

# Western Cape

September 20, 2025

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 7550. Press code 297 for frail care. Keep right.

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<b>Minnies</b> <i>Atlantis</i>	Awie & Berenice, Keenan, Ashwel, Nathan; Rainbow Chicken Farm (Langdam - "Touch Wood") 8Kms out on the Klein Dassenberg Rd, Atlantis 7530	061 528 6602(A) 074 568 7009(B)
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<b>Pogenpoel</b> <i>WC Contacts</i>	Richard, Carmen; 10 Walnut Road, Lansdowne	083 963 0056
<b>Posthumus</b> <i>SW Morningside</i>	Aimee & David, Luke, Oliver; 4 Marula Close, Olive Grove, Somerset West; aimeedelport@hotmail.com	081 484 1096
<b>Potgieter</b> <i>SW Golden Acre</i>	Dené; 5 Verreweide rd, Universitas Oord, Stellenbosch	078 154 1050
<b>Potgieter</b> <i>WC Contacts</i>	Suzette, Oswald, Wendy, Andy, Amber, Ashley LeGrange; 102 Renoster Str, Delft; GPS:; (-33.973583,18.639717)	062 610 9101(S)
<b>Reed</b> <i>Pinelands</i>	Annette; 6 Poplar Way, Pinelands, 7405; annettereed1947@gmail.com	083 476 0009
<b>Reed</b> <i>Pinelands</i>	Peter & Jacqui, Matthew, Caitlyn, Jonathan; 6 Poplar Way, Pinelands, 7405; peter@jcmtech.co.za(P) , jacqui@jcmtech.co.za(J)	082 552 8420(P) 082 929 0594(J) 021 531 0333

<b>Reed</b> <i>Plattekloof</i>	Michael & Yvonne, Aidan, Oliver; 33 York Close, Parklands, Table View, 7441; michaelreed2812@outlook.com(M)	082 853 6904(M) 082 555 5110(Y)
<b>Renaud</b> <i>Fairways</i>	Mercia & André; 304 Brentwood, 40 Gray Rd, Plumstead, 7800; mercia.renaude24@gmail.com	072 341 3328(M)
<b>Rezant</b> <i>WC - North - Sick Bay</i>	Christopher, Justin, Ashwin; Huis De Kuilen, Kuilsrivier; chris.rezant@gmail.com(C)	083 419 8912(C) 084 975 5341(J) 084 976 6636(A) 082 839 1024(C)
<b>Robijn</b> <i>WC Contacts</i>	Marissa; 7 Laurimer Rd, Penhill, 7100	
<b>Robinson</b> <i>Rosebank House</i>	Elizabeth; Rosebank House room 109, Alma Road, Room 104, Rosebank	42083 249 0233
<b>Robinson</b> <i>Worcester</i>	Bridgette; 22 Martin St, Victoria Park, Worcester, 6850; bridgetterobinson1@gmail.com	064 807 6088
<b>Roodt</b> <i>WC Contacts</i>	Karel, Mishka; 5 Wairakei Close, Fairview Golf estate, Gordon's Bay	082 410 5817
<b>Roos</b> <i>Langebaan #1</i>	Elizabeth, Riana, Zandr�; 8 Emerald street, Villa Diamante, Langebaan; steveroos@webmail.co.za	079 118 7612
<b>Rossouw</b> <i>WC Contacts</i>	Roelof; Unit 694, block 76, de Velde Life style Estate, Firgrove Rural 7130; roelofrossouw@lando.co.za(R)	079 873 4636(R)
<b>Rossouw</b> <i>WC Contacts</i>	Zelda; No. 3, 44OnMain, Main Road, Fish Hoek	083 281 7081
<b>Rothmann</b> <i>Pearl Valley</i>	Wesley & Larysha; 7 Optenhorst Mews, Lemoenkloof, Paarl, 7647; wesley.rothmann@gmail.com(W) , larysha.rothmann@gmail.com(L)	072 308 8687(W) 071 610 1370(L)
<b>Ruger</b> <i>Pinelands</i>	Denyse; 201 Grosvenor Square, 17 College Rd, Rondebosch; denyse@ruger.co.za	082 658 1358 021 686 0897
<b>Samuels</b> <i>Gordons Bay</i>	Melchoir & Carol; 99 10th Street, Strand, 7139	072 797 1659(M)
<b>Samuels</b> <i>Penhill Estate</i>	Sylvia; 125 Pinetree Way, Rosedale, Eersterivier, 7100	083 206 4502(S)
<b>Sassman</b> <i>Grassy Park</i>	Charmaine, Matthew; 1 Jubalew street, Welcome Estate ,Vanguard	079 037 5550

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**Sassman** Marcello, Daniel; 1 Jubalew street, Welcome 067 951 0647  
*Grassy Park Estate, Vanguard*

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**Sauls** Alicia, Merlize, Keelan; 104 Parker Street, 082 559 3541(A)  
*Worcester Worcester* 061 984 6313(M)

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**Schlemmer** Illona; F2 Parkview Heights, 084 491 0769  
*Bethanie Belami Drive, Sonstraal Heights;*  
 schlemmerillona@gmail.com

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**Schooling** Freda; 193 Elysenpark, Langebaan Country 078 068 3798  
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 Langebaan Country Estate, Langebaan; 227221863  
 chrisschooling@gmail.com

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**ShungKing** Enid; 27 Avro Ave, Kensington, 7405 072 607 3774  
*Pinelands*

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**Simons** Marco & Carlinne, Conner; Cape Town; 072 283 4062(M)  
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**Simpson** Lynne, Charlton; Verzicht Unit 5, 57 066 238 8611(L)  
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 7560

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**Slater** Chrystal, Zachary, Elijah; 13 Landzicht 084 501 5272(C)  
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 7550; chrystaljackson@gmail.com(C)

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*Fairways* 7800; ionasmith32@gmail.com

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**Smith** Hazel; 138 Main St, Laingville, St Helena 073 873 3004(H)  
*St Helena Bay* Bay, 7390; hazznetrading@gmail.com

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**Smith** Mervyn; 11 Claredon Crescent. Ysterplaat, 074 422 1893  
*Tygerdal* 7405; soniasmith411@gmail.com

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**Smit** Santie; 083 263 1843  
*WC Contacts*

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**Snyders** Catherine; Room 10, Onze Molen, 12 High 082 333 9871  
*Pinehurst* street, Durbanville; snyderscathy@gmail.com

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**Snyder** Dan & Audrey; 46 Kasselsvlei 083 338 4658(D)  
*Kasselsvlei Rd* Rd, Bellville South, 7530; 084 487 6202(A)  
 audreysnyder1306@gmail.com(A) , 021 951 5098  
 danaud46@gmail.com(D)

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<b>Snyder</b> <i>Kuils River</i>	Barbara, Marlene; 42 Millettia Street, Rouxville, Kuilsrivier; snyderbarbara@gmail.com, barbara-snyder@live.com	079 195 3265(B) 082 443 8361(M)
<b>Snyder</b> <i>Kuils River</i>	Noelene & Kenneth; 27 Kremetart Ave, Silver Oaks, Kuils River, 7580; noelene.snyder@rawson.co.za(N)	082 415 7982(N) 082 435 9006(K) 021 903 1753
<b>Snyder</b> <i>Pearl Valley</i>	Leslie & Merle, Arron; 12 Stephanie Str, Uitsig, Wellington, 7635	072 116 6063(L) 021 873 7230
<b>Snyder</b> <i>Penhill Estate</i>	Charles & Peggy; 4 Moss St, Austinville, Blackheath, 7580; Box 66, Blackheath, 7581; charlfred@telkomsa.net(C)	060 396 2839(C) 084 507 0919(P) 021 905 1911
<b>Snyder</b> <i>Rosebank House</i>	Jeffrey & Shirley; Rosebank House, 42 Alma Road, Rosebank, 7700; Frail Care No. 1.; jephthahsnyder@gmail.com	072 871 5949(J)
<b>Snyder</b> <i>WC Contacts</i>	Eunice, Nadia; 78 Middelvlei, Burgundy Estate; eunice.newimage@gmail.com(E)	083 461 9977(E)
<b>Snyder</b> <i>WC Contacts</i>	Hilton; 10 Aiken Close, Frogmore Estate, 7945; hiltonjhn@gmail.com	076 882 8845(H)
<b>Solomons</b> <i>Atlantis</i>	Charles & Norma; 6 Duikersteeg Street, Atlantis, 7349	082 429 8070(C) 072 613 8701(N)
<b>Solomons</b> <i>WC Contacts</i>	Aurelia, Leah, Erin-Leigh, Peyton; 38 Gazania Way, Belhar 4, 7490	083 862 3238(A) 021 952 3511
<b>Solomon</b> <i>Penhill Estate</i>	Ferdinand & Gertrude; 17 Athems Road, The Conifers, Blue Downs, 7100	073 143 3812(F) 073 738 2939(G)
<b>Solomon</b> <i>Tygerdal</i>	Arlene, Allandore, Cheslin; 11 Claredon Crescent, Ysterplaat, 7405	081 720 4117
<b>Solomon</b> <i>WC Contacts</i>	Allandore; 12 Claredon Crescent, Ysterplaat, 7405	
<b>Solomon</b> <i>Westridge</i>	Edwin & Reyhana, Eva; 6 Geranium Street, Lenteguur, Mitchells Plain, 7785	084 044 7706(E) 078 550 7140(R)
<b>Stadler</b> <i>Hermanus</i>	Elsabé, Nicolene, Jolene; 12 Vader Visser Street, Sandbaai Hermanus, 7200	079 112 1957
<b>Stafford</b> <i>Protea Valley</i>	Norman, Patsy; 94 Duncan Rd, Parow Valley 7500	079 610 8084(N) 021 933 4329(N) 079 466 8510(P) 021 203 7884(P)

