National Recreation and Park Association Aquatic Facility Operator Examination

Candidate Handbook



National Recreation and Park Association National Certification Board 22377 Belmont Ridge Road Ashburn, VA 20148 (703) 858-0784

Effective November 1, 2009

TABLE OF CONTENTS

INTRODUCTION

Examination Development	3
About the Testing Agency	3
About the AFO Education Program	3-4

SECTION I: ADMINISTRATIVE POLICIES AND RULES FOR EXAMINATION

Admission and Testing		5
Services for Individuals with Disabilities		5
Exam Preparation		5-6
Copyrighted Examination Questions		6
Release of Information		6
Following the Examination and Scoring Results		6
Duplicate Score Reports		6
Duplicate Certificates		7
Scores Cancelled		7
Appeals		7
Your Status as a Aquatic Facility Operator		7
Statement of Non-Discrimination	7	

SECTION II: STUDY GUIDE

General Examination Preparation	8
Study Advice	8
Test-taking Advice	8
Re-examination	8
Exam Content Outline	9
Important Terminology	9
Study Questions	10-13

Copyright 2009. National Recreation and Park Association.

All rights reserved. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopy or recording, or any information and retrieval system, without permission in writing from the National Recreation and Park Association.

INTRODUCTION

This examination is one of the principal requirements for certification as an "Aquatic Facility Operator" (AFO). The examination is administered under the auspices of the National Recreation and Park Association (NRPA), the Aquatic Facility Operator Certification Committee (AFOC) and the National Certification Board (hereafter referred to as NCB).

About the Aquatic Facility Operator Examination

The AFO certification examination consists of 65 items (questions). 50 of the exam items are scored, 15 questions are being pre-tested for future exams, are zero weighted and do not count toward the exam score.

The purpose of the AFO Exam is to enable those who successfully pass the exam to:

- Comprehension of all basic mechanical concepts involved in the functioning of a swimming pool
- Familiarity with all system, equipment and peripherals that are required to contain, circulate and filter, heat and treat swimming pool water
- Ability to perform preventative maintenance and basic repair on equipment
- Competence in all areas of water chemistry as it pertains to pools
- Knowledge of risk management practices

Examination Development

NRPA understands that achieving the AFO certification does not make one an expert in the all operations of aquatic facilities. However, NRPA does recognize all program participants should acquire the knowledge and specific competencies necessary to attain certification as identified by the AFO Certification and Exam Committees. This knowledge properly and consistently applied in the field will help to create an experience level necessary to be considered an aquatic facility operator.

All examination items (questions) have been written and reviewed by subject-matter experts representing aquatic facility experts and practitioners from many geographical regions. These individuals provide the job-related perspective and expertise that underlies valid examinations.

About the Testing Agency

NRPA and the NCB have the overall responsibility for the examination and have contracted with a professional testing agency to administer and provide guidance.

Pearson VUE/Professional Testing Inc. is the professional testing agency contracted by NRPA and assists in the development of the exam based on the test specifications developed by the AFO Certification and Exam Committee in consultation with the testing agency. The testing agency is responsible for the security, administration, scoring and analysis of the examinations and reporting scores to candidates who take the examination under the direction of the NRPA.

About the AFO Education Program

If you are participating in the Aquatic Facility Operator Education Course, you are embarking on a fun yet quite serious and significant training session – the completion of which should make you very proud. The AFO course is sponsored by the National Recreation and Park Association. Our nearly 100 highly qualified instructors with a wealth of experience in the field have performed several thousand AFO classes since inception, in almost every US state, Canada, Mexico, England, the Bahamas, the United Arab Emirates, China, Dubai and Japan. Class sizes have sometimes exceeded 70 students, although we often limit class size for a better rapport between instructor and operators.

The AFO program was designed specifically for owners, operators and managers of large, high-load, pools, comprising university, high-school, municipal, military-base, YMCA as well as public-park facilities. While we do many classes for the larger facility pools, we also hold many courses for what is called the "B" market, hotels/motels, resorts, health clubs and community associations.

The AFO program is committed to remain up-to-date with the latest developments in aquatic technology and water chemistry. The AFO manual is currently in its fifth edition, but our leadership is always in the process of reviewing, updating, and expanding the curriculum, exam, and the course material.

