

Namibia & Upington

January 19, 2026

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| <b>Bezuidenhoudt</b> | Leonie & Kobus; Bellevue Villa<br><i>Okahandja</i> Erf 06-16, Osona Village.;<br>leonora.engelbrecht@gmail.com(L)   | 081 363 8020   |
| <b>Coetzee</b>       | Lien; c/o Susan Smith. Plot, Jooste Eiland pad<br><i>Upington</i>   | 083 555 9080   |
| <b>Diergaardt</b>    | Elizabeth, Micaelo, Chrizano;<br><i>Windhoek Khomasdal</i> Windhoek   | +264813411635(E)   |
| <b>Du Plessis</b>    | Bernice; Windhoek<br><i>NAM Contacts</i>  | +264 81 247 8361   |
| <b>Du Plessis</b>    | André; Plaas "Okaruaku"; Posbus 518,<br><i>Okaruaku</i> Windhoek; alaskafarming@iway.na   | 081 122 1402<br>062 56 1434  |
| <b>Du Preez</b>      | Rika; 580 Vierde lane, Okahandja; Posbus<br><i>Okahandja</i> 719, Okahandja; tyka@mweb.com.na   | 062 50 1247<br>081 128 1247  |
| <b>Havemann</b>      | Marjan; W/s 31, On the Beach, Sandpiper<br><i>Swakopmund</i> Rd, Swakopmund; Posbus 1633,<br>Swakopmund; 100343h@iway.na  | 064 40 0005<br>081 246 6433  |
| <b>Huisamen</b>      | Helmon & El-Selene; 5079<br><i>Swakopmund</i> Omumborombonga Street,<br>Swakopmund; Posbus 80743, Olympia;<br>helmon@iway.na(H) , elseleneh@gmail.com(E)                    | 061 401 149 H/F<br>081 124 7701(H)<br>081 207 4880(E)                |
| <b>Jansen</b>        | Alicia; 9 Kalsium Street, Belview, Upington,<br><i>Upington</i> 8801; ajansen198361@gmail.com   | 062 589 0682   |
| <b>Jansen</b>        | Johnny & Laurika, Ava, Leoniece; 9 Kalsium<br><i>Upington</i> Street, Belview, Upington, 8801; Posbus<br>2129, Upington, 8800   | 061 364 0464(J)<br>061 813 0802(J)                                   |
| <b>Januarie</b>      | Meleney, Jean-Claude,<br><i>Windhoek Senior Park</i> Damian, Tayla; 26 Villa Manzi,<br>Sesriem street, Kleine Kuppe; Posbus 5751,<br>Ausspannplatz; meleney@nampharm.com.na | 081 424 8149(M)  |
| <b>Kurz</b>          | Emil & Katie, Mercy, Monalisa; 1 Werf<br><i>Otiwarongo</i> street, Otiwarongo; Posbus 1241,<br>Otiwarongo; emkurz@iway.na(E)  | 067 30 4512 H<br>081 127 7910(E)<br>067307449 Fax<br>081 2754454(Me) |
| <b>Landsberg</b>     | Adrian; 43 Pima Street, Aggeneys,<br><i>Aggeneys</i> 8893; PO Box 343, Aggeneys, 8893.;<br>(-29.2369250, 18.8401330)  | 073 170 0483(A)<br>054 972 9712H                                     |
| <b>Louw</b>          | Joey & Desmond, Lemise & Zandré; 74<br><i>Walvisbaai</i> Neptune Street, Narraville, Walvisbaai.  | 081 694 1495(D)<br>081 441 3949(J)                                   |

Windhoek Senior Park

**Januarie** Meleeney, Jean-Claude, Damian, Tayla  
**Louw** Deon & Tania, Lauren  
**Louw** Piet  
**Opperman** Danie  
**Pieterse** Lorna  
**Swartz** Katie  
**Van der Walt** (All mtgs;Elder)Eddie

Okaruaku

**Du Plessis** Andre

Windhoek Khomasdal

**Diergaardt** Elizabeth, Micaelo, Chrizano  
**Schwartz** Sophia  
**Shand** (Elder) Trevor & Marlene, Joshua, Jesse  
**Van der Walt** Stephanie  
**Van Heerden** Wilma  
**Van Wyk** Christopher