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**Stevens** Melanie & Marcello, Tamlyn; 083 354 0205(Me)  
*WC Contacts* 72A Waterloo Road, Kenwyn, 7780; 082 700 3050(Ma)  
 melanie@melaniestevenslaw.co.za(Me)

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**Stuart** Andy & Jill; 81 Sunbird drive, Myburgh 083 456 1625(A)  
*Langebaan #1* Park, Langebaan; Box 2557, East 083 960 5999(J)  
 London, 5205; andyjill@worldonline.co.za(A)

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**Styan** James-Brent & Marianne, Alexander, 084 583 1670  
*Pinelands* Christopher; 16 Gardenia Ave, Vredehoek;  
 james-brent.styan@westerncape.gov.za

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**Swanepoel** Marcel & Susan, Michael, Rachel; 243 021 867 1095  
*Pearl Valley* Bear Creek Blvd, Pearl Valley Golf 083 290 8014(M)  
 Estate, Paarl, 7646; marcells@grp1.co.za(M) , 082 824 8840(S)  
 susan.pearlvalley@gmail.com(S)

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**Swanepoel** Lizelle; 66 Sandstone way, Stonehurst 082 821 9128  
*Steenberg* Mountain Estate, Cape Town;  
 lizellex@yahoo.com

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**Swellah** Linette; c/o Marion Lomas 084 717 1966  
*SW Golden Acre*

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**Swiegelaar** Glynnis; 111 Fransman str, Roodewal, 073 348 7982  
*WC Contacts* Worcester, 6850

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**Teixeira** Cherryll; 22 The Village Apartments, +27631239026  
*Rosebank House* Beach Crescent, Scott Estate, Houtbay  
 Cape Town, 7806

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**Toerien** Heidi & Michael, Charles, Tanya; 083 243 6803(H)  
*Bethanie 2* Wessel Lourens Rylaan 60, Vredeklouf, 021 981 8199  
 7560; heiditoerien@mweb.co.za(H) +27 78 642 8253(T)

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**Turner** Arthur & Reneé; Lambertsbay Weg, 083 230 7270(A)  
*Graafwater* Graafwater; dieturners@gmail.com(A) 083 665 2718(R)

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**Turner** Burnice; Spikkedissie (sign at gate), 064 900 1666  
*Graafwater* Breedevelei; P.O. Box 5, Graafwater, 8120; 027 422 1623  
 omaburnice@gmail.com; (-32.154776,18.617250)

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**Turner** Norman & Shinel, Frederick, Benjamin, 082 894 7251(N)  
*Graafwater* Amy; Spikkedissie (sign at gate), 082 874 5234(S)  
 Breedevelei; PO Box 5, Graafwater, 027 422 1890  
 8120; nsturner@mylan.co.za(N) ;  
 (-32.154853,18.616999)

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**Van Dyk** Mandi & Francois, Wian; 17 082 262 0346(M)  
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 mandipienaar@gmail.com

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**Van Heerden** Wessel & Gerda; 5 Rietbaai Close, 072 360 3751(W)  
*Langebaan #1* Waterfront, Langebaan, 7357;  
 wesselhendrick@outlook.com(W)

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**Van Niekerk** Delarey & Theresa, Caleb, Erin; 4 De 0844848840(D)  
*Gordons Bay* Ruyter Street, Strand, 7140 0799748495(T)  
 021 853 6914

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**Van Niekerk** Yolandi & Wynand; 2 De Hoop Cresnet, 084 240 2884  
*Platteklouf* Edgemead, Cape Town, 7441

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**Van Niekerk** Daan & Mary Meiring; 8 Myrtle 076 279 8557(M)  
*SW Morningside* St, Morningside, Somerset West; 072 178 6421(D)  
 meiringmary@vodamail.co.za(M)

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**Van Rensburg** Nico & Belinda, Bianca; 21 083 270 9608(N)  
*Ridgeworth* Hibiscus Ave, Ridgeworth 072 208 7736(B)  
 7530; nico2vr@gmail.com(N) , 0834148073(BI)  
 belindavr66@gmail.com(B)

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**Van Rooijen** Nadia & Erik, Raymond, Gemma, 082 376 8563(N)  
*Platteklouf* Kayleigh; 44 General Lucas Meyer  
 Ave, Welgelegen 2, Cape Town, 7500;  
 nadiavr8@gmail.com(N)

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**Van Wyk** Jim & Yvonne; 49 Protea Park, Bergsig 084 508 1726(J)  
*Hermanus* St, Sandbaai, Hermanus, 7200; 073 411 8032(Y)  
 vanwykjjc@gmail.com(J)

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**Van Wyk** Dirk & Amanda; 3 Thera Way, 083 625 8186(D)  
*Langebaan #2* Calypso Beach, Langebaan; marlyn- 083 635 9155(A)  
 vwyk@gmail.com(A) , dirk.vanwyk@jbt.com(D) 021 913 1982

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**Van Wyk** Johan & Barbara, D.J.; Farm Les 082 859 9067(J)  
*Pearl Valley* Hirondelles, Tulbagh Weg; P.O. Box 339, 064 804 0407(J)  
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 , johanvanwy@gmail.com(J) , barbsvan- 021 976 5190  
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**Van Wyk** Christopher & Jenna; 2 Whitehall 079 748 9958(C)  
*Pinelands* apartment, 10 London Street, Sea Point, 074 886 8728(J)  
 8005

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**Van Wyk** Gene - Eugéné; Old Oak Clusters, 18 Berkley 082 878 6030  
*Ridgeworth* St, Oakglen, 7530; genevw@gmail.com 021 919 9927

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<b>Van der Merwe</b> <i>Protea Hoogte</i>	Frans; Unit C118, La Recolte Retirement Village; louise.fransvdm@gmail.com	076 847 5465 021 982 0942
<b>Van der Merwe</b> <i>SW Morningside</i>	Vivienne & Japie; 9 Dianthus Street, Heldervue, Somerset West; vdmerwe.vivienne@gmail.com	016 971 2420 082 566 6644(J) 073 260 3479(V)
<b>Van der Merwe</b> <i>WC Contacts</i>	Jeanine; Wellway Park East, Durbanville	074 857 2373
<b>Van der Walt</b> <i>SW Morningside</i>	Ivan & Fiona, Tyler, Leila; 11 Fiona Close, Somerset West	082 573 1229(F)
<b>Van der Westhuizen</b> <i>Protea Valley</i>	Sandra & Stiaan, Lara, Jean; 1 Featherhead St, Protea Valley, 7530, C/o Jannes Gilles; (-33.815479,18.970556)	082 497 0120
<b>Venter</b> <i>Langebaan #2</i>	Vicky & Christine; 22 Casos str, Calypso Beach, Langebaan; safariv@corpdial.co.za(V)	011 867 1357 082 550 7550(V) 082 556 8675(C)
<b>Victor</b> <i>Bethanie</i>	Eleanore & Raymond; 22 Cecilia St, Chrismar, Bellville, 7530; eleanorevic- tor@gmail.com(E)	082 517 3219(E) 021 919 4121
<b>Victor</b> <i>WC Contacts</i>	Jeanette; Erf 3273 Heleen Close, Ocean View Heights, Struisbaai; P O Box 752, Struisbaai, 7285; jeanettevictor@gmail.com	083 270 9719
<b>Visagie</b> <i>Bethanie</i>	Eunice; Capolavoro Mountain Es- tate, Dwarsvallei St, Kylemae, 7600; eunice.visagie@eikestadnuus.com	076 382 7754
<b>Visagie</b> <i>Lutzville</i>	Joey; On N7 North take Klaver t/off.Continue to Vredendal.Turn right at Std Bank towards Lutzville.At Strandfontein/Doringbaai board turn left.Proceed until Indrafwinkel (on left),turn right.Cont 1km to house.; Posbus 17, Lutzville, 8165.; joeyvisagie07@gmail.com	083 660 0004
<b>Visagie</b> <i>WC Contacts</i>	Jaco; Stellenbosch University	
<b>Vlok</b> <i>Kuils River</i>	Joan; 6 Serena Close, Kuilsrivier, 7580	076 765 1097
<b>Vlok</b> <i>Steenberg</i>	Amanda; Capricorn Beach, 26 Ocean Villas, Muizenberg; amandavlok1@gmail.com	073 391 2191
<b>Volkwyn</b> <i>Tygerdal</i>	Pam; 183, 11th Avenue, Kensington, 7405; superama@iafrica.com	072 063 1735

