

Namibia & Upington

January 16, 2026

<b>Bezuidenhout</b>	Leonie & Kobus; Bellevue Villa <i>Okahandja</i>	081 363 8020 Erf 06-16, Osona Village.; leonora.engelbrecht@gmail.com(L)
<b>Coetzee</b>	Lien; c/o Susan Smith. Plot, Jooste Eiland pad <i>Upington</i>	083 555 9080
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<b>Havemann</b>	Marjan; W/s 31, On the Beach, Sandpiper <i>Swakopmund</i>	064 40 0005 Rd, Swakopmund; Posbus 1633, Swakopmund; 100343h@iway.na 081 246 6433
<b>Huisamen</b>	Helmon & El-Selene; 5079 <i>Swakopmund</i>	061 401 149 H/F Omumborombonga Street, Swakopmund; Posbus 80743, Olympia; helmon@iway.na(H) , elseleneh@gmail.com(E) 081 124 7701(H) 081 207 4880(E)
<b>Jansen</b>	Alicia; 9 Kalsium Street, Belview, Upington, <i>Upington</i>	062 589 0682 8801; ajansen198361@gmail.com
<b>Jansen</b>	Johnny & Laurika, Ava, Leoniece; 9 Kalsium <i>Upington</i>	061 364 0464(J) Street, Belview, Upington, 8801; Posbus 2129, Upington, 8800 061 813 0802(J)
<b>Januarie</b>	Meleney, Jean-Claude, <i>Windhoek Senior Park</i>	081 424 8149(M) Damian, Tayla; 26 Villa Manzi, Sesriem street, Kleine Kuppe; Posbus 5751, Ausspannplatz; meleney@nampharm.com.na
<b>Kurz</b>	Emil & Katie, Mercy, Monalisa; 1 Werf <i>Otjiwarongo</i>	067 30 4512 H street, Otjiwarongo; Posbus 1241, Otiwarongo; emkurz@iway.na(E) 081 127 7910(E) 067307449 Fax 081 2754454(Me)
<b>Landsberg</b>	Adrian; 43 Pima Street, Aggeneys, <i>Aggeney</i>	073 170 0483(A) 8893; PO Box 343, Aggeney, 8893.; (-29.2369250, 18.8401330) 054 972 9712H
<b>Louw</b>	Joey & Desmond, Lemise & Zandré; 74 <i>Walvisbaai</i>	081 694 1495(D) Neptune Street, Narraville, Walvisbaai. 081 441 3949(J)

Windhoek Senior Park

**LOW** *Wimdhok Senior Park* Heights, Kenedi Kauda street, 081 154 6600(D)  
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Winchhoeck; Posbus 3934, Vineta; 081 229 6196(T)  
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Louw	Piet, 20 Potgieter Street, Piонeers	081 240 2669	Windhoek Senior Park Park, Windhoek, Namibia, Senior	Park, M2	Natalie, Tyrik, 43 Pima Street, Aggeneys, 082 433 8810(N)	Aggeneys 8893, PO Box 343, Aggeneys, 8893;	natalien82@gmail.com, (-29.2369250,	18.8401330)
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**Opperman Weeks**, Belle Rio Lifetime Estate, +2763 212 2886  
Jan & Julya: 31 Augrabies Str, Upington, 066 030 1322 (JA)  
Upington 8800; (66XR+JUJC Upington, South Africa) 071 563 0888 (JU)

<b>DOpperman</b>	Danile; Plas Arm 356, Okahandja	081 605 1946
	(-28.4416350, 21.2749340)	
	Wekes opperman@outlook.com;	
	Wekes opperman@gmail.com;	
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Pottie	Edlon & Claire, Lam: Oulside Park, Unit O1; Posbus 5751, Namibia	Ausspannplatz; perlon@walya.na com(E), claireweestcott@webmail.co.za(C) +264 81 466 0734(C)	Sophia; c/o 271 Chisopras Street, Khomasdal Namibia 081 222 8202(So)	Schwarz	Susan; 20 Florence Nighningale, 081 875 5533(Su) Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Schwarz	Trevor & Marlene, Joshua, Windhoek Khomasdal Jesse, C2PX+WG7 Windhoek, M081 294 4314(M) 081 145 8365(T)	Shand	Namibia; Posbus 8378, Bachbrecht; Windhoek Khomasdal Posbus 8378, Bachbrecht;
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Windheek Khomasdal

