

2016:1



COASTAL SKIN CARE  
MADE IN SWEDEN

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L:A BRUKET



# COASTAL WAY OF LIFE

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A coastal way of life is one of constant change. The harsh sun and salt water, along with hard rains and volatile winds shape not only the landscape, but also the people who call this place home. We don't see this unpredictable life as a battle ground where we try and shut out or tame these forces, instead, we embrace this close relationship. We choose to be shaped by it.

At L:a Bruket we hold this relationship as a guiding principal. From our products and treatments, to stores and experiences, we believe this coastal way of life is for everyone. From fishermen and wave-chasing surfers to city dwellers and globetrotters, people are drawn to the coast for their own reasons.

This close connection means we shun the idea that nature is a force to be dominated, or a force that is absent in these modern times. Instead, this places new demands and challenges on how we work with nature to find solutions that help both sides.

Searching for these solutions continues to inspire and shape L:a Bruket. Check back from time to time to see what we find along the way.



## NATURAL INGREDIENTS

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The landscape of natural, organic, vegan and non-toxic skincare can be confusing to navigate. At L:a Bruket we believe that the best approach to this is to be transparent about the ingredients and components in our products.

Working with medicinal plants, essential oils and raw ingredients, from both land and sea, we strive to keep our ingredients as organic and environmentally friendly as possible.

Our close relationship to the coast means that we work with nature, rather than industrialize it, to find ingredients that yield the best results. As nature is in constant change, affected by sun, rain, wind and soil conditions, we mix our products by hand to ensure we optimize our ingredients and the benefits they will provide you.



## THE SEAWEED HARVEST

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Every morning our seaweed is harvested from the cold coastal shores of the Kattegatt Sea between Sweden and Denmark. The process is done by hand, and the seaweed is then taken ashore to be dried in open air sheds, as is the tradition of the area.

For centuries people have harvested seaweed as a part of the coastal way of life, adding it to restorative and soothing baths as a health remedy. Salt and seaweed are key ingredients as they revitalize and nurture our skin, as well as fuel our soul, giving us a renewed sense of energy and well-being through an intimate connection to the sea.

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# SPA PRODUCTS

Bathing in salt or seaweed are two of our oldest health cures and Spa treatments, used for centuries and still used to this day, to soften the skin and revitalize body and soul.



**Nº 001**  
**SALT BATH**  
**MARIGOLD/ORANGE/GERANIUM**  
PRODUCT: A traditional, organic health cure with marigold, roses, lavender, unbleached sea salt and essential oils of marigold, orange and geranium. With a handful (50-100g) of this salt you will get a scented, relaxing and softening "kurbad", a Spa treatment in your home.  
VOL/WEIGHT: Approx 450 gr (SKU 10001)



**Nº 065**  
**SALT BATH**  
**MINT**  
PRODUCT: One of our oldest health cures. Add a handful (50-100g) of this organic bath salt to the water and enjoy a mint scented, healing and energizing soak that reduces stress, stimulates and improves concentration.  
VOL/WEIGHT: Approx 450 gr (SKU 10171)



**Nº 136**  
**KATTEGATT SEA SALT**  
PRODUCT: A rare, natural sea salt extracted from the waters outside the west coast of Sweden. Harvested, carefully cleaned and sifted by hand with traditional methods. Use the Kattegatt salt to get the most genuine, authentic, traditional Swedish Spa bath possible. Use it in the bath tub for your full body or as a relaxing soak for your feet.  
MAIN INGREDIENT: Sea salt cleans, stimulates and softens your skin.  
VOL/WEIGHT: Approx. 450 gr (SKU 10514)



**Nº 051**  
**SEAWEED BATH**  
PRODUCT: This box contains enough dried serrated wrack [Fucus serratus] for a seaweed bath in a normal size bathtub. The seaweed has been traditionally harvested by hand in the waters outside of Varberg on the west coast of Sweden and then dried naturally. Seaweed has long been used in Spa baths and is believed to stimulate blood circulation, relax stiff muscles and relieve aches and pains, irritation of the skin and sunburn.  
MAIN INGREDIENT: Seaweed adds nourishing minerals and has detoxing properties. It is known to calm skin irritations and to stimulate circulation.  
VOL/WEIGHT: Approx 380 gr (SKU 10087)



**Nº 090**  
**SEA SALT**  
PRODUCT: Natural sea salt to add to the Seaweed bath or to use as a plain bath salt for your body or for your feet. Stimulating and softening.  
VOL/WEIGHT: Approx 300 gr (SKU 10177)

# OILS AND SCRUBS

Luxurious, mild and highly competent organic oils and scrubs that nourishes your skin quickly and efficiently.



Nº 132

## BODY OIL

### CORIANDER/BLACK PEPPER

**PRODUCT:** Energizing and nourishing organic body oil for normal to oily skin with essential oils from coriander and black pepper seeds that has astringent and cleansing properties. Use it all over your body instead of a body lotion, as a massage oil or in your bath.

**MAIN INGREDIENTS:** Coriander seed oil is one of the earliest aroma therapeutic herbs used for its stimulating, relaxing and warming effects. It also has bacteriostatic properties. Black pepper seed oil with its warming and stimulating properties also eases strained muscles. Hemp seed oil penetrates and nourishes the skin quickly. Macadamia nut oil heals and protects the skin and preserves moisture. Rapeseed oil absorbs easily and is nourishing, softening and protecting.

**VOL/WEIGHT:** 120 ml (SKU 10565)



Nº 046

## BODY OIL

### SAGE/ROSEMARY/LAVENDER

**PRODUCT:** Balancing organic body oil with essential oils from sage, rosemary and lavender that protects and softens the skin. Use it all over your body instead of a body lotion, as a massage oil or in your bath.

**MAIN INGREDIENTS:** Essential oils from sage, rosemary and lavender is balancing and calming. Avocado oil is a mild, nourishing and protecting oil that preserves moisture. Almond oil is calming as well as softening and protecting.

**VOL/WEIGHT:** 120 ml (SKU 10082)



Nº 130

## BODY OIL

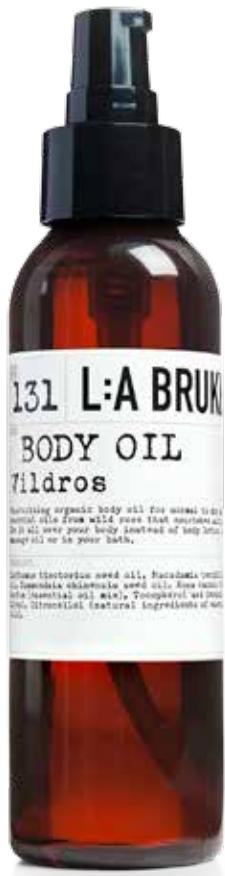
### BERGAMOT/PATCHOULI

**PRODUCT:** Organic body oil formulated for normal to dry skin with an essential oil mix of bergamot and patchouli that softens, nourishes and has stimulating as well as astringent properties. Use it all over your body instead of a body lotion, as a massage oil or in your bath.