<b>Vries</b> <i>WC Contacts</i>	Allison; 19 Johannesburg Str, Croyden Estate, Faure	082 212 0304 021 905 1911
<b>Walker</b> <i>Protea Valley</i>	Allan & Dorothy; 10 Esperance Street, Avondale, Parow; dot47.walker@gmail.com(D)	063 400 5805(A) 078 578 5494(D)
<b>Walker</b> <i>Protea Valley</i>	Jonathan & Monia, Amelia, Lea, Elijah; 10 Esperance Street, Avondale, Parow	067 401 0470(J) +2782 324 3384(M)
<b>Warner</b> <i>WC Contacts</i>	Allison; 18 Martin Peterson Street, Bellville South, 7530	074 638 6554(A)
<b>Warnick</b> <i>WC Contacts</i>	Jodi & Chaentine, Jodaunté, Jordao, Cattelya; 22 Fairview Close, Darling, 7345	083 822 1639(J) 076 254 8689(C)
<b>Weber</b> <i>Rondebosch East</i>	Mark, Matthew, Bevan; 5 Penlyn Ave, Penlyn Estate; (Matthew also att Kasselsvlei mtgs); mweber@fnb.co.za	084 259 4286
<b>Willard</b> <i>Hermanus</i>	David & Monique; 1103 Hilton Circle, Pringle Bay; davewillard3@gmail.com(D) , willardmonique@gmail.com(M)	082 442 8625(D) 083 327 7411(M)
<b>Willard</b> <i>SW Morningside</i>	Chanel; Unit 2231, Somerset Links, Jigger Street, Somerset West; cwillardinteriors@gmail.com	084 580 1254
<b>Willard</b> <i>WC Contacts</i>	Justin; c/o Dave & Monique Willard	083 564 0936
<b>Williamson</b> <i>SW Morningside</i>	Elmarie; 208 Fagan St, Strand, Cape Town, 7139; elmarie.williamson@gmail.com	082 309 6508 021 853 5311
<b>Williams</b> <i>Pinelands</i>	Virgil & Vivienne, Lee-Anne, Caryn, Jade; 222, Twelfth Ave, Kensington, 7405; williamsvivienne55@gmail.com(Vv)	072 635 0849(V) 076 055 0045(Vv)
<b>Windvogel</b> <i>Kasselsvlei Rd</i>	Sean & Evanitha, Gershwin, Wesley; 9 Reynolds St, Thalmen, Cape Town, 7530; seanwindvogel@yahoo.com(S)	064 931 8656(S) 021 917 1120
<b>Wise</b> <i>Bethanie</i>	Robert; 1 Hewitt Street Aurora Durbanville; pjwise48@gmail.com	066 093 1319 +27 21 975 4302
<b>Wise</b> <i>Gordons Bay</i>	John & Elna; 50 Helena Avenue, Somerset West; the6wise@gmail.com(J)	079 529 1069(J) 082 895 7326(E)

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<b>Wise</b> <i>Gordons Bay</i>	Johnathan; 50 Helena Avenue, Helena Heights, Somerset West; jnwise00@gmail.com	072 376 5034
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<b>Wise</b> <i>WC Contacts</i>	Eddie & Chani, Leilani, Danny; 12 Adam Tas Rd, Parel Vallei, Somerset West, 7130; eddiewise91@gmail.com (E) , chaniblom@gmail.com(C)	072 831 5488(E) 071 382 5448(C)
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<b>Wyngaard</b> <i>Kuils River</i>	Allan & Undean, Shanlan; 5 Minstrel Crescent, Summersville, Kuilsrivier 7580; alkushun@yahoo.co.uk(A) , undeanw@gmail.com(U)	0784806675(A) 082 773 2422(U)
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<b>Wyngaard</b> <i>Tygerdal</i>	Maggie; c/o 11 Claredon Crescent. Yster- plaat, 7405; maggiewyngaard@gmail.com	083 258 2165
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# WESTERN CAPE

## Cape Peninsula - North

### WC - North - Sick Bay

**Du Toit** Joey

**Huisamen** Neels & Sannie

**Maasdorp** Phyllis, Chrischar Rock (Daughter)

**Rezant** Christopher

### Bethanie;Herman, A

**Botha** Yolandie, Christian, Leah

**Bown** Christelle

**Herman** (*SunAM;Elder*)André & Ilona

**Herman** (*SunPM;Wed - uneven dates*)Ross & Tamaryn, Beatrix

**Louw** (*Wed*)Piet

**Schlemmer** Ilona

**Victor** Eleanore

**Visagie** Eunice

**Wise** Robert

### Bethanie 2;Holtzhausen, L

**Blom** Dalene

**Du Plessis** (*SunPM*)Pieter & Estelle

**Gilfillan** Barbara

**Holtzhausen** Louis (jnr)

**Holtzhausen** (*SunAM;Elder*)Louis & Marie

**Meadows** (*Wed*)Joseph & Heather

**Toerien** Heidi, Tanya

### Highbury;Grootboom, Melvyn

**Combrinck** Kathy

**Daames** Cyril & Shirley

**Goliath** (*Wed*)John & Susan

**Grootboom** Mary

**Grootboom** Mellchior & Laiken

**Grootboom** (*SunAM;Elder*)Melvyn & Sharlene

**Grootboom** Milly

**Matthews** (*SunPM*)Joseph & Cynthia, Anthea

**Kasselsvlei Rd;Snyder, D****Benjamin** Cecil & Thelma**Benjamin** Eddie & Antoinette, Nathan**Dhunrajah** Rebekah & Theron, Kai**Fritz** Gerald & Patricia**Fritz** (*SunPM, Wed*) Shirley**Mullam** Maurice & Carol**Snyder** (*SunAM; Elder*) Dan & Audrey**Windvogel** Sean**Kenridge;Hall, H @ Jansen, O****Campbell** (*Wed*) Shelto & Candice, Courtney, Cassidy, Kendal**Cloete** Traudie**Hall** (*Wed; Elder*) Harry & Lorna**Jansen** Charles & Sonia**Jansen** (*SunAM, SunPM*) Otniël & Laurika, Chloe, Noah**Philander** Deon & Toekie**Kuils River;Kruger, J****Cloete** Elsabé**Delport** Edna**Du Toit** Lindy**Fortuin** John**Kruger** (*SunAM, SunPM; Elder*) Jeffrey & Ruth**Lewis** Patrick & Lynn**Marais** (*Wed*) Naas & Sonja, Sebastian, Stefan**Mathias** Justin & Jessica, Sofia, Michael**Simpson** Lynne**Snyder** Barbara, Marlene**Snyder** Noelene & Kenneth**Vlok** Joan**Wyngaard** Allan & Undean**Pinehurst;Murray, J****Bernardo** Isaac & Magdalene, Bonita**Bester** Ruan & Leandé, Laramé**De Beer** Bets**Grobbelaar** Dirk & Cecily**Jackson** Louisa**Murray** (*SunAM, Wed; Elder*) John & Esther**Myers** (*SunPM*) Lester & Edwina, Emily, Lucy

