

# UPDAAN



## 2025

Pookies 

## Control and Coordination

Biology

Lecture - 05

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# Topics to be covered

- 1 Human endocrine system ✓
- 2 Feedback mechanism ✓
- 3 MCQ practice and Homework ✓



Neuron

Receptors

NMJ

Brain

Cranial

- ① Meninges
- ② Cranium

Spinal

- ① Meninges
- ② Vertebral Column

① Cerebrum

② Diencephalon

Thalamus + hypothalamus

- Fore Brain
- Mid
- Hind Brain
  - + ① Cerebellum
  - + ② Pons
  - + ③ Medulla



## Q. Think and answer

#Q. The outermost layers of meninges is(W.B./NTSE stage-I 2015)

- ☐ A Myelin membrane
- ☐ B Arachnoid mater
- ☒ C Dura mater
- ☐ D Pia mater

D → Dura Mater  
 A → Arachnoid Mater  
 P → Pia Mater

CSF



Q.

Think and answer

Olfactory receptors



#Q. When we smell a flower, which one of the following first receives the scent?  
(Orrisa/NTSE Stage-1/Control coordination/2013)

A

Dendrite of motor neuron

B

Dendrite of sensory neuron

{ Receptor → CNS }

C

~~Axon of motor neuron~~ ✗

D

~~Axon of sensory neuron~~ ✗





## Q. Think and answer

Which of the following activity will not be controlled by medulla ?

- ☐ A Maintenance of posture while driving a bike {Cerebellum}
- ☐ B Solving a mathematics equation {Cerebrum}
- ☐ C Salivation seeing upon tasty food {Medulla}
- ☒ D Both A and B



# CONTROL AND COORDINATION



```
graph TD; A[CONTROL AND COORDINATION] --> B[NERVOUS SYSTEM]; A --> C[ENDOCRINE SYSTEM]; B --> D["(Associated with Neurons)"]; C --> E["(Associated with Hormones)"];
```

A hierarchical flowchart with a central title box at the top. A vertical line descends from the title box and splits into two horizontal lines, each leading to a box below. From each of these boxes, another vertical line descends to a final box at the bottom. The boxes are yellow with black text. There are green checkmarks to the left of the top box and pink checkmarks to the left of the middle boxes. The bottom boxes have pink circles around the words 'Neurons' and 'Hormones', with an arrow pointing from the 'ENDOCRINE SYSTEM' box to the 'Hormones' circle.

NERVOUS SYSTEM

(Associated with Neurons)

ENDOCRINE SYSTEM

(Associated with Hormones)





THEMETAPICTURE.COM



A hormone called **adrenaline** is released by the **adrenal glands** into the blood when the body is in a **stressful and emergency situation**







The following processes are carried out once adrenaline is released. → Hormones

- Increases heart beats (faster) ,
- Increases breathing rate .
- Increases blood flow towards the heart, liver, skeletal muscles.
- Increases levels of glucose and fatty acids in the blood.

↓ ↓  
Energy

Cope up  
With Stressful  
Situation

→ Muscles

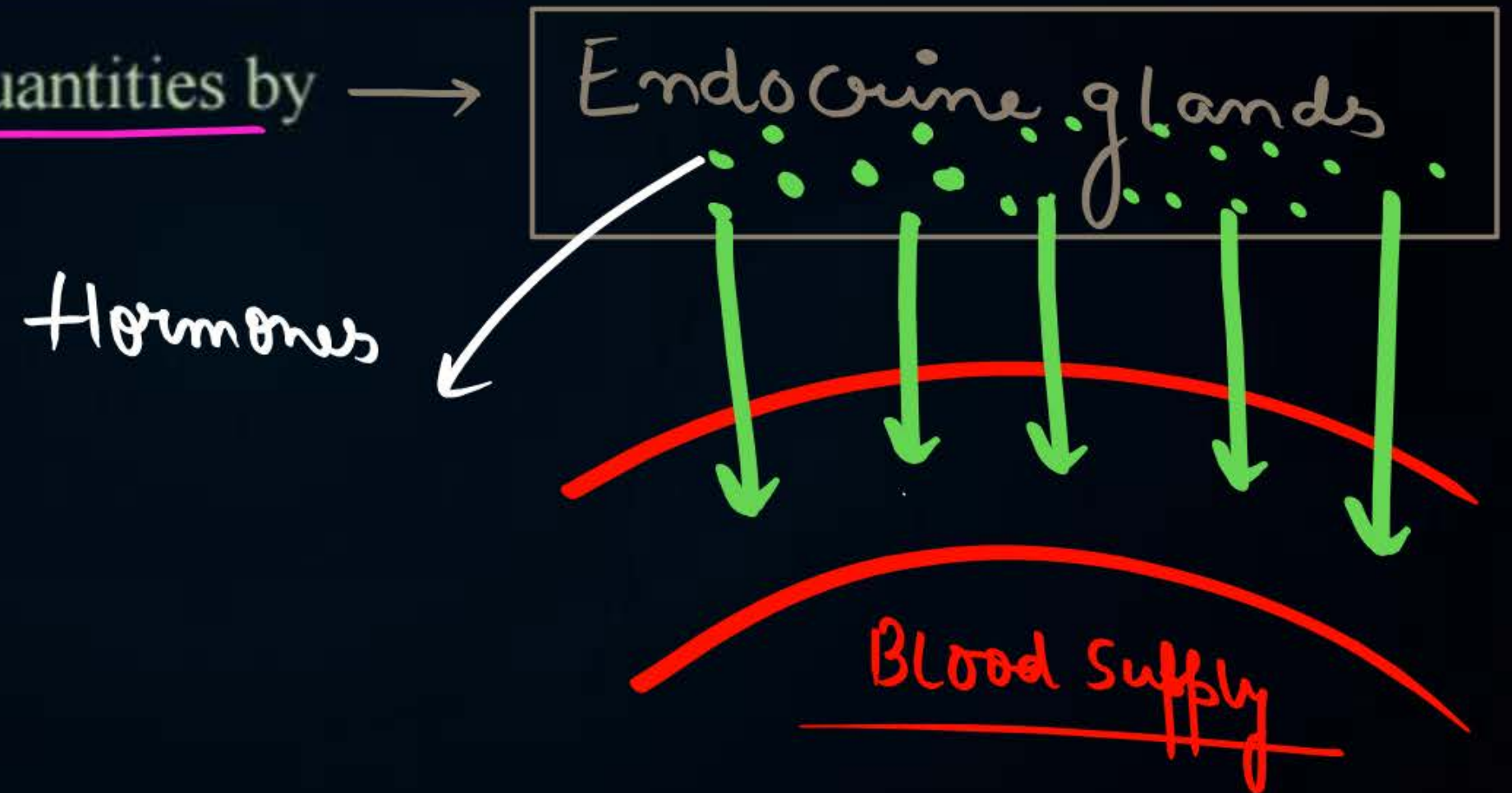


# WHAT ARE HORMONES ?



'Hormones are chemical substances that act like messenger molecules in the body '

