

# Namibia & Upington

December 4, 2025

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| <b>Bezuidenhoudt</b> | Leonie & Kobus; Bellevue Villa<br><i>Okahandja</i><br>Erf 06-16, Osona Village.;  | 081 363 8020   |
|                      | leonora.engelbrecht@gmail.com(L)  |  |
| <b>Coetzee</b>       | Lien; c/o Susan Smith. Plot, Jooste Eiland pad<br><i>Upington</i>   | 083 555 9080   |
| <b>Diergaardt</b>    | Elizabeth, Micaelo, Chrizano;<br><i>Windhoek Khomasdal</i> Windhoek   | +264813411635(E)   |
| <b>Du Plessis</b>    | Bernice; Windhoek<br><i>NAM Contacts</i>  | +264 81 247 8361   |
| <b>Du Plessis</b>    | André; Plaas "Okaruaku"; Posbus 518,<br><i>Okaruaku</i> Windhoek; alaskafarming@iway.na   | 081 122 1402<br>062 56 1434  |
| <b>Du Preez</b>      | Rika; 580 Vierde lane, Okahandja; Posbus<br><i>Okahandja</i> 719, Okahandja; tyka@mweb.com.na   | 062 50 1247<br>081 128 1247  |
| <b>Havemann</b>      | Marjan; W/s 31, On the Beach, Sandpiper<br><i>Swakopmund</i> Rd, Swakopmund; Posbus 1633,<br>Swakopmund; 100343h@iway.na  | 064 40 0005<br>081 246 6433  |
| <b>Huisamen</b>      | Helmon & El-Selene; 5079<br><i>Swakopmund</i> Omumborombonga Street,<br>Swakopmund; Posbus 80743, Olympia;<br>helmon@iway.na(H) , elseleneh@gmail.com(E)                    | 061 401 149 H/F<br>081 124 7701(H)<br>081 207 4880(E)                |
| <b>Jansen</b>        | Alicia; 9 Kalsium Street, Belview, Upington,<br><i>Upington</i> 8801; ajansen198361@gmail.com   | 062 589 0682   |
| <b>Jansen</b>        | Johnny & Laurika, Ava, Leoniece; 9 Kalsium<br><i>Upington</i> Street, Belview, Upington, 8801; Posbus<br>2129, Upington, 8800   | 061 364 0464(J)<br>061 813 0802(J)                                   |
| <b>Januarie</b>      | Meleney, Jean-Claude,<br><i>Windhoek Senior Park</i> Damian, Tayla; 26 Villa Manzi,<br>Sesriem street, Kleine Kuppe; Posbus 5751,<br>Ausspannplatz; meleney@nampharm.com.na | 081 424 8149(M)  |
| <b>Kurz</b>          | Emil & Katie, Mercy, Monalisa; 1 Werf<br><i>Otjiwarongo</i> street, Otjiwarongo; Posbus 1241,<br>Otiwarongo; emkurz@iway.na(E)  | 067 30 4512 H<br>081 127 7910(E)<br>067307449 Fax<br>081 2754454(Me) |
| <b>Landsberg</b>     | Adrian; 43 Pima Street, Aggeneys,<br><i>Aggeneyys</i> 8893; PO Box 343, Aggeneyys, 8893.;<br>(-29.2369250, 18.8401330)  | 073 170 0483(A)<br>054 972 9712H                                     |
| <b>Louw</b>          | Joey & Desmond, Lemise & Zandré; 74<br><i>Walvisbaai</i> Neptune Street, Narraville, Walvisbaai.  | 081 694 1495(D)<br>081 441 3949(J)                                   |

