

Cape Peninsula - South

January 27, 2026

Abrahams Steven & Bronwyn, Jude, Jared; 24 0828992051(S)
Tygerdal Freesia Road, Tygerdal, Goodwood, 021 591 2107
 7460; bronwyn.abrahams77@gmail.com(B) , +2771 670 8690(B)
 steven.abrahams@eskom.co.za(S)

Abrahams Timothy; c/o Steven & Bronwyn 24 Freesia 079 355 8037
Tygerdal Road, Tygerdal, Goodwood, 7460 215912107

Adams Lorraine; 5 Oleander St, Lentegeur, Mitchells 079 868 6283
Westridge Plain, 7786

Adams Marlene; 36 Tracey street, Weltevreden 078 036 8462
Westridge Glen, Colorado Park, 7785; marle-
 neadams66@gmail.com

Adonis Derick & Lettie; 1 Thomas Street, 069 105 8639(D)
Westgate Westgate, Cape Town, 7798; 081 783 5162(L)
 derickadonis@gmail.com(D) +27 79 336 5149(D)

Bailey Helena, Cecelia; 42 Hibiscus Road, +2771 092 3017(H)
Westridge Lentegeur, 7785 +27780325731(C)

Bosch Freddie & Betty; 92 Koppiesdam Rd, 084 586 9747(B)
Bishop Lavis Bishop Lavis, 7490 079 426 9455(F)

Brandt Peter; 16 Raleigh Road, Mowbray, Cape Town, 073 257 2911
Fairways 7700

Burger Yvonne; 140 Dennegeur Ave, Strandfontein, 079 037 4980
Westgate 7798

Cameron Rodney & Alvira; 5 Van Schalkwyk 082 904 3300(R)
Rondebosch East Rd, Rondebosch East, 7780; P 082 792 8700(A)
 O Box 36464, Glosderry, 7702; 021 697 3384
 rodcam888@gmail.com(R)

Camfer Sarah; 29 7th Street, Kensington, 7405 072 576 5527
Tygerdal

Cedras Donavan & Dorothy, Micheala; 37 Lau- 079 507 1629(Dv)
Penhill Estate rimer Street, Penhill Estate, Eersteriv- 081 048 2481(Dr)
 ier, 7100; donavan.cedras@gmail.com(Dv) 0683278734(M)

Daames Sherwyn, Sherné; 5 Theatre Close 079 1110453(S)
Westgate Westgate; sdaames2011@gmail.com(S)

Dagnin Roberta; 36 Tracey street Weltevreden Glen 067 993 4265
Westridge Colorado Park; robertadagnin12@gmail.com

Dagnin Tanya, Aidan; c/o Roberta Dagnin
Westridge

Dammert Patsy; 88 Monte Vista Boulevard, Monte Vista, 7460; dammertpatsy@gmail.com 076 513 1567
Tygerdal

Dauids Eileen; 8 Concordia st, Devon Park, Eerste Rivier 071 189 2554
Penhill Estate

Dick Joyce; Rosebank House, 42 Alma Road, Room 2, Rosebank, 7700; joycedick123@gmail.com 072 375 3401
Rosebank House

Du Plessis Pieter & Wendy; 1 Melkhout Crescent, Platteklouf 3, 7500; pduppmail@gmail.com(P) , kocotrading@gmail.com(W) 082 781 1022(P)
Platteklouf 082 781 1021(W)

Dunn Christopher & Felicity; 6 Fifth Ave, Fairways, 7945; chrisdunn1@mweb.co.za(C) 083 373 1023(C)
Fairways 073 798 2667(F)

Dunn Keziah, Lombard, Joshua; Annandale Crt, 12 Annandale Road. Flat number 15, Diep River, 7945; keziaacdunn@gmail.com 796843314
Steenberg

Dunn Shalim & Michelle, Sharné, Mikayla; 15 Stella Rd, Plumstead, 7800 (Mikayla in Bloem); michelle.dunn@johnbrownmedia.com(M) 072 143 3749(S)
Steenberg 082 371 0515(M)
 , sdunn@webmail.co.za

Dunn Thersia; Annandale Crt, 12 Annandale Rd, Flat No 14, Diep River, 7945; dunnthersia@gmail.com 084 619 7537
Steenberg

Duthie Marlene; 30 Canal Rd, Woodlands Park, Wetton, 7780; canalroadeducare@gmail.com(M) 071 568 4325(M)
Fairways