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|-------------|--|-------------|--|-------------|---|-------------|--|-----------------|---|-----------------|--|-----------------|---|---------------|---|-----------------|--|-----------------|--|--------------|---|
| <b>Louw</b> | Deon & Tania, Lauren; 2 Uhlard 081 272 6116(D)<br><i>Windhoek Senior Park</i> Heights, Kenneth Kaunda street, 081 154 6600(D)<br>Windhoek; Posbus 3934, Vineta; 081 229 6196(T)<br>deonlo@yahoo.na | <b>Louw</b> | Piet; 20 Potgieter Street, Pioneers 081 240 2669<br><i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior Park, M2 | <b>Neil</b> | Natalie, Tyrick; 43 Pima Street, Aggeneys, 082 433 8810(N)<br><i>Aggeneys</i> 8893; PO Box 343, Aggeneys, 8893; natalien82@gmail.com; (-29,2369250, 18,8401330) | <b>Neil</b> | Jan & Julia; 31 Augrabies Str, Upington, 066 030 1322(JA)<br><i>Upington</i> 8800; (G6XR+JJC Upington, South Africa) 071 563 0888(JU)<br><b>Opperman</b> Wieks; Belle Rio Lifestyle Estate. +2763 212 2886<br><i>Upington</i> 1 Louisvale Rd. Upington 8801; wieks.opperman@gmail.com; (-28,4416350, 21,2749340) | <b>Opperman</b> | Danie; Plaas Arm 356, Okahandja 081 605 1946<br><i>Windhoek Senior Park</i> | <b>Pieterse</b> | Anita; 346 Hydra street, Dorado 081 424 0495<br><i>NAM Contacts</i> Park; Posbus 5751, Ausspannplatz; briannp019@gmail.com | <b>Pieterse</b> | Lorna; 20 Potgieter Street, Pioneers 061 30 7703<br><i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior Park, Unit O1; Posbus 5751, Ausspannplatz; perlon@iway.na | <b>Pottie</b> | Eldon & Claire, Liam; Outside +264 81 574 0278(E)<br><i>NAM Contacts</i> Windhoek; eidonpottie@gmail. +264 81 466 0734(C)<br>com(E) , clairewestcott@webmail.co.za(C) 073 937 2173(C) | <b>Schwartz</b> | Sophia; c/o 271 Chrisopraas 081 222 8202(So)<br><i>Windhoek Khomasdal</i> Street, Khomasdal, Windhoek, Namibia | <b>Schwartz</b> | Susan; 20 Florence Nighthingale, 081 875 5533(Su)<br><i>Windhoek Khomasdal</i> Windhoek, Namibia; Posbus 8378, Bachbrect | <b>Shand</b> | Trevor & Marlene, Joshua, 081 145 8365(T)<br><i>Windhoek Khomasdal</i> Jesse; C2PX+WQ7 Windhoek, M081 294 4314(M)<br>Namibia; Posbus 8378, Bachbrect; trevor.shand25@gmail.com(T) |
|-------------|--|-------------|--|-------------|---|-------------|--|-----------------|---|-----------------|--|-----------------|---|---------------|---|-----------------|--|-----------------|--|--------------|---|

**Smith** Susan & Sakkie, Sakkie jr; Plot, Jooste 054 334 0047H  
*Upington* Eiland pad.; Posbus 1441, Upington, 8800; 084 586 6711(Su)  
 (G6CQ+PF7 Upington, South Africa)

**Strämke** Ansie & Max; 335 Hoogenhout street, 062 50 1459  
*Okahandja* Okahandja; Posbus 55, Okahandja; 081 245 4854(A)  
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**Swartz** Katie; 4 Easton Court, 954 081 837 2901(K)  
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 5725, Aussspanplatz; katieswartz30@gmail.com

**Swart** Leon & Hannetjie; Kunene River 081 144 8144(L)  
*NAM Contacts* Lodge; 2leonswart@gmail.com(L) , 081 661 5657(H)  
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**Van Heerden** Eduard & Manette; Farm Ombuindja+264 81 165 8989  
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**Van Heerden** Danie & Jeanette, Daniella; 2de Straat 081 646 1522  
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**Van Heerden** Wilma; Farm Ombuindja; 081 393 9663  
*Windhoek Khomasdal* wilmavanheerden73@gmail.com;  
 (-22.2825490, 16.9091940)

**Van Wyk** Chet & Zuzette, Timiica; 17 Protea Street, 081 124 2077(C)  
*Walvisbaai* Walvis Bay; Posbus 3941, Walvisbaai; 081 388 8430(S)  
 chet.vanwyk@icloud.com(C)

**Van Wyk** Christopher; Lazarette House. Unit 5. Julius K  
*Windhoek Khomasdal* Nyerere Street, Windhoek

**Van der Nest** Bruce; Unit 12, Rautenburg Estates, 063274523 H  
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 Windhoek, 11009; brucenjanet@gmail.com

**Van der Walt** Stephanie; 74 Mosé Tjitendero street, 081 124 6252  
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**Van der Walt** Eddie; 20 Potgieter Street, Pioneers 081 351 6779  
*Windhoek Senior Park* Park, Windhoek, Namibia, Senior  
 Park, B4; Posbus 518, Windhoek

**Vries** Kynan & Nadine, Aiden, Kadene, +264 81 641 5999(K)  
*Rehoboth* Lillian; Erf 458 block A, Rehoboth;  
 Posbus 3360, Rehoboth; (M3PJ+GJQ  
 Rehoboth, Namibia)

## Namibia & Upington

### Aggeneys

**Landsberg** Adrian  
**Nell** Natalie, Tyrick

### NAM Contacts

**Du Plessis** Bernice  
**Pieterse** Anita  
**Pottie** Eldon & Claire, Liam  
**Swart** (*All mtgs; Elder*) Leon & Hannetjie  
**Van der Nest** Bruce  
**Van Heerden** Eduard & Manette

### Okahandja

**Bezuidenhoudt** Leonie & Kobus  
**Du Preez** Rika  
**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM, SunPM*) Marjan  
**Huisamen** (*Wed; Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien  
**Jansen** Alicia  
**Jansen** Johnny & Laurika, Ava, Leoniece  
**Nel** (*All mtgs; Elder*) Jan & Julia  
**Opperman** Wieks  
**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré  
**Van Heerden** Danie & Jeanette, Daniella  
**Van Wyk** Chet & Zuzette, Timiica