



## **Overview**

#### **Burden classification**

#### The Global Nutrition Report classifies this country as experiencing two forms of malnutrition – anaemia and stunting

Sources: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates, NCD Risk Factor Collaboration, WHO Global Health Observatory.

Notes: Thresholds for a country having the form or not: stunting in children aged under 5 years  $\geq$ 20%; anaemia in women of reproductive age  $\geq$ 20%; overweight (body mass index  $\geq$ 25) in adult women aged  $\geq$ 18 years  $\geq$ 35%.

#### **Progress against global nutrition targets 2018**



**Under-5 stunting** No progress or worsening



**Under-5 wasting** Some progress



**Under-5 overweight** On course



**WRA** anaemia





**Exclusive breastfeeding** No progress or worsening



Adult female obesity No progress or worsening



Adult male obesity No progress or worsening



Adult female diabetes No progress or worsening

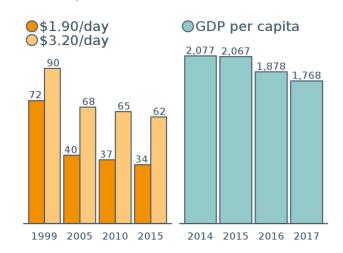


Adult male diabetes No progress or worsening

Sources: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates, UNICEF global databases: Infant and Young Child Feeding, NCD Risk Factor Collaboration, WHO Global Health Observatory. Notes: The methodologies for tracking differ between targets. Data on the adult indicators are based on modelled estimates. See Appendix 1 of the 2018 Global Nutrition Report for details of the methods and sources used to assess progress towards global nutrition targets.

# **Economics and demography**

#### Poverty rates (%) and GDP (PPP\$)



Source: World Bank 2018. **Note**: GDP = gross domestic product. PPP = purchasing power

#### **Under-5 mortality (per 000 live births)**



Source: UN Inter-agency Group for Child Mortality Estimation 2018.

#### Income inequality

Gini index score <sup>1</sup>	Gini index rank <sup>2</sup>	Year
43	120	2011

Source: World Bank 2018.

**Notes**: 0 = perfect equality, 100 = perfect inequality. Countries are ranked from most equal (1) to most unequal (155).

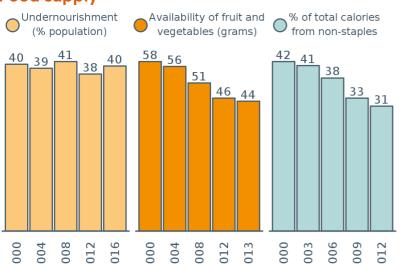
#### **Population**

Population (000)	14,900	2017
Under-5 population (000)	2,782	2018
Rural (%)	77	2017
≥65 years (000)	384	2018

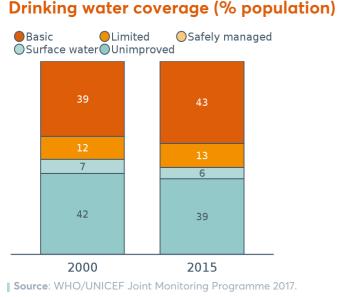
Source: UN Population Division 2017.

# **Underlying determinants**

#### Food supply



Source: FAOSTAT 2018.



#### **Gender-related determinants**

Early childbearing: births by age 18 (%) <sup>1</sup>	47	2010
Gender Inequality Index (score*) <sup>2</sup>	0.71	2017
Gender Inequality Index (country	155	2017

Sources: UNICEF 2018; UNDP 2018.<sup>2</sup>

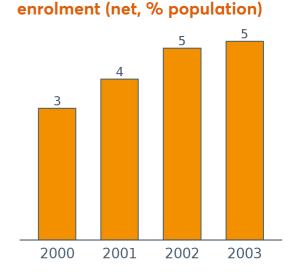
**Note**: \*0 = low inequality, 1 = high inequality.

#### Population density of health workers per 1,000 people

Physicians	0.04	2013
Nurses and midwives	0.31	2013
Community health workers	0.02	2004

Source: WHO's Global Health Workforce Statistics, OECD, supplemented by country data.

# Female secondary education

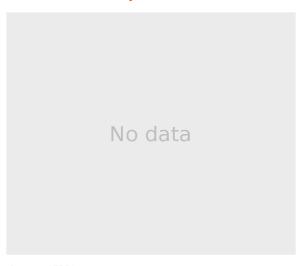


Source: UNESCO Institute for Statistics 2018.

