

# \*Update clinic name\*

Dr. Clinical Research, Ph: 9398772387



Session Date: May 24 2023, Wed, 8:53 AM

Last Session: May 03 2023



Ms. P.Sudha Madhavi, 46/F

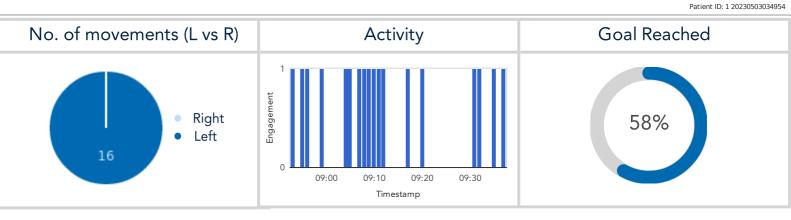
Phone no: 9980111933 Mail ID: a@gmail.com

TKR

Speciality: Ortho

Affected side: Bi-Lateral

Medical History: Others



# Report Details

No.	Joint	Movement	Muscle	Side	EMG (uV)	ROM (°)
1	Knee	Flexion	Rectus Femoris	Right	17uV	14°
2	Knee	Extension	Vastus Medialis	Right	30uV <b>↑</b> 12uV	44° <b>↓</b> 27°
3	Knee	Flexion	Popliteus	Right	43uV	27°
4	Ankle	Dorsiflexion	Tibialis Anterior	Right	204uV <b>↑</b> 175uV	52° <b>↑</b> 13°
5	Knee	Flexion	Rectus Femoris	Left	83uV <b>↑</b> 37uV	37° <b>↓</b> 70°
6	Knee	Extension	Vastus Medialis	Left	67uV <b>↑</b> 13uV	38° <b>↓</b> 54°
7	Knee	Flexion	Popliteus	Left	41uV <b>↑</b> 29uV	47° <b>↓</b> 36°
8	Ankle	Dorsiflexion	Tibialis Anterior	Left	634uV <b>↑</b> 468uV	61° <b>↑</b> 16°
9	Ankle	Dorsiflexion	Tibialis Anterior	Left	791uV <b>↑</b> 625uV	35° <b>↓</b> 10°
10	Hip	Extension	Biceps Femoris	Right	31uV <b>↑</b> 11uV	81° <b>↑</b> 44°
11	Hip	Flexion	Biceps Femoris	Left	10uV	79°
12	Hip	Flexion	Gluteus Maximus	Right	209uV	51°
13	Нір	Abduction	Gluteus Medius	Right	806uV <b>↑</b> 781uV	32° <b>↓</b> 1°

No.	Joint	Movement	Muscle	Side	EMG (uV)	ROM (°)
14	Hip	Abduction	Gluteus Medius	Right	369uV	13°
15	Hip	Extension	Gluteus Maximus	Left	230uV <b>↑</b> 212uV	66° <b>√</b> 5°
16	Hip	Abduction	Gluteus Medius	Left	184uV	34°

#### Report Summary

For Knee joint Extension movement, The joint mobility of Right side decreased from 50% to 31% of healthy ROM in 21 days. The EMG of Right side increased from 18uV to 30uV in 21 days. The EMG of Right side is weaker than its reference side. The current ROM of Left side is weaker than its reference side.

For Ankle joint Dorsiflexion movement, The joint mobility of Right side decreased from healthy to 70% of healthy ROM in 21 days. The EMG of Right side increased from 29uV to 204uV in 21 days. The EMG of Right side is weaker than its reference side. The current ROM of Left side is weaker than its reference side.

