

February 13, 2026

Gdeberha and District

Adkins	Felecia; 21 Coral Rd, Boysens	061 489 3696(F)
<i>Bethelsdorp SunAM</i>	Park	
Alexander	Ernest; 198 Lingelihle Rd, Timothy	078 182 2830
<i>Bethelsdorp SunAM</i>	Valley, Boysen Park, Gqeberha 6001	
Alexander	Recardo & Bernita, Joah; 27	081 793 6305(R)
<i>Humansdorp SunAM</i>	Kemp Street, Humansdorp, 6300;	
	recardoe.a01@gmail.com(R)	
Bailey	Melanie & Russel, Jaxon; 27 Byron	073 409 9597
<i>Gelvandale SunAM</i>	Road, Kensington, Gqeberha;	
	melanievalayden@hotmail.co.za	
Barkhuysen	Monrae & Letisia; 33 Kiewietjie St,	083 645 1639(L)
<i>Van der Stel SunAM</i>	Cotswold Ext, Gqeberha. 6045;	072 486 8301(M)
	monraetc1@gmail.com	
Barnard	Joey; 21 Vosges	072 144 3847
<i>Mill Park SunAM (113 Westview drive)</i>	Avenue, Lorraine,	
	Gqeberha 6070	
Beadon	Roger, Kyle, Bryce;	042 234 0666H
<i>Mill Park SunAM (113 Westview drive)</i>	Addo's White	074 697 4711(R)
	House, Rietfontein Way, Sunland, Addo, 6105;	
	rotarog@gmail.com; (-33.513905,25.637928)	
Bekker	Elsabie; 8 Charleroi Str,	083 481 0045
<i>Kabega Park SunAM</i>	Kabega Park, Gqeberha, 6025;	
	elsabie.b@gmail.com	
Bernardo	Ronald, Yolande, Ronaldo; 181	062 935 2182(R)
<i>Bethelsdorp SunAM</i>	France Crescent, Timothy Valley,	073 662 1307(Y)
	Boysen Park, Bethelsdorp, Gqeberha, 6059	
Bezuidenhout	Corene & Hannes; 4	078 711 5082(C)
<i>Kariega - Minnaar SunAM</i>	Fremantle Street, Vanes	
	Estate, Kariega, 6229	
Botha_Humansdorp	Nicolene & Gavin, Alex-	0837594436(N)
<i>Humansdorp SunAM</i>	Zander, Zayne-Paul; 8 Hugo	
	St, Humansdorp; nicolenebotha44@gmail.com	
Botha_PE	Nicolene; 21	063 747 7261(N)
<i>Mill Park SunAM (113 Westview drive)</i>	Riverwoods	
	Complex, 262 Church Road, Walmer, 6065	
Botha	Gerard & Ilze, Luke; 5 5th Ave,	0833257498(G)
<i>Walmer SunAM</i>	Walmer, Gqeberha 6070; ncinc-	0823396038(I)
	cqala@gmail.com(G) , ia.botha78@gmail.com(I)	