**Snyders** Catherine

### Protea Hoogte;Faul, C

**Barnard** Joseph & Ingrid, Corrine, Faghan, Jurina

**Bester** Gerhard & Amanda

**Botha** Lucian & Nicolene

**Coetzee** Sandra

**Faul** (*SunAM;Elder*)Christo & Sanel

**Froude** Sarie

**Nortjé** Lawrence & Phyllis

**Pieterse** (*Wed*)Graeme & Gisele, Matthew, Maunia

**Van der Merwe** Frans

### Protea Valley;Gilles, J

**Ewertse** (*SunPM*)Mervyn & Alrene, Lauren

**Gilles** (*SunAM;Elder*)Jannes & Anne

**Hermans** (*SunAM,Wed*)James & Fredeline

**Hermans** (*Wed*)Leslie & Michelle

**Lomas** Graham & Magda

**Myburgh** Carla

**Stafford** (*Wed*)Norman, Patsy

**Van der Westhuizen** Sandra, Lara, Jean

**Walker** Allan & Dorothy

**Walker** Jonathan & Monia, Amelia, Lea, Elijah

### Ridgeworth;Van Rensburg, N

**Basson** Besmie

**Dippenaar** Maryna

**Du Plessis** Visser

**Fouché** Muriel

**Foye** (*Wed*)Andrew & Illana, Laura-Lee, Julia

**Van Rensburg** (*SunAM,SunPM;Elder*)Nico & Belinda, Bianca

**Van Wyk** Gene - Eugéné

### Bethanie 2 S@17h30;Du Plessis, P

**Blom** Dalene

**Du Plessis** (*SunPM*)Pieter & Estelle

**Gilfillan** Barbara

**Holtzhausen** Louis (jnr)

**Holtzhausen** (*SunAM;Elder*)Louis & Marie

**Meadows** (*Wed*)Joseph & Heather

**Toerien** Heidi, Tanya

**Bethanie S@17h30;Herman, A**

**Botha** Yolandie, Christian, Leah

**Bown** Christelle

**Herman** (*SunAM;Elder*)André & Ilona

**Herman** (*SunPM;Wed - uneven dates*)Ross & Tamaryn, Beatrix

**Louw** (*Wed*)Piet

**Schlemmer** Ilona

**Victor** Eleanore

**Visagie** Eunice

**Wise** Robert

**Highbury S@17h30;Matthews, J**

**Combrinck** Kathy

**Daames** Cyril & Shirley

**Goliath** (*Wed*)John & Susan

**Grootboom** Mary

**Grootboom** Mellchior & Laiken

**Grootboom** (*SunAM;Elder*)Melvyn & Sharlene

**Grootboom** Milly

**Matthews** (*SunPM*)Joseph & Cynthia, Anthea

**Kasselsvlei Rd S@17h30;Windvogel, S @ Fritz,  
S**

**Benjamin** Cecil & Thelma

**Benjamin** Eddie & Antoinette, Nathan

**Dhunrajah** Rebekah & Theron, Kai

**Fritz** Gerald & Patricia

**Fritz** (*SunPM,Wed*)Shirley

**Mullam** Maurice & Carol

**Simpson** Lynne

**Snyder** (*SunAM;Elder*)Dan & Audrey

**Windvogel** Sean

**Kenridge SunPM@17h30;Jansen, O**

**Campbell** (*Wed*)Shelto & Candice, Courtney, Cassidy, Kendal

**Cloete** Traudie

**Hall** (*Wed;Elder*)Harry & Lorna

**Jansen** Charles & Sonia

**Jansen** (*SunAM,SunPM*)Otniël & Laurika, Chloe, Noah



**Philander** Deon & Toekie

Kuils River S@17h30;Kruger, J

**Cloete** Elsabé

**Delpont** Edna

**Du Toit** Lindy

**Fortuin** John

**Kruger** (*SunAM, SunPM; Elder*) Jeffrey & Ruth

**Lewis** Patrick & Lynn

**Marais** (*Wed*) Naas & Sonja, Sebastian, Stefan

**Mathias** Justin & Jessica, Sofia, Michael

**Snyder** Barbara, Marlene

**Snyder** Noelene & Kenneth

**Vlok** Joan

**Wyngaard** Allan & Undean

Pinehurst S@17h30;Myers, L

**Bernardo** Isaac & Magdalene, Bonita

**Bester** Ruan & Leandé, Laramé

**De Beer** Bets

**Grobbelaar** Dirk & Cecily

**Jackson** Louisa

**Murray** (*SunAM, Wed; Elder*) John & Esther

**Myers** (*SunPM*) Lester & Edwina, Emily, Lucy

**Snyders** Catherine

Protea Hoogte S@17h30;Botha, L @ Faul, C

**Barnard** Joseph & Ingrid, Corrine, Faghan, Jurina

**Bester** Gerhard & Amanda

**Botha** Lucian & Nicolene

**Coetzee** Sandra

**Faul** (*SunAM; Elder*) Christo & Sanel

**Froude** Sarie

**Nortjé** Lawrence & Phyllis

**Pieterse** (*Wed*) Graeme & Gisele, Matthew, Maunia

**Van der Merwe** Frans

Protea Valley S@17h30;Ewertse, M

**Ewertse** (*SunPM*) Mervyn & Alrene, Lauren

**Gilles** (*SunAM; Elder*) Jannes & Anne

**Hermans** (*SunAM, Wed*) James & Fredeline

**Hermans** (*Wed*) Leslie & Michelle

**Myburgh** Carla

**Stafford** (Wed)Norman, Patsy

**Van der Westhuizen** Sandra, Lara, Jean

**Walker** Allan & Dorothy

**Walker** Jonathan & Monia, Amelia, Lea, Elijah

**Ridgeworth S@17h30;Van Rensburg, N**

**Basson** Besmie

**Dippenaar** Maryna

**Du Plessis** Visser

**Fouché** Muriel

**Foye** (Wed)Andrew & Illana, Laura-Lee, Julia

**Van Rensburg** (SunAM,SunPM;Elder)Nico & Belinda, Bianca

**Van Wyk** Gene - Eugéné

**Bethanie 2 W@19h30;Meadows, J**

**Blom** Dalene

**Du Plessis** (SunPM)Pieter & Estelle

**Holtzhausen** Louis (jnr)

**Holtzhausen** (SunAM;Elder)Louis & Marie

**Meadows** (Wed)Joseph & Heather

**Toerien** Heidi, Tanya

**Bethanie W@19h30;Louw, P**

**Botha** Yolandie, Christian, Leah

**Bown** Christelle

**Herman** (SunAM;Elder)André & Ilona

**Herman** (SunPM;Wed - uneven dates)Ross & Tamaryn, Beatrix

**Louw** (Wed)Piet

**Schlemmer** Ilona

**Victor** Eleanore

**Visagie** Eunice

**Wise** Robert

**Highbury W@19h30;Goliath, John**

**Combrinck** Kathy

**Daames** Cyril & Shirley

**Goliath** (Wed)John & Susan

**Grootboom** Mary

**Grootboom** Melchior & Laiken

**Grootboom** (SunAM;Elder)Melvyn & Sharlene

**Grootboom** Milly

**Matthews** (*SunPM*) Joseph & Cynthia, Anthea

Kasselsvlei Rd W@19h30; Benjamin, E @ Fritz, S

**Benjamin** Cecil & Thelma

**Benjamin** Eddie & Antoinette, Nathan

**Dhunrajah** Rebekah & Theron, Kai

**Fritz** Gerald & Patricia

**Fritz** (*SunPM, Wed*) Shirley

**Mullam** Maurice & Carol

**Simpson** Lynne

**Snyder** (*SunAM; Elder*) Dan & Audrey

**Windvogel** Sean

Kenridge WedPM@19h30; Campbell, S

**Campbell** (*Wed*) Shelto & Candice, Courtney, Cassidy, Kendal

**Jansen** Charles & Sonia

**Jansen** (*SunAM, SunPM*) Otniël & Laurika, Chloe, Noah

**Philander** Deon & Toekie

Kuils River W@19h30; Marais, N

**Cloete** Elsabé

**Delpont** Edna

**Du Toit** Lindy

**Kruger** (*SunAM, SunPM; Elder*) Jeffrey & Ruth

**Lewis** Patrick & Lynn

**Marais** (*Wed*) Naas & Sonja, Sebastian, Stefan

**Mathias** Justin & Jessica, Sofia, Michael

**Snyder** Barbara, Marlene

**Snyder** Noelene & Kenneth

**Vlok** Joan

**Wyngaard** Allan & Undean

Onze Molen WedAM@10h30; Hermans, J

**Cloete** Traudie

**Hermans** (*SunAM, Wed*) James & Fredeline

**Snyders** Catherine

Pinehurst W@19h30; Bernardo, I @ Murray, J