The objective of the AFO program is to create better operators, who in turn give us safer water, more appealing facilities, and increasingly efficient programs for our popular aquatic venues. We are proud of our place in the comprehensive training of operators and health officials across the nation, and are confident you will be proud of your certificate as well, indicating that you have completed the finest operator's course anywhere.

SECTION I: ADMINISTRATIVE POLICIES AND RULES FOR EXAMINATION

Individuals seeking certification as an AFO must receive a passing grade on the AFO certification examination. Maintenance of the AFO certification requires either 2.0 Continuing Education Units (CEUs) in aquatic related course or at least a passing grade on the AFO certification examination every five (5) years.

Services for Individuals with Disabilities

The NRPA, NCB and Pearson VUE/PTI comply with the Americans with Disabilities Act and strive to ensure that no individual with a disability is deprived of the opportunity to take the examination solely by reason of that disability. The candidate will be provided reasonable accommodations for individuals with disabilities.

A candidate who has a disability may request special accommodations; the request must be submitted in writing at the time of exam registration. The request form is available online at www.nrpa.org/AFO. A written description of the disability and verification from a licensed physician should be included with the application.

Please read the following information carefully so that you are fully prepared on the Examination Day

• To sit for the exam, a candidate needs to present one forms of identification, one with a current photograph. The candidate will also be required to sign a roster for verification of identity.

Acceptable forms of photo identification include: a current driver's license with photograph, a current state identification card with photograph, a current passport, or a current military identification card with photograph. Employment ID cards, student ID cards, and any types of temporary identification are not acceptable.

YOU MUST HAVE PROPER IDENTIFICATION TO GAIN ADMISSION TO THE EXAM. FAILURE TO PROVIDE APPROPRIATE IDENTIFICATION AT THE TIME OF THE EXAMINATION WILL REQUIRE THE CANDIDATE TO RESCHEUDLE THE EXAM.

- The NRPA and Pearson VUE/PTI maintain examination administration and security standards that are designed to assure that all candidates are provided the same opportunity to demonstrate their abilities.
- Examinations are proprietary. No cameras, notes, tape recorders, personal digital assistants (PDAs), pagers or cellular phones are allowed in close proximity of testing candidates. Use of cellular phone or other electronic devices is strictly prohibited and will result in dismissal from the examination.
- Candidates are permitted to use a calculator and CSI slide-rule during the exam. The candidates may not use a graphing calculator, a calculator that can save formulas, or a calculator in a cell or PDA.
- No guests, visitors or family members are allowed in the testing room.
- No personal items, valuables, or weapons should be brought to the testing room.
- You will be provided with scratch paper and a pencil to use during the examination, which must be returned to the supervisor at the completion of testing, or you will not receive a score report. No documents or notes of any kind may be removed from the examination room.
- No questions concerning the content of the examination may be asked during the examination.
- Eating, drinking, or smoking will not be permitted in the testing room. You may take a break whenever you wish, but you will not be allowed additional time to make up for time lost during breaks.
- Two hours are allotted to complete the examination.
- Choices of answers to the examination question are identified as A, B, C, or D. Indicate your choice by filling in the bubble sheet.
- Your score is based on the number of questions you answer correctly. You are advised to use your time effectively and mark the best answer you can to every question, even if you are not sure of the answer you mark. However, do not spend too much time on questions that are too difficult for you. Go on to other questions and come back to the difficult ones later, if you can. In the final analysis, it is better to guess than to leave a question unanswered.
- YOU ARE TO INDICATE YOUR ANSWERS TO ALL QUESTIONS ON THE SEPARATE ANSWER SHEET. No credit will be given for anything written in this examination book.

