## Asia



### **Overview**

### Progress against global nutrition targets 2018



Under-5 stunting 10/48 on course



Under-5 wasting 10/48 on course



Under-5 overweight 11/48 on course



WRA anaemia 0/48 on course



Exclusive breastfeeding
4/48 on course



Adult female obesity 0/48 on course



Adult male obesity 0/48 on course



Adult female diabetes 6/48 on course

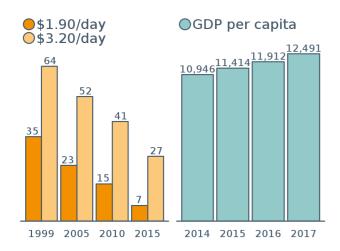


Adult male diabetes 1/48 on course

**Sources**: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates, UNICEF global databases: Infant and Young Child Feeding, NCD Risk Factor Collaboration, WHO Global Health Observatory. **Notes**: The methodologies for tracking differ between targets. Data on the adult indicators are based on modelled estimates. See Appendix 1 of the 2018 Global Nutrition Report for details of the methods and sources used to assess progress towards global nutrition targets.

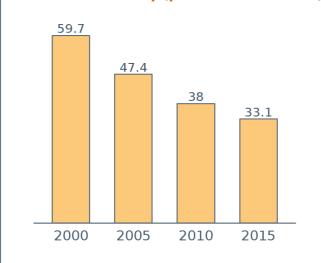
## **Economics and demography**

#### Poverty rates (%) and GDP (PPP\$)



**Source**: World Bank 2018. **Note**: GDP = gross domestic product. PPP = purchasing power parity. n = 37 (poverty); n = 46 (GDP).

### Under-5 mortality (per 000 live births)



**Source**: UN Inter-agency Group for Child Mortality Estimation 2018.

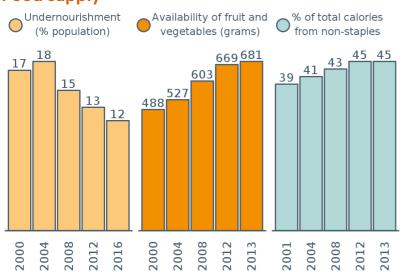
### **Population**

Population (millions)	4,473	2017
Under-5 population (millions)	363	2018
Rural (%)	51	2017
>65 years (millions)	375	2018

**Source**: UN Population Division 2017. **Notes**: n = 48 (rural only).

## **Underlying determinants**

### Food supply



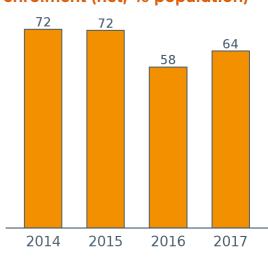
Source: FAOSTAT 2018.

### **Gender-related determinants**

Early childbearing: births by ag 18 (%)	<b>ge</b> 16	2015
<b>Source</b> : UNICEF 2018. <b>Note</b> : n = 33.		
Population density of he per 1,000 people	alth work	ers
Physicians	1.25	2016

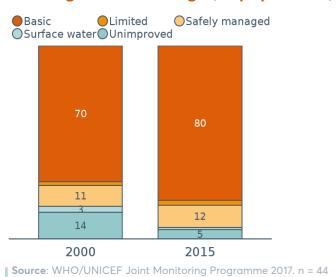
**Source**: WHO's Global Health Workforce Statistics, OECD, supplemented by country data. n = 48

## Female secondary education enrolment (net, % population)



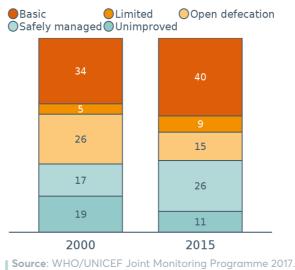
Source: UNESCO Institute for Statistics 2018. n = 25

### **Drinking water coverage (% population)**



### Sanitation coverage (% population)

Community health workers

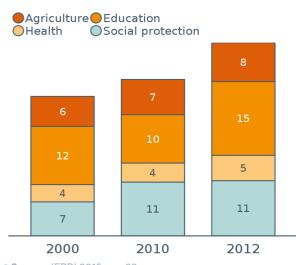


**Note**: n = 44

### on)

2016

0.57



Government expenditures (% total)

