

Namibia & Upington

January 31, 2026

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<b>Louw</b>	Joey & Desmond, Lemise & Zandré; 74 <i>Walvisbaai</i>	081 694 1495(D) Neptune Street, Narraville, Walvisbaai. 081 441 3949(J)

Windhoek Senior Park

**LOW** Wijnhuisstraat Senior Park Heigights, Kenneh Kaunda street, 081 154 6600(D)  
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Winchhoeck; Posbus 3934, Vineta; 081 229 6196(T)  
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Louw	Piet, 20 Potgieter Street, Piонeers	081 240 2669	Windhoek Senior Park Park, Windhoek, Namibia, Senior	Park, M2	Natalie, Tyrik, 43 Pima Street, Aggeneys, 082 433 8810(N)	Aggeneys 8893, PO Box 343, Aggeneys, 8893;	natalien82@gmail.com, (-29.2369250,	18.8401330)
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Schwarz	Susan; 20 Florence Nightingale, 081 458 8365(T)	Windhoek Khomasdal Windhoek, Namibia; Posbus 8378, Bachbrecht	Trevor & Marlene, Joshua, Khomasdal Jesse, 081 458 8365(T)	Windhoek Khomasdal Posbus 8378, Bachbrecht;
Shand	081 294 4314(M)	Namibia; Posbus 8378, Bachbrecht;	081 458 8365(T)	Windhoek Khomasdal Posbus 8378, Bachbrecht;
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Windoeck Kho masdal

Diergaardt Elizabet, Micalelo, Chrizano  
Schwartz Sophia  
Schwartz Susan  
Shand (Elder) Trevor & Marlene, Joshua, Jesse  
Van der Walt Stephanie  
Van Heerden Wilma  
Van Wyk Christopher

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**Louw** **Deon** & **Tania**, **Laurén**  
**Louw** **Piet**  
**Opperman** **Danie**  
**Pieterse** **Lorraine**  
**Swartzi** **Katle**  
**Van der Watt** (**All** mtgs; **Elder**) **Eddie**

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## Namibia & Upington

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**Du Preez** Rika  
**Strämke** Ansie & Max

### Otjiwarongo

**Kurz** Emil & Katie, Mercy, Monalisa

### Rehoboth

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### Swakopmund

**Havemann** (*SunAM,SunPM*) Marjan  
**Huisamen** (*Wed;Elder*) Helmon & El-Selene

### Upington

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**Jansen** Johnny & Laurika, Ava, Leoniece  
**Nel** (*All mtgs;Elder*) Jan & Julia  
**Opperman** Wieks  
**Smith** Susan & Sakkie, Sakkie jr

### Walvisbaai

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**Van Heerden** Danie & Jeanette, Daniella  
**Van Wyk** Chet & Zuzette, Timiica