- The answer spaces are lettered to correspond with the letters of the suggested answers to the questions in this book. After you decide which of the suggested answers is correct, blacken the corresponding space on the answer sheet. Give only one answer to each question. If you change an answer, be sure that the previous mark is erased completely. USE ONLY #2 PENCILS (SOFT LEAD) AND BE SURE THAT EACH MARK IS BLACK AND COMPLETELY FILLS THE ANSWER SPACE.
- Comments: During the examination, candidates may provide comments regarding exam items on the provided form. Comments will be reviewed, but individual responses to question comments will not be provided.
- Individuals who engage in any of the following conduct may be dismissed from the examination, their scores will not be reported and examination fees will not be refunded. Examples of misconduct are when a candidate:
 - 1. creates a disturbance, is abusive, or otherwise uncooperative;
 - 2. displays and/or uses electronic communications equipment such as pagers, cellular phones, PDAs:
 - 3. gives or receives help or is suspected of doing so;
 - 4. attempts to record examination questions or make notes;
 - 5. attempts to take the examination for someone else; or
 - 6. is observed with notes, books or other aids

Copyrighted Examination Questions

All examination questions are copyrighted property of The NRPA. It is forbidden under federal copyright law to copy, reproduce, record, distribute or display these examination questions by any means, in whole or in part. Doing so may subject you to severe civil and criminal penalties.

Release of Information

NRPA, NCB, and the testing agency are all committed to protecting the confidentiality of candidates' records and have adopted policies to ensure their privacy. Information about candidates for credentialing and their examination results are not routinely released to any third party. Notification of pass/fail goes solely to NRPA.

Following the Examination and Scoring of Results

Scores are reported in written form only, in person, or by US Mail. Candidates will receive a score report within 4-6 weeks of exam completion. Scores are not reported over the telephone, by electronic mail or by facsimile.

The passing score for the examination reflects the amount of knowledge that a committee of experts has determined to be appropriate for certification. A criterion-referenced standard setting procedure and expert judgment was used to evaluate each item on the examination in order to identify the passing point. Your ability to pass the examination depends on the amount of knowledge you display, and not on the other individuals taking the test. Although different forms of the examination can vary somewhat in difficulty, passing the examination has historically required candidates to answer approximately 78 percent of the questions correctly.

Subsection scores are reported as raw scores. The sum of your subsection scores equals the number of items you answered correctly on the entire examination. The reason for reporting subsection scores is to enable you to evaluate your performance on each part of the test.

Duplicate Score Reports

Candidates may purchase additional copies of their score reports at a cost of \$25 per copy. Requests must be submitted to NRPA in writing within 12 months after the examination. The request must include the candidate's name, address, telephone number, date of examination, and examination taken. Submit this information with the required fee payable to NRPA. Duplicate score reports will be mailed within approximately two weeks after receipt of the request.

Duplicate Certificate Request

Candidates may purchase additional copies of their certificate at a cost of \$10 per copy. Requests for the duplicate certificate form can be emailed to certificates with your name, address, telephone number, and date of examination. Duplicate certificates will be mailed within approximately two weeks after receipt of the request.

Scores Cancelled

NRPA's testing agency is obligated to report scores that accurately reflect the performance of each candidate. For this reason, the testing agency maintains test administration and test security standards that are designed to assure that all candidates are provided the same opportunity to demonstrate their abilities and to prevent some candidates from gaining an unfair advantage over others due to testing irregularities or misconduct. The testing agency will routinely review irregularities and test scores suspected of unusual or non-standard circumstances and report such to NRPA.

NRPA reserves the right to withhold or cancel test scores if, in its sole opinion, there is reason to question their validity. Scores considered for cancellation by NRPA may be grouped into two categories:

- Suspected candidate misconduct. In such cases, NRPA may initially withhold test scores and notify the
 candidates that they have the opportunity to provide additional information as requested by NRPA. NRPA may
 also undertake a confidential review if the circumstances giving rise to the questionable score validity. If it is
 determined that there is sufficient cause to question score validity, NRPA may cancel the score(s) and inform
 the involved parties.
- 2. <u>Irregularities</u>. Scores may be withheld and/or cancelled because of circumstances beyond candidate's control, such as defective test materials or mistiming. In such cases, candidates will be informed and offered an opportunity to retake the examination if NRPA determines that scores must be cancelled.

In addition to the reasons listed above, NRPA may withhold or cancel examination results if, upon investigation, violation of NRPA policies outlined in this publication has been committed.