#### Sanitation coverage (% population)



## Government expenditures (% total)

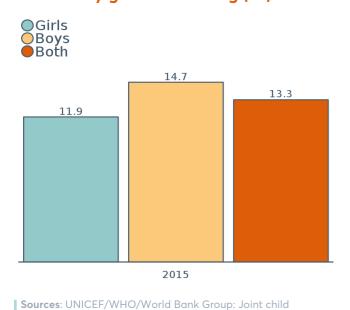


Source: IFPRI 2015.

# Chad

# Children (under 5) nutrition status

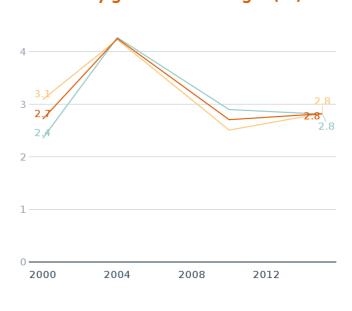
#### Under 5 by gender: wasting (%)



#### Under 5 by gender: stunting (%)

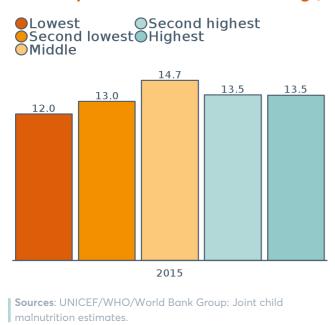


#### Under 5 by gender: overweight (%)

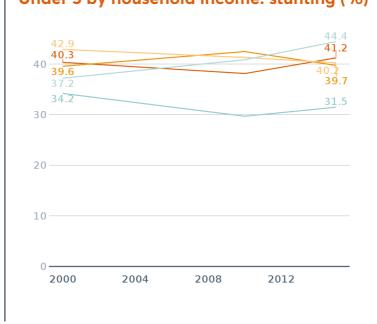


#### Under 5 by household income: wasting (%)

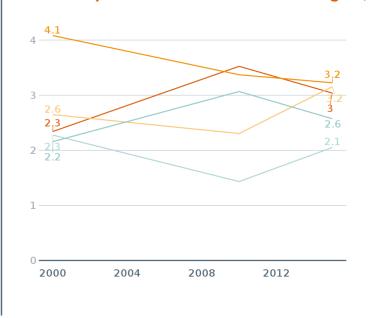
malnutrition estimates.



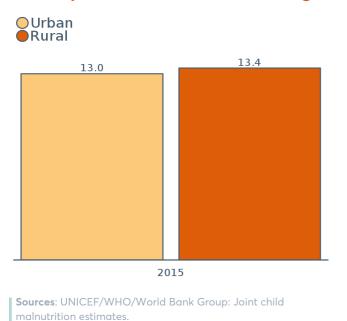
#### Under 5 by household income: stunting (%)



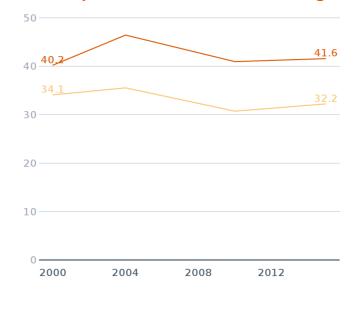
#### Under 5 by household income: overweight (%)



#### Under 5 by household location: wasting (%) |



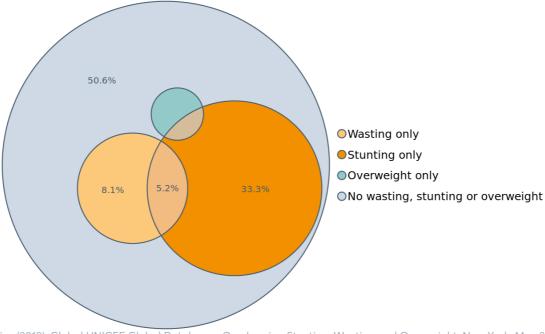
#### Under 5 by household location: stunting (%)