Dyason Stephen; 107 Palm Spring, Oasis Retirement Resort, Oasis Lane, Century City, 7441; stephen@dyasons.co.za 082 886 8212
Platteklouf

Dyason Janine; 66 Sandstone way, Stonehurst Moun- tain Estate, Cape Town; j9dyason@gmail.com 082 903 8402
Steenberg 081 374 7277

Dzvokora Obvious & Nomvuso, Tanaka, Tinashe; No 350, NY 1, Gugulethu; odzvokoh@gmail.com(O) 078 813 9312(O)
Westridge 081 704 7540(O)
 079 599 6131(N)

Erasmus Ashleigh & Jodie, Isabella, Luca; 72, Sixth Ave, Grassy Park, 7945; ashley.erasmus7@gmail.com(A) , jodio2014@gmail.com(J) 0610942039(A)
Grassy Park +27844869147(J)

Esbend	Mashardo; D131 Musgrave Park, Cnr 188 <i>Pinelands</i> Boundary Road/Old Kendal and Myburg Roads, Diep River, 7945; mashardo@gmail.com	+27792383912
Ewertse	Desiree; 10 Arlington way, Milnerton Ridge, <i>Tygerdal</i> 7441; ewertsedesiree@gmail.com(D)	084 337 4366(D)
Faul	Arno; Sandown Crescent, Unit D309, 12 <i>Platteklouf</i> Grand National Blvd, Milnerton, 7441; arnofaul@gmail.com	083 369 9257
Faure	Braam & Cherie, Liani, Braam (jnr), <i>Platteklouf</i> Isabella; 41, Clifton Crescent, Parklands, Milnerton Rural, Cape Town, 7441; braam.faure@gmail.com	061 364 3113(B) 061 398 0636(C)
Faure	Muriel; 41 Clifton Crescent, Parklands, <i>Platteklouf</i> Milnerton Rural, Cape Town, 7441.; mu.faure@gmail.com	074 994 1895
Fevrier	Juliana; 129 Platteklouf Rd, Monte Vista, <i>Platteklouf</i> Cape Town, 7460; julie@travelmanor.co.za	074 124 6460
Foye	Catherine; Oasis Retirement Resort, 803 Palm <i>Pinelands</i> Royale, Century Way, Century City, 7441; jwf@iafrica.com	082 567 7488 021 250 0936
Franke	Gerald & Mona, Mandi, Elrita; 25 Edna St, <i>Fairways</i> Montague Gift, Grassy Park, 7945	078 217 0623(E) 079 129 8180 (G)
Fraser	Shani; Rosebank House, Sickbay, 42 <i>Rosebank House</i> Alma Road, Rosebank	021 689 3612
Gihwala	Jean; 8 Moore Street, Parrow valley, Cape <i>Tygerdal</i> Town, 7500	073 381 3425
Green	Ursula, Terence; 6 Gladiator St, Kensington, <i>Pinelands</i> 7405	079 479 1357(U) 072 426 0563(T)
Grootboom	Aubrey & Florence, Alaric, Enslin; 28 <i>Bishop Lavis</i> Commercial Road, Clarkes, 7490	078 169 8717(A) 074 909 4821(F)
Grootboom	Robert & Marie; 84, 9th Avenue, <i>Bishop Lavis</i> Leonsdale, Elsie's River, 7490	083 989 8202 071 184 8977(M) 0781198253(R)
Grootboom	Vanessa; 26 Commercial Rd, Clarkes <i>Bishop Lavis</i>	062 655 7930
Hall	Keith & Molly; 11 Houtman St, Monte <i>Platteklouf</i> Vista, 7460	021 559 2401 076 693 2576(K)

Hermans Louis & Merle; 31 Woodside Rd, Ottery, 073 426 6855(L)
Fairways 7800; louishermans.mail@gmail.com(L) 083 552 2273(M)
 021 703 4273

Hodgson Claire; 322 Obs Court, 3A Howe 072 615 0551
Rondebosch East Street, Observatory, Cape Town;
 hodgson.ce@gmail.com

Jackson Francine; 30 Tulbagh Street, Monte Vista, 079 060 0449
Platteklouf 7460; fbsjack@gmail.com

Jackson Lorraine; 30 Tulbagh Street, Monte Vista, 082 708 0475
Platteklouf 7460

Jaftha Mattie, Bettie, Pauline; Renskies Farm, 079 580 7705(B)
Fairways Ottery Rd, (Opposite Ottery Cemetery) 076 038 5283(M)
 0741039528(P)