Dyason Winston
Hollington (*Elder*)Llewellyn & Stina
Olls (*Takes SunPm*)lan

Geldenhuys	Neil & Belynda, Lyndin; 64 Kensington Connaught Ave, Kensington, Gqeberha, 6001; neilgeld@gmail.com(N) , belyndajordan@gmail.com(B)	082 853 8514(N) 083 770 3366(B)
Gerber	Edward; 64 Marina Rd, Clarendon Rowallan Park SunAM	Marine, Gqeberha. 6070; starfield.e@gmail.com
Gilbert	Wendy & Shaun; 17 Timothy Avenue, Kabega Park SunAM	084 266 2444 Broadwood, Gqeberha, 6070; wendymatthews49@gmail.com
Gowar	Johan & Mill Park SunAM (113 Westview drive)	Rose; 258 060 444 8061(J) Greenacres Village 11, Rochelle Rd, Greenacres, Gqeberha, 6057; johang-gowar@gmail.com(J) , rosegowar@gmail.com(R) , thegowars@pemail.co.za(practice)
Gowar	Matthew; 258 Mill Park SunAM (113 Westview drive)	063 452 7693 Greenacres Village 11, Rochelle Rd, Greenacres, Gqeberha, 6057; mattogowar@gmail.com
Grootboom	Andrew, Daniella, Elizabeth-Ann, Gelvandale SunAM	Elizabeth-Ann, 063 315 4751(A) Raylene; 133 Bell Road, Gelvandale, Gqeberha., 6020 084 095 2692(D)
Grootboom	Beryl, Melinda, Sylvia; 14 Rowallan Park SunAM	14; Rudman Rd, Rowallan Park, Gqeberha. 6025; berylgrootboom5@gmail.com 067 288 9225(B) 060 493 3072(M)
Havenga	Johnny & Eunice; 77 The Ridge, Kabega Park SunAM	77 The Ridge, Westbrook, Summerville Rd, Parsons Vlei, 6025; johnnyhavenga366@gmail.com 081 412 9007H 0828377768(J) 0824172490(E)
Herion	Alec; Rosa Munch Retirement Kariega - Herion SunAM	Retirement Home, 10 Victoria Street, Kariega, 6229; herionalec@gmail.com 072 315 9967
Herion	Anna; Rosa Munch Ouetehuis, Kariega - Herion SunAM	10 Victoria Straat, Kariega 073 215 7923
Herion	Pieter & Colette; 2 Lange St, Kariega - Herion SunAM	2 Lange St, Penford, Kariega 082 412 6824(P) 072 658 1070(C)
Herion	Ricardo & Katelyn, Evardo, Tia-062 590 7033(R) Kariega - Herion SunAM	Lee; 3 Lange Street, Penford, Kariega, 6229; ricardo.herion619@gmail.com(R)

16	Humansdorp WedPM@18h00;W Jonkers
Botha Humansdorp	Nicolene & Gavin, Alex-Zander, Zayne-Paul
Jonkers (All mtgs;Elder)	William & Landa, Jodene, Kaytlin, Randolene, Haleigh, Roseline Plaatjies
Kettledas	Irenita (in Saudi) & Ryan, Ashleigh
Kettledas	Portia
Jeffreys Bay WedPM@18h30;R Delpoort @ M de Bruyn	
Carelse Susan Delpoort	Anetjie
Delpoort (Elder)	Rouen & Joey
du Bruyn (Wed)	Marlene
Michaels John & Maureen Perie Elize	
Kabega Park WedPM@19h30;F Swanepoel	
Bekker Elsabie Gilbert Wendy	
Havenga (SunPM)	Johnny & Eunice
Kruger Heidi	
Procter-Sims Maxine, Flynn Schoonraad (SunAM;Elder)	Deon & Chantal
Swanepoel (Wed)	Fred & Crystal
Kariega - Minnaar #1 WedPM@19h30;N van Niekerk	
Hill Florrie McDonald Candice & Johnathan, Saige Michaels Mita, Sanette Roberts Minnaar Bradley, Liesl van Niekerk (Wed)	Nellene, Adrian, Bronwyn
Kariega - Minnaar #2 WedPM@19h30;B Minnaar	
Bezuidenhout Corene Herion (SunAM,SunPM;Elder)	Pieter & Colette
Jordan Rowena Kamfer Sophie Minnaar Robyn	
Minnaar (All mtgs;Elder)	Bertram & Dorothy, Robyn
Sparks Monique & Brodwynn, Seth, Ziva	