**Bernardo** Isaac & Magdalene, Bonita

**Bester** Ruan & Leandé, Laramé

**De Beer** Bets

**Grobbelaar** Dirk & Cecily

**Jackson** Louisa

**Murray** (*SunAM, Wed;Elder*)John & Esther

**Myers** (*SunPM*)Lester & Edwina, Emily, Lucy

**Protea Hoogte W@19h30;Pieterse, G**

**Barnard** Joseph & Ingrid, Corrine, Faghan, Jurina

**Bester** Gerhard & Amanda

**Botha** Lucian & Nicolene

**Coetzee** Sandra

**Faul** (*SunAM;Elder*)Christo & Sanel

**Nortjé** Lawrence & Phyllis

**Pieterse** (*Wed*)Graeme & Gisele, Matthew, Maunia

**Protea Valley W@19h30;Hermans, L**

**Ewertse** (*SunPM*)Mervyn & Alrene, Lauren

**Hermans** (*Wed*)Leslie & Michelle

**Myburgh** Carla

**Van der Westhuizen** Sandra, Lara, Jean

**Protea Valley WedAM@10h30;Stafford, N**

**Fortuin** John

**Gilles** (*SunAM;Elder*)Jannes & Anne

**Stafford** (*Wed*)Norman, Patsy

**Walker** Allan & Dorothy

**Walker** Jonathan & Monia, Amelia, Lea, Elijah

**Ridgeworth W@19h30;Foye, A**

**Basson** Besmie

**Du Plessis** Visser

**Foye** (*Wed*)Andrew & Illana, Laura-Lee, Julia

**Van Rensburg** (*SunAM, SunPM;Elder*)Nico & Belinda, Bianca

**Van Wyk** Gene - Eugéné

**Welverdiend WedAM@10h30;Hall, H**

**Dippenaar** Maryna

**Fouché** Muriel

**Froude** Sarie

**Gilfillan** Barbara

**Hall** (*Wed;Elder*)Harry & Lorna

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## Cape Peninsula - South

### Bishop Lavis;Bosch, F

**Bosch** (*All mtgs;Elder*)Freddie & Betty

**Grootboom** (*Takes Wed AM*)Aubrey & Florence

**Grootboom** Robert

**Grootboom** Vanessa

**Lawrence** Russel

**Le Grange** Crystal

**Le Grange** (*Takes Sun pm*)Reginald

**Maxim** Trix

**Mc Lane** Cynthia

**Mc Lane** Yvonne

### Fairways;Dunn, C

**Brandt** Peter

**Dunn** (*SunAM;Elder;Wed AM*)Christopher & Felicity

**Duthie** (*SunPM*)Marlene

**Franke** Gerald & Mona

**Hermans** (*Wed PM*)Louis & Merle

**Jaftha** Mattie, Bettie, Pauline

**Manuel** Roslyn

**Renaud** Mercia

**Smith** (*Wed PM*)Iona

### Grassy Park;O’Ryan, E

**Erasmus** Ashleigh & Jodie, Isabella, Luca

**Lutzke** Bonita, Ruby

**Morris** Christopher

**Morris** Claude

**O’Ryan** (*SunAM,SunPM;Elder;Wed AM*)Evan & Colleen, Jade, Carlynnne

**O’Ryan** Maurice & Josephine

**Phaal** Hilary, Erica

**Phillips** Michael & Berenice

**Sassman** (*Wed PM Iona Smith*)Charmaine, Matthew

**Sassman** (*Wed PM Iona Smith*)Marcello, Daniel

Penhill Estate;Cedras, D @ Cedras, D

**Cedras** (SunAM, SunPM; Elder; Sun Pm @ 5pm, Wed PM @ 7pm Ferdinand takes the meeting) Donavan & Dorothy, Donay,

Micheala

**Dauids** Eileen

**Mannel** Sarah & Pietro, Xenethia

**Okkers** Wayne & Enseline, Candice, Aiden, Jadon

**Samuels** Sylvia

**Snyder** (unable to attend meetings currently) Charles & Peggy

**Solomon** Ferdinand & Gertrude

Pinelands; Reed, P

**Esbend** Mashardo

**Foye** Catherine

**Green** Ursula

**Legg** Bradley

**Meintjes** Mia

**Morar** Maylene

**Reed** Annette

**Reed** (All mtgs; Elder) Peter & Jacqui, Matthew, Caitlyn, Jonathan

**Ruger** Denyse

**ShungKing** Enid

**Styan** James-Brent, Alexander, Christopher

**Van Wyk** (Takes Wed pm @ 7:30pm) Christopher & Jenna

**Williams** (Takes Sun pm @ 7pm) Virgil & Vivienne

Plattekloof; Du Plessis, P

**Du Plessis** (SunAM, SunPM; Elder) Pieter & Wendy

**Dyason** (Takes WedPM) Stephen

**Faul** (Takes SunPM alternates with Michael) Arno

**Faure** Braam & Cherie, Liani, Braam (jnr), Isabella

**Faure** Muriel

**Fevrier** (Wed; Wed PM @ 7:30) Juliana

**Hall** Keith & Molly

**Jackson** Francine

**Jackson** Lorraine

**Jasson** Charlene

**Monk** Yolandi, Miquel

**Reed** (Takes SunPM alternates with Arno) Michael

**Van Niekerk** Yolandi & Wynand

**Van Rooijen** Nadia & Erik, Raymond, Gemma, Kayleigh

Rondebosch East;Cameron, R**Cameron** (*SunAM,SunPM;Elder*)Rodney & Alvira**Hodgson** Claire**King** Earl & Cassandra, Bella, Ava, Chloe, Scott**King** Sandra**Martinus** André, Cameron, Andrea**Naidoo** Rebecca**Nefdt** Steven & Shirley**O’Ryan** Joanne**O’Ryan** Raymond**Weber** (*Wed*)MarkRosebank House;Snyder, J**Dick** Joyce**Fraser** (*not able to attend mtgs*)**Robinson** Elizabeth**Snyder** (*SunAM;Elder;Wed AM. Mtg in sun room close to Joyce**Dick. )Jeffrey & Shirley***Teixeira** CherylSteenberg;Kabamba, T**Dunn** Keziah, Lombard, Joshua**Dunn** (*SunPM;Sun PM, Wed pm @ Iona Smith*)Shalim &

Michelle, Sharné, Mikayla

**Dunn** Thersia**Dyason** Janine**Kabamba** (*SunAM;Elder*)Theodore & Nicky, Annabelle, Adriel**Swanepoel** Lizelle**Vlok** AmandaTygerdal;Abrahams, S**Abrahams** (*All mtgs;Elder;Elder; All meetings, takes Sun**AM*)Steven & Bronwyn, Jude, Jared**Abrahams** (*Takes PM meeting*)Timothy**Camfer** Sarah**Dammert** Patsy**Ewertse** Desiree**Gihwala** Jean**Smith** Mervyn**Solomon** Arlene, Allandore, Cheslin

**Volkwyn** Pam

**Wyngaard** Maggie

### Westgate;Adonis, Derick

**Adonis** (*SunAM, SunPM; Elder; Elder Sun AM: Takes meeting in Sherwyn's Home*) Derick & Lettie

**Burger** Yvonne

**Daames** (*Takes Wed PM @ Westridge*) Sherwyn, Sherné

**Jaftha** Christopher, Angelique, Giovanni

**Jaftha** Mary, Joshua, Qewin

**O'Ryan** Reuben & Joyce

### Westridge;O' Ryan, Stanley

**Adams** Lorraine

**Adams** Marlene

**Bailey** Helena

**Dagnin** Roberta

**Dagnin** Tanya, Aidan

**Dzvokora** Obvious & Nomvuso, Tanaka, Tinashe

**Mervyn** Rozina

**O'Ryan** (*SunAM, Wed; Elder; Elder Sun Am; All meetings; Westgate attends the PM meetings*) Stanley & Sandra

**Solomon** (*Takes Sun PM*) Edwin & Reyhana, Eva

### Bishop Lavis SunPM@17h30;Le Grange, R @ Bosch, F

**Bosch** (*All mtgs; Elder*) Freddie & Betty

**Grootboom** (*Takes Wed AM*) Aubrey & Florence

**Grootboom** Robert

**Grootboom** Vanessa

**Lawrence** Russel

**Le Grange** Crystal

**Le Grange** (*Takes Sun pm*) Reginald

**Maxim** Trix

**Mc Lane** Cynthia

**Mc Lane** Yvonne

### Grassy Park S@17h00;O'Ryan, M @ O'Ryan, E

**Erasmus** Ashleigh & Jodie, Isabella, Luca

**Lutzke** Bonita, Ruby



**O'Ryan** (*SunAM, SunPM; Elder; Wed AM*) Evan & Colleen, Jade, Carlynne

**O'Ryan** Maurice & Josephine

**Phillips** Michael & Berenice

**Sassman** (*Wed PM Iona Smith*) Charmaine, Matthew

**Sassman** (*Wed PM Iona Smith*) Marcello, Daniel

### Penhill Estate S@17h30; Cedras, D

**Cedras** (*SunAM, SunPM; Elder; Sun Pm @ 5pm, Wed PM @ 7pm Ferdinand takes the meeting*) Donavan & Dorothy, Donay, Micheala

