**ANGELS – DREAMS – SIGNS**

**INTRODUCTION**

**WHAT IS AN ANGEL?**

Since time immemorial, Angels have been presented as Celestial Messengers, but most of the time without the real knowledge of what They truly are or what kind of messages They bring us. In actual fact, Angels are the representation of Divine Qualities, Virtues and Powers in their purest form; They are also a symbol for we human beings when we activate our spiritual faculties, our capacity to dream, meditate, and travel in the multi-dimensions of the Universe and our conscience.

The ancient Kabbalah, that explained the origin of Angels, refers to 72 Angels, the 72 facets of the Creator that our human conscience must gradually develop to become angelic and manifest our divine nature. When we succeed in integrating the Angelic Essences, we attain the highest levels of evolution, knowledge, and blissful happiness. It is a long journey that leads us to become angels, to live with true Spiritual Powers, and hence set in motion the next stage in the evolution of humanity on Earth.

It is essential to understand that Angels are pure Energies that also exist in human beings, whether we know these Essences or not. However, generally unaware of our own divinity and angelic potential, we human beings tend to make poor use of them, thereby engendering, via our multiple experimentations, the distortions of the 72 facets of the Creator, resulting in our human weaknesses, faults and flaws.

Whenever we pronounce the sacred Name of an Angel, out loud or within ourselves, a vibratory echo is produced, which acts directly on our cellular memory and activates our connection with Universal Conscience. Over time, reciting Angel Mantras gives us access to Divine Powers, activates and intensifies our dreams, and helps us recognize the signs through which Cosmic Intelligence constantly communicates with us.

The fact that a number has been attributed to each Angel, situating Him in the Celestial Hierarchy, allows us to discover that the structure of the Universe and its governing Laws are mathematical.

**THE ADVANTAGES OF THE TRADITIONAL STUDY OF ANGELS**

The Traditional Study of Angels helps us find our bearings, provides us with guidelines and a well-structured work method that, step by step, help us rediscover, our resemblance, our likeness with the Creator, who is so vast and seems very abstract at first. *Angel Work* also helps us develop Divine Qualities. It helps us identify, very precisely and accurately, the distortions we need to work on; it provides us with the means to carry out transformation work, and allows us to measure the extent of the changes that take place in our unconscious as our conscience gradually opens.

**ANGEL WORK**

Basically, Angel Work consists in reprogramming our unconscious memories. It is purification work: one after the other, memories that have been tainted by distortions are rectified by the power of the Angel and our intention. When we invoke Angelic States of Conscience, we focus our will and willpower on purity. Hence, we learn to concentrate, center and focus ourselves, to become angelic, to intensify our divine conscience. Furthermore, we discover that spirituality is not a hobby but a process of deep, profound transformation that leads us to go through multiple initiations, which are steps or stages on the path to the detoxification of our conscience.

During our apprenticeship on Earth, all our experiences are recorded in our soul, just like a computer records all the data it receives. All our fears, suffering and limitations, as well as all our qualities and potentialities, are recorded in our subconscious and the various layers of our unconscious. Invoking the Names of Angels leads to the gradual disappearance of the veil that separates the conscious and unconscious levels of our being.

**ANGEL MANTRA OR ANGEL RECITATION**

Several traditions advocate the repetition of sacred formulas called mantras. At the very heart of Angel Work is *Angel Mantra* or *Angel Recitation*.

Angel Mantra is very easy to do. Standing, sitting or lying down, breathing naturally, we continually repeat the Name of an Angel. We do this for as long as we can, respecting our own rhythm, silently, in a low voice, or out loud. We may also use one of the following methods:

**1) Invoking on the inhale**

This method consists in deeply inhaling through the nose while silently pronouncing the Name of the Angel one or more times. For example, *Mikaël, Mikaël, Mikaël*…We then hold our breath for a few seconds before exhaling slowly and gradually through the nose. Once we have regained inner calm, we breathe freely and continue to silently invoke the Angel on each inhale.