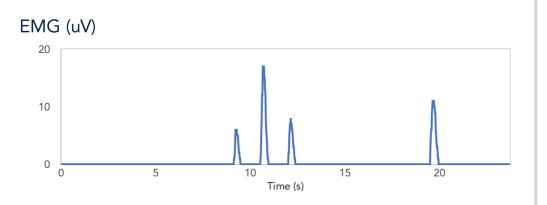


# Right Knee Flexion Rectus Femoris



00m: 24s

## Session Recording: 1

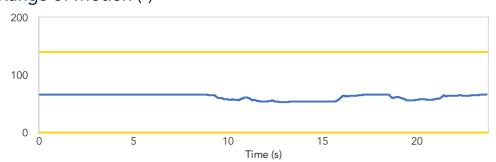


#### **Total Time**

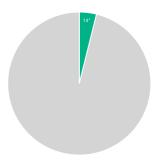
#### **EMG** Details

Time Recorded	24s
Avg Max EMG	14uV
Max EMG	17uV

# Range of Motion (°)



#### ROM Details



24s

Goal Reached	Consistency	****
	Control	****
10%	Smoothness	****
	Co-Ordination	****

Range Gained	14°
Initial ROM	53°

Time Recorded

Target ROM	0° to 140°

Normal ROM	0° to 140°

Repetitions	1

Rep Speed	0.08reps/s
	0.00.0po/ 0

Hold Time	5s

Active Time	00m: 12s

ММТ	2	Туре	Active

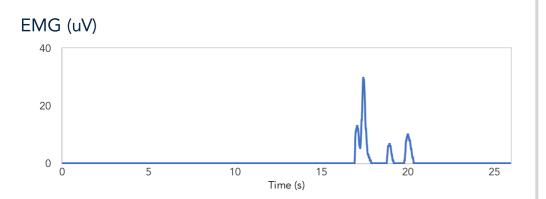


# Right Knee Extension Vastus Medialis



00m: 26s

#### Session Recording: 2

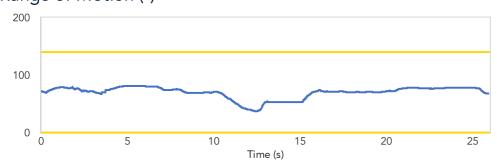


#### **Total Time**

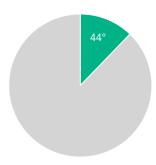
#### **EMG** Details

Time Recorded	26s
Avg Max EMG	0uV
Max EMG	30uV

# Range of Motion (°)



#### **ROM Details**



26s

Goal Reached	Consistency	****
	Control	****
31%	Smoothness	****
	Co-Ordination	****

Range Gained	44°
Initial ROM	37°

Time Recorded

Target ROM	0° to 140°

Repetitions	1	

Rep Speed	0.05reps/s

Hold Time	2s

Hold Angle	37°
_	0,

MMT	2	Туре	Active

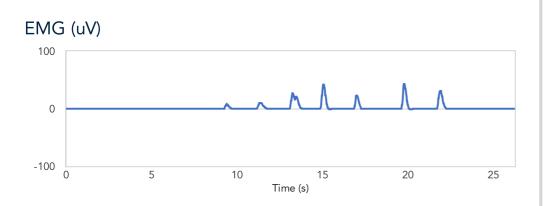


# Right Knee Flexion Popliteus



00m: 27s

#### Session Recording: 1

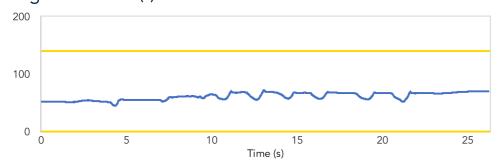


#### **Total Time**

#### **EMG** Details

Time Recorded	27s
Avg Max EMG	31uV
Max EMG	43uV

# Range of Motion (°)



#### **ROM Details**



27s

Goal Reached	Consistency	****
19%	Control	****
	Smoothness	****
	Co-Ordination	****

