

# Namibia & Upington

November 3, 2025

<b>Bezuidenhoudt</b>	Leonie & Kobus; Bellevue Villa <i>Okahandja</i>	081 363 8020
	Erf 06-16, Osona Village.; leonora.engelbrecht@gmail.com(L)	
<b>Coetzee</b>	Lien; c/o Susan Smith. Plot, Jooste Eiland pad <i>Upington</i>	083 555 9080
<b>Diergaardt</b>	Elizabeth, Micaelo, Chrizano; +264813411635(E) <i>Windhoek Khomasdal</i>	Windhoek
<b>Du Plessis</b>	André; Plaas "Okaruaku"; Posbus 518, <i>Okaruaku</i>	081 122 1402
	Windhoek; alaskafarming@iway.na	062 56 1434
<b>Du Preez</b>	Rika; 580 Vierde lane, Okahandja; Posbus <i>Okahandja</i>	062 50 1247
	719, Okahandja; tyka@mweb.com.na	081 128 1247
<b>Havemann</b>	Marjan; W/s 31, On the Beach, Sandpiper <i>Swakopmund</i>	064 40 0005
	Rd, Swakopmund; Posbus 1633,	081 246 6433
	Swakopmund; 100343h@iway.na	
<b>Huisamen</b>	Helmon & El-Selene; 5079 <i>Swakopmund</i>	061 401 149 H/F
	Omumborombonga Street,	081 124 7701(H)
	Swakopmund; Posbus 80743, Olympia;	081 207 4880(E)
	helmon@iway.na(H) , elseleneh@gmail.com(E)	
<b>Jansen</b>	Alicia; 9 Kalsium Street, Belview, Upington, <i>Upington</i>	062 589 0682
	8801; ajansen198361@gmail.com	
<b>Jansen</b>	Johnny & Laurika, Ava, Leoniece; 9 Kalsium <i>Upington</i>	061 364 0464(J)
	Street, Belview, Upington, 8801; Posbus	061 813 0802(J)
	2129, Upington, 8800	
<b>Januarie</b>	Meleney, Jean-Claude, <i>Windhoek Senior Park</i>	081 424 8149(M)
	Damian, Tayla; 26 Villa Manzi, Sesriem street, Kleine Kuppe; Posbus 5751,	
	Ausspannplatz; meleney@nampharm.com.na	
<b>Kurz</b>	Emil & Katie, Mercy, Monalisa; 1 Werf <i>Otjiwarongo</i>	067 30 4512 H
	street, Otjiwarongo; Posbus 1241,	081 127 7910(E)
	Otjiwarongo; emkurz@iway.na(E)	067307449 Fax
		081 2754454(Me)
<b>Landsberg</b>	Adrian; 43 Pima Street, Aggeneys, <i>Aggeneyys</i>	073 170 0483(A)
	8893; PO Box 343, Aggeneyys, 8893.; (-29.2369250, 18.8401330)	054 972 9712H
<b>Louw</b>	Joey & Desmond, Lemise & Zandré; 74 <i>Walvisbaai</i>	081 694 1495(D)
	Neptune Street, Narraville, Walvisbaai.	081 441 3949(J)

---

<b>Louw</b>	Deon & Tania, Lauren; 2 Uhland Heights, Kenneth Kaunda street, Windhoek; Posbus 3934, Vineta;	081 272 6116(D) 081 154 6600(D) 081 229 6196(T)
<i>Windhoek Senior Park</i>	<i>deonlo@yahoo.na</i>	
<b>Louw</b>	Piet; 20 Potgieter Street, Pioneers Park, Windhoek, Namibia, Senior Park, M2	081 240 2669
<i>Windhoek Senior Park</i>		
<b>Nell</b>	Natalie, Tyrick; 43 Pima Street, Aggeneyns, 8893; PO Box 343, Aggeneyns, 8893; natalien82@gmail.com; (-29.2369250, 18.8401330)	082 433 8810(N)
<i>Aggeneyns</i>		
<b>Nel</b>	Jan & Julia; 31 Augrabies Str, Upington, 8800; (G6XR+JJQ Upington, South Africa)	066 030 1322(JA) 071 563 0888(JU)
<i>Upington</i>		
<b>Opperman</b>	Wieks; Belle Rio Lifestyle Estate. 1 Louisvale Rd. Upington 8801; wieksopperman@gmail.com; (-28.4416350, 21.2749340)	+2763 212 2886
<i>Upington</i>		
<b>Opperman</b>	Danie; Plaas Arm 356, Okahandja	081 605 1946
<i>Windhoek Senior Park</i>		
<b>Pieterse</b>	Brian & Anita; 346 Hydra street, Dorado Park; Posbus 5751, Ausspannplatz; brianp019@gmail.com	081 424 0495
<i>Windhoek Khomasdal</i>		
<b>Pieterse</b>	Lorna; 20 Potgieter Street, Pioneers Park, Windhoek, Namibia, Senior Park, Unit O1; Posbus 5751, Ausspannplatz; perlon@iway.na	061 30 7703 081 346 4604
<i>Windhoek Senior Park</i>		
<b>Pottie</b>	Eldon & Claire, Liam; Outside Windhoek; eldonpottie@gmail.com(E) , clairewestcott@webmail.co.za(C)	+264 81 574 0278(E) +264 81 466 0734(C) 073 937 2173(C)
<i>NAM Contacts</i>		
<b>Schwartz</b>	Sophia; c/o 271 Chrisopraas Street, Khomasdal, Windhoek, Namibia	081 222 8202(So)
<i>Windhoek Khomasdal</i>		
<b>Schwartz</b>	Susan; 20 Florence Nightingale, Windhoek, Namibia; Posbus 8378, Bachbrecht	081 875 5533(Su)
<i>Windhoek Khomasdal</i>		
<b>Shand</b>	Trevor & Marlene, Joshua, Jesse; 271 Chrisopraas Street, M081 294 4314(M) Khomasdal, Windhoek, Namibia; Posbus 8378, Bachbrecht; trevor.shand25@gmail.com(T)	081 145 8365(T)
<i>Windhoek Khomasdal</i>		

