

Cape Peninsula - South

January 7, 2026

Abrahams Steven & Bronwyn, Jude, Jared; 24 0828992051(S)
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 7460; bronwyn.abrahams77@gmail.com(B) , +2771 670 8690(B)
 steven.abrahams@eskom.co.za(S)

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Tygerdal Road, Tygerdal, Goodwood, 7460 215912107

Adams Lorraine; 5 Oleander St, Lentegueur, Mitchells 079 868 6283
Westridge Plain, 7786

Adams Marlene; 36 Tracey street, Weltevreden 078 036 8462
Westridge Glen, Colorado Park, 7785; marle-
 neadams66@gmail.com

Adonis Derick & Lettie; 1 Thomas Street, 069 105 8639(D)
Westgate Westgate, Cape Town, 7798; 081 783 5162(L)
 derickadonis@gmail.com(D) +27 79 336 5149(D)

Bailey Helena, Cecelia; 42 Hibiscus Road, +2771 092 3017(H)
Westridge Lentegueur, 7785 +27780325731(C)

Bosch Freddie & Betty; 92 Koppiesdam Rd, 084 586 9747(B)
Bishop Lavis Bishop Lavis, 7490 079 426 9455(F)

Brandt Peter; 16 Raleigh Road, Mowbray, Cape Town, 073 257 2911
Fairways 7700

Burger Yvonne; 140 Dennegeur Ave, Strandfontein, 079 037 4980
Westgate 7798

Cameron Rodney & Alvira; 5 Van Schalkwyk 082 904 3300(R)
Rondebosch East Rd, Rondebosch East, 7780; P 082 792 8700(A)
 O Box 36464, Glosderry, 7702; 021 697 3384
 rodcam888@gmail.com(R)

Camfer Sarah; 29 7th Street, Kensington, 7405 072 576 5527
Tygerdal

Cedras Donavan & Dorothy, Micheala; 37 Lau- 079 507 1629(Dv)
Penhill Estate rimer Street, Penhill Estate, Eersteriv- 081 048 2481(Dr)
 7100; donavan.cedras@gmail.com(Dv) 0683278734(M)

Daames Sherwyn, Sherné; 5 Theatre Close 079 1110453(S)
Westgate Westgate; sdaames2011@gmail.com(S)

Dagnin Roberta; 36 Tracey street Weltevreden Glen 067 993 4265
Westridge Colorado Park; robertadagnin12@gmail.com

Dagnin Tanya, Aidan; c/o Roberta Dagnin
Westridge

Van Rooijen Nadia & Erik, Raymond, Gemma, Kayleigh

Rosebank House W am; Snyder, J

Dick Joyce

Fraser (not able to attend mtgs)

Robinson Elizabeth

Snyder (SunAM; Elder; Wed AM. Mtg in sun room close to Joyce

Dick.) Jeffrey & Shirley

Teixeira Cherryl

Tygerdal WedPM; 19h00 @ Abrahams, S

Abrahams (All mtgs; Elder; Elder; All meetings, takes Sun
 AM) Steven & Bronwyn, Jude, Jared

Abrahams (Takes PM meeting) Timothy

Camfer Sarah

Dammert Patsy

Ewertse Desiree

Gihwala Jean

Smith Mervyn

Solomon Arlene, Allandore, Cheslin

Volkwyn Pam

Wyngaard Maggie

Westridge W; Daames, S @ O' Ryan, Stanley

Adams Lorraine

Adams Marlene

Adonis (SunAM, SunPM; Elder; Elder Sun AM: Takes meeting in
Sherwyn's Home) Derick & Lettie

Burger Yvonne

Daames (Takes Wed PM @ Westridge) Sherwyn, Sherné

Dagnin Roberta

Dagnin Tanya, Aidan

Dzvokora Obvious & Nomvuso, Tanaka, Tinashe

Jaftha Christopher, Angelique, Giovanni

Jaftha Mary, Joshua, Qewin

O'Ryan Reuben & Joyce

O'Ryan (SunAM, Wed; Elder; Elder Sun Am; All meetings;

Westgate attends the PM meetings) Stanley & Sandra

Solomon (Takes Sun PM) Edwin & Reyhana, Eva

Samuels Sylvia
Snyder (unable to attend meetings currently)Peggy
Solomon Ferdinand & Gertrude
Penlyn Estate W;Weber, M