- Hormones are secreted in small quantities by →



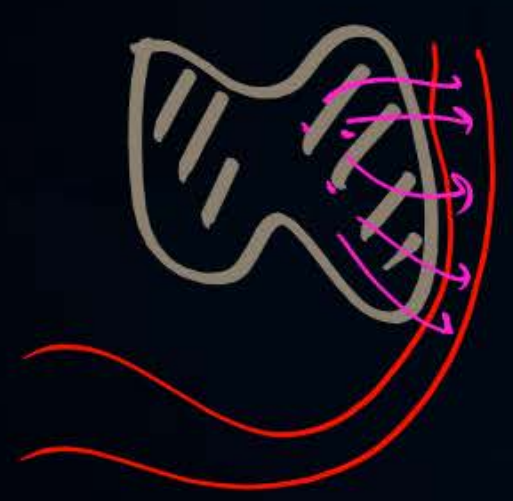
# Types of glands

Hormone

Endocrine gland

(Duct-Less glands)

- Secretes "Hormone"



Exocrine gland

(Duct-glands).

↳ Tube

- Secrete Saliva, Sweat, tears, milk, digestive juice







Endocrine Glands	Exocrine Glands
------------------	-----------------

Ducts	
-------	--

Do not have ducts	Have ducts
-------------------	------------

Route of Secretion	
--------------------	--

Secretory products are released directly into the bloodstream, eventually reaching the target organ	Secretory products are released to an internal organ or the external surface through a duct
---	---

Secretory Products	
--------------------	--

Hormones	Sweat, enzymes, tears, milk
----------	-----------------------------

Examples	
----------	--

Thyroid glands, Pituitary glands, Adrenal glands	Salivary glands, Sweat glands, Pancreas, Liver
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# Human Endocrine system

