

Namibia & Upington

February 8, 2026

Bezuidenhoudt	Leonie & Kobus; Bellevue Villa <i>Okahandja</i>	081 363 8020
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Du Plessis	André; Plaas "Okaruaku"; Posbus 518, <i>Okaruaku</i>	081 122 1402
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Du Preez	Rika; 580 Vierde lane, Okahandja; Posbus <i>Okahandja</i>	062 50 1247
	719, Okahandja; tyka@mweb.com.na	081 128 1247
Havemann	Marjan; W/s 31, On the Beach, Sandpiper <i>Swakopmund</i>	064 40 0005
	Rd, Swakopmund; Posbus 1633, Swakopmund; 100343h@iway.na	081 246 6433
Huisamen	Helmon & El-Selene; 5079 <i>Swakopmund</i>	061 401 149 H/F
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Jansen	Johnny & Laurika, Ava, Leoniece; 9 Kalsium <i>Upington</i>	061 364 0464(J)
	Street, Belview, Upington, 8801; Posbus	061 813 0802(J)
	2129, Upington, 8800	
Januarie	Meleney, Jean-Claude, <i>Windhoek Senior Park</i>	081 424 8149(M)
	Damian, Tayla; 26 Villa Manzi, Sesriem street, Kleine Kuppe; Posbus 5751, Ausspannplatz; meleney@nampharm.com.na	
Kurz	Emil & Katie, Mercy, Monalisa; 1 Werf <i>Otjiwarongo</i>	067 30 4512 H
	street, Otjiwarongo; Posbus 1241, Otjiwarongo; emkurz@iway.na(E)	081 127 7910(E)
		067307449 Fax
		081 2754454(Me)
Landsberg	Adrian; 43 Pima Street, Aggeneys, <i>Aggeney</i>	073 170 0483(A)
	8893; PO Box 343, Aggeney, 8893.; (-29.2369250, 18.8401330)	054 972 9712H
Louw	Joey & Desmond, Lemise & Zandré; 74 <i>Walvisbaai</i>	081 694 1495(D)
	Neptune Street, Narraville, Walvisbaai.	081 441 3949(J)

Louw <i>Windhoek Senior Park</i>	Deon & Tania, Lauren; 2 Uhland Heights, Kenneth Kaunda street, Windhoek; Posbus 3934, Vineta; deonlo@yahoo.na	081 272 6116(D)
Louw <i>Windhoek Senior Park</i>	Piet; 20 Potgieter Street, Pioneers Park, Windhoek, Namibia, Senior Park, M2	081 240 2669
Nell <i>Aggeneyns</i>	Natalie, Tyrick; 43 Pima Street, Aggeneyns, 8893; PO Box 343, Aggeneyns, 8893; natalien82@gmail.com; (-29.2369250, 18.8401330)	082 433 8810(N)
Nel <i>Upington</i>	Jan & Julia; 31 Augrabies Str, Upington, 8800; (G6XR+JJQ Upington, South Africa)	066 030 1322(JA) 071 563 0888(JU)
Opperman <i>Upington</i>	Wieks; Belle Rio Lifestyle Estate. 1 Louisvale Rd. Upington 8801; wieksopperman@gmail.com; (-28.4416350, 21.2749340)	+2763 212 2886
Opperman <i>Windhoek Senior Park</i>	Danie; Plaas Arm 356, Okahandja	081 605 1946
Pieterse <i>NAM Contacts</i>	Anita; 346 Hydra street, Dorado Park; Posbus 5751, Ausspannplatz; brianp019@gmail.com	081 424 0495
Pieterse <i>Windhoek Senior Park</i>	Lorna; 20 Potgieter Street, Pioneers Park, Windhoek, Namibia, Senior Park, Unit O1; Posbus 5751, Ausspannplatz; perlon@iway.na	061 30 7703 081 346 4604
Pottie <i>NAM Contacts</i>	Eldon & Claire, Liam; Outside Windhoek; eldonpottie@gmail.com(E), clairewestcott@webmail.co.za(C)	+264 81 574 0278(E) +264 81 466 0734(C) 073 937 2173(C)
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Schwartz <i>Windhoek Khomasdal</i>	Susan; 20 Florence Nightingale, Windhoek, Namibia; Posbus 8378, Bachbrecht	081 875 5533(Su)
Shand <i>Windhoek Khomasdal</i>	Trevor & Marlene, Joshua, Jesse; C2PX+WQ7 Windhoek, Namibia; Posbus 8378, Bachbrecht; trevor.shand25@gmail.com(T)	081 145 8365(T) M081 294 4314(M)

