**Curriculum Vitae**

**Name:** Gayatri Bhatia **Nationality:** Indian

**Gender:** Female **DOB:** 04/10/1990

**Contact information**

**Permanent Address:** AC block, 129C, Shalimar Bagh, New Delhi- 110088

**Official Address:** Department of Psychiatry and National Drug Dependence and Treatment Centre, All India Institute of Medical Sciences, Ansari Nagar, New Delhi 110029, India.

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**E-Mail ID:** [gayatribhatia90@gmail.com](mailto:gayatribhatia90@gmail.com)

**Educational Qualifications**

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| S.No. | Qualification | Institute | Duration |
| 1. | D.M. (Addiction Psychiatry) | All India Institute of Medical Sciences, Delhi | August 2018- July 2021 |
| 2. | M.D. (Psychiatry) | Bharati Vidyapeeth Medical College and Research Centre, Pune | May 2015- June 2018 |
| 3. | M.B.B.S. | Christian Medical College and Hospital, Ludhiana | June 2008- March 2014 |

**Certifications**

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| S.No. | Certification | Institute | Year |
| 1. | Psychological first aid | Johns Hopkins University | 2022 |
| 2. | Addiction Treatment: Clinical Skills for Healthcare Providers | Yale University | 2022 |

**Employment Record**

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| --- | --- | --- | --- |
| S.No. | Designation | Organization | duration |
| 1. | Assistant Professor,  Department of Psychiatry | All India Institute of Medical  Sciences, Rajkot, India | December 2021- |
| 2. | National Consultant  And Technical  Expert- Harm Reduction | National AIDS Control Organization, Government  of India | August- November 2021 |

1. **PERSONAL STATEMENT**

I have a sound background in psychiatry, with specific training and expertise in addiction psychiatry and biological psychiatry. As both junior and senior resident, I have been actively involved in mental health issues of adolescents and young adults, especially student population. I was involved in the Institutional Student Guidance Cell from 2015 to 2018 and as the Student Wellness Representative of the Resident Doctors’ Association at AIIMS from 2018 to 2019. I am currently appointed as the Student Wellness Officer at AIIMS, Rajkot. My research work includes multiple non-funded research projects in the areas of adolescent mental health and addiction psychiatry, many of the projects are already completed and the research reports are in the process of publication.

I have also been involved in organizing subcommittees of few international and national conferences and CMEs including the International Society of Addiction Medicine’s 21st Annual Conference held in new Delhi in November, 2019 and World Association of Social Psychiatry annual conference held in New Delhi, 2016. My future plans include continuing research work in the fields of adolescent mental health and addiction psychiatry.

**Areas of interest**

1. Substance use disorders among adolescents
2. Substance use disorders among women
3. Substance use disorders among LGBTQIA+ community
4. Opioid use disorders and Opioid Substitution Therapy
5. Harm reduction approach to substance use disorders

**B. MEMBERSHIPS AND AFFILIATIONS**

1. Founding member, Addiction Psychiatry Society of India (APSI) (2021-)
2. Member, American Society of Addiction Medicine (ASAM) (2021-)
3. Fellow, American Academy of Addiction Psychiatrists (AAAP) (2020-)
4. Member, Canadian Society of Addiction Medicine (CSAM) (2020-)
5. Life Ordinary Member, Indian Psychiatric Society (2020-)
6. Member, International Society of Addiction Medicine (2019-)
7. Member, International Society of Substance Use Professionals (ISSUP) (2019-)
8. Member, Early Career Psychiatrists Group, World Psychiatry Association (2019-)
9. Member, Family Intervention Group, World Psychiatry Association (2019-)
10. Member, Network of Early Career Professionals in Addiction Medicine (NECPAM) (2019-)
11. Member, International Society of Substance Use Professionals (ISSUP) (2019-)
12. Member, International Network on Brief Interventions for Alcohol & Other Drugs (INEBRIA) (2019- )
13. **AWARDS AND HONOURS**
14. Awarded ISAM Conference Bursary by International Society of Addiction Medicine (ISAM) for the International Society of Addiction Medicine Annual Conference, 2021
15. Awarded the Association for Multidisciplinary Education and Research in Substance use and Addiction (AMERSA) international conference award for young investigators, 2021
16. Awarded the INEBRIA scholarship, International Network on Brief Interventions for Alcohol & Other Drugs, 2021
17. Awarded the CPDD Travel Award for Early Career Investigators, the College on Problems of Drug Dependence (CPDD), 2021
18. Awarded the NIDA travel award, National Institute on Drug Abuse (NIDA) international forum, 2021
19. Awarded the Ruth Fox Memorial Endowment Scholarship for addiction physicians-in training, 2021, by the American Society of Addiction Medicine (ASAM).
20. Awarded the Donald J Cohen Fellowship for 2020 International Association of Child and Adolescent Psychiatry and Allied Professions, Singapore.
21. Awarded American Academy of Addiction Psychiatrists (AAAP) 2020 International Conference Award, November 2020
22. Awarded ISAM Conference Bursary by International Society of Addiction Medicine (ISAM) for ISAM-CSAM 2020, International Society of Addiction Medicine Joint Conference with Canadian Society of Addiction Medicine, November, 2020
23. Awarded Young Investigator Conference Bursary by Canadian Society of Addiction Medicine (CSAM) for ISAM-CSAM 2020, International Society of Addiction Medicine Joint Conference with Canadian Society of Addiction Medicine, November, 2020
24. Awarded CPDD Travel Award for Young Investigator, The College on Problems of Drug Dependence (CPDD), 2020
25. Awarded the National Institute on Drug Abuse (NIDA) international travel award, the United States of America, Travel Award for Early Career Investigators, 2020
26. Awarded Dr. Eileen B. Snow - CMC Alumni Award for Best All-Round Graduate, Class of 2013, Christian Medical College and Hospital, Ludhiana, Punjab, India
27. Awarded G. S. Nijjar Award for standing 1st in Clinical Psychology, Batch of 2008, Christian Medical College and Hospital, Ludhiana, Punjab, India.
28. **CONTRIBUTION TO SCIENCE**

