

Namibia & Upington

December 17, 2025

<b>Bezuidenhout</b>	Leonie & Kobus; Bellevue Villa <i>Okahandja</i>	081 363 8020 Erf 06-16, Osona Village.; leonora.engelbrecht@gmail.com(L)
<b>Coetzee</b>	Lien; c/o Susan Smith. Plot, Jooste Eiland pad <i>Upington</i>	083 555 9080
<b>Diergaardt</b>	Elizabeth, Micaelo, Chrizano; <i>Windhoek Khomasdal</i>	+264813411635(E) Windhoek
<b>Du Plessis</b>	Bernice; Windhoek <i>NAM Contacts</i>	+264 81 247 8361
<b>Du Plessis</b>	André; Plaas "Okaruaku"; Posbus 518, <i>Okaruaku</i>	081 122 1402 Windhoek; alaskafarming@iway.na 062 56 1434
<b>Du Preez</b>	Rika; 580 Vierde lane, Okahandja; Posbus <i>Okahandja</i>	062 50 1247 719, Okahandja; tyka@mweb.com.na 081 128 1247
<b>Havemann</b>	Marjan; W/s 31, On the Beach, Sandpiper <i>Swakopmund</i>	064 40 0005 Rd, Swakopmund; Posbus 1633, Swakopmund; 100343h@iway.na 081 246 6433
<b>Huisamen</b>	Helmon & El-Selene; 5079 <i>Swakopmund</i>	061 401 149 H/F Omumborombonga Street, Swakopmund; Posbus 80743, Olympia; helmon@iway.na(H) , elseleneh@gmail.com(E) 081 124 7701(H) 081 207 4880(E)
<b>Jansen</b>	Alicia; 9 Kalsium Street, Belview, Upington, <i>Upington</i>	062 589 0682 8801; ajansen198361@gmail.com
<b>Jansen</b>	Johnny & Laurika, Ava, Leoniece; 9 Kalsium <i>Upington</i>	061 364 0464(J) Street, Belview, Upington, 8801; Posbus 2129, Upington, 8800 061 813 0802(J)
<b>Januarie</b>	Meleney, Jean-Claude, <i>Windhoek Senior Park</i>	081 424 8149(M) Damian, Tayla; 26 Villa Manzi, Sesriem street, Kleine Kuppe; Posbus 5751, Ausspannplatz; meleney@nampharm.com.na
<b>Kurz</b>	Emil & Katie, Mercy, Monalisa; 1 Werf <i>Otjiwarongo</i>	067 30 4512 H street, Otjiwarongo; Posbus 1241, Otiwarongo; emkurz@iway.na(E) 081 127 7910(E) 067307449 Fax 081 2754454(Me)
<b>Landsberg</b>	Adrian; 43 Pima Street, Aggeneys, <i>Aggeney</i>	073 170 0483(A) 8893; PO Box 343, Aggeney, 8893.; (-29.2369250, 18.8401330) 054 972 9712H
<b>Louw</b>	Joey & Desmond, Lemise & Zandré; 74 <i>Walvisbaai</i>	081 694 1495(D) Neptune Street, Narraville, Walvisbaai. 081 441 3949(J)

Windhoek Senior Park

**LOW** *Wimdhok Senior Park* Heights, Kenedi Kauda street, 081 154 6600(D)  
Deon & Tania, Lauren; 2 Uhland 081 272 6116(D)

Winchhoeck; Posbus 3934, Vineta; 081 229 6196(T)  
deonlio@yahoo.na

<b>LLOW</b> Piet, 20 Potgieter Street, Piонeers Wimdhoeck Senior Park Park, Windhoeek, Namibia, Senior	<b>NELL</b> Natalie, Tyrik, 43 Pima Street, Aggeneys, Aggeneys 8893, PO Box 343, Aggeneys, 8893; natalein82@gmail.com, (-29.2369250,	<b>18.8401330</b> 18.8401330)
---	---	----------------------------------