Lourens <i>Kariega - Herion SunAM</i>	Bettie, André; 1 Main Str, Bothasrus, Despatch 6219; P.O. Box 165, Despatch 6220	041 933 2761 076 627 8864(B) 065 953 4191(A)
McDonald <i>Kariega - Minnaar SunAM</i>	Candice & Johnathan, Saige; 078 419 6797(C) 33 Cygnet Street, Rosedale, Kariega, 6229	
Michaels <i>Jeffreys Bay SunAM</i>	John & Maureen, Joshlyn, Waylin; 16 Steve Biko Ave, Gqeberhallsrus, Jeffreys Bay	0726214110(J) 0833120213(M)
Michaels <i>Kariega - Minnaar SunAM</i>	Mita, Sanette Roberts; c/o Sanette Roberts, 5 Parriket Str, Rosedale, Kariega, 6229	078 428 2605(S)
Minnaar <i>Kariega - Minnaar SunAM</i>	Bertram & Dorothy, Robyn; 13 Harvey St, Vanes Estate, Kariega 6229; bertram.minnaar@gmail.com(B) , dorothy.minnaar@gmail.com(D)	0832861244(B) 0833783654(D)
Minnaar <i>Kariega - Minnaar SunAM</i>	Bradley & Jean, Liesl; 10 Sipres Rd, Gamble, Kariega 6229; brad.minnaar@gmail.com	0742736180(B)
Minnaar <i>Kariega - Minnaar SunAM</i>	Robyn; Moved back to her parents	073 642 4129
Niewenhuis <i>Bethelsdorp SunAM</i>	Janine, Cody; House 14856 Marakana, 069 549 3630 Ext 11 & 12, Boysens Park, Gqeberha, 6059; (-33.844234,25.453509)	
O'Ryan <i>Bethelsdorp SunAM</i>	Angelene; 36 Soudien Rd, Bethelsdorp, Gqeberha. 6059; angieoryan31@gmail.com	068 415 5453 073 777 0976
Olivier <i>Kabega Park SunAM</i>	Andrew & Joye; "Lily on the Valley", 0823201069(A) 20 Abelia Crescent, Sunridge Park, 083 444 1439(J) 6045, Gqeberha; andrewolivier03@gmail.com	
Olls <i>Van der Stel SunAM</i>	Richard & Karien; 29 Punto di Vista, Pembroke St, Kabega Park Gqeberha 6025; P.O. Box 2165, Noorskloof 6331; karien@isat.co.za(K)	0731890515(R) 0828981618(K)
Olls <i>Walmer SunAM</i>	Ian & Jean; 22 Bradley Rd, Summerstrand, Gqeberha 6001; ian@olls.co.za(I)0836550479(J), jeanolls07@gmail.com(J)	0824521836(I)

14	Kariega - Minnaar SunPM@17h00;B Minnaar
	Minnaar Bradley, Liesl
	Sparks Monique & Brodwynn, Seth, Ziva van Niekerk (Wed)Nellene, Adrian, Bronwyn
	Kensington SunPM@17h00;D Pienaar
	Dedaa Faith
	Geldenhuys Neil & Belynda, Lyndin
	Kettleadas Ethan-Rick
	Kumire Tracey
	Pienaar (All mtgs;Elder)Deon & Lana, Kristen, Clark
	Mill Park SunPM@17h00;C Kelsey
	Barnard (Wed)Joey
	Botha PE Nicolene
	Gowar (SunAM;Elder)Johan & Rose
	Gowar Matthew
	Kelsey (SunPM)Clint & Brigitte, Danielle
	Strydom (Not able to attend mtgs)Corrie van Wyk Gert & Rozanne, Carter, Ruby
	Port Alfred SunPM@17h00;M Sauls
	Sauls (All mtgs;Elder)Mervyn & Charmel, Tamlyn, Allison
	Schultz Claudius
	Westcott Patsy
	Rowallan Park SunPM@17h00;B Grootboom
	Conradie (Wed)Quintus & Simoné, Berto, Stefan
	Gerber (Elder)Edward
	Grootboom (SunAM,SunPM)Beryl, Melinda, Sylvia
	Rossouw Sarita
	Syce Neil
	Van der Stel SunPM@17h00;D Conradie
	Barkhuysen Monrae & Letisia
	Conradie Dezney
	Olls Richard & Karien
	Oosthuysen Janice
	Phillips (SunAM,Wed;Elder)Andrew & Roelene
	Simpson Alex & Helene
	Solomon David & Rosemary

