

Namibia & Upington

December 22, 2025

<b>Bezuidenhout</b>	Leonie & Kobus; Bellevue Villa <i>Okahandja</i>	081 363 8020 Erf 06-16, Osona Village.; leonora.engelbrecht@gmail.com(L)
<b>Coetzee</b>	Lien; c/o Susan Smith. Plot, Jooste Eiland pad <i>Upington</i>	083 555 9080
<b>Diergaardt</b>	Elizabeth, Micaelo, Chrizano; <i>Windhoek Khomasdal</i>	+264813411635(E) Windhoek
<b>Du Plessis</b>	Bernice; Windhoek <i>NAM Contacts</i>	+264 81 247 8361
<b>Du Plessis</b>	André; Plaas "Okaruaku"; Posbus 518, <i>Okaruaku</i>	081 122 1402 Windhoek; alaskafarming@iway.na 062 56 1434
<b>Du Preez</b>	Rika; 580 Vierde lane, Okahandja; Posbus <i>Okahandja</i>	062 50 1247 719, Okahandja; tyka@mweb.com.na 081 128 1247
<b>Havemann</b>	Marjan; W/s 31, On the Beach, Sandpiper <i>Swakopmund</i>	064 40 0005 Rd, Swakopmund; Posbus 1633, Swakopmund; 100343h@iway.na 081 246 6433
<b>Huisamen</b>	Helmon & El-Selene; 5079 <i>Swakopmund</i>	061 401 149 H/F Omumborombonga Street, Swakopmund; Posbus 80743, Olympia; helmon@iway.na(H) , elseleneh@gmail.com(E) 081 124 7701(H) 081 207 4880(E)
<b>Jansen</b>	Alicia; 9 Kalsium Street, Belview, Upington, <i>Upington</i>	062 589 0682 8801; ajansen198361@gmail.com
<b>Jansen</b>	Johnny & Laurika, Ava, Leoniece; 9 Kalsium <i>Upington</i>	061 364 0464(J) Street, Belview, Upington, 8801; Posbus 2129, Upington, 8800 061 813 0802(J)
<b>Januarie</b>	Meleney, Jean-Claude, <i>Windhoek Senior Park</i>	081 424 8149(M) Damian, Tayla; 26 Villa Manzi, Sesriem street, Kleine Kuppe; Posbus 5751, Ausspannplatz; meleney@nampharm.com.na
<b>Kurz</b>	Emil & Katie, Mercy, Monalisa; 1 Werf <i>Otjiwarongo</i>	067 30 4512 H street, Otjiwarongo; Posbus 1241, Otiwarongo; emkurz@iway.na(E) 081 127 7910(E) 067307449 Fax 081 2754454(Me)
<b>Landsberg</b>	Adrian; 43 Pima Street, Aggeneys, <i>Aggeney</i>	073 170 0483(A) 8893; PO Box 343, Aggeney, 8893.; (-29.2369250, 18.8401330) 054 972 9712H
<b>Louw</b>	Joey & Desmond, Lemise & Zandré; 74 <i>Walvisbaai</i>	081 694 1495(D) Neptune Street, Narraville, Walvisbaai. 081 441 3949(J)

Windhoek Senior Park

**LOW** *Wimdhok Senior Park* Heights, Kenedi Kauda street, 081 154 6600(D)  
Deon & Tania, Lauren; 2 Uhland 081 272 6116(D)

Winchhoeck; Posbus 3934, Vineta; 081 229 6196(T)  
deonlio@yahoo.na

<b>LLOW</b> Piet, 20 Potgieter Street, Piонeers 081 240 2669	Windhoek Senior Park Park, Windhoek, Namibia, Senior	Park, M2 Natalie, Tyrik, 43 Pima Street, Aggeneys, 082 433 8810(N)	Aggeneys 8893, PO Box 343, Aggeneys, 8893; natalein82@gmail.com, (-29.2369250,	18.8401330)
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**Opperman Weeks**, Belle Rio Lifetime Estate,  
Jan & Jilia: 31 Augrabies Str, Upington,  
Upington 8800; (662) 4340 0996 030 1322 (JA)  
**Nei** Louisvale Rd, Upington 8801.  
+27 63 212 2886

<b>DOpperman</b>	Danile; Plas Arm 356, Okahandja	081 605 1946	Wimdhok Senior Park
	(-28.4416350, 21.2749340)		Wekes Opperman@Gmail.com;
			WekesOpperman@gmail.com;
			WekesOpperman@gmail.com;
			WekesOpperman@gmail.com;

Pottie	Edlon & Claire, Lam: Oulside Park, Unit O1; Posbus 5751, Namibia	Ausspannplatz; perlon@walya.na com(E), claireweestcott@webmail.co.za(C) +264 81 466 0734(C)	Sophia; c/o 271 Chisopras Street, Khomasdal Namibia 081 222 8202(So)	Schwarz	Susan; 20 Florence Nighningale, 081 875 5533(Su) Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Schwarz	Trevor & Marlene, Joshua, Windhoek Khomasdal Jessie; CPX+WQ7 Windhoek, M081 294 4314(M) 081 145 8365(T)	Shand	Namibia; Posbus 8378, Bachbrecht; Windhoek Khomasdal 081 875 5533(T)
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Windhoek Khomasdal

Ausspannplatz; perlon@wawy.net

**Potter** Edmon & Claire, Llam; Outside NAM Contacts Winchodek; elindonpotter@gmail.com  
+264 81 574 0278(E) +264 81 466 0734(C) com(E), clariewestcott@webmail.co.za(C)  
073 937 2173(C)

