

# Namibia & Upington

February 26, 2026

---

**Bezuidenhoudt** Leonie & Kobus; Bellevue Villa 081 363 8020  
*Okahandja* Erf 06-16, Osona Village.;  
 leonora.engelbrecht@gmail.com(L)

---

**Coetzee** Lien; c/o Susan Smith. Plot, Jooste Eiland pad083 555 9080  
*Upington*

---

**Diergaardt** Elizabeth, Michael, +264813411635(E)  
*Windhoek Khomasdal* Chrizano; 4940 Ronald +264 81 254 8761(M)  
 Hercules Street, Khomasdal, Windhoek;  
 michelo.diergaardt@gmail.com(M) ;  
 (-22.554581,17.055841)

---

**Du Plessis** Bernice; Windhoek +264 81 247 8361  
*NAM Contacts*

---

**Du Plessis** André; Plaas "Okaruaku"; Posbus 518, 081 122 1402  
*Okaruaku* Windhoek; alaskafarming@iway.na; 062 56 1434  
 (-21.742059,18.399331)

---

**Du Preez** Rika; 580 Vierende lane, Okahandja; Posbus 062 50 1247  
*Okahandja* 719, Okahandja; tyka@mweb.com.na 081 128 1247

---

**Havemann** Marjan; W/s 31, On the Beach, Sandpiper 064 40 0005  
*Swakopmund* Rd, Swakopmund; Posbus 1633, 081 246 6433  
 Swakopmund; 100343h@iway.na

---

**Huisamen** Helmon & El-Selene; 5079 061 401 149 H/F  
*Swakopmund* Omumborombonga Street, 081 124 7701(H)  
 Swakopmund; Posbus 80743, Olympia; 081 207 4880(E)  
 helmon@iway.na(H) , elseleneh@gmail.com(E)

---

**Jansen** Johnny & Laurika, Ava, Leoniece; 9 Kalsium 061 364 0464(J)  
*Upington* Street, Belview, Upington, 8801; Posbus 061 813 0802(J)  
 2129, Upington, 8800

---

**Januarie** Meleney, Jean-Claude, 081 424 8149(M)  
*Windhoek Senior Park* Damian, Tayla; 8 Bella Rosa  
 Gallica complex, Halifax str. Rocky Crest  
 Windhoek.; Posbus 5751, Ausspanplatz;  
 meleney@nampharm.com.na; (C2HX+W5F  
 Windhoek)

---

**Kurz** Emil & Katie, Mercy (Titus), Monalisa; 1 081 127 7910(E)  
*Otiwarongo* Werf street, Otiwarongo; Posbus 1241, 081 275 4454(Me)  
 Otiwarongo; emkurz@iway.na(E)

---

**Landsberg** Adrian; 43 Pima Street, Aggeneys, 073 170 0483(A)  
*Aggeneys* 8893; PO Box 343, Aggeneys, 8893.; 054 972 9712H  
 (-29.2369250, 18.8401330)

---

---

**Louw** Joey & Desmond, Lemise & Zandr ; 74 081 694 1495(D)  
*Walvisbaai* Neptune Street, Narraville, Walvisbaai. 081 441 3949(J)

---

**Louw** Deon & Tania, Lauren; Flat 2, 141081 272 6116(D)  
*Windhoek Senior Park* Dr Kenneth David Kaunda str. 081 154 6600(D)  
 Eros, Windhoek; Posbus 3934, 081 229 6196(T)  
 Vineta; deonlo@yahoo.na

---

**Louw** Piet; 20 Potgieter Street, Pioneers 081 240 2669  
*Windhoek Senior Park* Park, Windhoek, Namibia, Senior  
 Park, M2

---

**Nell** Natalie, Tyrick; 43 Pima Street, Aggeneys, 082 433 8810(N)  
*Aggeneys* 8893; PO Box 343, Aggeneys, 8893;  
 natalien82@gmail.com; (-29.2369250,  
 18.8401330)

---

**Nel** Jan & Julia; 31 Augrabies Str, Upington, 066 030 1322(JA)  
*Upington* 8800; (G6XR+JJQ Upington, South Africa) 071 563 0888(JU)

---

**Opperman** Wieks; Belle Rio Lifestyle Estate. +2763 212 2886  
*Upington* 1 Louisvale Rd. Upington 8801;  
 wieks.opperman@gmail.com;  
 (-28.4416350, 21.2749340)

---

**Opperman** Danie; Plaas Arm 356, Okahandja; 081 605 1946  
*Windhoek Senior Park* (-22.588097,17.088542)

---

**Pieterse** Anita; 346 Hydra street, Dorado 081 424 0495  
*NAM Contacts* Park; Posbus 5751, Ausspannplatz;  
 brianp019@gmail.com

---

**Pieterse** Lorna; 20 Potgieter Street, Pioneers 061 30 7703  
*Windhoek Senior Park* Park, Windhoek, Namibia, Senior 081 346 4604  
 Park, Unit O1; Posbus 5751,  
 Ausspannplatz; perlon@iway.na

---

**Pottie** Eldon & Claire, Liam; Outside +264 81 574 0278(E)  
*NAM Contacts* Windhoek; eldonpottie@gmail. +264 81 466 0734(C)  
 com(E) , claiwestcott@webmail.co.za(C) 073 937 2173(C)

