**Name : ………………………………………**

**Dear Ahmed,**

**How are you? I hope you’re well. Thanks for your letter asking for advice about how to protect yourself from covid19 infection. I’m sure your problem isn’t as serious as you say it is.**

**I see how difficult this stage might be for you, but there are many tips you have to follow.**

**You Should …**……………………………………………………………………………..…………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………….

**Anyway, let me know what happens. Remember that there is always a solution to every problem so don’t give up and smile. Hope you overcome it soon**

**With love,**

**………………….**