Cameron (SunAM,SunPM;Elder)Rodney & Alvia
King Earl & Cassandra, Bella, Ava, Chloe, Scott
King Sandra
Naidoo Rebecca
Neidt Steven & Shirley
O'Ryan Joanne
O'Ryan Raymond
Weber (Wed)Mark

Pinelands W;van Wyk C @ Reed, P

Foye Catherine
Green Ursula
Legg Bradley
Meintjes Mia
Morar Maylene
Reed Annette
Reed (All mtgs;Elder)Peter & Jacquie, Matthew, Caitlyn, Jonathan
Ruger Denyse
ShungKing Enid
Slyan James-Brent, Alexander, Christopher
Van Wyk (Takes Wed pm @7:30pm)Christopher & Jenna
Williams (Takes Sun pm @ 7pm)Virgil & Vivienne

Platteklloof W;Dyason, S @ Fevrier, J

Du Plessis (SunAM,SunPM;Elder)Pieter & Wendy
Dyason (Takes WedPM)Stephen
Faul (Takes SunPM alternates with Michael)Arno
Faure Muriel
Fevrier (Wed;Wed PM@7:30)Juliana
Hall Keith & Molly

Jackson Francine
Jackson Loraine
Monk Yolandi, Migaël
Reed (Takes SunPM alternates with Arno)Michael
Van Niekerk Yolandi & Wynand

Dammert Patsy; 88 Monte Vista Boulevard, Monte Vista, 7460; dammertpatsy@gmail.com
Davids Eileen; 8 Concordia st, Devon Park, Erste 071 189 2554
Penhill Estate Rivier

Dick Joyce; Rosebank House, 42 Alma Road, Room 2, Rosebank, 7700; joycedick123@gmail.com
Du Plessis Pieter & Wendy; 1 Melkhout Crescent, Platteklloof 3, 7500; pdup- 082 781 1021(W)
Platteklloof mail@gmail.com(P) , kocotrading@gmail.com(W)
Dunn Christopher & Felicity; 6 Fifth Ave, Fairways, 083 373 1023(C)
Fairways 7945; chrisdunn1@mweb.co.za(C)
Dunn Keziah, Lombard, Joshua; Annandale Crt, 12 Annandale Road, Flat number 15, Diep River, 796843314
Steenberg 7945; keziaacdunn@gmail.com

Dunn Shalim & Michelle, Sharné, Mikayla; 15 Stella Rd, Plumstead, 7800 (Mikayla in Bloom); michelle.dunn@johnbrowmedia.com(M)
Steenberg , sdunn@webmail.co.za
Dunn Thersia; Annandale Crt, 12 Annandale Rd, Flat No 14, Diep River, 7945; dunnthersia@gmail.com
Duthie Marlene; 30 Canal Rd, Woodlands Park, Wetton, 7780; canalroadedu-care@gmail.com(M)

Dyason Stephen; 107 Palm Spring, Oasis Retirement 082 886 8212
Platteklloof Resort, Oasis Lane, Century City, 7441; stephen@dyasons.co.za

Dyason Janine; 66 Sandstone way, Stonehurst Moun- 082 903 8402
Steenberg tain Estate, Cape Town; jdyason@gmail.com 081 374 7277
Dzvokora Obvious & Nomvuso, Tanaka, Tinashe; No 350, NY 1, Gugulethu; 081 704 7540(O)
Westridge 079 599 6131(N)
Erasmus Ashleigh & Jodie, Isabella, Luca; 0610942039(A)
Grassy Park 72, Sixth Ave, Grassy Park, 7945; ashley.erasmus7@gmail.com(A) , jodieo2014@gmail.com(J)

Esbend Mashardo; D131 Musgrave Park, Cnr 188 +27792383912
Pinelands Boundary Road/Old Kendal and Myburg
 Roads, Diep River, 7945; mashardo@gmail.com

Ewertse Desiree; 10 Arlington way, Milnerton Ridge, 084 337 4366(D)
Tygerdal 7441; ewertsedesiree@gmail.com(D)

Faul Arno; Sandown Crescent, Unit D309, 12 083 369 9257
Platteklouf Grand National Blvd, Milnerton, 7441;
 arnofaul@gmail.com