**2) Invoking on the exhale**

This method consists in deeply inhaling through the nose, then, on the exhale, we pronounce the Name of the Angel silently, in a low voice, or out loud. For example, *Vehuiah, Vehuiah, Vehuiah*… Then we inhale deeply once again and repeat the process several times.

**3) Continuous invocation while deep breathing**

This 3rd method consists in continuously and silently repeating the Name of the Angel, while inhaling to our full capacity, followed by a complete exhale. Deep breathing may cause dizziness in those unaccustomed to it. Should any discomfort be experienced, either slow the breathing rhythm or alternate with another type of breathing. It is important to respect our own rhythm.

**4) Invoking with an intention**

This method consists in repeating the Name of the Angel silently or in a low voice, according to one of the methods above, while adding a message to the Angel during the invocation. This message shares with Him our intention to develop a quality or particular capacity, or to rectify and transcend a distortion. For example, *Angel Hariel, purify my soul, guide me toward purity, help me integrate Wisdom, Hariel, Hariel, Hariel… purify me, teach me what I need to understand, Hariel*…

When reciting an Angel Mantra with an intention to develop a quality or integrate knowledge, it is advisable to invoke the same Angel for 5 consecutive days so that the desired transformation may manifest.

**5) Invoking with a question**

This method helps us find the answer to a question. First, we formulate a question clearly, then we invoke according to one of the first three methods described above, all the while incorporating our question and asking to be enlightened and guided to the answer. For example, *Angel Jeliel, is it right for me to marry this person? Jeliel, Jeliel, Jeliel… help me sense whether this person is person for my evolution, Jeliel, Jeliel, Jeliel… please enlighten me, Jeliel, Jeliel, Jeliel… I wish to do God’s Will, Jeliel, Jeliel, Jeliel… is it right for me to marry this person? Jeliel, Jeliel, Jeliel…*

When reciting Angel Mantras with a question, it is recommended to invoke the same Angel for at least 5 consecutive days, or until an answer has been obtained. By thus focusing on our question, we gain access to the program Cosmic Intelligence has prepared for us. Dreams and signs will be activated and answer the question.

Whichever invocation method we choose, Angel Mantra (or Angel Recitation) remains a simple exercise that can be practiced in any context or situation in life: walking, doing sport or housework, driving, meditating, resting or relaxing; before going to sleep or on awakening; in difficult or happy moments. However, we must remember that it is important to respect our rhythm and always invoke with a sense of sacredness.

The energy that is intensified while working with an Angel manifests *via* intuitions, dreams, signs and coincidences encountered in our daily life. It is fascinating to see the correlation between the Qualities of the Angel and what we are shown in our dreams and daily life, in Their pure forms and as human distortions of Them. Angel Mantra activates or intensifies the initiatic process, and in that sense, the Name of the Angel serves as a magic formula. Angel Work is an initiatic adventure that immerses us in the contemplation of multiple realities.

A wonderful way to optimize the benefits of Angel Mantra is do it throughout Angelica Yoga exercises. These exercises are the subject of other publications by Universe/City Mikaël Publishing (for more information, please visit our website: [www.72angels.com](http://www.72anges.com))

**CHOOSING AN ANGEL**

To choose an Angel to invoke, we suggest you follow **Angel Calendar 1**, also called the Annual Angel Calendar. Using this Calendar has the advantage of allowing us to familiarize ourselves throughout the year with the 72 States of Angelic Conscience, thereby providing us with a well-structured work method, and allowing Cosmic Intelligence to plan the various stages of our apprenticeship in advance and very precisely.

Although the use of Angel Calendar 1 establishes a wonderful work method, the choice of Angel remains personal and may very well be determined in relation to a particular situation. In fact, any Angel may be chosen for His affinity with a situation we wish to understand or resolve. However, it is recommended to use only one Angelic Energy at a time for a period of 5 consecutive days to intensely activate the corresponding Field of Conscience.

Needless to say, 5 days are not enough to integrate all the Qualities and Virtues of an Angel, but, by working with the different Angels over the years, we visit all the *sectors* or *departments* of our conscience, and we advance methodically along the path that leads to Enlightenment.

