

January 15, 2026

Cape Peninsula - South

Abrahams Steven & Bronwyn, Jude, Jared; 24 <i>Tygerdal</i> Freesia Road, Tygerdal, Goodwood, 7460; bronwyn.abrahams77@gmail.com(B) , steven.abrahams@eskom.co.za(S)	0828992051(S) 021 591 2107 +2771 670 8690(B)
Abrahams Timothy; c/o Steven & Bronwyn 24 Freesia <i>Tygerdal</i> Road, Tygerdal, Goodwood, 7460	079 355 8037 215912107
Adams Lorraine; 5 Oleander St, Lentegeur, Mitchells <i>Westridge</i> Plain, 7786	079 868 6283
Adams Marlene; 36 Tracey street,Weltevreden <i>Westridge</i> Glen, Colorado Park, 7785; marleneadams66@gmail.com	078 036 8462
Adonis Derick & Lettie; 1 Thomas Street, <i>Westgate</i> Westgate, Cape Town, 7798; derickadonis@gmail.com(D)	069 105 8639(D) 081 783 5162(L) +27 79 336 5149(D)
Bailey Helena, Cecelia; 42 Hibiscus Road, <i>Westridge</i> Lentegeur, 7785	+2771 092 3017(H) +27780325731(C)
Bosch Freddie & Betty; 92 Koppiesdam Rd, <i>Bishop Lavis</i> Bishop Lavis, 7490	084 586 9747(B) 079 426 9455(F)
Brandt Peter; 16 Raleigh Road, Mowbray, Cape Town, 073 257 2911 <i>Fairways</i> 7700	
Burger Yvonne; 140 Dennegeur Ave, Strandfontein, <i>Westgate</i> 7798	079 037 4980
Cameron Rodney & Alvira; 5 Van Schalkwyk <i>Rondebosch East</i> Rd, Rondebosch East, 7780; P O Box 36464, Glosderry, 7702; rodcam888@gmail.com(R)	082 904 3300(R) 082 792 8700(A) 021 697 3384
Camfer Sarah; 29 7th Street, Kensington, 7405 <i>Tygerdal</i>	072 576 5527
Cedras Donavan & Dorothy, Micheala; 37 Lau- <i>Penhill Estate</i> rimer Street, Penhill Estate, Eersteriv- ier, 7100; donavan.cedras@gmail.com(Dv)	079 507 1629(Dv) 081 048 2481(Dr) 0683278734(M)
Daames Sherwyn, Sherné; 5 Theatre Close <i>Westgate</i>	079 1110453(S) sdaames2011@gmail.com(S)
Dagnin Roberta; 36 Tracey street Weltevreden Glen <i>Westridge</i> Colorado Park; robertadagnin12@gmail.com	067 993 4265
Dagnin Tanya, Aidan; c/o Roberta Dagnin <i>Westridge</i>	

Platteklip W;Dyason, S @ Fevrier, J

Van Rooijen Nadia & Erik, Raymond, Gemma, Kayleigh
Rosebank House W am;Snyder, J
Dick Joyce
Fraser (<i>not able to attend mtgs</i>)
Robinson Elizabeth
Snyder (<i>SunAM;Elder;Wed AM. Mtg in sun room close to Joyce Dick.)Jeffrey & Shirley</i>
Teixeira Cherryl
Tygerdal WedPM;19h00 @ Abrahams, S
Abrahams (<i>All mtgs;Elder;Elder; All meetings, takes Sun AM)Steven & Bronwyn, Jude, Jared</i>
Abrahams (<i>Takes PM meeting)Timothy</i>
Camfer Sarah
Dammert Patsy
Ewertse Desiree
Gihwala Jean
Smith Mervyn
Solomon Arlene, Allandore, Cheslin
Volkwyn Pam
Wyngaard Maggie
Westridge W;Daames, S @ O' Ryan, Stanley
Adams Lorraine
Adams Marlene
Adonis (<i>SunAM,SunPM;Elder;Elder Sun AM: Takes meeting in Sherwyn's Home)Derick & Lettie</i>
Burger Yvonne
Daames (<i>Takes Wed PM @ Westridge)Sherwyn, Sherné</i>
Dagnin Roberta
Dagnin Tanya, Aidan
Dzvokora Obvious & Nomvuso, Tanaka, Tinashé
Jaftha Christopher, Angelique, Giovanni
Jaftha Mary, Joshua, Qewin
O'Ryan Reuben & Joyce
O'Ryan (<i>SunAM,Wed;Elder;Elder Sun Am; All meetings; Westgate attends the PM meetings)Stanley & Sandra</i>
Solomon (<i>Takes Sun PM)Edwin & Reyhana, Eva</i>

