

Namibia & Upington

February 15, 2026

**Bezuidenhoudt** Leonie & Kobus; Bellevue Villa 081 363 8020  
*Okahandja* Erf 06-16, Osona Village.;  
 leonora.engelbrecht@gmail.com(L)

**Coetzee** Lien; c/o Susan Smith. Plot, Jooste Eiland pad083 555 9080  
*Upington*

**Diergaardt** Elizabeth, Michael, +264813411635(E)  
*Windhoek Khomasdal* Chrizano; Windhoek; mich- +264 81 254 8761(M)  
 elo.diergaardt@gmail.com(M)

**Du Plessis** Bernice; Windhoek +264 81 247 8361  
*NAM Contacts*

**Du Plessis** André; Plaas "Okaruaku"; Posbus 518, 081 122 1402  
*Okaruaku* Windhoek; alaskafarming@iway.na 062 56 1434

**Du Preez** Rika; 580 Vierde lane, Okahandja; Posbus 062 50 1247  
*Okahandja* 719, Okahandja; tyka@mweb.com.na 081 128 1247

**Havemann** Marjan; W/s 31, On the Beach, Sandpiper 064 40 0005  
*Swakopmund* Rd, Swakopmund; Posbus 1633, 081 246 6433  
 Swakopmund; 100343h@iway.na

**Huisamen** Helmon & El-Selene; 5079 061 401 149 H/F  
*Swakopmund* Omumborombonga Street, 081 124 7701(H)  
 Swakopmund; Posbus 80743, Olympia; 081 207 4880(E)  
 helmon@iway.na(H) , elseleneh@gmail.com(E)

**Jansen** Johnny & Laurika, Ava, Leoniece; 9 Kalsium 061 364 0464(J)  
*Upington* Street, Belview, Upington, 8801; Posbus 061 813 0802(J)  
 2129, Upington, 8800

**Januarie** Meleney, Jean-Claude, 081 424 8149(M)  
*Windhoek Senior Park* Damian, Tayla; 8 Bella Rosa  
 Gallica complex, Halifax str. Rocky Crest  
 Windhoek.; Posbus 5751, Ausspannplatz;  
 meleney@nampharm.com.na; (C2HX+W5F  
 Windhoek)

**Kurz** Emil & Katie, Mercy Kurz, Monalisa; 1 081 127 7910(E)  
*Otiwarongo* Werf street, Otiwarongo; Posbus 1241, 081 275 4454(Me)  
 Otiwarongo; emkurz@iway.na(E)

**Landsberg** Adrian; 43 Pima Street, Aggeneys, 073 170 0483(A)  
*Aggeneys* 8893; PO Box 343, Aggeneys, 8893.; 054 972 9712H  
 (-29.2369250, 18.8401330)

**Louw** Joey & Desmond, Lemise & Zandr ; 74 081 694 1495(D)  
*Walvisbaai* Neptune Street, Narraville, Walvisbaai. 081 441 3949(J)

Windhoek Senior Park

Januarie Meleney, Jean-Claude, Damian, Tayla  
Louv Deon & Tania, Lauren  
Louv Piet  
Opperman Danie  
Pieterse Lorna  
Swartz Katie  
Van der Walt (All mtgs;Elder)Eddie

Okaruaku

Du Plessis Andre

Windhoek Khomasdal

Diergaardt Elizabeth, Michael, Chrizano  
Schwartz Sophia  
Schwartz Susan  
Shand (Elder) Trevor & Marlene, Joshua, Jesse  
Van der Walt Stephanie  
Van Heerden Wilma  
Van Wyk Christopher

<b>Louw</b> Deon & Tania, Lauren; Flat 2, 141081 272 6116(D) <i>Windhoek Senior Park</i> Dr Kenneth David Kaunda str. 081 154 6600(D) Eros, Windhoek; Posbus 3934, 081 229 6196(T) Vineta; deonio@yahoo.na	<b>Louw</b> Piet; 20 Potgieter Street, Pioneers 081 240 2669 <i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior Park, M2
<b>Neil</b> Natalie, Tyrick; 43 Pima Street, Aggeneys, 082 433 8810(N) <i>Aggeneys</i> 8893; PO Box 343, Aggeneys, 8893; natalien82@gmail.com; (-29.2369250, 18.8401330)	<b>Neil</b> Jan & Julia; 31 Augrabies Str, Upington, 066 030 1322(JA) <i>Upington</i> 8800; (G6XR+JJC Upington, South Africa) 071 563 0888(JU)
<b>Opperman</b> Wieks; Belle Rio Lifestyle Estate. +2763 212 2886 <i>Upington</i> 1 Louissvale Rd. Upington 8801; wieks.opperman@gmail.com; (-28.4416350, 21.2749340)	<b>Opperman</b> Danie; Pias Arm 356, Okahandja 081 605 1946 <i>Windhoek Senior Park</i>
<b>Pieterse</b> Anita; 346 Hydra street, Dorado 081 424 0495 <i>NAM Contacts</i> Park; Posbus 5751, Aussenplatz; brianp019@gmail.com	<b>Pieterse</b> Lorna; 20 Potgieter Street, Pioneers 061 30 7703 <i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior Park, Unit O1; Posbus 5751, Aussenplatz; perlon@iway.na
<b>Pottie</b> Eldon & Claire, Liam; Outside +264 81 574 0278(E) <i>NAM Contacts</i> Windhoek; eidonpottie@gmail. +264 81 466 0734(C) com(E) , clairewestcott@webmail.co.za(C) 073 937 2173(C)	<b>Schwartz</b> Sophia; C2PX+WQ7 Windhoek, 081 222 8202(So) <i>Windhoek Khomasdal</i> Namibia
<b>Schwartz</b> Susan; 4402 Florence 081 875 5533(Su) <i>Windhoek Khomasdal</i> Nightingale, Windhoek.; Posbus 8378, Bachbrecht	<b>Shand</b> Trevor & Marlene, Joshua, Jesse; 081 825 9779(T) C2PX+WQ7 Windhoek, Namibia; 081 760 2286(M) Posbus 8378, Bachbrecht; trevor.shand25@gmail.com(T)

