

Namibia & Upington

February 3, 2026

**Bezuidenhoudt** Leonie & Kobus; Bellevue Villa 081 363 8020  
*Okahandja* Erf 06-16, Osona Village.;  
 leonora.engelbrecht@gmail.com(L)

**Coetzee** Lien; c/o Susan Smith. Plot, Jooste Eiland pad 083 555 9080  
*Upington*

**Diergaardt** Elizabeth, Micaelo, Chrizano; +264813411635(E)  
*Windhoek Khomasdal* Windhoek

**Du Plessis** Bernice; Windhoek +264 81 247 8361  
*NAM Contacts*

**Du Plessis** André; Plaas "Okaruaku"; Posbus 518, 081 122 1402  
*Okaruaku* Windhoek; alaskafarming@iway.na 062 56 1434

**Du Preez** Rika; 580 Vierde lane, Okahandja; Posbus 062 50 1247  
*Okahandja* 719, Okahandja; tyka@mweb.com.na 081 128 1247

**Havemann** Marjan; W/s 31, On the Beach, Sandpiper 064 40 0005  
*Swakopmund* Rd, Swakopmund; Posbus 1633, 081 246 6433  
 Swakopmund; 100343h@iway.na

**Huisamen** Helmon & El-Selene; 5079 061 401 149 H/F  
*Swakopmund* Omumborombonga Street, 081 124 7701(H)  
 Swakopmund; Posbus 80743, Olympia; 081 207 4880(E)  
 helmon@iway.na(H) , elseleneh@gmail.com(E)

**Jansen** Alicia; 9 Kalsium Street, Belview, Upington, 062 589 0682  
*Upington* 8801; ajansen198361@gmail.com

**Jansen** Johnny & Laurika, Ava, Leoniece; 9 Kalsium 061 364 0464(J)  
*Upington* Street, Belview, Upington, 8801; Posbus 061 813 0802(J)  
 2129, Upington, 8800

**Januarie** Meleney, Jean-Claude, 081 424 8149(M)  
*Windhoek Senior Park* Damian, Tayla; 26 Villa Manzi,  
 Sesriem street, Kleine Kuppe; Posbus 5751,  
 Ausspannplatz; meleney@nampharm.com.na

**Kurz** Emil & Katie, Mercy, Monalisa; 1 Werf 067 30 4512 H  
*Otiwarongo* street, Otiwarongo; Posbus 1241, 081 127 7910(E)  
 Otiwarongo; emkurz@iway.na(E) 067307449 Fax  
 081 2754454(Me)

**Landsberg** Adrian; 43 Pima Street, Aggeneys, 073 170 0483(A)  
*Aggeneys* 8893; PO Box 343, Aggeneys, 8893.; 054 972 9712H  
 (-29.2369250, 18.8401330)

**Louw** Joey & Desmond, Lemise & Zandré; 74 081 694 1495(D)  
*Walvisbaai* Neptune Street, Narraville, Walvisbaai. 081 441 3949(J)

Windhoek Senior Park

Januarie Meleeney, Jean-Claude, Damian, Tayla  
Louv Deon & Tania, Lauren  
Louv Piet  
Opperman Danie  
Pietse Lorna  
Swartz Katie  
Van der Walt (All mtgs;Elder)Eddie

Okaruaku

Du Plessis Andre

Windhoek Khomasdal

Diergaardt Elizabeth, Micaelo, Chrizano  
Schwartz Sophia  
Schwartz Susan  
Shand (Elder) Trevor & Marlene, Jesse  
Van der Walt Stephanie  
Van Heerden Wilma  
Van Wyk Christopher

Louw Deon & Tania, Lauren; 2 Uhlard 081 272 6116(D)  
Heights, Kenneth Kaunda street, 081 154 6600(D)  
Windhoek; Posbus 3934, Vineta; 081 229 6196(T)  
deonlo@yahoo.na

Louw Piet; 20 Potgieter Street, Pioneers 081 240 2669  
Windhoek Senior Park  
Park, M2  
Neil Natalie; Tyrick; 43 Pima Street, Aggeneys, 082 433 8810(N)  
Aggeneys  
8893; PO Box 343, Aggeneys, 8893;  
natalien82@gmail.com; (-29,2369250,  
18,8401330)

Neil Jan & Julia; 31 Augrabies Str, Upington, 066 030 1322(JA)  
Upington 8800; (G6XR+JJC Upington, South Africa) 071 563 0888(JU)  
Opperman Wieks; Belle Rio Lifestyle Estate. +2763 212 2886  
Upington 1 Louisvale Rd. Upington 8801;  
wieks.opperman@gmail.com;  
(-28,4416350, 21,2749340)

Opperman Danie; Plaas Arm 356, Okahandja 081 605 1946  
Windhoek Senior Park  
Pietse Anita; 346 Hydra street, Dorado 081 424 0495  
NAM Contacts  
Park; Posbus 5751, Ausspannplatz;  
brianp019@gmail.com