Samuels Sylvia	unable to attend meetings currently)Peggy	Snyder	Ferdinand & Gertrude	Penhill Estate W;Webber, M
Dammett	Patsy; 88 Monte Vista Boulevard, Monte Vista, 7460; dammettpatsy@gmail.com	Davids	Eileen; 8 Concordia st, Devon Park, Eerste 071 189 2554	King Ear & Cassandra, Bella, Ava, Chloe, Scott
Dick	Joyce; Rosebank House, 42 Alma Penhill Estate River	Dick	Rosebank House Road, Room 2, Rosebank, 7700; joycedick123@gmail.com	Cameron (SunAM,SunPM,Elder)Rodney & Alvira
Du Plessis	Pieter & Wendy; 1 Melkhoust Crescent, Plattekloof, Crescent, Plattekloof 3, 7500; dphp- 082 781 1022(P)	Dun	Christopher & Felicity; 6 Fifth Ave, Fairways, 083 373 1023(C) Fairways 7945; chrisdun@webmail.co.za(C)	Foye Chatherine
Dun	Shalim & Michelle, Sharne, Mikayla; 15 Steenberg, Lombard, Joshua; Annandale Cr, 12 796843314	Dun	Keziah, Lombard, Joshua; Annandale Cr, 12 7945; keziacdunn@gmail.com	Legg Bradley
Dun	Shalim & Michelle, Sharne, Mikayla; 15 Steenberg, Stellia Rd, Plumstead, 7800 (Mikayla in Bloom); michelle.dunn@johnbrownmedia.com(M)	Dun	Theresa; Annandale Cr, 12 Annandale Rd, Flat No 14, Dip Rivier, 7945; duntheresa@gmail.com	Rueger Denysse
Duthie	Maren; 30 Canal Rd, Woodlands Fairways Park, Wetton, 7780; canarialoadedu-	Dyason	Stephen; 107 Palm Spring, Oasis Retirement 082 886 8212 Plattekloof Resort, Oasias Lane, Centurion City, 7441;	Van Wyk (Takes Wed pm @7:30pm)Christopher & Jenina
Dyason	Stephen; 66 Sandstone way, Stoneyhurst Mount. 082 903 8402 Steenberg train Estate, Cape Town; jdyason@ gmail.com 081 374 7277	Dyason	Janine; 66 Sandstone way, Nomvuso, Tanaka, 078 813 9312(O) Dyason Janine; 66 Sandstone way, Stoneyhurst Mount. 082 903 8402	Du Plessis (SunAM,SunPM,Elder)Peter & Wendy
Dzokora	Obivous & Nomvuso, Tanaka, 078 813 9312(O) Dzokora Obivous & Nomvuso, Tanaka, 079 599 6131(N)	Dyason	Stephen@dyasons.co.za	Platteklief (Takes Wed PM@7:30)Julianna
Erasmus	Ashleigh & Jodie, Isabella, Luca; Grassi Park 72, Sixth Ave, Grassy Park, 7945; asheyerasmus@gmail.com(A), 0610942039(A)	Erasmus	Asheigh & Jodie, Isabella, Luca; Grassi Park 72, Sixth Ave, Grassy Park, 7945; asheyerasmus@gmail.com(A), 0610942039(A)	Hall Keith & Molly
Fau	(Takes Sun pm afternoons with Michael)Armo (Takes Sun pm @7:30pm)Alternates with Arnulf Fau (Takes Sun pm @7:30pm)Alternates with Arnulf	Fau	(Takes Sun pm afternoons with Michael)Armo (Takes Sun pm @7:30pm)Alternates with Arnulf	Jackson Franklin
Feverier	Wendy; Wed PM@7:30)Julianna (Takes Wed PM@7:30)Julianna	Feverier	Wendy; Wed PM@7:30)Julianna	Monk Yolandi, Michael
Fruit	(Takes Sun pm @7:30pm)Alternates with Arnulf (Takes Sun pm afternoons with Michael)Armo (Takes Sun pm @7:30pm)Alternates with Arnulf	Fruit	(Takes Sun pm afternoons with Michael)Armo (Takes Sun pm @7:30pm)Alternates with Arnulf	Van Niekerk Yolandi & Wynand

