

## SANAND R

Gurukripa,  
Manjamala PO, Kudavoor (VIA),  
Trivandrum, Kerala - 695 313.  
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### PERSONAL DETAILS

Date of Birth : 24.06.1994  
Sex : Male  
Marital Status : Single  
Nationality : Indian  
Name of Father : P Ramanan  
Name of Mother : S Jalaja  
Qualification : MBBS  
Languages Known : English, Malayalam & Tamil

### EDUCATIONAL BACKGROUND

Qualification	Year	Institution	Reg. No.	Board	Mark/Grade
MBBS	2019	Sree Gokulam Medical College And Research Foundation, Trivandrum	120012419	KUHS	First Class
HSC	2012	St. Johns Model Higher Secondary School, Trivandrum	8022783	Edn. Dept. - Kerala	First Class
SSLC	2010	Lekshmi Vilasam High School, Trivandrum	525370	Edn. Dept. - Kerala	First Class

\*\*\*TCMC Registration Number: 79026.\*\*\*

### ACADEMIC ACTIVITIES & EXPERIENCE DURING GRADUATION

Completed one year of compulsory rotating internship as a resident intern from November 2019 to October 2020 at Sree Gokulam Medical College And Research Foundation, Trivandrum.

Done one month of "Rural Service" at Sree Gokulam Rural Health Training Centre - Kallara, Trivandrum.

Done one week of "Palliative Care Service" along with Pallium India, Trivandrum.

Attended as lead speaker at an awareness programme on topic "Snake Bite and Management" conducted by Urban Health Centre - Attingal, Trivandrum.

A Cross Sectional Study done on topic “Mobile Phone Dependence Among Under Graduate Medical Students Of Trivandrum District”.

Attended certification course on “Basic Life Support” held as a part of Metanoia '18 at Sree Gokulam Medical College And Research Foundation, Trivandrum.

## INTEREST AND HOBBIES

Hobbies are traveling, outing, sporting activities outdoor as well as indoor.

I am interested in a healthy life by incorporating good diet habits, exercise, protecting the environment especially a no smoking one and protecting and ensuring children's rights.

## PROFESSIONAL REFERENCE

### **Dr. Lalitha Kailas (MD, DCH)**

Professor & Head Of Department,  
Department of Paediatrics,  
Sree Gokulam Medical College And Research Foundation, Trivandrum

### **Dr. Dayananda Babu. (MS, MNAMS, FAES, FRCS)**

Professor & Emeritus,  
Department of General Surgery,  
Sree Gokulam Medical College And Research Foundation, Trivandrum

### **Dr. S Bhasi (MD)**

Professor & Emeritus,  
Department of General Medicine,  
Sree Gokulam Medical College And Research Foundation, Trivandrum

Place :

Date :

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**\*References available on request\***