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Ausspannplatz; perlon@iway.net

**Potter** Edmon & Claire, Lam; Outside NAM Contacts Winchodek, elindonpotter@gmail.com  
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Schwartz	Sophia; c/o 271 Chrisopras Street, Krommadsdal, Windhoek, 081 222 8202(SO)	Windhoek Krommadsdal Namibia
Schwartz	Susan; 20 Florence Nightingale, 081 875 5533(SU)	

**Shand** Trevor & Marlene, Joshua,  
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8378, Bachbrecht 081 145 8365(T)  
**Shand** Trevor & Marlene, Joshua,  
Windhoek Khomasdal 8378, Windhoek, Namibia; Postbus  
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Okaraku

Van der Watt (All mtgs;Elder) Eddie

Du Plessis André  
Okaruku

Januarije Meleney, Jean-Claude, Damiani, Tayla | CLOW Dean & Taenia | auerep

**Louw Pret** Louw Pret Danië  
**Opperman** Swart Katrie  
**Pleterse** Lorraine  
**Van der Watt** (All mtgs; Elder) Eddie

Du Plessis /

Du Plessis Andre  
Heterese  
Antara 346 Hybird Street, Durban  
NAM Contact:  
Parks: Posads 5751, Assessments:  
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<b>Smith</b>	Susan & Sakkie, Sakkie jr; Plot, Jooste <i>Upington</i>	054 334 0047H
	Eiland pad.; Posbus 1441, Upington, 8800; 084 586 6711(Su) (G6CQ+PF7 Upington, South Africa)	
<b>Strämke</b>	Ansie & Max; 335 Hoogenhout street, <i>Okahandja</i>	062 50 1459 081 245 4854(A) anja@iafrica.com.na
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<b>Van Heerden</b>	Danie & Jeanette, Daniella; 2de Straat <i>Walvisbaai</i>	081 646 1522 Noord no 35; Posbus 1206, Walvisbaai
<b>Van Heerden</b>	Wilma; Farm Ombuindja; <i>Windhoek Khomasdal</i>	081 393 9663 wilmavanheerden73@gmail.com; (-22.2825490, 16.9091940)
<b>Van Wyk</b>	Chet & Zuzette, Timiica; 17 Protea Street, 081 124 2077(C) <i>Walvisbaai</i>	081 388 8430(S) Walvis Bay; Posbus 3941, Walvisbaai; chet.vanwyk@icloud.com(C)
<b>Van Wyk</b>	Christopher; Lazarette House. Unit 5. Julius K <i>Windhoek Khomasdal</i>	063274523 H Nyerere Street, Windhoek
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<b>Van der Walt</b>	Stephanie; 74 Mosé Tjitendero street, 081 124 6252 <i>Windhoek Khomasdal</i>	081 351 6779
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<b>Van der Walt</b>	Eddie; 20 Potgieter Street, Pioneers Park, Windhoek, Namibia, Senior Park, B4; Posbus 518, Windhoek <i>Windhoek Senior Park</i>	
<b>Vries</b>	Kynan & Nadine, Aiden, Kadene, +264 81 641 5999(K) <i>Rehoboth</i>	Lillian; Erf 458 block A, Rehoboth; Posbus 3360, Rehoboth; (M3PJ+GJQ Rehoboth, Namibia)

## Namibia & Upington

### Aggeney

**Landsberg** Adrian  
**Nell** Natalie, Tyrick

### NAM Contacts

**Du Plessis** Bernice  
**Pieterse** Anita  
**Pottie** Eldon & Claire, Liam  
**Swart** (*All mtgs;Elder*) Leon & Hannetjie  
**Van der Nest** Bruce  
**Van Heerden** Eduard & Manette

### Okahandja

**Bezuidenhoudt** Leonie & Kobus  
**Du Preez** Rika  
**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM,SunPM*) Marjan  
**Huisamen** (*Wed;Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien  
**Jansen** Alicia  
**Jansen** Johnny & Laurika, Ava, Leoniece  
**Nel** (*All mtgs;Elder*) Jan & Julia  
**Opperman** Wieks  
**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré  
**Van Heerden** Danie & Jeanette, Daniella  
**Van Wyk** Chet & Zuzette, Timiica