**MAIN INGREDIENTS:** Bergamot eases, is cooling and has a slight exfoliating effect. Patchouli is calming, cleansing, astringent and healing. Almond oil is softening, protecting and calming. Jojoba oil has moisturizing, softening and protecting properties. Rapeseed oil absorbs easily and is nourishing, softening and protecting.

**VOL/WEIGHT:** 120 ml (SKU 10563)

# OILS AND SCRUBS



Nº 131

## BODY OIL WILD ROSE

**PRODUCT:** Moisturizing organic body oil for normal to dry skin with essential oil from wild rose that nourishes and moisturizes. Use it all over your body instead of a body lotion, as a massage oil or in your bath.

**MAIN INGREDIENTS:** Wild rose oil is softening, easily absorbed, rich on nourishment and stimulates cell renewal. Jojoba oil has moisturizing, softening and protecting properties. Macadamia nut oil is healing, protecting and preserves moisture. Rose hip oil is easily absorbed by the skin, nourishes and is known to stimulate cell production.

VOL/WEIGHT: 120 ml (SKU 10564)



Nº 047

## JOJOBA OIL NATURAL

**PRODUCT:** Natural, unscented, organic skin care oil that absorbs easily. Its softening and protective qualities make it perfect as a moisturizing night cream for wrinkled and damaged skin, cuticles, after shaving etc. A fantastic oil for all purpose use.

VOL/WEIGHT: 30 ml (SKU 10084)



Nº 133

## SEA SALT SCRUB WILD ROSE

**PRODUCT:** Refreshing organic body scrub. Still wet after the shower take a handful of the body scrub and massage it gently all over your body. The instant Spa treatment will exfoliate and nourish your skin. Rinse it off with water. The essential oil from wild rose nourishes and stimulates. The vegetable oils will protect and moisturize your skin.

**MAIN INGREDIENTS:** Sea salt is softening, cleansing and exfoliating. Wild rose oil is softening, easily absorbed, rich on nourishment and stimulates cell renewal. Rapeseed oil absorbs easily and is nourishing, softening and protecting. Macadamia nut oil is healing, protecting and preserves moisture.

VOL/WEIGHT: 350 ml (SKU 10567)



Nº 135

## SEA SALT SCRUB MARJORAM/EUCALYPTUS

**PRODUCT:** Invigorating organic body scrub. Still wet after the shower take a handful of the body scrub and massage it gently all over your body. The instant Spa treatment will exfoliate and nourish your skin. Rinse it off with water. The essential oils from eucalyptus and marjoram leaves stimulates and have healing, astringent and cleansing properties as well as a warming and relaxing effect. The vegetable oils will protect and moisturize your skin.

VOL/WEIGHT: 350 ml (SKU 10566)



Nº 063

## SEA SALT SCRUB SAGE/ROSEMARY/LAVENDER

**PRODUCT:** Balancing organic body scrub. Massage your wet skin gently with a handful of the salt scrub and rinse it off with water. Almond oil, olive oil and the essential oils give you a calming, exfoliating, moisturizing Spa treatment.

**MAIN INGREDIENTS:** Sea salt is softening, cleansing and exfoliating. Almond oil is softening, protecting and calming. Olive oil eases and nourishes. Essential oils from sage, rosemary and lavender are all light antiseptic and strengthens and calms your mind.

VOL/WEIGHT: 350 ml (SKU 10570)



Nº 134

## SEA SALT SCRUB CORIANDER/BLACK PEPPER

**PRODUCT:** Stimulating organic body scrub. Still wet after the shower take a handful of the body scrub and massage it gently all over your body. The instant Spa treatment will exfoliate and nourish your skin. Rinse it off with water. The essential oils from black pepper and coriander seeds stimulates and have astringent and cleansing properties as well as a warming and relaxing effect. The vegetable oils will protect and moisturize your skin.

**MAIN INGREDIENTS:** Sea salt is softening, cleansing and exfoliating. Coriander seed oil is one of the earliest aroma therapeutic herbs used for its stimulating, relaxing and warming effects. It also has bacteriostatic properties. Black pepper seed oil with its warming and stimulating properties also eases strained muscles. Rapeseed oil absorbs easily and is nourishing, softening and protecting. Macadamia nut oil is healing, protecting and preserves moisture.

VOL/WEIGHT: 350 ml (SKU 10568)

# LOTIONS AND BUTTERS

Our creams and lotions have preserved the natural characteristics of every ingredient in order to achieve the best possible effect. The rich scent brings your pampering experience to a whole new level.



N° 123

## BODY LOTION

### CORIANDER/BLACK PEPPER

**PRODUCT:** Stimulating body lotion for normal to dry skin. The essential oils from black pepper and coriander seeds stimulates and have astringent and cleansing properties. They also give a warming and relaxing effect.

**MAIN INGREDIENTS:** Coriander seed oil is one of the earliest aroma therapeutic herbs used for its stimulating, relaxing and warming effects. It also has bacteriostatic properties. Black pepper seed oil with its warming and stimulating properties also eases strained muscles. Coconut oil, cocoa butter and shea butter protects, is moisturizing and has a calming, healing effect on dry and irritated skin.

**VOL/WEIGHT:** 250 ml (SKU 10517)

N° 158

## BODY LOTION

### LEMONGRASS

**PRODUCT:** Activating body lotion for normal to dry skin. The essential oils of lemongrass and rosemary have stimulating and astringent properties that activates the skin. Coconut oil, cocoa butter and shea butter protects, is moisturizing and has a calming and healing effect on dry and irritated skin.

**MAIN INGREDIENTS:** Essential oil from lemongrass and rosemary has a cleansing, stimulating and bacteriostatic effect. Coconut oil, cocoa butter and shea butter protects, is moisturizing and has a calming and healing effect on dry and irritated skin.

**VOL/WEIGHT:** 250 ml (SKU 10636)



N° 093

## BODY LOTION

### BERGAMOT/PATCHOULI

**PRODUCT:** Astringent body lotion for normal to dry skin. It has essential oils from bergamot and patchouli that softens, nourishes and has stimulating as well as astringent properties.

**MAIN INGREDIENTS:** Bergamot peel oil eases, is cooling and has a slight exfoliating effect. Patchouli leaf oil is calming, cleansing, astringent and healing. Coconut oil, cocoa butter and shea butter protects, is moisturizing and has a calming, healing effect on dry and irritated skin.

**VOLUME:** 250 ml (SKU 10223)



N° 127

## BODY LOTION

### LAUREL LEAF

**PRODUCT:** Healing body lotion with essential oils from laurel leaf, cedarwood and bergamot that has active and stimulating properties especially suited for oily skin. These oils are traditionally used within aromatherapy to strengthen concentration and creativity.

