



UDAAN 2025

TRIGONOMETRY (Level - 01)

Practice Sheet

Prove the following trigonometric identities:

✓1. $(1 - \cos^2 A) \operatorname{cosec}^2 A = 1$

✓2. $\tan^2 \theta \cos^2 \theta = 1 - \cos^2 \theta$

✓3. $\operatorname{cosec} \theta \sqrt{1 - \cos^2 \theta} = 1$

✓4. $(\sec^2 \theta - 1)(\operatorname{cosec}^2 \theta - 1) = 1$

✓5. $\tan \theta + \frac{1}{\tan \theta} = \sec \theta \operatorname{cosec} \theta$

✓6. $\frac{\cos \theta}{1 - \sin \theta} = \frac{1 + \sin \theta}{\cos \theta}$

✓7. $\sin^2 A + \frac{1}{1 + \tan^2 A} = 1$

✓8. $\sqrt{\frac{1 - \cos \theta}{1 + \cos \theta}} = \operatorname{cosec} \theta - \cot \theta$

✓9. $\frac{1 - \cos \theta}{\sin \theta} = \frac{\sin \theta}{1 + \cos \theta}$

✓10. $\frac{1 - \sin \theta}{1 + \sin \theta} = (\sec \theta - \tan \theta)^2$

✓11. $\frac{(1 + \cot^2 \theta) \tan \theta}{\sec^2 \theta} = \cot \theta$

✓12. $\tan^2 \theta - \sin^2 \theta = \tan^2 \theta \sin^2 \theta$

✓13. $(\sec \theta + \cos \theta)(\sec \theta - \cos \theta) = \tan^2 \theta + \sin^2 \theta$

✓14. $\sec A(1 - \sin A)(\sec A + \tan A) = 1$

✓15. $(\operatorname{cosec} A - \sin A)(\sec A - \cos A)(\tan A + \cot A) = 1$

✓16. $\sin^2 A \cot^2 A + \cos^2 A \tan^2 A = 1$

✓17. $\cot \theta - \tan \theta = \frac{2 \cos^2 \theta - 1}{\sin \theta \cos \theta}$

✓18. $\frac{\cos^2 \theta}{\sin \theta} - \operatorname{cosec} \theta + \sin \theta = 0$

✓19. $\frac{1}{1 + \sin A} + \frac{1}{1 - \sin A} = 2 \sec^2 A$

✓20. $\frac{1 + \sin \theta}{\cos \theta} + \frac{\cos \theta}{1 + \sin \theta} = 2 \sec \theta$ [NCERT]

✓21. $\frac{(1 + \sin \theta)^2 + (1 - \sin \theta)^2}{2 \cos^2 \theta} = \frac{1 + \sin^2 \theta}{1 - \sin^2 \theta}$

22. $\frac{1 + \tan^2 \theta}{1 + \cot^2 \theta} = \left(\frac{1 - \tan \theta}{1 - \cot \theta} \right)^2 = \tan^2 \theta$ [NCERT]

23. $\frac{1 + \sec \theta}{\sec \theta} = \frac{\sin^2 \theta}{1 - \cos \theta}$ [NCERT]

✓24. $\frac{(1 + \tan^2 \theta) \cot \theta}{\operatorname{cosec}^2 \theta} = \tan \theta$

✓25. $\frac{1 + \cos A}{\sin^2 A} = \frac{1}{1 - \cos A}$

✓26. $\frac{\sec A - \tan A}{\sec A + \tan A} = \frac{\cos^2 A}{(1 + \sin A)^2}$

✓27. $\frac{1 + \cos A}{\sin A} = \frac{\sin A}{1 - \cos A}$

✓28. $\sqrt{\frac{1 + \sin A}{1 - \sin A}} = \sec A + \tan A$



$$\checkmark 29. \sqrt{\frac{1-\cos A}{1+\cos A}} + \sqrt{\frac{1+\cos A}{1-\cos A}} = 2 \operatorname{cosec} A$$

$$\checkmark 30. (\sec A - \tan A)^2 = \frac{1-\sin A}{1+\sin A}$$

$$\checkmark 31. \frac{1}{\sec A - 1} + \frac{1}{\sec A + 1} = 2 \operatorname{cosec} A \cot A$$

$$\textcircled{32.} \frac{\tan A + \tan B}{\cot A + \cot B} = \tan A \tan B$$

$$\checkmark 33. \tan^2 A \sec^2 B - \sec^2 A \tan^2 B = \tan^2 A - \tan^2 B$$

Answer Key

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