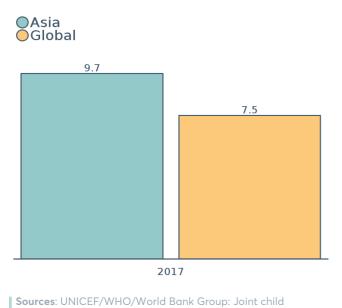
**Source**: IFPRI 2015. n = 28

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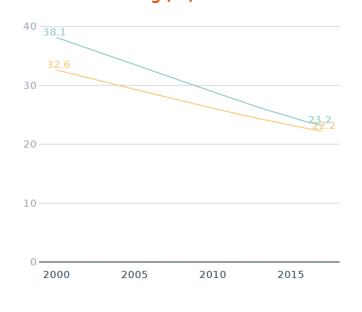
## Children (under 5) nutrition status

Under 5: wasting (%)

malnutrition estimates.



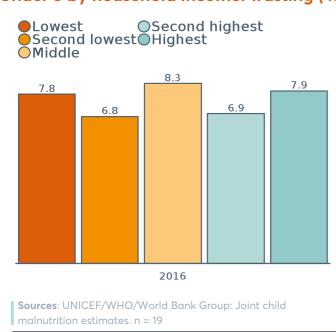
**Under 5: stunting (%)** 



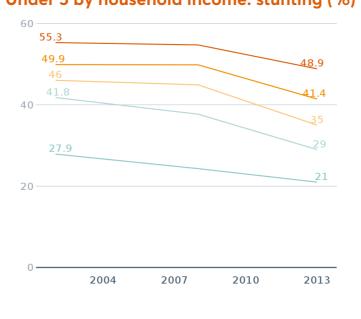
**Under 5: overweight (%)** 



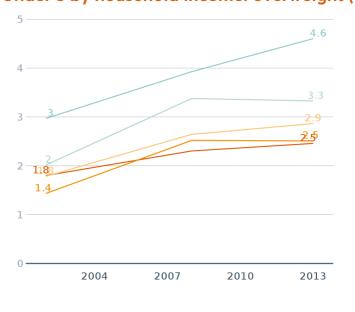
Under 5 by household income: wasting (%)



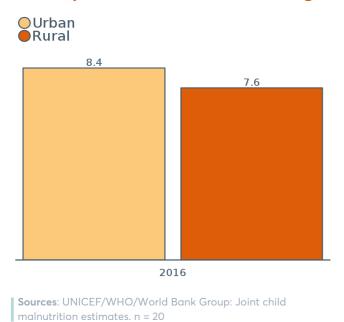
Under 5 by household income: stunting (%)



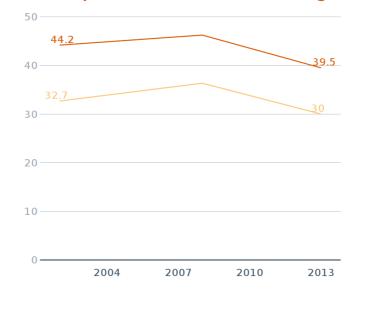
Under 5 by household income: overweight (%)



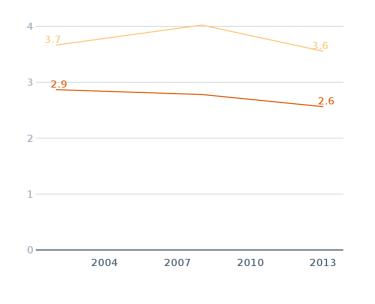
Under 5 by household location: wasting (%)



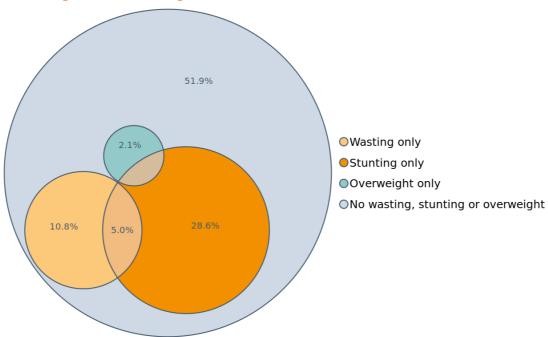
Under 5 by household location: stunting (%)



Under 5 by household location: overweight (%)