**MAIN INGREDIENTS:** Essential oil mix from laurel leaf has cleansing, bacteriostatic and calming properties. Cedarwood has antiseptic and calming properties. Bergamot eases, is cooling and has a slight exfoliating effect. Coconut oil, cocoa butter and shea butter protects, is moisturizing and has a calming and healing effect on dry and irritated skin.

**VOL/WEIGHT:** 250 ml (SKU 10569)



N° 113

## BODY LOTION

### WILD ROSE

**PRODUCT:** Refreshing body lotion for normal to dry skin with oil of wild rose that has a refreshing and mind calming scent.

**MAIN INGREDIENTS:** Wild rose oil is softening, easily absorbed, rich on nourishment and stimulates cell renewal. Coconut oil, cocoa butter and shea butter protects, is moisturizing and has a calming, healing effect on dry and irritated skin.

**VOLUME:** 250 ml (SKU 10509)



N° 126

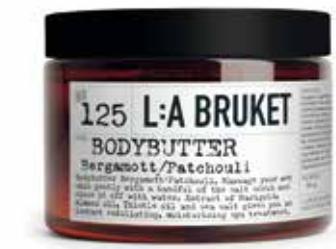
## BODY BUTTER

### BERGAMOT/PATCHOULI

**PRODUCT:** Astringent body butter with oil from wild rose that has a refreshing and mind calming scent while organic waxes and oils protects, calms and stimulates.

**MAIN INGREDIENTS:** Wild rose oil is softening easily absorbed, rich on nourishment and stimulates cell renewal. Cocoa butter is protecting and moisture preserving. Babassu seed oil is protecting, soothing and cooling. Bees wax protects, calms and preserves moisture. Shea butter protects, is moisturizing and has a calming, healing effect. Coconut oil is calming and protecting.

**VOL/WEIGHT:** 350 ml (SKU 10518)



N° 125

## BODY BUTTER

### BERGAMOT/PATCHOULI

**PRODUCT:** Astringent and stimulating body butter with bergamot and patchouli that softens and nourishes your skin. Organic waxes and oils protects, calms and stimulates.

**MAIN INGREDIENTS:** Bergamot peel oil eases, is cooling and has a slight exfoliating effect. Patchouli leaf oil is calming, cleansing, astringent and healing. Cocoa butter is protecting and moisture preserving. Babassu seed oil is emollient and moisturizes your skin. Bees wax protects, calms and preserves moisture. Shea butter protects, is moisturizing and has a calming, healing effect. Coconut oil is calming and protecting.

**VOL/WEIGHT:** 350 ml (SKU 10519)



N° 124

## BODY LOTION

### SAGE/ROSEMARY/LAVENDER

**PRODUCT:** Calming and balancing body lotion for normal to dry skin with essential oils from sage, rosemary and lavender that balances and softens the skin.

**MAIN INGREDIENTS:** Essential oils from sage, rosemary and lavender is balancing and calming. Coconut oil, cocoa butter and shea butter protects, is moisturizing and has a calming and healing effect on dry and irritated skin.

**VOL/WEIGHT:** 250 ml (SKU 10516)

# LOTIONS AND BUTTERS



Nº 095

## FOOT CREAM

### THYME/MARJORAM

**PRODUCT:** Foot cream that softens dry and rough patches of skin. Shea butter protects and moisturizes and the essential oils stimulates and cleans.

**MAIN INGREDIENTS:** Shea butter and coconut oil moisturizes, nourishes and protects. They have an antiseptic effect and treats thick and dried out skin. Meadowfoam is astringent, nourishing and rich in Omega 6 and 9. Comfrey is astringent, moisturizing and known to ease and heal small scratches and sunburn. Essential oils from thyme has an old tradition as skin medication and marjoram is antiseptic and an active antioxidant.

**VOL/WEIGHT:** 70 ml (SKU 10243)



Nº 016

## SHEA BUTTER

### NATURAL

**PRODUCT:** All natural, unscented, organic shea butter. Naturally oily, protective, preventive, moisture preserving and will slowly be absorbed by the skin. Efficient when used on dry, chapped and irritated skin, as an after shave or as a night cream.

**VOL/WEIGHT:** 100 ml (SKU 10019)



Nº 129

## HAND CREAM

### CORIANDER/BLACK PEPPER

**PRODUCT:** Hand cream for dry and chapped skin that protects and moisturizes. The essential oils from black pepper and coriander seeds stimulates and have astringent, cleansing properties as well as a warming and relaxing effect.

**MAIN INGREDIENTS:** Shea butter and coconut oil moisturizes, nourishes and protects. They have a slight antiseptic effect and treats dried out skin. Meadowfoam is astringent, nourishing and rich in Omega 6 och 9. Comfrey is astringent, moisturizing and known to ease and heal small scratches and sunburn. Essential oils from black pepper and coriander seeds are stimulating, warming and relaxing.

**VOL/WEIGHT:** 250 ml (SKU 10523)  
70 ml (SKU 10520)  
30 ml (SKU 10612)



Nº 102

## HAND CREAM

### BERGAMOT/PATCHOULI

**PRODUCT:** Hand cream for dry and chapped skin that moisturizes, nourishes and protects. The essential oils from bergamot and patchouli stimulates and have astringent and cleansing properties.

**MAIN INGREDIENTS:** Shea butter and coconut oil moisturizes, nourishes and protects. They have a slight antiseptic effect and treats dried out skin. Meadowfoam is astringent, nourishing and rich in Omega 6 och 9. Comfrey is astringent, moisturizing and known to ease and heal small scratches and sunburn. Bergamot peel oil eases, is cooling and has a slight exfoliating effect. Patchouli leaf oil is calming, cleansing, astringent and healing.

**VOL/WEIGHT:** 250 ml (SKU 10521)  
70 ml (SKU 10303)  
30 ml (SKU 10609)



Nº 116

## HAND CREAM

### WILD ROSE

**PRODUCT:** Hand cream for dry and chapped skin that protects and moisturizes. The essential oil from wild rose gives a refreshing and mind calming aroma treatment.

**MAIN INGREDIENTS:** Shea butter and coconut oil moisturizes, nourishes and protects. They have a slight antiseptic effect and treats dried out skin. Meadowfoam is astringent, nourishing and rich in Omega 6 och 9. Comfrey is astringent, moisturizing and known to ease and heal small scratches and sunburn. Wild rose oil is softening, easily absorbed, rich on nourishment and stimulates cell renewal.

**VOL/WEIGHT:** 250 ml (SKU 10522)  
70 ml (SKU 10513)  
30 ml (SKU 10611)



Nº 017

## LIP BALM

### ALMOND/COCONUT LEMONGRASS

**PRODUCT:** Generous, organic lip balm with bees wax, almond oil and coconut oil. Long lasting moisturizing, nourishing effect in hot and dry or freezing climate.

**MAIN INGREDIENTS:** Almond oil, coconut oil and bees wax protects at harsh weather, is moisturizing and has a calming effect on dry and chapped lips.

