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✎ NSC209: TMA2

Instructions: Answer All .

After Submission, you will not be able to answer these questions

Question 1 : During the nursing assessment, Information gathered should be communicated to other health care professionals in order to facilitate _____,

- ☐ Financial implication of care
- ☐ Family role and relationship
- ☐ Collaborative management of clients and for continuity of care
- ☐ Evaluation of the client's health status

Question 2 : Subjective data might include _____,

- ☐ measurement of weight
- ☐ None of the above
- ☐ An evaluation of blood pressure
- ☐ Chest pain

Question 3 : Which of the following statements is the best definition of health Assessment?

- ☐ Providing baseline data for care of individuals "
- ☐ . " Talking to family or friends to get information about an individual "
- ☐ . " listening carefully to the individual that is being care for "
- ☐ " Collection of data about a client for the purpose of determining the client's current and ongoing health status "

Question 4 : Which of the following establishes the foundation for good patient care?

- ☐ Asking open-ended questions
- ☐ Using active listening
- ☐ Using common sense
- ☐ Eliciting a good history

Question 5 : Which of the following statements is TRUE regarding health assessment?

- ☐ It helps to identify the strengths of the clients in promoting health
- ☐ Health assessment evaluate responses of the person to health problems and intervention
- ☐ Health assessment also helps to identify client's needs, clinical problems or nursing diagnoses
- ☐ All of these statements are true

Question 6 : Which of the following actions can you take to establish rapport with a patient early in the interview?

- ☐ Do not allow her to discuss her chief complaint freely
- ☐ Respond to her condition with empathy
- ☐ Ask as many questions as possible to get her attention
- ☐ Be as stiff and emotionless as possible

Question 7 : Data collection involves _____,

- ☐ Measuring outcomes.
- ☐ Assessing the cost of health care.
- ☐ Counting the number of illnesses a person has.
- ☐ Gathering information in relation to the persons' state of ongoing health

Question 8 : Objective data might include _____,

- ☐ itching sensations
- ☐ An evaluation of blood pressure



one above

Question 9 : Assessment is _____ step of nursing process.

- ☐ First
- ☐ Four
- ☐ Second
- ☐ Third

Question 10 : Which of the following coping strategies is not use with the person in pain?

- ☐ Yoga
- ☐ Aversion Therapy
- ☐ Relaxation techniques
- ☐ Distraction

Question 11 : All of the following actions can help make taking a history on a sensitive subject easier EXCEPT _____.

- ☐ attending a lecture or seminar on these sensitive subjects to learn more about them.
- ☐ observing experienced clinicians ask these type of questions
- ☐ using euphemisms and metaphors to ask embarrassing questions
- ☐ asking some opening question to these subjects as practice

Question 12 : The health and physical assessment is a nursing tool to achieve the following aims except: _____.

- ☐ to enable the client to identify the services he/she needs
- ☐ to gain information for assessing need at a community level
- ☐ to planning all of the client's care to be done at one time so long intervals of rest can be scheduled
- ☐ to assess client health needs in partnership with the family

Question 13 : A client interview consists of three phases. The nurse recognizes that those phases are _____.

- ☐ Orientation, working, termination
- ☐ Introduction, controlling, selection
- ☐ Orientation, documentation, database
- ☐ Introduction, assessment, conclusion

Question 14 : The reason for health needs assessment includes the following except _____.

- ☐ to identify local health issues and needs
- ☐ to work with others so they can help to meet health needs
- ☐ to enables the individual to temporarily cope with illness
- ☐ to use scarce resources most effectively and equitably

Question 15 : When assessing a client with pain, the nurse _____.

- ☐ Tell the client that the pain helps the client to become stronger
- ☐ Reviews the client's description of the pain and other factors that may influence pain
- ☐ Thinks about long-term goals
- ☐ Encourage fluids before the pain assessment

Question 16 : Which of the following statement is true with regards to pain assessment?

- ☐ Subjective nature of pain makes pain assessment and management challenges for every clinician
- ☐ It contribute to a database that identifies the client's current and past health status and
- ☐ It provide a baseline against which future changes can be evaluated
- ☐ It helps to identify the strengths of the clients in promoting health.

Question 17 : Which of the following statement is not true about Emergency Assessment?

- ☐ It is limited to assessing life-threatening conditions
- ☐ Detailed assessment that focuses on one or more body systems
- ☐ It is conducted to ensure survival
- ☐ A brief systematic assessment is performed to identify any/all injuries/problems

Question 18 : The result of the assessment can be one of the following:

- ☐ Contribute to a database that identifies the client's current and past health status



only on nursing care
tely prevents Cross-contamination
Identify client's needs

Question 19 : Which of the following statements is true regarding a comprehensive or complete health assessment?

- ☐ Usually begins with obtaining a thorough health history and physical exam
- ☐ Use the components the patient chooses.
- ☐ Use all components every time you interview a patient
- ☐ Use only one component so as to not confuse the patient

Question 20 : Which of the following is TRUE with regards to documentation?

- ☐ Use standard and accepted abbreviations, symbols, and terminology
- ☐ Start from complex to simple
- ☐ Detailed explanation not necessary
- ☐ None of the above

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