Jaftha Christopher, Angelique, Giovanni; 1 White Eye 083 605 8157
Westgate Court, Pelican Park

Jaftha Mary, Patrick, Quinton, Joshua, Qewin; 4 071 825 8584(M)
Westgate Agulhas St, Strandfontein, 7785

Jasson Charlene & Neville, Chasney, Cheilem; 082 336 7231(C)
Platteklouf 3 Uitzicht Crescent, Richwood;
 charlene.jasson@westerncape.gov.za(C)

Kabamba Theodore & Nicky, Annabelle, 071 919 1865(T)
Steenberg Adriel; 19 Orchestra St, 082 322 7224(N)
 Steenberg, 7945; amonnr@gmail.com(N) , 021 707 5240(W(N)
 kabambafamily@gmail.com

King Earl & Cassandra, Bella, Ava, Chloe, 083 451 3385(E)
Rondebosch East Scott; 9 Ellerslie Road, Wynberg, 082 851 8838(C)
 Cape Town, 7800; mailearl@yahoo.com(E) ,
 webbdentist@yahoo.com(C)

King Sandra; 9 Ellerslie Road, Wynberg, Cape 072 057 3095
Rondebosch East Town, 7800; skingmle@gmail.com

Lawrence Russel; 15 Nederland street, Belhar 16, Cape Town, 7493
Bishop Lavis

Le Grange Crystal; 3 William Mason Rd, Bishop Lavis, 021 934 5609
Bishop Lavis 7490 071 614 5783

Le Grange Reginald; 5 Heather Rd, Bishop Lavis, 7490 021 934 3719
Bishop Lavis 670834851

Legg Bradley; 86 Palmyra Road , Newlands, Cape 0766981076(B)
Pinelands Town, 7708

Lutzke <i>Grassy Park</i>	Bonita & Carl, Ruby; 26 Seven Sleepers road, Kirstenhof; bmlutzke@gmail.com(B), carl@lawsplumbing.co.za(C)	0833509509(B) 072118874(C)
Mannel <i>Penhill Estate</i>	Sarah & Pietro, Xenethia; 60 Bobby St, Gaylee, Blackheath, 7580	083 954 1188(S) 0741894795(P)
Manuel <i>Fairways</i>	Roslyn; 34 Daniel Ave, Ottery, 7800	073 264 9435
Martinus <i>Rondebosch East</i>	André, Cameron, Andrea; 389G Nassau Rd, Wynberg Military Base; andremartinus772@gmail.com(A)	
Maxim <i>Bishop Lavis</i>	Trix & Fanie; Relocated to Knysna	076 620 7948(T)
Mc Lane <i>Bishop Lavis</i>	Cynthia; 7 Hanover Street, Highbury Park, Kuilsriver, 7580	072 465 5057
Mc Lane <i>Bishop Lavis</i>	Yvonne, Jovaunté, Eve; 49 Kogelberg Rd, Bishop Lavis, 7490; evenicole.mclean@gmail.com(Y)	082 958 7521(Y)
Meintjes <i>Pinelands</i>	Mia; 3 Oaks Court, 23 Union Street, Gardens; mia.meintjes@gmail.com	064 541 2987
Mervyn <i>Westridge</i>	Rozina; 42 Hibiscus Road, Lenteguur, 7785	+2776 703 9460
Monk <i>Platteklouf</i>	Yolandi, Miqaël; 30 Tulbagh Street, Monte Vista, 7460; yolandi@lusinco.co.za	072 424 5669(Y)
Morar <i>Pinelands</i>	Maylene & Reno; 7 Scouts Place, Pinelands, 7405; maylene.shungking@uct.ac.za(M)	071 200 3607(M) 082 899 6138(R)
Morris <i>Grassy Park</i>	Christopher; c/o Bonita Lutzke; christopher.morris@yahoo.com	082 586 0805
Morris <i>Grassy Park</i>	Claude & Jo-Ann, Kaylynne, Peter, Noah; 10 Harmony way, Kirstenhof	082 887 8273(C) +27715467679(C) 081 896 2663(J)
Naidoo <i>Rondebosch East</i>	Rebecca; Lovers walk, Rondebosch	084 089 7304
Nefdt <i>Rondebosch East</i>	Steven & Shirley; 4 Woodbury Close, Kenwyn, 7780	078 344 6874(St) 078 198 7180(Sh)
O'Ryan <i>Grassy Park</i>	Evan & Colleen, Jade, Carlynne; 72, Sixth Ave, Grassy Park, 7945; evanoryan66@gmail.com(E)	060 618 4360(E) 0713894232(C)