Bruyn	Jeffrey's Bay SunPM@17h00; J. Michaels @ M de Carlesie Susanie Delport (Elder) Rouen & Joey du Bruyn (Med) Marlene Michaels John & Maureen Perle Elize
Perle	Elize; Kanarie No 6, Ons Tuiste, Jeffreys Bay SunAM 20 Heugh Str, Humansdorp, 6300; oostjic@gnmail.com
Phaal	Derek & Lavinia; Van Staden 0823558719(L) Blue Horizon Bay SunAM Mouth Holiday Resort; PO Box 0837528095(D)
Phillips	Andrew & Roelene; 34 Olive Van der Stiel SunAM Schreiner Rd, Van der Stel, Gadebeha. 6025; andrewp913@gnmail.com(A) , 084 418 1966(A)
Pienaar	Dean & Lanra, Kristien, Clark; 2 Connaughth071 606 2768(D) Kensington Place, Kensington, Gadebeha., 6001 076 152 7687(L) roelenephillips@gnmail.com(R)
Pillay	Nadasen; Life Kirkwood Care Bethesdaop SunAM Centre (Unit 11), Sonop Street, Kirkwood, 6120 079 278 9011(K) +27 42 230 0333
Procter-Sims	Maxine & Pastrik, Flynn; 20 Melan073 259 5484(M) Kabega Park SunAM Montmedy Street, Loraine, 6070;
Rossouw	Sarita; 14 Kay Cout, Richelle Rowallan Park SunAM Crescent, Kabega Park, Gadebeha; Glenvalle SunAM Kearon, Dealyah, 0414522093 (H) 081 548 6279(R)
Sauls	Mervyn & Charmel, Tamlyn, +2779 440 4112(M) Port Alfred SunAM Allison; 11 Sports Rd, East Bank, Kabega Park SunAM Rd, Kabega Park 6025; deons@gnmail.co.za(D) , chantaesgrypt.co.za(C) 0832768538(C) 0833955990(D)
Schoonraad	Deon & Chantali; 77 Avondale Margie; 20 Magriet Conradie Karteg-a - Herion SunAM Thehus, Willem Olckers St (end of), Despatch 084 626 6545
Schoonraad	Deon & Chantali; 77 Avondale Margie; 20 Magriet Conradie Karteg-a - Herion SunAM Thehus, Willem Olckers St (end of), Despatch 084 626 6545
Kariega - Minnara SunPM@17h00; B. Minnara	Kariega - Minnara SunPM@17h00; B. Minnara Bezuidenhout Corne Hilli Fidrie Jordan Sophie Kamfer Sophie McDonald Candice & Johannesburg, Sajige Minnara Robyn Michaels Mitia, Johannesburg, Sajige Minnara (All mats Elder) Bertram & Dorothy, Robyn