Faure Braam & Cherie, Liani, Braam (jnr), 061 364 3113(B)
Platteklouf Isabella; 41, Clifton Crescent, Parklands, 061 398 0636(C)
 Milnerton Rural, Cape Town, 7441;
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Faure Muriel; 41 Clifton Crescent, Parklands, 074 994 1895
Platteklouf Milnerton Rural, Cape Town, 7441.;
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Fevrier Juliana; 129 Platteklouf Rd, Monte Vista, 074 124 6460
Platteklouf Cape Town, 7460; julie@travelmanor.co.za

Foye Catherine; Oasis Retirement Resort, 803 Palm 082 567 7488
Pinelands Royale, Century Way, Century City, 7441;
 jwf@iafrica.com 021 250 0936

Franke Gerald & Mona, Mandi, Elrita; 25 Edna St, 078 217 0623(E)
Fairways Montague Gift, Grassy Park, 7945 079 129 8180 (G)

Fraser Shani; Rosebank House, Sickbay, 42 021 689 3612
Rosebank House Alma Road, Rosebank

Gihwala Jean; 8 Moore Street, Parrow valley, Cape 073 381 3425
Tygerdal Town, 7500

Green Ursula, Terence; 6 Gladiator St, Kensington, 079 479 1357(U)
Pinelands 7405 072 426 0563(T)

Grootboom Aubrey & Florence, Alaric, Enslin; 28 078 169 8717(A)
Bishop Lavis Commercial Road, Clarkes, 7490 074 909 4821(F)

Grootboom Robert & Marie; 84, 9th Avenue, 083 989 8202
Bishop Lavis Leonsdale, Elsie's River, 7490 071 184 8977(M)
 0781198253(R)

Grootboom Vanessa; 26 Commercial Rd, Clarkes 062 655 7930
Bishop Lavis

Hall Keith & Molly; 11 Houtman St, Monte 021 559 2401
Platteklouf Vista, 7460 076 693 2576(K)

Mc Lane Cynthia

Mc Lane Yvonne

Fairways W am@10h30; Dunn, C

Dunn (SunAM; Elder; Wed AM) Christopher & Felicity

Duthie (SunPM) Marlene

Manuel Roslyn

Renaud Mercia

Sassman (Wed PM Iona Smith) Charmaine, Matthew

Vlok Amanda

Grassy Park WedAM@10h30; O'Ryan, E

Erasmus Ashleigh & Jodie, Isabella, Luca

O'Ryan (SunAM, SunPM; Elder; Wed AM) Evan & Colleen, Jade,
 Carlynn

O'Ryan Maurice & Josephine

Phaal Hilary, Erica

Ottery No.1 W; Hermans, L

Dunn (SunPM; Sun PM, Wed pm @ Iona Smith) Shalim &
 Michelle, Sharné, Mikayla

Dunn Thersia

Dyason Janine

Hermans (Wed PM) Louis & Merle

Kabamba (SunAM; Elder) Theodore & Nicky, Annabelle, Adriel

Swanepoel Lizelle

Ottery No.2 W; Dunn, S @ Smith, I

Brandt Peter

Franke Gerald & Mona

Jaftha Mattie, Bettie, Pauline

Martinus André, Cameron, Andrea

Smith (Wed PM) Iona

Penhill Estate W@19h00; Solomon, F @ Cedras, D

Cedras (SunAM, SunPM; Elder; Sun Pm @ 5pm, Wed PM @
 7pm Ferdinand takes the meeting) Donavan & Dorothy, Micheala

Dauids Eileen

Mannel Sarah & Pietro, Xenethia

Okkers Wayne & Enseline, Candice, Aiden, Jadon

Gihwala Jean
Smith Mervyn
Solomon Arlene, Allandore, Cheslin
Volkwyn Pam
Wyngaard Maglie

Westgate S:Solomon, E @ Adonis, Derick

Adams Lorraine
Adams Marlene
Adonis (SunAM,SunPM:Elder:Elder Sun AM: Takes meeting in
Sherwyn's Home)Derick & Lettie
Burger Yvonne

Daames (Takes Wed PM @ Westridge)Sherwyn, Sherne

Dagnin Roberta
Dagnin Tanya, Aidan
Dzvokora Obvious & Nomvuso, Tanaka, Tinashe
Jaffha Christopher, Angeliique, Giovanni
Jaffha Mary, Joshua, Qewin
O'Ryan Reuben & Joyce

O'Ryan (SunAM,Wed:Elder:Elder Sun AM: All meetings;
Westgate attends the PM meetings)Stanley & Sandra
Solomon (Takes Sun PM)Edwin & Reyhana, Eva

