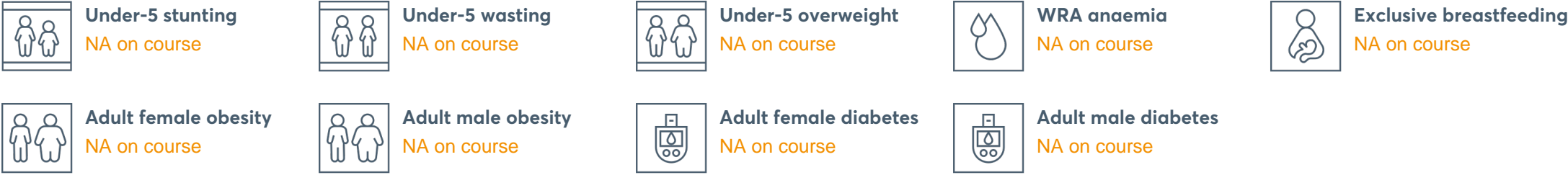




# N. America

## Overview

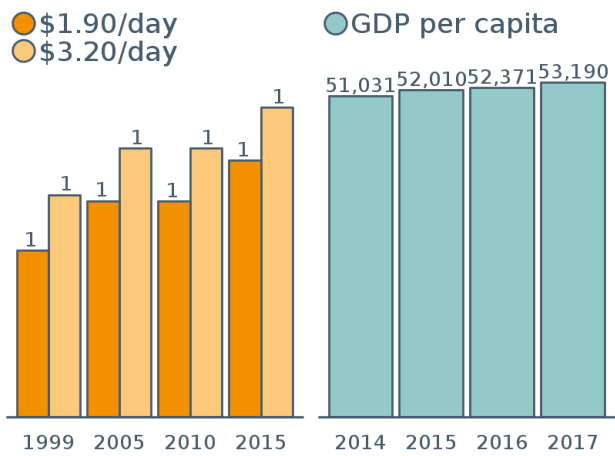
### Progress against global nutrition targets 2018



Sources: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates, UNICEF global databases: Infant and Young Child Feeding, NCD Risk Factor Collaboration, WHO Global Health Observatory.  
Notes: The methodologies for tracking differ between targets. Data on the adult indicators are based on modelled estimates. See Appendix 1 of the 2018 Global Nutrition Report for details of the methods and sources used to assess progress towards global nutrition targets.

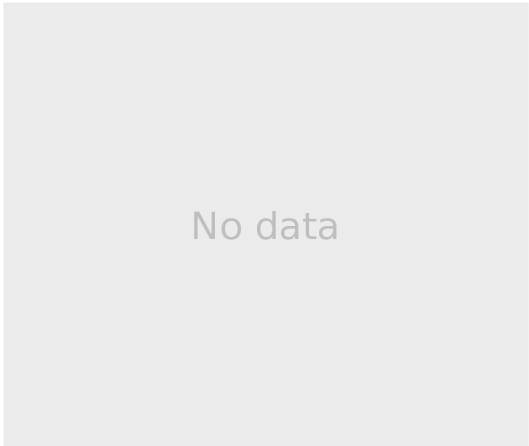
## Economics and demography

### Poverty rates (%) and GDP (PPP\$)



Source: World Bank 2018.  
Note: GDP = gross domestic product. PPP = purchasing power parity. n = 2 (poverty); n = 2 (GDP).

### Under-5 mortality (per 000 live births)



Source: UN Inter-agency Group for Child Mortality Estimation 2018.

