

January 10, 2026

Cape Peninsula - South

Abrahams Steven & Bronwyn, Jude, Jared; 24 <i>Tygerdal</i> Freesia Road, Tygerdal, Goodwood, 7460; bronwyn.abrahams77@gmail.com(B) , steven.abrahams@eskom.co.za(S)	0828992051(S) 021 591 2107 +2771 670 8690(B)
Abrahams Timothy; c/o Steven & Bronwyn 24 Freesia <i>Tygerdal</i> Road, Tygerdal, Goodwood, 7460	079 355 8037 215912107
Adams Lorraine; 5 Oleander St, Lentegeur, Mitchells <i>Westridge</i> Plain, 7786	079 868 6283
Adams Marlene; 36 Tracey street,Weltevreden <i>Westridge</i> Glen, Colorado Park, 7785; marleneadams66@gmail.com	078 036 8462
Adonis Derick & Lettie; 1 Thomas Street, <i>Westgate</i> Westgate, Cape Town, 7798; derickadonis@gmail.com(D)	069 105 8639(D) 081 783 5162(L) +27 79 336 5149(D)
Bailey Helena, Cecelia; 42 Hibiscus Road, <i>Westridge</i> Lentegeur, 7785	+2771 092 3017(H) +27780325731(C)
Bosch Freddie & Betty; 92 Koppiesdam Rd, <i>Bishop Lavis</i> Bishop Lavis, 7490	084 586 9747(B) 079 426 9455(F)
Brandt Peter; 16 Raleigh Road, Mowbray, Cape Town, 073 257 2911 <i>Fairways</i> 7700	
Burger Yvonne; 140 Dennegeur Ave, Strandfontein, <i>Westgate</i> 7798	079 037 4980
Cameron Rodney & Alvira; 5 Van Schalkwyk <i>Rondebosch East</i> Rd, Rondebosch East, 7780; P O Box 36464, Glosderry, 7702; rodcam888@gmail.com(R)	082 904 3300(R) 082 792 8700(A) 021 697 3384
Camfer Sarah; 29 7th Street, Kensington, 7405 <i>Tygerdal</i>	072 576 5527
Cedras Donavan & Dorothy, Micheala; 37 Lau- <i>Penhill Estate</i> rimer Street, Penhill Estate, Eersteriv- ier, 7100; donavan.cedras@gmail.com(Dv)	079 507 1629(Dv) 081 048 2481(Dr) 0683278734(M)
Daames Sherwyn, Sherné; 5 Theatre Close <i>Westgate</i>	079 1110453(S) sdaames2011@gmail.com(S)
Dagnin Roberta; 36 Tracey street Weltevreden Glen <i>Westridge</i> Colorado Park; robertadagnin12@gmail.com	067 993 4265
Dagnin Tanya, Aidan; c/o Roberta Dagnin <i>Westridge</i>	

Platteklief W;Dyason, S @ Fevrier, J

Van Rooijen Nadia & Erik, Raymond, Gemma, Kayleigh
Rosebank House W am;Snyder, J
Dick Joyce
Fraser (<i>not able to attend mtgs</i>)
Robinson Elizabeth
Snyder (<i>SunAM;Elder;Wed AM. Mtg in sun room close to Joyce Dick.)Jeffrey & Shirley</i>
Teixeira Cherryl
Tygerdal WedPM;19h00 @ Abrahams, S
Abrahams (<i>All mtgs;Elder;Elder; All meetings, takes Sun AM)Steven & Bronwyn, Jude, Jared</i>
Abrahams (<i>Takes PM meeting)Timothy</i>
Camfer Sarah
Dammert Patsy
Ewertse Desiree
Gihwala Jean
Smith Mervyn
Solomon Arlene, Allandore, Cheslin
Volkwyn Pam
Wyngaard Maggie
Westridge W;Daames, S @ O' Ryan, Stanley
Adams Lorraine
Adams Marlene
Adonis (<i>SunAM,SunPM;Elder;Elder Sun AM: Takes meeting in Sherwyn's Home)Derick & Lettie</i>
Burger Yvonne
Daames (<i>Takes Wed PM @ Westridge)Sherwyn, Sherné</i>
Dagnin Roberta
Dagnin Tanya, Aidan
Dzvokora Obvious & Nomvuso, Tanaka, Tinashé
Jaftha Christopher, Angelique, Giovanni
Jaftha Mary, Joshua, Qewin
O'Ryan Reuben & Joyce
O'Ryan (<i>SunAM,Wed;Elder;Elder Sun Am; All meetings; Westgate attends the PM meetings)Stanley & Sandra</i>
Solomon (<i>Takes Sun PM)Edwin & Reyhana, Eva</i>