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| <b>Louw</b>                 | Deon & Tania, Lauren; 2 Uhland Heights, Kenneth Kaunda street, Windhoek; Posbus 3934, Vineta;                                  | 081 272 6116(D)<br>081 154 6600(D)<br>081 229 6196(T)         |
| <i>Windhoek Senior Park</i> | <i>deonlo@yahoo.na</i>   |   |
| <b>Louw</b>                 | Piet; 20 Potgieter Street, Pioneers Park, Windhoek, Namibia, Senior Park, M2   | 081 240 2669  |
| <i>Windhoek Senior Park</i> |  |   |
| <b>Nell</b>                 | Natalie, Tyrick; 43 Pima Street, Aggeneyns, 8893; PO Box 343, Aggeneyns, 8893; natalien82@gmail.com; (-29.2369250, 18.8401330) | 082 433 8810(N)   |
| <i>Aggeneyns</i>            |  |   |
| <b>Nel</b>                  | Jan & Julia; 31 Augrabies Str, Upington, 8800; (G6XR+JJQ Upington, South Africa)   | 066 030 1322(JA)<br>071 563 0888(JU)                          |
| <i>Upington</i>             |  |   |
| <b>Opperman</b>             | Wieks; Belle Rio Lifestyle Estate. 1 Louisvale Rd. Upington 8801; wieksopperman@gmail.com; (-28.4416350, 21.2749340)           | +2763 212 2886  |
| <i>Upington</i>             |  |   |
| <b>Opperman</b>             | Danie; Plaas Arm 356, Okahandja  | 081 605 1946  |
| <i>Windhoek Senior Park</i> |  |   |
| <b>Pieterse</b>             | Anita; 346 Hydra street, Dorado Park; Posbus 5751, Ausspannplatz; brianp019@gmail.com  | 081 424 0495  |
| <i>NAM Contacts</i>         |  |   |
| <b>Pieterse</b>             | Lorna; 20 Potgieter Street, Pioneers Park, Windhoek, Namibia, Senior Park, Unit O1; Posbus 5751, Ausspannplatz; perlon@iway.na | 061 30 7703<br>081 346 4604                                   |
| <i>Windhoek Senior Park</i> |  |   |
| <b>Pottie</b>               | Eldon & Claire, Liam; Outside Windhoek; eldonpottie@gmail.com(E) , clairewestcott@webmail.co.za(C)                             | +264 81 574 0278(E)<br>+264 81 466 0734(C)<br>073 937 2173(C) |
| <i>NAM Contacts</i>         |  |   |
| <b>Schwartz</b>             | Sophia; c/o 271 Chrisopraas Street, Khomasdal, Windhoek, Namibia   | 081 222 8202(So)  |
| <i>Windhoek Khomasdal</i>   |  |   |
| <b>Schwartz</b>             | Susan; 20 Florence Nightingale, Windhoek, Namibia; Posbus 8378, Bachbrecht   | 081 875 5533(Su)  |
| <i>Windhoek Khomasdal</i>   |  |   |
| <b>Shand</b>                | Trevor & Marlene, Joshua, Jesse; C2PX+WQ7 Windhoek, Namibia; Posbus 8378, Bachbrecht; trevor.shand25@gmail.com(T)              | 081 145 8365(T)<br>M081 294 4314(M)                           |
| <i>Windhoek Khomasdal</i>   |  |   |