Schultz	Lemuel, Claudius; 10 Stewart Road, 063 170 5874(L)
<i>Port Alfred SunAM</i>	Port Alfred, 6170
Simpson	Alex & Helene; 26 Olive Schreiner Road, Kabega Park, Gqeberha, 6025; alexhelenesimpson883@gmail.com
Smith	Denise & Denzil; 8 Kowie Str, Grahamstown, 6139
	0466224809 716260072
Solomon	David & Rosemary; Block 10, Unit 229, Willowdene Village, Cnr Frans Landman & Willow Road, Fairview, 6070; P.O. Box 27602, Green Acres, Gqeberha. 6057; davesol1978@gmail.com
	061 925 1575(D) 081 534 8091(R)
Sparks	Monique & Brodwynn, Seth, 063 448 1043(M)
<i>Kariega - Minnaar SunAM</i>	Ziva; 4 Fremantle St, Vains Estate Kariega; Nicky.bezuidenhout@gmail.com
Steyl	Cornelia; 47 Mimosa Rd, Blue Horizon Bay 6011; PO Box 22443, 041 776 1891 Gqeberha 6000; c8steyl@gmail.com
	0836532553
Steyl	Heinrich & Charmaine, Aldrich, Melodie, Mishke; 15 Aster Str, Blue Horizon Bay, 6011; PO Box 22443, Gqeberha 6000; heinsteyl@gmail.com(H) , ccsteyl@gmail.com(C)
	0417761929 0836547677(H) 082 879 2019(C) 063 357 7663(A)
Steyl	Konrad & Lizette, Yolandi, Bernard; 3 Papawer Str, Blue Horizon Bay 6011; PO Box 22443, Gqeberha 6000; 0826536948(K)
	0417761685 0828228621(L)
Strydom	Corrie; Home Sweet Home, Montmedy Rd, Lorraine; corstrym@gmail.com
	0413609129 761753390
Swanepoel	Fred & Crystal; 28 Villa Radé, Nursery Close, Westering, Gqeberha. 6025; fredswanepoel@cybersmart.co.za
	0413606506 0719980080(F) 0834102033(C)
Syce	Neil, Michael, Neilin; 9 Glenhurd Mansions, 57 Handsworth St, Gqeberha; syceneil2@gmail.com
	079 037 0011(N)
Topkin	Lawrence & Eloma; 41 Koen Cres, Hillside, Bethelsdorp, 6059, Gqeberha. 6059; ltwelding@gmail.com
	0764577798(E) 079 854 2057(L)

12	Van der Stel SunAM;A Phillips
	Solomon David & Rosemary
	Walmer SunAM;L Hollington @ G Botha
	Botha (All mtgs;Takes WedPM)Gerard & Ilze, Luke
	Dyason Winston
	Hollington (Elder)Llewellyn & Stina
	Olls (Takes SunPm)Ian
	Bethelsdorp SunPM@17h00;E Brown
	Alexander Ernest
	Bernardo Ronald
	Brown (All mtgs)Emily
	Buys Tarryn , Brooklyn, Tylor, Tashniqe
	Jansen Marilyn
	O'Ryan Angelene
	Topkin (Elder)Lawrence & Eloma
	Blue Horizon Bay SunPM@18h00;C Steyl
	Phaal (Elder)Derek & Lavinia
	Steyl (SunPM,Wed)Cornelia
	Steyl (SunAM)Heinrich & Charmaine, Aldrich, Melodie, Mishke
	Steyl Konrad & Lizette, Yolandi, Bernard
	Booysens Park SunPM@16h30;J Nieuwenhuis
	Adkins Felecia
	Clark Anseley
	Nieuwenhuis Janine
	Gelvandale SunPM@17h00;A Valayden
	Bailey Melanie & Russel , Jaxon
	Claassen (Wed)Lilian
	Grootboom Andrew
	Sauls (Elder)Renoah
	Valayden (SunAM,SunPM)Aloma, Alvina
	Humansdorp SunPM@17h00;W Jonkers
	Alexander Recardo & Bernita , Joah
	Botha_Humansdorp Nicolene & Gavin, Alex-Zander, Zayne-Paul
	Jonkers (All mtgs;Elder)William & Landa, Jodene, Kaytlin, Randolene, Raleigh, Roseline Plaatjies