O’Ryan Maurice & Josephine; 72, Sixth 0790489039(M)
Grassy Park Ave, Grassy Park, 7945; oryan- 0620929319(J)
 maurice@gmail.com(M) , oryan-
 josephine@gmail.com(J)

O’Ryan Joanne, Sam, Ryan; 39 Quick Rd, Lans- 062 670 6511
Rondebosch East downe, 7780; joanne.oryan@gmail.com

O’Ryan Raymond; 17 Malvul Road, 064 154 2469
Rondebosch East Rondebosch. Cape Town

O’Ryan Reuben & Joyce; 7 Figtree Close, 0671775308(J)
Westgate Eastridge, Mitchells Plain, 7785; 076 616 9996(R)
 reubenoryan@gmail.com(R)

O’Ryan Stanley & Sandra; 34 Gleneagles 0607202209(St)
Westridge Way, Westridge, Mitchells Plain, 7798; 072 286 0867(S)
 sandraoryan@live.com(S) 079 416 9927(S)

Okkers Wayne & Enseline, Candice, 061 245 2458(W)
Penhill Estate Aiden, Jadon; 65 Forest Mews 074 497 8467(E)
 Complex, Heather Park, 7100;
 wayneokkers1@gmail.com(W)
 ,enselineokkers01@gmail.com(E)

Phaal Hilary, Erica; 56 Fountain Road, 082 587 4125(H)
Grassy Park Bergvliet,7945; ephaal@gmail.com(E) 0847728306(E)

Phillips Michael & Berenice, Ridge; 23 0827963441(M)
Grassy Park Dieman Rd, Grassy Park, 7945; 0834100503(B)
 phillipsmichael802@gmail.com(M)

Reed Annette; 6 Poplar Way, Pinelands, 7405; 083 476 0009
Pinelands annettereed1947@gmail.com

Reed Peter & Jacqui, Matthew, Caitlyn, 082 552 8420(P)
Pinelands Jonathan; 6 Poplar Way, Pinelands, 7405; 082 929 0594(J)
 peter@jcmtech.co.za(P) , jacqui@jcmtech.co.za(J) 021 531 0333

Reed Michael & Yvonne, Aidan, Oliver; 33 082 853 6904(M)
Platteklouf York Close, Parklands, Table View, 7441; 082 555 5110(Y)
 michaelreed2812@outlook.com(M)

Renaud Mercia & André; 304 Brentwood, 072 341 3328(M)
Fairways 40 Gray Rd, Plumstead, 7800;
 mercia.renaude24@gmail.com

Robinson Elizabeth; Rosebank House room 109, 42083 249 0233
Rosebank House Alma Road, Room 104, Rosebank

Ruger	Denyse; 201 Grosvenor Square, 17 College <i>Pinelands</i> Rd, Rondebosch; denyse@ruger.co.za	082 658 1358 021 686 0897
Samuels	Sylvia; 125 Pinetree Way, Rosedale, <i>Penhill Estate</i> Eersterivier, 7100	083 206 4502(S)
Sassman	Charmaine, Matthew; 1 Jubalew street, <i>Grassy Park</i> Welcome Estate ,Vanguard	079 037 5550
Sassman	Marcello, Daniel; 1 Jubalew street, Welcome <i>Grassy Park</i> Estate, Vanguard	067 951 0647
ShungKing	Enid; 27 Avro Ave, Kensington, 7405 <i>Pinelands</i>	072 607 3774
Smith	Iona; 16 Ascot Close, Ascot Mews, Ottery, <i>Fairways</i> 7800; ionasmith32@gmail.com	078 622 7858
Smith	Mervyn; 11 Claredon Crescent. Ysterplaat, <i>Tygerdal</i> 7405; soniasmith411@gmail.com	074 422 1893
Snyder	Peggy; 4 Moss St, Austinville, Blackheath, <i>Penhill Estate</i> 7580; Box 66, Blackheath, 7581; charlfred@telkomsa.net	084 507 0919 021 905 1911
Snyder	Jeffrey & Shirley; Rosebank House, <i>Rosebank House</i> 42 Alma Road, Rosebank, 7700; Frail Care No. 1.; jephthahsnyder@gmail.com	072 871 5949(J)
Solomon	Ferdinand & Gertrude; 17 Athems Road, <i>Penhill Estate</i> The Conifers, Blue Downs, 7100	073 143 3812(F) 073 738 2939(G)
Solomon	Arlene, Allandore, Cheslin; 11 Claredon <i>Tygerdal</i> Crescent. Ysterplaat, 7405	081 720 4117
Solomon	Edwin & Reyhana, Eva; 6 Geranium <i>Westridge</i> Street, Lenteguur, Mitchells Plain, 7785	084 044 7706(E) 078 550 7140(R)
Styan	James-Brent & Marianne, Alexander, <i>Pinelands</i> Christopher; 16 Gardenia Ave, Vredehoek; james-brent.styan@westerncape.gov.za	084 583 1670
Swanepoel	Lizelle; 66 Sandstone way, Stonehurst <i>Steenberg</i> Mountain Estate, Cape Town; lizellex@yahoo.com	082 821 9128
Teixeira	Cherry!; 22 The Village Apartments, <i>Rosebank House</i> Beach Crescent, Scott Estate, Houtbay Cape Town, 7806	+27631239026
Van Niekerk	Yolandi & Wynand; 2 De Hoop Crescent, <i>Platteklouf</i> Edgemead, Cape Town, 7441	084 240 2884

