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## Question 1.1

Healthy and safety measures are important parts which is necessary to include while planning safety in an indoor and outdoor environment as well as activities for the children. There is the presence of various factors which are necessary to understand when planning healthy and safe Indoor and under environment and services. Accidents with children is one of the significant health and safety issues and it can lead to measurable cause of death, serious injuries and long-term disabilities. it is been identified among many children in the UK. Hence, it is necessary to understand how injuries occur as they may be related to heat-related accidents and fall from the height of the younger children. Under a report it is identified that every year more than 67000 children experience accidents in the kitchen whereas 43000 between the age of 4 years and almost 58000 children experience is fall from stairs (www.rospa.com, 2023).

Analysing the factors which are considered for planning a healthy and safe environment and services as per the Early Years Foundation Stage (EYFS), safeguarding and welfare requirement are devoted in the Framework which assures the safety settings for the children.

- The planning activity must consider individual needs depending on the age and ability
- It is necessary to understand the challenges for the disabled child and provide a layout room through which possible equipment can be shared as per their need
- Duty of care is necessary to add where all support workers need to do the work depending upon main factors in planning activities for children and young people (World Health Organization, 2021)

### Question 1.2

One of the necessary aspects to reduce accidents among young children through monitoring and providing a safe environment. It is one of the responsibilities of the support workers to understand the policies for health and safety and gather necessary reports for the incidence that has caused. It is necessary to review the children's and staff member's personal files every 6 months through which analysis of changes in the personal information as well as medical information can be monitored properly. It is necessary that every staff member taking care of children must train members who can take care from nursery to 6 and provide emergency treatment to them in terms of any accident occurs (Cadwallader, 2022).

The children of age under 2 must include at least one member of the staff who achieved three qualifications and suitable experience in working taking care of children under 2 years. However, it is necessary to provide specific addressing for the care of the babies and understand the need of the babies. It is necessary to provide effectiveness towards cleanliness and infection control where providing bathrooms and toilets with disinfectant cleaning products and sinks, floors and toilets must be cleaned throughout the day. Food hygiene certificate must be maintained by the chef and taking care of the kitchen must be appropriate (Ko, and Kang, 2019). Analysing allergies among children while preparing food is necessary to understand by the chef for avoiding any accidents or health issues among the children.

# Question 1.3

Different sources of the current guidance towards the settings of childcare in terms of use to plan for a healthy and safe environment. The EYFS analysis is the requirement of supporting in detail legal requirements and providing proper health and safety measures. Incorporation of responsibilities and duty of care towards those who provide services and work according to the settings. There is the presence of various guidance child care settings of them, health and safety executives (HSE), ambulances, EYFS and many more.

## Health and safety executive

The guidance provided by the health and safety executive In the work environment and factors specifically working with the children. The guidance is adjusted with Health and Safety at work act 1974. It is a part

of primary legislation which covers occupational health and safety in Great Britain (Simms *et al.*, 2020). It tends to educate information regarding risk assessment, manual handling and accidental reporting.

### **EYFS**

The early years Foundation stage for children is a kind of Framework where all the childcare sectors are provided with necessary offerings where advice towards a healthy development, physical and personal development, communication and connectivity with social and emotional development in the major respects. Under the necessary requirement of EYFS It is necessary to increase the Awareness of health and safety registration and the workers must keep up to date towards the application of procedures and understanding the faulty equipment and hazards.

It is necessary to provide familiarity with the symbols where various symbols such as lion marks, manufacturing symbols and many more things are necessary to understand through which it is easier for the workers to provide information to the children and take necessary action at the time of accident or injuries.

### Question 1.4

There's a presence of various health and safety legislation, policies and procedures which is necessary to implement in the workplace and services to minimise accident or injuries. The rules and regulations are:

## Health and safety policy

Under Health and Safety at work act 1974, includes providing protection to the Employees and workers and providing essential services for the user health, safety and welfare aspect. protection for all the individuals in the workplace is one of the main criteria which must be excluding of harm, abuse, and violence. the act confirms the implementation of the workplace towards children and provides health and safety measures on a daily basis through which children can represent a secure environment.

# COSHH

The legislation provided the law to control substances which is relevant to hazards towards health which means that chemicals and cleaning

substances must be avoided in the room where vulnerable children are present (Roadnight and Followell, 2022). The legislation is implemented in the nursery schools and care centres where COSHH cupboards are present and where all the cleaning and chemical substance is included and kept a distance from the children. Protective equipment must be included in the children's care centres and schools which includes gloves, aprons, head caps and many more while using chemicals by employees avoid harm to themselves.

## Question 2.4

Risk assignment can be explained as the process where identification of hazards and analysing the issue through which hazards have occurred (Li et al.., 2019). While working there are various types of in the setting and the application of legislation is unable to eliminate or is this down the risk hence, it is necessary to improvise the protective measures for the individuals through performing reasonable practices which help in monitoring the risk and providing reviews towards the children in terms of avoiding the risk factors. It is necessary for the environment and the people to provide time to change which means the risk assessment must be reviewed and controlled accordingly. For instance, a child in a wheelchair joins the nursery however there is a specific risk assessment which needs to be carried out and it is necessary to provide proper aspects and education to all the other children through which the rich factors for the wheelchair user child can be reduced. Upgradation towards the new activities and new settings and necessary in the nursery or Child Care Centres which helps in monitoring and reviewing respective changes and allow the assessment to adapt according to the adjustment. the risk assessment also changes with the change in the nursery or child care centre and identification of a lot of factors is necessary to provide and educate the staff member through which controlling the children from an accident can reduce. It is necessary to take opinions and advice from the other senior staff members as experience under different views is necessary to monitor through which the hazards and risk factors can reduce.