Range Gained	27°
Initial ROM	45°

Time Recorded

Final ROM	72°	
T+ DOM	00 - 440	

rarget kolvi	0° to 140°
Normal ROM	0° to 140°

Repetitions	2

Rep Speed	0.09reps/s
	010110 0070

Hold Time	1s

Active Time	00m: 23s

MMT	3	Туре	Active

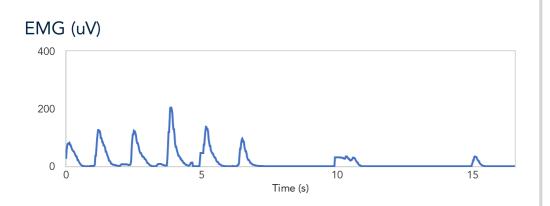


# Right Ankle Dorsiflexion Tibialis Anterior



00m: 17s

#### Session Recording: 2

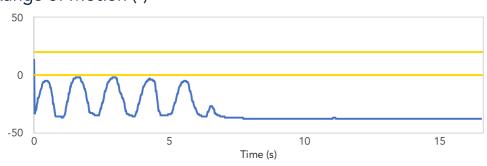


#### **Total Time**

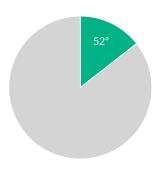
# EMG Details

Time Recorded	17s
Avg Max EMG	91uV
Max EMG	204uV

#### Range of Motion (°)



#### **ROM Details**



17s

52°

Goal Reached	Consistency	****
	Control	****
100%	Smoothness	****
	Co-Ordination	****

# Initial ROM -38°

Time Recorded

Range Gained

Final ROM	14°

Target ROM	0° to 20°

Normal ROM	0° +0 20°

Repetitions	5

Rep Speed	0.56reps/s

Hold Time	11s

# Hold Angle

MMT	3	Туре	Active

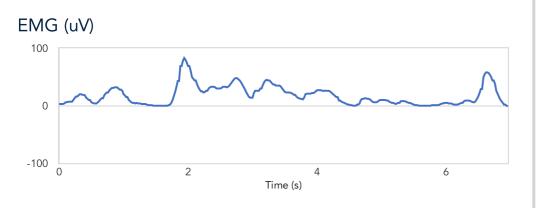


# Left Knee Flexion Rectus Femoris



00m: 07s

#### Session Recording: 2

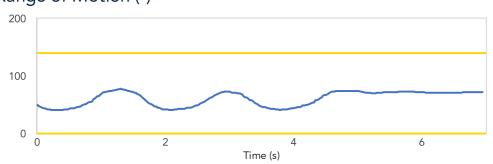


#### Total Time

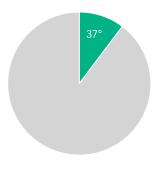
#### **EMG** Details

Time Recorded	7s
Avg Max EMG	70uV
Max EMG	83uV

# Range of Motion (°)



## **ROM Details**



7s

Goal Reached	Consistency	****
26%	Control	****
	Smoothness	****
	Co-Ordination	****

# Range Gained 37° Initial ROM 41°

Time Recorded

Final ROM	78°

Target ROM	0° to 140°
	0 10 140

Normal ROM	0° to 140°

Repetitions	3

Rep Speed	0.5reps/s
ttop op oos.	0.51eps/s

Hold Time	1s
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Hold Angle	41°

Active Time	00m:	06s
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MMT	1	Туре	Active

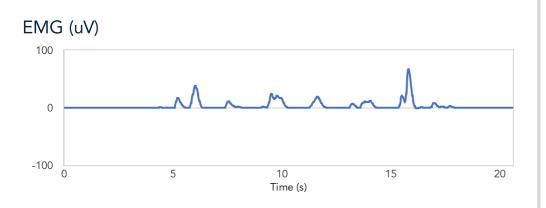


# Left Knee Extension Vastus Medialis



00m: 21s

#### Session Recording: 2

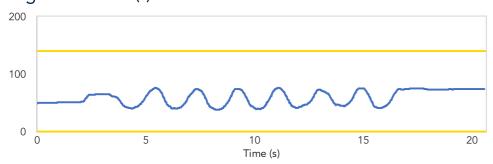


#### **Total Time**

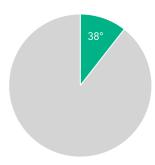
#### **EMG** Details

Time Recorded	21s
Avg Max EMG	41uV
Max EMG	67uV

# Range of Motion (°)



#### **ROM Details**



21s

Goal Reached	Consistency	****
	Control	****
27%	Smoothness	****
	Co-Ordination	****

# Range Gained 38° Initial ROM 38°

Time Recorded

Final ROM	740

Target ROM	0° +0 140

Normal ROM	0° to 140°

Repetitions	6

Rep Speed	0.38reps/s

Hold Time	1s
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Hold Angle	/11°

Active Time	00m:	16s
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MMT	11	Туре	Active