Van Rooijen Nadia & Erik, Raymond, Gemma, 082 376 8563(N)
Plattekloof Kayleigh; 44 General Lucas Meyer
 Ave, Welgelegen 2, Cape Town, 7500;
 nadiavr8@gmail.com(N)

Van Wyk Christopher & Jenna; 2 Whitehall 079 748 9958(C)
Pinelands apartment, 10 London Street, Sea Point, 074 886 8728(J)
 8005

Vlok Amanda; Capricorn Beach, 26 Ocean Villas, 073 391 2191
Steenberg Muizenberg; amandavlok1@gmail.com

Volkwyn Pam; 183, 11th Avenue, Kensington, 7405; 072 063 1735
Tygerdal superama@iafrica.com

Weber Mark, Matthew, Bevan; 5 Penlyn 084 259 4286
Rondebosch East Ave, Penlyn Estate; (Matthew also att
 Kasselsvlei mtgs); mweber@fnb.co.za

Williams Virgil & Vivienne, Lee-Anne, Caryn, 072 635 0849(V)
Pinelands Jade; 222, Twelfth Ave, Kensington, 076 055 0045(Vv)
 7405; williamsvivienne55@gmail.com(Vv)

Wyngaard Maggie; c/o 11 Claredon Crescent. Yster- 083 258 2165
Tygerdal plaat, 7405; maggiewyngaard@gmail.com

Cape Peninsula - South

Bishop Lavis; Bosch, F

Bosch (*All mtgs; Elder*) Freddie & Betty

Grootboom (*Takes Wed AM*) Aubrey & Florence

Grootboom Robert

Grootboom Vanessa

Lawrence Russel

Le Grange Crystal

Le Grange (*Takes Sun pm*) Reginald

Maxim Trix

Mc Lane Cynthia

Mc Lane Yvonne

Fairways; Dunn, C

Brandt Peter

Dunn (*SunAM; Elder; Wed AM*) Christopher & Felicity

Duthie (*SunPM*) Marlene

Franke Gerald & Mona

Hermans (*Wed PM*) Louis & Merle

Jaftha Mattie, Bettie, Pauline

Manuel Roslyn

Renaud Mercia

Smith (*Wed PM*) Iona

Grassy Park; O'Ryan, E

Erasmus Ashleigh & Jodie, Isabella, Luca

Lutzke Bonita, Ruby

Morris Christopher

Morris Claude

O'Ryan (*SunAM, SunPM; Elder; Wed AM*) Evan & Colleen, Jade, Carlyne

O'Ryan Maurice & Josephine

Phaal Hilary, Erica

Phillips Michael & Berenice

Sassman (*Wed PM Iona Smith*) Charmaine, Matthew

Sassman (*Wed PM Iona Smith*) Marcello, Daniel

Penhill Estate; Cedras, D @ Cedras, D

Cedras (*SunAM, SunPM; Elder; Sun Pm @ 5pm, Wed PM @ 7pm Ferdinand takes the meeting*) Donovan & Dorothy, Micheala

