

Namibia & Upington

January 14, 2026

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Windhoek Senior Park

**Januarie** Meleeney, Jean-Claude, Damian, Tayla  
**Louw** Deon & Tania, Lauren  
**Louw** Piet  
**Opperman** Danie  
**Pieterse** Lorna  
**Swartz** Katie  
**Van der Walt** (All mtgs;Elder)Eddie

Okaruaku

**Du Plessis** Andre

Windhoek Khomasdal

**Diergaardt** Elizabeth, Micaelo, Chrizano  
**Schwartz** Sophia  
**Shand** (Elder) Trevor & Marlene, Joshua, Jesse  
**Van der Walt** Stephanie  
**Van Heerden** Wilma  
**Van Wyk** Christopher

<b>Louw</b>	Deon & Tania, Lauren; 2 Uhlard 081 272 6116(D) <i>Windhoek Senior Park</i> Heights, Kenneth Kaunda street, 081 154 6600(D) Windhoek; Posbus 3934, Vineta; 081 229 6196(T) deonlo@yahoo.na	<b>Louw</b>	Piet; 20 Potgieter Street, Pioneers 081 240 2669 <i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior Park, M2	<b>Neil</b>	Natalie, Tyrick; 43 Pima Street, Aggeneys, 082 433 8810(N) <i>Aggeneys</i> 8893; PO Box 343, Aggeneys, 8893; natalien82@gmail.com; (-29,2369250, 18,8401330)	<b>Neil</b>	Jan & Julia; 31 Augrabies Str, Upington, 066 030 1322(JA) <i>Upington</i> 8800; (G6XR+JJC Upington, South Africa) 071 563 0888(JU) <b>Opperman</b> Wieks; Belle Rio Lifestyle Estate. +2763 212 2886 <i>Upington</i> 1 Louisvale Rd. Upington 8801; wieks.opperman@gmail.com; (-28,4416350, 21,2749340)	<b>Opperman</b>	Danie; Plaas Arm 356, Okahandja 081 605 1946 <i>Windhoek Senior Park</i>	<b>Pieterse</b>	Anita; 346 Hydra street, Dorado 081 424 0495 <i>NAM Contacts</i> Park; Posbus 5751, Ausspannplatz; briannp019@gmail.com	<b>Pieterse</b>	Lorna; 20 Potgieter Street, Pioneers 061 30 7703 <i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior Park, Unit O1; Posbus 5751, Ausspannplatz; perlon@iway.na	<b>Pottie</b>	Eldon & Claire, Liam; Outside +264 81 574 0278(E) <i>NAM Contacts</i> Windhoek; eidonpottie@gmail. +264 81 466 0734(C) com(E) , clairewestcott@webmail.co.za(C) 073 937 2173(C)	<b>Schwartz</b>	Sophia; c/o 271 Chrisopraas 081 222 8202(So) <i>Windhoek Khomasdal</i> Street, Khomasdal, Windhoek, Namibia	<b>Schwartz</b>	Susan; 20 Florence Nighthingale, 081 875 5533(Su) <i>Windhoek Khomasdal</i> Windhoek, Namibia; Posbus 8378, Bachbrect	<b>Shand</b>	Trevor & Marlene, Joshua, 081 145 8365(T) <i>Windhoek Khomasdal</i> Jesse; C2PX+WQ7 Windhoek, M081 294 4314(M) Namibia; Posbus 8378, Bachbrect; trevor.shand25@gmail.com(T)
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## Namibia & Upington

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### Okahandja

**Bezuidenhoudt** Leonie & Kobus  
**Du Preez** Rika  
**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM, SunPM*) Marjan  
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### Upington

**Coetzee** Lien  
**Jansen** Alicia  
**Jansen** Johnny & Laurika, Ava, Leoniece  
**Nel** (*All mtgs; Elder*) Jan & Julia  
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### Walvisbaai

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