

Namibia & Upington

December 4, 2025

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<b>Jansen</b>	Johnny & Laurika, Ava, Leoniece; 9 Kalsium <i>Upington</i> Street, Belview, Upington, 8801; Posbus 2129, Upington, 8800	061 364 0464(J) 061 813 0802(J)
<b>Januarie</b>	Meleney, Jean-Claude, <i>Windhoek Senior Park</i> Damian, Tayla; 26 Villa Manzi, Sesriem street, Kleine Kuppe; Posbus 5751, Ausspannplatz; meleney@nampharm.com.na	081 424 8149(M)
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Windhoek Senior Park

Januarie Meleeney, Jean-Claude, Damian, Tayla  
Louv Deon & Tania, Lauren  
Louv Piet  
Opperman Danie  
Pieterse Lorna  
Swartz Katie  
Van der Walt (All mtgs;Elder)Eddie

Okaruaku

Du Plessis Andre

Windhoek Khomasdal

Diergaardt Elizabeth, Micaelo, Chrizano  
Schwartz Sophia  
Schwartz Susan  
Shand (Elder) Trevor & Marlene, Jesse  
Van der Walt Stephanie  
Van Heerden Wilma  
Van Wyk Christopher

Louv

Deon & Tania, Lauren; 2 Uhlard 081 272 6116(D)  
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Louv

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Neil

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Neil

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Opperman

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Pieterse

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Schwartz

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Shand

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## Namibia & Upington

### Aggeneys

**Landsberg** Adrian  
**Nell** Natalie, Tyrick

### NAM Contacts

**Du Plessis** Bernice  
**Pieterse** Anita  
**Pottie** Eldon & Claire, Liam  
**Swart** (*All mtgs; Elder*) Leon & Hanneltjie  
**Van der Nest** Bruce  
**Van Heerden** Eduard & Manette

### Okahandja

**Bezuidenhoudt** Leonie & Kobus  
**Du Preez** Rika  
**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM, SunPM*) Marjan  
**Huisamen** (*Wed; Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien  
**Jansen** Alicia  
**Jansen** Johnny & Laurika, Ava, Leoniece  
**Nel** (*All mtgs; Elder*) Jan & Julia  
**Opperman** Wieks  
**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré  
**Van Heerden** Danie & Jeanette, Daniella  
**Van Wyk** Chet & Zuzette, Timiica