

Namibia & Upington

January 5, 2026

<b>Bezuidenhoudt</b>	Leonie & Kobus; Bellevue Villa <i>Okahandja</i> Erf 06-16, Osona Village.; leonora.engelbrecht@gmail.com(L)	081 363 8020
<b>Coetzee</b>	Lien; c/o Susan Smith. Plot, Jooste Eiland pad <i>Upington</i>	083 555 9080
<b>Diergaardt</b>	Elizabeth, Micaelo, Chrizano; <i>Windhoek Khomasdal</i> Windhoek	+264813411635(E)
<b>Du Plessis</b>	Bernice; Windhoek <i>NAM Contacts</i>	+264 81 247 8361
<b>Du Plessis</b>	André; Plaas "Okaruaku"; Posbus 518, <i>Okaruaku</i> Windhoek; alaskafarming@iway.na	081 122 1402 062 56 1434
<b>Du Preez</b>	Rika; 580 Vierde lane, Okahandja; Posbus <i>Okahandja</i> 719, Okahandja; tyka@mweb.com.na	062 50 1247 081 128 1247
<b>Havemann</b>	Marjan; W/s 31, On the Beach, Sandpiper <i>Swakopmund</i> Rd, Swakopmund; Posbus 1633, Swakopmund; 100343h@iway.na	064 40 0005 081 246 6433
<b>Huisamen</b>	Helmon & El-Selene; 5079 <i>Swakopmund</i> Omumborombonga Street, Swakopmund; Posbus 80743, Olympia; helmon@iway.na(H) , elseleneh@gmail.com(E)	061 401 149 H/F 081 124 7701(H) 081 207 4880(E)
<b>Jansen</b>	Alicia; 9 Kalsium Street, Belview, Upington, <i>Upington</i> 8801; ajansen198361@gmail.com	062 589 0682
<b>Jansen</b>	Johnny & Laurika, Ava, Leoniece; 9 Kalsium <i>Upington</i> Street, Belview, Upington, 8801; Posbus 2129, Upington, 8800	061 364 0464(J) 061 813 0802(J)
<b>Januarie</b>	Meleney, Jean-Claude, <i>Windhoek Senior Park</i> Damian, Tayla; 26 Villa Manzi, Sesriem street, Kleine Kuppe; Posbus 5751, Ausspannplatz; meleney@nampharm.com.na	081 424 8149(M)
<b>Kurz</b>	Emil & Katie, Mercy, Monalisa; 1 Werf <i>Otiwarongo</i> street, Otiwarongo; Posbus 1241, Otiwarongo; emkurz@iway.na(E)	067 30 4512 H 081 127 7910(E) 067307449 Fax 081 2754454(Me)
<b>Landsberg</b>	Adrian; 43 Pima Street, Aggeneys, <i>Aggeneys</i> 8893; PO Box 343, Aggeneys, 8893.; (-29.2369250, 18.8401330)	073 170 0483(A) 054 972 9712H
<b>Louw</b>	Joey & Desmond, Lemise & Zandré; 74 <i>Walvisbaai</i> Neptune Street, Narraville, Walvisbaai.	081 694 1495(D) 081 441 3949(J)

Windhoek Senior Park

**Januarie** Meleeney, Jean-Claude, Damian, Tayla  
**Louw** Deon & Tania, Lauren  
**Louw** Piet  
**Opperman** Danie  
**Pieterse** Lorna  
**Swartz** Katie  
**Van der Walt** (All mtgs;Elder)Eddie

Okaruaku

**Du Plessis** Andre

Windhoek Khomasdal

**Diergaardt** Elizabeth, Micaelo, Chrizano  
**Schwartz** Sophia  
**Shand** (Elder) Trevor & Marlene, Joshua, Jesse  
**Van der Walt** Stephanie  
**Van Heerden** Wilma  
**Van Wyk** Christopher