Esbend	Mashardo; D131 Musgrave Park, Cnr 188 <i>Pinelands</i> Boundary Road/Old Kendal and Myburg Roads, Diep River, 7945; mashardo@gmail.com	+27792383912
Ewertse	Desiree; 10 Arlington way, Milnerton Ridge, 084 337 4366(D) <i>Tygerdal</i> 7441; ewertsedesiree@gmail.com(D)	
Faul	Arno; Sandown Crescent, Unit D309, 12 <i>Plattekloof</i> Grand National Blvd, Milnerton, 7441; arnofaul@gmail.com	083 369 9257
Faure	Braam & Cherie, Liani, Braam (jnr), 061 364 3113(B) <i>Plattekloof</i> Isabella; 41, Clifton Crescent, Parklands, 061 398 0636(C) Milnerton Rural, Cape Town, 7441; braam.faure@gmail.com	
Faure	Muriel; 41 Clifton Crescent, Parklands, <i>Plattekloof</i> Milnerton Rural, Cape Town, 7441.; mu.faure@gmail.com	074 994 1895
Fevrier	Juliana; 129 Plattekloof Rd, Monte Vista, <i>Plattekloof</i> Cape Town, 7460; julie@travelmanor.co.za	074 124 6460
Foye	Catherine; Oasis Retirement Resort, 803 Palm 082 567 7488 <i>Pinelands</i> Royale, Century Way, Century City, 7441; jwf@iafrica.com	021 250 0936
Franke	Gerald & Mona, Mandi, Elrita; 25 Edna St, 078 217 0623(E) <i>Fairways</i> Montague Gift, Grassy Park, 7945 079 129 8180 (G)	
Fraser	Shani; Rosebank House, Sickbay, 42 <i>Rosebank House</i> Alma Road, Rosebank	021 689 3612
Gihwala	Jean; 8 Moore Street, Parrow valley, Cape <i>Tygerdal</i> Town, 7500	073 381 3425
Green	Ursula, Terence; 6 Gladiator St, Kensington, 079 479 1357(U) <i>Pinelands</i> 7405 072 426 0563(T)	
Grootboom	Aubrey & Florence, Alaric, Enslin; 28 <i>Bishop Lavis</i> Commercial Road, Clarkes, 7490	078 169 8717(A) 074 909 4821(F)
Grootboom	Robert & Marie; 84, 9th Avenue, <i>Bishop Lavis</i> Leonsdale, Elsies River, 7490	083 989 8202 071 184 8977(M) 0781198253(R)
Grootboom	Vanessa; 26 Commercial Rd, Clarkes <i>Bishop Lavis</i>	062 655 7930
Hall	Keith & Molly; 11 Houtman St, Monte <i>Plattekloof</i> Vista, 7460	021 559 2401 076 693 2576(K)

