Cape Peninsula - North

June 15, 2025

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hunrajah Rebekah & Theron, Kai; 8 Vlei Street, 067 370 8748(R) asselsvici Rd Parow Valley, 7500
elport Edna; 6 Arendse St, Highbury, Cape Town, 061 167 2826 wils River 7580
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aames Cyril & Shirley; 24 Helderberg, Evergreen 062 714 8244(C)
11SE 3S1 100 051 952 3511
ombrinck Kathy; 38 Gazania Way, Belhar 4, 7490 073 609 7016
(S)moɔ.lism@∯¥2eezfeco.srbnss
rotea Hoogte St, Morgenster, Brackenfell, 7560;
Oetzee Sandra & Gerhard; 12 Amanda 082 410 5030(S)
rotea Hoogte Sandalwood Mews, Kuilsrivier, 7580 021 903 3230
loete Elsabé; 56 Waterbessie Str, 083 484 5757(E)

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Faul Protea Hoogte	Christo & Sanel, Eugene; 1 Maree Close, Protea Hoogte, Brackenfell, 7560; christofaul@gmail.com(C), sanelfaul@gmail.com(S)	082 378 0621(C) 071 869 8362(S) 071 530 1299(E)
Kuils River Te	hn; Room no 48, Sarepta AGS Oue huis, Sarepta Street, Kuils River; fortuin1@gmail.com	021 592 8235
Ridgeworth be	uriel; D21, Wilger Park, 2 Stellen- erg St, Oak Glen, Bellville, 7530; uchemuriel@gmail.com	084 548 1414
Ridgeworth 5	ndrew & Illana, Laura-Lee, Julia; Artillery Road, Door de Kraal, 530; andrew.foye@gmail.com(A), ana.foye@gmail.com(I)	082 809 6651(A) 083 415 8246(I) 021 913 1782
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Froude Protea Hoogte	Sarie; Room 101, Huis Ravenzicht, 161 9th Avenue, Kraaifontein, 7570 sariefroude@gmail.com	082 334 1386
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	Jannes & Anne; 1 Featherhead St, Protea Valley, 7530; apic@mweb.co.z	060 713 0479(J) 2a 083 708 1393(A)
	nn & Susan; 46 Plover Walk, Sunbird k, Kuils River, 7580	072 184 0833(J) 076 362 4297(J) 064 203 2981(S)
Pinehurst	r Dirk & Cecily; 32 Seinne Crescent, Thornwood Estate, Pinehurst, le, 7550; dirkg7@telkomsa.net(D)	083 233 8707(D) 083 375 0408(C) 021 975 9351
Grootboor Highbury	n Mary; 35 Garnet Rd, Highbury, Kuil 7580	s River,078 469 4448
Grootboor Highbury	n Mellchior & Laiken; 35 Garnet Rd, Highbury, Kuils River, 7580;	071 718 6586(Mc)

mgrootboom@live.com(Mc)