Wetton S:Duthie, M

Dunn (SunAM:Elder:Wed AM)Christopher & Felicity
Duthie (SunPM)Marlene
Franke Gerald & Mona
Hermans (Wed PM)Louis & Merle
Jaffha Mattie, Bettie, Pauline
Manuel Roslyn
Smith (Wed PM)Iona

Bishop Lavis WedAM@10h30:Middletown, T @ Bosch, F

Bosch (All mtgs:Elder)Freddie & Betty
Grootboom (Takes Wed AM)Aubrey & Florence
Grootboom Robert
Lawrence Russel
Le Grange (Takes Sun pm)Reginald
Maxim Tix

Hermans Louis & Merle; 31 Woodside Rd, Ottery, 073 426 6855(L)
Fairways 7800; louishermans.mail@gmail.com(L) 083 552 2273(M)
021 703 4273

Hodgson Claire; 322 Obs Court, 3A Howe Street, Cape Town;
Rondebosch East Street, Observatory, Cape Town;
hodgson.ce@gmail.com

Jackson Francine; 30 Tulbagh Street, Monte Vista, 079 060 0449
Platteklouf 7460; fbsjack@gmail.com
Jackson Lorraine; 30 Tulbagh Street, Monte Vista, 082 708 0475
Platteklouf 7460

Jaffha Mattie, Bettie, Pauline; Renskies Farm, 079 580 7705(B)
Fairways Ottery Rd, (Opposite Ottery Cemetery) 076 038 5283(M)
0741039528(P)
Jaffha Christopher, Angeliique, Giovanni; 1 White Eye 083 605 8157
Westgate Court, Pelican Park

Jaffha Mary, Patrick, Quinton, Joshua, Qewin; 4 071 825 8584(M)
Westgate Aguilhas St, Strandfontein, 7785
Jasson Charlene & Neville, Chasney, Cheltem; 082 336 7231(C)
Platteklouf 3 Uitzicht Crescent, Richmond;
charlene.jasson@westerncape.gov.za(C)

Kabamba Theodore & Nicky, Annabelle, 071 919 1865(T)
Steenberg Adriel; 19 Orchestra St, 082 322 7224(N)
Steenberg, 7945; amonnn@gmail.com(N) , 021 707 5240W(N)
kabambafamily@gmail.com

King Earl & Cassandra, Bella, Ava, Chloe, 083 451 3385(E)
Rondebosch East Scott; 9 Ellerslie Road, Wynberg, 082 851 8838(C)
Cape Town, 7800; maillear@yahoo.com(E) ,
webbdenitist@yahoo.com(C)

King Sandra; 9 Ellerslie Road, Wynberg, Cape072 057 3095
Rondebosch East Town, 7800; skingmie@gmail.com
Lawrence Russel; 15 Nederland street, Belhar 16, Cape Town, 7493
Bishop Lavis

Le Grange Crystal; 3 William Mason Rd, Bishop Lavis, 021 934 5609
Bishop Lavis 7490 071 614 5783
Le Grange Reginald; 5 Heather Rd, Bishop Lavis, 7490021 934 3719
Bishop Lavis 670834851
Legg Bradley; 86 Palmyra Road , Newlands, Cape 0766981076(B)
Pinelands Town, 7708

