



PROFILE

Address : Mazhukkattu(H),
Muttambalam P.O

Kanjikuzhy , Kottayam(Dist)

Kerala- 686004

Phone No: +91 8943770590

Email ID: aswithazera97@gmail.com

Date of birth: 02-06-1997

Nationality: Indian

Gender: Female

Marital status: Single

Father's name: Varughese Joseph

Mother's name: Jinu Varughese

Blood group: O+

Passport No : S2044120

ASWITHA SARA VARUGHESE

CAREER OBJECTIVE:

To obtain a position in Social Services in order to utilize various skills, abilities and degree in Social Work to help the individuals to lead a better and balanced life.

EDUCATION

- Completed MSW from De Paul Institute of Science and Technology, Angamaly.
- BA Sociology from BCM college for Women, Kottayam.
- Higher Secondary Education from Mount Carmel Girls Higher Secondary School, Kottayam.
- SSLC from Girideepam Bethany Central School, Kottayam.

EXPERIENCE

- Worked as the Branch Manager at Choice International Education Private Limited, Kottayam.
- Internship for 24 days at Bosco, Bangalore
- Internship for 24 days at Childline, Kottayam.
- Internship for 24 days at DCPU, Thottakkattukara, Aluva.
- Internship at Kunnukara Panchayath for 10 days.
- Volunteer of Rebuild Kerala flood 2018.

LINGUISTIC ABILITY

- English : Read, write and speak
- Malayalam : Read, write and speak
- Tamil : Speak
- Hindi : Read, write and speak

MAJOR ACHIEVEMENTS :

- Coordinator of DE'NOVO 2018, International Conference at DIST Angamaly.
- Coordinator JINGLE BELLS, the Department program for Specially Abled Children.
- Team Coordinator of DISHA Summer Camp organized by Malayala Manorama for students with the collaboration of DIST Angamaly.
- Coordinator for International Social Work Day celebration at College level.

INTERNATIONAL SEMINARS PARTICIPATED :

- Participated in International Conference on “Social Work and Community Engagement Perspectives from Education, Practice and Research” at DIST Angamaly.
- Participated in “16th Samanwaya – International Conference and Social Work Students” at BCM College, Kottayam.
- Participated in International Symposium on “ Social Work and Environment” at DIST Angamaly.

NATIONAL SEMINARS PARTICIPATED :

- Participated in seminar on “ Disaster Management: Inter-sectoral Intervention from Risk Reduction to Recovery “ at Bharat Matha College.
- Participated in seminar on “ Contextualizing the Implications of Primary Social Work Methods” at SB College Changanassery, Kottayam.
- Participated in State Level Seminar on “Child Protection: Challenges and Prospects” at Vimala College, Thrissur.
- Participated in the IV Kerala Social Work Students Congress, on the theme “Engaging Communities to Sustainability through Social Work Partnership” at Assumption College Changanassery, Kottayam.
- Participated in a National conference on the topic “ Emerging issues of Women at Workplace” at Rajagiri College of Social Sciences, Kalamassery.

SKILLS:

- Hard working and Team player
- Leadership
- Good communication skills and Team spirit
- Listening Skill
- Good Time Management
- Empathetic
- Coordinating
- Organizing Skill
- Problem Solving and Decision making
- Adaptability to New Technology

TECHNICAL SKILLS:

- Basic Computer Skills (Ms Excel, Ms powerpoint, Ms Word)
- IBM SPSS (Statistical Package of Social Sciences)

REFERENCE :

1. Dr. Reeja PS

Assistant Professor

BCM College, Kottayam

Ph : +91 9496774639

Email ID : sajikumar.reeja@gmail.com

2. Mr. Subin George

Assistant Professor

De Paul Institute Of Science And Technology, Angamaly

Ph : +91 9447719530

Email ID : subinmsw@depaul.edu.in

I hereby declare that the above mentioned information is true to the best of my knowledge and belief .

Place : Kottayam

ASWITHA SARA VARUGHESE

Date :