**Dauids** Eileen

**Mannel** Sarah & Pietro, Xenethia

**Okkers** Wayne & Enseline, Candice, Aiden, Jadon

**Samuels** Sylvia

**Snyder** (*unable to attend meetings currently*) Charles & Peggy

**Solomon** Ferdinand & Gertrude

### Pinelands S; Williams, V @ Reed, P

**Foye** Catherine

**Green** Ursula

**Legg** Bradley

**Meintjes** Mia

**Morar** Maylene

**Reed** Annette

**Reed** (*All mtgs; Elder*) Peter & Jacqui, Matthew, Caitlyn, Jonathan

**Ruger** Denyse

**ShungKing** Enid

**Styan** James-Brent, Alexander, Christopher

**Van Wyk** (*Takes Wed pm @ 7:30pm*) Christopher & Jenna

**Williams** (*Takes Sun pm @ 7pm*) Virgil & Vivienne

### Platteklouf S@17h30; alt Reed, M & Faul, A @

#### Du Plessis, P

**Du Plessis** (*SunAM, SunPM; Elder*) Pieter & Wendy

**Dyason** (*Takes WedPM*) Stephen

**Faul** (*Takes SunPM alternates with Michael*) Arno

**Faure** Muriel

**Fevrier** (*Wed; Wed PM @ 7:30*) Juliana

**Hall** Keith & Molly

Plattekloof S@17h30;alt Reed, M & Faul, A @ Du Plessis, P 41

**Jackson** Francine

**Jackson** Lorraine

**Jasson** Charlene

**Monk** Yolandi, Miquel

**Reed** (*Takes SunPM alternates with Arno*)Michael

**Van Niekerk** Yolandi & Wynand

**Van Rooijen** Nadia & Erik, Raymond, Gemma, Kayleigh

Plumstead S;Dunn, S 17h30 @ Dunn, S

**Brandt** Peter

**Dunn** (*SunPM;Sun PM, Wed pm @ Iona Smith*)Shalim &

Michelle, Sharné, Mikayla

**Dunn** Thersia

**Dyason** Janine

**Kabamba** (*SunAM;Elder*)Theodore & Nicky, Annabelle, Adriel

**Renaud** Mercia

**Swanepoel** Lizelle

**Vlok** Amanda

Rondebosch East S;Nefdt, S @ Cameron, R

**Cameron** (*SunAM,SunPM;Elder*)Rodney & Alvira

**King** Earl & Cassandra, Bella, Ava, Chloe, Scott

**King** Sandra

**Martinus** André, Cameron, Andrea

**Naidoo** Rebecca

**Nefdt** Steven & Shirley

**O’Ryan** Joanne

**O’Ryan** Raymond

**Weber** (*Wed*)Mark

Rosebank House S;Snyder, J

**Dick** Joyce

**Fraser** (*not able to attend mtgs*)

**Robinson** Elizabeth

**Snyder** (*SunAM;Elder;Wed AM. Mtg in sun room close to Joyce*

*Dick.* )Jeffrey & Shirley

**Teixeira** Cherryl

Tygerdal SunPM;Abrahams, S 17h30 @  
Abrahams, S

**Abrahams** (*All mtgs;Elder;Elder; All meetings, takes Sun AM*)Steven & Bronwyn, Jude, Jared

**Abrahams** (*Takes PM meeting*)Timothy

**Camfer** Sarah

**Dammert** Patsy

**Ewertse** Desiree

**Gihwala** Jean

**Smith** Mervyn

**Solomon** Arlene, Allandore, Cheslin

**Volkwyn** Pam

**Wyngaard** Maggie

Westgate S;Solomon, E @ Adonis, Derick

**Adams** Lorraine

**Adams** Marlene

**Adonis** (*SunAM,SunPM;Elder;Elder Sun AM: Takes meeting in Sherwyn's Home*)Derick & Lettie

**Burger** Yvonne

**Daames** (*Takes Wed PM @ Westridge*)Sherwyn, Sherné

**Dagnin** Roberta

**Dagnin** Tanya, Aidan

**Dzvokora** Obvious & Nomvuso, Tanaka, Tinashe

**Jaftha** Christopher, Angelique, Giovanni

**Jaftha** Mary, Joshua, Qewin

**O'Ryan** Reuben & Joyce

**O'Ryan** (*SunAM,Wed;Elder;Elder Sun Am; All meetings; Westgate attends the PM meetings*)Stanley & Sandra

**Solomon** (*Takes Sun PM*)Edwin & Reyhana, Eva

Wetton S;Duthie, M

**Dunn** (*SunAM;Elder;Wed AM*)Christopher & Felicity

**Duthie** (*SunPM*)Marlene

**Franke** Gerald & Mona

**Hermans** (*Wed PM*)Louis & Merle

**Jaftha** Mattie, Bettie, Pauline

**Manuel** Roslyn

**Smith** (*Wed PM*)Iona

Bishop Lavis WedAM@10h30;Middleton, T @ Bosch, F**Bosch** (*All mtgs;Elder*)Freddie & Betty**Grootboom** (*Takes Wed AM*)Aubrey & Florence**Grootboom** Robert**Lawrence** Russel**Le Grange** (*Takes Sun pm*)Reginald**Maxim** Trix**Mc Lane** Cynthia**Mc Lane** YvonneFairways W am@10h30;Dunn, C**Dunn** (*SunAM;Elder;Wed AM*)Christopher & Felicity**Duthie** (*SunPM*)Marlene**Manuel** Roslyn**Renaud** Mercia**Sassman** (*Wed PM Iona Smith*)Charmaine, Matthew**Vlok** AmandaGrassy Park WedAM@10h30;O'Ryan, E**Erasmus** Ashleigh & Jodie, Isabella, Luca**O'Ryan** (*SunAM,SunPM;Elder;Wed AM*)Evan & Colleen, Jade, Carlynnne**O'Ryan** Maurice & Josephine**Phaal** Hilary, EricaOttery No.1 W;Hermans, L**Dunn** (*SunPM;Sun PM, Wed pm @ Iona Smith*)Shalim &

Michelle, Sharné, Mikayla

**Dunn** Thersia**Dyason** Janine**Hermans** (*Wed PM*)Louis & Merle**Kabamba** (*SunAM;Elder*)Theodore & Nicky, Annabelle, Adriel**Swanepoel** LizelleOttery No.2 W;Dunn, S @ Smith, I**Brandt** Peter**Franke** Gerald & Mona**Jaftha** Mattie, Bettie, Pauline**Martinus** André, Cameron, Andrea**Smith** (*Wed PM*)Iona