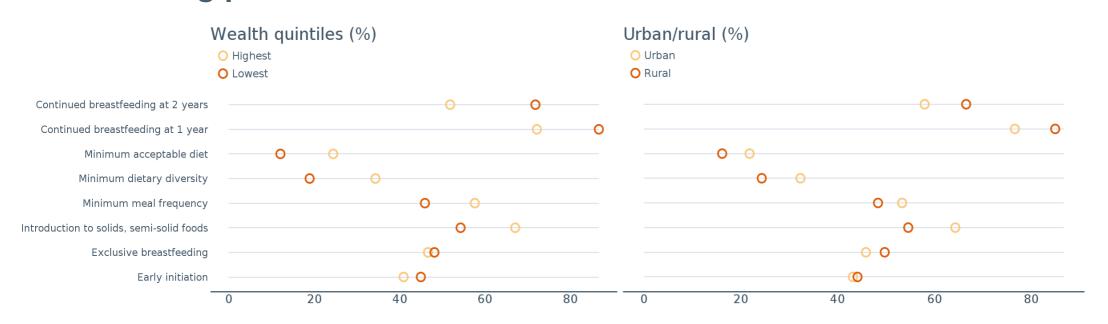
### Under-5 coexistence of wasting, stunting and overweight



Sources: UNICEF, Division of Data Research and Policy (2018), Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight, New York, May 2018.

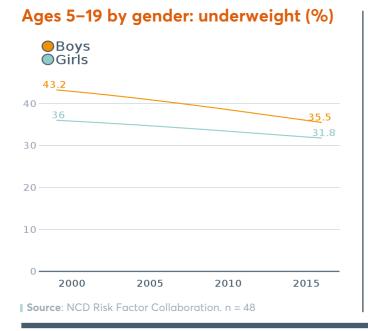
## Asia

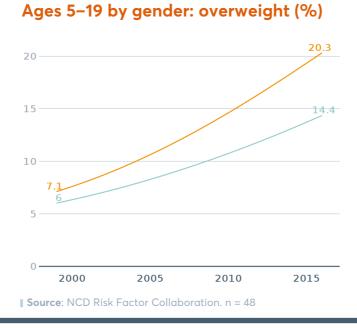
## **Child feeding practices**

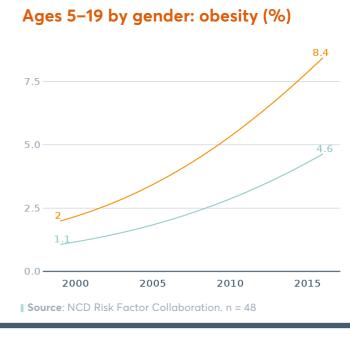


Sources: UNICEF, Division of Data Research and Policy (2018), Global UNICEF Global Databases: Infant and Young Child Feeding, New York, May 2018. n = 24

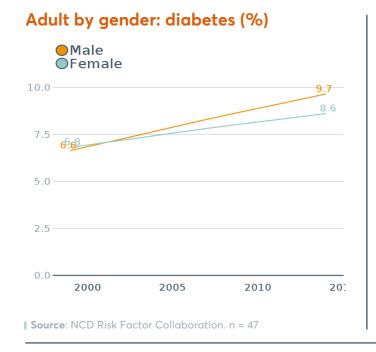
## Children and adolescent (aged 5–19) nutrition status