**Opperman Weeks**, Belle Rio Lifetime Estate,  
Jan & Jilia: 31 Augrabies Str, Upington,  
Upington 8800; (662) 43110; 066 301 1322 (JA)  
**Nei** Louisvale Rd, Upington 8801.  
+27 63 212 2886

<b>DOpperman</b>	Danile; Plas Arm 356, Okahandja	081 605 1946
	(-28.4416350, 21.2749340)	
	Wekes opperman@outlook.com;	
	Wekes opperman@gmail.com;	
	Wekes opperman@outlook.com;	

Pottie	Edlon & Claire, Lam: Oulside Park, Unit O1; Posbus 5751, Namibia	Ausspannplatz; perlon@walya.na com(E), claireweestcott@webmail.co.za(C) +264 81 466 0734(C)	Sophia; c/o 271 Chisopras Street, Khomasdal Namibia 081 222 8202(So)	Schwarz	Susan; 20 Florence Nighningale, 081 875 5533(Su) Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Schwarz	Trevor & Marlene, Joshua, Windhoek Khomasdal Jessie; CPX+WQ7 Windhoek, M081 294 4314(M) 081 145 8365(T)	Shand	Namibia; Posbus 8378, Bachbrecht; Windhoek Khomasdal 081 466 0734(M)
--------	---	---	--	---------	--	---------	---	-------	---

Windhoek Khomasdal

Ausspannplatz; perlon@wawy.net

**Potter** Edmon & Claire, Llam; Outside NAM Contacts Winchodek; elindonpotter@gmail.com  
+264 81 574 0278(E) +264 81 466 0734(C) com(E), clariewestcott@webmail.co.za(C)  
073 937 2173(C)

Schwartz	Sophia; c/o 271 Chrisopras Street, Windhoek Khomasdal	081 222 8202(So)
Schwartz	Namibia Windhoek Khomasdal Street, Khomasdal, Windhoek, 081 222 8202(So)	

**Shand** Trevor & Marlene, Joshua,  
Windhoek Khomasdal 8378, Windhoek, Namibia; Postbus  
8378, Bachbrecht 081 145 8365(T)  
**Shand** Trevor & Marlene, Joshua,  
Windhoek Khomasdal 8378, Windhoek, Namibia; Postbus  
8378, Bachbrecht 081 145 8365(T)

Okaraku

Deon & Tania, Lauren; 2 Uhland 0812726116(D)	Wimdhoeck Senior Park Heights, Kerneneth Karunda Street, 0811546600(D) deonlo@yahoo.na	Wimdhoeck Senior Park Heights, Kerneneth Karunda Street, 0811546600(D) deonlo@yahoo.na	LOWU
Piete; 20 Poldigetter Street, Pioneers 0812402669	Wimdhoeck Senior Park Piete; 20 Poldigetter Street, Pioneers 0812402669	Wimdhoeck Senior Park Piete; 20 Poldigetter Street, Pioneers 0812402669	LOWU
Natalie, Tyrik; 43 Piima Street, Aggeneys, 0824338810(N)	Aggeneys 8893; PO Box 343, Aggeneys, 8893;	Aggeneys 8893; PO Box 343, Aggeneys, 8893;	Natalie, Tyrik; 43 Piima Street, Aggeneys, 0824338810(N)
Jan & Julea; 31 Augrabies Str, Uplington, 0660301322(JA)	Jan & Julea; 31 Augrabies Str, Uplington, 0660301322(JA)	Jan & Julea; 31 Augrabies Str, Uplington, 0660301322(JA)	Upington
DOpperman Wilkes; Belle Rio Lifestyle Estate, +27632122886	DOpperman Wilkes; Belle Rio Lifestyle Estate, +27632122886	DOpperman Wilkes; Belle Rio Lifestyle Estate, +27632122886	Upington
Upington 8800; (662) 8800; (662) 8800; (662) 8800;	Upington 8800; (662) 8800; (662) 8800; (662) 8800;	Upington 8800; (662) 8800; (662) 8800; (662) 8800;	Upington
nataleinb82@gmail.com; (-29.2369250,	nataleinb82@gmail.com; (-29.2369250,	nataleinb82@gmail.com; (-29.2369250,	nataleinb82@gmail.com; (-29.2369250,
18.8401330)	18.8401330)	18.8401330)	Nel
Wilks, Louis; 1 Louisvale Rd, Upington 8801;	Wilks, Louis; 1 Louisvale Rd, Upington 8801;	Wilks, Louis; 1 Louisvale Rd, Upington 8801;	Upington
wileks.apperman@gmail.com;	wileks.apperman@gmail.com;	wileks.apperman@gmail.com;	Upington
(-28.4416350, 21.274340)	(-28.4416350, 21.274340)	(-28.4416350, 21.274340)	Upington