Appeals

Applicants desiring to appeal their examination score may write a letter of appeal to the NCB. In the letter, candidates should state reasons why they do not agree with the examination outcome. Written appeals must be received within sixty (60) days of the examination date for the appeal to be considered. Send to NCB, c/o National Recreation and Park Association, 22377 Belmont Ridge Road, Ashburn, VA 20148.

Your Status as an Aquatic Facility Operator

If you pass the AFO Examination you will be awarded the AFO designation as a Certified Aquatic Facility Operator. NRPA will issue an Aquatic Facility Operator certificate to each individual who passes the examination approximately six (6) weeks after the results are released.

Your certification is valid for five (5) years. No additional examinations will be required during that time. NRPA will provide information about maintenance of certification with your certificate. To facilitate communications, Aquatic Facility Operator are required to advise NRPA of address, phone and email changes.

Statement of Non-Discrimination

The NRPA, NCB and Pearson VUE/PTI do not discriminate among applicants on the basis of age, gender, race, religion, national origin, disability, or marital status.

SECTION II: STUDY GUIDE

General Examination Preparation

The study and test-taking advice described here may be helpful as you prepare for the examination. Try to be objective about yourself and your individual learning needs when you are deciding how best to proceed with your study.

A. Study Advice

Determine how you study best. Some students seem to learn faster by hearing the information, while others need to see it written or illustrated, and still others prefer to discuss material with colleagues. A combination of these alternatives can often produce the most effective study pattern. If you had success in lecture courses with little outside review, it may be that you need to hear information for best retention. If you find that you prefer to read material, then you might consider jotting down important facts on a 3x5 card. You can refresh your memory by periodically reviewing these cards. This technique is especially effective if you write the material thoughtfully and concisely, allowing you to digest the material through both reading and writing. You may wish to organize a study group or find a study partner. Once you decide on the method most effective and comfortable for you, focus on that preference and use the other techniques to complement it.

Plan your study schedule well in advance. Use learning techniques, such as reading or audio-visual aids. Be sure you find a quiet place to study where you will not be interrupted.

B. Test-Taking Advice

The advice offered here is presented primarily to familiarize you with the test directions.

- 1. Read all instructions carefully.
- 2. The actual examination will be timed. Proctors will update you periodically on how much time is remaining during the examination.
- 3. For best results pace yourself by periodically checking your progress. This will allow you to make any necessary adjustments. Remember, the more questions you answer, the better your chances of achieving a passing score.
- 4. Be sure to record an answer for each question, even those of which you are uncertain. You can leave questions blank and come back. Avoid leaving any questions unanswered; this will maximize your chances of passing. It is better to guess than to leave a question unanswered; there is no penalty for guessing.

Re-Examination

Candidates who fail the examination may be admitted to a future examination, provided they complete all current registration procedures and pay applicable fees.

Content of the Aquatic Facility Operator Examination

The following is a breakdown of the topics included in the exam and the major subject area domains:

AFO EXAM CONTENT DOMAINS WEIGHT		
I.	OPERATIONS	39%
II.	MECHANICAL SYSTEMS	29%
III.	CHEMICALS	32%

Exam Content Outline: The specific subject areas are as follows:

		CONTENT DOMAIN - SUB CONTENT AREA	ITEM TARGETS
I.	OPI	ERATIONS	20 ITEMS
	A.	SYSTEMS APPROACH	
	B.	MEASUREMENT AND CALCULATIONS	
	C.	WATER COLLECTION SYSTEMS	
	D.	APPLICATIONS AND LIMITATIONS OF SANITATION AND OXIDATION SYSTEMS	
	E.	SPECIAL-USE POOLS	
	F.	FACILITY MAINTENANCE	
	G.	FACILITY SAFETY AND RISK MANAGEMENT	
	H.	Purchasing	
II.	ME	CHANICAL SYSTEMS	14 ITEMS
	A.	CONCEPTS	
	B.	APPLICATIONS	
III.	Сн	EMICALS	16 ITEMS
	A.	TESTING METHODS AND CALCULATIONS	
	B.	POOL-WATER TREATMENT APPLICATIONS	
	C.	ACID/BASE WATER CHEMISTRY	
	D.	SANITIZE AND OXIDIZE	
	E.	COMBINED CHLORINE	

Important **Terminology:**

pH:

Alkalinity:

Chlorine:

Calcium Hardness:

Disinfection

Hypochlorous Acid

ORP: Oxydation Reduction Potential -

Oxidation

PPM:

PSF:

Sodium Thiosulfate

Stabilizer

Study Questions:

PLEASE NOTE...The questions on the exam are in a multiple choice format. These questions are designed as study questions alone and candidates should recognize the questions on the exam do not follow this format.