Esbend	Mashardo; D131 Musgrave Park, Cnr 188 <i>Pinelands</i> Boundary Road/Old Kendal and Myburg Roads, Diep River, 7945; mashardo@gmail.com	+27792383912
Ewertse	Desiree; 10 Arlington way, Milnerton Ridge, 084 337 4366(D) <i>Tygerdal</i> 7441; ewertsedesiree@gmail.com(D)	
Faul	Arno; Sandown Crescent, Unit D309, 12 <i>Plattekloof</i> Grand National Blvd, Milnerton, 7441; arnofaul@gmail.com	083 369 9257
Faure	Braam & Cherie, Liani, Braam (jnr), 061 364 3113(B) <i>Plattekloof</i> Isabella; 41, Clifton Crescent, Parklands, 061 398 0636(C) Milnerton Rural, Cape Town, 7441; braam.faure@gmail.com	
Faure	Muriel; 41 Clifton Crescent, Parklands, <i>Plattekloof</i> Milnerton Rural, Cape Town, 7441.; mu.faure@gmail.com	074 994 1895
Fevrier	Juliana; 129 Plattekloof Rd, Monte Vista, <i>Plattekloof</i> Cape Town, 7460; julie@travelmanor.co.za	074 124 6460
Foye	Catherine; Oasis Retirement Resort, 803 Palm 082 567 7488 <i>Pinelands</i> Royale, Century Way, Century City, 7441; jwf@iafrica.com	021 250 0936
Franke	Gerald & Mona, Mandi, Elrita; 25 Edna St, 078 217 0623(E) <i>Fairways</i> Montague Gift, Grassy Park, 7945 079 129 8180 (G)	
Fraser	Shani; Rosebank House, Sickbay, 42 <i>Rosebank House</i> Alma Road, Rosebank	021 689 3612
Gihwala	Jean; 8 Moore Street, Parrow valley, Cape <i>Tygerdal</i> Town, 7500	073 381 3425
Green	Ursula, Terence; 6 Gladiator St, Kensington, 079 479 1357(U) <i>Pinelands</i> 7405 072 426 0563(T)	
Grootboom	Aubrey & Florence, Alaric, Enslin; 28 <i>Bishop Lavis</i> Commercial Road, Clarkes, 7490	078 169 8717(A) 074 909 4821(F)
Grootboom	Robert & Marie; 84, 9th Avenue, <i>Bishop Lavis</i> Leonsdale, Elsies River, 7490	083 989 8202 071 184 8977(M) 0781198253(R)
Grootboom	Vanessa; 26 Commercial Rd, Clarkes <i>Bishop Lavis</i>	062 655 7930
Hall	Keith & Molly; 11 Houtman St, Monte <i>Plattekloof</i> Vista, 7460	021 559 2401 076 693 2576(K)

16 Bishop Lavis WedAM@10h30;Middleton, T @ Bosch, F**Mc Lane** Cynthia**Mc Lane** Yvonne**Fairways W am@10h30;Dunn, C****Dunn** (*SunAM;Elder;Wed AM*)Christopher & Felicity**Duthie** (*SunPM*)Marlene**Manuel** Roslyn**Renaud** Mercia**Sassman** (*Wed PM Iona Smith*)Charmaine, Matthew**Vlok** Amanda**Grassy Park WedAM@10h30;O’Ryan, E****Erasmus** Ashleigh & Jodie, Isabella, Luca**O’Ryan** (*SunAM,SunPM;Elder;Wed AM*)Evan & Colleen, Jade, Carlynne**O’Ryan** Maurice & Josephine**Phaal** Hilary, Erica**Ottery No.1 W;Hermans, L****Dunn** (*SunPM;Sun PM, Wed pm @ Iona Smith*)Shalim & Michelle, Sharné, Mikayla**Dunn** Thersia**Dyason** Janine**Hermans** (*Wed PM*)Louis & Merle**Kabamba** (*SunAM;Elder*)Theodore & Nicky, Annabelle, Adriel**Swanepoel** Lizelle**Ottery No.2 W;Dunn, S @ Smith, I****Brandt** Peter**Franke** Gerald & Mona**Jaftha** Mattie, Bettie, Pauline**Martinus** André, Cameron, Andrea**Smith** (*Wed PM*)Iona**Penhill Estate W@19h00;Solomon, F @ Cedras, D****Cedras** (*SunAM,SunPM;Elder; Sun Pm @ 5pm, Wed PM @ 7pm Ferdinand takes the meeting*)Donavan & Dorothy, Micheala**Davids** Eileen**Mannel** Sarah & Pietro, Xenethia**Okkers** Wayne & Enseline, Candice, Aiden, Jadon

