

Namibia & Upington

February 7, 2026

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Januarie	Meleney, Jean-Claude, <i>Windhoek Senior Park</i> Damian, Tayla; 26 Villa Manzi, Sesriem street, Kleine Kuppe; Posbus 5751, Ausspannplatz; meleney@nampharm.com.na	081 424 8149(M)
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Louw	Joey & Desmond, Lemise & Zandré; 74 <i>Walvisbaai</i> Neptune Street, Narraville, Walvisbaai.	081 694 1495(D) 081 441 3949(J)

Louw	Deon & Tania, Lauren; 2 Uhland Heights, Kenneth Kaunda street, Windhoek; Posbus 3934, Vineta;	081 272 6116(D) 081 154 6600(D) 081 229 6196(T)
<i>Windhoek Senior Park</i>	<i>deonlo@yahoo.na</i>	
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<i>Windhoek Senior Park</i>		
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<i>Aggeneyns</i>		
Nel	Jan & Julia; 31 Augrabies Str, Upington, 8800; (G6XR+JJQ Upington, South Africa)	066 030 1322(JA) 071 563 0888(JU)
<i>Upington</i>		
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<i>Upington</i>		
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<i>Windhoek Khomasdal</i>		
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<i>Windhoek Khomasdal</i>		
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<i>Windhoek Khomasdal</i>		

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Namibia & Upington

Aggeney's

Landsberg Adrian

Nell Natalie, Tyrick

NAM Contacts

Du Plessis Bernice

Pieterse Anita

Pottie Eldon & Claire, Liam

Swart (*All mtgs; Elder*) Leon & Hanneljie

Van der Nest Bruce

Van Heerden Eduard & Manette

Okahandja

Bezuidenhoudt Leonie & Kobus

Du Preez Rika

Strämke Ansie & Max

Otjiwarongo

Kurz Emil & Katie, Mercy, Monalisa

Rehoboth

Vries Kynan & Nadine, Aiden, Kadene, Lillian

Swakopmund

Havemann (*SunAM, SunPM*) Marjan

Huisamen (*Wed; Elder*) Helmon & El-Selene

Upington

Coetzee Lien

Jansen Johnny & Laurika, Ava, Leoniece

Nel (*All mtgs; Elder*) Jan & Julia

Opperman Wieks

Smith Susan & Sakkie, Sakkie jr, Danielle

Walvisbaai

Louw Joey & Desmond, Lemise & Zandré

Van Heerden Danie & Jeanette, Daniella

Van Wyk Chet & Zuzette, Timiica

Windhoek Senior Park

Januarie Meleney, Jean-Claude, Damian, Tayla

Louw Deon & Tania, Lauren

Louw Piet

Opperman Danie

Pieterse Lorna

Swartz Katie

Van der Walt (*All mtgs;Elder*) Eddie

Okaruaku

Du Plessis André

Windhoek Khomasdal

Diergaardt Elizabeth, Micaelo, Chrizano

Schwartz Sophia

Schwartz Susan

Shand (*Elder*) Trevor & Marlene, Joshua, Jesse

Van der Walt Stephanie

Van Heerden Wilma

Van Wyk Christopher