

# Namibia & Upington

August 5, 2025

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**Coetzee** Lien; c/o Susan Smith. Plot, Jooste Eiland pad083 555 9080  
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**Du Preez** Rika; 580 Vierde lane, Okahandja; Posbus 062 50 1247  
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**Huisamen** Helmon & El-Selene; 5079 061 401 149 H/F  
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*Upington* Street, Belview, Upington, 8801; Posbus 061 813 0802(J)  
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**Januarie** Meleney, Jean-Claude, 081 424 8149(M)  
*Windhoek Senior Park* Damian, Tayla; 26 Villa Manzi,  
 Sesriem street, Kleine Kuppe; Posbus 5751,  
 Ausspannplatz; meleney@nampharm.com.na

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**Kurz** Emil & Katie, Mercy, Monalisa; 1 Werf 067 30 4512 H  
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**Landsberg** Adrian; 43 Pima Street, Aggeneys, 073 170 0483(A)  
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<b>Louw</b> <i>Walvisbaai</i>	Joey & Desmond, Lemise & Zandr�; 74 Neptune Street, Narraville, Walvisbaai.	081 694 1495(D) 081 441 3949(J)
<b>Louw</b> <i>Windhoek Senior Park</i>	Deon & Tania, Lauren; 2 Uhland Heights, Kenneth Kaunda street, Windhoek; Posbus 3934, Vineta; deonlo@yahoo.na	081 272 6116(D) 081 154 6600(D) 081 229 6196(T)
<b>Louw</b> <i>Windhoek Senior Park</i>	Piet; 20 Potgieter Street, Pioneers Park, Windhoek, Namibia, Senior Park, M2	081 240 2669
<b>Nell</b> <i>Aggeneys</i>	Natalie, Tyrick; 43 Pima Street, Aggeneys, 8893; PO Box 343, Aggeneys, 8893; natalien82@gmail.com; (-29.2369250, 18.8401330)	082 433 8810(N)
<b>Nel</b> <i>Upington</i>	Jan & Julia; 31 Augrabies Str, Upington, 8800; (G6XR+JJQ Upington, South Africa)	066 030 1322(JA) 071 563 0888(JU)
<b>Opperman</b> <i>Okahandja</i>	Danie; Plaas Arm 356, Okahandja	081 605 1946
<b>Opperman</b> <i>Upington</i>	Wieks; Belle Rio Lifestyle Estate. 1 Louisvale Rd. Upington 8801; wieks.opperman@gmail.com; (-28.4416350, 21.2749340)	+2763 212 2886
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<b>Pieterse</b> <i>Windhoek Senior Park</i>	Lorna; 20 Potgieter Street, Pioneers Park, Windhoek, Namibia, Senior Park, Unit O1; Posbus 5751, Ausspannplatz; perlon@iway.na	061 30 7703 081 346 4604
<b>Pottie</b> <i>Windhoek Senior Park</i>	Eldon & Claire, Liam; Oracles Complex number 16. Cnr of Sean McBride and Esther Brand street. Olympia; eldonpottie@gmail. com(E) , claiwestcott@webmail.co.za(C)	+264 81 574 0278(E) +264 81 466 0734(C) 073 937 2173(C)
<b>Schwartz</b> <i>Windhoek Khomasdal</i>	Sophia, Susan; 20 Florence Nightingale, Windhoek, Namibia; Posbus 8378, Bachbrecht	081 222 8202(So) 081 875 5533(Su)