Oppermann (www.oppermann.de) 100% recycelt

**Piloterese** Anitta; 346 Hydria street, Dorado 081 424 0495  
**NAM Contracts Park**; Posbus 5751, Aussspannplatz;  
branap019@gmail.com

Wunderbarer Sommer Park, Willmocher, Sennhofstrasse 10, 8057 Zürich, Tel. 01 340 4004  
Aussspannplatz; perlon@wawy.uzh.ch

Poetic	Edlon & Claire, Lam; Outside +264 81 574 0278(E)	NAM Contacts com(E), claireweisicot@webmail.co.za(C) +264 81 466 0734(C)	Sophia; c/o 271 Chriospaas 081 222 8202(So)	Wilmaheek Khomasdal Street, Khomasdal, Windhoek, Namibia 073 937 2173(C)
Schwarz	Susan; 20 Florence Nightingale, 081 875 5533(Su)	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Susan; 20 Florence Nighningale, 081 875 5533(Su)	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht
Schand	Trevor & Marlene, Joshua, 081 145 8365(T)	Windhoek Khomasdal Jesse; CPX+WQ7 Windhoek, M081 294 4314(M)	Trevor & Marlene, Joshua, 081 145 8365(T)	Windhoek Khomasdal Posbus 8378, Bachbrecht;
		Namibia; Posbus 8378, Bachbrecht;		Windhoek Khomasdal Posbus 8378, Bachbrecht;

Du Plessis André

**Pietere** NAM Contracts Park: Posbys 5751. Ausspannplatz:  
Anita: 346 Hydra street, Durado 081 424 0493

Pletere Senior Park Windhoek, Namibia, Senior 081 346 4604  
Lorue, 20 Potgieter Street, Pioneers 061 30 7703  
branap019@gmail.com

---

Ausspassanmelde; pertron@wawy.na

Poetic	Edison & Claire, Lam; Outside +264 81 574 0278(E)	NAM Contacts com(E), claireweisicot@webmail.co.za(C) +264 81 466 0734(C)	Sophia; c/o 271 Chrysoprasaas 081 222 8202(So)	Wilmaheek Khomasdal Street, Khomasdal, Windhoek, Namibia 073 937 2173(C)
Schwarz	Susan; 20 Florence Nightingale, 081 875 5533(Su)	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Susan; 20 Florence Nighningale, 081 875 5533(Su)	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht
Schand	Trevor & Marlene, Joshua, 081 145 8365(T)	Windhoek Khomasdal Jesse; CPX+WQ7 Windhoek, M081 294 4314(M)	Trevor & Marlene, Joshua, 081 145 8365(T)	Windhoek Khomasdal Posbus 8378, Bachbrecht;
		Namibia; Posbus 8378, Bachbrecht;		Windhoek Khomasdal Jesse; CPX+WQ7 Windhoek, M081 294 4314(M)

Van Wyk Chris  
Van Heeiden

**Shand** Trevor & Marlene, Joshua,  
081 145 8365(T)

Wimduchek Khamasdaal Jesse; CPX+WG7 Windhoeek, MO81294 4314(M)  
Namibia; Postbus 8378, Bachbrecht;  
trevor.shand25@gmail.com(T)

trevor.shand25@gmail.com(T)