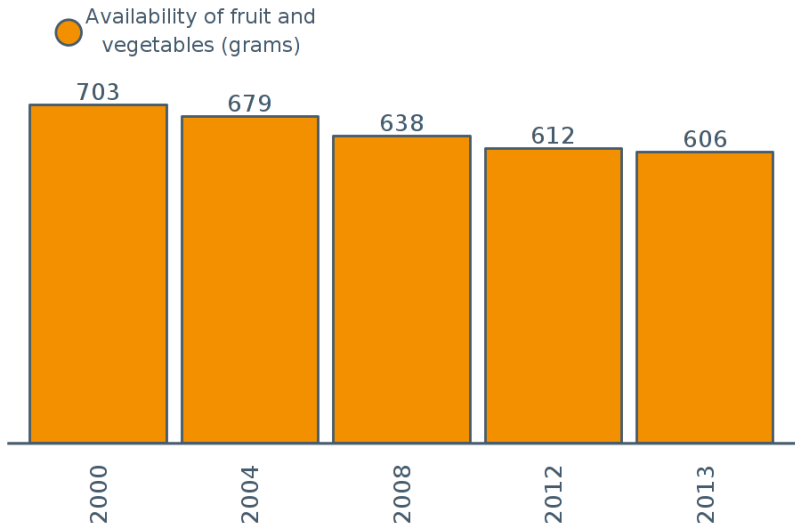
### Population

|                               |     |      |
|-------------------------------|-----|------|
| Population (millions)         | 361 | 2017 |
| Under-5 population (millions) | 22  | 2018 |
| Rural (%)                     | 18  | 2017 |
| ≥65 years (millions)          | 58  | 2018 |

Source: UN Population Division 2017.  
Notes: n = 2 (rural only).

## Underlying determinants

### Food supply



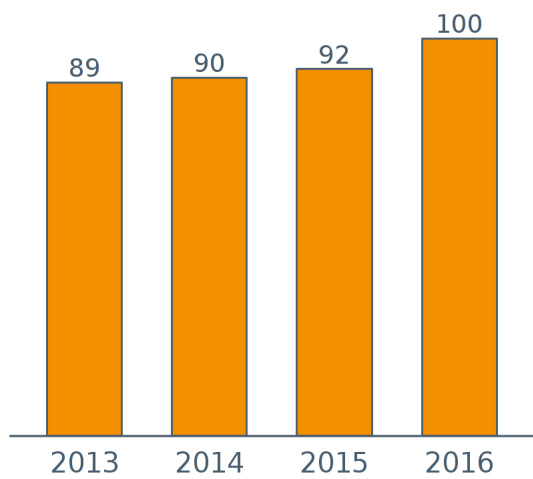
Source: FAOSTAT 2018.

### Gender-related determinants

|   |      |      |
|---|------|------|
| Early childbearing: births by age 18 (%)              | NA   | NA   |
| Population density of health workers per 1,000 people |      |      |
| Physicians  | 2.57 | 2016 |
| Nurses and midwives                                   | 9.88 | 2016 |
| Community health workers                              | NA   | NA   |

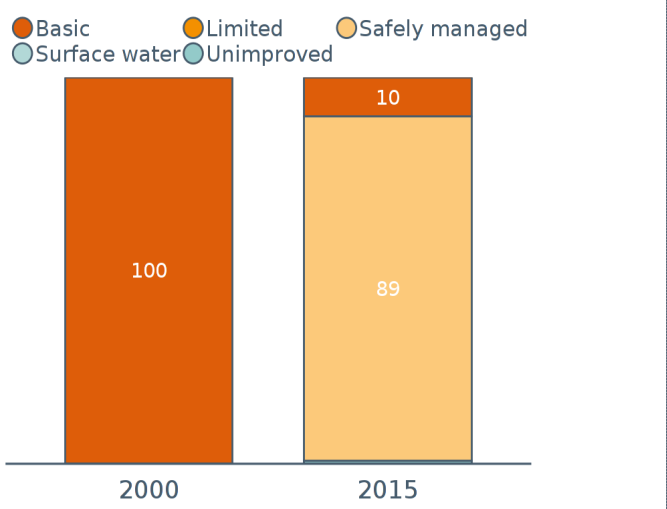
Source: UNICEF 2018.  
Note: n = NA.  
Source: WHO's Global Health Workforce Statistics, OECD, supplemented by country data. n = 2