Penhill Estate W@19h00;Solomon, F @ Cedras, D

**Cedras** (*SunAM,SunPM;Elder; Sun Pm @ 5pm, Wed PM @ 7pm Ferdinand takes the meeting*)Donavan & Dorothy, Donay,

Micheala

**Dauids** Eileen

**Mannel** Sarah & Pietro, Xenethia

**Okkers** Wayne & Enseline, Candice, Aiden, Jadon

**Samuels** Sylvia

**Snyder** (*unable to attend meetings currently*)Charles & Peggy

**Solomon** Ferdinand & Gertrude

Penlyn Estate W;Weber, M

**Cameron** (*SunAM,SunPM;Elder*)Rodney & Alvira

**King** Earl & Cassandra, Bella, Ava, Chloe, Scott

**King** Sandra

**Naidoo** Rebecca

**Nefdt** Steven & Shirley

**O'Ryan** Joanne

**O'Ryan** Raymond

**Weber** (*Wed*)Mark

Pinelands W;van Wyk C @ Reed, P

**Foye** Catherine

**Green** Ursula

**Legg** Bradley

**Meintjes** Mia

**Morar** Maylene

**Reed** Annette

**Reed** (*All mtgs;Elder*)Peter & Jacqui, Matthew, Caitlyn, Jonathan

**Ruger** Denyse

**ShungKing** Enid

**Styan** James-Brent, Alexander, Christopher

**Van Wyk** (*Takes Wed pm @7:30pm*)Christopher & Jenna

**Williams** (*Takes Sun pm @ 7pm*)Virgil & Vivienne

Platteklouf W;Dyason, S @ Fevrier, J

**Du Plessis** (*SunAM,SunPM;Elder*)Pieter & Wendy

**Dyason** (*Takes WedPM*)Stephen

**Faul** (*Takes SunPM alternates with Michael*)Arno

**Faure** Muriel

**Fevrier** (*Wed;Wed PM@7:30*)Juliana

**Hall** Keith & Molly

**Jackson** Francine

**Jackson** Lorraine

**Jasson** Charlene

**Monk** Yolandi, Miqaël

**Reed** (*Takes SunPM alternates with Arno*)Michael

**Van Niekerk** Yolandi & Wynand

**Van Rooijen** Nadia & Erik, Raymond, Gemma, Kayleigh

**Rosebank House W am;Snyder, J**

**Dick** Joyce

**Fraser** (*not able to attend mtgs*)

**Robinson** Elizabeth

**Snyder** (*SunAM;Elder;Wed AM. Mtg in sun room close to Joyce*

*Dick. )Jeffrey & Shirley*

**Teixeira** Cherryl

**Tygerdal WedPM;19h00 @ Abrahams, S**

**Abrahams** (*All mtgs;Elder;Elder; All meetings, takes Sun AM*)Steven & Bronwyn, Jude, Jared

**Abrahams** (*Takes PM meeting*)Timothy

**Camfer** Sarah

**Dammert** Patsy

**Ewertse** Desiree

**Gihwala** Jean

**Smith** Mervyn

**Solomon** Arlene, Allandore, Cheslin

**Volkwyn** Pam

**Wyngaard** Maggie

**Westridge W;Daames, S @ O' Ryan, Stanley**

**Adams** Lorraine

**Adams** Marlene

**Adonis** (*SunAM,SunPM;Elder;Elder Sun AM: Takes meeting in Sherwyn's Home*)Derick & Lettie

**Burger** Yvonne

**Daames** (*Takes Wed PM @ Westridge*)Sherwyn, Sherné

**Dagnin** Roberta

**Dagnin** Tanya, Aidan

**Dzvokora** Obvious & Nomvuso, Tanaka, Tinashe

**Jaftha** Christopher, Angelique, Giovanni

**Jaftha** Mary, Joshua, Qewin

**O'Ryan** Reuben & Joyce

**O'Ryan** (*SunAM, Wed; Elder; Elder Sun Am; All meetings;*

*Westgate attends the PM meetings*) Stanley & Sandra

**Solomon** (*Takes Sun PM*) Edwin & Reyhana, Eva

## **Strand, Hermanus, Paarl, Worcester**

### **Hermanus@10h30; Van Wyk, Jim**

**Bezuidenhout** (*Wed*) Joy

**Ellis** Mandi, Melanie, Jon

**Stadler** Elsabé

**Van Wyk** (*SunAM, SunPM; Elder*) Jim & Yvonne

**Willard** David & Monique

### **Gordons Bay; Wise, J @ Faul, B**

**Basson** Yvonne

**Baumann** (*Wed*) Elizabeth

**Chiwara** Rumbidzai

**Du Toit** Armandus & Elzet

**Faul** (*SunAM*) Boetie

**Hughes** Edward & Desiree

**Lomas** Marion

**Samuels** Melchoir

**Van Niekerk** Delarey & Theresa, Caleb, Erin

**Wise** (*Elder*) John & Elna

**Wise** (*Wed*) Johnathan

### **Pearl Valley; Swanepoel, M**

**Du Plessis** (*Wed*) Michelle, Jenna-Lee, Daniel, Michael

**Hartnick** Olivia

**Jackson** Stephen & Annemi, Roula, Lara, Stephen Jr

**Oosthuysen** Janice

**Rothmann** Wesley & Larysha

**Snyder** Leslie

**Swanepoel** (*SunAM, SunPM; Elder*) Marcel & Susan, Rachel

**Van Wyk** Johan & Barbara, D.J.

SW Golden Acre;Marais, J

**Chauke** Thabo

**Dyason** Dennis, Jesse

**Langenegger** (*Takes Sun pm*)Johann & Christine

**Marais** (*SunAM,SunPM;Elder*)Johan & Vanessa, Ayla, Keren

**Mgamera** Blessing

**Minnaar** Robyn

**Ngamera** Blessing

**Potgieter** Dené

**Swellah** Linette

SW Morningside@10h30;Hickley, A @ Van Niekerk, D

**Delpport** Dave & Beverley

**Du Plessis** Willie

**Faure** Brian & Lyneth

**Hickley** (*Wed;Elder*)Alan & Barbara, Joshua, Shaylynn

**Lomas** (*Cannot attend meetings*)Madeleine

**Opie** Valmae

**Posthumus** Aimee & David, Luke, Oliver

**Van der Merwe** Vivienne & Japie

**Van der Walt** Ivan & Fiona, Tyler, Leila

**Van Niekerk** (*All mtgs*)Daan & Mary Meiring

**Willard** Chanel

**Williamson** Elmarie

Worcester;Jacobs, L @ Adonis, A

**Arendolf** Averil

**Jacobs** Lennie

**Jacobs** (*SunAM,SunPM;Elder*)Leonard

**Jansen** Leona

**Jansen** Prudence

**January** (*Wed*)Hendry & Mary-Ann, Raydon, Cheslyn

**Liebenberg** Naomi

**Pieterse** Adine, Hayley

**Robinson** Bridgette

**Sauls** Alicia, Merlize, Keelan

Ceres SunPM@17h00;Barnard, J

**Jansen** Prudence



Gordons Bay S@17h00;Samuels, M

**Basson** Yvonne  
**Baumann** (Wed)Elizabeth  
**Chiwara** Rumbidzai  
**Du Toit** Armandus & Elzet  
**Faul** (SunAM)Boetie  
**Hughes** Edward & Desiree  
**Lomas** Marion  
**Samuels** Melchoir  
**Wise** (Elder)John & Elna  
**Wise** (Wed)Johnathan

Hermanus SunPM@12h00;Van Wyk, Jim

**Bezuidenhout** (Wed)Joy  
**Ellis** Mandi, Melanie, Jon  
**Stadler** Elsabé  
**Van Wyk** (SunAM, SunPM; Elder)Jim & Yvonne  
**Willard** David & Monique

Pearl Valley S;Trench, K @ Swanepoel, M

**Du Plessis** (Wed)Michelle, Jenna-Lee, Daniel, Michael  
**Hartnick** Olivia  
**Rothmann** Wesley & Larysha  
**Snyder** Leslie  
**Swanepoel** (SunAM, SunPM; Elder)Marcel & Susan, Rachel  
**Van Wyk** Johan & Barbara, D.J.

SW Golden Acre S@18h00;Langenegger J @  
Marais, J

**Chauke** Thabo  
**Dyason** Dennis, Jesse  
**Langenegger** (Takes Sun pm)Johann & Christine  
**Marais** (SunAM, SunPM; Elder)Johan & Vanessa, Ayla, Keren  
**Mgamera** Blessing  
**Minnaar** Robyn  
**Ngamera** Blessing  
**Potgieter** Dené  
**Swellah** Linette

**SW Morningside S@17h30;Hickley, A @ Van Niekerk, D**

**Delpert** Dave & Beverley

**Du Plessis** Willie

**Faure** Brian & Lyneth

**Hickley** (Wed;Elder)Alan & Barbara, Joshua, Shaylynn

**Lomas** (Cannot attend meetings)Madeleine

**Opie** Valmae

**Posthumus** Aimee & David, Luke, Oliver

**Van der Merwe** Vivienne & Japie

**Van der Walt** Ivan & Fiona, Tyler, Leila

**Van Niekerk** (All mtgs)Daan & Mary Meiring

**Willard** Chanel

**Williamson** Elmarie

**Worcester S@17h00;January, H @ Jacobs, L**

**Arendolf** Averil

**Jacobs** Lennie

**Jacobs** (SunAM,SunPM;Elder)Leonard

**Jansen** Leona

**January** (Wed)Hendry & Mary-Ann, Raydon, Cheslyn

**Liebenberg** Naomi

**Pieterse** Adine, Hayley

**Robinson** Bridgette

**Sauls** Alicia, Merlize, Keelan

**Ceres WedPM@17h30;Barnard, J**

**Jansen** Prudence

**Gordons Bay W@10h00;Faul, B @ E Baumann**

**Basson** Yvonne

**Baumann** (Wed)Elizabeth

**Faul** (SunAM)Boetie

**Hughes** Edward & Desiree

**Lomas** Marion

**Wise** (Elder)John & Elna

**Helena Heights WedPM@19h30;Johnathan Wise**

**Chauke** Thabo

**Chiwara** Rumbidzai

**Du Toit** Armandus & Elzet

**Dyason** Dennis, Jesse

**Marais** (*SunAM,SunPM;Elder*)Johan & Vanessa, Ayla, Keren

**Mgamera** Blessing

**Ngamera** Blessing

**Samuels** Melchoir

**Swellah** Linette

**Wise** (*Wed*)Johnathan

Hermanus WedPM #1@18h00;Van Wyk, Jim @  
Bezuidenhout, J

**Bezuidenhout** (*Wed*)Joy

**Ellis** Mandi, Melanie, Jon

**Stadler** Elsabé

**Van Wyk** (*SunAM,SunPM;Elder*)Jim & Yvonne

Hermanus WedPM #2@19h30;Strydom, F

**Willard** David & Monique

Pearl Valley W@19h30;Du Plessis, M

**Du Plessis** (*Wed*)Michelle, Jenna-Lee, Daniel, Michael

**Hartnick** Olivia

**Rothmann** Wesley & Larysha

**Snyder** Leslie

**Swanepoel** (*SunAM,SunPM;Elder*)Marcel & Susan, Rachel

**Van Wyk** Johan & Barbara, D.J.

SW Morningside WedAM@10h00;Delpport, D @  
Van Niekerk, D

**Delpport** Dave & Beverley

**Du Plessis** Willie

**Opie** Valmae

**Van der Merwe** Vivienne & Japie

**Van Niekerk** (*All mtgs*)Daan & Mary Meiring

SW Morningside WedPM@19h30;Hickley, A

**Faure** Brian & Lyneth

**Hickley** (*Wed;Elder*)Alan & Barbara, Joshua, Shaylynn

**Langenegger** (*Takes Sun pm*)Johann & Christine

**Minnaar** Robyn

**Posthumus** Aimee & David, Luke, Oliver

**Potgieter** Dené

**Van der Walt** Ivan & Fiona, Tyler, Leila

**Willard** Chanel  
**Williamson** Elmarie

## Worcester W@16h00;January, H

**Arendolf** Averil  
**Jacobs** Lennie  
**Jacobs** (*SunAM, SunPM; Elder*) Leonard  
**Jansen** Leona  
**January** (*Wed*) Hendry & Mary-Ann, Raydon, Cheslyn  
**Liebenberg** Naomi  
**Pieterse** Adine, Hayley  
**Robinson** Bridgette  
**Sauls** Alicia, Merlize, Keelan