Dauids Eileen

Mannel Sarah & Pietro, Xenethia

Okkers Wayne & Enseline, Candice, Aiden, Jadon

Samuels Sylvia

Snyder (*unable to attend meetings currently*) Peggy

Solomon Ferdinand & Gertrude

Pinelands; Reed, P

Esbend Mashardo

Foye Catherine

Green Ursula

Legg Bradley

Meintjes Mia

Morar Maylene

Reed Annette

Reed (*All mtgs; Elder*) Peter & Jacqui, Matthew, Caitlyn, Jonathan

Ruger Denyse

ShungKing Enid

Styan James-Brent, Alexander, Christopher

Van Wyk (*Takes Wed pm @ 7:30pm*) Christopher & Jenna

Williams (*Takes Sun pm @ 7pm*) Virgil & Vivienne

Plattekloof; Du Plessis, P

Du Plessis (*SunAM, SunPM; Elder*) Pieter & Wendy

Dyason (*Takes WedPM*) Stephen

Faul (*Takes SunPM alternates with Michael*) Arno

Faure Braam & Cherie, Liani, Braam (jnr), Isabella

Faure Muriel

Fevrier (*Wed; Wed PM @ 7:30*) Juliana

Hall Keith & Molly

Jackson Francine

Jackson Lorraine

Jasson Charlene

Monk Yolandi, Miquel

Reed (*Takes SunPM alternates with Arno*) Michael

Van Niekerk Yolandi & Wynand

Van Rooijen Nadia & Erik, Raymond, Gemma, Kayleigh

Rondebosch East; Cameron, R

Cameron (*SunAM, SunPM; Elder*) Rodney & Alvira

Hodgson Claire

King Earl & Cassandra, Bella, Ava, Chloe, Scott

King Sandra

Martinus André, Cameron, Andrea

Naidoo Rebecca

Nefdt Steven & Shirley

O’Ryan Joanne

O’Ryan Raymond

Weber (Wed)Mark

Rosebank House;Snyder, J

Dick Joyce

Fraser (*not able to attend mtgs*)

Robinson Elizabeth

Snyder (*SunAM;Elder;Wed AM. Mtg in sun room close to Joyce*

Dick.)Jeffrey & Shirley

Teixeira Cherryl

Steenberg;Kabamba, T

Dunn Keziah, Lombard, Joshua

Dunn (*SunPM;Sun PM, Wed pm @ Iona Smith*)Shalim &

Michelle, Sharné, Mikayla

Dunn Thersia

Dyason Janine

Kabamba (*SunAM;Elder*)Theodore & Nicky, Annabelle, Adriel

Swanepoel Lizelle

Vlok Amanda

Tygerdal;Abrahams, S

Abrahams (*All mtgs;Elder;Elder; All meetings, takes Sun*

AM)Steven & Bronwyn, Jude, Jared

Abrahams (*Takes PM meeting*)Timothy

Camfer Sarah

Dammert Patsy

Ewertse Desiree

Gihwala Jean

Smith Mervyn

Solomon Arlene, Allandore, Cheslin

Volkwyn Pam

Wyngaard Maggie

Westgate;Adonis, Derick

Adonis (SunAM,SunPM;Elder;Elder Sun AM: Takes meeting in Sherwyn's Home)Derick & Lettie

Burger Yvonne

Daames (Takes Wed PM @ Westridge)Sherwyn, Sherné

Jaftha Christopher, Angelique, Giovanni

Jaftha Mary, Joshua, Qewin

O'Ryan Reuben & Joyce

Westridge;O' Ryan, Stanley

Adams Lorraine

Adams Marlene

Bailey Helena

Dagnin Roberta

Dagnin Tanya, Aidan

Dzvokora Obvious & Nomvuso, Tanaka, Tinashe

Mervyn Rozina

O'Ryan (SunAM,Wed;Elder;Elder Sun Am; All meetings; Westgate attends the PM meetings)Stanley & Sandra

Solomon (Takes Sun PM)Edwin & Reyhana, Eva

Bishop Lavis SunPM@17h30;Le Grange, R @Bosch, F

Bosch (All mtgs;Elder)Freddie & Betty

Grootboom (Takes Wed AM)Aubrey & Florence

Grootboom Robert

Grootboom Vanessa

Lawrence Russel

Le Grange Crystal

Le Grange (Takes Sun pm)Reginald

Maxim Trix

Mc Lane Cynthia

Mc Lane Yvonne

Grassy Park S@17h00;O'Ryan, M @ O'Ryan, E

Erasmus Ashleigh & Jodie, Isabella, Luca

Lutzke Bonita, Ruby

O'Ryan (SunAM,SunPM;Elder;Wed AM)Evan & Colleen, Jade, Carlyne

O'Ryan Maurice & Josephine

Phillips Michael & Berenice

Sassman (*Wed PM Iona Smith*) Charmaine, Matthew

Sassman (*Wed PM Iona Smith*) Marcello, Daniel

Penhill Estate S@17h30; Cedras, D

Cedras (*SunAM, SunPM; Elder; Sun Pm @ 5pm, Wed PM @ 7pm Ferdinand takes the meeting*) Donavan & Dorothy, Micheala