Hermans Louis & Merle; 31 Woodside Rd, Ottery, 073 426 6853(L)	Fairways 7800; Louishermans.mail@gmail.com(L) 083 552 2273(M)	Solomon Arlene, Allandore, Cheslin
Jackson Francine; 30 Tlubagh Street, Monte Vista, 079 060 0449	Plattekloof 7460 hodgson.cec@gmail.com	Westgate S:Solomon, E @ Adonis, Derick
Jackson Lorraine; 30 Tlubagh Street, Monte Vista, 082 708 0475	Plattekloof 7460	Adams Loraine Adams (SunAM, SunPM; Elder; Elder Sun AM): Takes meeting in Sherry's Home(Derick & Lettie
Jafftha Matterie, Beetie, Pauline; Renskies Farm, 079 580 7705(B)	Fairways Ottery Rd, (Opposite Ottery Cemetery) 076 038 5283(M)	Dagnini Roberta (Takes Wed PM @ Westridge)Sherryun, Sheme
Jafftha Christopher, Angeline, Giovanni; 1 White Eye 083 605 8157	Westgate Court, Pelican Park	Dzvokora Olviou & Nomvuso, Tanaka, Tinashé
Jasson Charlene & Neville, Chasney, Cheitem; 082 336 7231(C)	Plattekloof 7785 Jafftha Mary, Joshua, Gewin	Jafftha Christopher, Angelique, Giovanni
Kabamba Theodore & Nikky, Annabelle, 071 918 1865(T)	Steenberg Adrie; 19 Orchestra St, Steenberg, 082 322 7224(N)	O.Ryan Reuben & Joyce (SunAM, Wed; Elder; Elder Sun Am; All meetings, Westgate attends the PM meetings)Stanley & Sandra
King Ear & Cassandra, Bella, Ava, Chloe, 083 451 3385(E)	Scot; 9 Ellerslie Road, Wynberg, 021 707 5240(W)	Dunn (SunAM; Elder; Elder Sun PM)Marlene Dutchie (SunPM)Marilyn Dutchie (SunAM; Elder; Elder Sun PM)Christopher & Felicity
King Sandra; 9 Ellerslie Road, Wynberg, Cape072 057 3095	Rondebosch East Scott; 9 Ellerslie Road, Wynberg, 082 851 8838(C)	Frankie Gerald & Mona (Wed PM)Louis & Merle Hermans (Wed PM)Mona
Lawrence Russel, 15 Nederland street, Bellhar 16, Cape Town, 7493	Rondebosch East Town, 7800; skingmle@gmail.com	Manuel Roslyn Jafftha Matthe, Bettie, Pauline
Le Grange Crystal; 3 William Mason Rd, Bishop Lavis, 021 934 5609	Bishop Lavis 7490	Bosch (All mtgs; Elder; Freddie & Betty Grootsboom (Takes Wed AM)Aubrey & Florence Lawrance Russel
Le Grange Crystal; 3 William Mason Rd, Bishop Lavis, 021 934 5609	Bishop Lavis	Grootboom (Takes Sun pm)Reginald Maxim Trix
Legg Bradley; 86 Palmyra Road , Newlands, Cape 076981076(B)	Pimelands Town, 7708	Le Grange (Takes Sun pm)Reginald Lawrance Russel

Lutzke	Bonita & Carl, Ruby; 26 Seven Sleepers <i>Grassy Park</i>	0833509509(B) road, Kirstenhof; bmlutzke@gmail.com(B) , 072118874(C) carl@lawsplumbing.co.za(C)
Mannel	Sarah & Pietro, Xenethia; 60 Bobby St, <i>Penhill Estate</i>	083 954 1188(S) Gaylee, Blackheath, 7580 0741894795(P)
Manuel	Roslyn; 34 Daniel Ave, Ottery, 7800 <i>Fairways</i>	073 264 9435
Martinus	André, Cameron, Andrea; 389G Nassau Rd, Wynberg <i>Rondebosch East</i>	Military Base; andremartinus772@gmail.com(A)
Maxim	Trix & Fanie; Relocated to Knysna <i>Bishop Lavis</i>	076 620 7948(T)
Mc Lane	Cynthia; 7 Hanover Street, Highbury Park, <i>Bishop Lavis</i>	072 465 5057 Kuilsriver, 7580
Mc Lane	Yvonne, Jovaunté, Eve; 49 <i>Bishop Lavis</i>	082 958 7521(Y) Kogelberg Rd, Bishop Lavis, 7490; evenicole.mclean@gmail.com(Y)
Meintjes	Mia; 3 Oaks Court, 23 Union Street, Gardens; 064 541 2987 <i>Pinelands</i>	mia.meintjes@gmail.com
Mervyn	Rozina; 42 Hibiscus Road, Lentegeur, 7785 +2776 703 9460 <i>Westridge</i>	+2776 703 9460
Monk	Yolandi, Miqael; 30 Tulbagh Street, Monte Vista, 7460; yolandi@lusinco.co.za <i>Platteklip</i>	072 424 5669(Y)
Morar	Maylene & Reno; 7 Scouts Place, Pinelands, 7405; maylene.shungking@uct.ac.za(M) <i>Pinelands</i>	071 200 3607(M) 082 899 6138(R)
Morris	Christopher; c/o Bonita Lutzke; <i>Grassy Park</i>	082 586 0805 christopher.morris@yahoo.com
Morris	Claude & Jo-Ann, Kaylynne, Peter, Noah; 10 Harmony way, Kirstenhof <i>Grassy Park</i>	082 887 8273(C) +27715467679(C) 081 896 2663(J)
Naidoo	Rebecca; Lovers walk, Rondebosch <i>Rondebosch East</i>	084 089 7304
Nefdt	Steven & Shirley; 4 Woodbury Close, 078 344 6874(St) <i>Rondebosch East</i>	078 198 7180(Sh)
O'Ryan	Evan & Colleen, Jade, Carlynnne; <i>Grassy Park</i>	060 618 4360(E) 72, Sixth Ave, Grassy Park, 7945; evanryan66@gmail.com(E)