#### Under 5 by household location: overweight (%)



#### Under-5 coexistence of wasting, stunting and overweight

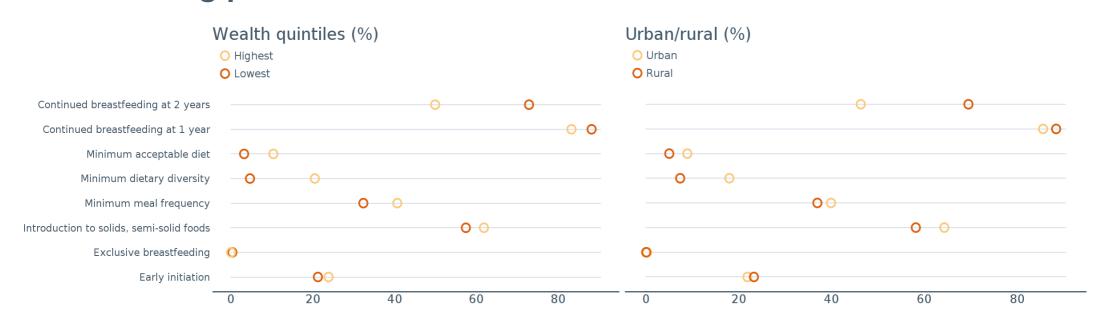


Sources: UNICEF, Division of Data Research and Policy (2018), Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight, New York, May 2018.

Notes: Percentage of children under 5 years of age who experience different and overlapping forms of malnutrition.

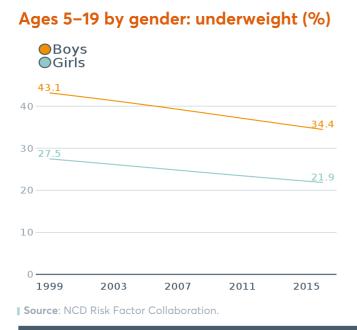
# Chad

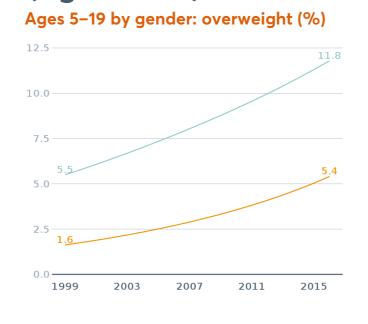
# **Child feeding practices**

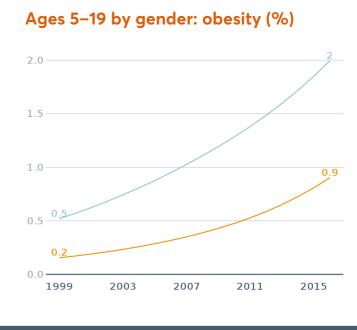


Sources: UNICEF, Division of Data Research and Policy (2018), Global UNICEF Global Databases: Infant and Young Child Feeding, New York, May 2018.

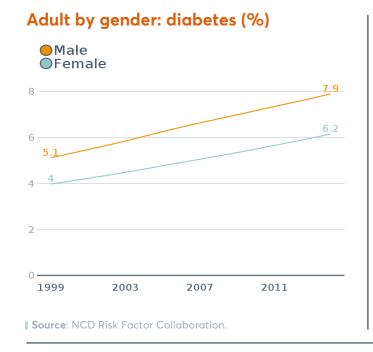
# Children and adolescent (aged 5-19) nutrition status

