

Namibia & Upington

August 4, 2025

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**Bezuidenhoudt** Leonie & Kobus; Bellevue Villa 081 363 8020  
*Okahandja* Erf 06-16, Osona Village.;  
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**Coetzee** Lien; c/o Susan Smith. Plot, Jooste Eiland pad083 555 9080  
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**De Villiers** Kobus; Avas Hills Retirement +264 81 124 6874  
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**Diergaardt** Elizabeth, Micaelo, Chrizano; +264813411635(E)  
*Windhoek Khomasdal* Windhoek

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**Du Plessis** André; Plaas "Okaruaku"; Posbus 518, 081 122 1402  
*Okaruaku* Windhoek; alaskafarming@iway.na 062 56 1434

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**Du Preez** Rika; 580 Vierde lane, Okahandja; Posbus 062 50 1247  
*Okahandja* 719, Okahandja; tyka@mweb.com.na 081 128 1247

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**Havemann** Marjan; W/s 31, On the Beach, Sandpiper 064 40 0005  
*Swakopmund* Rd, Swakopmund; Posbus 1633, 081 246 6433  
 Swakopmund; 100343h@iway.na

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**Huisamen** Helmon & El-Selene; 5079 061 401 149 H/F  
*Swakopmund* Omumborombonga Street, 081 124 7701(H)  
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 helmon@iway.na(H) , elseleneh@gmail.com(E)

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**Jansen** Alicia; 9 Kalsium Street, Belview, Upington, 062 589 0682  
*Upington* 8801; ajansen198361@gmail.com

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**Jansen** Johnny & Laurika, Ava, Leoniece; 9 Kalsium 061 364 0464(J)  
*Upington* Street, Belview, Upington, 8801; Posbus 061 813 0802(J)  
 2129, Upington, 8800

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**Januarie** Meleney, Jean-Claude, 081 424 8149(M)  
*Windhoek Senior Park* Damian, Tayla; 26 Villa Manzi,  
 Sesriem street, Kleine Kuppe; Posbus 5751,  
 Aussspannplatz; meleney@nampharm.com.na

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**Kurz** Emil & Katie, Mercy, Monalisa; 1 Werf 067 30 4512 H  
*Otiwarongo* street, Otiwarongo; Posbus 1241, 081 127 7910(E)  
 Otiwarongo; emkurz@iway.na(E) 067307449 Fax  
 081 2754454(Me)

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**Landsberg** Adrian; 43 Pima Street, Aggeneys, 073 170 0483(A)  
*Aggeneys* 8893; PO Box 343, Aggeneys, 8893.; 054 972 9712H  
 (-29.2369250, 18.8401330)

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**Pieterse** Lorna  
**Pottie** Eldon & Claire, Liam  
**Swartz** Katie  
**Van der Walt** (All mtgs:Elder)/Eddie

Okaruaku

**Du Plessis** André

Windhoek Khomasdal

**Diergaardt** Elizabeth, Micaelo, Chrizano  
**Pieterse** (Elder) Brian & Anita  
**Schwartz** Sophia, Susan  
**Shand** (Elder) Trevor & Marlene, Joshua, Jesse  
**Van der Walt** Stephanie  
**Van Heerden** Wilma  
**Van Wyk** Christopher, Timlica

<b>Louw</b>	Joey & Desmond, Lemise & Zandré; 74	081 694 1495(D)	<i>Walvisbaai</i>	Neptune Street, Narraville, Walvisbaai.	081 441 3949(J)
<b>Louw</b>	Deon & Tania, Lauren; 2 Uhlard	081 272 6116(D)	<i>Windhoek Senior Park</i>	Heights, Kenneth Kaunda street,	081 154 6600(D)
	Windhoek; Posbus 3934, Vineta;	081 229 6196(T)			
<b>Louw</b>	Piet; 20 Potgieter Street, Pioneers	081 240 2669	<i>Windhoek Senior Park</i>	Park, Windhoek, Namibia, Senior	
	Park, M2				
<b>Neil</b>	Natalie, Tyrick; 43 Pima Street, Aggeneys,	082 433 8810(N)	<i>Aggeneys</i>	8893; PO Box 343, Aggeneys, 8893;	
	natalien82@gmail.com; (-29.2369250,				
	18.8401330)				
<b>Nel</b>	Jan & Julia; 31 Augrabies Str, Upington,	066 030 1322(JA)	<i>Upington</i>	8800; (G6XR+JJC Upington, South Africa) 071 563 0888(JU)	
<b>Opperman</b>	Danie; Pias Arm 356, Okahandja	081 605 1946	<i>Okahandja</i>		
<b>Opperman</b>	Wieks; Belle Rio Lifestyle Estate.	+2763 212 2886	<i>Upington</i>	1 Louisvale Rd. Upington 8801;	
	wieks.opperman@gmail.com;				
	(-28.4416350, 21.2749340)				
<b>Opperman</b>	Grietha; 8 Albert Street.	+27 71 443 8113	<i>Windhoek Senior Park</i>	Pionierspark.	
<b>Pieterse</b>	Brian & Anita; 346 Hydra street,	081 424 0495	<i>Windhoek Khomasdal</i>	Dorado Park; Posbus 5751,	
	Ausspannplatz; briandp019@gmail.com				
<b>Pieterse</b>	Lorna; 20 Potgieter Street, Pioneers	061 30 7703	<i>Windhoek Senior Park</i>	Park, Windhoek, Namibia, Senior	081 346 4604
	Park, Unit O1; Posbus 5751,				
	Ausspannplatz; perlon@iway.na				
<b>Pottie</b>	Eldon & Claire, Liam;	+264 81 574 0278(E)	<i>Windhoek Senior Park</i>	Oracles Complex number	+264 81 466 0734(C)
	16. Cnr of Sean McBride and Esther Brand	073 937 2173(C)			
	street. Olympia; eldonpottie@gmail.com(E) ,				
	clairwestcott@webmail.co.za(C)				
<b>Schwartz</b>	Sophia, Susan; 20 Florence	081 222 8202(So)	<i>Windhoek Khomasdal</i>	Nighthingale, Windhoek, Namibia; 081 875 5533(Su)	
	Posbus 8378, Bachbrecht				