**VOLUME:** 17 ml (SKU 10012)



Nº 089

## DEO SPRAY

### CORIANDER/VETIVER

**PRODUCT:** Natural deodorant with extract from sage and essential oils from coriander and vetiver gives a bacteriostatic effect. Unisex.

**VOL/WEIGHT:** 60 ml (SKU 10510)



Nº 159

## HAND CREAM

### LEMONGRASS

**PRODUCT:** Hand cream for dry and chapped skin that protects and moisturizes. The essential oils of lemongrass and rosemary have stimulating and astringent properties that activates the skin.

**MAIN INGREDIENTS:** Shea butter and coconut oil moisturizes, nourishes and protects. They have a slight antiseptic effect and treats dried out skin. Meadowfoam is astringent, nourishing and rich in Omega 6 och 9. Comfrey is astringent, moisturizing and known to ease and heal small scratches and sunburn. Essential oil from lemongrass and rosemary has a cleansing, stimulating and bacteriostatic effect.

**VOL/WEIGHT:** 250 ml (SKU 10642)  
70 ml (SKU 10641)  
30 ml (SKU 10640)



# SOAP

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Mild hand and body soap from natural/organic ingredients and essential oils that cleans, protects and gently foams to soften and moisturize sensitive skin.

# SOAP



Nº 115

## CORIANDER/BLACK PEPPER

**PRODUCT:** Mild soap with essential oils from coriander and black pepper that stimulates and moisturizes. Made of natural/organic ingredients.

**MAIN INGREDIENTS:** Our vegetable oils are softening, protecting, calming and nutritious. Essential oils from coriander and black pepper stimulates blood circulation, is astringent and gives a slight exfoliating effect.

**VOL/WEIGHT:** Approx 120 gr (SKU 10977)



Nº 009

## LEMONGRASS

**PRODUCT:** Mild soap made from vegetable oils and essential oil of lemongrass and rosemary that stimulates and activates. Made of natural/organic ingredients.

**MAIN INGREDIENTS:** Our vegetable oils are softening, protecting, calming and nutritious. Lemongrass is cooling, astringent and has an antiseptic effect.

**VOL/WEIGHT:** Approx 120 gr (SKU 10973)



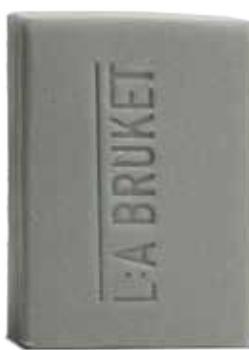
Nº 007

## WILD ROSE

**PRODUCT:** Mild soap with essential oil from wild rose that gives a refreshing and stimulating aroma kick. Made of natural/organic ingredients.

**MAIN INGREDIENTS:** Our vegetable oils are softening, protecting, calming and nutritious. Wild rose oil is softening, easily absorbed, rich on nourishment and stimulates cell renewal.

**VOL/WEIGHT:** Approx 120 gr (SKU 10976)



Nº 013

## FOOT SCRUB

**PRODUCT:** Mild soap with pumice and essential oil of peppermint. Activates and scrubs life into tired feet. Made of natural/organic ingredients.

**MAIN INGREDIENTS:** Our vegetable oils are softening, protecting, calming and nutritious. Pumice gives the exfoliating effect and mint is cooling and astringent.

**VOL/WEIGHT:** Approx 120 gr (SKU 10974)



Nº 083

## SAGE/ROSEMARY/LAVENDER

**PRODUCT:** Mild soap with a mix of essential oils that relaxes your body and mind. Made of natural/organic ingredients.

**MAIN INGREDIENTS:** Our vegetable oils are softening, protecting, calming and nutritious. Sage and rosemary is astringent, stimulates blood circulation and has an antiseptic effect. Lavender is calming.

**VOL/WEIGHT:** Approx 120 gr (SKU 10975)



Nº 009

## LEMONGRASS

**PRODUCT:** Mild soap made from vegetable oils and essential oil of lemongrass and rosemary that stimulates and activates. Made of natural/organic ingredients.

**MAIN INGREDIENTS:** Our vegetable oils are softening, protecting, calming and nutritious. Lemongrass is cooling, astringent and has an antiseptic effect.

**VOL/WEIGHT:** Approx 240 gr rope (SKU 10980)



Nº 083

## SAGE/ROSEMARY/LAVENDER

**PRODUCT:** Mild soap with a mix of essential oils that relaxes your body and mind. Made of natural/organic ingredients.

**MAIN INGREDIENTS:** Our vegetable oils are softening, protecting, calming and nutritious. Sage and rosemary is astringent, stimulates blood circulation and has an antiseptic effect. Lavender is calming.

**VOL/WEIGHT:** Approx 240 gr rope (SKU 10978)



Nº 013

## FOOT SCRUB

**PRODUCT:** Mild soap with pumice and essential oil of peppermint. Activates and scrubs life into tired feet. Made of natural/organic ingredients.

**MAIN INGREDIENTS:** Our vegetable oils are softening, protecting, calming and nutritious. Pumice gives the exfoliating effect and mint is cooling and astringent.

**VOL/WEIGHT:** Approx 240 gr rope (SKU 10979)



# HAND AND BODY WASH

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The carefully chosen ingredients and essential oils ensure that this mild soap revitalizes, activates, nourishes and calms etc. The rich scent makes the experience even more pleasurable.

# HAND AND BODY WASH



NOURISHING

Nº 073

## DARK VANILLA

**PRODUCT:** Highly moisturizing liquid hand and body wash. Essential oil mix of vanilla and patchouli soothes and nourishes the skin. Natural and/or organic ingredients.

**ACTIVE INGREDIENTS:** Patchouli is calming, cleansing, astringent and healing.

**VOL/WEIGHT:** Approx 450 ml (SKU 10162)  
Approx 250 ml (SKU 10559)

REFRESHING



Nº 071

## WILD ROSE

**PRODUCT:** Highly moisturizing liquid hand and body wash. Organic essential oils from wild roses gives you a refreshing flowery aroma kick. Natural and/or organic ingredients.

**ACTIVE INGREDIENTS:** Wild rose oil is softening, easily absorbed, rich on nourishment and stimulates cell renewal.

**VOL/WEIGHT:** Approx 450 ml (SKU 10165)  
Approx 250 ml (SKU 10546)



COOLING

Nº 117

## MARJORAM/EUCALYPTUS

**PRODUCT:** Highly moisturizing liquid hand and body wash. Organic essential oil mix from eucalyptus and marjoram leaves are cooling and refreshing as well as stimulating and healing. Used as aromatherapy for sharpening your mind. Secret tip: pour some soap in your bath to clear breathing and receive an invigo-rating effect. Natural and/or organic ingredients.

**ACTIVE INGREDIENTS:** Eucalyptus leaf oil has cooling, stimulating, healing and bacteriostatic properties. Marjoram leaf oil is an antioxidant, stimulating and warming, also known to be antiseptic.