<b>Shand</b>	Trevor & Marlene, Joshua,	081 145 8365(T)
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	Khomasdal, Windhoek, Namibia; Posbus 8378, Bachbrecht; trevor.shand25@gmail.com(T)	
<b>Smith</b>	Susan & Sakkie, Sakkie jr; Plot, Jooste	054 334 0047H
<i>Upington</i>	Eiland pad.; Posbus 1441, Upington, 8800; 084 586 6711(Su)	
	(G6CQ+PF7 Upington, South Africa)	
<b>Strämke</b>	Ansie & Max; 335 Hoogenhout street,	062 50 1459
<i>Okahandja</i>	Okahandja; Posbus 55, Okahandja;	081 245 4854(A)
	anja@iafrica.com.na	
<b>Swartz</b>	Katie; 4 Easton Court, 954	081 837 2901(K)
<i>Windhoek Senior Park</i>	Nelson Mandela Ave; Posbus	
	5725, Ausspanplatz; katieswartz30@gmail.com	
<b>Swart</b>	Leon & Hanneltjie; Okurusu	081 144 8144(L)
<i>Otiwarongo</i>	Mine; 2leonswart@gmail.com(L) ,	081 661 5657(H)
	leonswart@gecko.na(L)	
<b>Van Heerden</b>	Danie & Jeanette, Daniella; 2de Straat	081 646 1522
<i>Walvisbaai</i>	Noord no 35; Posbus 1206, Walvisbaai	
<b>Van Heerden</b>	Wilma; Farm Ombuindja;	081 393 9663
<i>Windhoek Khomasdal</i>	wilmavanheerden73@gmail.com;	
	(-22.2825490, 16.9091940)	
<b>Van Wyk</b>	Chet & Zuzette; 17 Protea Street,	081 124 2077(C)
<i>Walvisbaai</i>	Walvis Bay; Posbus 3941, Walvisbaai;	081 388 8430(S)
	chet.vanwyk@icloud.com(C)	
<b>Van Wyk</b>	Christopher, Timiica; Lazarette House. Unit 5. Julius	
<i>Windhoek Khomasdal</i>	K Nyerere Street, Windhoek	
<b>Van der Walt</b>	Stephanie; 74 Mosé Tjitendero street,	081 124 6252
<i>Windhoek Khomasdal</i>	Olympia, Windhoek, Namibia; Posbus	
	518, Windhoek; svdw@iway.na	
<b>Van der Walt</b>	Eddie; 20 Potgieter Street, Pioneers	081 351 6779
<i>Windhoek Senior Park</i>	Park, Windhoek, Namibia, Senior	
	Park, B4; Posbus 518, Windhoek	
<b>Vries</b>	Kynan & Nadine, Aiden, Kadene,	+264 81 641 5999(K)
<i>Rehoboth</i>	Lillian; Erf 458 block A, Rehoboth;	
	Posbus 3360, Rehoboth; (M3PJ+GJQ	
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## Namibia & Upington

### Aggeneys

**Landsberg** Adrian

**Nell** Natalie, Tyrick

### Okahandja

**Bezuidenhoudt** Leonie & Kobus

**Du Preez** Rika

**Opperman** Danie

**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

**Swart** (*All mtgs;Elder*) Leon & Hanneltjie

### Rehoboth

**Vries** Kynan & Nadine, Aiden, Kadene, Lillian

### Swakopmund

**Havemann** (*All mtgs*) Marjan

**Huisamen** (*Elder*) Helmon & El-Selene

### Upington

**Coetzee** Lien

**Jansen** Alicia

**Jansen** Johnny & Laurika, Ava, Leoniece

**Nel** (*All mtgs;Elder*) Jan & Julia

**Opperman** Wieks

**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

**Louw** Joey & Desmond, Lemise & Zandré

**Van Heerden** Danie & Jeanette, Daniella

**Van Wyk** Chet & Zuzette

### Windhoek Senior Park

**De Villiers** Kobus

**Januarie** Meleney, Jean-Claude, Damian, Tayla

**Louw** Deon & Tania, Lauren

**Louw** Piet

**Opperman** Grietha

**Pieterse** Lorna  
**Pottie** Eldon & Claire, Liam  
**Swartz** Katie  
**Van der Walt** (*All mtgs;Elder*)Eddie

Okaruaku

**Du Plessis** André

Windhoek Khomasdal

**Diergaardt** Elizabeth, Micaelo, Chrizano  
**Pieterse** (*Elder*)Brian & Anita  
**Schwartz** Sophia, Susan  
**Shand** (*Elder*)Trevor & Marlene, Joshua, Jesse  
**Van der Walt** Stephanie  
**Van Heerden** Wilma  
**Van Wyk** Christopher, Timiica