Lutzke <i>Grassy Park</i>	Bonita & Carl, Ruby; 26 Seven Sleepers road, Kirstenhof; bmlutzke@gmail.com(B), carl@lawsplumbing.co.za(C)	0833509509(B) 072118874(C)
Mannel <i>Penhill Estate</i>	Sarah & Pietro, Xenethia; 60 Bobby St, Gaylee, Blackheath, 7580	083 954 1188(S) 0741894795(P)
Manuel <i>Fairways</i>	Roslyn; 34 Daniel Ave, Ottery, 7800	073 264 9435
Martinus <i>Rondebosch East</i>	André, Cameron, Andrea; 389G Nassau Rd, Wynberg Military Base; andremartinus772@gmail.com(A)	
Maxim <i>Bishop Lavis</i>	Trix & Fanie; Relocated to Knysna	076 620 7948(T)
Mc Lane <i>Bishop Lavis</i>	Cynthia; 7 Hanover Street, Highbury Park, Kuilsriver, 7580	072 465 5057
Mc Lane <i>Bishop Lavis</i>	Yvonne, Jovaunté, Eve; 49 Kogelberg Rd, Bishop Lavis, 7490; evenicole.mclean@gmail.com(Y)	082 958 7521(Y)
Meintjes <i>Pinelands</i>	Mia; 3 Oaks Court, 23 Union Street, Gardens; mia.meintjes@gmail.com	064 541 2987
Mervyn <i>Westridge</i>	Rozina; 42 Hibiscus Road, Lenteguur, 7785	+2776 703 9460
Monk <i>Platteklouf</i>	Yolandi, Miqaël; 30 Tulbagh Street, Monte Vista, 7460; yolandi@lusinco.co.za	072 424 5669(Y)
Morar <i>Pinelands</i>	Maylene & Reno; 7 Scouts Place, Pinelands, 7405; maylene.shungking@uct.ac.za(M)	071 200 3607(M) 082 899 6138(R)
Morris <i>Grassy Park</i>	Christopher; c/o Bonita Lutzke; christopher.morris@yahoo.com	082 586 0805
Morris <i>Grassy Park</i>	Claude & Jo-Ann, Kaylynne, Peter, Noah; 10 Harmony way, Kirstenhof	082 887 8273(C) +27715467679(C) 081 896 2663(J)
Naidoo <i>Rondebosch East</i>	Rebecca; Lovers walk, Rondebosch	084 089 7304
Nefdt <i>Rondebosch East</i>	Steven & Shirley; 4 Woodbury Close, Kenwyn, 7780	078 344 6874(St) 078 198 7180(Sh)
O'Ryan <i>Grassy Park</i>	Evan & Colleen, Jade, Carlynne; 72, Sixth Ave, Grassy Park, 7945; evanoryan66@gmail.com(E)	060 618 4360(E) 0713894232(C)

14 Platteklouf S@17h30;alt Reed, M & Faul, A @ Du Plessis, P

Van Niekerk Yolandi & Wynand
Van Rooijen Nadia & Erik, Raymond, Gemma, Kayleigh
Plumstead S;Dunn, S 17h30 @ Dunn, S
Brandt Peter
Dunn (SunPM;Sun PM, Wed pm @ Iona Smith)Shalim & Michelle, Sharné, Mikayla
Dunn Thersia
Dyason Janine
Kabamba (SunAM;Elder)Theodore & Nicky, Annabelle, Adriel
Renaud Mercia
Swanepoel Lizelle
Vlok Amanda
Rondebosch East S;Nefdt, S @ Cameron, R
Cameron (SunAM,SunPM;Elder)Rodney & Alvira
King Earl & Cassandra, Bella, Ava, Chloe, Scott
King Sandra
Martinus André, Cameron, Andrea
Naidoo Rebecca
Nefdt Steven & Shirley
O'Ryan Joanne
O'Ryan Raymond
Weber (Wed)Mark
Rosebank House S;Snyder, J
Dick Joyce
Fraser (not able to attend mtgs)
Robinson Elizabeth
Snyder (SunAM;Elder;Wed AM. Mtg in sun room close to Joyce Dick.)Jeffrey & Shirley
Teixeira Cherryl
Tygerdal SunPM;Abrahams, S 17h30 @ Abrahams, S
Abrahams (All mtgs;Elder;Elder; All meetings, takes Sun AM)Steven & Bronwyn, Jude, Jared
Abrahams (Takes PM meeting)Timothy
Camfer Sarah
Dammert Patsy
Ewertse Desiree

Phillips Michael & Berenice
Sassman (Wed PM Iona Smith)Charmaine, Matthew
Sassman (Wed PM Iona Smith)Marcello, Daniel
Penhill Estate S@17h30; Cedras, D

Cedras (SunAM, SunPM; Elder; Sun Pm @ 5pm, Wed PM @ 7pm Ferdinand takes the meeting)Donavan & Dorothy, Micheala
Davids Eileen
Mannel Sarah & Pietro, Xenethia
Okkers Wayne & Enseline, Candice, Aidan, Jadon
Samuels Sylvia
Snyder (unable to attend meetings currently)Peggy
Solomon Ferdinand & Gertrude
Pinelands S; Williams, V @ Reed, P