Schwartz	Sophia; c/o 271 Chrisopras Street, Windhoek Khomasdal	081 222 8202(So)
Schwartz	Namibia Windhoek Khomasdal Street, Khomasdal, Windhoek, 081 222 8202(So)	

**Shand** Trevor & Marlene, Joshua,  
Windhoek Khomasdal 8378, Windhoek, Namibia; Postbus  
8378, Bachbrecht 081 145 8365(T)  
**Shand** Trevor & Marlene, Joshua,  
Windhoek Khomasdal 8378, Windhoek, Namibia; Postbus  
8378, Bachbrecht 081 145 8365(T)

Okaraku

Van der Watt (All mtgs;Elder) Eddie

Du Plessis André

Januarie Meleney, Jean-Claude, Damián, Tayla

**Louw Pret** Louw Pret Design & Interiors, Laatzen  
**Opperman Daniëtte** Opperman Daniëtte  
**Pletserse Lorma** Pletserse Lorma  
**Swarz Katrie** Swart Katrie (All mtgs; Elder) Eddie  
**Van der Watt** Van der Watt (All mtgs; Elder) Eddie

Du Plessis /

Du Plessis Andre  
Heterese  
Antara 346 Hybird Street, Durban  
NAM Contact:  
Parks: Posnanski 5751, Assessments:  
081 424 0493

<b>Smith</b>	Susan & Sakkie, Sakkie jr; Plot, Jooste	054 334 0047H
<i>Upington</i>	Eiland pad.; Posbus 1441, Upington, 8800; 084 586 6711(Su)	
	(G6CQ+PF7 Upington, South Africa)	
<b>Strämke</b>	Ansie & Max; 335 Hoogenhout street,	062 50 1459
<i>Okahandja</i>	Okahandja; Posbus 55, Okahandja;	081 245 4854(A)
	anja@iafrica.com.na	
<b>Swartz</b>	Katie; 4 Easton Court, 954	081 837 2901(K)
<i>Windhoek Senior Park</i>	Nelson Mandela Ave; Posbus	
	5725, Ausspanplatz; katieswartz30@gmail.com	
<b>Swart</b>	Leon & Hannetjie; Kunene River	081 144 8144(L)
<i>NAM Contacts</i>	NAM Contacts Lodge; 2leonswart@gmail.com(L) ,	081 661 5657(H)
	leonswart@gecko.na(L)	
<b>Van Heerden</b>	Eduard & Manette; Farm Ombuindja	+264 81 165 8989
<i>NAM Contacts</i>		
<b>Van Heerden</b>	Danie & Jeanette, Daniella; 2de Straat	081 646 1522
<i>Walvisbaai</i>	Noord no 35; Posbus 1206, Walvisbaai	
<b>Van Heerden</b>	Wilma; Farm Ombuindja;	081 393 9663
<i>Windhoek Khomasdal</i>	Windhoek Khomasdal wilmavanheerden73@gmail.com;	
	(-22.2825490, 16.9091940)	
<b>Van Wyk</b>	Chet & Zuzette, Timiica; 17 Protea Street, 081 124 2077(C)	
<i>Walvisbaai</i>	Walvis Bay; Posbus 3941, Walvisbaai;	081 388 8430(S)
	chet.vanwyk@icloud.com(C)	
<b>Van Wyk</b>	Christopher; Lazarette House. Unit 5. Julius K	
<i>Windhoek Khomasdal</i>	Windhoek Nyerere Street, Windhoek	
<b>Van der Nest</b>	Bruce; Unit 12, Rautenburg Estates,	063274523 H
<i>NAM Contacts</i>	Rautenbach Street, Klein Windhoek,	811223545
	Windhoek; PO Box 11360, Klein Windhoek,	
	Windhoek, 11009; brucenjanet@gmail.com	
<b>Van der Walt</b>	Stephanie; 74 Mosé Tjitendero street, 081 124 6252	
<i>Windhoek Khomasdal</i>	Windhoek Olympia, Windhoek, Namibia; Posbus	
	518, Windhoek; svdw@iway.na	
<b>Van der Walt</b>	Eddie; 20 Potgieter Street, Pioneers	081 351 6779
<i>Windhoek Senior Park</i>	Park, Windhoek, Namibia, Senior	
	Park, B4; Posbus 518, Windhoek	
<b>Vries</b>	Kynan & Nadine, Aiden, Kadene,	+264 81 641 5999(K)
<i>Rehoboth</i>	Rehoboth Lillian; Erf 458 block A, Rehoboth;	
	Posbus 3360, Rehoboth; (M3PJ+GJQ	
	Rehoboth, Namibia)	

## Namibia & Upington

### Aggeney

**Landsberg** Adrian  
**Nell** Natalie, Tyrick

### NAM Contacts

**Du Plessis** Bernice  
**Pieterse** Anita  
**Pottie** Eldon & Claire, Liam  
**Swart** (*All mtgs; Elder*) Leon & Hannetjie  
**Van der Nest** Bruce  
**Van Heerden** Eduard & Manette

### Okahandja

**Bezuidenhoudt** Leonie & Kobus  
**Du Preez** Rika  
**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM, SunPM*) Marjan  
**Huisamen** (*Wed; Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien  
**Jansen** Alicia  
**Jansen** Johnny & Laurika, Ava, Leoniece  
**Nel** (*All mtgs; Elder*) Jan & Julia  
**Opperman** Wieks  
**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré  
**Van Heerden** Danie & Jeanette, Daniella  
**Van Wyk** Chet & Zuzette, Timiica