---

**Schwartz** Sophia; C2PX+WQ7 Windhoek, 081 222 8202(So)  
*Windhoek Khomasdal* Namibia

---

**Schwartz** Susan; 4402 Florence 081 875 5533(Su)  
*Windhoek Khomasdal* Nightingale, Windhoek.; Posbus  
 8378, Bachbrecht

---

<b>Shand</b> <i>Windhoek Khomasdal</i>	Trevor & Marlene, Joshua, Jesse; 081 825 9779(T) C2PX+WQ7 Windhoek, Namibia; 081 760 2286(M) Posbus 8378, Bachbrecht; trevor.shand25@gmail.com(T)
<b>Smith</b> <i>Upington</i>	Susan & Sakkie, Sakkie jr, Danielle; Plot, Jooste Eiland pad.; Posbus 1441, Upington, 8800; (-28.4782220, 21.2386440)
<b>Strämke</b> <i>Okahandja</i>	Ansie & Max; 335 Hoogenhout street, Okahandja of 5147 Bottle tree str, Extention 15, Swakopmund; Posbus 55, Okahandja; anja@iafrica.com.na
<b>Swartz</b> <i>Windhoek Senior Park</i>	Katie; 4 Easton Court, 954 Nelson Mandela Ave; Posbus 5725, Aussspanplatz; katieswartz30@gmail.com
<b>Swart</b> <i>Kunene River Lodge</i>	Leon & Hanneltjie; Kunene River Lodge; 2leonswart@gmail.com(L) ,081 661 5657(H) leonswart@gecko.na(L)
<b>Van Heerden</b> <i>NAM Contacts</i>	Eduard & Manette; Farm Ombuindja+264 81 165 8989
<b>Van Heerden</b> <i>Walvisbaai</i>	Danie & Jeanette, Daniella; 2de Straat Noord no 35; Posbus 1206, Walvisbaai; (-22.975519,14.486717)
<b>Van Heerden</b> <i>Windhoek Khomasdal</i>	Wilma; Farm Ombuindja; wilmavanheerden73@gmail.com; (-22.2825490, 16.9091940)
<b>Van Wyk</b> <i>Walvisbaai</i>	Chet & Zuzette, Timiica; 17 Protea Street, Walvis Bay; Posbus 3941, Walvisbaai; chet.vanwyk@icloud.com(C)
<b>Van Wyk</b> <i>Windhoek Khomasdal</i>	Christopher; Lazarette House. Unit 5. Julius K Nyerere Street, Windhoek
<b>Van der Nest</b> <i>NAM Contacts</i>	Bruce; Unit 12, Rautenburg Estates, Rautenbach Street, Klein Windhoek, Windhoek; PO Box 11360, Klein Windhoek, Windhoek, 11009; brucenjanet@gmail.com
<b>Van der Walt</b> <i>Windhoek Senior Park</i>	Eddie; 20 Potgieter Street, Pioneers Park, Windhoek, Namibia, Senior Park, B4; Posbus 518, Windhoek

---

**Van der Walt**    Stephanie; 74 Mosé Tjitendero    081 124 6252  
*Windhoek Senior Park* street, Olympia, Windhoek, Namibia;  
Posbus 518, Windhoek; svdw@iway.na

---

**Vries**    Kynan & Nadine, Aiden, Kadene,    +264 81 641 5999(K)  
*Rehoboth* Lillian; Erf 458 block A, Rehoboth;  
Posbus 3360, Rehoboth; (M3PJ+GJQ  
Rehoboth, Namibia)

---

---

## Namibia & Upington

### Aggeneys

**Landsberg** Adrian

**Nell** Natalie, Tyrick

### Kunene River Lodge

**Swart** (*All mtgs; Elder*) Leon & Hanneltjie

### NAM Contacts

**Du Plessis** Bernice

**Pieterse** Anita

**Pottie** Eldon & Claire, Liam

**Van der Nest** Bruce

**Van Heerden** Eduard & Manette

### Okahandja

**Bezuidenhoudt** Leonie & Kobus

**Du Preez** Rika

**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy (Titus), Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM, SunPM*) Marjan

**Huisamen** (*Wed; Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien

**Jansen** Johnny & Laurika, Ava, Leoniece

**Nel** (*All mtgs; Elder*) Jan & Julia

**Opperman** Wieks

**Smith** Susan & Sakkie, Sakkie jr, Danielle

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré

**Van Heerden** Danie & Jeanette, Daniella

**Van Wyk** Chet & Zuzette, Timiica

---

Windhoek Senior Park

**Januarie** Meleney, Jean-Claude, Damian, Tayla

**Louw** Deon & Tania, Lauren

**Louw** Piet

**Opperman** Danie

**Pieterse** Lorna

**Swartz** Katie

**Van der Walt** (*All mtgs; Elder*) Eddie

**Van der Walt** Stephanie

Okaruaku

**Du Plessis** André

Windhoek Khomasdal

**Diergaardt** Elizabeth, Michael, Chrizano

**Schwartz** Sophia

**Schwartz** Susan

**Shand** (*Elder*) Trevor & Marlene, Joshua, Jesse

**Van Heerden** Wilma

**Van Wyk** Christopher