14 Plattekloof S@17h30;alt Reed, M & Faul, A @ Du Plessis, P

Van Niekerk	Yolandi & Wynand
Van Rooijen	Nadia & Erik, Raymond, Gemma, Kayleigh
Plumstead S;Dunn, S	17h30 @ Dunn, S
Brandt	Peter
Dunn	(SunPM;Sun PM, Wed pm @ Iona Smith)Shalim & Michelle, Sharné, Mikayla
Dunn	Thersia
Dyason	Janine
Kabamba	(SunAM;Elder)Theodore & Nicky, Annabelle, Adriel
Renaud	Mercia
Swanepoel	Lizelle
Vlok	Amanda
Rondebosch East S;Nefdt, S @ Cameron, R	
Cameron	(SunAM,SunPM;Elder)Rodney & Alvira
King	Earl & Cassandra, Bella, Ava, Chloe, Scott
King	Sandra
Martinus	André, Cameron, Andrea
Naidoo	Rebecca
Nefdt	Steven & Shirley
O'Ryan	Joanne
O'Ryan	Raymond
Weber	(Wed)Mark
Rosebank House S;Snyder, J	
Dick	Joyce
Fraser	(not able to attend mtgs)
Robinson	Elizabeth
Snyder	(SunAM;Elder;Wed AM. Mtg in sun room close to Joyce Dick.)Jeffrey & Shirley
Teixeira	Cherry
Tygerdal SunPM;Abrahams, S 17h30 @ Abrahams, S	
Abrahams	(All mtgs;Elder;Elder; All meetings, takes Sun AM)Steven & Bronwyn, Jude, Jared
Abrahams	(Takes PM meeting)Timothy
Camfer	Sarah
Dammert	Patsy
Ewertse	Desiree