### Female secondary education enrolment (net, % population)



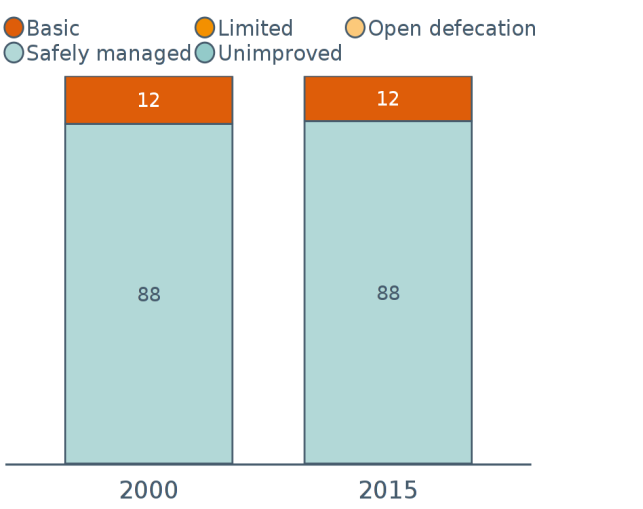
Source: UNESCO Institute for Statistics 2018. n = 2

### Drinking water coverage (% population)



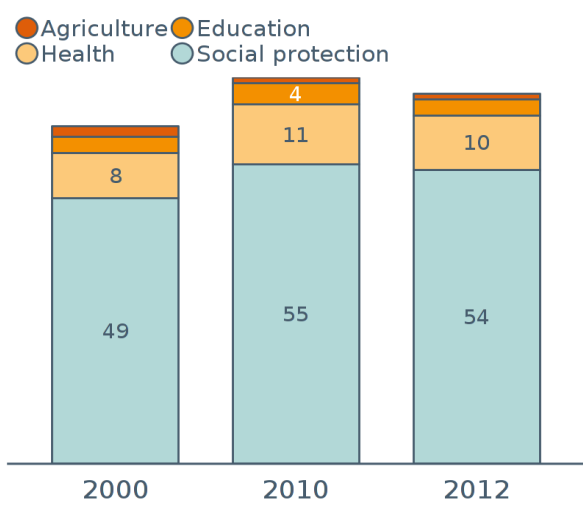
Source: WHO/UNICEF Joint Monitoring Programme 2017. n = 1

### Sanitation coverage (% population)



Source: WHO/UNICEF Joint Monitoring Programme 2017.  
Note: n = 2

### Government expenditures (% total)



Source: IFPRI 2015. n = 2

## Children (under 5) nutrition status

Under 5: wasting (%)



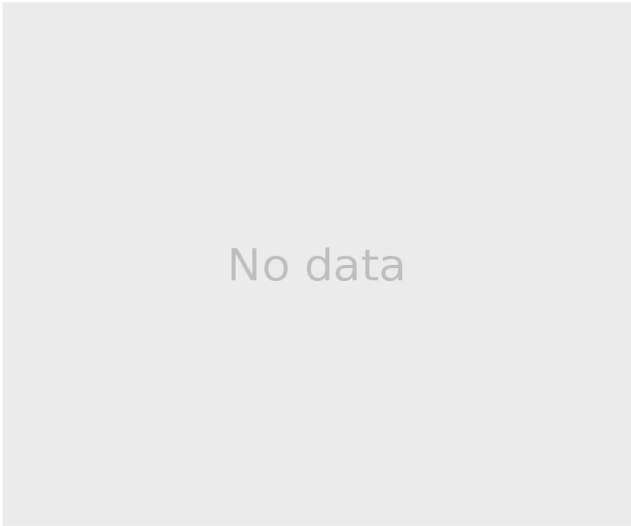
Sources: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates.

Under 5: stunting (%)



Sources: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates.

Under 5: overweight (%)



Sources: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates.