16 Bishop Lavis WedAM@10h30;Middleton, T @ Bosch, F**Mc Lane** Cynthia**Mc Lane** Yvonne**Fairways W am@10h30;Dunn, C****Dunn** (*SunAM;Elder;Wed AM*)Christopher & Felicity**Duthie** (*SunPM*)Marlene**Manuel** Roslyn**Renaud** Mercia**Sassman** (*Wed PM Iona Smith*)Charmaine, Matthew**Vlok** Amanda**Grassy Park WedAM@10h30;O’Ryan, E****Erasmus** Ashleigh & Jodie, Isabella, Luca**O’Ryan** (*SunAM,SunPM;Elder;Wed AM*)Evan & Colleen, Jade, Carlynne**O’Ryan** Maurice & Josephine**Phaal** Hilary, Erica**Ottery No.1 W;Hermans, L****Dunn** (*SunPM;Sun PM, Wed pm @ Iona Smith*)Shalim & Michelle, Sharné, Mikayla**Dunn** Thersia**Dyason** Janine**Hermans** (*Wed PM*)Louis & Merle**Kabamba** (*SunAM;Elder*)Theodore & Nicky, Annabelle, Adriel**Swanepoel** Lizelle**Ottery No.2 W;Dunn, S @ Smith, I****Brandt** Peter**Franke** Gerald & Mona**Jaftha** Mattie, Bettie, Pauline**Martinus** André, Cameron, Andrea**Smith** (*Wed PM*)Iona**Penhill Estate W@19h00;Solomon, F @ Cedras, D****Cedras** (*SunAM,SunPM;Elder; Sun Pm @ 5pm, Wed PM @ 7pm Ferdinand takes the meeting*)Donavan & Dorothy, Micheala**Davids** Eileen**Mannel** Sarah & Pietro, Xenethia**Okkers** Wayne & Enseline, Candice, Aiden, Jadon

Lutzke	Bonita & Carl, Ruby; 26 Seven Sleepers <i>Grassy Park</i>	0833509509(B) road, Kirstenhof; bmlutzke@gmail.com(B) , 072118874(C) carl@lawsplumbing.co.za(C)
Mannel	Sarah & Pietro, Xenethia; 60 Bobby St, <i>Penhill Estate</i>	083 954 1188(S) Gaylee, Blackheath, 7580 0741894795(P)
Manuel	Roslyn; 34 Daniel Ave, Ottery, <i>Fairways</i>	073 264 9435
Martinus	André, Cameron, Andrea; 389G Nassau Rd, Wynberg <i>Rondebosch East</i>	Military Base; andremartinus772@gmail.com(A)
Maxim	Trix & Fanie; Relocated to Knysna <i>Bishop Lavis</i>	076 620 7948(T)
Mc Lane	Cynthia; 7 Hanover Street, Highbury Park, <i>Bishop Lavis</i>	072 465 5057 Kuilsriver, 7580
Mc Lane	Yvonne, Jovaunté, Eve; 49 <i>Bishop Lavis</i>	082 958 7521(Y) Kogelberg Rd, Bishop Lavis, 7490; evenicole.mclean@gmail.com(Y)
Meintjes	Mia; 3 Oaks Court, 23 Union Street, Gardens; <i>Pinelands</i>	064 541 2987 mia.meintjes@gmail.com
Mervyn	Rozina; 42 Hibiscus Road, Lentegeur, <i>Westridge</i>	7785 +2776 703 9460
Monk	Yolandi, Miqael; 30 Tulbagh Street, Monte Vista, <i>Platteklip</i>	072 424 5669(Y) 7460; yolandi@lusinco.co.za
Morar	Maylene & Reno; 7 Scouts <i>Pinelands</i>	071 200 3607(M) Place, Pinelands, 7405; maylene.shungking@uct.ac.za(M) 082 899 6138(R)
Morris	Christopher; c/o Bonita Lutzke; <i>Grassy Park</i>	082 586 0805 christopher.morris@yahoo.com
Morris	Claude & Jo-Ann, Kaylynne, Peter, <i>Grassy Park</i>	082 887 8273(C) Noah; 10 Harmony way, Kirstenhof +27715467679(C) 081 896 2663(J)
Naidoo	Rebecca; Lovers walk, Rondebosch <i>Rondebosch East</i>	084 089 7304
Nefdt	Steven & Shirley; 4 Woodbury Close, 078 344 6874(St) <i>Rondebosch East</i>	078 198 7180(Sh)
O'Ryan	Evan & Colleen, Jade, Carlynnne; <i>Grassy Park</i>	060 618 4360(E) 72, Sixth Ave, Grassy Park, 7945; evanryan66@gmail.com(E) 0713894232(C)