**National Guidelines**

1. Clinical Practice Guidelines for Buprenorphine based Opioid Substitution Therapy under National AIDS Control Programme, MoHFW
2. Standard Operating Protocol for Buprenorphine based Opioid Substitution Therapy under National AIDS Control Programme, MoHFW
3. Buprenorphine based Opioid Substitution Therapy under National AIDS Control Programme- Trainer’s Manual, MoHFW
4. Strategy Document for Integrated Package of Services for People Who Use Drugs, MoSJE
5. Strategy Document for HIV Prevention and Treatment Service Provision in Prisons and closed settings, MoSJE

**Original research papers**

1. Bhatia G and Shetty JV. Trends of Change in Empathy Among Indian Medical Students: A Two-Year Follow-Up Study. Indian J Psychol Med. 2022; 45 (4):1–6. doi:10.1177/02537176221104688
2. Singh S, Bhatia G, Sharma P, Parmar A. Celebrity drug use reporting in Indian media and its impact on drug-related online search behavior: An infodemiology study. Indian Journal of Psychiatry 2021; 63:391-4. doi: 10.4103/indianjpsychiatry.indianjpsychiatry\_1329\_20.
3. Pandit PM, Bhatia G, Sarkar S. Treatment Experience for Substance Use Disorders During COVID-19 in India: Learning from Patients. Journal of Substance Abuse Treatment, 119 (2020) 10.1016/j.jsat.2020.108128
4. Bhatia G, Sarkar S. Sublingual Buprenorphine-Naloxone precipitated withdrawal- A case report with review of literature and clinical considerations (2020) Asian J Psychiatr 2020, 53:102121. doi: 10.1016/j.ajp.2020.102121
5. Gupta S, Bhatia G, Sarkar S, Chatterjee B, Balhara YP, Dhawan A. Adult attention-deficit hyperactivity disorders and its correlates in patients with opioid dependence: An exploratory study. Indian J Psychiatry 2020; 62:501-8. doi: 10.4103/psychiatry.IndianJPsychiatry\_705\_19
6. Bhatia G, Shetty J, Krishna K, Ghiya S. Assessment of Psychological Symptoms in Patients Attending A Rheumatology Clinic. International Journal of Science and Research, Volume 6 Issue 3, March 2017. doi: 10.21275/ART20171707
7. Bhatia G, Naphade N, Shetty J. Assessment of Resilience against Stress in Medical Students. International Journal of Science and Research, Volume 6, Issue 6, June 2017. doi: 10.21275/ ART20174214
8. Gupta NS, Bhatia G, Shetty VJ, Naphade N, Datar M. Assessment of Body Image and Self Esteem among Young Adolescents. International Journal of Scientific Research, Volume 5, Issue: 6, June 2016.

**Guest editorial**

1. Sarkar S, Bhatia G. Writing and appraising narrative reviews, Journal of Clinical and Scientific Research (2021), issue 10:169-72. doi: 10.4103/jcsr.jcsr\_1\_21
2. Bhatia, G., Chatterjee, B. and Dhawan, A. ‘Adolescents, Drugs, and COVID-19: Special Challenges During the Pandemic’, Indian Journal of Psychological Medicine, 2021, 43(2), pp. 95–99. doi: 10.1177/0253717621988998.