Phillips	Maurice & Josephine; 72, Sixth Ave, Grassy Park, 7945; oryan-0620929319(J)	Josephine@gmail.com	Cedras (SunAM, SunPM, Elder, Sun Pm @ 5pm, Wed PM @ 7pm) Federindand takes the meeting(Donavan & Dorothy, Michaela Davidis Eileen & Peter, Xeneithia
O'Ryan	Ryan; Sam, Ryan: 39 Quirk Rd, Lans- 062 670 6511 Roundbosch East Raymond; 17 Malvhuil Road, 064 154 2469	Roundbosch East downe, 7780; joanne.ryan@gmail.com	7pm Federindand takes the meeting(Donavan & Dorothy, Michaela Davidis Eileen & Peter, Xeneithia
O'Ryan	Maurice & Josephine; 72, Sixth Ave, Grassy Park, 7945; oryan-070489039(M)	maurice@gmail.com(M), oryan-	Sassman (Wed PM Iona Smith)Charmaine, Michaela Davidis Eileen & Peter, Xeneithia
O'Ryan	Maurice & Josephine; 72, Sixth Ave, Grassy Park, 7945; oryan-070489039(M)	osephine@gmail.com(M)	Cedras (SunAM, SunPM, Elder, Sun Pm @ 5pm, Wed PM @ 7pm) Federindand takes the meeting(Donavan & Dorothy, Michaela Davidis Eileen & Peter, Xeneithia
O'Ryan	joanne, Sam, Ryan: 39 Quirk Rd, Lans- 062 670 6511 Roundbosch East Raymond; 17 Malvhuil Road, 064 154 2469	joanne.ryan@gmail.com	Penhill Estate S@17h30:Cedras, D
O'Ryan	Roundbosch East Raymond; 17 Malvhuil Road, 064 154 2469	Roundbosch East downe, 7780; joanne.ryan@gmail.com	7pm Federindand takes the meeting(Donavan & Dorothy, Michaela Davidis Eileen & Peter, Xeneithia
O'Ryan	Wayne & Enseline, Candice, Aiden, Jordon; 65 Forest Mews Complex, Heather Park, 7100; Penhill Estate Aiden, Jordon; 65 Forest Mews Complex, Heather Park, 7100;	Wesbridge Way, Westridge, Mitchell's Plain, 7798; 0607202209(SI) 074 497 8467(W)	Foye Catheline Legg Bradely Meniges Mia Lugg Bradely Meniges Mia 074 497 8467(E)
Okkers	Wayne & Enseline, Candice, Aiden, Jordon; 65 Forest Mews Complex, Heather Park, 7100; Penhill Estate Aiden, Jordon; 65 Forest Mews Complex, Heather Park, 7100;	Wesbridge Way, Westridge, Mitchell's Plain, 7798; 0607202209(SI) 074 497 8467(W)	Rueger Denysse Reed Annette
Phaal	Hilary, Erica; 56 Fountain Road, Bergriviet, 7945; ephala@gmail.com(E) 082 587 4125(H)	Grassy Park Bergriviet, 7945; ephala@gmail.com(E) 082 587 4125(H)	Shunking Endi Williams (Takes Sun pm @ 7pm)Virgil & Vivienne Van Wyk (Takes Wed pm @ 7:30pm)Christopher & Jenina
Phillips	Michael & Berenice, Ridge; 23 Grassy Park Deman Rd, Grassy Park, 7945; 0827963441(M)	Grassy Park Deman Rd, Grassy Park, 7945; 0834100503(B)	Du Plessis (SunAM, SunPM, Elder)Pieter & Wendy Du Plessis (Takes WedPM)Stephen
Reed	Annette; 6 Poplar Way, Pinelands, 7405; 083 476 0009	Pinelands Annefreed1947@gmail.com	Fau (Takes SunPM alternates with Michaela) Arno Fau (Takes SunPM alternates with Michaela) Arno
Reed	Peter & Jacqui, Matthew, Caitlyn, Pinelands Jonathans; 6 Poplar Way, Pinelands, 7405; 082 552 8420(P)	Pinelands Jonathans; 6 Poplar Way, Pinelands, 7405; 082 552 8420(P)	Hall Keith & Molliy Everier (Wed)Wed PM @ 7:30)Juliana
Renaud	Mericia & Andre; 304 Brentwood, Flatways 40 Gray Rd, Plumstead, 7800; 072 341 3328(M)	mericia.renaude24@gmail.com	Jackson Loraine Jackson Loraine
Robinson	Elizabeth; Rosbeank House room 109, 42083 249 0233	Rosbeank House Alma Road, Room 104, Rosbeank	Monk Yolandi, Michaela Reed (Takes SunPM alternates with Arno)Michael

