

BASE-1: Survival & Health
Sleep, food, mental stability.
BASE-2: Discipline & Routine
Daily routine, walk, learning.
BASE-3: Skill Building
Coding, problem solving.
BASE-4: Income Stability
Regular income, expense control.
BASE-5: Self-Reliance
Cooking, daily life skills.
BASE-6: Confidence & Identity
Self-respect, clarity.
BASE-7: Relationship Readiness
Emotional maturity.
BASE-8: Family Responsibility
Wife, child, safety.
BASE-9: Growth & Security
Savings, future planning.
BASE-10: Peace & Meaning
Balanced and peaceful life.