

**BASE-1: Survival & Health**  
Sleep, food, mental stability.

**BASE-2: Discipline & Routine**  
Daily routine, walk, learning.

**BASE-3: Skill Building**  
Coding, problem solving.

**BASE-4: Income Stability**  
Regular income, expense control.

**BASE-5: Self-Reliance**  
Cooking, daily life skills.

**BASE-6: Confidence & Identity**  
Self-respect, clarity.

**BASE-7: Relationship Readiness**  
Emotional maturity.

**BASE-8: Family Responsibility**  
Wife, child, safety.

**BASE-9: Growth & Security**  
Savings, future planning.

**BASE-10: Peace & Meaning**  
Balanced and peaceful life.