Ruger	Denyse; 201 Grosvenor Square, 17 College Pinelands Rd, Rondebosch; denyse@ruger.co.za	082 658 1358 021 686 0897
Samuels	Sylvia; 125 Pinetree Way, Rosedale, Penhill Estate Eersterivier, 7100	083 206 4502(S)
Sassman	Charmaine, Matthew; 1 Jubalew street, Grassy Park Welcome Estate ,Vanguard	079 037 5550
Sassman	Marcello, Daniel; 1 Jubalew street, Welcome Grassy Park Estate, Vanguard	067 951 0647
ShungKing	Enid; 27 Avro Ave, Kensington, 7405 Pinelands	072 607 3774
Smith	Iona; 16 Ascot Close, Ascot Mews, Ottery, Fairways 7800; ionasmith32@gmail.com	078 622 7858
Smith	Mervyn; 11 Claredon Crescent. Ysterplaat, Tygerdal 7405; soniasmith411@gmail.com	074 422 1893
Snyder	Peggy; 4 Moss St, Austinville, Blackheath, Penhill Estate 7580; Box 66, Blackheath, 7581; charlfred@telkom.co.za	084 507 0919 021 905 1911
Snyder	Jeffrey & Shirley; Rosebank House, Rosebank House 42 Alma Road, Rosebank, 7700; Frail Care No. 1.; jephthahsnyder@gmail.com	072 871 5949(J)
Solomon	Ferdinand & Gertrude; 17 Athems Road, 073 143 3812(F) Penhill Estate The Conifers, Blue Downs, 7100	073 738 2939(G)
Solomon	Arlene, Allandore, Cheslin; 11 Claredon Tygerdal Crescent. Ysterplaat, 7405	081 720 4117
Solomon	Edwin & Reyhana, Eva; 6 Geranium Westridge Street, Lentegeur, Mitchells Plain, 7785	084 044 7706(E) 078 550 7140(R)
Styan	James-Brent & Marianne, Alexander, Pinelands Christopher; 16 Gardenia Ave, Vredehoek; james-brent.styan@westerncape.gov.za	084 583 1670
Swanepoel	Lizelle; 66 Sandstone way, Stonehurst Steenberg Mountain Estate, Cape Town; lizellex@yahoo.com	082 821 9128
Teixeira	Cherryl; 22 The Village Apartments, Rosebank House Beach Crescent, Scott Estate, Houtbay Cape Town, 7806	+27631239026
Van Niekerk	Yolandi & Wynand; 2 De Hoop Cresent, Platteklip Edgemead, Cape Town, 7441	084 240 2884

Tygerdal;Abrahams, S
Westgate;Adonis, Derick
Adonis (<i>SunAM,SunPM;Elder;Elder Sun AM: Takes meeting in Sherwyn's Home</i>)Derick & Lettie
Burger Yvonne
Daames (<i>Takes Wed PM @ Westridge</i>)Sherwyn, Sherné
Jaftha Christopher, Angelique, Giovanni
Jaftha Mary, Joshua, Qewin
O'Ryan Reuben & Joyce
Westridge;O' Ryan, Stanley
Adams Lorraine
Adams Marlene
Bailey Helena
Dagnin Roberta
Dagnin Tanya, Aidan
Dzvokora Obvious & Nomvuso, Tanaka, Tinashe
Mervyn Rozina
O'Ryan (<i>SunAM,Wed;Elder;Elder Sun Am; All meetings; Westgate attends the PM meetings</i>)Stanley & Sandra
Solomon (<i>Takes Sun PM</i>)Edwin & Reyhana, Eva
Bishop Lavis SunPM@17h30;Le Grange, R @ Bosch, F
Bosch (<i>All mtgs;Elder</i>)Freddie & Betty
Grootboom (<i>Takes Wed AM</i>)Aubrey & Florence
Grootboom Robert
Grootboom Vanessa
Lawrence Russel
Le Grange Crystal
Le Grange (<i>Takes Sun pm</i>)Reginald
Maxim Trix
Mc Lane Cynthia
Mc Lane Yvonne
Grassy Park S@17h00;O'Ryan, M @ O'Ryan, E
Erasmus Ashleigh & Jodie, Isabella, Luca
Lutzke Bonita, Ruby
O'Ryan (<i>SunAM,SunPM;Elder;Wed AM</i>)Evan & Colleen, Jade, Carlynne
O'Ryan Maurice & Josephine

King	Earl & Cassandra	Bella, Ava, Chloe, Scott
Van Rootsjeen	Nadia & Erik, Raymund, Gemma,	082 376 8563(N)
Van Wyk	Kayleigh; 44 General Lucas Meyer Ave, Welgelegen 2, Cape Town, 7500;	079 748 9958(C) nadiavrg@gmail.com(N)
VIOK	8005 Pinehurst apartment, 10 London Street, Sea Point, 074 886 8728(J)	073 391 2191 Amandas; Gapcoorn Beach, 26 Ocean Villas, Steenberg Muizenberg; amandavolk@gmail.com
VIOK	8005 T8erdaal superama@africa.com	072 063 1735 Pam; 183, 11th Avenue, Kensiington, 7405;
Webber	Mark, Matthew, Bevan; 5 Penlyn Rondebosch East Ave, Penlyn Estat; (Matthew also at Penelands Jade; 222, Twelve Ave, Kensington, 072 635 0849(V)	084 259 4286 Kasselsvlei mtgs); mwebber@imb.co.za 7405; williamsivinenne55@gmail(Vv)
Williams	Vigil & Vienne Lee-Anne, Caryn, 072 635 0849(V)	T8erdaal plaat, 7405; maggiwynggaard@gmail.com 083 258 2165
Wynggaard	Maggie; c/o 11 Clarendon Crescent, Yster- Dun Keziah, Lombard, Joshua	Dunn Keziah, Dun M; Sun PM, Wed pm @ lona Smith Shalim & Michelle, Sharne, Milkaya
Steenberg; Kabamba, T	Synder (SunAM; Elder; Wed AM. Mtg in sun room close to Joyce Dick, Jeffery & Shirley Robinson Elizabeth Fraser (not able to attend mtgs)	Dunn Theeria, Dunne, AnnaBelle, Adriel Kabamba (SunAM; Elder) Theodore & Nicky, AnnaBelle, Adriel Dyson Janine Dunn Theeria, Milkaya
Tygerdal; Abrahams, S	Dyson (SunPM; Sun PM, Wed pm @ lona Smith Shalim & Abrahams (All mtgs; Elder; All meetings, takes Sun AM) Steven & Bronwyn, Jude, Jared Abrahams (Takes PM meeting) Timothy	Tygerdal Vlok Amanda Swanepoel Lizelle Volkwyn Pam Solomon Arlene, Allandore, Cheslin Smith Melvyn Ghislala Jean Eversee Desirée Dammert Patsy Camfer Sarah
Wynnguard	7405; williamsivinenne55@gmail(Vv)	Wynnguard Maggie; 076 055 0045(Vv)