---

---

<b>Smith</b>	Susan & Sakkie, Sakkie jr; Plot, Jooste <i>Upington</i> Eiland pad.; Posbus 1441, Upington, 8800; 084 586 6711(Su) (G6CQ+PF7 Upington, South Africa)	054 334 0047H
<b>Strämke</b>	Ansie & Max; 335 Hoogenhout street, <i>Okahandja</i> Okahandja; Posbus 55, Okahandja; anja@iafrica.com.na	062 50 1459 081 245 4854(A)
<b>Swartz</b>	Katie; 4 Easton Court, 954 <i>Windhoek Senior Park</i> Nelson Mandela Ave; Posbus 5725, Ausspanplatz; katiestwartz30@gmail.com	081 837 2901(K)
<b>Swart</b>	Leon & Hanneljie; Kunene River <i>Kunene River Lodge</i> Lodge; 2leonswart@gmail.com(L) ,081 661 5657(H) leonswart@gecko.na(L)	081 144 8144(L)
<b>Van Heerden</b>	Eduard; <i>NAM Contacts</i>	
<b>Van Heerden</b>	Danie & Jeanette, Daniella; 2de Straat <i>Walvisbaai</i> Noord no 35; Posbus 1206, Walvisbaai	081 646 1522
<b>Van Heerden</b>	Wilma; Farm Ombuindja; <i>Windhoek Khomasdal</i> wilmavanheerden73@gmail.com; (-22.2825490, 16.9091940)	081 393 9663
<b>Van Wyk</b>	Chet & Zuzette, Timiica; 17 Protea Street, 081 124 2077(C) <i>Walvisbaai</i> Walvis Bay; Posbus 3941, Walvisbaai; 081 388 8430(S) chet.vanwyk@icloud.com(C)	
<b>Van Wyk</b>	Christopher; Lazarette House. Unit 5. Julius K <i>Windhoek Khomasdal</i> Nyerere Street, Windhoek	
<b>Van der Nest</b>	Bruce; Unit 12, Rautenburg Estates, <i>NAM Contacts</i> Rautenbach Street, Klein Windhoek, Windhoek; PO Box 11360, Klein Windhoek, Windhoek, 11009; brucenjanet@gmail.com	063274523 H 811223545
<b>Van der Walt</b>	Stephanie; 74 Mosé Tjitendero street,081 124 6252 <i>Windhoek Khomasdal</i> Olympia, Windhoek, Namibia; Posbus 518, Windhoek; svdw@iway.na	
<b>Van der Walt</b>	Eddie; 20 Potgieter Street, Pioneers <i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior Park, B4; Posbus 518, Windhoek	081 351 6779
<b>Vries</b>	Kynan & Nadine, Aiden, Kadene, +264 81 641 5999(K) <i>Rehoboth</i> Lillian; Erf 458 block A, Rehoboth; Posbus 3360, Rehoboth; (M3PJ+GJQ Rehoboth, Namibia)	

---

## Namibia & Upington

### Aggeneys

**Landsberg** Adrian

**Nell** Natalie, Tyrick

### Kunene River Lodge

**Swart** (All mtgs;Elder) Leon & Hannetjie

### NAM Contacts

**Pottie** Eldon & Claire, Liam

**Van der Nest** Bruce

**Van Heerden** Eduard

### Okahandja

**Bezuidenhoudt** Leonie & Kobus

**Du Preez** Rika

**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (SunAM,SunPM) Marjan

**Huisamen** (Wed;Elder) Helmon & El-Selene

### Upington

**Coetzee** Lien

**Jansen** Alicia

**Jansen** Johnny & Laurika, Ava, Leoniece

**Nel** (All mtgs;Elder) Jan & Julia

**Opperman** Wieks

**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré

**Van Heerden** Danie & Jeanette, Daniella

**Van Wyk** Chet & Zuzette, Timiica

Windhoek Senior Park

**Januarie** Meleney, Jean-Claude, Damian, Tayla

**Louw** Deon & Tania, Lauren

**Louw** Piet

**Opperman** Danie

**Pieterse** Lorna

**Swartz** Katie

**Van der Walt** (*All mtgs;Elder*) Eddie

Okaruaku

**Du Plessis** André

Windhoek Khomasdal

**Diergaardt** Elizabeth, Micaelo, Chrizano

**Pieterse** (*Elder*) Brian & Anita

**Schwartz** Sophia

**Schwartz** Susan

**Shand** (*Elder*) Trevor & Marlene, Joshua, Jesse

**Van der Walt** Stephanie

**Van Heerden** Wilma

**Van Wyk** Christopher