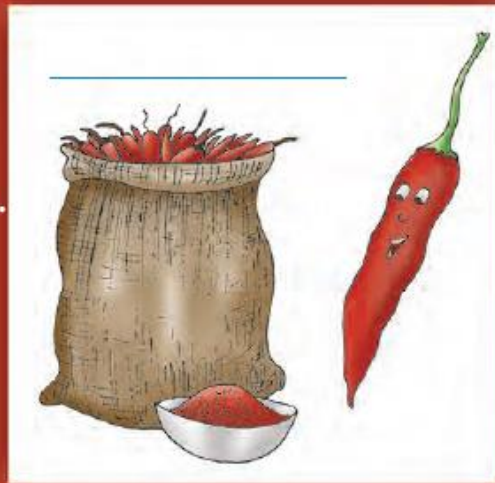
CHAPTER-25

Spicy Riddles

7MARKS

1.

I can be powdered fine
To make food hot and spicy,
If too much of me is added
I make you gasp – shheee... shheee..
Your eyes and nose begin to water
And you cry!
Think and tell me who am I?
Tell me quickly, who am I?

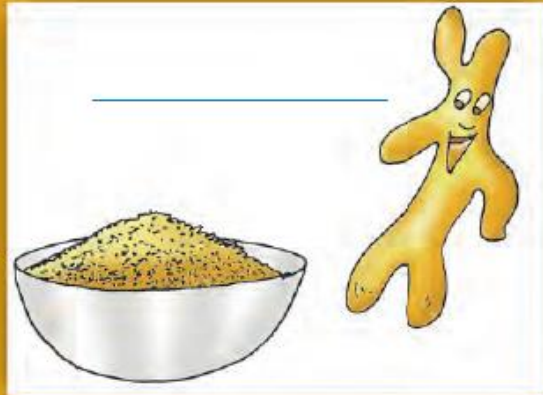


Answer:

Chilli (Mirchi)

2.

Grind me and powder me –
To make your food look yellow,
I am mixed in oil by granny
And applied to wounds quickly,
I heal all wounds – big and small,
That is why I am loved by all!
Think and tell me who am I?
Tell me quickly, who am I?

**Answer:**

Turmeric (Haldi)

3.

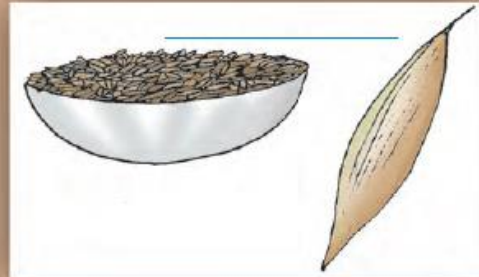
Small and round like a pearl,
I am black when I am whole.
I can be powdered coarse or fine
A sharp and spicy taste is mine,
Whether it is salty or sweet
I am added as a special treat,
Think and tell me who am I?
Tell me quickly, who am I?

**Answer:**

Pepper (Kaalī Mirch)

4.

I am a small and skinny chap
 Sometimes I am brown and
 sometime black,
 Added to hot oil and ghee
 I spread my fragrance all around me,
 When I am roasted.
 Curd and jaljeera are favourite to me.
Think and tell me who am I?
Tell me quickly, who am I?

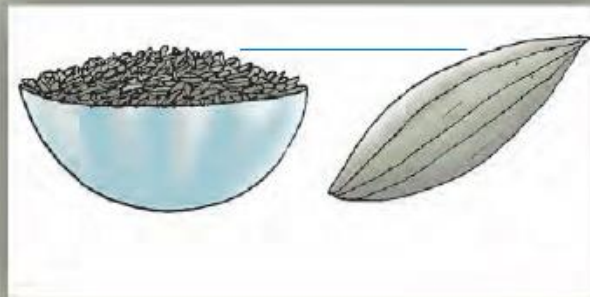


Answer:

Cumin (Jeera)

5.

I look like Zeera though green am I,
 To make your stomach
 healthy I always try,
 Eat me always after your meal
 I refresh your mouth, you
 surely feel,
Think and tell me who am I?
Tell me quickly, who am I?



Answer:

Fennel (Saunf)

6.

I look like a nail but a bud am I,
Chocolate brown colour and a
strong smell have I.
When your toothache
makes you shout,
I soothe the pain in your mouth.
Think and tell me who am I?
Tell me quickly, who am I?



Answer:

Cloves (Laung)

3MARKS

1. Now, try and make your own riddles about two other spices. Ask those riddles in your class. Draw pictures of the two spices in your notebook and write their names.

1) I spread my fragrance far and wide. I love exotic dishes like biryani. I give yellow colour to the dish, I look like fine hair. Tell me, who am I?

Answer: Saffron

2) I look like the bark of a tree. I come in the shape of small sticks I am used in dishes for my fragrance I am also used in chocolates, candies and chewing gums. I am chocolaty brown. Tell me, who am I?