Van Wyk	Gert & Rozanne, 0835501881(G)	3 Mowbray st, Newton Park, Gqeberha, 0833052608(R)	Mil Park SizAM (113 Westview drive) Carter, Ruby; 0835501881(G)	6025; rozanegowar@yahoo.com(R), uhsport@gmali.com(G)
Van Niekerk	Nelliene, Adriean, Bronwyn; 0815898577(A)	Kariega - Milnara SizAM 38 Sandpiper Drive, Mountain 0635360544(N)	Vleew, Kariega	Kariega - Milnara SizAM 38 Sandpiper Drive, Mountain 0635360544(N)
Van Bruyn	Marelene, 30 Franschhoek Ave, Edeenglen 0422961608	Wafercrest, Jeffreys Bay; P.O.Box 2033, Noorsekloof,	Jeffreys Bay SizAM Retirement Village, Wonderboom Cres,	820467927
Westcott	Patsy, Sandra; 23 Putt Road, 0466243248	Port Alfred SizAM East Bank, Port Alfred;	thandulwanedle@gmail.com	du Bruyn
Waterus	Beverley & Keith; 33 Tow Path, Redhouse, 0842411747(B)	Gqeberha - 6215; benvjoywattrus@gmail.com(B)	Kensington	Gqeberha; P.O. Box 4, Redhouse,
Vermaak	Glenada; 33 De Jongh 0835649632	glenadagaiivermaak@gmail.com	Kariega - Herion SizAM Drive, Janseendal, Kariega;	Kariega
Van Tonder	Evert & Desiré; 56 Courceilles 063773992(D)	Roodlaan Park SizAM Rd, Lorraine, Gqeberha.	0725824641(E)	Waterus
Valadyen	Aolma, Alvinia; 59 Groenewald 0663292857(A)	Groenvale SizAM Rd, Gelvandale, Gqeberha. 6020;	a.valeden@gmail.com	Van Tonder

Gqeberha and District

Bethelsdorp SunAM;E Brown

Adkins Felecia
Alexander Ernest
Bernardo Ronald
Brown (All mtgs) Emily
Buyς Tarryn, Brooklyn, Tylor, Tashnique
Clark Anseley
Jansen Marilyn
Nieuwenhuis Janine
O'Ryan Angelene
Pillay Nadasen
Topkin (Elder) Lawrence & Eloma

Blue Horizon Bay SunAM;H Steyl

Phaal (Elder) Derek & Lavinia
Steyl (SunPM, Wed) Cornelia
Steyl (SunAM) Heinrich & Charmaine, Aldrich, Melodie, Mishke
Steyl Konrad & Lizette, Yolandi, Bernard

Gelvandale SunAM;A Valayden

Bailey Melanie & Russel, Jaxon
Claassen (Wed) Lilian
Grootboom Andrew
Sauls (Elder) Renoah
Valayden (SunAM, SunPM) Aloma, Alvina

Grahamstown SunAM;Once a month to Port

Alfred
Smith Denise

Humansdorp SunAM;W Jonkers

Alexander Recardo & Bernita, Joah
Botha_Humansdorp Nicolene & Gavin, Alex-Zander,
 Zayne-Paul
Jonkers (All mtgs;Elder) William & Landa, Jodene, Kaytlin,
 Randolene, Haleigh, Roseline Plaatjes
Kettledas Irenita (in Saudi) & Ryan, Ashleigh
Kettledas Portia

Jeffreys Bay SunAM;R Delport

Carelse Susan
Delport Anetjie
Delport (Elder) Rouen & Joey
du Bruyn (Wed) Marlene
Michaels John & Maureen
Perie Elize

Kabega Park SunAM

Bekker Elsabie
Du Bois Jan & Joan
Gilbert Wendy
Havenga (SunPM) Johnny & Eunice
Hutton Honora
Kruger Heidi
Olivier Andrew & Joye
Procter-Sims Maxine, Flynn
Schoonraad (SunAM;Elder) Deon & Chantal
Swanepoel (Wed) Fred & Crystal

Kariega - Herion SunAM

Ferreira Paula
Herion Alec
Herion Anna
Herion (SunAM, SunPM;Elder) Pieter & Colette
Herion Ricardo & Katelyn, Evardo, Tia-Lee
Lourens Bettie, André
Schoonraad Margie
Vermaak (WedAM) Glenda

Kariega - Minnaar SunAM

Bezuidenhout Corene
Hill Florrie
Jordan Rowena
Kamfer Sophie
McDonald Candice & Johnathan, Saige
Michaels Mita, Sanette Roberts
Minnaar Robyn
Minnaar (All mtgs;Elder) Bertram & Dorothy, Robyn
Minnaar Bradley, Liesl
Sparks Monique & Brodwynn, Seth, Ziva