14 Plattekloof S@17h30;alt Reed, M & Faul, A @ Du Plessis, P**Van Niekerk** Yolandi & Wynand**Van Rooijen** Nadia & Erik, Raymond, Gemma, Kayleigh**Plumstead S;Dunn, S 17h30 @ Dunn, S****Brandt** Peter**Dunn** (*SunPM;Sun PM, Wed pm @ Iona Smith*) Shalim & Michelle, Sharné, Mikayla**Dunn** Thersia**Dyason** Janine**Kabamba** (*SunAM;Elder*) Theodore & Nicky, Annabelle, Adriel**Renaud** Mercia**Swanepoel** Lizelle**Vlok** Amanda**Rondebosch East S;Nefdt, S @ Cameron, R****Cameron** (*SunAM,SunPM;Elder*) Rodney & Alvira**King** Earl & Cassandra, Bella, Ava, Chloe, Scott**King** Sandra**Martinus** André, Cameron, Andrea**Naidoo** Rebecca**Nefdt** Steven & Shirley**O'Ryan** Joanne**O'Ryan** Raymond**Weber** (*Wed*) Mark**Rosebank House S;Snyder, J****Dick** Joyce**Fraser** (*not able to attend mtgs*)**Robinson** Elizabeth**Snyder** (*SunAM;Elder;Wed AM. Mtg in sun room close to Joyce**Dick.* Jeffrey & Shirley**Teixeira** Cherryl**Tygerdal SunPM;Abrahams, S 17h30 @****Abrahams, S****Abrahams** (*All mtgs;Elder;Elder; All meetings, takes Sun**AM*) Steven & Bronwyn, Jude, Jared**Abrahams** (*Takes PM meeting*) Timothy**Camfer** Sarah**Dammert** Patsy**Ewertse** Desiree

Ruger	Denyse; 201 Grosvenor Square, 17 College Pinelands Rd, Rondebosch; denyse@ruger.co.za	082 658 1358 021 686 0897
Samuels	Sylvia; 125 Pinetree Way, Rosedale, Penhill Estate Eersterivier, 7100	083 206 4502(S)
Sassman	Charmaine, Matthew; 1 Jubalew street, Grassy Park Welcome Estate ,Vanguard	079 037 5550
Sassman	Marcello, Daniel; 1 Jubalew street, Welcome Grassy Park Estate, Vanguard	067 951 0647
ShungKing	Enid; 27 Avro Ave, Kensington, 7405 Pinelands	072 607 3774
Smith	Iona; 16 Ascot Close, Ascot Mews, Ottery, Fairways 7800; ionasmith32@gmail.com	078 622 7858
Smith	Mervyn; 11 Claredon Crescent. Ysterplaat, Tygerdal 7405; soniasmith411@gmail.com	074 422 1893
Snyder	Peggy; 4 Moss St, Austinville, Blackheath, Penhill Estate 7580; Box 66, Blackheath, 7581; charlfred@telkom.co.za	084 507 0919 021 905 1911
Snyder	Jeffrey & Shirley; Rosebank House, Rosebank House 42 Alma Road, Rosebank, 7700; Frail Care No. 1.; jephthahsnyder@gmail.com	072 871 5949(J)
Solomon	Ferdinand & Gertrude; 17 Athems Road, 073 143 3812(F) Penhill Estate The Conifers, Blue Downs, 7100	073 738 2939(G)
Solomon	Arlene, Allandore, Cheslin; 11 Claredon Tygerdal Crescent. Ysterplaat, 7405	081 720 4117
Solomon	Edwin & Reyhana, Eva; 6 Geranium Westridge Street, Lentegeur, Mitchells Plain, 7785	084 044 7706(E) 078 550 7140(R)
Styan	James-Brent & Marianne, Alexander, Pinelands Christopher; 16 Gardenia Ave, Vredehoek; james-brent.styan@westerncape.gov.za	084 583 1670
Swanepoel	Lizelle; 66 Sandstone way, Stonehurst Steenberg Mountain Estate, Cape Town; lizellex@yahoo.com	082 821 9128
Teixeira	Cherryl; 22 The Village Apartments, Rosebank House Beach Crescent, Scott Estate, Houtbay Cape Town, 7806	+27631239026
Van Niekerk	Yolandi & Wynand; 2 De Hoop Cresent, Platteklip Edgemead, Cape Town, 7441	084 240 2884