Foye Catherine
Green Ursula
Legg Bradley
Meinjes Mia
Morar Maylene
Reed Annette
Reed (All mtgs; Elder)Peter & Jacqui, Matthew, Caitlyn, Jonathan
ShungKing Enid
Styan James-Brent, Alexander, Christopher
Van Wyk (Takes Wed pm @ 7:30pm)Christopher & Jenna
Williams (Takes Sun pm @ 7pm)Virgil & Vivienne
Platteklloof S@17h30; alt Reed, M & Faul, A @
Du Plessis, P

Du Plessis (SunAM, SunPM; Elder)Pieter & Wendy
Dyson (Takes WedPM)Stephen
Faul (Takes SunPM alternates with Michael)Arno
Faure Muriel
Fevrier (Wed; Wed PM@7:30)Juliana
Hall Keith & Molly
Jackson Francine
Jackson Lorraine
Jasson Charlene
Monk Yolandi, Migaël
Reed (Takes SunPM alternates with Arno)Michael

O’Ryan Maurice & Josephine; 72, Sixth
Grassy Park Ave, Grassy Park, 7945; oryan-
maurice@gmail.com(M) , oryan-
josephine@gmail.com(J)

O’Ryan Joanne, Sam, Ryan; 39 Quick Rd, Lans- 062 670 6511
Rondebosch East downe, 7780; joanne.oryan@gmail.com
O’Ryan Raymond; 17 Malvhu! Road, 064 154 2469
Rondebosch East
O’Ryan Reuben & Joyce; 7 Figtree Close, 06711775308(J)
Westgate Eastridge, Mitchells Plain, 7785;
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O’Ryan Stanley & Sandra; 34 Gleneagles 0607202209(St)
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Okkers Wayne & Enseline, Candice, 061 245 2458(W)
Penhill Estate Aidan, Jadon; 65 Forest Mews
Complex, Heather Park, 7100;
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; enselineokkers01@gmail.com(E)

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Grassy Park Bergvliet, 7945; ephaa@gmail.com(E)
Phillips Michael & Berenice, Ridge; 23 0827963441(M)
Grassy Park Dieman Rd, Grassy Park, 7945;
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Reed Annette; 6 Poplar Way, Pinelands, 7405; 083 476 0009
Pinelands annettereed1947@gmail.com

Reed Peter & Jacqui, Matthew, Caitlyn, 082 552 8420(P)
Pinelands Jonathan; 6 Poplar Way, Pinelands, 7405; 082 929 0594(J)
peter@jcmtech.co.za(P) , jacqui@jcmtech.co.za(J) 021 531 0333
Reed Michael & Yvonne, Aidan, Oliver; 33 082 853 6904(M)
Platteklloof York Close, Parklands, Table View, 7441; 082 555 5110(Y)
michaelreed2812@outlook.com(M)
Renaud Mercia & Andre; 304 Brentwood, 072 341 3328(M)
Fairways 40 Gray Rd, Plumstead, 7800;
mercia.renaud24@gmail.com
Robinson Elizabeth; Rosebank House room 109, 42083 249 0233
Rosebank House Alma Road, Room 104, Rosebank

Ruger	Denyse; 201 Grosvenor Square, 17 College Rd, Rondebosch; denyse@ruger.co.za	082 658 1358 021 686 0897
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Sassman	Charmaine, Matthew; 1 Jubalew street, Grassy Park Welcome Estate ,Vanguard	079 037 5550
Sassman	Marcello, Daniel; 1 Jubalew street, Grassy Park Estate, Vanguard	067 951 0647
ShungKing	Enid; 27 Avro Ave, Kensington, 7405	072 607 3774
Smith	Iona; 16 Ascot Close, Ascot Mews, Ottery, Fairways 7800; ionasmith32@gmail.com	078 622 7858
Smith	Mervyn; 11 Claredon Crescent. Ysterplaat, Tygerdal 7405; soniasmith411@gmail.com	074 422 1893
Snyder	Peggy; 4 Moss St, Austinville, Blackheath, Penhill Estate 7580; Box 66, Blackheath, 7581; charlfred@telkomsa.net	084 507 0919 021 905 1911
Snyder	Jeffrey & Shirley; Rosebank House, Rosebank House 42 Alma Road, Rosebank, 7700; Frail Care No. 1.; jephthahsnyder@gmail.com	072 871 5949(J)
Solomon	Ferdinand & Gertrude; 17 Athems Road, Penhill Estate The Conifers, Blue Downs, 7100	073 143 3812(F) 073 738 2939(G)
Solomon	Arlene, Allandore, Cheslin; 11 Claredon Crescent. Ysterplaat, 7405	081 720 4117
Solomon	Edwin & Reyhana, Eva; 6 Geranium Street, Lentegeur, Mitchells Plain, 7785	084 044 7706(E) 078 550 7140(R)
Styan	James-Brent & Marianne, Alexander, Pinelands Christopher; 16 Gardenia Ave, Vredehoek; james-brent.styan@westerncape.gov.za	084 583 1670
Swanepoel	Lizelle; 66 Sandstone way, Stonehurst Mountain Estate, Cape Town; lizelllex@yahoo.com	082 821 9128
Teixeira	Cherryl; 22 The Village Apartments, Rosebank House Beach Crescent, Scott Estate, Houtbay Cape Town, 7806	+27631239026
Van Niekerk	Yolandi & Wynand; 2 De Hoop Cresent, Platteklouf Edgemead, Cape Town, 7441	084 240 2884