**VOL/WEIGHT:** Approx 450 ml (SKU 10548)  
Approx 250 ml (SKU 10552)



STIMULATING



ASTRINGENT

Nº 104

## BERGAMOT/PATCHOULI

**PRODUCT:** Highly moisturizing liquid hand and body wash. Essential oil mix of bergamot and patchouli softens, refreshes and has stimulating properties. Natural and/or organic ingredients.

**ACTIVE INGREDIENTS:** Bergamot eases, cools and has a slight exfoliating effect. Patchouli is calming, cleansing, astringent and healing.

**VOL/WEIGHT:** Approx 450 ml (SKU 10502)  
Approx 250 ml (SKU 10553)



BALANCING

Nº 094

## SAGE/ROSEMARY/LAVENDER

**PRODUCT:** Highly moisturizing liquid hand and body wash with an essential oil mix of sage, rosemary and lavender that has a calming and relaxing effect. Natural and/or organic ingredients.

**ACTIVE INGREDIENTS:** Essential oils from sage, rosemary and lavender is balancing and calming.

**VOL/WEIGHT:** Approx 450 ml (SKU 10164)

Approx 250 ml (SKU 10554)



RELAXING



CALMING

Nº 119

## LAUREL LEAF

**PRODUCT:** Highly moisturizing liquid hand and body wash. Essential oil from laurel leaf, cedarwood and bergamot have active and stimulating properties especially suited for oily skin. They are traditionally used within aromatherapy to strengthen concentration and creativity. Natural and/or organic ingredients.

**ACTIVE INGREDIENTS:** Laurel leaf oil has a cleansing, calming and bacteriostatic effect. Cedarwood has antiseptic and calming properties. Bergamot eases, is cooling and has a slight exfoliating effect.

**VOL/WEIGHT:** Approx 450 ml (SKU 10551)  
Approx 250 ml (SKU 10557)



UPLIFTING

Nº 118

## CORIANDER/ BLACK PEPPER

**PRODUCT:** Highly moisturizing liquid hand and body wash. Organic essential oil mix of blackpepper and coriander seed is warming and relaxing as well as stimulating. Natural and/or organic ingredients.

**ACTIVE INGREDIENTS:** Coriander seed oil is one of the earliest aroma therapeutic herbs used for its stimulating, relaxing and warming effects. It also has bacteriostatic properties. Black pepper seed oil with its warming and stimulating properties also eases strained muscles.

**VOL/WEIGHT:** Approx 450 ml (SKU 10549)  
Approx 250 ml (SKU 10547)

Nº 074

## CUCUMBER/MINT

**PRODUCT:** Highly moisturizing liquid hand and body wash. The oil mix of cucumber and mint nourishes and revitalizes your skin. Natural and/or organic ingredients.

**ACTIVE INGREDIENTS:** The cucumber and mint mix has cooling and astringent properties.

**VOL/WEIGHT:** Approx 450 ml (SKU 10166)  
Approx 250 ml (SKU 10558)

# FACE

Skin care products to maintain healthy and gorgeous looking facial skin. The high quality natural ingredients are chosen to nourish, revitalize and increase collagen production while preventing from free radicals and dehydration.



**Nº 048**

## FACE OIL PETITGRAIN

**PRODUCT:** Balancing facial oil for normal to dry skin that stimulates, nourishes and moisturizes. Apply it daily on a clean face.  
**MAIN INGREDIENTS:** Jojoba oil has moisturizing, softening and protecting properties. Petitgrain is balancing, refreshing, astringent and easily absorbed by the skin.

**VOL/WEIGHT:** 30 ml (SKU 10085)



**Nº 050**

## FACE SCRUB PETITGRAIN

**PRODUCT:** An exfoliating salt and oil treatment for your face. Contains protective and nourishing sweet almond oil and has the delightful scent of petitgrain which also gives the scrub an astringent effect. Use it 1-2 times/week.

**MAIN INGREDIENTS:** Petitgrain is easily absorbed by the skin, balancing, refreshing and astringent. Almond oil is softening, protecting and calming.

**VOL/WEIGHT:** 100 ml (SKU 10086)



**Nº 155**

## CLAY MASK NATURAL

**PRODUCT:** A day mask that uses the absorbing power of Kaolin clay to cleanse and purify normal to oily skin. This detoxifying mask helps exfoliate skin, clear pores from harmful toxins and impurities. Extract of seaweed adds minerals which energize the skin leaving it softer and smoother-looking. Apply on clean skin, leave on for 15 minutes and then gently rinse off with water.

**MAIN INGREDIENTS:** Kelp is rich in the mineral salts: iodine, sodium, potassium, silicon

and calcium. It also contains vitamins A, B, C, D and E. The alginate of the kelp is known for its filmogenic, soothing and moisturizing properties. Kaolin clay is very rich in mineral salts and helps to bring toxins to the skin surface, where they can be rinsed away. This clay is also rich in iron, aluminium, potassium, calcium, boron and sulphur. It is also well known for its beneficial effects on headaches and stress.

**VOL/WEIGHT:** 100 ml (SKU 10625)

# FACIAL TREATMENT

A complete, high quality 4-step program that nourishes, replenishes, moisturizes and revitalizes fatigued skin.

Carefully designed to suit different skin types.



## 1. CLEAN

- DISSOLVES MAKE-UP AND DIRT, MILDLY BUT EFFICIENTLY
- NOURISHES AND SOFTENS
- HEALS AND CALMS

Nº 098

### CLEANSING CREAM CHAMOMILE/BERGAMOT

**PRODUCT:** A natural and efficient cleanser with cocoa butter, olive oil, extract from chamomile and oat, that with a pH-level close to the skin, gently helps to soften and nourish an exposed face. Unisex.

**MAIN INGREDIENTS:** Cocoa butter and castor oil dissolves and cleans efficiently. Extract of chamomile stimulates and soothes. Bergamot has an antiseptic, healing and calming effect.

**VOLUME:** 120 ml (SKU 10308)  
60 ml (SKU 10630)



## 2. PREPARE

- DEEP CLEANSING
- ASTRINGENT
- STIMULATING

Nº 099

### FACIAL TONER & REFRESHER CHAMOMILE/BERGAMOT

**PRODUCT:** A natural hydrating toner with extract from chamomile and witch hazel completes a deep clean, balances, has a high moisturizing effect and prepares your skin for nourishing treatment. Use it also as a refresher after a day with screen exposure, on a flight, or as a cleaning and easing after shave. Unisex.

**MAIN INGREDIENTS:** Extract of chamomile stimulates and soothes. Bergamot has an antiseptic, healing and calming effect. Witch hazel is astringent and antiseptic.

**VOLUME:** 120 ml (SKU 10309)  
60 ml (SKU 10629)



## 3. TREAT

- STIMULATES COLLAGEN PRODUCTION
- ADDS ANTIOXIDANTS
- SOFTENS

Nº 100

### FACE OIL CARROT/BERGAMOT

**PRODUCT:** A nourishing and boosting anti-age facial serum that adds moisture, softens, stimulates and revitalises dry to normal skin. Extract from carrot is the active ingredient together with jojoba oil. Unisex.