Westgate;Adonis, Derick**Adonis** (*SunAM,SunPM;Elder;Elder Sun AM: Takes meeting in Sherwyn's Home*)Derick & Lettie**Burger** Yvonne**Daames** (*Takes Wed PM @ Westridge*)Sherwyn, Sherné**Jaftha** Christopher, Angelique, Giovanni**Jaftha** Mary, Joshua, Qewin**O'Ryan** Reuben & Joyce**Westridge;O' Ryan, Stanley****Adams** Lorraine**Adams** Marlene**Bailey** Helena**Dagnin** Roberta**Dagnin** Tanya, Aidan**Dzvokora** Obvious & Nomvuso, Tanaka, Tinashe**Mervyn** Rozina**O'Ryan** (*SunAM,Wed;Elder;Elder Sun Am; All meetings; Westgate attends the PM meetings*)Stanley & Sandra**Solomon** (*Takes Sun PM*)Edwin & Reyhana, Eva**Bishop Lavis SunPM@17h30;Le Grange, R @ Bosch, F****Bosch** (*All mtgs;Elder*)Freddie & Betty**Grootboom** (*Takes Wed AM*)Aubrey & Florence**Grootboom** Robert**Grootboom** Vanessa**Lawrence** Russel**Le Grange** Crystal**Le Grange** (*Takes Sun pm*)Reginald**Maxim** Trix**Mc Lane** Cynthia**Mc Lane** Yvonne**Grassy Park S@17h00;O'Ryan, M @ O'Ryan, E****Erasmus** Ashleigh & Jodie, Isabella, Luca**Lutzke** Bonita, Ruby**O'Ryan** (*SunAM,SunPM;Elder;Wed AM*)Evan & Colleen, Jade, Carlynne**O'Ryan** Maurice & Josephine

Rondebosch East; Cameron, R	King Earl & Cassandra, Bella, Ava, Chloe, Scott	Van Rooyen Nadia & Erik, Raymond, Gemma, 082 376 8563(N)	Van Wyk Christofer & Jemina; 2 Whitehall Ave, Wellington 2, Cape Town, 7500; nadiavw@gmail.com(N)	8005	Van Wyk Amanda; Capricorn Beach, 26 Ocean Villas, 079 748 9958(C)	Volkwyn 8005 Spaarmet, 10 London Street, Sea Point, 074 886 8728(J)	Volkwyn Pam; 183, 11th Avenue, Kenilworth, 072 063 1735	Dick Joyce Frasier (not able to attend mtgs)	Robinson Elizabeth Synder (SunAM; Elder; Wed AM. Mtg in sun room close to Joyce	Williams Virgil & Vivienne, Lee-Anne, Caryn, Pinelands Jade; 222, Tewth Ave, Kenilworth, 072 635 0849(V)	Williams Virgil & Vivienne, Lee-Anne, Caryn, Pinelands Jade; 222, Tewth Ave, Kenilworth, 072 635 0849(V)	Tygerdal; Kabamba, T	Dunn Keziah, Lombard, Joshua Dunn (SunPM; Sun PM, Wed pm @ Iona Smith) Shailim &	Dunn Therisa Dyason Janine Kabamba (SunAM; Elder) Theodore & Nicky, Annabelle, Adriel Swanepoel Lizelle Vlok Amanda
Rosebank House; Synder, J	Wolke Sandra, Andre, Cameron, Scott	Wolke Sandra, Andre, Cameron, Scott	Wolke Sandra, Andre, Cameron, Scott	Wolke Sandra, Andre, Cameron, Scott	Wolke Sandra, Andre, Cameron, Scott	Wolke Sandra, Andre, Cameron, Scott	Wolke Sandra, Andre, Cameron, Scott	Wolke Sandra, Andre, Cameron, Scott	Wolke Sandra, Andre, Cameron, Scott	Wolke Sandra, Andre, Cameron, Scott	Wolke Sandra, Andre, Cameron, Scott	Wolke Sandra, Andre, Cameron, Scott	Wolke Sandra, Andre, Cameron, Scott	
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Cape Peninsula - South