Dauids Eileen

Mannel Sarah & Pietro, Xenethia

Okkers Wayne & Enseline, Candice, Aiden, Jadon

Samuels Sylvia

Snyder (*unable to attend meetings currently*) Peggy

Solomon Ferdinand & Gertrude

Pinelands S; Williams, V @ Reed, P

Foye Catherine

Green Ursula

Legg Bradley

Meintjes Mia

Morar Maylene

Reed Annette

Reed (*All mtgs; Elder*) Peter & Jacqui, Matthew, Caitlyn, Jonathan

Ruger Denyse

ShungKing Enid

Styan James-Brent, Alexander, Christopher

Van Wyk (*Takes Wed pm @ 7:30pm*) Christopher & Jenna

Williams (*Takes Sun pm @ 7pm*) Virgil & Vivienne

Platteklouf S@17h30; alt Reed, M & Faul, A @

Du Plessis, P

Du Plessis (*SunAM, SunPM; Elder*) Pieter & Wendy

Dyason (*Takes WedPM*) Stephen

Faul (*Takes SunPM alternates with Michael*) Arno

Faure Muriel

Fevrier (*Wed; Wed PM@7:30*) Juliana

Hall Keith & Molly

Jackson Francine

Jackson Lorraine

Jasson Charlene

Monk Yolandi, Miquel

Reed (*Takes SunPM alternates with Arno*) Michael

14 Plattekloof S@17h30;alt Reed, M & Faul, A @ Du Plessis, P

Van Niekerk Yolandi & Wynand

Van Rooijen Nadia & Erik, Raymond, Gemma, Kayleigh

Plumstead S;Dunn, S 17h30 @ Dunn, S

Brandt Peter

Dunn (*SunPM;Sun PM, Wed pm @ Iona Smith*)Shalim &

Michelle, Sharné, Mikayla

Dunn Thersia

Dyason Janine

Kabamba (*SunAM;Elder*)Theodore & Nicky, Annabelle, Adriel

Renaud Mercia

Swanepoel Lizelle

Vlok Amanda

Rondebosch East S;Nefdt, S @ Cameron, R

Cameron (*SunAM,SunPM;Elder*)Rodney & Alvira

King Earl & Cassandra, Bella, Ava, Chloe, Scott

King Sandra

Martinus André, Cameron, Andrea

Naidoo Rebecca

Nefdt Steven & Shirley

O’Ryan Joanne

O’Ryan Raymond

Weber (*Wed*)Mark

Rosebank House S;Snyder, J

Dick Joyce

Fraser (*not able to attend mtgs*)

Robinson Elizabeth

Snyder (*SunAM;Elder;Wed AM. Mtg in sun room close to Joyce*

*Dick.)*Jeffrey & Shirley

Teixeira Cherryl

Tygerdal SunPM;Abrahams, S 17h30 @

Abrahams, S

Abrahams (*All mtgs;Elder;Elder; All meetings, takes Sun*

AM)Steven & Bronwyn, Jude, Jared

Abrahams (*Takes PM meeting*)Timothy

Camfer Sarah

Dammert Patsy

Ewertse Desiree

Gihwala Jean

Smith Mervyn

Solomon Arlene, Allandore, Cheslin

Volkwyn Pam

Wyngaard Maggie

Westgate S;Solomon, E @ Adonis, Derick

Adams Lorraine

Adams Marlene

Adonis (*SunAM,SunPM;Elder;Elder Sun AM: Takes meeting in Sherwyn's Home*)Derick & Lettie

Burger Yvonne

Daames (*Takes Wed PM @ Westridge*)Sherwyn, Sherné

Dagnin Roberta

Dagnin Tanya, Aidan

Dzvokora Obvious & Nomvuso, Tanaka, Tinashe

Jaftha Christopher, Angelique, Giovanni

Jaftha Mary, Joshua, Qewin

O'Ryan Reuben & Joyce

O'Ryan (*SunAM,Wed;Elder;Elder Sun Am; All meetings; Westgate attends the PM meetings*)Stanley & Sandra

