

# Namibia & Upington

December 29, 2025

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<b>Januarie</b>	Meleney, Jean-Claude, <i>Windhoek Senior Park</i> Damian, Tayla; 26 Villa Manzi, Sesriem street, Kleine Kuppe; Posbus 5751, Ausspannplatz; meleney@nampharm.com.na	081 424 8149(M)
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<b>Louw</b>	Deon & Tania, Lauren; 2 Uhland Heights, Kenneth Kaunda street, Windhoek; Posbus 3934, Vineta;	081 272 6116(D) 081 154 6600(D) 081 229 6196(T)
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## Namibia & Upington

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**Nell** Natalie, Tyrick

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**Pieterse** Anita

**Pottie** Eldon & Claire, Liam

**Swart** (*All mtgs;Elder*) Leon & Hannetjie

**Van der Nest** Bruce

**Van Heerden** Eduard & Manette

### Okahandja

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**Du Preez** Rika

**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM,SunPM*) Marjan

**Huisamen** (*Wed;Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien

**Jansen** Alicia

**Jansen** Johnny & Laurika, Ava, Leoniece

**Nel** (*All mtgs;Elder*) Jan & Julia

**Opperman** Wieks

**Smith** Susan & Sakkie, Sakkie jr

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**Louw** Joey & Desmond, Lemise & Zandré

**Van Heerden** Danie & Jeanette, Daniella

**Van Wyk** Chet & Zuzette, Timiica

Windhoek Senior Park

**Januarie** Meleney, Jean-Claude, Damian, Tayla

**Louw** Deon & Tania, Lauren

**Louw** Piet

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