

Namibia & Upington

January 27, 2026

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<b>Januarie</b>	Meleney, Jean-Claude, <i>Windhoek Senior Park</i> Damian, Tayla; 26 Villa Manzi, Sesriem street, Kleine Kuppe; Posbus 5751, Ausspannplatz; meleney@nampharm.com.na	081 424 8149(M)
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<b>Louw</b>	Joey & Desmond, Lemise & Zandré; 74 <i>Walvisbaai</i> Neptune Street, Narraville, Walvisbaai.	081 694 1495(D) 081 441 3949(J)

Windhoek Senior Park

Januarie Meleeney, Jean-Claude, Damian, Tayla  
Louv Deon & Tania, Lauren  
Louv Piet  
Opperman Danie  
Pieterse Lorna  
Swartz Katie  
Van der Walt (All mtgs;Elder)Eddie

Okaruaku

Du Plessis Andre

Windhoek Khomasdal

Diergaardt Elizabeth, Micaelo, Chrizano  
Schwartz Sophia  
Schwand (Elder) Trevor & Marlene, Jesse  
Van Heerden Wilma  
Van Wyk Christopher

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Windhoek Senior Park  
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## Namibia & Upington

### Aggeneys

**Landsberg** Adrian  
**Nell** Natalie, Tyrick

### NAM Contacts

**Du Plessis** Bernice  
**Pieterse** Anita  
**Pottie** Eldon & Claire, Liam  
**Swart** (All mtgs; Elder) Leon & Hannetjie  
**Van der Nest** Bruce  
**Van Heerden** Eduard & Manette

### Okahandja

**Bezuidenhoudt** Leonie & Kobus  
**Du Preez** Rika  
**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (SunAM, SunPM) Marjan  
**Huisamen** (Wed; Elder) Helmon & El-Selene

### Upington

**Coetzee** Lien  
**Jansen** Alicia  
**Jansen** Johnny & Laurika, Ava, Leoniece  
**Nel** (All mtgs; Elder) Jan & Julia  
**Opperman** Wieks  
**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré  
**Van Heerden** Danie & Jeanette, Daniella  
**Van Wyk** Chet & Zuzette, Timiica