Bishop Lavis;Bosch, F

Bosch (*All mtgs;Elder*)Freddie & Betty

Grootboom (*Takes Wed AM*)Aubrey & Florence

Grootboom Robert

Grootboom Vanessa

Lawrence Russel

Le Grange Crystal

Le Grange (*Takes Sun pm*)Reginald

Maxim Trix

Mc Lane Cynthia

Mc Lane Yvonne

Fairways;Dunn, C

Brandt Peter

Dunn (*SunAM;Elder;Wed AM*)Christopher & Felicity

Duthie (*SunPM*)Marlene

Franke Gerald & Mona

Hermans (*Wed PM*)Louis & Merle

Jaftha Mattie, Bettie, Pauline

Manuel Roslyn

Renaud Mercia

Smith (*Wed PM*)Iona

Grassy Park;O’Ryan, E

Erasmus Ashleigh & Jodie, Isabella, Luca

Lutzke Bonita, Ruby

Morris Christopher

Morris Claude

O’Ryan (*SunAM,SunPM;Elder;Wed AM*)Evan & Colleen, Jade,

Carlynn

O’Ryan Maurice & Josephine

Phaal Hilary, Erica

Phillips Michael & Berenice

Sassman (*Wed PM Iona Smith*)Charmaine, Matthew

Sassman (*Wed PM Iona Smith*)Marcello, Daniel

Penhill Estate;Cedras, D @ Cedras, D

Cedras (*SunAM,SunPM;Elder; Sun Pm @ 5pm, Wed PM @ 7pm Ferdinand takes the meeting*)Donavan & Dorothy, Micheala

Penhill Estate;Cedras, D @ Cedras, D

Davids Eileen

Mannel Sarah & Pietro, Xenethia

Okkers Wayne & Enseline, Candice, Aiden, Jadon

Samuels Sylvia

Snyder (*unable to attend meetings currently*)Peggy

Solomon Ferdinand & Gertrude

Pinelands;Reed, P

Esbend Mashardo

Foye Catherine

Green Ursula

Legg Bradley

Meintjes Mia

Morar Maylene

Reed Annette

Reed (*All mtgs;Elder*)Peter & Jacqui, Matthew, Caitlyn, Jonathan

Ruger Denyse

ShungKing Enid

Styan James-Brent, Alexander, Christopher

Van Wyk (*Takes Wed pm @7:30pm*)Christopher & Jenna

Williams (*Takes Sun pm @ 7pm*)Virgil & Vivienne

Platteklip;Du Plessis, P

Du Plessis (*SunAM,SunPM;Elder*)Pieter & Wendy

Dyason (*Takes WedPM*)Stephen

Faul (*Takes SunPM alternates with Michael*)Arno

Faure Braam & Cheriese, Liani, Braam (jnr), Isabella

Faure Muriel

Fevrier (*Wed;Wed PM@7:30*)Juliana

Hall Keith & Molly

Jackson Francine

Jackson Lorraine

Jasson Charlene

Monk Yolandi, Miqael

Reed (*Takes SunPM alternates with Arno*)Michael

Van Niekerk Yolandi & Wynand

Van Rooijen Nadia & Erik, Raymond, Gemma, Kayleigh

Rondebosch East;Cameron, R

Cameron (*SunAM,SunPM;Elder*)Rodney & Alvira

Hodgson Claire