Made up of various  
Endocrine glands



Hormone

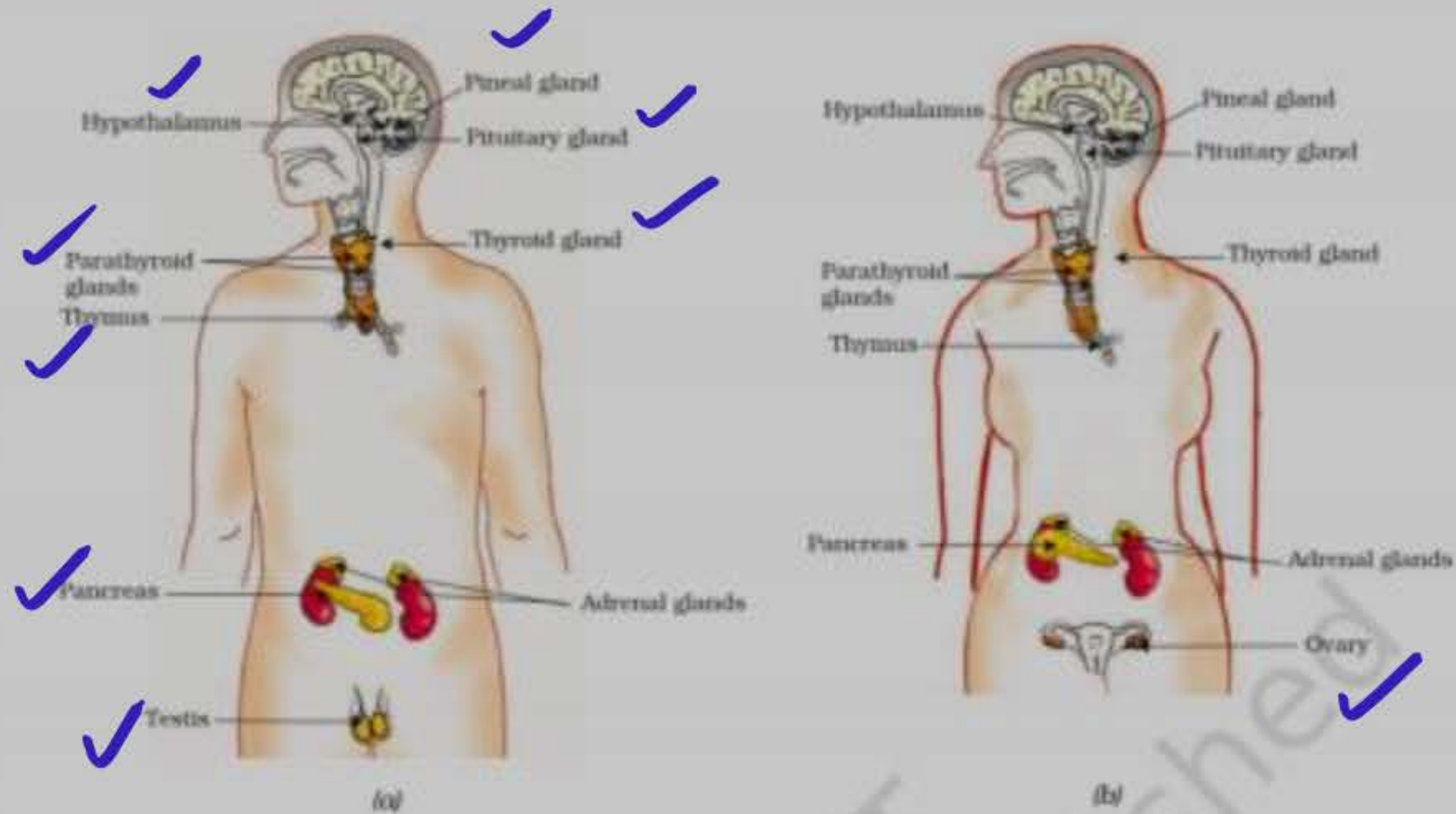
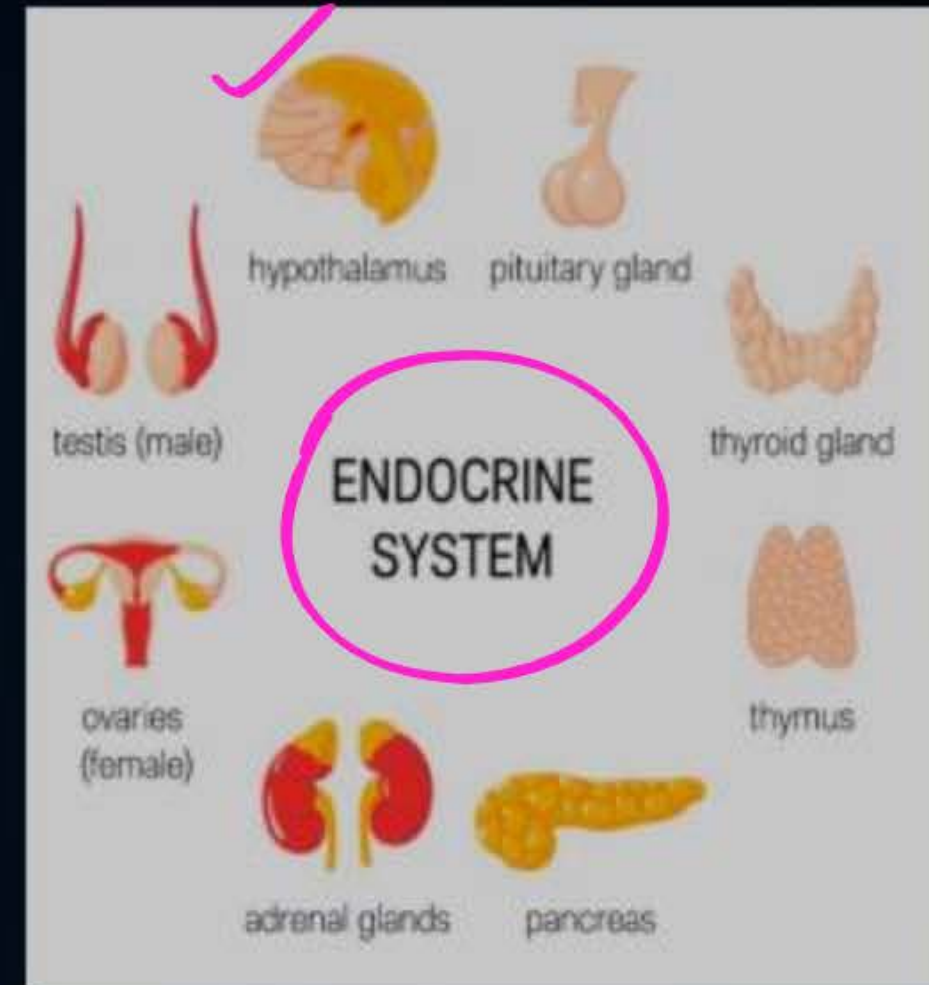
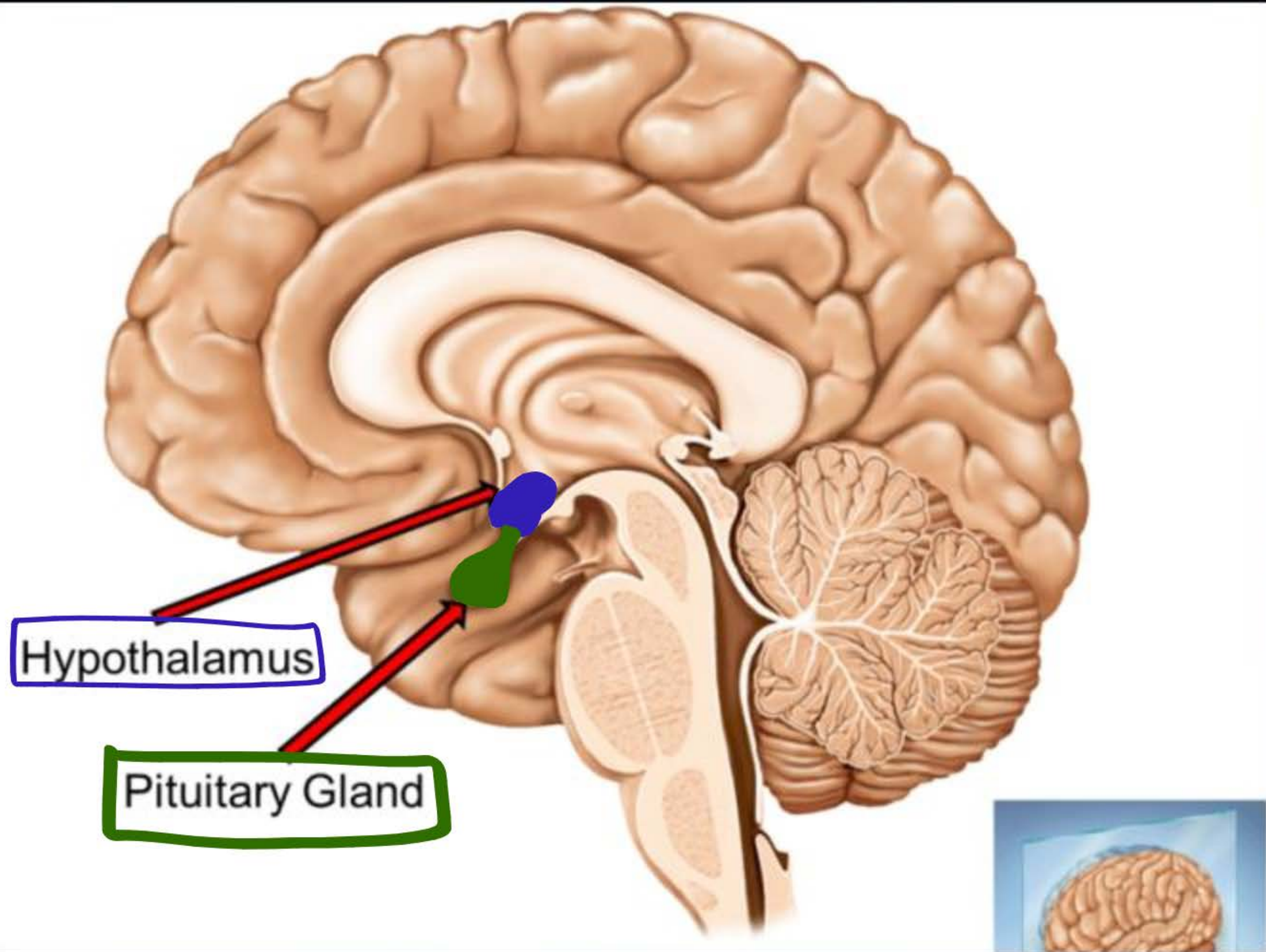


