

### **Overview**

#### Progress against global nutrition targets 2018



Under-5 stunting 24/194 on course



Under-5 wasting 37/194 on course



Under-5 overweight 38/194 on course



WRA anaemia 0/194 on course



Exclusive breastfeeding 31/194 on course



Adult female obesity 0/194 on course



Adult male obesity 0/194 on course



Adult female diabetes 26/194 on course



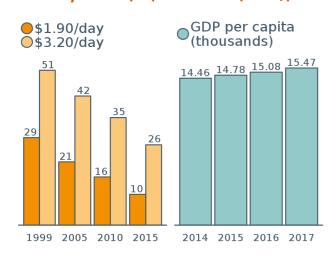
Adult male diabetes 8/194 on course

Sources: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates, UNICEF global databases: Infant and Young Child Feeding, NCD Risk Factor Collaboration, WHO Global Health Observatory.

Notes: The methodologies for tracking differ between targets. Data on the adult indicators are based on modelled estimates. See Appendix 1 of the 2018 Global Nutrition Report for details of the methods and sources used to assess progress towards global nutrition targets.

### **Economics and demography**

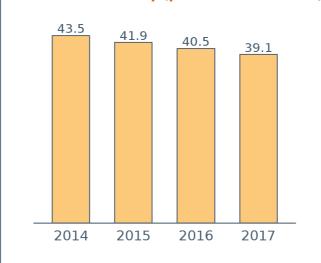
#### Poverty rates (%) and GDP (PPP\$)



Source: World Bank 2018.

Note: GDP = gross domestic product. PPP = purchasing power parity.

#### Under-5 mortality (per 000 live births)



**Source**: UN Inter-agency Group for Child Mortality Estimation 2018.

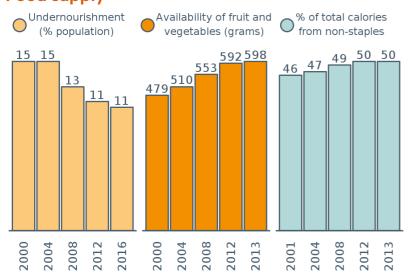
#### **Population**

Population (millions)	7,633	2018
Under-5 population (millions)	677	2018
Rural (%)	45	2017
≥65 years (millions)	675	2018

Source: UN Population Division 2017.

## **Underlying determinants**

#### Food supply



Source: FAOSTAT 2018.

#### **Gender-related determinants**

Early childbearing: births by age 18 (%)	18	2015
<b>Source</b> : UNICEF 2018. <b>Note</b> : n = 114.		
Population density of healt per 1,000 people	th work	ers
Physicians	1.49	2016

3.4

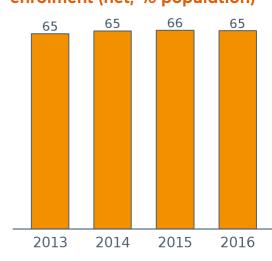
0.52

2016

2016

**Source**: WHO's Global Health Workforce Statistics, OECD, supplemented by country data. n = 191

## Female secondary education enrolment (net, % population)



Source: UNESCO Institute for Statistics 2018.

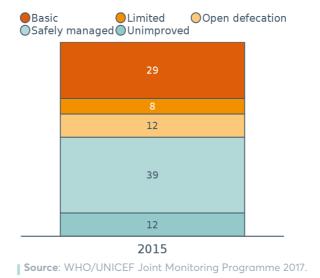
#### **Drinking water coverage (% population)**



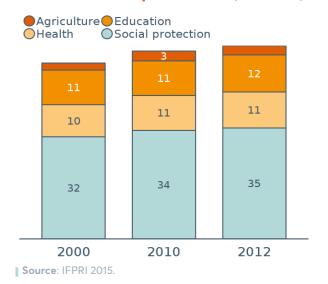
#### Sanitation coverage (% population)

Nurses and midwives

Community health workers



#### **Government expenditures (% total)**



1

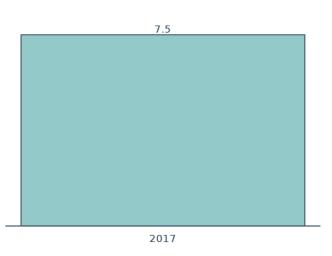
## Children (under 5) nutrition status

#### **Under 5: wasting (%)**

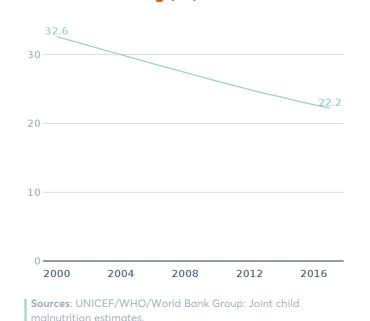


malnutrition estimates.