Under 5 by household income: wasting (%)



Sources: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates. n = NA

Under 5 by household income: stunting (%)



Under 5 by household income: overweight (%)



Under 5 by household location: wasting (%)



Sources: UNICEF/WHO/World Bank Group: Joint child malnutrition estimates. n = NA

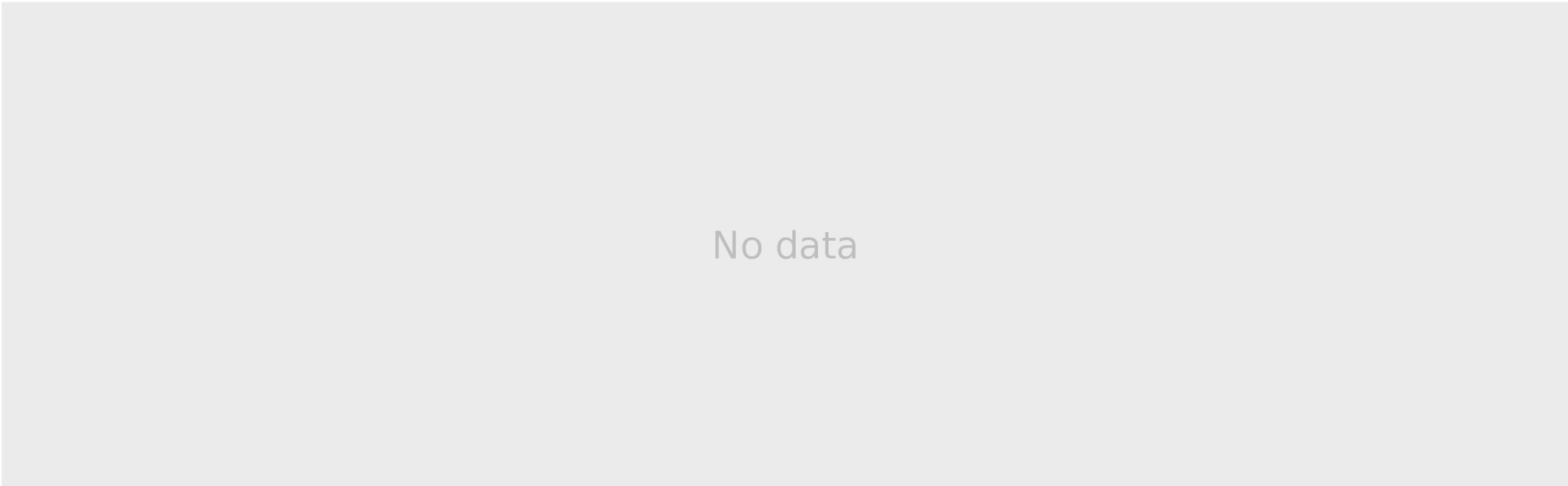
Under 5 by household location: stunting (%)



Under 5 by household location: overweight (%)



Under-5 coexistence of wasting, stunting and overweight



Sources: UNICEF, Division of Data Research and Policy (2018), Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight, New York, May 2018.

Notes: Percentage of children under 5 years of age who experience different and overlapping forms of malnutrition. n = NA

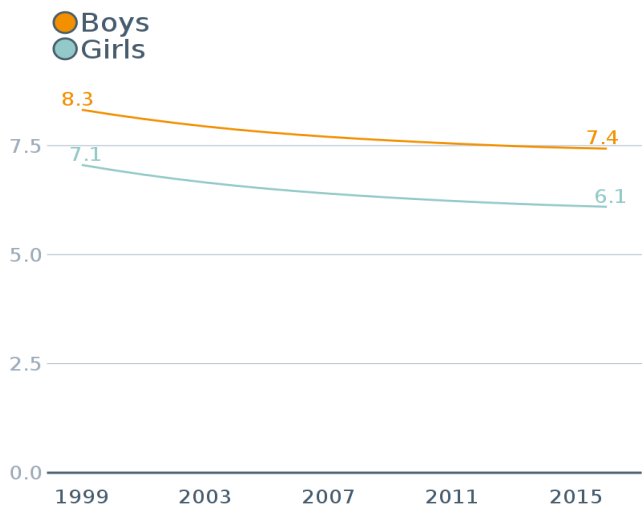
## Child feeding practices



Sources: UNICEF, Division of Data Research and Policy (2018), Global UNICEF Global Databases: Infant and Young Child Feeding, New York, May 2018. n = 0