Cape Peninsula - South

Bishop Lavis;Bosch, F

Bosch (*All mtgs;Elder*)Freddie & Betty

Grootboom (*Takes Wed AM*)Aubrey & Florence

Grootboom Robert

Grootboom Vanessa

Lawrence Russel

Le Grange Crystal

Le Grange (*Takes Sun pm*)Reginald

Maxim Trix

Mc Lane Cynthia

Mc Lane Yvonne

Fairways;Dunn, C

Brandt Peter

Dunn (*SunAM;Elder;Wed AM*)Christopher & Felicity

Duthie (*SunPM*)Marlene

Franke Gerald & Mona

Hermans (*Wed PM*)Louis & Merle

Jaftha Mattie, Bettie, Pauline

Manuel Roslyn

Renaud Mercia

Smith (*Wed PM*)Iona

Grassy Park;O’Ryan, E

Erasmus Ashleigh & Jodie, Isabella, Luca

Lutzke Bonita, Ruby

Morris Christopher

Morris Claude

O’Ryan (*SunAM,SunPM;Elder;Wed AM*)Evan & Colleen, Jade,

Carlynn

O’Ryan Maurice & Josephine

Phaal Hilary, Erica

Phillips Michael & Berenice

Sassman (*Wed PM Iona Smith*)Charmaine, Matthew

Sassman (*Wed PM Iona Smith*)Marcello, Daniel

Penhill Estate;Cedras, D @ Cedras, D

Cedras (*SunAM,SunPM;Elder; Sun Pm @ 5pm, Wed PM @ 7pm Ferdinand takes the meeting*)Donavan & Dorothy, Micheala

Penhill Estate;Cedras, D @ Cedras, D

Davids Eileen

Mannel Sarah & Pietro, Xenethia

Okkers Wayne & Enseline, Candice, Aiden, Jadon

Samuels Sylvia

Snyder (*unable to attend meetings currently*)Peggy

Solomon Ferdinand & Gertrude

Pinelands;Reed, P

Esbend Mashardo

Foye Catherine

Green Ursula

Legg Bradley

Meintjes Mia

Morar Maylene

Reed Annette

Reed (*All mtgs;Elder*)Peter & Jacqui, Matthew, Caitlyn, Jonathan

Ruger Denyse

ShungKing Enid

Styan James-Brent, Alexander, Christopher

Van Wyk (*Takes Wed pm @7:30pm*)Christopher & Jenna

Williams (*Takes Sun pm @ 7pm*)Virgil & Vivienne

Platteklip;Du Plessis, P

Du Plessis (*SunAM,SunPM;Elder*)Pieter & Wendy

Dyason (*Takes WedPM*)Stephen

Faul (*Takes SunPM alternates with Michael*)Arno

Faure Braam & Cheriese, Liani, Braam (jnr), Isabella

Faure Muriel

Fevrier (*Wed;Wed PM@7:30*)Juliana

Hall Keith & Molly

Jackson Francine

Jackson Lorraine

Jasson Charlene

Monk Yolandi, Miqael

Reed (*Takes SunPM alternates with Arno*)Michael

Van Niekerk Yolandi & Wynand

Van Rooijen Nadia & Erik, Raymond, Gemma, Kayleigh

Rondebosch East;Cameron, R

Cameron (*SunAM,SunPM;Elder*)Rodney & Alvira

Hodgson Claire