Kuils River W@19h30;Marais, N

16

Pinehurst W@19h30;Bernardo, I @ Murray, J

Bernardo Isaac & Magdalene, Bonita Bester Ruan & Leandé, Laramé

De Beer Bets Grobbelaar Dirk & Cecily

Jackson Louisa

Murray (SunAM, Wed; Elder) John & Esther

Myers (SunPM)Lester & Edwina, Emily, Lucy

Snyders Catherine

Protea Hoogte W@19h30; Pieterse, G

Bester Gerhard & Amanda

Cloete Elsabé

Coetzee Sandra

Faul (SunAM; Elder) Christo & Sanel

Pieterse (Wed) Graeme & Gisele, Matthew, Maunia

Protea Valley W@19h30; Hermans, L

Ewertse (SunPM)Mervyn & Alrene, Lauren

Hermans (Wed)Leslie & Michelle

Jansen Charles & Sonia

Jansen Otniël & Laurika, Chloe, Noah

Myburgh Carla

Nortjé Lawrence & Phyllis

Van der Westhuizen Sandra, Lara, Jean

Protea Valley WedAM@10h30;Stafford, N

Fortuin John

Gilles (SunAM; Elder) Jannes & Anne

Stafford (Wed)Norman, Patsy

Walker Allan & Dorothy

Walker Jonathan & Monia, Amelia, Lea, Elijah

Ridgeworth W@19h30; Fove, A

Basson Besmie

Dippenaar Maryna

Du Plessis Visser

Fouché Muriel

Foye (Wed)Andrew & Illana, Laura-Lee, Julia

Hermans Deon & Susan, Chanelle

Van Rensburg (SunAM, SunPM; Elder) Nico & Belinda, Bianca

Van Wyk Gene - Eugené

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9

Eversdal W pm@19h30

Benjamin Cecil & Thelma Benjamin Eddie & Antoinette, Nathan Dhunraiah Rebekah & Theron, Kai
Kasselsvlei Rd W@19h30;Benjamin, E @ Fritz, S
Grootboom (SunAM;Elder)Melvyn & Sharlene Grootboom Milly Matthews (SunPM)Joseph & Cynthia, Anthea
Goliath (Wed)John & Susan Grootboom Mary Grootboom Mellchior & Laiken
Combrinck Kathy Daames Cyril & Shirley
Highbury W@19h30;Goliath, John

Kraaifontein W am@10h30;Hall, H @ Hermans, J

Hall Harry & Lorna Gilfillan Barbara Froude Sarie Cloete Traudie

Hermans (SunAM, Wed; Elder) James & Fredeline

Kuils River W@19h30;Marais, N

Snyder (SunAM;Elder)Dan & Audrey

Mathias Justin & Jessica, Sofia, Michael Marais (Wed)Naas & Sonja, Sebastian, Stefan Lewis Patrick & Lynn Kruger (SunAM, SunPM; Elder) Jettrey & Ruth Du Toit Lindy Delport Edna Botha_CT Lucian & Nicolene

Viok Joan Snyder Noelene & Kenneth Snyder Barbara, Marlene

Wyngaard Allan & Undean

Windvogel Sean

Simpson Lynne

Mullam Maurice & Carol

Fritz Gerald & Patricia

Fritz (SunPM, Wed)Shirley

Grootboom Melvyn & Sharlene; 35 Garnet t

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Sethanie 2

sharlener.grootboom@gmail.com(S) melvyn.grootboom@gmail.com(Mv), Rd, Highbury, Kuils River, 7580;

7400 509 120 River, 7580 Grootboom Milly; 7 Hendrik Smith St, Highbury, Kuils 084 041 3436

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(VM) 817 828 ETO

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hlhall@webafrica.org.za(H)

(1)972 233 2246(1) Hermans James & Fredeline; 8 Norseman

Kraaifontein, Cape Town Kraaifontein, Crescent, Kraaifontein, 7570; 5P99+FJG

9194 £16 120 leslie.hermans@icloud.com(L), (M)60E1 768 280 Protea Valley flora St, Protea Valley, 7530; 082 871 6283(L) Hermans Leslie & Michelle; 63 Grandi-

(d)990L 726 2L0 Hermans Deon & Susan, Chanelle; 31 Church mhermans@exmms.co.za(M)

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rherman546@gmail.com (T)8215 593 570

7550; louis.holtzhausen@gmail.com Bethanie 2 Holtzhausen Louis (jnr); 32 Schabort Drive, Eversdal, 073 169 6968