**MAIN INGREDIENTS:** Extract of carrot stimulates the production of collagen and is rich in vitamin A. Tangerine oil stimulates cell renewal. Apricot kernel oil adds lots of antioxidants that neutralizes free radicals. Bergamot has an antiseptic, healing and calming effect. Jojoba oil heals and protects.

**VOLUME:** 30 ml (SKU 10310)



## 4. PROTECT

- ADDS MOISTURE AND ANTIOXIDANTS
- STIMULATES COLLAGEN PRODUCTION
- PROTECTS, HEALS AND CALMS

Nº 101

### FACIAL CREAM CARROT/BERGAMOT

**PRODUCT:** Moisturizing and nourishing face cream with extract from carrot. Gives a deep effect for dry to normal skin. Use it as a day and/or night cream. Tip: Mix the cream with a few drops of No 100 face oil if you prefer a richer cream.

**MAIN INGREDIENTS:** Extract of carrot stimulates the production of collagen and is rich in vitamin A. Shea butter protects, heals and adds antioxidants that neutralizes free radicals. Bergamot has an antiseptic, healing and calming effect. Jojoba oil heals and protects.

**VOLUME:** 60 ml (SKU 10311)

# HAIR

Hair treatment that takes care of an itchy scalp as well as bringing the right feeling and look to your hair.

The natural ingredients of these hair products are completely free from parabens and silicones.



## Nº 086

### SHAMPOO

#### CORIANDER/BLACK PEPPER

**PRODUCT:** Nourishing shampoo for normal/dry hair with aloe vera, vitamin B, wheat protein and extract of oat. The mix of essential oils eases scalp irritations. Based on organic ingredients and free from parabens and silicones.

**MAIN INGREDIENTS:** Aloe Vera softens, cools, calms and stimulates as well as it binds moisture to your hair and scalp. Extract

of oat repairs and restores the moisture balance in your hair, nourishes and calms your scalp. Wheat protein is a nourishing conditioner that replaces silicon. Coriander and black pepper stimulates blood circulation of the scalp.

**VOLUME:** Approx 450 ml (SKU 10270)  
Approx 250 ml (SKU 10534)



## Nº 087

### CONDITIONER

#### CORIANDER/BLACK PEPPER

**PRODUCT:** Nourishing and detangling conditioner for normal/dry hair. Almond oil, wheat protein, vitamin B and oat extract eases irritation. The mix of essential oils stimulates and adds shine to your hair. Free from parabens.

**MAIN INGREDIENTS:** Almond oil gently nourishes, softens and protects your hair and scalp. Vitamin-B calms and stimulates

hair and scalp. Extract of oats repairs and restores the moisture balance in your hair as well as nourishes and calms your scalp. Wheat protein is a nourishing conditioner. Coriander and blackpepper stimulates blood circulation of the scalp.

**VOLUME:** Approx 450 ml (SKU 10271)  
Approx 250 ml (SKU 10536)



## Nº 111

### SHAMPOO

#### LEMONGRASS

**PRODUCT:** Nourishing shampoo for normal/oily hair with aloe vera, vitamin B, wheat protein and extract of oat. The mix of essential oils eases scalp irritations. Based on organic ingredients and free from parabens and silicones.

**MAIN INGREDIENTS:** Aloe vera softens, cools, calms and stimulates as well as it binds moisture to your hair and scalp.

Extract of oat repairs and restores the moisture balance in your hair, nourishes and calms your scalp. Wheat protein is a nourishing conditioner that replaces silicon. Lemongrass stimulates blood circulation of the scalp.

**VOLUME:** Approx 450 ml (SKU 10511)  
Approx 250 ml (SKU 10535)

## Nº 112

### CONDITIONER

#### LEMONGRASS

**PRODUCT:** Nourishing and detangling conditioner for normal/oily hair. Almond oil, wheat protein, vitamin B and oat extract eases irritation. The mix of essential oils stimulates and adds shine to your hair. Free from parabens.

**MAIN INGREDIENTS:** Almond oil gently nourishes, softens and protects your hair and scalp. Vitamin B calms and stimulates

hair and scalp. Extract of oat repairs and restores the moisture balance in your hair as well as it nourishes and calms your scalp. Wheat protein is a nourishing conditioner. Lemongrass stimulates blood circulation of the scalp.

**VOLUME:** Approx 450 ml (SKU 10512)  
Approx 250 ml (SKU 10537)



## Nº 157

### SEA SALT SPRAY

#### CUCUMBER

**PRODUCT:** Nourishing sea salt spray for normal to oily hair. Use it in wet or dry hair and get the feeling of just coming out of the salty waves of the Kattegatt sea.

**MAIN INGREDIENTS:** Sea salt from the Kattegatt sea adds texture to your hair and a matte finish. Cucumber extract is nourishing and cooling.

**VOLUME:** 120 ml (SKU 10626)



# GROOMING

Natural grooming products made from the finest ingredients.  
A complete shaving and caring routine that will result in  
smoother, healthier skin and beard.



No 145

## SHAVING CREAM

### LAUREL LEAF

**PRODUCT:** An easy to apply shave cream that softens the hairs, makes them easier to cut and allows a really close shave. Reduces friction and irritation. **FOR BEST EFFECT:** Always make sure your blade is really razor sharp! Apply the shaving cream on warm and wet skin and shave in your hairs growth direction.

**MAIN INGREDIENTS:** Vegetable glycerin reduces friction. Organic shea butter protects, moisturizes and has a calming, healing effect. Organic essential oil from laurel leaf has cleansing, bacteriostatic and calming properties. Cedarwood has antiseptic and calming properties. Bergamot eases, cools and has a slight exfoliating effect.

**VOL/WEIGHT:** 200 ml (SKU 10538)  
60 ml (SKU 10539)



No 146

## AFTER SHAVE BALM

### LAUREL LEAF

**PRODUCT:** Soothing and cooling after shave balm that moisturizes and protects strained skin. **AFTER SHAVING:** Rinse off your skin with cold water, dry gently and apply the balm.

**MAIN INGREDIENTS:** Organic shea butter protects, is moisturizing and has a calming and healing effect. Organic essential oil from laurel leaf has cleansing, bacteriostatic and calming properties. Organic mint oil is soothing, cooling, astringent and relieving. Cedarwood has antiseptic and calming properties. Bergamot eases, cools and has a slight exfoliating effect.

**VOL/WEIGHT:** 200 ml (SKU 10540)  
60 ml (SKU 10541)



No 154

## BEARD WASH

### LAUREL LEAF

**PRODUCT:** A mild and cleansing beard wash with nourishing and protecting properties. Use it every second to third day on wet beard. Pump the beard wash 2-3 times in the palm of your hand and massage it gently through your beard. Rinse with warm water. Dry carefully by squeezing your beard with a towel. Complete the washing process by adding a softening and nourishing oil treatment with the easily absorbed No 147 Beard oil Laurel leaf.

