

# Namibia & Upington

April 20, 2025

---

**Bezuidenhoudt** Leonie & Kobus; Bellevue Villa 081 363 8020  
*Okahandja* Erf 06-16, Osona Village.;  
 leonora.engelbrecht@gmail.com(L)

---

**Coetzee** Lien; c/o Susan Smith. Plot, Jooste Eiland pad083 555 9080  
*Upington*

---

**De Villiers** Kobus; Avas Hills Retirement +264 81 124 6874  
*Windhoek Senior Park* Village, Block B - Unit 113,  
 Montreux Street, Avasblick, Windhoek, Namibia;  
 jacpdev@gmail.com

---

**Diergaardt** Elizabeth, Micaelo, Chrizano; +264813411635(E)  
*Windhoek Khomasdal* Windhoek

---

**Du Plessis** André; Plaas "Okaruaku"; Posbus 518, 081 122 1402  
*Okaruaku* Windhoek; alaskafarming@iway.na 062 56 1434

---

**Du Preez** Rika; 580 Vierde lane, Okahandja; Posbus 062 50 1247  
*Okahandja* 719, Okahandja; tyka@mweb.com.na 081 128 1247

---

**Havemann** Marjan; W/s 31, On the Beach, Sandpiper 064 40 0005  
*Swakopmund* Rd, Swakopmund; Posbus 1633, 081 246 6433  
 Swakopmund; 100343h@iway.na

---

**Huisamen** Helmon & El-Selene; 5079 061 401 149 H/F  
*Swakopmund* Omumborombonga Street, 081 124 7701(H)  
 Swakopmund; Posbus 80743, Olympia; 081 207 4880(E)  
 helmon@iway.na(H) , elseleneh@gmail.com(E)

---

**Jansen** Alicia; 9 Kalsium Street, Belview, Upington, 062 589 0682  
*Upington* 8801; ajansen198361@gmail.com

---

**Jansen** Johnny & Laurika, Ava, Leoniece; 9 Kalsium 061 364 0464(J)  
*Upington* Street, Belview, Upington, 8801; Posbus 061 813 0802(J)  
 2129, Upington, 8800

---

**Januarie** Meleney, Jean-Claude, 081 424 8149(M)  
*Windhoek Senior Park* Damian, Tayla; 26 Villa Manzi,  
 Sesriem street, Kleine Kuppe; Posbus 5751,  
 Ausspannplatz; meleney@nampharm.com.na

---

**Kurz** Emil & Katie, Mercy, Monalisa; 1 Werf 067 30 4512 H  
*Otiwarongo* street, Otiwarongo; Posbus 1241, 081 127 7910(E)  
 Otiwarongo; emkurz@iway.na(E) 067307449 Fax  
 081 2754454(Me)

---

**Landsberg** Adrian; 43 Pima Street, Aggeneys, 073 170 0483(A)  
*Aggeneys* 8893; PO Box 343, Aggeneys, 8893.; 054 972 9712H  
 (-29.2369250, 18.8401330)

---

---

**Louw** Joey & Desmond, Lemise & Zandr ; 74 081 694 1495(D)  
*Walvisbaai* Neptune Street, Narraville, Walvisbaai. 081 441 3949(J)

---

**Louw** Deon & Tania, Lauren; 2 Uhland 081 272 6116(D)  
*Windhoek Senior Park* Heights, Kenneth Kaunda street, 081 154 6600(D)  
 Windhoek; Posbus 3934, Vineta; 081 229 6196(T)  
 deonlo@yahoo.na

---

**Louw** Piet & Mary; 20 Potgieter Street, 081 240 2669(P)  
*Windhoek Senior Park* Pioneers Park, Windhoek, 081281 9602(M)  
 Namibia, Senior Park, M2

---

**Nell** Natalie, Tyrick; 43 Pima Street, Aggeneys, 082 433 8810(N)  
*Aggeneys* 8893; PO Box 343, Aggeneys, 8893;  
 natalien82@gmail.com; (-29.2369250,  
 18.8401330)

---

**Nel** Jan & Julia; 31 Augrabies Str, Upington, 067 894 3883(JA)  
*Upington* 8800; (G6XR+JJQ Upington, South Africa) 074 524 2844(JA)  
 066 030 1322(JA)  
 071 563 0888(JU)

---

**Opperman** Danie; Plaas Arm 356, Okahandja 081 605 1946  
*Okahandja*

---

**Opperman** Wieks; Belle Rio Lifestyle Estate. +2763 212 2886  
*Upington* 1 Louisvale Rd. Upington 8801;  
 wieks.opperman@gmail.com;  
 (-28.4416350, 21.2749340)

---

**Opperman** Grietha; 8 Albert Street. +27 71 443 8113  
*Windhoek Senior Park* Pionierspark.

---

**Pieterse** Brian & Anita; 346 Hydra street, 081 424 0495  
*Windhoek Khomasdal* Dorado Park; Posbus 5751,  
 Ausspannplatz; brianp019@gmail.com

---

**Pieterse** Lorna; 20 Potgieter Street, Pioneers 061 30 7703  
*Windhoek Senior Park* Park, Windhoek, Namibia, Senior 081 346 4604  
 Park, Unit O1; Posbus 5751,  
 Ausspannplatz; perlon@iway.na