We may also work for more than 5 days with the same Angel when we wish to deepen a particular Field of Conscience, but it is preferable to change regularly because our conscience needs to visit all of the Creator’s Essences so as to fully manifest them, one day.

**SHORT-TERM EFFECTS**

Whenever we do housework, we expect to find mislaid objects and dust, of course. If, for example, we do Angel Mantra with Angel 7 *Achaiah*, whose main Quality is patience, we may suddenly become much more impatient than usual. This is because the Angel opens the door of our unconscious and liberates the memories related to impatience. Liberating them may take a few minutes, hours, or even several days. If we have no expectations, as though by magic, we suddenly feel fine again because some distorted memories related to impatience have been cleansed. During this period of adjustment, we also tend to come across impatient people and go through situations that try our patience. This testifies to the fact that we are in close contact with the Field of Conscience of the Angel chosen. So we should use these situations as sacred opportunities to get to know ourselves better and to improve.

Imagine that one day you discover a new room in your house, a room you’ve never visited. On opening the door, you notice that it’s full of dust, spiders’ webs, mice, rats, etc. A full, top-to-bottom cleaning of the whole house has to be done because merely opening the door lets so much dust into the other rooms. When you work with the Angels, it’s as though you choose not to shut that door but to extend your house. You set to cleaning until the entire house is completely clean. As you work, you discover treasures and books – which represent knowledge – in the new room, and you decide to add them to your bookshelves.

During periods of intense cleansing, we alternate from one extreme soul-state to another. When we receive an important dream or nightmare, or when a particular event activates an opening of conscience, our entire being is perturbed. That’s why we need to be aware and warn those close to us that unusual soul-states may manifest. In actual fact, we get a taste of the Qualities of the Angelic Energy, which leads us to experience states of true bliss, but as we need to cleanse our distorted memories, shortly afterwards, we plunge into difficult soul-states and major anxiety may emerge. When we understand the process, we get used to it, and gradually, great stability is established. One day, we rediscover our Angel wings and we always feel good. This, however, may take years of inner work.

Meanwhile, we are led to dream and perceive signs that turn up in our environment. A symbolic study of dreams and signs goes hand in hand with Angel Work, because symbols are the words of the language of our unconscious and our soul. By learning to read our daily life in symbolic language, we realize that chance or coincidence does not exist.

**THE EFFECTS OF ANGEL WORK**

When carried out on a daily basis, Angel Work creates a gradual opening of our subconscious and unconscious that manifests in several ways:

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\* Firstly, our soul-states swing from one extreme to another, e.g. from great well-being to deep anxiety;

\* The keenness of our senses (sight, hearing, smell, taste and touch) is considerably increased, and this leads us to develop clairvoyance, clairaudience and clairsentience;

\* There is a gradual increase in the frequency and intensity of our dreams, and we can better interpret them;

\* The interpretation of dreams along with the *reading* of everyday signs engenders deep, mystical experiences;

\* We acquire great spiritual autonomy, because by studying dreams and signs, we are taught the various stages of our initiatic journey;

\* Our soul acquires the ability to leave our body and visit the different worlds and dimensions, and hence gradually discover the secrets of the Universe.

Work with Angelic Energies leads us well beyond time and space: the Angels help us travel through the parallel worlds and the multiple realities of the Universe.

**GUARDIAN ANGELS**

At birth, each human being receives 3 guardian Angels. Their Qualities and associated human distortions indicate the strengths and weaknesses we have to work on in this life. The **1st Guardian Angel** corresponds to our physical body; He guides the world of actions, and can be indentified in Angel Calendar 1, according to the day we were born. The **2nd Guardian Angel** corresponds to our emotions and feelings. He indicates the potential and virtues we need to work on, on the emotional level. His Name can be found in Angel Calendar 2, according to the day we were born. The **3rd Angel Guardian** corresponds to our intellect and is related to the world of thoughts. He can be identified in Angel Calendar 3, according to our time of birth.

The goal of working with the States of Angelic Conscience consists in integrating not only the potential of our 3 Guardian Angels, but all of the Knowledge represented by the 72 Angels of this Tradition.