

Namibia & Upington

January 26, 2026

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Januarie	Meleney, Jean-Claude, <i>Windhoek Senior Park</i>	081 424 8149(M) Damian, Tayla; 26 Villa Manzi, Sesriem street, Kleine Kuppe; Posbus 5751, Ausspannplatz; meleney@nampharm.com.na
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Windhoek Senior Park

LOW Wijnhuisstraat Senior Park Heigights, Kenneh Kaunda street, 081 154 6600(D)
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Louw	Piet, 20 Potgieter Street, Piонeers	081 240 2669	Windhoek Senior Park Park, Windhoek, Namibia, Senior	Park, M2	Natalie, Tyrik, 43 Pima Street, Aggeneys, 082 433 8810(N)	Aggeneys 8893, PO Box 343, Aggeneys, 8893;	natalien82@gmail.com, (-29.2369250,	18.8401330)
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Upington 8800; (66XR+JUJC Upington, South Africa) 071 563 0888 (JU)
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	(-28.4416350, 21.2749340)		Wekes Opperman@Gmail.com;
			WekesOpperman@gmail.com;
P leterse	Danile; Plas Arm 356, Okahandja	081 605 1946	Wimdhok Senior Park
	(-28.4416350, 21.2749340)		Wekes Opperman@Gmail.com;
			WekesOpperman@gmail.com;
P leterse	Lorraine; 20 Potgieter Street, Pioneer	061 30 7703	Wimdhok Senior Park
	Middelkloof Nelspruit		Wimdhok Senior Park

Pottie	Edlon & Claire, Lam: Oulside Park, Unit O1; Posbus 5751, Winnibig, Namibia; Tel: 081 346 4604	Ausspannplatz; perlon@wavy.na NAM Contacts Winnibig, eldonpotte@wavy.na com(E), clairewestcott@webmail.co.za(C) 0264 81 466 0734(C) 073 937 2173(C)	Sophia; c/o 271 Chisopras Street, Winnibig, Namibia 081 222 8202(So)	Schwarz	Susan; 20 Florence Nighingale, Winnibig, Namibia 081 875 5533(Su)	Schwarz	Windhoek Khomasdal Street, Winnibig, Namibia 081 222 8202(So)
Winnibig	Trevor & Marlene, Joshua, Khomasdal Jesse, CPX+WQ7 Windhoek, M081 294 4314(M) Posbus 8378, Bachbrecht;	Windhoek Khomasdal Jesse, CPX+WQ7 Windhoek, M081 294 4314(M) Posbus 8378, Bachbrecht;	Trevor & Marlene, Joshua, Khomasdal Jesse, CPX+WQ7 Windhoek, M081 294 4314(M) Posbus 8378, Bachbrecht;	Winnibig	Trevor & Marlene, Joshua, Khomasdal Jesse, CPX+WQ7 Windhoek, M081 294 4314(M) Posbus 8378, Bachbrecht;	Winnibig	Trevor & Marlene, Joshua, Khomasdal Jesse, CPX+WQ7 Windhoek, M081 294 4314(M) Posbus 8378, Bachbrecht;
Windhoek	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Windhoek	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Windhoek	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht
Namibia	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Namibia	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Namibia	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht
South Africa	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	South Africa	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	South Africa	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht

Windoeck Khomasdal

Diergaardt Elizabet, Micalei, Chrizano
Schwartz Sophia
Schwartz Susan
Shand (Elder) Trevor & Malone, Joshua, Jesse
Van der Walt Stephanie
Van Heerden Wilma
Van Wyk Christopher

Du Plessis André
Okarauaku

Jeanne Meleney, **Deon & Tania**, **Lauren Plet**, **Louw Plet**, **Dani Opperman**, **Pietresse Lorraine**, **Swaritz Kaitie**, **Van der Watt (All mtgs; Elder)** Eddie

Januarie Meleney, Jean-Claude, Damian, Tayla

Windhoek Senior Park Deon & Tanja, Lauren 081 272 6116(D) Deonlo@yahoo.ma

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Namibia & Upington

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Landsberg Adrian
Nell Natalie, Tyrick

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Van Heerden Eduard & Manette

Okahandja

Bezuidenhoudt Leonie & Kobus
Du Preez Rika
Strämke Ansie & Max

Otjiwarongo

Kurz Emil & Katie, Mercy, Monalisa

Rehoboth

Vries Kynan & Nadine, Aiden, Kadene, Lillian

Swakopmund

Havemann (*SunAM, SunPM*) Marjan
Huisamen (*Wed; Elder*) Helmon & El-Selene

Upington

Coetzee Lien
Jansen Alicia
Jansen Johnny & Laurika, Ava, Leoniece
Nel (*All mtgs; Elder*) Jan & Julia
Opperman Wieks
Smith Susan & Sakkie, Sakkie jr

Walvisbaai

Louw Joey & Desmond, Lemise & Zandré
Van Heerden Danie & Jeanette, Daniella
Van Wyk Chet & Zuzette, Timiica