---

**Pottie** Eldon & Claire, Liam; +264 81 574 0278(E)  
*Windhoek Senior Park* Oracles Complex number +264 81 466 0734(C)  
 16. Cnr of Sean McBride and Esther Brand 073 937 2173(C)  
 street. Olympia; eldonpottie@gmail. com(E) ,  
 claiwestcott@webmail.co.za(C)

---

|  |   |                                      |
|--|---|--------------------------------------|
| <b>Schwartz</b><br><i>Windhoek Khomasdal</i>       | Sophia, Susan; 20 Florence Nightingale, Windhoek, Namibia; Posbus 8378, Bachbrecht  | 081 222 8202(So)<br>081 875 5533(Su) |
| <b>Shand</b><br><i>Windhoek Khomasdal</i>          | Trevor & Marlene, Joshua, Jesse; 271 Chrisopraas Street, Khomasdal, Windhoek, Namibia; Posbus 8378, Bachbrecht; trevor.shand25@gmail.com(T) | 081 145 8365(T)<br>M081 294 4314(M)  |
| <b>Smith</b><br><i>Upington</i>                    | Susan & Sakkie, Sakkie jr; Plot, Jooste Eiland pad.; Posbus 1441, Upington, 8800; (G6CQ+PF7 Upington, South Africa)                         | 054 334 0047H<br>084 586 6711(Su)    |
| <b>Strämke</b><br><i>Okahandja</i>                 | Ansie & Max; 335 Hoogenhout street, Okahandja; Posbus 55, Okahandja; anja@iafrica.com.na  | 062 50 1459<br>081 245 4854(A)       |
| <b>Swartz</b><br><i>Windhoek Senior Park</i>       | Katie; 4 Easton Court, 954 Nelson Mandela Ave; Posbus 5725, Ausspanplatz; katieswartz30@gmail.com   | 081 837 2901(K)                      |
| <b>Swart</b><br><i>Otjiwarongo</i>                 | Leon & Hanneltjie; Okurusu Mine; 2leonswart@gmail.com(L) , leonswart@gecko.na(L)  | 081 144 8144(L)<br>081 661 5657(H)   |
| <b>Van Heerden</b><br><i>Walvisbaai</i>            | Danie & Jeanette, Daniella; 2de Straat Noord no 35; Posbus 1206, Walvisbaai   | 081 646 1522                         |
| <b>Van Heerden</b><br><i>Windhoek Khomasdal</i>    | Wilma; Farm Ombuindja; wilmavanheerden73@gmail.com; (-22.2825490, 16.9091940)   | 081 393 9663                         |
| <b>Van Wyk</b><br><i>Walvisbaai</i>                | Chet & Zuzette; 17 Protea Street, Walvis Bay; Posbus 3941, Walvisbaai; chet.vanwyk@icloud.com(C)  | 081 124 2077(C)<br>081 388 8430(S)   |
| <b>Van Wyk</b><br><i>Windhoek Khomasdal</i>        | Christopher, Timiica; Lazarette House. Unit 5. Julius K Nyerere Street, Windhoek  |                                      |
| <b>Van der Walt</b><br><i>Windhoek Khomasdal</i>   | Stephanie; 74 Mosé Tjitendero street, Olympia, Windhoek, Namibia; Posbus 518, Windhoek; svdw@iway.na  | 081 124 6252                         |
| <b>Van der Walt</b><br><i>Windhoek Senior Park</i> | Eddie; 20 Potgieter Street, Pioneers Park, Windhoek, Namibia, Senior Park, B4; Posbus 518, Windhoek   | 081 351 6779                         |
| <b>Vries</b><br><i>Rehoboth</i>                    | Kynan & Nadine, Aiden, Kadene, Lillian; Erf 458 block A, Rehoboth; Posbus 3360, Rehoboth; (M3PJ+GJQ Rehoboth, Namibia)                      | +264 81 641 5999(K)                  |

---

## Namibia & Upington

### Aggeneys

**Landsberg** Adrian

**Nell** Natalie, Tyrick

### Okahandja

**Bezuidenhoudt** Leonie & Kobus

**Du Preez** Rika

**Opperman** Danie

**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

**Swart** (*All mtgs; Elder*) Leon & Hannetjie

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*All mtgs*) Marjan

**Huisamen** (*Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien

**Jansen** Alicia

**Jansen** Johnny & Laurika, Ava, Leoniece

**Nel** (*All mtgs; Elder*) Jan & Julia

**Opperman** Wieks

**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré

**Van Heerden** Danie & Jeanette, Daniella

**Van Wyk** Chet & Zuzette

### Windhoek Senior Park

**De Villiers** Kobus

**Januarie** Meleney, Jean-Claude, Damian, Tayla

**Louw** Deon & Tania, Lauren

**Louw** Piet & Mary

**Opperman** Grietha

**Pieterse** Lorna  
**Pottie** Eldon & Claire, Liam  
**Swartz** Katie  
**Van der Walt** (*All mtgs;Elder*)Eddie

Okaruaku

**Du Plessis** André

Windhoek Khomasdal

**Diergaardt** Elizabeth, Micaelo, Chrizano  
**Pieterse** (*Elder*)Brian & Anita  
**Schwartz** Sophia, Susan  
**Shand** (*Elder*)Trevor & Marlene, Joshua, Jesse  
**Van der Walt** Stephanie  
**Van Heerden** Wilma  
**Van Wyk** Christopher, Timiica