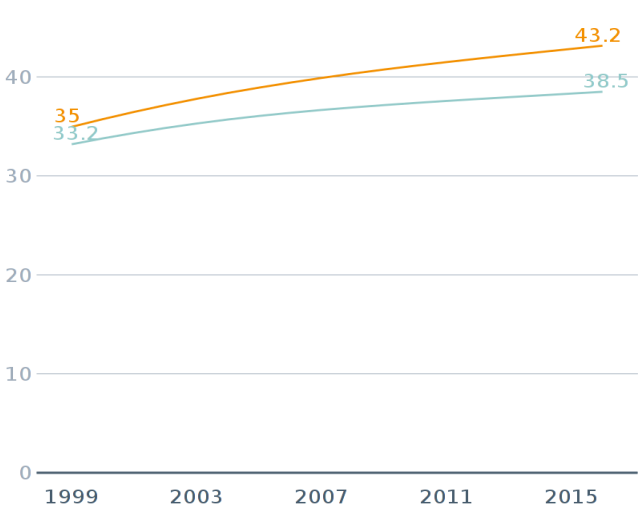
## Children and adolescent (aged 5–19) nutrition status

Ages 5–19 by gender: underweight (%)



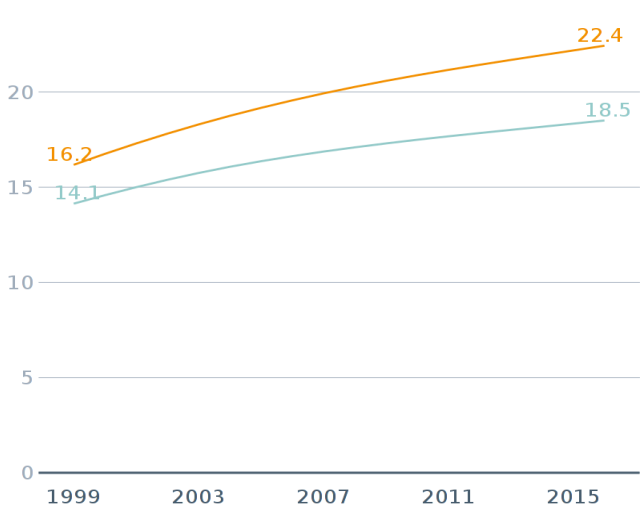
Source: NCD Risk Factor Collaboration. n = 2

Ages 5–19 by gender: overweight (%)



Source: NCD Risk Factor Collaboration. n = 2

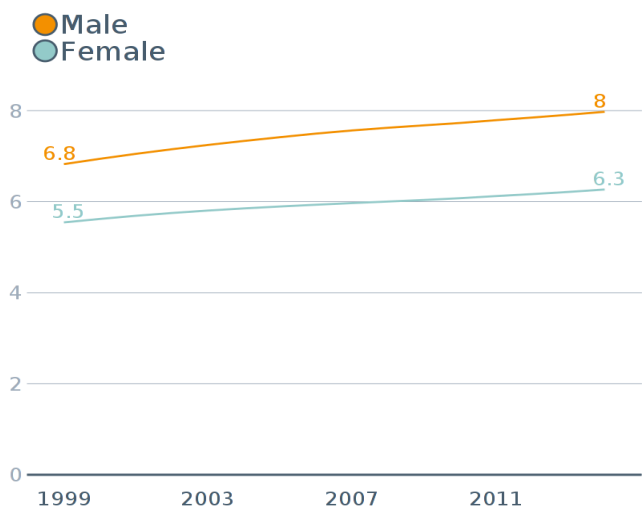
Ages 5–19 by gender: obesity (%)