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WC - North - Sick Bay George & Annie Starck Home, (N)£676 L70 180 Meels & Sannie; Maryport, Huisamen

only; nshuisamen@gmail.com Frans Conradie Drive, Oosterzee; sms contact

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Jackson Louisa; 16 Legato Retirement Villiage, Pinehurst Ibis St, Sonstraal Heights 7550; Iouisajackson66@gmail.com	084 586 0609
Jansen Charles & Sonia; 10 Denhume Protea Valley Way, Kenridge Ext 3, 7530; chabou@mweb.co.za	082 490 2135(C) 082 806 0842(S)
Jansen Otniël & Laurika, Chloe, Noah; 10 Protea Valley Denhume Way, Kenridge Ext 3, 7530	082 494 4069(O) 082 899 5985(L)
Kruger Jeffrey & Ruth; 21 Forest St, Voëlvlei, Kuils River Kuils River, 7580; jeffmkk@gmail.com(J) rkruger2011@gmail.com(R)	082 556 1762(J) , 072 836 4050(R) 021 903 2851
Lewis Patrick & Lynn, Kirsten, Carl; 144 <i>Kuils River</i> Gladioli Street, Soneike, Kuils River, 7580; lynnbrendalewis@gmail.com(L), patrickcharleslewis@yahoo.com(P)	083 732 7904(P) 083 499 3419(L)
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Maasdorp Phyllis, Chrischar Rock WC - North - Sick Bay (Daughter); Meerenbosch Frail Care. 68 Falcon St, D'Urbanvale, Durbanville 7550. Press code 297 for frail care. Keep right.	074 979 9850(C)
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Matthews Joseph & Cynthia, Anthea; 4 Highbury Cassia Link, Belhar 1, 7490; antheamatthews440@gmail.com(A)	083 500 5188(A) 073 702 9972(J) 021 952 5045

Meadows Joseph & Heather, Heidi, Benjamin; 37

Bethanie 2 Rosendal St, Glen Ive, Cape Town, 7550 0603559960(H)

083 452 9986(J)

Protea Valley S@17h30; Ewertse, M

14

Jansen Charles & Sonia

Jansen Otniël & Laurika, Chloe, Noah

Myburgh Carla

Stafford (Wed)Norman, Patsy

Van der Westhuizen Sandra, Lara, Jean

Walker Allan & Dorothy

Walker Jonathan & Monia, Amelia, Lea, Elijah

Ridgeworth S@17h30:Van Rensburg, N

Basson Besmie

Dippenaar Maryna

Du Plessis Visser

Fouché Muriel

Foye (Wed)Andrew & Illana, Laura-Lee, Julia

Hermans Deon & Susan, Chanelle

Van Rensburg (SunAM, SunPM; Elder) Nico & Belinda, Bianca

Van Wyk Gene - Eugené

Bethanie 2 W@19h30:Meadows, J

Blom Dalene

Du Plessis (SunPM)Pieter & Estelle

Holtzhausen Louis (jnr)

Holtzhausen (SunAM:Elder)Louis & Marie

Meadows (Wed)Joseph & Heather

Toerien Heidi. Tanva

Bethanie W@19h30:Louw. P

Botha Yolandie, Christian, Leah

Bown Christelle

Herman (SunAM; Elder) André & Ilona

Louw (Wed)Piet

Victor Eleanore

Visagie Eunice

Wise Robert

Eversdal W pm@19h30

Campbell (Wed; Wed - even dates) Shelto & Candice, Courtney, Cassidy, Kendal

Herman (SunPM; Wed - uneven dates) Ross & Tamaryn, Beatrix

Philander Deon & Toekie

Schlemmer Illona

Van Wyk (SunPM)Johan & Barbara, D.J.