Figure 7.7 Endocrine glands in human beings (a) male, (b) female





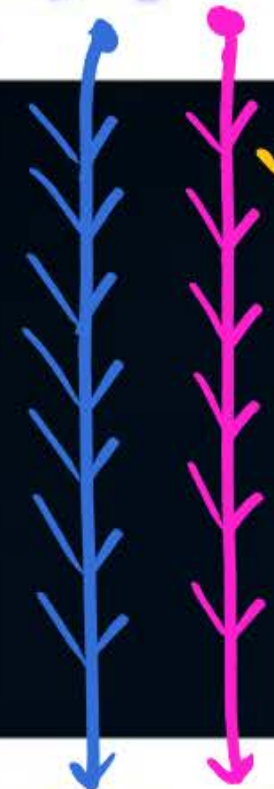




Control Centre

of Endocrine System →

**Hypothalamus**



"Releasing hormones" produced by hypothalamus Stimulates pituitary gland to secrete hormones

**Pituitary Gland**



Also Called

"Master gland"



An illustration of a person with orange hair, wearing a black suit and a black graduation cap, standing on a purple book. A green and blue globe is positioned behind them.

# Hypothalamus

Hypothalamus influences a number of your body's functions, including:

- Temperature regulation ✓
- Food intake ✓
- Sleep and wakefulness ✓
- Thirst ✓
- Emotional behaviour ✓



# Pituitary Gland

→ "Master gland"



(GH)

• **Growth hormone -**

\*\*\*\*

→ Control normal growth & development

Anti-Diuretic hormone.

• **Vasopressin / ADH -**

→ Control volume of urine by controlling reabsorption of water

• **Oxytocin-**

• Child birth

• Release of milk from mammary glands



## Growth hormone

Hypo Secretion of GH

Below/Less

"Dwarfism"



Hyper Secretion of GH

More/high

"Gigantism"

Dwarfism results due to

dwarf.

- ☐ A Excess secretion of thyroxin
- ☒ B Less secretion of growth hormone
- ☐ C Less secretion of adrenaline
- ☐ D Excess secretion of growth hormone

