

Name :

Dear Ahmed,

How are you? I hope you're well. Thanks for your letter asking for advice about how to protect yourself from covid19 infection. I'm sure your problem isn't as serious as you say it is. I see how difficult this stage might be for you, but there are many tips you have to follow.

You Should

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Anyway, let me know what happens. Remember that there is always a solution to every problem so don't give up and smile. Hope you overcome it soon

With love,

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