**Book Chapters**

1. Chapter on “Management of substance intoxications in Emergency setting” for Clinical Practice Guidelines of Psychiatric Emergencies, Ministry of Health and Family Welfare, GoI, 2022
2. Chapter on “How to write a thesis”. A Primer on Research, Publication and Presentation, 2nd edition by Indian Psychiatric Society, 2022
3. Chapter on “Behavioural Addictions”. Standard Treatment Guidelines on Substance use Disorders, MoHFW under Drug De-addiction Programme of India, 2019

**Case reports**

1. Bhatia G, Parmar A, Balhara YPS. Management of zolpidem dependence during pregnancy: a case report with discussion on obstetric and management approaches, Psychiatry Research Case Reports, 2022, doi: <https://doi.org/10.1016/j.psycr.2022.100032>
2. Chaudhry R, Komer L, Bhatia G. Harm Reduction during the COVID‐19 Pandemic:  
   When to Go Above Our Comfort Zone? The American Journal on Addictions, 2021, Volume 30, Issue 3, p226-232. doi: 10.1111/ajad.13174
3. Bhatia G, Shetty V, Ramam SR, Naphade N, Datar M. Disorder of Adult Personality- A care report. International Journal of Science and Research, Volume 6, Issue 4, April 2017.

**Letters to Editor**

1. Singhal S, Deokar KK, Bhatia G. Clinical history: The forgotten connecting link between patient and cutting‑edge technology. Acta Med Int 2022;9:83‑4. doi: 10.4103/amit.amit\_44\_22
2. Bhatia G, Sharma P. Cannabis and road traffic accidents in South East Asia region: Let there be light. Asian J Psychiatr. 2022 May 13;73:103173. doi: 10.1016/j.ajp.2022.103173.
3. Bhatia G, Sarkar S, Addagadda SS, Chadda RK. Disulfiram safety in alcohol use disorders: Experience from an addiction treatment center in India. Indian J Psychiatry 2022;64:216-7. doi: 10.4103/indianjpsychiatry.indianjpsychiatry\_386\_21
4. Sarkar S, Addagadda SS, Bhatia G, Chadda RK. Adverse drug reactions with naltrexone: Experience from an addiction treatment center. Indian J Psychiatry 2021; 63:206-7. doi: 10.4103/psychiatry.IndianJPsychiatry\_94\_20
5. Bhatia G, Parmar A. Trial by media in celebrity drug cases in India: Just some bad news. Asian Journal of Psychiatry, volume 55, issue 1, January 2021, doi: https://doi.org/10.1016/j.ajp.2020.102464

**Abstract Publications**

1. Bhatia G, Bhargava R, Dhawan A, Chatterjee B, Assessment of Family Functioning and Parenting Styles in Adolescent Substance Use- A Cross-Sectional Comparative Study, Indian Journal of Psychiatry: Mar 2022, Vol 64, Issue Suppl 3 - p S530. doi: 10.4103/0019-5545.341513
2. Chatterjee B, Kattula D, Bhatia G, Mishra S. Recovery in Addiction Psychiatry: concept and interventions. Indian Journal of Psychiatry, Volume 62, Supplement 1, January 2020, S67.
3. Bhatia G. Parental Attitudes towards Children’s Smartphone Usage, Journal of Brain, Behaviour and Cognitive Science, 2020, special issue 105, page 5.

**Training and Capacity Building activities**

1. Contributor to Standard Treatment Guidelines on Substance use Disorders, Chapter on Behavioral Addictions, under Drug Deaddiction Programme of India, 2019
2. Contributed to Student Wellness Programs for MBBS students in January 2019, overview on substance use disorders, Identification and seeking treatment.
3. Contributed to Student Wellness Programs for Post-graduate students in August 2019, on Behavioral Addictions.
4. **ACADEMIC PRESENTATIONS**

**National Conferences**

1. Symposium: Opioid Assisted Medical Treatment- current challenges and the way forward, 73rd Annual National Conference of Indian Psychiatric Society, March, 2022
2. Symposium: Behavioral Addictions- recent global updates, 73rd Annual National Conference of Indian Psychiatric Society, March, 2022
3. Paper on Assessment of family functioning and parenting among adolescents who use substances- a comparative study, 73rd Annual National Conference of Indian Psychiatric Society, March, 2022
4. Symposium: Recovery in Addiction Psychiatry. 72nd Annual National Conference of Indian Psychiatric Society, January 2020
5. Symposium: Treatment Approaches to Internet Gaming Disorder. 26th National Conference of Indian Society of Social Psychiatry, November 2019