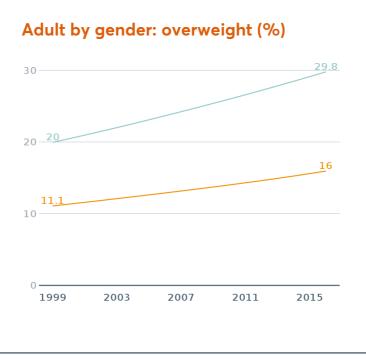


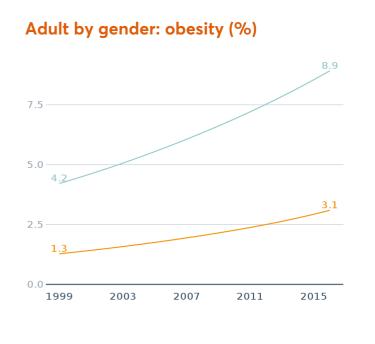


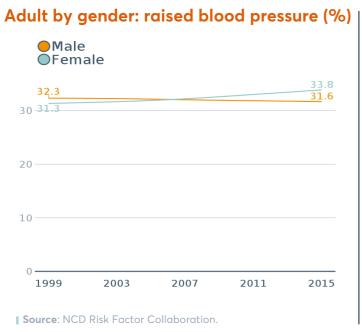


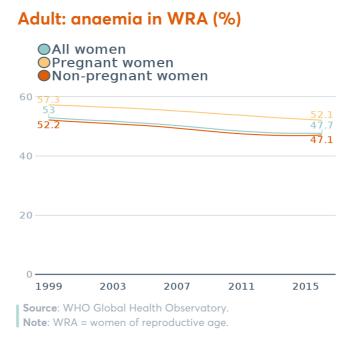
## **Adult nutrition status**

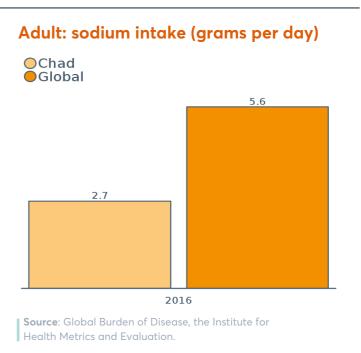






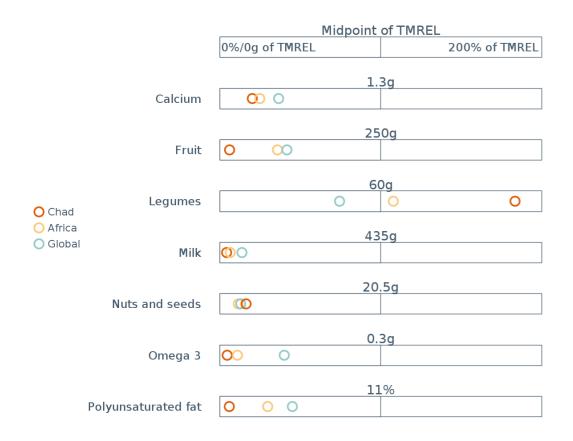








# **Dietary needs**





Source: Global Burden of Disease, the Institute for Health Metrics and Evaluation.

Notes: Men and women aged 25 and older. TMREL = theoretical minimum risk exposure level.

# Financial resources and policy, legislation and institutional arrangements

# Development assistance Basic nutrition ODA received -% of total ODA 5 Stollie \$50 \text{ % of total ODA} \text{ } 20 \text

**Sources**: Development Initiatives based on OECD Development Assistance Committee (DAC) Creditor Reporting System (CRS).

**Notes**: ODA = official development assistance. Amounts based on gross ODA disbursements, constant 2016 prices. Figure includes ODA grants and loans, but excludes other official flows and private grants.

2012

#### **National policies**

Mandatory legislation for salt iodisation	Yes
Sugar-sweetened beverage tax	No
Food-based dietary guidelines	NA
Multisectoral comprehensive nutrition plan	Yes

**Sources**: Global Fortification Data Exchange 2018; Sugar-sweetened data prepared using data from the NOURISHING database, academic references and market reports; FAO 2018; WHO Global database on the Implementation of Nutrition Action (GINA), 2nd Global Nutrition Policy Review.

#### Targets included in national (nutrition or other) plan

Stunting	Anaemia	Low birth weight	Child overweight	Exclusive breastfeeding	Wasting	Salt intake	Overweight adults and adolescents	
Yes	No	No	No	No	Yes	Yes	Yes	

2016

Sources: WHO Global database on the Implementation of Nutrition Action (GINA), 2nd Global Nutrition Policy Review.

2014

# Intervention coverage

2010

2008

Coverage/practice indicator	%	Male	Female	Year
Children 0–59 months with diarrhoea who received zinc treatment	1	NA	NA	2014
Children 6–59 months who received vitamin A supplements in last 6 months	44	44	44	2014
Children 6–59 months given iron supplements in past 7 days	16	16	16	2014
Women with a birth in last five years who received iron and folic acid during their most recent pregnancy	55		55	2014
Household consumption of any iodised salt	82	NA	NA	2014

Sources: Kothari M. and Huestis A., based on 2016 Global Nutrition Report and UNICEF global databases, 2018.

Notes: Data is compiled using STATcompiler and taken from country Demographic and Health Surveys for 2005–2017.