

Namibia & Upington

January 22, 2026

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Louw <i>Windhoek Senior Park</i>	Deon & Tania, Lauren; 2 Uhland Heights, Kenneth Kaunda street, Windhoek; Posbus 3934, Vineta; deonlo@yahoo.na	081 272 6116(D) 081 154 6600(D) 081 229 6196(T)
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Nel <i>Upington</i>	Jan & Julia; 31 Augrabies Str, Upington; 8800; (G6XR+JJQ Upington, South Africa)	066 030 1322(JA) 071 563 0888(JU)
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Shand <i>Windhoek Khomasdal</i>	Trevor & Marlene, Joshua, Jesse; C2PX+WQ7 Windhoek, Namibia; Posbus 8378, Bachbrecht; trevor.shand25@gmail.com(T)	081 145 8365(T) 081 294 4314(M)

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Namibia & Upington

Aggeneys

Landsberg Adrian

Nell Natalie, Tyrick

NAM Contacts

Du Plessis Bernice

Pieterse Anita

Pottie Eldon & Claire, Liam

Swart (*All mtgs; Elder*) Leon & Hanneltjie

Van der Nest Bruce

Van Heerden Eduard & Manette

Okahandja

Bezuidenhoudt Leonie & Kobus

Du Preez Rika

Strömke Ansie & Max

Otjiwarongo

Kurz Emil & Katie, Mercy, Monalisa

Rehoboth

Vries Kynan & Nadine, Aiden, Kadene, Lillian

Swakopmund

Havemann (*SunAM, SunPM*) Marjan

Huisamen (*Wed; Elder*) Helmon & El-Selene

Upington

Coetzee Lien

Jansen Alicia

Jansen Johnny & Laurika, Ava, Leoniece

Nel (*All mtgs; Elder*) Jan & Julia

Opperman Wieks

Smith Susan & Sakkie, Sakkie jr

Walvisbaai

Louw Joey & Desmond, Lemise & Zandr 

Van Heerden Danie & Jeanette, Daniella

Van Wyk Chet & Zuzette, Timiica

Windhoek Senior Park

Januarie Meleney, Jean-Claude, Damian, Tayla

Louw Deon & Tania, Lauren

Louw Piet

Opperman Danie

Pieterse Lorna

Swartz Katie

Van der Walt (*All mtgs;Elder*)Eddie

Okaruaku

Du Plessis André

Windhoek Khomasdal

Diergaardt Elizabeth, Micaelo, Chrizano

Schwartz Sophia

Schwartz Susan

Shand (*Elder*)Trevor & Marlene, Joshua, Jesse

Van der Walt Stephanie

Van Heerden Wilma

Van Wyk Christopher