**International Conferences**

1. Symposium: Substance use treatment in COVID-19, Thematic Congress on Intersectoral Collaboration, World Psychiatric Association, December 2020
2. Oral Presentation: Alcohol Use Patterns during COVID-19 Pandemic in India: An Exploratory Online Study. ISAM-CSAM Joint Conference, October 2020
3. Oral Presentation: Families of adolescents who use substances: A comparative study. CPDD annual conference, September 2020.
4. Oral Presentation: Short video-based teaching about Pharmacovigilance: A pilot implementation in addiction treatment centre. 21st International Society of Addiction Medicine Conference, November 2019
5. Symposium: Relevance of DM in Addiction Psychiatry. 21st International Society of Addiction Medicine Conference, November 2019
6. Symposium: Indian Law and Addiction. 21st International Society of Addiction Medicine Conference, November 2019
7. Symposium: Internet Gaming Disorder. 21st International Society of Addiction Medicine Conference, November 2019
8. Oral Presentation: Assessment of Psychological Symptoms in Patients Attending a Rheumatology Clinic. 22nd World Congress of Social Psychiatry, November 2016
9. **ADMINISTRATIVE EXPERIENCE**
10. Managing daily functioning of wards and Out-patient department as senior resident

1. Organizing periodic Pharmacovigilance training and sensitization programmes for staff at NDDTC in collaboration with the Indian Pharmacopeia Commission. 2018-2021
2. Organizing and conducting Student Wellness Programmes at All India Institute of  
   Medical Sciences, New Delhi. December 2018, May 2019, October 2019, August 2020
3. Student wellness Representative, Residents’ Welfare Association, All India Institute of Medical Sciences, New Delhi. 2018-2019.
4. Institutional record maintenance and collaboration with Annual Quality Assurance  
   Reporting cell to provide support information to National Assessment and Accreditation Council, India, 2015-2018.
5. Organizing committee member at various International, National and Zonal Level  
   Academic Conferences.
6. Mistress of Ceremonies at various institutional academic and cultural events.
7. Editor: College magazine (annual), 2009-2012 and Newsletter (quarterly), 2010-2012,  
   Christian Medical College and Hospital, Ludhiana, Punjab, India
8. **TRAINING AND CAPACITY BUILDING ACTIVITIES**
9. Conducted National Training of Trainers Programme for Opioid Substitution Therapy in collaboration with NDDTC in Manesar, September 20-22, 2021.
10. Contributed to Orientation towards Mental health Program for MBBS students in January 2019, overview on substance use disorders, Identification and seeking treatment, at AIIMS, New Delhi.
11. Contributed to Orientation towards Mental health Program for Post-graduate students in August 2019, on Behavioral Addictions, at AIIMS, New Delhi.
12. Regular teaching sessions for junior residents, MBBS students and nursing staff, AIIMS, New Delhi.
13. Teach-back sessions for fellow DM students, AIIMS, New Delhi
14. Combined clinical rounds and teaching sessions for students of DM Neurology and MD, Medicine, AIIMS, New Delhi
15. Teaching and demonstration about Pharmacovigilance practices at NDDTC

**H. PUBLIC HEALTH ACTIVITIES**

1. Development of online resource material for Blended Training Programme in conjunction with National AIDS Control Programme and SAATHI for Healthcare providers of various cadre (Medical Officer, Counsellor, Nurse, Data manager), 2021-2022.
2. Development of resource material Development of resource material for Online Training Programme on Female substance Use for medical officers for management of substance use disorders under National Institute of Social Defense, Ministry of Social Justice and Empowerment, 2020.
3. Online training programme for tele-counsellors with JOYnt- a non-governmental organization working with Government of NCT, Delhi on enhancing mental among substance using population during COVID-19 pandemic, December 19, 2020.
4. Development of resource material for Online Training Programme for medical officers for management of substance use disorders under National Institute of Social Defence, Ministry of Social Justice and Empowerment, 2019.
5. **EXTRA-CURRICULAR ACTIVITIES**
6. Winner of Dr. D. R. Memorial British Parliamentary Debate Championship at Punjab College of Technical Education, 2011.
7. Winner of Rishi Rajpal Memorial Essay Writing Competition for Literary Excellence at Christian Medical College and Hospital, Ludhiana, Punjab India, 2011.
8. Winner of multiple inter-college and intra-college events in Western and regional music.
9. Winner of multiple inter-school and inter-college competitions for creative writing, public speaking and singing.
10. **REFERENCES**
11. Prof. Atul Ambekar

National Drug Dependence Treatment Centre (NDDTC), AIIMS, New Delhi

1. Dr. Ravindra Rao

Additional Professor, National Drug Dependence Treatment Centre (NDDTC), AIIMS, New Delhi

1. Dr. Arpit Parmar

Assistant Professor, AIIMS, Bhubaneswar, Odisha

**K. DECLARATION**

I, Dr. Gayatri Bhatia, hereby declare that the information provided above is correct to the

best of my knowledge.



Dr. Gayatri Bhatia

Senior Resident, National Drug Dependence Treatment Centre

All India Institute of Medical Sciences, New Delhi

India