<b>Shand</b>	Trevor & Marlene, Joshua, <i>Windhoek Khomasdal</i> Jesse; 271 Chrisopraas Street, M081 294 4314(M) Khomasdal, Windhoek, Namibia; Posbus 8378, Bachbrecht; trevor.shand25@gmail.com(T)	081 145 8365(T)
<b>Smith</b>	Susan & Sakkie, Sakkie jr; Plot, Jooste <i>Upington</i> Eiland pad.; Posbus 1441, Upington, 8800; 084 586 6711(Su) (G6CQ+PF7 Upington, South Africa)	054 334 0047H
<b>Strämke</b>	Ansie & Max; 335 Hoogenhout street, <i>Okahandja</i> Okahandja; Posbus 55, Okahandja; anja@iafrica.com.na	062 50 1459 081 245 4854(A)
<b>Swartz</b>	Katie; 4 Easton Court, 954 <i>Windhoek Senior Park</i> Nelson Mandela Ave; Posbus 5725, Aussspanplatz; katieswartz30@gmail.com	081 837 2901(K)
<b>Swart</b>	Leon & Hanneljje; Okurusu <i>Otjiwarongo</i> Mine; 2leonswart@gmail.com(L) , leonswart@gecko.na(L)	081 144 8144(L) 081 661 5657(H)
<b>Van Heerden</b>	Danie & Jeanette, Daniella; 2de Straat <i>Walvisbaai</i> Noord no 35; Posbus 1206, Walvisbaai	081 646 1522
<b>Van Heerden</b>	Wilma; Farm Ombuindja; <i>Windhoek Khomasdal</i> wilmavanheerden73@gmail.com; (-22.2825490, 16.9091940)	081 393 9663
<b>Van Wyk</b>	Chet & Zuzette; 17 Protea Street, <i>Walvisbaai</i> Walvis Bay; Posbus 3941, Walvisbaai; chet.vanwyk@icloud.com(C)	081 124 2077(C) 081 388 8430(S)
<b>Van Wyk</b>	Christopher, Timiica; Lazarette House. Unit 5. Julius <i>Windhoek Khomasdal</i> K Nyerere Street, Windhoek	
<b>Van der Walt</b>	Stephanie; 74 Mosé Tjitendero street, <i>Windhoek Khomasdal</i> Olympia, Windhoek, Namibia; Posbus 518, Windhoek; svdw@iway.na	081 124 6252
<b>Van der Walt</b>	Eddie; 20 Potgieter Street, Pioneers <i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior Park, B4; Posbus 518, Windhoek	081 351 6779
<b>Vries</b>	Kynan & Nadine, Aiden, Kadene, <i>Rehoboth</i> Lillian; Erf 458 block A, Rehoboth; Posbus 3360, Rehoboth; (M3PJ+GJQ Rehoboth, Namibia)	+264 81 641 5999(K)

## Namibia & Upington

### Aggeneys

**Landsberg** Adrian

**Nell** Natalie, Tyrick

### Okahandja

**Bezuidenhoudt** Leonie & Kobus

**Du Preez** Rika

**Opperman** Danie

**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

**Swart** (All mtgs;Elder)Leon & Hanneljje

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (All mtgs)Marjan

**Huisamen** (Elder)Helmon & El-Selene

### Upington

**Coetzee** Lien

**Jansen** Alicia

**Jansen** Johnny & Laurika, Ava, Leoniece

**Nel** (All mtgs;Elder)Jan & Julia

**Opperman** Wieks

**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré

**Van Heerden** Danie & Jeanette, Daniella

**Van Wyk** Chet & Zuzette

### Windhoek Senior Park

**De Villiers** Kobus

**Januarie** Meleney, Jean-Claude, Damian, Tayla

**Louw** Deon & Tania, Lauren

**Louw** Piet

**Opperman** Grietha