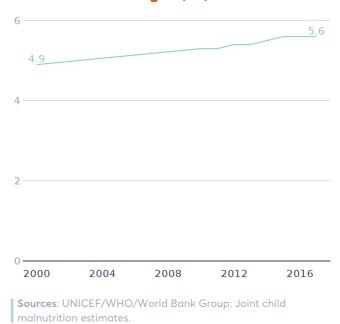
malnutrition estimates.



#### **Under 5: stunting (%)**

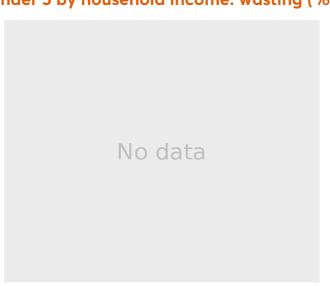


#### **Under 5: overweight (%)**



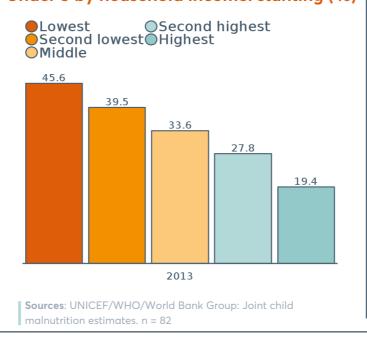
#### Under 5 by household income: wasting (%)

Sources: UNICEF/WHO/World Bank Group: Joint child

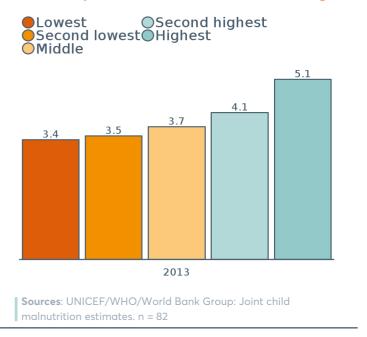


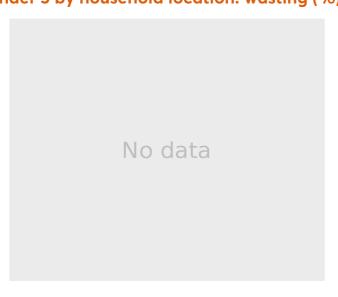


#### Under 5 by household income: stunting (%)



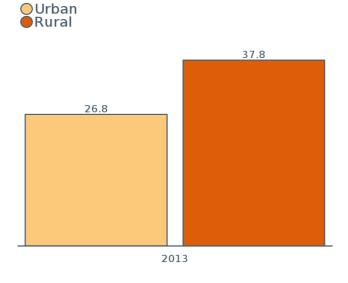
#### Under 5 by household income: overweight (%)





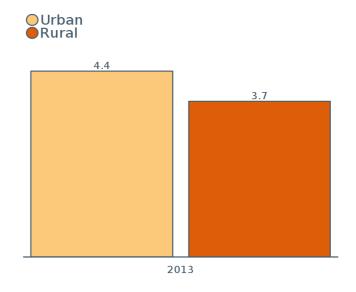
Sources: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates.

#### Under 5 by household location: wasting (%) | Under 5 by household location: stunting (%)



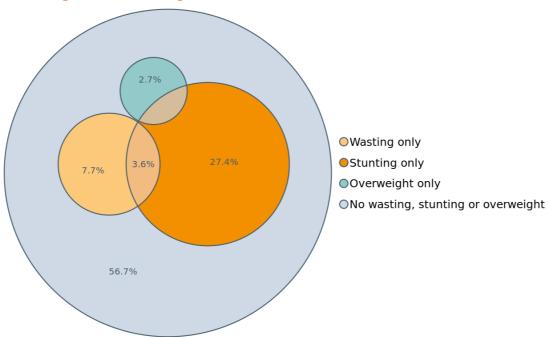
**Sources**: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates. n = 86

#### Under 5 by household location: overweight (%)



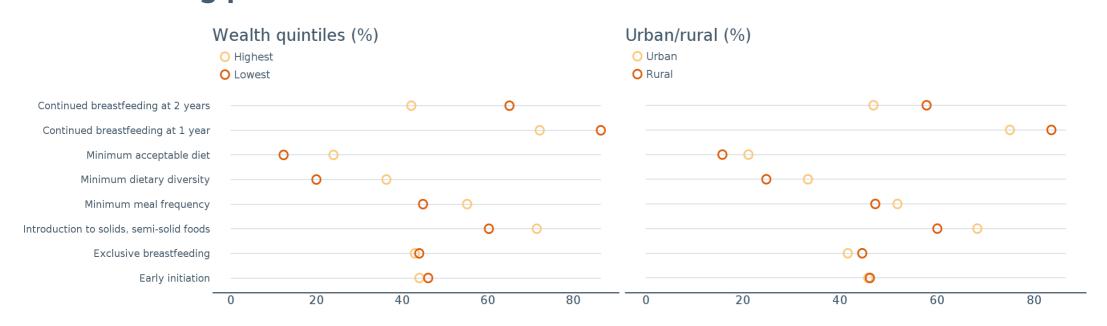
Sources: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates. n = 86