Source: NCD Risk Factor Collaboration. n = 2

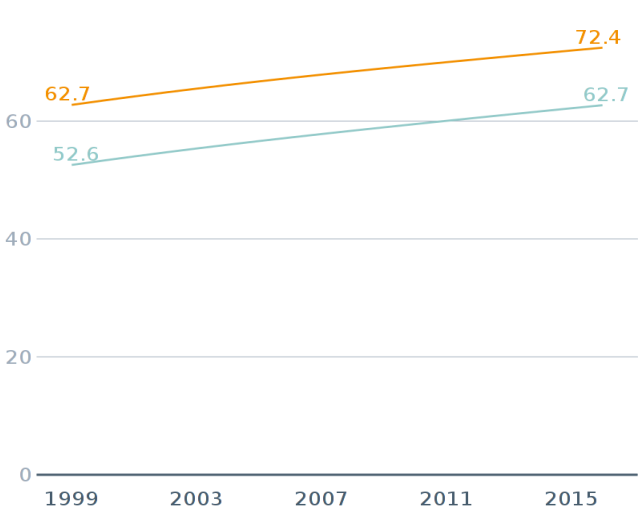
## Adult nutrition status

Adult by gender: diabetes (%)



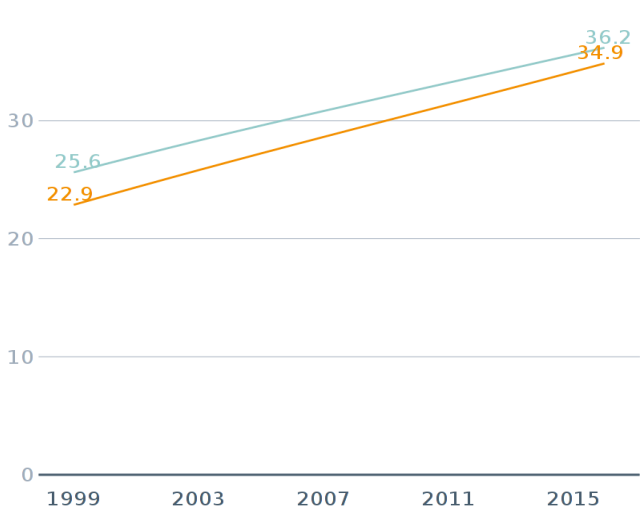
Source: NCD Risk Factor Collaboration. n = 2

Adult by gender: overweight (%)



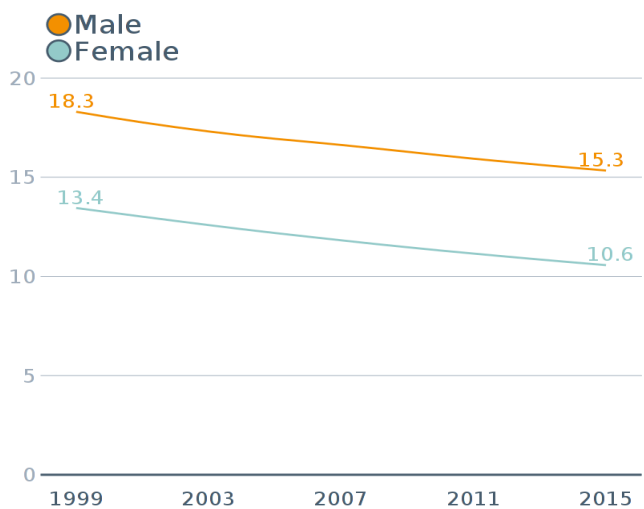
Source: NCD Risk Factor Collaboration. n = 2

Adult by gender: obesity (%)



