

Namibia & Upington

November 14, 2025

<b>Bezuidenhoudt</b>	Leonie & Kobus; Bellevue Villa <i>Okahandja</i>	081 363 8020 Erf 06-16, Osona Village.; leonora.engelbrecht@gmail.com(L)
<b>Coetzee</b>	Lien; c/o Susan Smith. Plot, Jooste Eiland pad <i>Upington</i>	083 555 9080
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<b>Havemann</b>	Marjan; W/s 31, On the Beach, Sandpiper <i>Swakopmund</i>	064 40 0005 Rd, Swakopmund; Posbus 1633, Swakopmund; 100343h@iway.na
<b>Huisamen</b>	Helmon & El-Selene; 5079 <i>Swakopmund</i>	061 401 149 H/F Omumborombonga Street, Swakopmund; Posbus 80743, Olympia; helmon@iway.na(H) , elseleneh@gmail.com(E)
<b>Jansen</b>	Alicia; 9 Kalsium Street, Belview, Upington, <i>Upington</i>	062 589 0682 8801; ajansen198361@gmail.com
<b>Jansen</b>	Johnny & Laurika, Ava, Leoniece; 9 Kalsium <i>Upington</i>	061 364 0464(J) Street, Belview, Upington, 8801; Posbus 2129, Upington, 8800
<b>Januarie</b>	Meleney, Jean-Claude, <i>Windhoek Senior Park</i>	081 424 8149(M) Damian, Tayla; 26 Villa Manzi, Sesriem street, Kleine Kuppe; Posbus 5751, Ausspannplatz; meleney@nampharm.com.na
<b>Kurz</b>	Emil & Katie, Mercy, Monalisa; 1 Werf <i>Otjiwarongo</i>	067 30 4512 H street, Otjiwarongo; Posbus 1241, Otjiwarongo; emkurz@iway.na(E) 081 127 7910(E) 067307449 Fax 081 2754454(Me)
<b>Landsberg</b>	Adrian; 43 Pima Street, Aggeneys, <i>Aggeney</i>	073 170 0483(A) 8893; PO Box 343, Aggeney, 8893.; (-29.2369250, 18.8401330) 054 972 9712H
<b>Louw</b>	Joey & Desmond, Lemise & Zandré; 74 <i>Walvisbaai</i>	081 694 1495(D) Neptune Street, Narraville, Walvisbaai. 081 441 3949(J)

Walvisbaai

Windhoek Senior Park

Louw Deon & Tanja, Lauren

Van der Walt (All mtgs; Elder) Eddie

## Okaraku

Du Plessis André

Windhoeck Khomasdal

Diergaaard Ellzabett, Wilgaetlo, Chrizaho  
Pietere (Elder) Brian & Anita

**Shand** (Elder) Trevor & Marlene, Joshua, Jesse

Van Wyk Christopher  
Van Heerden William

Louw	Deon & Lainia, Lauren; 2 Uhland 081 272 6116(D)	Wimhooek Senior Park Heights, KENNETH KAUNUDA Street, 081 154 6600(D) Wimhooek Senior Park Heights, PO Box 343, Aggeney's, 8893;	Natalie, Tyrik; 43 Pima Street, AGGENEYS, 082 433 8810(N)	Aggeney's 8893; PO Box 343, Aggeney's, 8893; natalien82@gmail.com; (-29.2369250, 18.8401330)
Neel	Jean & Julia; 31 Augrabies St., Upington, 066 030 1322(JA)	Upington 8800; (066) 030 1322(JA)	Wimhooek Senior Park Estates, Belle Rio Lifestyle Estate. 1 Louisvale Rd. Upington 8801;	Wimhooek Senior Park Estates, Belle Rio Lifestyle Estate. 1 Louisvale Rd. Upington 8801;
Dapperman	Wileks; Belle Rio Lifestyle Estate. +2763 212 2886	Wileks; Belle Rio Lifestyle Estate. 1 Louisvale Rd. Upington 8801;	Danele; Plaas Arm 356, Okahandja 081 605 1946	Wimhooek Senior Park Danele; Plaas Arm 356, Okahandja 081 605 1946
Pieterre	Brian & Antje; 346 Hydria Street, Pioneerers 061 30 7703	Wimhooek Senior Park Lorna; 20 Potgieter Street, Pioneerers 081 346 4602	Ausspannplatz; braap01@qmail.com Park, Windhoek, Namibia, Senior Park, Unit 01; Postbus 5751,	Ausspannplatz; braap01@qmail.com Park, Windhoek, Namibia, Senior Park, Unit 01; Postbus 5751,
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Schwartz	Sophia; C/o 271 Chrisopras Street, Khomadasdal, Windhoek, Namibia, 081 222 8202(SO)	Windhoek Khomadasdal Street, Khomadasdal, Windhoek, Namibia, 073 937 2173(C)	Susan; 20 Flherence Nighingale, 081 875 5533(SU)	Windhoek Khomadasdal Windhoek, Namibia; Postbus 8378,
Shand	Trevor & Marlene, Joshua, 081 145 8365(T)	Windhoek Khomadasdal Jesse; 271 Chrisopras Street, M081 294 4314(M)	Khomadasdal, Windhoek, Namibia; Postbus 8378,	Windhoek Khomadasdal Jesse; 271 Chrisopras Street, M081 294 4314(M)

