

Other

March 2, 2026

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<b>Amron</b>	Pacific Forex; Amron Teller 5 Phone For Rates	
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<b>Bezuidenhoudt</b>	Leonie & Kobus; Bellevue Villa	081 363 8020
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<b>Januarie</b>	Meleney, Jean-Claude, <i>Windhoek Senior Park</i> Damian, Tayla; 8 Bella Rosa Gallica complex, Halifax str. Rocky Crest Windhoek.; Posbus 5751, Ausspannplatz; meleney@nampharm.com.na; (C2HX+W5F Windhoek)	081 424 8149(M)
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<b>Kakamega</b>	Nellie Mboga Kkm; Mboga Kkm <i>Kenya useful contact</i>	+254721495249
<b>Kakamega</b>	Maisha Mart; Free delivery for <i>Kenya useful contact</i> orders more than 1000 shillings	+254732224312
<b>Kakamega</b>	Viona; <i>Kenya</i>	+254 729 698282

**Van Heerden** Danie & Jeanette, Daniella  
**Van Wyk** Chet & Zuzette, Timiica

### Windhoek Senior Park

**Januarie** Meleney, Jean-Claude, Damian, Tayla  
**Louw** Deon & Tania, Lauren  
**Louw** Piet  
**Opperman** Danie  
**Pieterse** Lorna  
**Swartz** Katie  
**Van der Walt** (All mtgs;Elder)Eddie  
**Van der Walt** Stephanie

### Okaruaku

**Du Plessis** André

### Windhoek Khomasdal

**Diergaardt** Elizabeth, Michael, Chrizano  
**Schwartz** Sophia  
**Schwartz** Susan  
**Shand** (Elder) Trevor & Marlene, Joshua, Jesse  
**Van Heerden** Wilma  
**Van Wyk** Christopher

### OT Admin

### OT Contacts

**Engelbrecht** Fransiena  
**Linde** Kosie  
**Louw** Anthony  
**Murambinda** Dephine  
**Pieterse** Lester  
**Titus** Mercia, Thomas, Rose, Timmalena

### St Helena Island

### St Helena Island

**Clingham** William & Wendy  
**Thomas** Lillian

Sebastião Balbina de Fatima Mariamo(Zinha), Jessica, julio  
Vidigal Emmanueller

Namibia & Upington

Aggeneys

Landsberg Adrian  
Neil Natalie, Tyrick

Kunene River Lodge

Swart (All mtgs;Elder)Leon & Hanneſjie

NAM Contacts

Du Plessis Bernice

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Pottie Eldon & Claire, Liam

Van der Nest Bruce

Van Heerden Eduard & Manette

Okahandja

Bezuidenhout Leonie & Kobus

Du Preez Rika

Stramke Ansie & Max

Otiwarongo

Kurz Emil & Katie, Mercy (Titus), Monalisa

Rehoboth

Vries Kynan & Nadine, Aiden, Kadene, Lillian

Swakopmund

Havemann (SunAM,SunPM)Marjan

Huisamen (Wed;Elder)Helmon & El-Selene

Upington

Coetzee Lien

Jansen Johnny & Laurika, Ava, Leoniece

Nel (All mtgs;Elder)Jan & Julia

Opperman Wieks

Smith Susan & Sakkie, Sakkie jr, Danielle

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<b>Louw</b> Anthony; <i>OT Contacts</i>	081 230 3205
<b>Louw</b> Joey & Desmond, Lemise & Zandr�; 74 <i>Walvisbaai</i> Neptune Street, Narraville, Walvisbaai.	081 694 1495(D) 081 441 3949(J)
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<b>Louw</b> Piet; 20 Potgieter Street, Pioneers <i>Windhoek Senior Park</i> Park, Windhoek, Namibia, Senior Park, M2	081 240 2669

Nanyuki**Kaburia** Emily (mama Lydia), Joshua**Kaburia** Lydia, Kate, Gachuchu**Karimi** Stella, Makena**Kibatta** David**Kihara** David & Zipora**Kithinji** MamaKendi, Isaac**Koome** Amos & Agnes, Alex, Leam**Koome** Solomon & Ruth, Graham**Mwongera** Paul & JaneWitu**Juguna** Dorcas (mama Mary)**Kithinji** Livirin (Baba Mukiri) & Angelica (mama Mukiri), John,  
Reuben**Kithinji** Nkatha (Bridget), Reina

## Mozambique

Beira**Chiposse** Ten**Cordar** Ana MariaMozambique Contacts**Cordar** Sheila, Francisca (Chica), Ivette, Ivanirda, Celma**Fayd-Herbe** S nia Maria da Concei  o, Catarina, Estela da  
Concei  o, Antonio**Gale** Gaspar**Ilunga Fernande** Fernandez**Inocente** Antonio & Irene**Joaquim semente** Ana Paula, Maria Luisa, Cesar, Manuel,  
Joaquim, Joaquina**Jo o** Nota & Anna**Moyo** Nyengetera (M Petie)**Picador** Armando Madalena & Jos , Jefferson, Lucy**Quembo** Manuel Tom s & Zelia, Zelton, Rosevana**Quissimice** Jorje Jeronimo & Elisa, Lucia, Anita, Augusta, lidia**Quissimice** Manecas Jeronimo & Juliana, Papaito**Sebasti o** Euridice de Bernade(Ducha), Amerila, Mana J ,  
Verne, J lio, Jorson

