



## CLIMBING AND DESCENDING

[illegible]

- Must perform the review exercises with minimal instructor assistance.
- Have an understanding of the aerodynamics related to climbing and descending.
- Must be able to maintain heading  $\pm 20^\circ$  by using an outside visual reference.
- Importance of looking out while performing these manoeuvres is emphasized.

Total	Dual	Solo	IF	X/C	X/C Solo	Ldgs
3:00	1:00					1
3:00	1:00					1

Amr