Westgate;Adonis, Derick

Adonis (SunAM,SunPM;Elder;Elder Sun AM: Takes meeting in Sherwyn's Home)Derick & Lettie

Burger Yvonne

Daames (Takes Wed PM @ Westridge)Sherwyn, Sherné

Jaftha Christopher, Angelique, Giovanni

Jaftha Mary, Joshua, Qewin

O'Ryan Reuben & Joyce

Westridge;O' Ryan, Stanley

Adams Lorraine

Adams Marlene

Bailey Helena

Dagnin Roberta

Dagnin Tanya, Aidan

Dzvokora Obvious & Nomvuso, Tanaka, Tinashe

Mervyn Rozina

O'Ryan (SunAM,Wed;Elder;Elder Sun Am; All meetings; Westgate attends the PM meetings)Stanley & Sandra

Solomon (Takes Sun PM)Edwin & Reyhana, Eva

Bishop Lavis SunPM@17h30;Le Grange, R @ Bosch, F

Bosch (All mtgs;Elder)Freddie & Betty

Grootboom (Takes Wed AM)Aubrey & Florence

Grootboom Robert

Grootboom Vanessa

Lawrence Russel

Le Grange Crystal

Le Grange (Takes Sun pm)Reginald

Maxim Trix

Mc Lane Cynthia

Mc Lane Yvonne

Grassy Park S@17h00;O'Ryan, M @ O'Ryan, E

Erasmus Ashleigh & Jodie, Isabella, Luca

Lutzke Bonita, Ruby

O'Ryan (SunAM,SunPM;Elder;Wed AM)Evan & Colleen, Jade, Carlynnne

O'Ryan Maurice & Josephine

King Earl & Cassandra, Bella, Ava, Chloe, Scott

King Sandra

Martinus André, Cameron, Andrea

Naidoo Rebecca

Nedl Steven & Shirley

O'Ryan Joanne

O'Ryan Raymond

Weber (Wed)Mark

Rosebank House;Snyder, J

Dick Joyce

Fraser (not able to attend mtgs)

Robinson Elizabeth

Snyder (SunAM;Elder;Wed AM. Mtg in sun room close to Joyce

Dick, Jeffrey & Shirley

Teixeira Cherry

Steenberg;Kabamba, T

Dunn Keziah, Lombard, Joshua

Dunn (SunPM;Sun PM, Wed pm @ Iona Smith)Shalim &

Michelle, Sharné, Mikayla

Dunn Thersia

Dyason Janine

Kabamba (SunAM;Elder)Theodore & Nicky, Annabelle, Adriel

Swanepoel Lizelle

Vlok Amanda

Tygerdal;Abrahams, S

Abrahams (All mtgs;Elder;Elder; All meetings, takes Sun

AM)Steven & Bronwyn, Jude, Jared

Abrahams (Takes PM meeting)Timothy

Camfer Sarah

Dammer Patsy

Ewertse Desirée

Gihwala Jean

Smith Mervyn

Solomon Arlene, Allandore, Cheslin

Volkwyn Pam

Wyngaard Maggie

Van Rooijen Nadia & Erik, Raymond, Gemma, 082 376 8563(N)

Plattekloof

Kayleigh: 44 General Lucas Meyer Ave, Welgelegen 2, Cape Town, 7500;

nadiav8@gmail.com(N)

Van Wyk Christopher & Jenna: 2 Whitehall 079 748 9958(C)