<b>Louw</b>	Deon & Tania, Lauren; 2 Uhlard 081 272 6116(D) <i>Windhoek Senior Park</i> Heights, Kenneth Kaunda street, 081 154 6600(D) Windhoek; Posbus 3934, Vineta; 081 229 6196(T) deonlo@yahoo.na	<b>Louw</b>	Piet; 20 Potgieter Street, Pioneers 081 240 2669 <i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior Park, M2	<b>Neil</b>	Natalie, Tyrick; 43 Pima Street, Aggeneys, 082 433 8810(N) <i>Aggeneys</i> 8893; PO Box 343, Aggeneys, 8893; natalien82@gmail.com; (-29,2369250, 18,8401330)	<b>Neil</b>	Jan & Julia; 31 Augrabies Str, Upington, 066 030 1322(JA) <i>Upington</i> 8800; (G6XR+JJC Upington, South Africa) 071 563 0888(JU) <b>Opperman</b> Wieks; Belle Rio Lifestyle Estate. +2763 212 2886 <i>Upington</i> 1 Louisvale Rd. Upington 8801; wieks.opperman@gmail.com; (-28,4416350, 21,2749340)	<b>Opperman</b>	Danie; Plaas Arm 356, Okahandja 081 605 1946 <i>Windhoek Senior Park</i>	<b>Pieterse</b>	Anita; 346 Hydra street, Dorado 081 424 0495 <i>NAM Contacts</i> Park; Posbus 5751, Ausspamplatz; briannp019@gmail.com	<b>Pieterse</b>	Lorna; 20 Potgieter Street, Pioneers 061 30 7703 <i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior Park, Unit O1; Posbus 5751, Ausspamplatz; perlon@iway.na	<b>Pottie</b>	Eldon & Claire, Liam; Outside +264 81 574 0278(E) <i>NAM Contacts</i> Windhoek; eidonpottie@gmail. +264 81 466 0734(C) com(E) , clairewestcott@webmail.co.za(C) 073 937 2173(C)	<b>Schwartz</b>	Sophia; c/o 271 Chrisopraas 081 222 8202(So) <i>Windhoek Khomasdal</i> Street, Khomasdal, Windhoek, Namibia	<b>Schwartz</b>	Susan; 20 Florence Nighthingale, 081 875 5533(Su) <i>Windhoek Khomasdal</i> Windhoek, Namibia; Posbus 8378, Bachbrect	<b>Shand</b>	Trevor & Marlene, Joshua, 081 145 8365(T) <i>Windhoek Khomasdal</i> Jesse; C2PX+WQ7 Windhoek, M081 294 4314(M) Namibia; Posbus 8378, Bachbrect; trevor.shand25@gmail.com(T)
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**Smith** Susan & Sakkie, Sakkie jr; Plot, Jooste 054 334 0047H  
*Upington* Eiland pad.; Posbus 1441, Upington, 8800; 084 586 6711(Su)  
 (G6CQ+PF7 Upington, South Africa)

**Strämke** Ansie & Max; 335 Hoogenhout street, 062 50 1459  
*Okahandja* Okahandja; Posbus 55, Okahandja; 081 245 4854(A)  
 anja@iafrica.com.na

**Swartz** Katie; 4 Easton Court, 954 081 837 2901(K)  
*Windhoek Senior Park* Nelson Mandela Ave; Posbus  
 5725, Aussspanplatz; katieswartz30@gmail.com

**Swart** Leon & Hannetjie; Kunene River 081 144 8144(L)  
*NAM Contacts* Lodge; 2leonswart@gmail.com(L) , 081 661 5657(H)  
 leonswart@gecko.na(L)

**Van Heerden** Eduard & Manette; Farm Ombuindja+264 81 165 8989  
*NAM Contacts*

**Van Heerden** Danie & Jeanette, Daniella; 2de Straat 081 646 1522  
*Walvisbaai* Noord no 35; Posbus 1206, Walvisbaai

**Van Heerden** Wilma; Farm Ombuindja; 081 393 9663  
*Windhoek Khomasdal* wilmavanheerden73@gmail.com;  
 (-22.2825490, 16.9091940)

**Van Wyk** Chet & Zuzette, Timiica; 17 Protea Street, 081 124 2077(C)  
*Walvisbaai* Walvis Bay; Posbus 3941, Walvisbaai; 081 388 8430(S)  
 chet.vanwyk@icloud.com(C)

**Van Wyk** Christopher; Lazarette House. Unit 5. Julius K  
*Windhoek Khomasdal* Nyerere Street, Windhoek

**Van der Nest** Bruce; Unit 12, Rautenburg Estates, 063274523 H  
*NAM Contacts* Rautenbach Street, Klein Windhoek, 811223545  
 Windhoek; PO Box 11360, Klein Windhoek,  
 Windhoek, 11009; brucenjanet@gmail.com

**Van der Walt** Stephanie; 74 Mosé Tjitendero street, 081 124 6252  
*Windhoek Khomasdal* Olympia, Windhoek, Namibia; Posbus  
 518, Windhoek; svdw@iway.na

**Van der Walt** Eddie; 20 Potgieter Street, Pioneers 081 351 6779  
*Windhoek Senior Park* Park, Windhoek, Namibia, Senior  
 Park, B4; Posbus 518, Windhoek

**Vries** Kynan & Nadine, Aiden, Kadene, +264 81 641 5999(K)  
*Rehoboth* Lillian; Erf 458 block A, Rehoboth;  
 Posbus 3360, Rehoboth; (M3PJ+GJQ  
 Rehoboth, Namibia)

## Namibia & Upington

### Aggeneys

**Landsberg** Adrian  
**Nell** Natalie, Tyrick

### NAM Contacts

**Du Plessis** Bernice  
**Pieterse** Anita  
**Pottie** Eldon & Claire, Liam  
**Swart** (*All mtgs; Elder*) Leon & Hannetjie  
**Van der Nest** Bruce  
**Van Heerden** Eduard & Manette

### Okahandja

**Bezuidenhoudt** Leonie & Kobus  
**Du Preez** Rika  
**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM, SunPM*) Marjan  
**Huisamen** (*Wed; Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien  
**Jansen** Alicia  
**Jansen** Johnny & Laurika, Ava, Leoniece  
**Nel** (*All mtgs; Elder*) Jan & Julia  
**Opperman** Wieks  
**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré  
**Van Heerden** Danie & Jeanette, Daniella  
**Van Wyk** Chet & Zuzette, Timiica