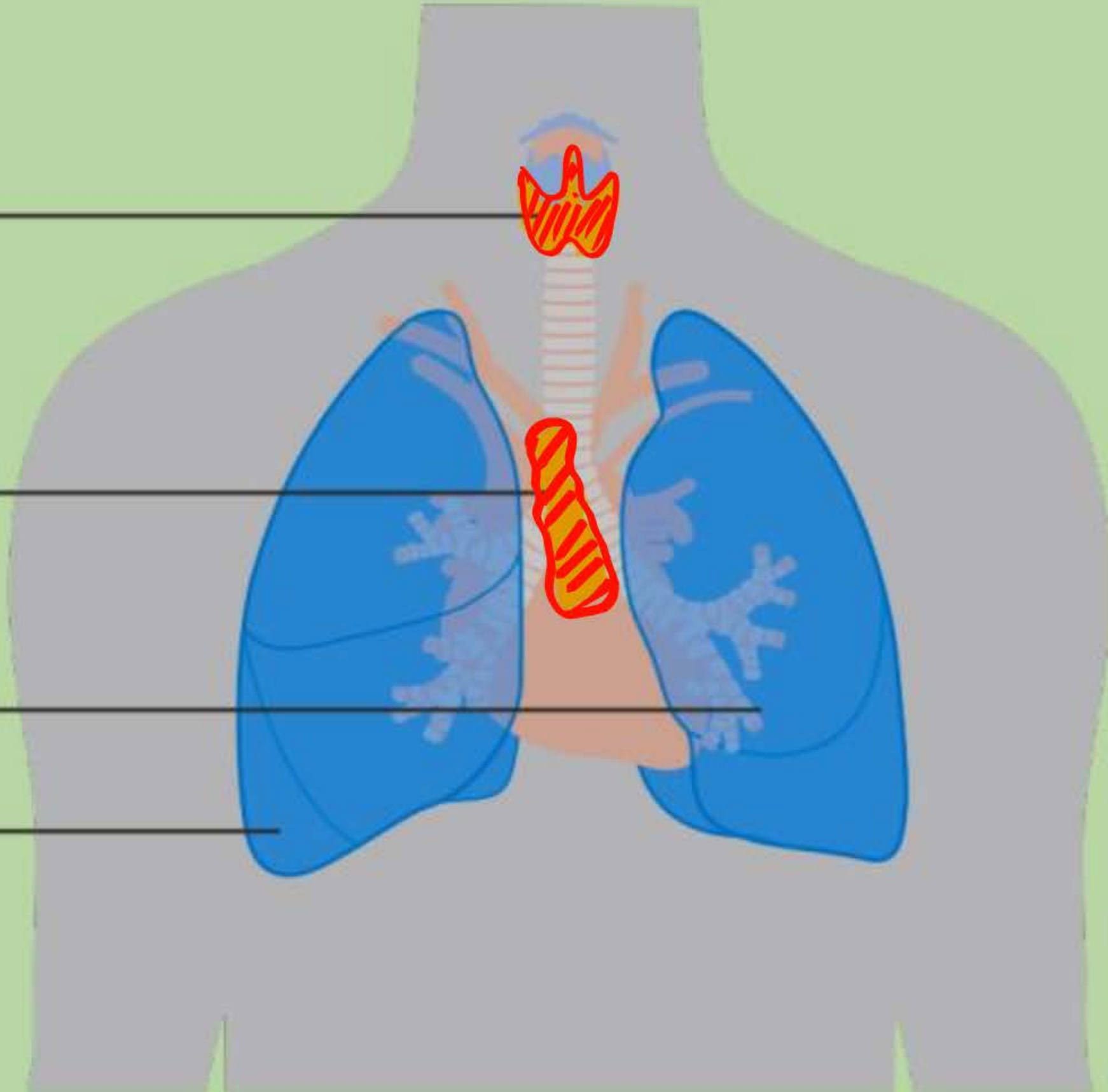


Thyroid  
gland

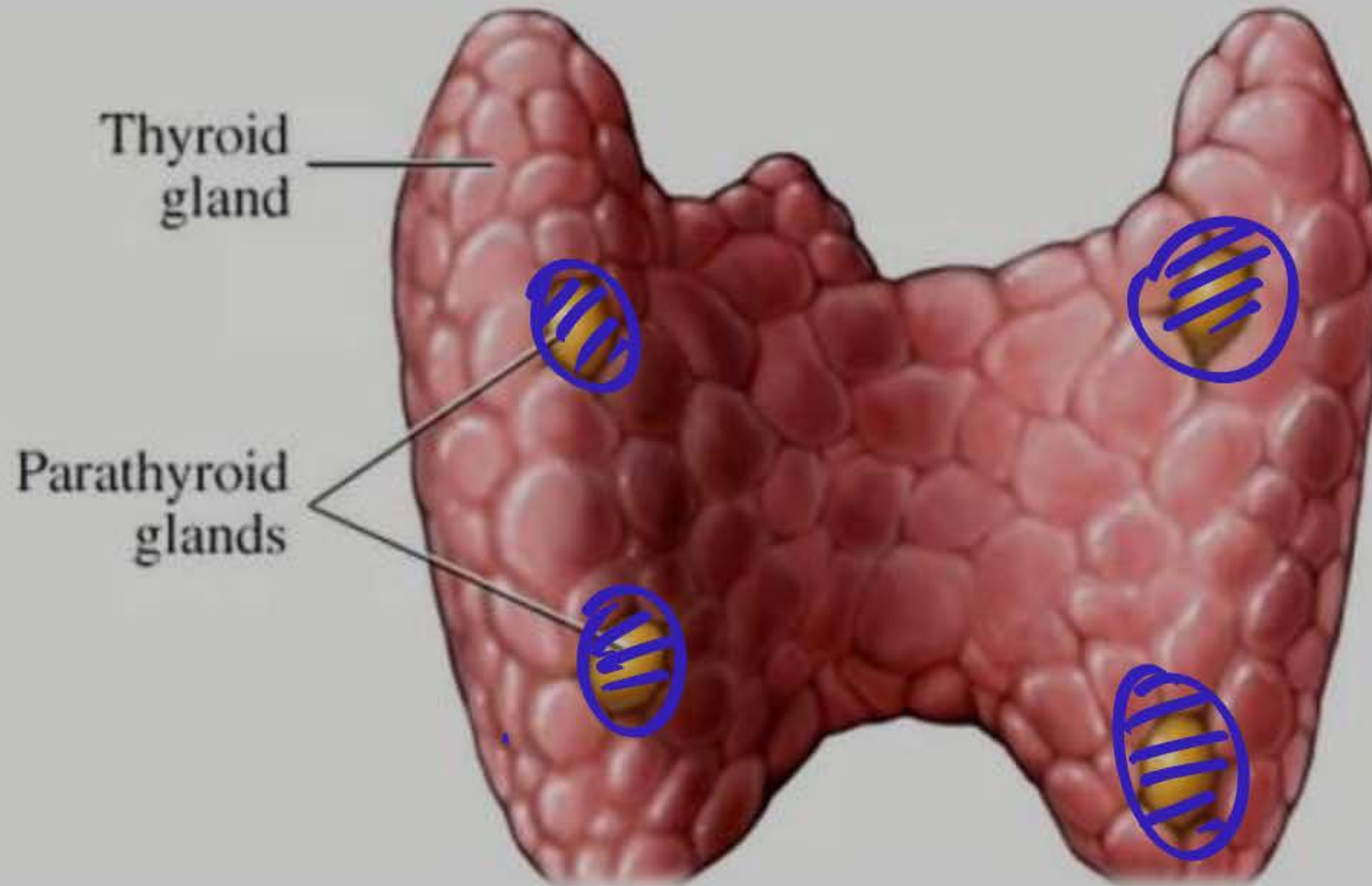
Thymus

Right lung

Left lung



# Thyroid and Parathyroid Gland







## Thyroid Gland



Thyroxine : Controls metabolism of carbohydrates, Proteins and fats  
(Thy hormone)