# Left Knee Flexion **Popliteus**



00m: 15s

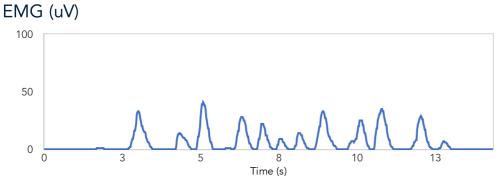




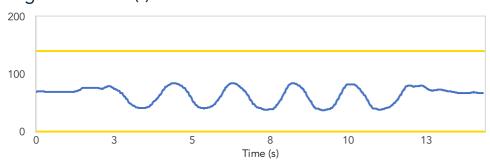


**Total Time** 

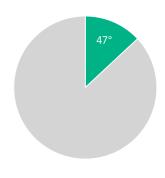
Time Recorded	15s
Avg Max EMG	38uV
Max EMG	41uV



# Range of Motion (°)



#### **ROM Details**



Goal Reached	Consistency	****
34%	Control	****
	Smoothness	****
	Co-Ordination	****

# Target ROM

Active Time

Time Recorded

Range Gained	47°	
Initial ROM	37°	
Final ROM	84°	
Target ROM	0° to 140°	
Normal ROM	0° to 140°	
Repetitions	5	
Rep Speed	0.33reps/s	
Hold Time	1s	
Hold Angle	38°	

15s

# Physio Remarks

MMT	1	Туре	Active

00m: 15s

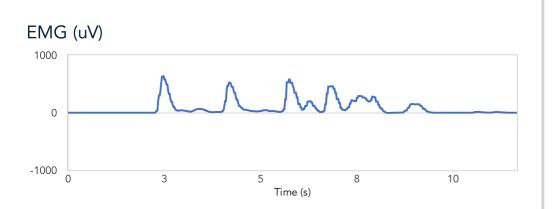


# Left Ankle Dorsiflexion Tibialis Anterior



00m: 12s

#### Session Recording: 2

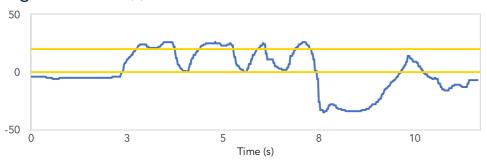


#### **Total Time**

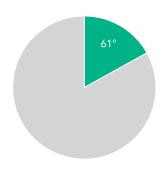
#### **EMG** Details

Time Recorded	12s
Avg Max EMG	369uV
Max EMG	634uV

# Range of Motion (°)



#### **ROM Details**



12s

Goal Reached	Consistency	****
	Control	****
100%	Smoothness	****
	Co-Ordination	****

Range Gamed	61°
Initial ROM	-35°

Time Recorded

Final ROM	26°

Target ROM	0° to 20°

Normal ROM	0° to 20°

Repetitions	4

Rep Speed	0.5reps/s

Hold Angle	26°
•	20

Active Time 00ı	m: (	)8s
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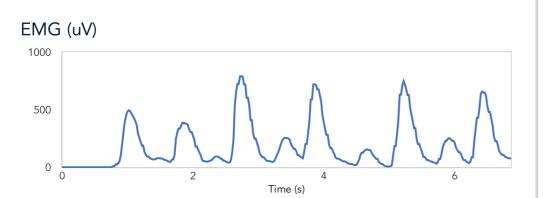
MMT	2	Туре	Active



# Left Ankle Dorsiflexion Tibialis Anterior



#### Session Recording: 3



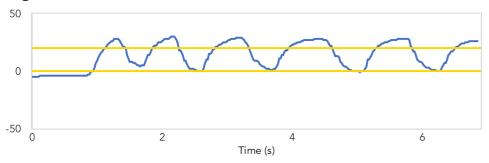
Total Time

00m: 07s

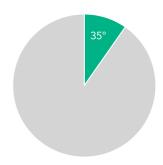
#### **EMG** Details

Time Recorded	7s	
Avg Max EMG	0uV	
Max EMG	791uV	

# Range of Motion (°)



#### **ROM Details**



7s

Goal Reached		Consistency	****
		Control	****
100%	Smoothness	****	
		Co-Ordination	****

