

Namibia & Upington

December 27, 2025

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Windhoek Senior Park

**LOW** *Wimdhok Senior Park* Heights, Kenedi Kauda street, 081 154 6600(D)  
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<b>LLOW</b> Piet, 20 Potgieter Street, Piонeers 081 240 2669 Wimdhoeck Senior Park Park, Windhoeek, Namibia, Senior	<b>NELL</b> Natalie, Tyrik, 43 Pima Street, Aggeneys, 082 433 8810(N) Aggeneys 8893, PO Box 343, Aggeneys, 8893; natalien82@gmail.com, (-29.2369250,	<b>18.8401330</b> 18.8401330)
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Shand	Trevor & Marlene, Joshua, Windhoek Posbus 8378, Namibia; 081 145 8365(T)	Windhoek Khomasdal Jesse; CPX+WQ7 Windhoek, M081 294 4314(M)	Namibia; Posbus 8378, Bachbrecht;	Windhoek Posbus 8378, Bachbrecht;	Windhoek Khomasdal Jesse; CPX+WQ7 Windhoek, M081 294 4314(M)	Shand
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**Shand** Trevor & Marlene, Joshua,  
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Okaraku

Van der Watt (All mtgs;Elder) Eddie

Du Plessis André

Januarie Meleney, Jean-Claude, Damián, Tayla

**Louw Pret** Louw Pret Design & Interiors, Laatzen  
**Opperman Daniëtte** Opperman Daniëtte  
**Pletserse Lorma** Pletserse Lorma  
**Swarz Katrie** Swart Katrie (All mtgs; Elder) Eddie  
**Van der Watt** Van der Watt (All mtgs; Elder) Eddie

Du Plessis /

Du Plessis Andre  
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## Namibia & Upington

### Aggeney

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**Nell** Natalie, Tyrick

### NAM Contacts

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**Swart** (*All mtgs;Elder*) Leon & Hannetjie  
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### Okahandja

**Bezuidenhoudt** Leonie & Kobus  
**Du Preez** Rika  
**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM,SunPM*) Marjan  
**Huisamen** (*Wed;Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien  
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**Jansen** Johnny & Laurika, Ava, Leoniece  
**Nel** (*All mtgs;Elder*) Jan & Julia  
**Opperman** Wieks  
**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré  
**Van Heerden** Danie & Jeanette, Daniella  
**Van Wyk** Chet & Zuzette, Timiica