**MAIN INGREDIENTS:** Extract from witch hazel and chestnut will nourish and soothe. Essential oil from Laurel leaf will clean, calm and give a bacteriostatic effect. Cedarwood has calming and antiseptic properties. Bergamot eases and cools.

**VOL/WEIGHT:** 200 ml (SKU 10627)  
60 ml (SKU 10644)



No 147

## BEARD OIL

### LAUREL LEAF

**PRODUCT:** An active beard oil that is softening and caring for beard and skin. Moisturizing and detangling. With a few drops in the palms of your hands, massage the oil into your beard. Prevents itching.

**MAIN INGREDIENTS:** Jojoba oil has moisturizing, softening and protecting properties. Hemp seed oil is easily absorbed, softening and nourishing. Argan seed oil is easily absorbed, protecting and strengthening. Vitamin E has stimulating and healing properties. Essential oil from laurel leaf has cleansing, bacteriostatic and calming properties. Cedarwood has antiseptic and calming properties. Bergamot eases, cools, has a slight exfoliating effect and is used within aroma therapy to strengthen concentration and creativity.

**VOL/WEIGHT:** 60 ml (SKU 10542)



No 156

## BEARD WAX

### LAUREL LEAF

**PRODUCT:** A natural beard wax that gives a nourishing, calming treatment while soft styling the beard, giving it a slightly shiny touch. Apply it on a clean beard for a stylish look.

**MAIN INGREDIENTS:** Shea butter and castor oil protects and preserves moisture. Argan oil, sunflower oil and vitamin E nourishes and softens the beard. Essential oil of laurel leaf will clean, calm and give a bacteriostatic effect. Cedarwood has calming and antiseptic properties while bergamot eases and cools.

**VOL/WEIGHT:** 60 ml (SKU 10628)



# TRAVEL SIZE

Travel Essentials: soap, shampoo, conditioner, body lotion and other necessities in small, refillable bottles.

Nº 145

### SHAVING CREAM LAUREL LEAF



**PRODUCT:** An easy to apply shave cream that softens the hairs, makes them easier to cut and allows a really close shave. Reduces friction and irritation. **FOR BEST EFFECT:** Always make sure your blade is really razor sharp! Apply the shaving cream on warm and wet skin and shave in your hairs growth direction.  
**VOL/WEIGHT:** 60 ml (SKU 10539)

Nº 146

### AFTER SHAVE BALM LAUREL LEAF



**PRODUCT:** Soothing and cooling after shave balm that moisturizes and protects strained skin. **AFTER SHAVING:** rinse off your skin with cold water, dry gently and apply the balm.  
**VOL/WEIGHT:** 60 ml (SKU 10541)

Nº 147

### BEARD OIL LAUREL LEAF



**PRODUCT:** An active beard oil that is softening and caring for beard and skin. Moisturizing and detangling. With a few drops in the palms of your hands, massage the oil into your beard. Prevents itching.  
**VOL/WEIGHT:** 60 ml (SKU 10542)

Nº 154

### BEARD WASH LAUREL LEAF



**PRODUCT:** A mild and cleansing beard wash with nourishing and protecting properties. Use it every second to third day on wet beard. Pump the beard wash 2-3 times in the palm of your hand and massage it gently through your beard. Rinse with warm water. Dry carefully by squeezing your beard with a towel. Complete the washing process by adding a softening and nourishing oil treatment with the easily absorbed Nº147 Beard oil Laurel leaf.  
**VOL/WEIGHT:** 60 ml (SKU 10644)

Nº 104

### HAND AND BODY WASH BERGAMOT/PATCHOULI



**PRODUCT:** Highly moisturizing liquid hand and body wash. Essential oil mix of bergamot and patchouli softens, refreshes and has stimulating properties. Organic and/or ingredients of natural origin.  
**VOL/WEIGHT:** 60 ml (SKU 10543)

Nº 093

### BODY LOTION BERGAMOT/PATCHOULI



**PRODUCT:** Astringent body lotion for normal to dry skin. Essential oils from bergamot and patchouli softens, nourishes and has stimulating as well as astringent properties.  
**VOLUME/WEIGHT:** 60 ml (SKU 10312)

Nº 086

### SHAMPOO CORIANDER/BLACK PEPPER



**PRODUCT:** Nourishing shampoo for normal/dry hair with aloe vera, vitamin B, wheat protein and extract of oat. The mix of essential oils eases scalp irritation. Based on organic ingredients and free from parabens and silicones.  
**VOLUME/WEIGHT:** 60 ml (SKU 10314)

Nº 087

### CONDITIONER CORIANDER/BLACK PEPPER



**PRODUCT:** Nourishing and detangling conditioner for normal/dry hair. Almond oil, wheat protein, vitamin B and oat extract eases scalp irritation. The mix of essential oils stimulates and adds shine to your hair. Free from parabens.  
**VOLUME/WEIGHT:** 60 ml (SKU 10313)



# SCENTED CANDLES

Made of wax from organic soy, hand poured into mouth blown glasses by skilled craftsmen. The rich scent and the glass design brings a wonderful ambience to any room. Some of the candles will boost your energy levels when you are feeling tired and weary, while others will help you relax and unwind.

## A FEW TIPS:

1. Remember that it is better to light candles for shorter periods of time rather than an entire evening in order to maximize the scent and make them more long lasting.
2. Cut the wick to a length of 0,5-1 cm before lighting the candle in order to reduce soot.
3. If you are worried about damaging the surface you place the candle on, place the lid underneath the glass to protect it from heat if the candle burns all the way down.



## N° 153

### TABAC

**PRODUCT:** On a base of masculine vibrations in tobacco, cedarwood and earthy dry notes the sweet enticement of musk, lemon and jasmin creates a golden aura of mindfulness and anticipation to give life and focus to your mind. Burns +45 hours.

**WEIGHT:** 260gr (SKU 10576)  
50gr (SKU 10635)



## N° 152

### CORIANDER

**PRODUCT:** The therapeutic properties of *Aetheroleum coriandri* is traditionally known to give emotional relief, strengthen the thought process and chase away anxiety. The scent of coriander and mint leaves has a mind warming effect that will entice spiritual and emotional inspiration to linger for long. Burns +45 hours.

**WEIGHT:** 260gr (SKU 10575)  
50gr (SKU 10634)



## N° 151

### GRAPEFRUIT

**PRODUCT:** The delectable aroma of *Citrus aurantium paradisi* has a pronounced impact on senses and emotions. It is refreshing as well as euphoria-inducing and energizing. It will release and evoke warm feelings and inspire personalities to loosen up and be happy. Burns +45 hours.

**WEIGHT:** 260gr (SKU 10574)  
50gr (SKU 10633)



## N° 149

### BLACK OAK

**PRODUCT:** A scent of blackened oak and Nordic woods. Formulated with cashmere wood and birch to give a calming and strengthening aroma experience that brings an urban soul back to nature. Burns +45 hours.

