

# Namibia & Upington

October 30, 2025

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**Du Preez** Rika; 580 Vierde lane, Okahandja; Posbus 062 50 1247  
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**Januarie** Meleney, Jean-Claude, 081 424 8149(M)  
*Windhoek Senior Park* Damian, Tayla; 26 Villa Manzi,  
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**Kurz** Emil & Katie, Mercy, Monalisa; 1 Werf 067 30 4512 H  
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**Landsberg** Adrian; 43 Pima Street, Aggeneys, 073 170 0483(A)  
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**Louw** Joey & Desmond, Lemise & Zandr ; 74 081 694 1495(D)  
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<b>Louw</b> <i>Windhoek Senior Park</i>	Deon & Tania, Lauren; 2 Uhland Heights, Kenneth Kaunda street, Windhoek; Posbus 3934, Vineta; deonlo@yahoo.na	081 272 6116(D) 081 154 6600(D) 081 229 6196(T)
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<b>Opperman</b> <i>Windhoek Senior Park</i>	Danie; Plaas Arm 356, Okahandja	081 605 1946
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**Van Heerden** Eduard;

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**Van Heerden** Danie & Jeanette, Daniella; 2de Straat 081 646 1522  
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## Namibia & Upington

### Aggeneys

**Landsberg** Adrian

**Nell** Natalie, Tyrick

### Kunene River Lodge

**Swart** (*All mtgs; Elder*) Leon & Hanneljie

### NAM Contacts

**Pottie** Eldon & Claire, Liam

**Van der Nest** Bruce

**Van Heerden** Eduard

### Okahandja

**Bezuidenhoudt** Leonie & Kobus

**Du Preez** Rika

**Strömke** Ansie & Max

### Otiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM, SunPM*) Marjan

**Huisamen** (*Wed; Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien

**Jansen** Alicia

**Jansen** Johnny & Laurika, Ava, Leoniece

**Nel** (*All mtgs; Elder*) Jan & Julia

**Opperman** Wieks

**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandr 

**Van Heerden** Danie & Jeanette, Daniella

**Van Wyk** Chet & Zuzette, Timiica

Windhoek Senior Park

**Januarie** Meleney, Jean-Claude, Damian, Tayla

**Louw** Deon & Tania, Lauren

**Louw** Piet

**Opperman** Danie

**Pieterse** Lorna

**Swartz** Katie

**Van der Walt** (*All mtgs; Elder*) Eddie

Okaruaku

**Du Plessis** André

Windhoek Khomasdal

**Diergaardt** Elizabeth, Micaelo, Chrizano

**Pieterse** (*Elder*) Brian & Anita

**Schwartz** Sophia

**Schwartz** Susan

**Shand** (*Elder*) Trevor & Marlene, Joshua, Jesse

**Van der Walt** Stephanie

**Van Heerden** Wilma

**Van Wyk** Christopher