Solomon (*Takes Sun PM*)Edwin & Reyhana, Eva

Wetton S;Duthie, M

Dunn (*SunAM;Elder;Wed AM*)Christopher & Felicity

Duthie (*SunPM*)Marlene

Franke Gerald & Mona

Hermans (*Wed PM*)Louis & Merle

Jaftha Mattie, Bettie, Pauline

Manuel Roslyn

Smith (*Wed PM*)Iona

Bishop Lavis WedAM@10h30;Middleton, T @

Bosch, F

Bosch (*All mtgs;Elder*)Freddie & Betty

Grootboom (*Takes Wed AM*)Aubrey & Florence

Grootboom Robert

Lawrence Russel

Le Grange (*Takes Sun pm*)Reginald

Maxim Trix

Mc Lane Cynthia

Mc Lane Yvonne

Fairways W am@10h30;Dunn, C

Dunn (*SunAM;Elder;Wed AM*)Christopher & Felicity

Duthie (*SunPM*)Marlene

Manuel Roslyn

Renaud Mercia

Sassman (*Wed PM Iona Smith*)Charmaine, Matthew

Vlok Amanda

Grassy Park WedAM@10h30;O’Ryan, E

Erasmus Ashleigh & Jodie, Isabella, Luca

O’Ryan (*SunAM,SunPM;Elder;Wed AM*)Evan & Colleen, Jade, Carlynne

O’Ryan Maurice & Josephine

Phaal Hilary, Erica

Ottery No.1 W;Hermans, L

Dunn (*SunPM;Sun PM, Wed pm @ Iona Smith*)Shalim & Michelle, Sharné, Mikayla

Dunn Thersia

Dyason Janine

Hermans (*Wed PM*)Louis & Merle

Kabamba (*SunAM;Elder*)Theodore & Nicky, Annabelle, Adriel

Swanepoel Lizelle

Ottery No.2 W;Dunn, S @ Smith, I

Brandt Peter

Franke Gerald & Mona

Jaftha Mattie, Bettie, Pauline

Martinus André, Cameron, Andrea

Smith (*Wed PM*)Iona

Penhill Estate W@19h00;Solomon, F @ Cedras, D

Cedras (*SunAM,SunPM;Elder; Sun Pm @ 5pm, Wed PM @ 7pm Ferdinand takes the meeting*)Donavan & Dorothy, Micheala

Dauids Eileen

Mannel Sarah & Pietro, Xenethia

Okkers Wayne & Enseline, Candice, Aiden, Jadon

Samuels Sylvia

Snyder (*unable to attend meetings currently*)Peggy

Solomon Ferdinand & Gertrude

Penlyn Estate W;Weber, M

Cameron (*SunAM,SunPM;Elder*)Rodney & Alvira

King Earl & Cassandra, Bella, Ava, Chloe, Scott

King Sandra

Naidoo Rebecca

Nefdt Steven & Shirley

O’Ryan Joanne

O’Ryan Raymond

Weber (*Wed*)Mark

Pinelands W;van Wyk C @ Reed, P

Foye Catherine

Green Ursula

Legg Bradley

Meintjes Mia

Morar Maylene

Reed Annette

Reed (*All mtgs;Elder*)Peter & Jacqui, Matthew, Caitlyn, Jonathan

Ruger Denyse

ShungKing Enid

Styan James-Brent, Alexander, Christopher

Van Wyk (*Takes Wed pm @7:30pm*)Christopher & Jenna

Williams (*Takes Sun pm @ 7pm*)Virgil & Vivienne

Plattekloof W;Dyason, S @ Fevrier, J

Du Plessis (*SunAM,SunPM;Elder*)Pieter & Wendy

Dyason (*Takes WedPM*)Stephen

Faul (*Takes SunPM alternates with Michael*)Arno

Faure Muriel

Fevrier (*Wed;Wed PM@7:30*)Juliana

Hall Keith & Molly

Jackson Francine

Jackson Lorraine

Jasson Charlene

Monk Yolandi, Miquel

Reed (*Takes SunPM alternates with Arno*)Michael

Van Niekerk Yolandi & Wynand

Van Rooijen Nadia & Erik, Raymond, Gemma, Kayleigh

Rosebank House W am;Snyder, J

Dick Joyce

Fraser *(not able to attend mtgs)*

Robinson Elizabeth

Snyder *(SunAM;Elder;Wed AM. Mtg in sun room close to Joyce*

Dick.)Jeffrey & Shirley

Teixeira Cherryl

Tygerdal WedPM;19h00 @ Abrahams, S

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Abrahams *(Takes PM meeting)Timothy*

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