### Question 3.1

One of the important factors toward a child's development is building self-esteem and confidence among them, which directly helps reduce the risk factors resulting in adults lacking emotions. It is necessary for the children to explore the environment through which essential learning can be effective and practical learning can also be enhanced. It is necessary for the children to develop the skill of freedom and support, which is also evolved with risk factors which are necessary to be controlled. Children and young people are unable to understand various consequences which is necessary to clear up accordingly (Singh *et al.*, 2020). For instance, punishment is natural due to bad behaviour analysis, whereas, for children it is hard to understand and accept hence proper guidance and understanding to the children increases the behaviour aspects in a good manner.

The important part for the children and young people is providing safety measures which include protecting children from male treatment, and helping the children to develop and educate on various prevention measures, it is necessary to ensure the growing circumstances and provision of respect to safe and effective care. It is necessary to avoid All The Rick and challenges evolving among the children and children needed to learn respective skills which help to support their development. The supportive nature must be also given by the adults which helps in various development of a child.

### **Ouestion 3.2**

Under the UN Convention on Rights of Child Identification children are necessary to get protected from hazards and harm. It is the primary aspect for the support worker to the identification of potential hazards and provides an essential safety zone for the children to reduce the risk. However, there is the presence of a dilemma between the choices of children and writers and health and safety requirements. For instance,

many children and young people have a large availability and accessibility towards the Internet which is one of the greatest sources in terms of learning and enjoyment. Although, it also tends to increase huge amounts of danger with include cyberbullying, contact with strangers, and age-restriction materials such as pornography and radicalisation. the role of the support workers is to use the technology while providing protection at the same time. The child lock system is accessible on the internet where one can control various applications through locking the software which helps the children to enjoy various content on the internet as per their age (Kanchana et al., 2022). Protecting children the different experiences are encouraged with new activities and results sometimes with timid interference. Hence, it is important to encourage beneficial activities in the children through which it is easier to analyse the risk factors corresponding with the activity and children can able to learn proper aspects to create preventive measures to overcome the risk factor.

## Question 3.3

There is the presence of various examples which is necessary to practice in terms of supporting children or young people in accessing and managing and controlling the risk.

- Increasing the level of risk factors helps the children to gain maturity and grow through overcoming the risk factors (Araújo et al., 2021).
- The main role of The parents is important as the support from the parents helps to encourage the children to manage and control risk
- It is necessary to make elements for risk assessment which players and make sure to increase the awareness among the students and also educate the potential improvement which can be showed by the student at the time of managing the risk factors.
- Under the monitor of the support workers, various activities are necessary to assign among the children on the campus which encourage the children to face the hazards and also implement potential assessments through which mitigation can be done to the hazard.
- It is necessary to offer opportunities to children with all kinds of abilities through which it helps play in approaching various activities and share ideas to overcome various risk factors.
- Encourage social communication skills and language to help in increasing the opportunities towards development where children can share their interests and ideas for overcoming the risk factors.

## Question 4.1

Young children always face accidents and illness issues frequently. the support workers are necessarily required to take responsibility for dealing with these issues through the application of policies and procedures which are adjusted with the settings. There is the presence of various sign of illness that the child suggest might be ill or injured through providing the science such as, unable to walk properly, vomiting, diarrhoea, sweating, pale face, rashes, high pitch screaming or crying and many more. in

terms of symptoms it includes, dizziness, disturbance while seeing, filling faint, pain and many more. For identification of Science and symptoms for the injury, it can detect fractures and breaks, acute pain, bleeding and many more. Hence in this case it is necessary to provide first aid anticipation, where the support worker must be working in the nursery and can able to provide first aid application and care to the children. In terms of any kind of fracture or a break, doctors must be called immediately and the child must be light down in a straight position. Schools must take the step of immediate action for evacuation at the time of any emergencies or fire accidents. The regular practice of fire drills is necessary to include among the students through which at the time of emergency evacuation can be done easily.

### Question 4.2

It is necessary for the support worker must be ever regarding the correct policies and procedures in terms of reporting accidents, injuries or signs of illness. At the time of any accident the record must be represented verbally to the senior management and first aid must be given to the affected person. It is essential to record the information correctly and the acquired manners through which it can be kept as a representation of law for several years. Injuries and accidents must be recorded and passed through the school authority which can also be included as a part of the education process (Richards, 2019). The record can be provided as an example for future students and can apply as a risk factor which can be elaborated with protective measurement at the time. the support workers and the staff members are necessary to increase the awareness regarding the symptoms of common illness which is been seen among the children and respectively identify the signs of the illness among the children. According to the HSE and local authorities, it is necessary to provide advice and training to the staff members through which the risk factors can be managed and development resolution accordingly. The report record helps to prevent injuries and any kind of potential illness or accidental cases. For any major illness report and record helps to provide



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