Kasselsvlei Rd S@17h30;Windvogel, S @ Fritz, S

Proudo Sario
Iauß & otsirhO(Telder;MAnuS) Ians I
Coetzee Sandra
Cloete Elsabé
Bester Gerhard & Amanda
Wyngaard, M
Protea Hoogte S@17h30;Bester, G @
Snyders Catherine
Myers (SunPM)Lester & Edwina, Emily, Lucy
Murray (SunAM, Wed; Elder) John & Esther
Jackson Louisa
De Beer Bets Grobbelaar Dirk & Cecily
Bester Ruan & Leandé, Laramé
Bernardo Isaac & Magdalene, Bonita
Pinehurst S@17h30;Myers, L
Wyngaard Allan & Undean
Viok Joan
Snyder Noelene & Kenneth
Snyder Barbara, Marlene
Mathias Justin & Jessica, Sofia, Michael
Marais (Wed)Naas & Sonja, Sebastian, Stefan
Lewis Patrick & Lynn
Kruger (SunAM, SunPM; Elder) Jeffrey & Ruth
Fortuin John
Du Toit Lindy
Delbort Edna
Botha_CT Lucian & Nicolene
Kuils River S@17h30;Kruger, J
M indvogel Sean
. (

Hermans (Wed)Leslie & Michelle

Van der Merwe Frans

Froude Sarie

Nortjé Lawrence & Phyllis

Gilles (SunAM; Elder) Jannes & Anne

Ewertse (SunPM)Mervyn & Alrene, Lauren

Protea Valley S@17h30; Ewertse, M

Pieterse (Wed)Graeme & Gisele, Matthew, Maunia

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                    Graeme & Gisele, Matthew, Maunia;
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(\Pi)SIL\dagger 0\dagger0 990
                     Kraaifontein Sonstraal Heights, Durbanville, 7550
(L)$\psi 826 \psi 17 \tag{780}
                       Philander Deon & Toekie; B3 Belami Ridge,
(d)\( 4\tau 6\tau \tau 6\)
                    Protea Hoogte Street, De Oude Spruit, Brackenfell,
073 065 1661(L)
                    Lawrence & Phyllis; 36 Doringboom
                                             advertising.co.za(E)
                  MyersLM@eskom.co.za(L), edwina@hamiltons-
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083 992 4069(L)
                          Myers Lester & Edwina, Emily, Lucy; 24
                                                        Ριοίεα Valley
                        Myburgh Carla; ; carlaewertse@gmail.com
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                        7550; jmurray.2504@gmail.com(J) ,
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                  Pinehurst Thornwood Estate, Pinehurst, Durbanville
(L)7214 072 E80
                          Murray John & Esther; 8 Mayenne Road,
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                             maurice@axxess.co.za(M)
(M)$986 606 $80
                              Kasselsvlei Rd 17 Clover Rd, Belhar 17;
083 648 2648(C)
                        Maurice & Carol, Megan, Chad;
                                                          Mullam
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Snyder Noelene & Kenneth; 27 Kremetart Kuils River Ave, Silver Oaks, Kuils River, 7580; noelene.snyder@rawson.co.za(N)	082 415 7982(N) 082 435 9006(K) 021 903 1753
Stafford Norman, Patsy; 94 Duncan Rd, Parow <i>Protea Valley</i> Valley 7500	079 610 8084(N) 021 933 4329(N) 079 466 8510(P) 021 203 7884(P)
Toerien Heidi & Michael, Charles, Tanya; Bethanie 2 Wessel Lourens Rylaan 60, Vredekloof, 7560; heiditoerien@mweb.co.za(H) +2	083 243 6803(H) 021 981 8199 27 78 642 8253(T)
Van Rensburg Nico & Belinda, Bianca; 21 Ridgeworth Hibiscus Ave, Ridgeworth 7530; nico2vr@gmail.com(N), belindavr66@gmail.com(B)	083 270 9608(N) 072 208 7736(B) 0834148073(BI)
Van Wyk Johan & Barbara, D.J.; 7 St. Kraaifontein Luke Rd. Eversdal, 7550; johan@airwavetech.co.za(J) , johanvanwy@gmail.com(J) , barbsvanwyk@gmail.com(B)	082 859 9067(J) 064 804 0407(J) 082 856 8572(B) 021 976 5190
Van Wyk Gene - Eugené; Old Oak Clusters, 18 Be Ridgeworth St, Oakglen, 7530; genevw@gmail.com	erkley082 878 6030 021 919 9927
Van der Merwe Frans; Unit C118, La Protea Hoogte Recolte Retirement Village; louise.fransvdm@gmail.com	076 847 5465 021 982 0942
Van der Westhuizen Sandra & Stiaan, Lara, Jea <i>Protea Valley</i> Featherhead St, Protea Val 7530, C/o Jannes Gilles; (-33.815479,18.970556	ley,
Victor Eleanore & Raymond; 22 Cecilia St, Bethanie Chrismar, Bellville, 7530; eleanorevictor@gmail.com(E)	082 517 3219(E) 021 919 4121
Visagie Eunice; Capolavoro Mountain Es- Bethanie tate, Dwarsvallei St, Kylemae, 7600; eunice.visagie@eikestadnuus.com	076 382 7754
Vlok Joan; 6 Serena Close, Kuilsrivier, 7580 Kuils River	076 765 1097