Pineclands apartment, 10 London Street, Sea Point, 074 886 8728(J)

8005

Vlok Amanda; Capricorn Beach, 26 Ocean Villas, 073 391 2191

Steenberg

Mitzenberg; amandavlok1@gmail.com

Volkwyn Pam; 183, 11th Avenue, Kensington, 7405; 072 063 1735

Tygerdal

superama@iafrica.com

Weber Mark, Matthew, Bevan; 5 Penlyn 084 259 4286

Rondebosch East

Ave, Penlyn Estate; (Matthew also att

Kasselsvlei mtgs); mweber@fnb.co.za

Williams Virgil & Vivienne, Lee-Anne, Caryn, 072 635 0849(V)

Pineclands Jade; 222, Twelfth Ave, Kensington, 076 055 0045(VV)

7405; williamsvivienne55@gmail.com(VV)

Wyngaard Maggie; c/o 11 Claredon Crescent, Yster- 083 258 2165

Tygerdal

plaat, 7405; maggiewyngaard@gmail.com

Cape Peninsula - South

Bishop Lavis; Bosch, F

Bosch (*All mtgs; Elder*) Freddie & Betty

Grootboom (*Takes Wed AM*) Aubrey & Florence

Grootboom Robert

Grootboom Vanessa

Lawrence Russel

Le Grange Crystal

Le Grange (*Takes Sun pm*) Reginald

Maxim Trix

Mc Lane Cynthia

Mc Lane Yvonne

Fairways; Dunn, C

Brandt Peter

Dunn (*Sun AM; Elder; Wed AM*) Christopher & Felicity

Duthie (*Sun PM*) Marlene

Franke Gerald & Mona

Hermans (*Wed PM*) Louis & Merle

Jaftha Mattie, Bettie, Pauline

Manuel Roslyn

Renaud Mercia

Smith (*Wed PM*) Iona

Grassy Park; O'Ryan, E

Erasmus Ashleigh & Jodie, Isabella, Luca

Lutzke Bonita, Ruby

Morris Christopher

Morris Claude

O'Ryan (*Sun AM, Sun PM; Elder; Wed AM*) Evan & Colleen, Jade, Carlynne

O'Ryan Maurice & Josephine

Phaal Hilary, Erica

Phillips Michael & Berenice

Sassman (*Wed PM Iona Smith*) Charmaine, Matthew

Sassman (*Wed PM Iona Smith*) Marcello, Daniel

Penhill Estate; Cedras, D @ Cedras, D

Cedras (*Sun AM, Sun PM; Elder; Sun Pm @ 5pm, Wed PM @ 7pm Ferdinand takes the meeting*) Donavan & Dorothy, Micheala

Davids Eileen

Mannel Sarah & Pietro, Xenethia

Okkers Wayne & Enseline, Candice, Aiden, Jadon

Samuels Sylvia

Snyder (*unable to attend meetings currently*) Peggy

Solomon Ferdinand & Gertrude

Pinelands; Reed, P

Esbend Mashardo

Foye Catherine

Green Ursula

Legg Bradley

Meintjes Mia

Morar Maylene

Reed Annette

Reed (*All mtgs; Elder*) Peter & Jacqui, Matthew, Caitlyn, Jonathan

Ruger Denyse

ShungKing Enid

Styan James-Brent, Alexander, Christopher

Van Wyk (*Takes Wed pm @ 7:30pm*) Christopher & Jenna

Williams (*Takes Sun pm @ 7pm*) Virgil & Vivienne

Platteklouf; Du Plessis, P

Du Plessis (*Sun AM, Sun PM; Elder*) Pieter & Wendy

Dyason (*Takes Wed PM*) Stephen

Faul (*Takes Sun PM alternates with Michael*) Arno

Faure Braam & Cheriese, Liani, Braam (jnr), Isabella

Faure Muriel

Fevrier (*Wed; Wed PM @ 7:30*) Juliana

Hall Keith & Molly

Jackson Francine

Jackson Lorraine

Jasson Charlene

Monk Yolandi, Miqaël

Reed (*Takes Sun PM alternates with Arno*) Michael

Van Niekerk Yolandi & Wynand

Van Rooijen Nadia & Erik, Raymond, Gemma, Kayleigh

Rondebosch East; Cameron, R

Cameron (*Sun AM, Sun PM; Elder*) Rodney & Alvira

Hodgson Claire