Range Gained	35°

Time Recorded

Initial ROM	-5°	
Final ROM	30°	

Target ROM	0° to 20°

Normal ROM	0° to 20°

Repetitions	5	

Rep Speed	0.83reps/s

Hold Time	1s

Hold Angle	26°

Active	Time	00m:	06s

MMT	4	Туре	Active

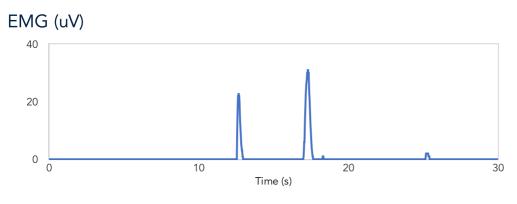


# Right Hip Extension Biceps Femoris



#### Session Recording: 2





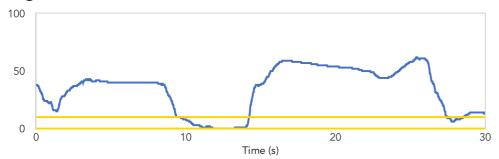
 Time Recorded
 37s

 Avg Max EMG
 16uV

 Max EMG
 31uV

**EMG** Details

### Range of Motion (°)



\*Displayed graph is recorded for first 30 seconds only.

#### Goal Reached

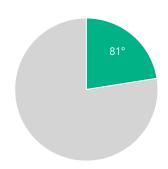


Consistency	****
Control	****
Smoothness	****
Co-Ordination	****

## Physio Remarks

MMT	1	Туре	Assistive

#### **ROM Details**



Time Recorded	37s
Range Gained	81°
Initial ROM	0°
Final ROM	81°
Target ROM	0° to 10°
Normal ROM	0° to 10°
Repetitions	4
Rep Speed	0.17reps/s
Hold Time	11s
Hold Angle	62°
Active Time	00m: 23s

<sup>\*</sup>Displayed graph is recorded for first 30 seconds only.

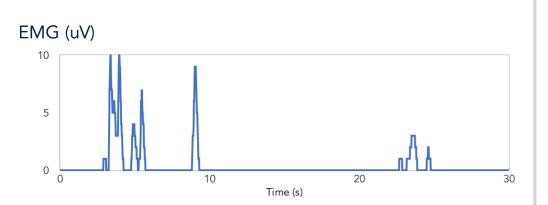


# Left Hip Flexion Biceps Femoris



00m: 40s

#### Session Recording: 1



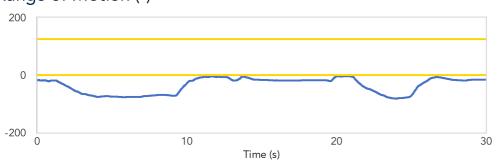
\*Displayed graph is recorded for first 30 seconds only.

#### **Total Time**

#### **EMG** Details

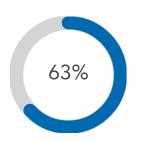
Time Recorded	40s
Avg Max EMG	7uV
Max EMG	10uV

# Range of Motion (°)



\*Displayed graph is recorded for first 30 seconds only.

#### Goal Reached

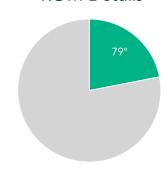


Consistency	****
Control	****
Smoothness	****
Co-Ordination	****

# Physio Remarks

MMT	1	Туре	Assistive

#### **ROM Details**



Time Recorded	40s
Range Gained	79°
Initial ROM	-82°
Final ROM	-3°
Target ROM	0° to 125°
Normal ROM	0° to 125°
Repetitions	2
Rep Speed	0.09reps/s
Hold Time	5s
Hold Angle	_
Active Time	00m: 23s