<b>Smith</b>	Susan & Sakkie, Sakkie jr; Plot, Jooste <i>Upington</i>	054 334 0047H
	Eiland pad.; Posbus 1441, Upington, 8800; 084 586 6711(Su) (G6CQ+PF7 Upington, South Africa)	
<b>Strämke</b>	Ansie & Max; 335 Hoogenhout street, <i>Okahandja</i>	062 50 1459 081 245 4854(A) anja@iafrica.com.na
<b>Swartz</b>	Katie; 4 Easton Court, 954 <i>Windhoek Senior Park</i>	081 837 2901(K)
	Nelson Mandela Ave; Posbus 5725, Ausspanplatz; katieswartz30@gmail.com	
<b>Swart</b>	Leon & Hannetjie; Kunene River <i>NAM Contacts</i>	081 144 8144(L) 081 661 5657(H) leonswart@gecko.na(L)
<b>Van Heerden</b>	Eduard & Manette; Farm Ombuindja+264 81 165 8989 <i>NAM Contacts</i>	
<b>Van Heerden</b>	Danie & Jeanette, Daniella; 2de Straat <i>Walvisbaai</i>	081 646 1522 Noord no 35; Posbus 1206, Walvisbaai
<b>Van Heerden</b>	Wilma; Farm Ombuindja; <i>Windhoek Khomasdal</i>	081 393 9663 wilmavanheerden73@gmail.com; (-22.2825490, 16.9091940)
<b>Van Wyk</b>	Chet & Zuzette, Timiica; 17 Protea Street, 081 124 2077(C) <i>Walvisbaai</i>	081 388 8430(S) Walvis Bay; Posbus 3941, Walvisbaai; chet.vanwyk@icloud.com(C)
<b>Van Wyk</b>	Christopher; Lazarette House. Unit 5. Julius K <i>Windhoek Khomasdal</i>	063274523 H Nyerere Street, Windhoek
<b>Van der Nest</b>	Bruce; Unit 12, Rautenburg Estates, <i>NAM Contacts</i>	811223545
	Rautenbach Street, Klein Windhoek, Windhoek; PO Box 11360, Klein Windhoek, Windhoek, 11009; brucenjanet@gmail.com	
<b>Van der Walt</b>	Stephanie; 74 Mosé Tjitendero street, 081 124 6252 <i>Windhoek Khomasdal</i>	081 351 6779
	Olympia, Windhoek, Namibia; Posbus 518, Windhoek; svdw@iway.na	
<b>Van der Walt</b>	Eddie; 20 Potgieter Street, Pioneers Park, Windhoek, Namibia, Senior Park, B4; Posbus 518, Windhoek <i>Windhoek Senior Park</i>	
<b>Vries</b>	Kynan & Nadine, Aiden, Kadene, +264 81 641 5999(K) <i>Rehoboth</i>	Lillian; Erf 458 block A, Rehoboth; Posbus 3360, Rehoboth; (M3PJ+GJQ Rehoboth, Namibia)

## Namibia & Upington

### Aggeney

**Landsberg** Adrian  
**Nell** Natalie, Tyrick

### NAM Contacts

**Du Plessis** Bernice  
**Pieterse** Anita  
**Pottie** Eldon & Claire, Liam  
**Swart** (*All mtgs; Elder*) Leon & Hannetjie  
**Van der Nest** Bruce  
**Van Heerden** Eduard & Manette

### Okahandja

**Bezuidenhoudt** Leonie & Kobus  
**Du Preez** Rika  
**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM, SunPM*) Marjan  
**Huisamen** (*Wed; Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien  
**Jansen** Alicia  
**Jansen** Johnny & Laurika, Ava, Leoniece  
**Nel** (*All mtgs; Elder*) Jan & Julia  
**Opperman** Wieks  
**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré  
**Van Heerden** Danie & Jeanette, Daniella  
**Van Wyk** Chet & Zuzette, Timiica