<b>Smith</b>	Susan & Sakkie, Sakkie jr; Plot, Jooste <i>Upington</i>	054 334 0047H
	Eiland pad.; Posbus 1441, Upington, 8800; 084 586 6711(Su) (G6CQ+PF7 Upington, South Africa)	
<b>Strämke</b>	Ansie & Max; 335 Hoogenhout street, <i>Okahandja</i>	062 50 1459 081 245 4854(A) anja@iafrica.com.na
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<b>Swart</b>	Leon & Hanneljie; Kunene River <i>Kunene River Lodge</i>	081 144 8144(L) Lodge; 2leonswart@gmail.com(L) ,081 661 5657(H) leonswart@gecko.na(L)
<b>Van Heerden</b>	Eduard; <i>NAM Contacts</i>	
<b>Van Heerden</b>	Danie & Jeanette, Daniella; 2de Straat <i>Walvisbaai</i>	081 646 1522 Noord no 35; Posbus 1206, Walvisbaai
<b>Van Heerden</b>	Wilma; Farm Ombuindja; <i>Windhoek Khomasdal</i>	081 393 9663 wilmavanheerden73@gmail.com; (-22.2825490, 16.9091940)
<b>Van Wyk</b>	Chet & Zuzette, Timiica; 17 Protea Street, 081 124 2077(C) <i>Walvisbaai</i>	081 124 2077(C) Walvis Bay; Posbus 3941, Walvisbaai; 081 388 8430(S) chet.vanwyk@icloud.com(C)
<b>Van Wyk</b>	Christopher; Lazarette House. Unit 5. Julius K <i>Windhoek Khomasdal</i>	Windhoek Nyerere Street, Windhoek
<b>Van der Nest</b>	Bruce; Unit 12, Rautenburg Estates, 063274523 H <i>NAM Contacts</i>	Rautenbach Street, Klein Windhoek, 811223545 Windhoek; PO Box 11360, Klein Windhoek, Windhoek, 11009; brucenjanet@gmail.com
<b>Van der Walt</b>	Stephanie; 74 Mosé Tjitendero street, 081 124 6252 <i>Windhoek Khomasdal</i>	Olympia, Windhoek, Namibia; Posbus 518, Windhoek; svdw@iway.na
<b>Van der Walt</b>	Eddie; 20 Potgieter Street, Pioneers 081 351 6779 <i>Windhoek Senior Park</i>	Park, Windhoek, Namibia, Senior Park, B4; Posbus 518, Windhoek
<b>Vries</b>	Kynan & Nadine, Aiden, Kadene, +264 81 641 5999(K) <i>Rehoboth</i>	Lillian; Erf 458 block A, Rehoboth; Posbus 3360, Rehoboth; (M3PJ+GJQ Rehoboth, Namibia)

## Namibia & Upington

### Aggeney

**Landsberg** Adrian  
**Nell** Natalie, Tyrick

### Kunene River Lodge

**Swart** (*All mtgs;Elder*) Leon & Hanneljie

### NAM Contacts

**Pottie** Eldon & Claire, Liam  
**Van der Nest** Bruce  
**Van Heerden** Eduard

### Okahandja

**Bezuidenhoudt** Leonie & Kobus  
**Du Preez** Rika  
**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*SunAM,SunPM*) Marjan  
**Huisamen** (*Wed;Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien  
**Jansen** Alicia  
**Jansen** Johnny & Laurika, Ava, Leoniece  
**Nel** (*All mtgs;Elder*) Jan & Julia  
**Opperman** Wieks  
**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré  
**Van Heerden** Danie & Jeanette, Daniella  
**Van Wyk** Chet & Zuzette, Timiica