

Namibia & Upington

November 15, 2025

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**Du Preez** Rika; 580 Vierde lane, Okahandja; Posbus 062 50 1247  
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**Havemann** Marjan; W/s 31, On the Beach, Sandpiper 064 40 0005  
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**Huisamen** Helmon & El-Selene; 5079 061 401 149 H/F  
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**Jansen** Johnny & Laurika, Ava, Leoniece; 9 Kalsium 061 364 0464(J)  
*Upington* Street, Belview, Upington, 8801; Posbus 061 813 0802(J)  
 2129, Upington, 8800

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**Januarie** Meleney, Jean-Claude, 081 424 8149(M)  
*Windhoek Senior Park* Damian, Tayla; 26 Villa Manzi,  
 Sesriem street, Kleine Kuppe; Posbus 5751,  
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**Kurz** Emil & Katie, Mercy, Monalisa; 1 Werf 067 30 4512 H  
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**Landsberg** Adrian; 43 Pima Street, Aggeneys, 073 170 0483(A)  
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**Louw** Joey & Desmond, Lemise & Zandré; 74 081 694 1495(D)  
*Walvisbaai* Neptune Street, Narraville, Walvisbaai. 081 441 3949(J)

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Windhoek Senior Park

Januarie Meleeney, Jean-Claude, Damian, Tayla  
Louw Piet  
Louw Deon & Tania, Lauren  
Opperman Danie  
Pietse Lorna  
Swartz Katie  
Van der Walt (All mtgs:Elder)Eddie

Okaruaku

Du Plessis André

Windhoek Khomasdal

Diergaardt Elizabeth, Micaelo, Chrizano  
Pietse (Elder)Brian & Anita  
Schwartz Sophia  
Schwartz Susan  
Shand (Elder)Trevor & Marlene, Joshua, Jesse  
Van der Walt Stephanie  
Van Heerden Wilma  
Van Wyk Christopher

Louw

Deon & Tania, Lauren; 2 Uhlard 081 272 6116(D)  
Heights, Kenneth Kaunda street, 081 154 6600(D)  
Windhoek; Posbus 3934, Vineta; 081 229 6196(T)  
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Louw

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Park, Windhoek, Namibia, Senior  
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Natalie, Tyrick; 43 Pima Street, Aggeneys, 082 433 8810(N)  
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Nel

Jan & Julia; 31 Augrabies Str, Upington, 066 030 1322(JA)  
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Opperman

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Pietse Brian & Anita; 346 Hydra street, 081 424 0495  
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Pietse

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Schwartz

Sophia; c/o 271 Chrisopraas 081 222 8202(So)  
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Susan; 20 Florence Nightingale, 081 875 5533(Su)  
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Shand

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## Namibia & Upington

### Aggeneys

**Landsberg** Adrian

**Nell** Natalie, Tyrick

### Kunene River Lodge

**Swart** (*All mtgs; Elder*) Leon & Hannetjie

### NAM Contacts

**Pottie** Eldon & Claire, Liam

**Van der Nest** Bruce

**Van Heerden** Eduard

### Okahandja

**Bezuidenhoudt** Leonie & Kobus

**Du Preez** Rika

**Strämke** Ansie & Max

### Otiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM, SunPM*) Marjan

**Huisamen** (*Wed; Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien

**Jansen** Alicia

**Jansen** Johnny & Laurika, Ava, Leoniece

**Nel** (*All mtgs; Elder*) Jan & Julia

**Opperman** Wieks

**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré

**Van Heerden** Danie & Jeanette, Daniella

**Van Wyk** Chet & Zuzette, Timiica