#### Under-5 coexistence of wasting, stunting and overweight



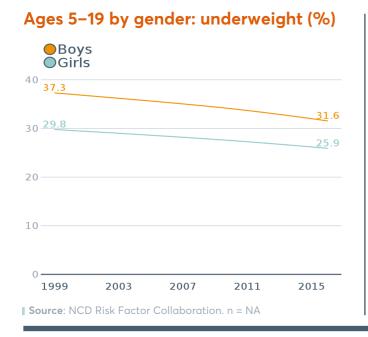
Sources: UNICEF, Division of Data Research and Policy (2018), Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight, New York, May 2018.

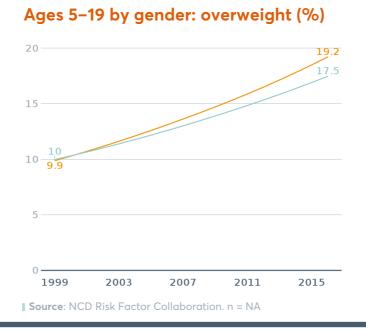
## **Child feeding practices**

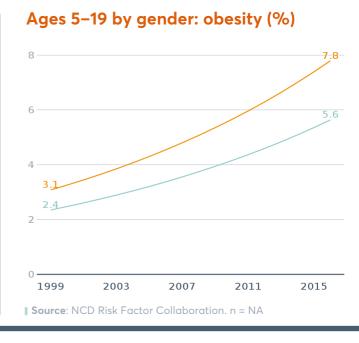


Sources: UNICEF, Division of Data Research and Policy (2018), Global UNICEF Global Databases: Infant and Young Child Feeding, New York, May 2018. n = 90

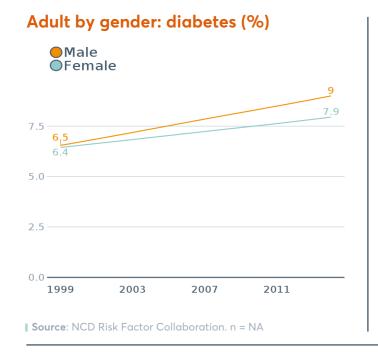
## Children and adolescent (aged 5-19) nutrition status

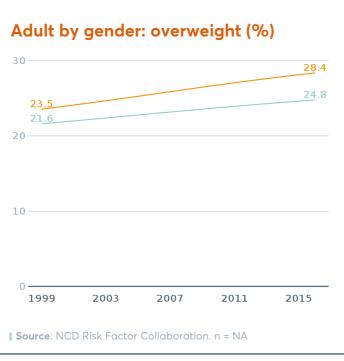


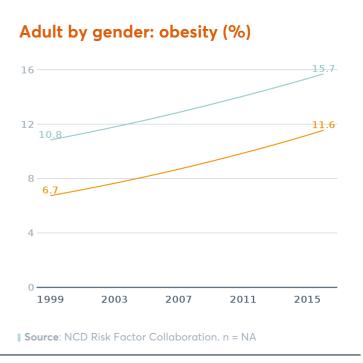




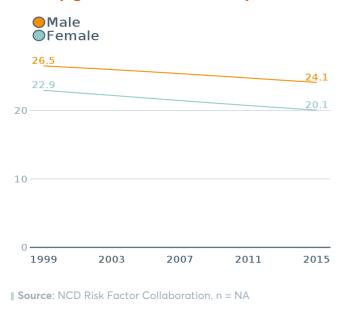
#### **Adult nutrition status**



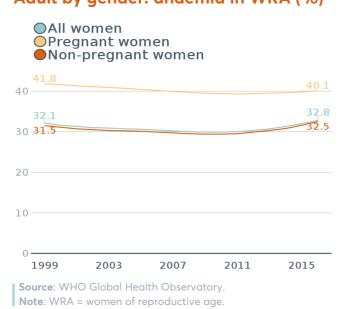




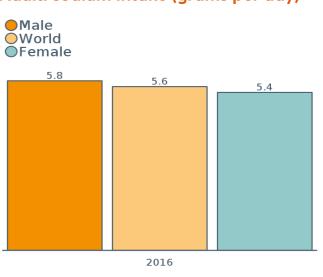
#### Adult by gender: raised blood pressure (%)