Bethanie 2 S@17h30; Du Plessis, P

Bethanie S@17h30

Botha Yolandie, Christian, Leah

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Bown Christelle Herman (SunAM;Elder)André & Ilona

Louw (Wed)Piet Victor Eleanore Visagie Eunice

Wise Robert

Eversdal S@17h30;Herman, Ross

Campbell (Wed; Wed - even dates) Shelto & Candice, Courtney,

Cassidy, Kendal

Cloete Traudie Gilfillan Barbara

Hall Harry & Lorna

Herman (SunPM; Wed - uneven dates) Ross & Tamaryn, Beatrix

Hermans (SunAM, Wed; Elder) James & Fredeline

Philander Deon & Toekie Schlemmer Illona

Van Wyk (SunPM)Johan & Barbara, D.J.

Highbury S@17h30; Matthews, J

Combrinck Kathy

Daames Cyril & Shirley

Goliath (Wed)John & Susan

Grootboom Marv

Grootboom Mellchior & Laiken

Grootboom (SunAM;Elder)Melvyn & Sharlene

Grootboom Milly

Matthews (SunPM)Joseph & Cynthia, Anthea

Kasselsvlei Rd S@17h30; Windvogel, S@ Fritz,

Benjamin Cecil & Thelma

Benjamin Eddie & Antoinette, Nathan

Dhunrajah Rebekah & Theron, Kai

Fritz Gerald & Patricia

Fritz (SunPM, Wed)Shirley

Mullam Maurice & Carol

Simpson Lynne

Snyder (SunAM; Elder) Dan & Audrey

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	7580; alkushun@yahoo.co.uk(A) ,
082 773 2422(U)	Kuils River Crescent, Summersville, Kuilsrivier
(A)&784806875(A)	Wyngaard Allan & Undean, Shanlan; 5 Minstre
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	Wise Robert; 1 Hewitt Street Aurora Durbanvil
7530; seanwindvogel@yahoo.com(S)	
lle, 021 917 1120	Kasselsvlei Rd Reynolds street. De La Haye, Bellvi
(S)\$\text{\$\text{E}\$} 6 \text{\$\exitt{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\exitt{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\exitt{\$\text{\$\}}}}\$}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}	Windvogel Sean & Evanitha, Gershwin, Wesley
Avondale, Parow	
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(t)0740 104 760	Walker Jonathan & Monia, Amelia, Lea,
dot⁴7.walker@gmail.com(D)	
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(A)2082 004 E80	Walker Allan & Dorothy; 10 Esper-

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Pinehurst; Murray, J

Protea Hoogte; Faul, C

Bester Gerhard & Amanda Cloete Elsabé Coetzee Sandra Faul (SunAM;Elder)Christo & Sanel Froude Sarie Nortjé Lawrence & Phyllis Pieterse (Wed)Graeme & Gisele, Matthew, Maunia Pieterse (Wed)Graeme & Weisele, Matthew, Maunia