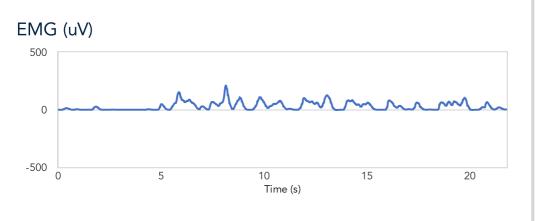
# Right Hip Flexion Gluteus Maximus



#### Session Recording: 1



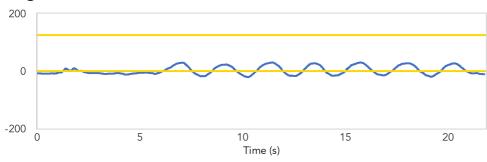
#### 00m: 22s



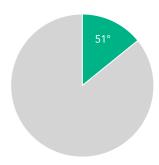
#### **EMG** Details

Time Recorded	22s
Avg Max EMG	116uV
Max EMG	209uV





#### **ROM Details**



22s

Goal Reached	Consistency	****
	Control	****
41%	Smoothness	****
	Co-Ordination	****

Range Gained	51°
Initial ROM	-21°

Time Recorded

Final ROM	30°

Target ROM	0° to 125°

Normal ROM 0° to 125°	Normal ROM	0° to 125°
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Repetitions	7

Rep Speed	0.32reps/s

Hold Time	2s

Hold Angle	29°

Active Time 00 <sub>1</sub>	m:	22s
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MMT	1	Туре	Assistive



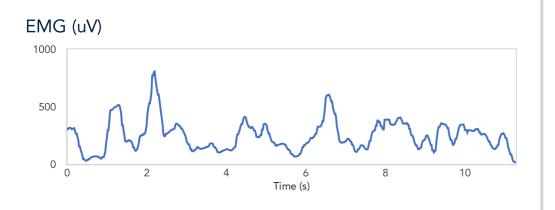
# Right Hip Abduction Gluteus Medius



#### Session Recording: 2



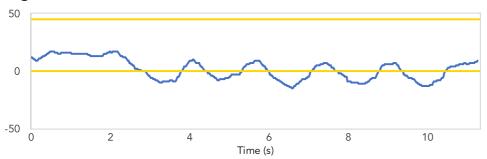
#### 00m: 12s



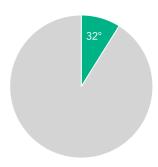
#### **EMG** Details

Time Recorded	12s
Avg Max EMG	560uV
Max EMG	806uV

# Range of Motion (°)



#### **ROM Details**



Goal Reached	Consistency	****
	Control	****
71%	Smoothness	****
	Co-Ordination	****

Range Gained	32°
Initial ROM	-15°

12s

Time Recorded

Final POM	470

	1 /

rarget ROM	0° to 45°

Normai ROIVI	0° to 45°

Repetitions	6

Rep Speed	0.5reps/s

Hold Time	2s

## Hold Angle

Active I	ime	$\mathcal{C}$	)m	: 1	2s	

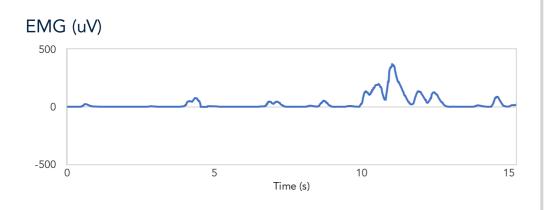
MMT	1	Туре	Assistive



# Right Hip Abduction Gluteus Medius



#### Session Recording: 3



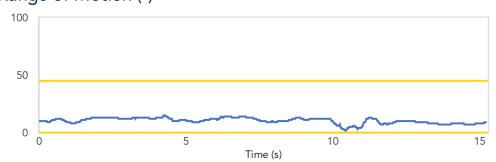
**Total Time** 

00m: 16s

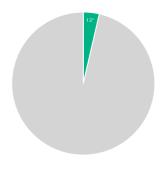
#### **EMG** Details

Time Recorded	16s
Avg Max EMG	153uV
Max EMG	369uV

#### Range of Motion (°)



#### **ROM Details**



16s

Goal Reached	Consistency	****
	Control	****
29%	Smoothness	****
	Co-Ordination	****