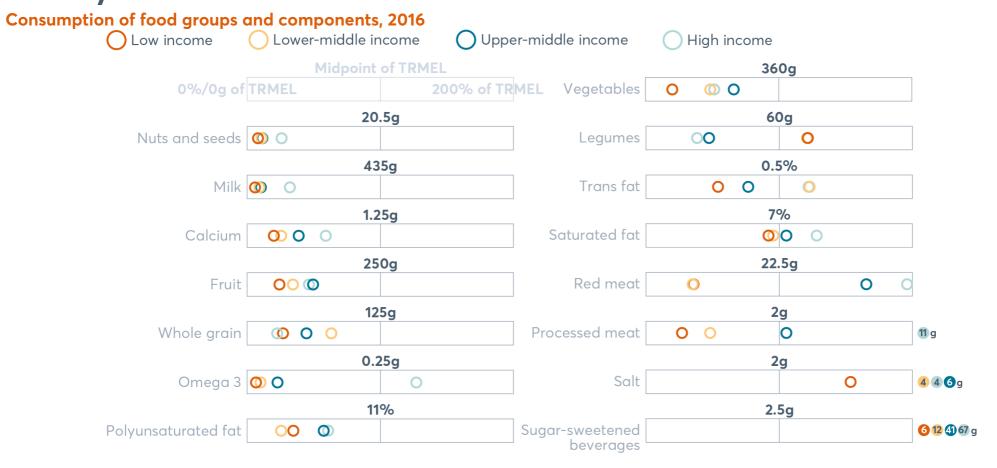


#### Adult: sodium intake (grams per day)



**Source**: Global Burden of Disease, the Institute for Health Metrics and Evaluation.

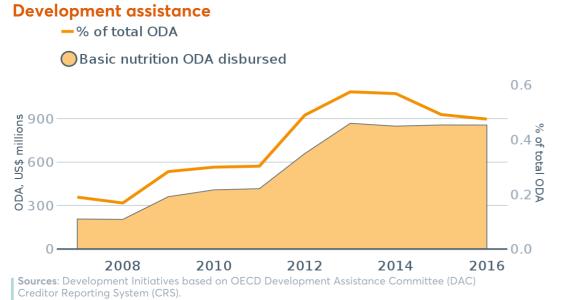
### **Dietary needs**



Source: Global Burden of Disease, the Institute for Health Metrics and Evaluation.

Notes: Men and women aged 25 and older. TMREL = theoretical minimum risk exposure level.

## Financial resources and policy, legislation and institutional arrangements



Notes: ODA = official development assistance. Amounts based on gross ODA per capita, constant 2016 prices. Figure includes ODA grants and loans, but excludes other official flows and private grants.

#### **National policies**

Mandatory legislation for salt iodisation	107/194
Sugar-sweetened beverage tax	38/194
Food-based dietary guidelines	91/194
Multisectoral comprehensive nutrition plan	100/194

**Sources**: Global Fortification Data Exchange 2018; Sugar-sweetened data prepared using data from the NOURISHING database, academic references and market reports; FAO 2018; WHO Global database on the Implementation of Nutrition Action (GINA), 2nd Global Nutrition Policy Review.

#### Targets included in national (nutrition or other) plan

Stunting	Anaemia	Low birth weight	Child overweight	Exclusive breastfeeding	Wasting	Salt intake	Overweight adults and adolescents
111/194	87/194	100/194	138/194	126/194	101/194	107/194	158/194

Sources: WHO Global database on the Implementation of Nutrition Action (GINA), 2nd Global Nutrition Policy Review.

## Intervention coverage

Coverage/practice indicator	Number of countries with data	Minimum %	Maximum %	Mean %	Median % for countries with data
Children 0-59 months with diarrhoea who received zinc treatment	46	0.1	50.2	8.6	2.8
Children 6–59 months who received vitamin A supplements in last 6 months	58	4.5	86.4	57.0	60.9
Children 6–59 months given iron supplements in past 7 days	56	1.3	45.4	14.6	11.6
Women with a birth in last five years who received iron and folic acid during their most recent pregnancy	62	22.6	96.6	74.6	81.0
Household consumption of any iodised salt	52	18.0	99.8	82.7	90.9

Sources: Kothari M. and Huestis A., based on 2016 Global Nutrition Report and UNICEF global databases, 2018.

Notes: Data is compiled using STATcompiler and taken from country Demographic and Health Surveys for 2005–2017.