Protea Valley; Gilles, J

Ewertse (SunPM)Mervyn & Alrene, Lauren Gilles (SunAM;Elder)Jannes & Anne Jansen (Wed)Leslie & Michelle Jansen Charles & Sonia Jansen Otniël & Laurika, Chloe, Noah Lomas Graham & Magda Myburgh Carla Stafford (Wed)Norman, Patsy Stafford (Wed)Norman, Patsy Walker Allan & Dorothy Walker Allan & Dorothy

Ridgeworth; Van Rensburg, M

Van Wyk Gene - Eugenè

Basson Beşmie

Dippenaar Maryna Du Plessis Visser Fouché Muriel Foye (Wed)Andrew & Illana, Laura-Lee, Julia Hermans Deon & Susan, Chanelle Van Rensburg (SunAM, SunPM;Elder)Nico & Belinda, Bianca

Bethanie 2 S@17h30;Du Plessis, P

Blom Dalene Du Plessis (SunPM)Pieter & Estelle Holtzhausen Louis (jnr) Holtzhausen (SunAM;Elder)Louis & Marie Meadows (Wed)Joseph & Heather Toerien Heidi, Tanya

Cape Peninsula - North

WC - North - Sick Bay

Du Toit Joev

Huisamen Neels & Sannie

Maasdorp Phyllis, Chrischar Rock (Daughter)

Rezant Christopher

Bethanie:Herman, A

Botha Yolandie, Christian, Leah

Bown Christelle

Herman (SunAM; Elder) André & Ilona

Herman (SunPM:Wed - uneven dates)Ross & Tamaryn, Beatrix

Louw (Wed)Piet

Victor Eleanore Visagie Eunice

Wise Robert

Bethanie 2:Holtzhausen, L

Blom Dalene

Du Plessis (SunPM)Pieter & Estelle

Holtzhausen Louis (inr)

Holtzhausen (SunAM:Elder)Louis & Marie

Meadows (Wed)Joseph & Heather

Toerien Heidi, Tanya

Highbury: Grootboom, Melvyn

Combrinck Kathv

Daames Cyril & Shirley

Goliath (Wed)John & Susan

Grootboom Marv

Grootboom Mellchior & Laiken

Grootboom (SunAM; Elder) Melvyn & Sharlene

Grootboom Milly

Matthews (SunPM)Joseph & Cynthia, Anthea

Kasselsvlei Rd:Snvder. D

Benjamin Cecil & Thelma

Benjamin Eddie & Antoinette, Nathan

Dhunrajah Rebekah & Theron, Kai

Fritz Gerald & Patricia

Fritz (SunPM, Wed)Shirley

Mullam Maurice & Carol

Snyder (SunAM; Elder) Dan & Audrey

Windvogel Sean

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Kraaifontein:Hermans, J

Campbell (Wed: Wed - even dates) Shelto & Candice. Courtney.

Cassidy, Kendal

Cloete Traudie

Gilfillan Barbara

Hall Harry & Lorna

Hermans (SunAM, Wed; Elder) James & Fredeline

Philander Deon & Toekie

Schlemmer Illona

Van Wyk (SunPM)Johan & Barbara, D.J.

Kuils River:Kruger, J

Botha_CT Lucian & Nicolene

Delport Edna

Du Toit Lindy

Fortuin John

Kruger (SunAM, SunPM; Elder) Jeffrey & Ruth

Lewis Patrick & Lvnn

Marais (Wed)Naas & Sonia, Sebastian, Stefan

Mathias Justin & Jessica, Sofia, Michael

Simpson Lynne

Snvder Barbara, Marlene

Snyder Noelene & Kenneth

Vlok Joan

Wyngaard Allan & Undean

Pinehurst:Murray, J

Bernardo Isaac & Magdalene, Bonita

Bester Ruan & Leandé, Laramé

De Beer Bets

Grobbelaar Dirk & Cecily

Jackson Louisa

Murray (SunAM, Wed; Elder) John & Esther

Myers (SunPM)Lester & Edwina, Emily, Lucy

Snyders Catherine