**WEIGHT:** 260gr (SKU 10572)  
50gr (SKU 10631)



# HOME CARE

Products that will make the chores of your everyday life a little bit easier and more pleasurable. The various products in this range will give your favorite garments extra love and care, bring a beautiful sheen to your dog's fur and make your dishes sparkle.



**Nº 085**

### DOG SHAMPOO

#### LIME/TEA TREE/MINT

**PRODUCT:** A fresh and natural dog shampoo that has a nourishing and moisturizing effect on the skin and fur. Essential oils from tea tree, lime and mint have an antibacterial and soothing effect. Natural and/or organic ingredients.

**VOL/WEIGHT:** 500 ml (SKU 10208)



**Nº 076**

### DISH WASHING LIQUID LEMONGRASS/ROSEMARY

**PRODUCT:** A mild washing up liquid that gives you an aroma kick when you are doing the dishes and contains organic essential oils of lemongrass and rosemary. The biodegradable liquid will keep your dishes sparkling clean and is kind to your skin and the environment.

**VOL/WEIGHT:** 500 ml (SKU 10207)



**Nº 097**

### DETERGENT (WOOL/CASHMERE) SANDALWOOD

**PRODUCT:** A mild and gentle biodegradable detergent without bleach. Designed for hand or machine washing of wool and cashmere. Lanolin protects the fibres, reduces wear and extends the life of your garments. The wool/cashmere detergent retains the sheen and colour of the wool and has a warm scent of sandalwood. Should be used without fabric softener.

**DOSAGE:** For 4,5 kgs of dry laundry: when soft to medium hard water use 30 ml detergent (will give you 15 washes), when hard water use 45 ml.

**VOL/WEIGHT:** Approx 450 ml (SKU 10305)

**Nº 068**

### LINEN WATER LAVENDER

**PRODUCT:** Use linen water when you iron, spray or splash it on textiles or use it to refresh your linen cupboard. It gives you a dose of aromatherapy and adds the fragrance of lavender to your home and your washing.

**VOL/WEIGHT:** 1000 ml (SKU 10175)



**Nº 096**

### DETERGENT (COTTON/DENIM) PATCHOULI/LAVENDER

**PRODUCT:** A mild and gentle biodegradable detergent without bleach, designed for hand or machine washing of denim or cotton. Cottonseed oil protects the fibres, reduces wear and extends the life of your garments. The cotton/denim detergent is designed to protect your favourite jeans, preserve the blue indigo colour and give you a slight fragrance experience every time you put them on. Should be used without fabric softener.

**DOSAGE:** For 4,5 kgs of dry laundry: when soft to medium hard water use 30 ml detergent (will give you 15 washes), when hard water use 45 ml.

**VOL/WEIGHT:** Approx 450 ml (SKU 10304)



# THE PRODUCT CHART

# TREATMENTS

## BODY TREATMENTS

### INVIGORATING

#### DEEPLY MOISTURIZING

**Clean:** No 117 Hand and Body wash Marjoram/Eucalyptus

**Exfoliate:** No 135 Sea salt scrub Marjoram/Eucalyptus

**Treat:** No 130 Body oil Bergamot/Patchouli

**Preserve:** No 093 Body lotion Bergamot/Patchouli

### REFRESHING

#### DEEPLY MOISTURIZING

**Clean:** No 071 Hand and Body wash Wild rose

**Exfoliate:** No 133 Sea salt scrub Wild rose

**Treat:** No 110 Body oil Wild rose

**Preserve:** No 113 Body lotion Wild rose

### STIMULATING

#### DEEPLY MOISTURIZING

**Clean:** No 118 Hand and Body wash Coriander/Black pepper

**Exfoliate:** No 134 Sea salt scrub Coriander/Black pepper

**Treat:** No 132 Body oil Coriander/Black pepper

**Preserve:** No 123 Body lotion Coriander/Black pepper

### BALANCING

#### DEEPLY MOISTURIZING

**Clean:** No 094 Hand and Body wash Sage/Rosemary/Lavender

**Exfoliate:** No 063 Sea salt scrub Sage/Rosemary/Lavender

**Treat:** No 046 Body oil Sage/Rosemary/Lavender

**Preserve:** No 124 Body lotion Sage/Rosemary/Lavender

## HAND TREATMENTS

### STIMULATING

#### DEEPLY MOISTURIZING

**Clean:** No 118 Hand and Body wash Coriander/Black pepper

**Exfoliate:** No 134 Sea salt scrub Coriander/Black pepper

**Treat:** No 132 Body oil Coriander/Black pepper

**Preserve:** No 129 Hand cream Coriander/Black pepper

### BALANCING

#### DEEPLY MOISTURIZING

**Clean:** No 094 Hand and Body wash Sage/Rosemary/Lavender

**Exfoliate:** No 063 Sea salt scrub Sage/Rosemary/Lavender

**Treat:** No 046 Body oil Sage/Rosemary/Lavender

**Preserve:** No 092 Hand cream Sage/Rosemary/Lavender

## FOOT TREATMENTS

### STIMULATING

#### NOURISHING

**Clean:** No 117 Hand and Body wash Marjoram/Eucalyptus

**Prepare:** No 065 Salt bath Mint

**Exfoliate:** No 135 Sea salt scrub Marjoram/Eucalyptus

**Preserve:** No 095 Foot cream Thyme/Marjoram

## FACE TREATMENTS

### STIMULATING AGE PREVENTING

#### DEEPLY STIMULATING

**Clean:** No 098 Cleansing cream Chamomile/Bergamot

**Prepare:** No 099 Facial toner Chamomile/Bergamot

**Treat:** No 100 Face oil serum Carrot/Bergamot

**Preserve:** No 101 Facial cream Carrot/Bergamot

## DETOX BATH

### STIMULATING

#### BALANCING

#### NOURISHING

**Treat:** No 051 Sea weed bath + No 090 Sea salt



## HOW IT ALL BEGAN

Building on the principles of design and ceramics, L:a Bruket founder Monica Kylén began exploring skincare out of necessity. As a trained ceramic artist, Monica was creating a line of home-ware products and needed a wholesome, natural soap to demonstrate the functionality of her design. Unable to find any that met her philosophy for design and quality, she set out making some for herself. This is how L:a Bruket started and still operates today.

An uncompromising approach toward working with the best ingredients that nature has to offer, providing a functional benefit for the user and drawing inspiration from a close relationship to nature continue to guide our brand and team. Monica's passion touches everything we do, resulting in uncompromising quality and the desire to change a simple routine into a daily celebration.

At L:a Bruket we believe that no matter what is happening in our lives, the moments we take for ourselves every morning should be a reward for yourself and preparation for the day ahead.

A black and white photograph of a coastal landscape. In the foreground, there's a field of low-lying vegetation. A dry-stacked stone wall runs across the middle ground. Beyond the wall, a small cluster of trees stands on a slight elevation. The background is filled with a dramatic, cloudy sky.

# L:A BRUKET

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