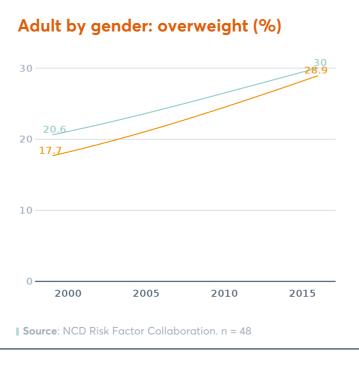


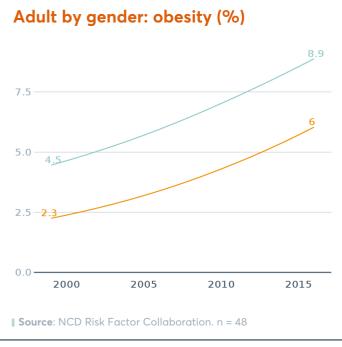


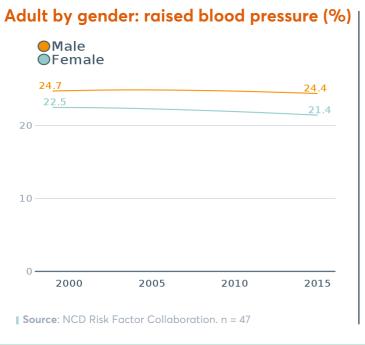


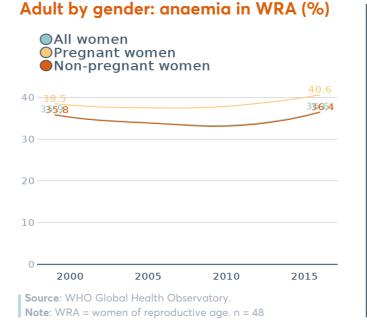
### **Adult nutrition status**

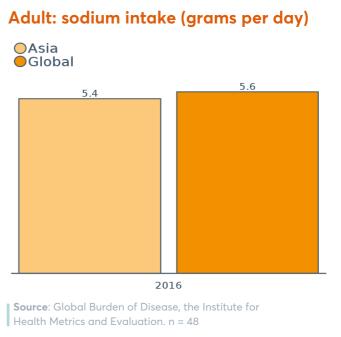






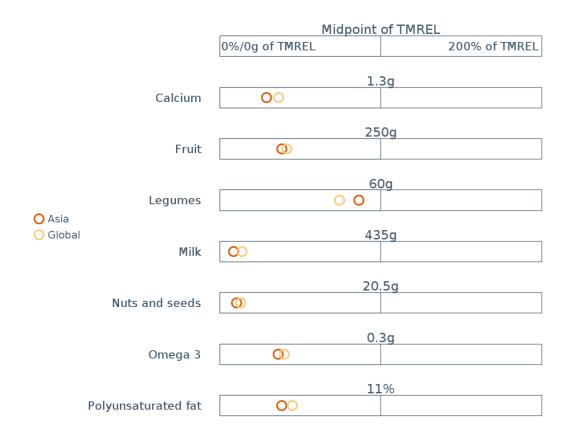


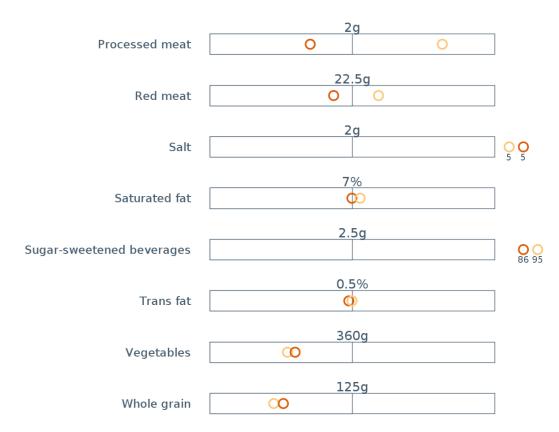






## **Dietary needs**

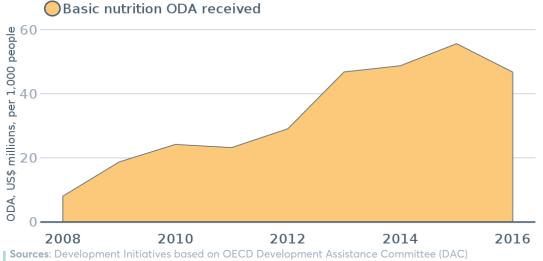




Source: Global Burden of Disease, the Institute for Health Metrics and Evaluation. Notes: Men and women aged 25 and older. TMREL = theoretical minimum risk exposure level. n = 47

## Financial resources and policy, legislation and institutional arrangements

### **Development assistance**



Creditor Reporting System (CRS).

**Notes**: ODA = official development assistance. Amounts based on gross ODA disbursements, constant 2016 prices. Figure includes ODA grants and loans, but excludes other official flows and private grants.

### **National policies**

Mandatory legislation for salt iodisation	30/48
Sugar-sweetened beverage tax	8/48
Food-based dietary guidelines	23/48
Multisectoral comprehensive nutrition plan	24/48

**Sources**: Global Fortification Data Exchange 2018; Sugar-sweetened data prepared using data from the NOURISHING database, academic references and market reports; FAO 2018; WHO Global database on the Implementation of Nutrition Action (GINA), 2nd Global Nutrition Policy Review.

### Targets included in national (nutrition or other) plan

Stunting	Anaemia	Low birth weight	Child overweight	Exclusive breastfeeding	Wasting	Salt intake	Overweight adults and adolescents
30/48	27/48	27/48	33/48	31/48	25/48	32/48	41/48