Pietse Lorna; 20 Potgieter Street, Pioneers 061 30 7703  
Windhoek Senior Park  
Park, Windhoek, Namibia, Senior 081 346 4604  
Park, Unit O1; Posbus 5751,  
Ausspannplatz; perlon@iway.na  
Pottie Eldon & Claire, Liam; Outside +264 81 574 0278(E)  
Windhoek; eidonpottie@gmail. +264 81 466 0734(C)  
NAM Contacts  
com(E) , claiwestcott@webmail.co.za(C) 073 937 2173(C)

Schwartz Sophia; c/o 271 Chrisopraas 081 222 8202(So)  
Windhoek Khomasdal  
Street, Khomasdal, Windhoek, Namibia  
Susan; 20 Florence Nighthingale, 081 875 5533(Su)  
Windhoek Khomasdal  
Windhoek, Namibia; Posbus 8378, Bachbrect  
Shand Trevor & Marlene, Joshua, 081 145 8365(T)  
Windhoek Khomasdal  
Jesse; C2PX+WQ7 Windhoek, M081 294 4314(M)  
Namibia; Posbus 8378, Bachbrect;  
trevor.shand25@gmail.com(T)

**Smith** Susan & Sakkie, Sakkie jr; Plot, Jooste 054 334 0047H  
*Upington* Eiland pad.; Posbus 1441, Upington, 8800; 084 586 6711(Su)  
 (G6CQ+PF7 Upington, South Africa)

**Strämke** Ansie & Max; 335 Hoogenhout street, 062 50 1459  
*Okahandja* Okahandja; Posbus 55, Okahandja; 081 245 4854(A)  
 anja@iafrica.com.na

**Swartz** Katie; 4 Easton Court, 954 081 837 2901(K)  
*Windhoek Senior Park* Nelson Mandela Ave; Posbus  
 5725, Aussparplatz; katieswartz30@gmail.com

**Swart** Leon & Hannetjie; Kunene River 081 144 8144(L)  
*NAM Contacts* Lodge; 2leonswart@gmail.com(L) , 081 661 5657(H)  
 leonswart@gecko.na(L)

**Van Heerden** Eduard & Manette; Farm Ombuindja+264 81 165 8989  
*NAM Contacts*

**Van Heerden** Danie & Jeanette, Daniella; 2de Straat 081 646 1522  
*Walvisbaai* Noord no 35; Posbus 1206, Walvisbaai

**Van Heerden** Wilma; Farm Ombuindja; 081 393 9663  
*Windhoek Khomasdal* wilmavanheerden73@gmail.com;  
 (-22.2825490, 16.9091940)

**Van Wyk** Chet & Zuzette, Timiica; 17 Protea Street, 081 124 2077(C)  
*Walvisbaai* Walvis Bay; Posbus 3941, Walvisbaai; 081 388 8430(S)  
 chet.vanwyk@icloud.com(C)

**Van Wyk** Christopher; Lazarette House. Unit 5. Julius K  
*Windhoek Khomasdal* Nyerere Street, Windhoek

**Van der Nest** Bruce; Unit 12, Rautenburg Estates, 063274523 H  
*NAM Contacts* Rautenbach Street, Klein Windhoek, 811223545  
 Windhoek; PO Box 11360, Klein Windhoek,  
 Windhoek, 11009; brucenjanet@gmail.com

**Van der Walt** Stephanie; 74 Mosé Tjitendero street, 081 124 6252  
*Windhoek Khomasdal* Olympia, Windhoek, Namibia; Posbus  
 518, Windhoek; svdw@iway.na

**Van der Walt** Eddie; 20 Potgieter Street, Pioneers 081 351 6779  
*Windhoek Senior Park* Park, Windhoek, Namibia, Senior  
 Park, B4; Posbus 518, Windhoek

**Vries** Kynan & Nadine, Aiden, Kadene, +264 81 641 5999(K)  
*Rehoboth* Lillian; Erf 458 block A, Rehoboth;  
 Posbus 3360, Rehoboth; (M3PJ+GJQ  
 Rehoboth, Namibia)

## Namibia & Upington

### Aggeneys

**Landsberg** Adrian  
**Nell** Natalie, Tyrick

### NAM Contacts

**Du Plessis** Bernice  
**Pieterse** Anita  
**Pottie** Eldon & Claire, Liam  
**Swart** (All mtgs; Elder) Leon & Hannetjie  
**Van der Nest** Bruce  
**Van Heerden** Eduard & Manette

### Okahandja

**Bezuidenhoudt** Leonie & Kobus  
**Du Preez** Rika  
**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (SunAM, SunPM) Marjan  
**Huisamen** (Wed; Elder) Helmon & El-Selene

### Upington

**Coetzee** Lien  
**Jansen** Alicia  
**Jansen** Johnny & Laurika, Ava, Leoniece  
**Nel** (All mtgs; Elder) Jan & Julia  
**Opperman** Wieks  
**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré  
**Van Heerden** Danie & Jeanette, Daniella  
**Van Wyk** Chet & Zuzette, Timiica