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| <b>Smith</b>        | Susan & Sakkie, Sakkie jr; Plot, Jooste<br><i>Upington</i> Eiland pad.; Posbus 1441, Upington, 8800; 084 586 6711(Su)<br>(G6CQ+PF7 Upington, South Africa)                                     | 054 334 0047H                      |
| <b>Strämke</b>      | Ansie & Max; 335 Hoogenhout street,<br><i>Okahandja</i> Okahandja; Posbus 55, Okahandja;<br>anja@afrika.com.na   | 062 50 1459<br>081 245 4854(A)     |
| <b>Swartz</b>       | Katie; 4 Easton Court, 954<br><i>Windhoek Senior Park</i> Nelson Mandela Ave; Posbus<br>5725, Ausspanplatz; katiestwartz30@gmail.com   | 081 837 2901(K)                    |
| <b>Swart</b>        | Leon & Hanneljie; Kunene River<br><i>NAM Contacts</i> Lodge; 2leonswart@gmail.com(L) ,<br>leonswart@gecko.na(L)  | 081 144 8144(L)<br>081 661 5657(H) |
| <b>Van Heerden</b>  | Eduard & Manette; Farm Ombuindja+264 81 165 8989<br><i>NAM Contacts</i>  |                                    |
| <b>Van Heerden</b>  | Danie & Jeanette, Daniella; 2de Straat<br><i>Walvisbaai</i> Noord no 35; Posbus 1206, Walvisbaai   | 081 646 1522                       |
| <b>Van Heerden</b>  | Wilma; Farm Ombuindja;<br><i>Windhoek Khomasdal</i> wilmavanheerden73@gmail.com;<br>(-22.2825490, 16.9091940)  | 081 393 9663                       |
| <b>Van Wyk</b>      | Chet & Zuzette, Timiica; 17 Protea Street, 081 124 2077(C)<br><i>Walvisbaai</i> Walvis Bay; Posbus 3941, Walvisbaai; 081 388 8430(S)<br>chet.vanwyk@icloud.com(C)                              |                                    |
| <b>Van Wyk</b>      | Christopher; Lazarette House. Unit 5. Julius K<br><i>Windhoek Khomasdal</i> Nyerere Street, Windhoek   |                                    |
| <b>Van der Nest</b> | Bruce; Unit 12, Rautenburg Estates, 063274523 H<br><i>NAM Contacts</i> Rautenbach Street, Klein Windhoek,<br>Windhoek; PO Box 11360, Klein Windhoek,<br>Windhoek, 11009; brucenjanet@gmail.com | 811223545                          |
| <b>Van der Walt</b> | Stephanie; 74 Mosé Tjitendero street, 081 124 6252<br><i>Windhoek Khomasdal</i> Olympia, Windhoek, Namibia; Posbus<br>518, Windhoek; svdw@iway.na  |                                    |
| <b>Van der Walt</b> | Eddie; 20 Potgieter Street, Pioneers 081 351 6779<br><i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior<br>Park, B4; Posbus 518, Windhoek   |                                    |
| <b>Vries</b>        | Kynan & Nadine, Aiden, Kadene, +264 81 641 5999(K)<br><i>Rehoboth</i> Lillian; Erf 458 block A, Rehoboth;<br>Posbus 3360, Rehoboth; (M3PJ+GJQ<br>Rehoboth, Namibia)                            |                                    |

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## Namibia & Upington

### Aggeneys

**Landsberg** Adrian

**Nell** Natalie, Tyrick

### NAM Contacts

**Du Plessis** Bernice

**Pieterse** Anita

**Pottie** Eldon & Claire, Liam

**Swart** (*All mtgs;Elder*) Leon & Hannetjie

**Van der Nest** Bruce

**Van Heerden** Eduard & Manette

### Okahandja

**Bezuidenhoudt** Leonie & Kobus

**Du Preez** Rika

**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM,SunPM*) Marjan

**Huisamen** (*Wed;Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien

**Jansen** Alicia

**Jansen** Johnny & Laurika, Ava, Leoniece

**Nel** (*All mtgs;Elder*) Jan & Julia

**Opperman** Wieks

**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré

**Van Heerden** Danie & Jeanette, Daniella

**Van Wyk** Chet & Zuzette, Timiica

Windhoek Senior Park

**Januarie** Meleney, Jean-Claude, Damian, Tayla

**Louw** Deon & Tania, Lauren

**Louw** Piet

**Opperman** Danie

**Pieterse** Lorna

**Swartz** Katie

**Van der Walt** (*All mtgs;Elder*) Eddie

Okaruaku

**Du Plessis** André

Windhoek Khomasdal

**Diergaardt** Elizabeth, Micaelo, Chrizano

**Schwartz** Sophia

**Schwartz** Susan

**Shand** (*Elder*) Trevor & Marlene, Joshua, Jesse

**Van der Walt** Stephanie

**Van Heerden** Wilma

**Van Wyk** Christopher