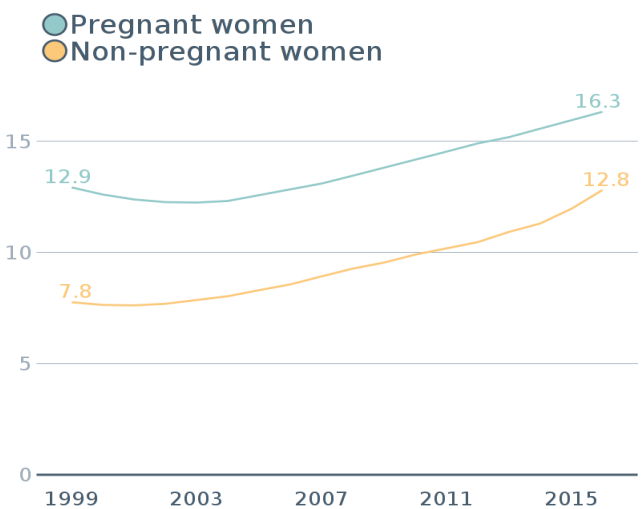
Source: NCD Risk Factor Collaboration. n = 2

Adult by gender: raised blood pressure (%)



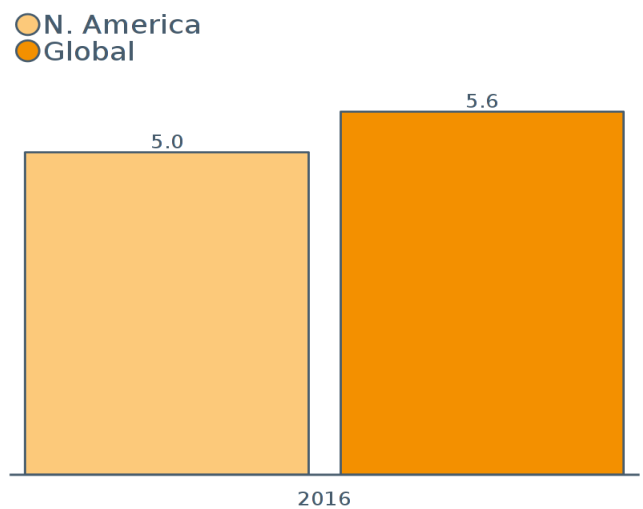
Source: NCD Risk Factor Collaboration. n = 2

Adult by gender: anaemia in WRA (%)



Source: WHO Global Health Observatory.  
Note: WRA = women of reproductive age. n = 2

Adult: sodium intake (grams per day)



Source: Global Burden of Disease, the Institute for Health Metrics and Evaluation. n = 2

Dietary needs



Source: Global Burden of Disease, the Institute for Health Metrics and Evaluation.  
Notes: Men and women aged 25 and older. TMREL = theoretical minimum risk exposure level. n = 2

Financial resources and policy, legislation and institutional arrangements

Development assistance



Sources: Development Initiatives based on OECD Development Assistance Committee (DAC) Creditor Reporting System (CRS).  
Notes: ODA = official development assistance. Amounts based on gross ODA disbursements, constant 2016 prices. Figure includes ODA grants and loans, but excludes other official flows and private grants.

National policies

|  |    |
|--|----|
| Mandatory legislation for salt iodisation  | NA |
| Sugar-sweetened beverage tax               | NA |
| Food-based dietary guidelines              | NA |
| Multisectoral comprehensive nutrition plan | NA |

Sources: Global Fortification Data Exchange 2018; Sugar-sweetened data prepared using data from the NOURISHING database, academic references and market reports; FAO 2018; WHO Global database on the Implementation of Nutrition Action (GINA), 2nd Global Nutrition Policy Review.

Targets included in national (nutrition or other) plan

|          |         |                  |                  |                         |         |             |                                   |
|----------|---------|------------------|------------------|-------------------------|---------|-------------|-----------------------------------|
| Stunting | Anaemia | Low birth weight | Child overweight | Exclusive breastfeeding | Wasting | Salt intake | Overweight adults and adolescents |
| NA       | NA      | NA               | NA               | NA                      | NA      | NA          | NA                                |

Sources: WHO Global database on the Implementation of Nutrition Action (GINA), 2nd Global Nutrition Policy Review.