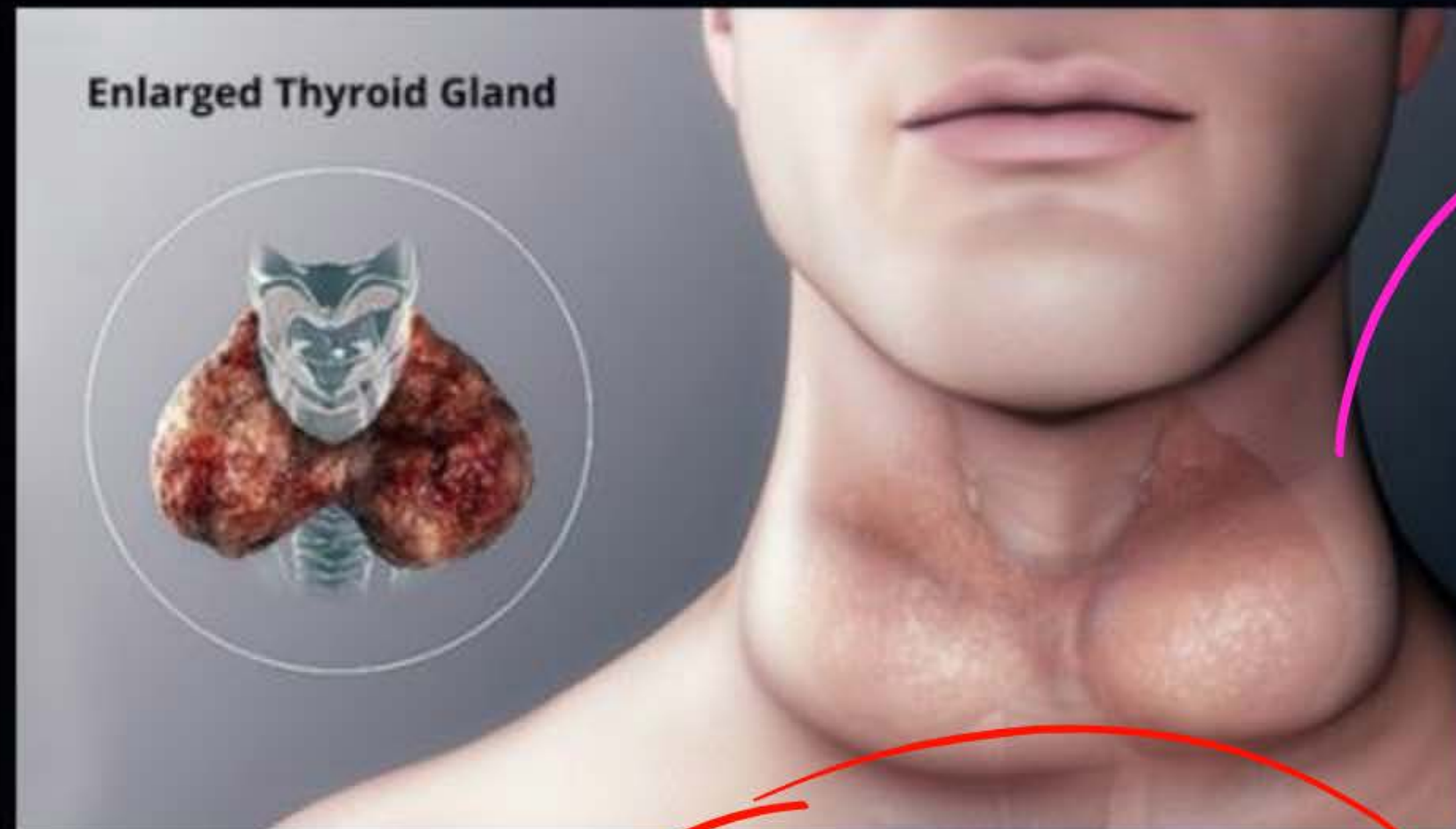
## Parathyroid Gland



Parathormone : Control levels of calcium and phosphorous in blood  
(PTH)

#Ch!

Enlarged Thyroid Gland



goitre

Enlargement of  
Thyroid gland

Deficiency of iodine  
it leads to a disease  
called goitre





→ Advised to Consume  
"Iodised Salt"





## Thymus

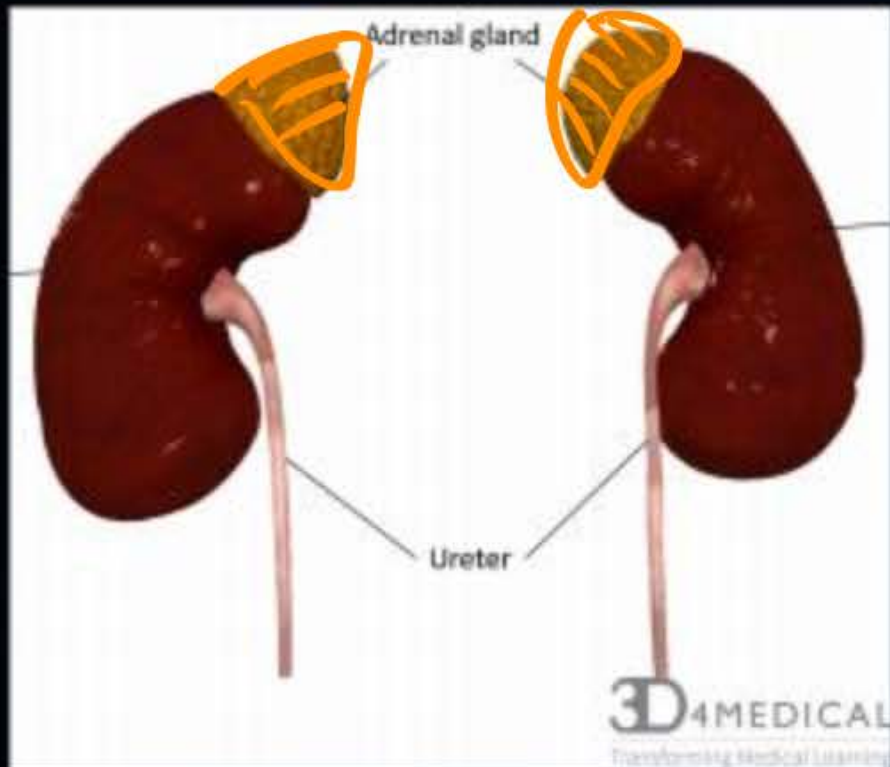
- **Thymosin** : Helps in maturation of T lymphocytes

↳ A type of white blood cells

↓  
Immunity



# Adrenal Gland



"Kidney-hat glands"



Adrenal gland.

Adrenaline hormone  
or  
Epinephrine

Help us to Cope up With  
the Stressful / Emergency  
Situations.