1. What is an Aq	uatic Facility Operator? _			_
2. How much do	es 120,000 gallons of wat	er weigh?		
3. Surface Area	= X			
	etermine the total number		pool?	
	_ xx			
	etermine the PSF (Pool Size			
	ious 3 Basic Types of Filt			
c				
7. What is Turno	over?			
	. 11 . 6 .1 6.11			
	ceptable range for the foll	-		
	nity			
b. pH				
c. Calciu	m Hardness			
9. What is Oxida	ation?			
10. What is Hypo	chlorous Acid (HOCI)?			
	(110 01)			
1. What bi-produ	ict is created when you ad	ld the following chlorine	es to water, what effect	on pH do
they have and	what pH adjuster do we u	ise?		
Chlorine	Bi-Product	Effect on pH	pH Adjuster	
Sodium		1		
Hypochlorite				
Lithium				
Hypochlorite				
Gas Chlorine				
Calcium				
Hypochlorite				
Di-Chlor				
Tri-Chlor				

12.		is the difference betwee PPM is a	een PPM and ORP? measure and measures:	
	D.	ORP is a	measure and measures:	
13.	What	is pH's effect on chlor	rine's work ability?	
14.	What	chemical is used to rai	ise the alkalinity of a pool?	
15.	What	chemical is used to rai	ise the calcium hardness in a pool?	
16.	What	chemical is used to lov	wer the alkalinity in a pool?	
17.	What i	is ozone?		
18.	What:	is an ionizer?		
19.	What	is an on-site chlorine g	generator?	
20.	What	is superchlorination ar	nd what does it do in the water?	
21.	Total (Chlorine – Free Chlor	rine =	
22.	In ord		mines or combined chlorine in the water we multiply the	
23.	What a		rs that we use to calculate pool-water balance?	
	b.			
	c.			
	d.			

Utilize the following information to fill out the Dosage Chart and the following CSI Questions: A swimming pool with 360,000 gallons in it with the following parameters: Alkalinity 40, Calcium Hardness: 200, Temperature 80, pH: 7.8. Total Chlorine: 3.2, Free Chlorine: 2.1

24. What is the current CSI:
25. How much Chlorine would it take to superchorinate this pool?
a. Liquid Chlorine
b. Gas Chlorine
c. Granular Chlorine
26. How much Sodium Bicarbonate is needed to increase the alkalinity to 80 ppm?
27. How much Calcium Chloride is needed to increase the Calcium Hardness to 350 ppm?
 '
28. With the new alkalinity and calcium hardness above, what is the new calcium saturation index
Deal Deserve Cleart

Pool Dosage Chart

Chemical	Base Dosage	PSF =	Amount of	Amount	Total
	(how much	(PSF = # of)	chemical	Needed to	Chemical
	used in	gallons/120,000	needed for	change (i.e. 1	needed for
	120,000)	base change	ppm, 4 ppm,	appropriate
	gallons		in your pool	50 ppm)	change
Liquid			(1 ppm)		
Chlorine					
	1 gal.	X	=	X	
	_				
Gas Chlorine			(1 ppm)		
	1 lb.	X	=	X	
Granular			(1 ppm)		
Chlorine			(11 /		
	1.5 lbs.	X	=	X	
Sodium			(10 ppm)		
Bicarbonate			\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		
	18 lbs.	X	=	X	
Calcium			(10 ppm)		
Chloride			` ' ' '		
	13 lbs.	X	=	X	
	<u> </u>	1	<u> </u>	<u> </u>	

29. What 3	things detract the ability of chlorine's work value?
a.	
b.	
c.	
30. What an	re the important things to know if you must superchlorinate to remove the
chloran	nines/combined chlorine from your water?
a.	
b.	