## WC Admin

### WC Contacts

**Adams** Gertie  
**Adonis**  
**Anthony** George  
**Cameron**  
**Collier** (*Cannot get to meetings*) Cyril, Olivia  
**Dalziel** Lenie  
**De Beer** Toinette  
**De Klerk** (*Visiting 8-2pm Sat/Sun, Booking with phone to be made before planned visit.*) Renates  
**Du Plessis** Christo  
**Dunn** Clive  
**Duthie**  
**Eksteen** Byron  
**Faul** Richard & Elmi-Ané, Bréton  
**February** Cameron  
**Foye** David & Cynthia, Richard, Logan, Rhosannah  
**Francis** Keziah, Chloé  
**Frost** Paul-Francois & Lynnette, Katelyn  
**Geduld** Carlo & Colesa, Jeethan, Jeehan  
**Geduld** Clinton & Shinee, Xavier, Xayden, Xandria  
**Gihwala**  
**Goss** Freddie & Erna, Zander, Taswill, Jason, Sonia  
**Hall** Bertram  
**Hall** Sam  
**Harmse** Roslyn, Quinn

**Hartman** (*SunPM*) Coenie  
**Havemann** Donny, Jenna  
**Hermans** Deon & Susan, Chanelle  
**Howard** Shelley  
**Hudson** Edith  
**Hughes** Ronwyn & Yvette  
**Jacobs** Marilyn  
**Jeffries** Harriet  
**Ketch** Dustin  
**Kotzee** Carlene & Timothy, Carlyle, Theagan  
**Le Roux** Lucille & Errol  
**Leonard** Debbie  
**Mc Lane** (*don't know where she is*) Lynne  
**Michaels** Sherwin & Anthea  
**Mouton** Abraham & Martha  
**Muller** Jason & Tammy  
**Nefdt**  
**Nortjé** Johan  
**O'Ryan** Jeremy  
**O'Ryan** Melchior & Tarryn  
**Phillips** Neil  
**Phukuile** Donavine  
**Pieterse** Nathan & Rochel, Vaughn, Jade, Callum  
**Pogenpoel** Richard, Carmen  
**Potgieter** Suzette, Andy, Amber, Ashley LeGrange  
**Robijn** Marissa  
**Roodt** Karel, Mishka  
**Rossouw** Roelof  
**Rossouw** Zelda  
**Simons** Marco & Carlinne, Conner  
**Slater** Chrystal, Zachary, Elijah  
**Smit** Santie  
**Snyder** Eunice, Nadia  
**Snyder** Hilton  
**Solomon** Allandore  
**Solomons** Aurelia, Leah, Erin-Leigh, Peyton  
**Stevens** Melanie & Marcello, Tamlyn  
**Swiegelaar** Glynnis  
**Van der Merwe** Jeanine  
**Van Dyk** Mandi & Francois, Wian  
**Victor** Jeanette

**Visagie** Jaco

**Vries** Allison

**Warner** Allison

**Warnick** Jodi & Chaentine, Jodaunté, Jordao, Cattelya

**Willard** Justin

**Wise** Eddie & Chani, Leilani, Danny

## West Coast

### Eendekuil

**Cook** Shawn & Sophia, Dillan, Cailyn

### Moorreesburg

**Beukes** Shirley & Ben

### Vredendal

**April** Truitjie

### Williston; Louw, M

**Louw** (*All mtgs*) Maryke & Koos, Marnel, Alet

### Atlantis; Geduld, F

**Adams** (*SunPM, Wed*) Martin & Belinda, Leigh-Ann, Candice, Brent, Emily

**Geduld** (*All mtgs; Elder*) Frank & Cathy

**Minnies** Awie & Berenice

**Solomons** Charles & Norma

### Graafwater; Turner, B

**Foster** (*SunPM*) Martin & Trix

**Foster** Norman & Karin

**McDougall** Thelma, Hannah

**Turner** Arthur & Reneé

**Turner** (*SunAM*) Burnice

**Turner** (*Elder*) Norman & Shinel, Frederick, Benjamin, Amy

### Langebaan #1; Hall, B

**Blom** (*Wed*) Alwyn & Karen

**Blom** Tobie & Naomi

**Faul** Christine

**Hall** (*SunAM; Elder*) Bert & Petronella

**Roos** Elizabeth, Riana, Zandr 

**Stuart** (*Due to circumstances not attending*) Andy & Jill

**Van Heerden** Wessel & Gerda

**Langebaan #2;Minnie, F @ Schooling, C**

**Minnie** (*SunAM, SunPM; Elder*) Francois

**Olls** James & Brenda

**Schooling** Freda

**Van Wyk** Dirk & Amanda

**Venter** Vicky

**Lutzville**

**Visagie** Joey

**Porterville**

**Bester** Iona & Johan

**St Helena Bay; Du Raan, E**

**Baard** Ruth

**Bal** (*SunPM, Wed*) Lienkie

**Du Raan** (*SunAM*) Almaré

**Ewertse** Juanita

**Günther** Wietz & Anneline, Natasja

**Jeffries** Patricia

**Lehy** (*SunPM*) Bob & Annette

**Schooling** (*Elder*) Chris & Lauren, Stanford

**Smith** Hazel

**Atlantis S; Geduld, F**

**Geduld** (*All mtgs; Elder*) Frank & Cathy

**Minnies** Awie & Berenice

**Solomons** Charles & Norma

**Graafwater S; Foster, Norman @ Foster, M**

**Foster** (*SunPM*) Martin & Trix

**Foster** Norman & Karin

**McDougall** Thelma, Hannah

**Turner** Arthur & René

**Turner** (*SunAM*) Burnice

**Turner** (*Elder*) Norman & Shinel, Frederick, Benjamin, Amy

**Langebaan S@17h00; Hall, B**

**Blom** (*Wed*) Alwyn & Karen

**Blom** Tobie & Naomi

**Faul** Christine

**Hall** (*SunAM;Elder*)Bert & Petronella

**Roos** Elizabeth, Riana, Zandr 

**Van Heerden** Wessel & Gerda

**Langebaan S #2@17h00;F Minnie**

**Minnie** (*SunAM,SunPM;Elder*)Francois

**Olls** James & Brenda

**Schooling** Freda

**Van Wyk** Dirk & Amanda

**Malmesbury S@18h30**

**Adams** (*SunPM,Wed*)Martin & Belinda, Leigh-Ann, Candice,  
Brent, Emily

**St Helena Bay S@17h00;Lehy, B**

**Du Raan** (*SunAM*)Almar 

**Ewertse** Juanita

**Jeffries** Patricia

**Lehy** (*SunPM*)Bob & Annette

**Smith** Hazel

**Vredenburg S@17h00;G nther, W @ Bal, L**

**Baard** Ruth

**Bal** (*SunPM,Wed*)Lienkie

**G nther** Wietz & Anneline, Natasja

**Atlantis W@10h30;Geduld, F @ Minnies, A**

**Geduld** (*All mtgs;Elder*)Frank & Cathy

**Minnies** Awie & Berenice

**Solomons** Charles & Norma

**Graafwater W@19h30;Blom, T**

**Foster** (*SunPM*)Martin & Trix

**McDougall** Thelma, Hannah

**Turner** Arthur & Ren 

**Turner** (*SunAM*)Burnice

**Turner** (*Elder*)Norman & Shinel, Frederick, Benjamin, Amy

**Laingville W@19h00;Du Raan, N @ De Windt, L**

**Lehy** (*SunPM*)Bob & Annette

**Langebaan W@19h00;Blom, A**

**Blom** (*Wed*)Alwyn & Karen



**Blom** Tobie & Naomi

**Faul** Christine

**Hall** (*SunAM;Elder*)Bert & Petronella

**Roos** Elizabeth, Riana, Zandr 

**Van Heerden** Wessel & Gerda

## Langebaan W #2@19h00

**Minnie** (*SunAM,SunPM;Elder*)Francois

**Olls** James & Brenda

**Schooling** Freda

**Van Wyk** Dirk & Amanda

## Malmesbury W@19h00;Adams, M

**Adams** (*SunPM,Wed*)Martin & Belinda, Leigh-Ann, Candice,  
Brent, Emily

## Vredenburg W@19h30;G nther, W @ Bal, L

**Baard** Ruth

**Bal** (*SunPM,Wed*)Lienkie

**G nther** Wietz & Anneline, Natasja