# Pancreas



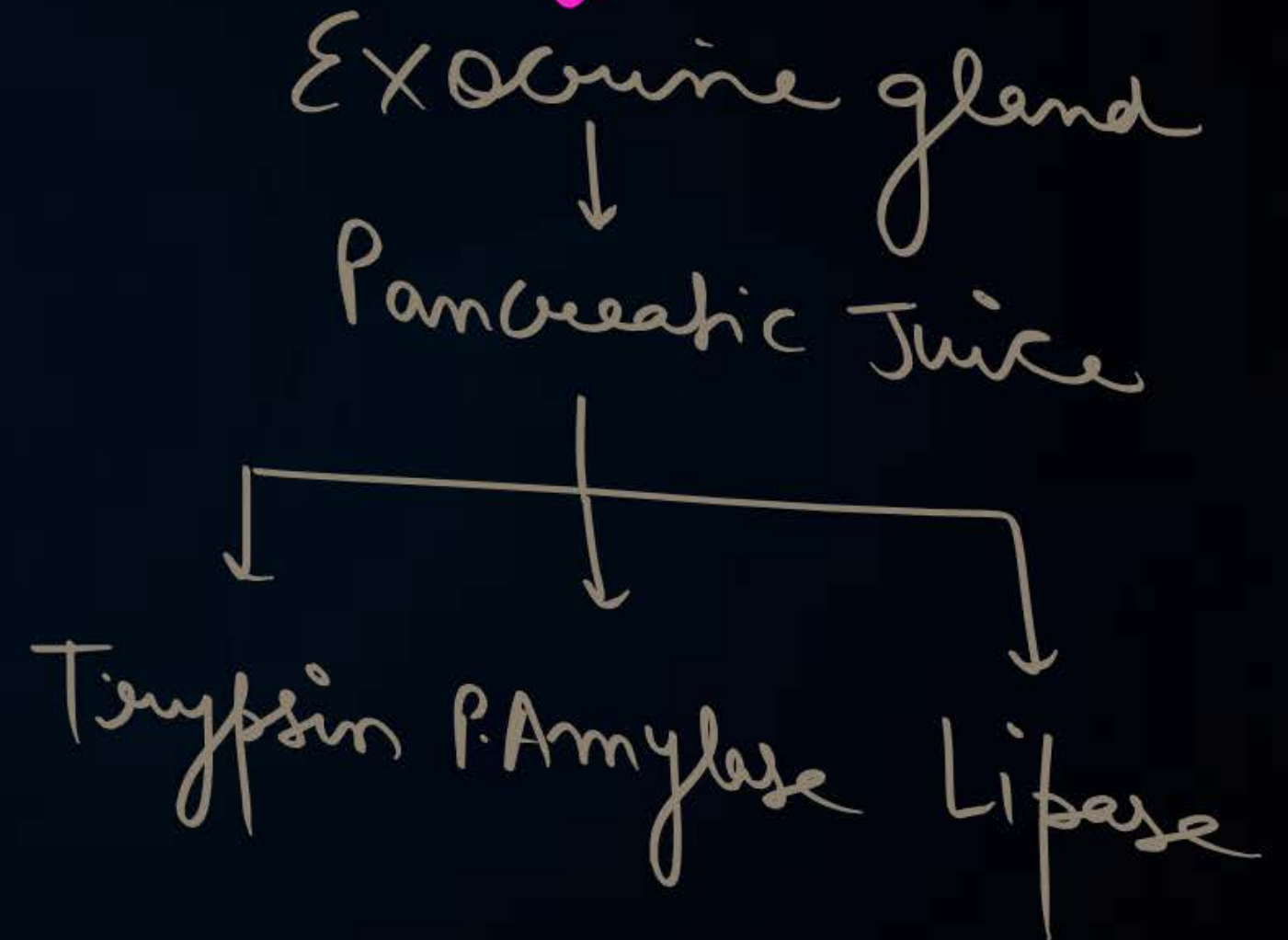
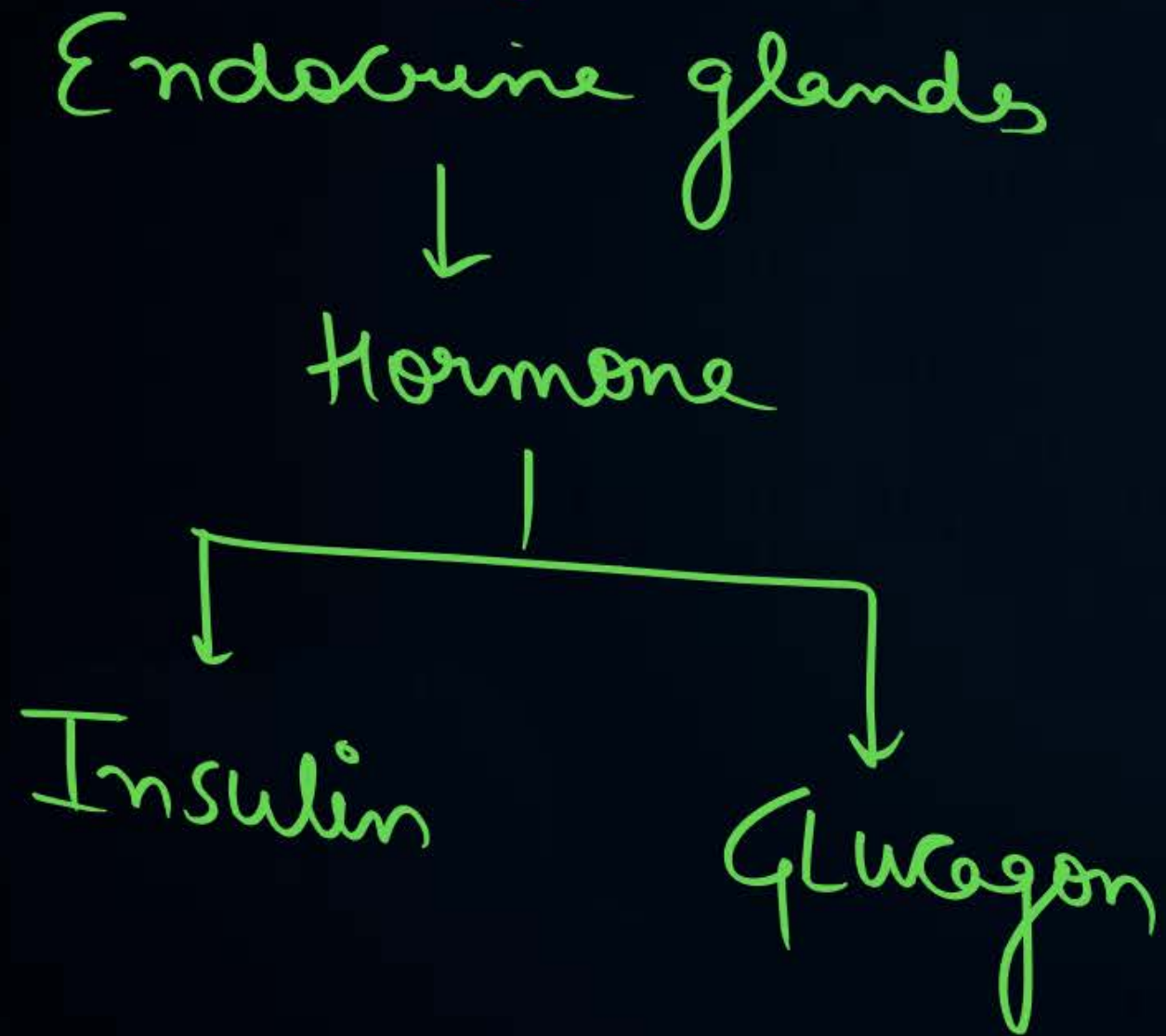
(Dual gland / Mixed gland / Heterocrine gland)

{ Testis  
Ovary }

- They act as both Endocrine & exocrine gland.