Smith	Susan & Sakkie, Sakkie jr, Danielle; <i>Upington</i> Plot, Jooste Eiland pad.; Posbus 1441, Upington, 8800; (-28.4782220, 21.2386440)	054 334 0047H 084 586 6711(Su)
Strämke	Ansie & Max; 335 Hoogenhout street, <i>Okahandja</i> Okahandja; Posbus 55, Okahandja; anja@africa.com.na	062 50 1459 081 245 4854(A)
Swartz	Katie; 4 Easton Court, 954 <i>Windhoek Senior Park</i> Nelson Mandela Ave; Posbus 5725, Ausspanplatz; katieswartz30@gmail.com	081 837 2901(K)
Swart	Leon & Hanneljie; Kunene River <i>NAM Contacts</i> Lodge; 2leonswart@gmail.com(L) , leonswart@gecko.na(L)	081 144 8144(L) 081 661 5657(H)
Van Heerden	Eduard & Manette; Farm Ombuindja+264 81 165 8989 <i>NAM Contacts</i>	
Van Heerden	Danie & Jeanette, Daniella; 2de Straat <i>Walvisbaai</i> Noord no 35; Posbus 1206, Walvisbaai	081 646 1522
Van Heerden	Wilma; Farm Ombuindja; <i>Windhoek Khomasdal</i> wilmavanheerden73@gmail.com; (-22.2825490, 16.9091940)	081 393 9663
Van Wyk	Chet & Zuzette, Timiica; 17 Protea Street, 081 124 2077(C) <i>Walvisbaai</i> Walvis Bay; Posbus 3941, Walvisbaai; chet.vanwyk@icloud.com(C)	081 388 8430(S)
Van Wyk	Christopher; Lazarette House. Unit 5. Julius K <i>Windhoek Khomasdal</i> Nyerere Street, Windhoek	
Van der Nest	Bruce; Unit 12, Rautenburg Estates, <i>NAM Contacts</i> Rautenbach Street, Klein Windhoek, Windhoek; PO Box 11360, Klein Windhoek, Windhoek, 11009; brucenjanet@gmail.com	063274523 H 811223545
Van der Walt	Stephanie; 74 Mosé Tjitendero street,081 124 6252 <i>Windhoek Khomasdal</i> Olympia, Windhoek, Namibia; Posbus 518, Windhoek; svdw@iway.na	
Van der Walt	Eddie; 20 Potgieter Street, Pioneers <i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior Park, B4; Posbus 518, Windhoek	081 351 6779
Vries	Kynan & Nadine, Aiden, Kadene, +264 81 641 5999(K) <i>Rehoboth</i> Lillian; Erf 458 block A, Rehoboth; Posbus 3360, Rehoboth; (M3PJ+GJQ Rehoboth, Namibia)	

Namibia & Upington

Aggeney's

Landsberg Adrian

Nell Natalie, Tyrick

NAM Contacts

Du Plessis Bernice

Pieterse Anita

Pottie Eldon & Claire, Liam

Swart (*All mtgs; Elder*) Leon & Hanneljie

Van der Nest Bruce

Van Heerden Eduard & Manette

Okahandja

Bezuidenhoudt Leonie & Kobus

Du Preez Rika

Strämke Ansie & Max

Otjiwarongo

Kurz Emil & Katie, Mercy, Monalisa

Rehoboth

Vries Kynan & Nadine, Aiden, Kadene, Lillian

Swakopmund

Havemann (*SunAM, SunPM*) Marjan

Huisamen (*Wed; Elder*) Helmon & El-Selene

Upington

Coetzee Lien

Jansen Johnny & Laurika, Ava, Leoniece

Nel (*All mtgs; Elder*) Jan & Julia

Opperman Wieks

Smith Susan & Sakkie, Sakkie jr, Danielle

Walvisbaai

Louw Joey & Desmond, Lemise & Zandré

Van Heerden Danie & Jeanette, Daniella

Van Wyk Chet & Zuzette, Timiica

Windhoek Senior Park

Januarie Meleney, Jean-Claude, Damian, Tayla

Louw Deon & Tania, Lauren

Louw Piet

Opperman Danie

Pieterse Lorna

Swartz Katie

Van der Walt (*All mtgs;Elder*) Eddie

Okaruaku

Du Plessis André

Windhoek Khomasdal

Diergaardt Elizabeth, Micaelo, Chrizano

Schwartz Sophia

Schwartz Susan

Shand (*Elder*) Trevor & Marlene, Joshua, Jesse

Van der Walt Stephanie

Van Heerden Wilma

Van Wyk Christopher