**Ematsayi**  
**Eshitemi** Harrison & Agnes, Rebecca, Alex, Heidi, Florence, Kleopa  
**Madele** Helen, Faith, Joy, Ruth  
**Murunga** Richard & Niva, Heidi  
**Ochango** Doreen, Sharlene, Azel, Kingsley  
**Ochango** Joy, Kyle  
**Ochango** Mercyline  
**Ochango** Sammy & Marilyn, Joy  
**Ochango** Simon & Josephine, Abraham  
**Ochango** Steward(GG) & Gertrude, Lawrence, Celine  
**Ochango** Wycliff & Angeline  
**Mombasa**  
**Kithinji** Mugambi  
**Masiga** Lettie  
**Moshi**  
**Kway** Stefano & Modesta  
**Rimoi** Jenny  
**Shayo** Monica (MamaVai)  
**Shirima** Leah  
**Musango**  
**Wasikhe** Evans & Mildred, Maritha, Jeremy  
**Wasikhe** Jakobo & Beatrice  
**Wasikhe** Jimmy & Fanice, Hillary, Tony  
**Nairobi**  
**Bewa** Wilfrid & Denise, Samuel, David, Anne-Priscille  
**Gachoki (Kenya)** Kinyua & Ruth  
**Kibatta** Kathryn  
**Murunga** Amos  
**Njeru** Jennifer  
**Njoroge** John & Judy, Edwin, Nyambura  
**Njue** Stanley  
**Ochango** Jimmy  
**Ochango** Olesi, Ermina, Mary Ann, Deon  
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<b>Nel</b> Jan & Julia; 31 Augrabies Str, Upington, <i>Upington</i> 8800; (G6XR+JJQ Upington, South Africa) 071 563 0888(JU)	066 030 1322(JA)
<b>Ngige</b> Alex; Watchman at Kinyua's home <i>Kenya useful contact</i> in Ngong	+254114308689
<b>Ngutuku</b> Evans & Evelyn; QG73+5H5 Sirisia; <i>Kenya</i> Evans was in the Work for a few months with Pieter van Heerden	+254750895501(EV) +254 701 350172(EL)

Tanzania useful contact

**Dar es Salaam** Hamis taxi  
**Taxi Moshi** Isaa

Uganda Contact

**Uganda** AlphaFx  
**Uganda** Brenda Kanyesigye Naguru  
**Uganda** Christine  
**Uganda** Edith  
**Uganda** Jimmy  
**Uganda** Mrs Cox  
**Uganda** Naomi  
**Uganda** Victoria Kabira

## East Africa

Ethiopia

**Degefaw** Temesgen & Sentayehu, Elelta  
**Samuel** Habtamu & Mekdes, Elroi, Anna

Uganda

**Masiga** Joseph  
**Uganda** Aaron & Irene

Bungoma

**Masiga** Kendra  
**Masiga** Agnes, Evaline, Kina(Darrell), Ester, Elizabeth,  
Grace(Evaline's daughter), Ladasha (Elizabeth's daughter)  
**Wasikhe** Anna

Dar es Salaam

**Kinloch** Arthur & Rehema, Gertrude, David, Tim, Gift  
**Kinloch** Wilfred & Rohiya  
**Kway** Kusare  
**McMaine** Ben & Kelly  
**Mshana** MamaHappy

Dodoma

**Msuya** mamaKachu



Kenya useful contact

Alien Card Enquiry

Alltrash Buruburu Bach

Amron Pacific Forex

Commissioner Of Oath Nairobi Humphry

Hardware Eac Stanley Blade Gikomba

Hove Empress Combi

Kakamega Maisha Mart

Kakamega Alex Pikipiki

Kakamega (Kakamega)Joyland Mengas contact

Kakamega Nellie Mboga Kkm

Kakamega Water Paybill : 772153

Kakamega Zurmac Caroline

Kenya Power

Kenya Immigration Switchboard

Landlord Etemisi Kakamega Bach

Maranga Shuttle To Moshi!

Matunda Pikipiki Peter

Musango Robert Musango Pikipiki

Musango pikipiki Willie

Nanyuki Daniel Pikipiki

Nanyuki Dominique Manera Butfalo Pikipiki

Nanyuki Taxi Simon

Ngige (Ngong)Alex

Pikipiki Timothy

Repair Frederick Opio Kkm Fridge

Tahmeed Dar es Salaam

Tax Accountant Elzeever

Tax KRA Helper of Elzeever

Taxi Nanyuki (Was away Jun 2024. Alternatives Minor (in Town

800 to Solomon) and Nicolas near Mongera. solomon also has

a neighbour,Zak

Work Permit Enquiries Enquiries

Tanzania

Kollogi (Dar es Salaam)Saidulu

Nguuku Roy; Bungoma.

Kenya

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