# Pancreas



# Pancreas

Insulin

- Lowers down the blood glucose/sugar level

Glucagon

- Increases blood glucose/sugar levels.





Pancreeases are not able to produce "insulin" / Less insulin is produced

Diabetes mellitus

(Hyper-glycemia)

→ Diseases Caused due to increased higher level of glucose in blood.

## Question



A patient is being given an injection of insulin. Which of the organ is likely to be affected ?

Pancreas  
↓  
insulin  
↓  
Lower down  
blood glucose

- A Ovaries
- B Thyroid gland
- C Hypothalamus
- D Pancreas ✓





# Testis

(Male)



→ A pair of Testis { Sex organs of male }

## ① Testosterone //

- Production of Sperm Cells
- Development of Secondary Sexual Characters



# Ovary



→ A pair of Ovaries { sex organ of females }

① Oestrogen

→ Control Menstrual Cycle.

→ Development of Secondary Sexual Characters

② Progesterone

→ Role in pregnancy.





Gland	Hormone	Function
Hypothalamus	Releasing hormones	Stimulates pituitary gland to release hormones
Pituitary gland	Growth hormone	Body growth, development of bones & muscles (if excess-Gigantism) (if less- Dwarfism)
Thyroid gland	Thyroxine	Regulates carbohydrate, protein \ fat metabolism (if less iodine intake - Goitre)
Pancreas	insulin & Glucagon	Regulates blood sugar levels (if less - diabetes is caused)
Adrenal gland	Adrenaline	Prepare body to cope with emergency situations.
Testes in males	Testosterone	Development of secondary male characters the deep voice, beard, and sex organs
Ovaries in females	Oestrogen and progesterone	Development of secondary female characters like mammary glands, menstrual cycle and sex organs. Maintenance of pregnancy

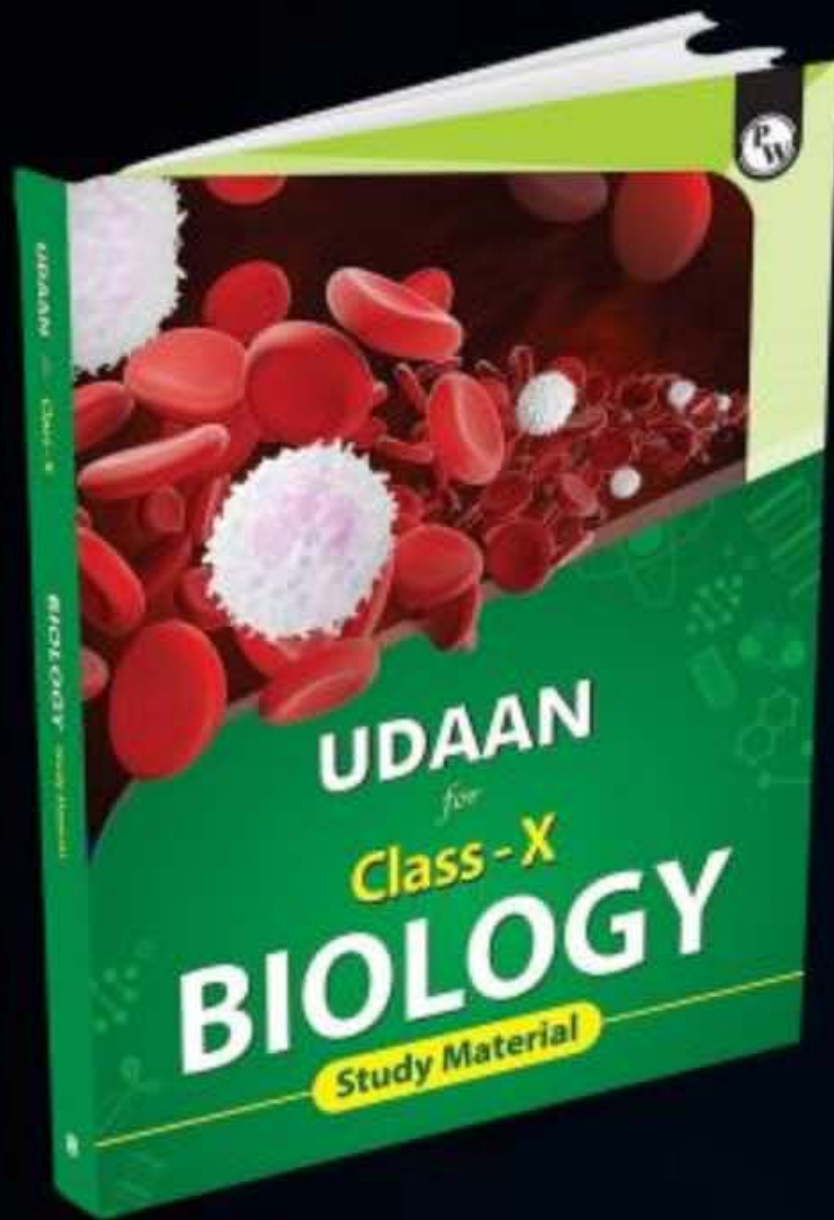


Which gland is not present in pair ?

- A** Testis
- B** Ovaries
- C** Thyroid gland
- D** Salivary gland

H.W





# Homework



FROM PW MODULE  
( Udaan - CLASS 10 )

PAGE : 92 - Q-2 , Q-4

An illustration of a young student with orange hair, wearing a black graduation cap and gown, standing on a purple book. A large green and blue globe is positioned behind the student.

## Question of the Day

Example of gaseous plant hormone ?



## Activity 7.4

- Hormones are secreted by endocrine glands and have specific functions. Complete Table 7.1 based on the hormone, the endocrine gland or the functions provided.

**Table 7.1 : Some important hormones and their functions**

S.No.	Hormone	Endocrine Gland	Functions
1.	Growth hormone	Pituitary gland	Stimulates growth in all organs
2.		Thyroid gland	Regulates metabolism for body growth
3.	Insulin		Regulates blood sugar level
4.	Testosterone	Testes	
5.		Ovaries	Development of female sex organs, regulates menstrual cycle, etc.
6.	Adrenaline	Adrenal gland	
7.	Releasing hormones		Stimulates pituitary gland to release hormones

{ DNA - ✓  
NCERT - ✓ }

THANK  
YOU

