

Namibia & Upington

January 13, 2026

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Louw	Deon & Tania, Lauren; 2 Uhland Heights, Kenneth Kaunda street, Windhoek; Posbus 3934, Vineta;	081 272 6116(D) 081 154 6600(D) 081 229 6196(T)
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<i>Windhoek Senior Park</i>		
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<i>Upington</i>		
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<i>Windhoek Senior Park</i>		
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<i>Windhoek Khomasdal</i>		

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Namibia & Upington

Aggeneys

Landsberg Adrian

Nell Natalie, Tyrick

NAM Contacts

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Pieterse Anita

Pottie Eldon & Claire, Liam

Swart (*All mtgs;Elder*) Leon & Hannetjie

Van der Nest Bruce

Van Heerden Eduard & Manette

Okahandja

Bezuidenhoudt Leonie & Kobus

Du Preez Rika

Strämke Ansie & Max

Otjiwarongo

Kurz Emil & Katie, Mercy, Monalisa

Rehoboth

Vries Kynan & Nadine, Aiden, Kadene, Lillian

Swakopmund

Havemann (*SunAM,SunPM*) Marjan

Huisamen (*Wed;Elder*) Helmon & El-Selene

Upington

Coetzee Lien

Jansen Alicia

Jansen Johnny & Laurika, Ava, Leoniece

Nel (*All mtgs;Elder*) Jan & Julia

Opperman Wieks

Smith Susan & Sakkie, Sakkie jr

Walvisbaai

Louw Joey & Desmond, Lemise & Zandré

Van Heerden Danie & Jeanette, Daniella

Van Wyk Chet & Zuzette, Timiica

Windhoek Senior Park

Januarie Meleney, Jean-Claude, Damian, Tayla

Louw Deon & Tania, Lauren

Louw Piet

Opperman Danie

Pieterse Lorna

Swartz Katie

Van der Walt (*All mtgs;Elder*) Eddie

Okaruaku

Du Plessis André

Windhoek Khomasdal

Diergaardt Elizabeth, Micaelo, Chrizano

Schwartz Sophia

Schwartz Susan

Shand (*Elder*) Trevor & Marlene, Joshua, Jesse

Van der Walt Stephanie

Van Heerden Wilma

Van Wyk Christopher