<b>Smith</b> Susan & Sakkie, Sakkie jr, Danielle; <i>Upington</i> Plot, Jooste Eiland pad.; Posbus 1441, Upington, 8800; (-28.4782220, 21.2386440)	054 334 0047H 084 586 6711(Su)
<b>Strämke</b> Ansie & Max; 335 Hoogenhout street, <i>Okahandja</i> Okahandja; Posbus 55, Okahandja; anja@iafrica.com.na	062 50 1459 081 245 4854(A)
<b>Swartz</b> Katie; 4 Easton Court, 954 <i>Windhoek Senior Park</i> Nelson Mandela Ave; Posbus 5725, Aussspanplatz; katieswartz30@gmail.com	081 837 2901(K)
<b>Swart</b> Leon & Hannetjie; Kunene River <i>Kunene River Lodge</i> Lodge; 2leonswart@gmail.com(L), leonswart@gecko.na(L)	081 144 8144(L) 081 661 5657(H)
<b>Van Heerden</b> Eduard & Manette; Farm Ombuindja+264 81 165 8989 <i>NAM Contacts</i>	
<b>Van Heerden</b> Danie & Jeanette, Daniella; 2de Straat <i>Walvisbaai</i> Noord no 35; Posbus 1206, Walvisbaai	081 646 1522
<b>Van Heerden</b> Wilma; Farm Ombuindja; <i>Windhoek Khomasdal</i> wilmavanheerden73@gmail.com; (-22.2825490, 16.9091940)	081 393 9663
<b>Van Wyk</b> Chet & Zuzette, Timiica; 17 Protea Street, <i>Walvisbaai</i> Walvis Bay; Posbus 3941, Walvisbaai; chet.vanwyk@icloud.com(C)	081 124 2077(C) 081 388 8430(S) 081 639 4692(T)
<b>Van Wyk</b> Christopher; Lazarette House. <i>Windhoek Khomasdal</i> Unit 5. Julius K Nyerere Street, Windhoek	+264 81 763 5219
<b>Van der Nest</b> Bruce; Unit 12, Rautenburg Estates, <i>NAM Contacts</i> Rautenbach Street, Klein Windhoek, Windhoek; PO Box 11360, Klein Windhoek, Windhoek, 11009; brucenjanet@gmail.com	063274523 H 811223545
<b>Van der Walt</b> Stephanie; 74 Mosé Tjitendero street, <i>Windhoek Khomasdal</i> Olympia, Windhoek, Namibia; Posbus 518, Windhoek; svdw@iway.na	081 124 6252
<b>Van der Walt</b> Eddie; 20 Potgieter Street, Pioneers <i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior Park, B4; Posbus 518, Windhoek	081 351 6779
<b>Vries</b> Kynan & Nadine, Aiden, Kadene, <i>Rehoboth</i> Lillian; Erf 458 block A, Rehoboth; Posbus 3360, Rehoboth; (M3PJ+GJQ Rehoboth, Namibia)	+264 81 641 5999(K)

## Namibia & Upington

### Aggeneys

**Landsberg** Adrian  
**Nell** Natalie, Tyrick

### Kunene River Lodge

**Swart** (*All mtgs;Elder*)Leon & Hannetjie

### NAM Contacts

**Du Plessis** Bernice  
**Pieterse** Anita  
**Pottie** Eldon & Claire, Liam  
**Van der Nest** Bruce  
**Van Heerden** Eduard & Manette

### Okahandja

**Bezuidenhoudt** Leonie & Kobus  
**Du Preez** Rika  
**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy Kurz, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM,SunPM*)Marjan  
**Huisamen** (*Wed;Elder*)Helmon & El-Selene

### Upington

**Coetzee** Lien  
**Jansen** Johnny & Laurika, Ava, Leoniece  
**Nel** (*All mtgs;Elder*)Jan & Julia  
**Opperman** Wieks  
**Smith** Susan & Sakkie, Sakkie jr, Danielle

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré  
**Van Heerden** Danie & Jeanette, Daniella  
**Van Wyk** Chet & Zuzette, Timiica