Range Gained	13°
Initial ROM	2°

Time Recorded

Final ROM	15°

Target ROM	0° to 45°

Normal ROM	0° to 45°
Repetitions	2

Rep Speed	0.17rans/s

	0.171eps/s
Hold Time	1s

Hold Angle	70

riola Angle	/

## Active Time

# Physio Remarks

MMT	1	Туре	Active

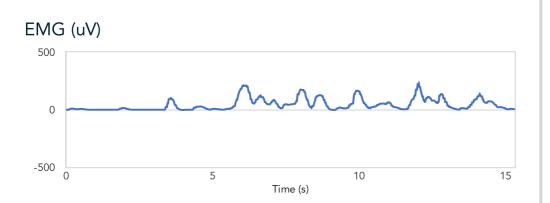
00m: 12s



# Left Hip Extension Gluteus Maximus



#### Session Recording: 2



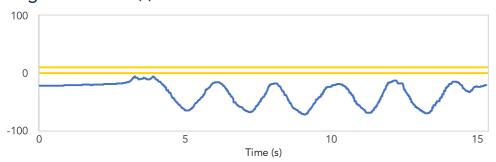
#### **Total Time**

# 00m: 16s

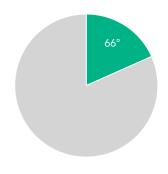
#### **EMG** Details

Time Recorded	16s
Avg Max EMG	152uV
Max EMG	230uV

#### Range of Motion (°)



#### **ROM Details**



Goal Reached	Consistency	****
	Control	****
100%	Smoothness	****
	Co-Ordination	****

#### Range Gained 66°

16s

Time Recorded

Initial ROM	-72°
mineral recent	-/ _

Final ROM	-6°

0° to 10°

Normal ROM	0° to 10°

#### Repetitions 6

#### Rep Speed 0.46reps/s

#### Hold Time 1s

## Hold Angle

Active Time	00m: 13s

ММТ	1	Туре	Assistive

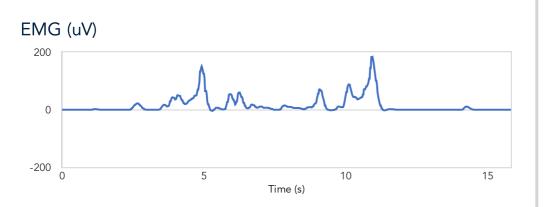


# Left Hip Abduction Gluteus Medius



00m: 16s

#### Session Recording: 2

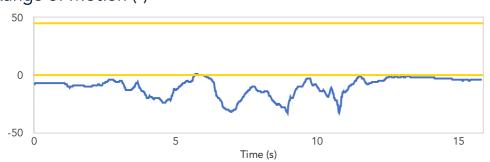


#### **Total Time**

## **EMG** Details

Time Recorded	16s	
Avg Max EMG	168uV	
Max EMG	184uV	

# Range of Motion (°)



#### **ROM Details**



16s

34°

Goal Reached	Consistency	****
	Control	****
76%	Smoothness	****
	Co-Ordination	****

#### Initial ROM -33°

Time Recorded

Range Gained

Final ROM	1°
T DOL4	

rarget ROM	0° to 45°

Normal ROM	0° to 45°	
Repetitions	4	

Rep Speed	0.31reps/s

Hold Time	1s

Hold Angle	

Active Time	00m:	13s
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MMT	1	Туре	Assistive

# Additional Comment Next Session:\_\_\_\_\_\_\_ Time:\_\_\_\_\_ Report handed over by: Dept:\_\_\_\_\_\_ Seal & Signature Contact No.

#### Terms & Conditions

- The reported results are for information and interpretation of the referring doctor/ physiotherapist or such medical professional who understands reporting units, reference ranges and limitations of technologies.
- It is presumed that the assessment tests are performed on the patient named or identified and the verification of the particulars have been cleared out by the patient or his/her representative at the point of generation of this report. The reported results are restricted to the given patient only.
- Should the results indicate an unexpected abnormality, the same should be reconfirmed.
- Results may vary from one center to another and from time to time for the same parameter for the same patient.
   Assessments are performed in accordance with standard set procedures. Neither the physiotherapy center (including its employees, representatives) using Pheezee nor the manufacturer of Pheezee (Startoon Labs and its employees, representatives) assume any liability, responsibility for any loss or damage that may be incurred by any person as a result of presuming the meaning or contents of this report.
- This report is not valid for medico-legal purposes.

#### Suggestions

- Values out of reference range requires reconfirmation before starting any medical treatment.
- Retesting/reassessment is needed if you suspect any quality shortcomings.