Answer: Cinnamon

2. Find out which spices are used in your house for cooking. Make a list and look at your friends' lists too.

Answer:

Pepper, turmeric, garlic, cumin and basil are the spices used in my house for cooking. Spices used in my friend's house for cooking are turmeric, ginger, saffron and pepper.

3. When your grandparents were young, which spices were used most in their kitchens? Find out from them and write here.

Answer:

The spices used were red chilli, coriander, onion, turmeric, etc.

4. Name one spice which is put into both sweet and salty things. Find out what is put into food to make it taste sour.

Answer:

Cardamon (elaichi) is one spice which is put into both sweet and salty things.
Vinegar is put into food to make it taste sour.

5MARKS

I am Kuttan. I live in Kerala. There is a garden of spices in the backyard of my house. There I see plants of *tejpatta*, small and big cardamoms and black pepper grow.

1. Find out whether any spices are grown in your area. Write their names here.

Answer:

The spices grown in my area are chilli, turmeric, ginger and garlic.

2. Bring some whole spices to class. Write their names in the table. Close your eyes and try to recognise each spice by smelling and touching each one in turn. Put a (P) mark in front of the ones you recognise. If you do not recognise any, put a (Í) mark.

No.	Smell	Touch	Name of the spice
1.			
2.			
3.			
4.			
5.			

Answer:

No.	Smell	Touch	Name of the spice
1.	Strong	Uneven surface	Cardamon
2.	Strong	Smooth	Chilli
3.	Light	Uneven surface	Ginger
4.	Strong	Smooth	Turmeric
5.	Strong	Uneven surface	Garlic

Let us try making a spicy potato chaat!

1. Did you enjoy the potato *chaat*?

Answer:

Yes, I enjoyed the potato chaat.

2. Just imagine, if there were no spices to make the potato *chaat*, how would it taste?

Answer:

The taste would not be that great if no spices were added.

3. How do spice-less and very spicy things feel on your tongue?

Answer:

Spice-less things give no sensation on my tongue, whereas spicy things give a tingling sensation on my tongue

Fill in the blanks

- (i) Aarti put mehendi on her palms at **the festival**.
- (ii) The midday meal is **provided** right.
- (iii) After **prayers**, we all stood in a queue to take our food.
- (iv) In the midday meal, children should get **nutritious** food.
- (v) Those children who go to school without eating properly cannot **concentrate**.

CHAPTER-26

DEFENCE OFFICER: WAHIDA

5MARKS

Question 1:

Do you know anyone who is in defence services? Is the person in the Navy, Army or Air Force?

Answer:

Yes, my cousin brother is in the defence services. He is in the Indian Air Force.

Question 2:

What work do they do in the force?

Answer:

He is a doctor in the Air Force.

Question 3:

Would you like to join the defence services?

Answer:

Yes, I would like to join the defence services.

Question 4:

Which of the three would you like to join – the Army, the Navy or the Air Force?

Answer:

I, too, would like to join the Air Force.

Question 5:

In which other jobs do people wear uniforms, as in defence services?

Answer:

The people in police services and paramilitary forces wear uniforms, as in defence services.

Question 6:

Wahida works as a doctor in the Indian Navy. Can you name five other occupations in the Navy?

Answer:

Yes, here are five other occupations in the Navy:

1. Cook
2. Cleaner
3. Diver
4. Pilot
5. Nurse

7MARKS

Question 1:

Have you ever seen a parade?

(i) Hold a parade in your own school and try giving thirty-six commands – for example, “Parade, Eyes Right”, “Don’t move”, “Close in”, or “Open file”.

(ii) Can you add some more commands to this list?

Answer:

Yes, I have seen parades in my school.

(i) Do it yourself.

(ii) Some more commands are “Parade, Attention!”, “Left-right-left”, etc.

Question 2:

Talk to a doctor and find out about her/his work.

Answer:

Do it yourself.

(A doctor is someone who tests the patients and tries to diagnose the disease. They prescribe medicines to the patients and tell them other measures which should be taken in order to recover from the disease.)

Question 3:

Do you know any woman who has done something unusual? Talk to her in the same way as we talked to Lt. Cdr. Wahida Prism. Think of the questions that you will ask. Find out why she has chosen that work. What were the difficulties she faced in her life?

Answer:

Here, the student is supposed to talk to a woman who has done something great and unusual. The student must put forth questions about how she achieved such great heights in her life, how she managed to overcome the issues she faced while studying, why she chose the career she is in, etc. The questions can be similar to what the chapter contains with respect to Ms. Wahida.

Fill in the blanks

- (i) Wahida completed her class twelve from **Rajouri**.
- (ii) Wahida got her MBBS degree from **Srinagar** Medical College.
- (iii) Wahida's main duty on board the ship is to ensure that all people should remain **healthy**.
- (iv) For joining the Armed Forces, Wahida had to appear for **a test**.
- (v) When an opportunity was given for going on **a ship**, Wahida gave her name.